

## **“The Last Five Minutes”**

Every day, Aarav took the same bus, at the same time, from the same stop.

He wore the same headphones, stared at the same screen, and scrolled without really seeing anything.

Life felt busy, but somehow empty.

One evening, the bus broke down.

People sighed. Some complained. Others stared harder at their phones.

Aarav did something unusual.

He looked up.

The sky was turning orange. A street musician was playing softly nearby. Two strangers were laughing over tea. For the first time in a long while, the world felt... real.

Five minutes passed.

When the bus finally arrived, everyone rushed back into routine.

But something had changed.

That night, Aarav put his phone down and opened a notebook. He wrote ideas he had been postponing. Dreams he had buried under “someday.”

The next day, he walked instead of taking the bus.

Then he started waking up earlier.

Learning new skills.

Talking to people.

Living intentionally.

Nothing dramatic happened overnight.

No sudden success.

No viral moment.

Just small choices.

All because of five unexpected minutes.

Sometimes, life doesn't change with big decisions.

It changes when we pause long enough to notice what we've been ignoring.

