

# About your social interactions

We are interested in your interactions with your social circle. Please read the statements below carefully and indicate the extent to which you agree with each statement.

**I am often the one to call friends and/or family when I haven't spoken to them in a while \***

Strongly disagree

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6

Strongly agree

**I present myself in a way that makes a good impression on others \***

Strongly disagree

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6

Strongly agree

**I regularly message people I know on social media (e.g., Instagram) \***

Strongly disagree

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6

Strongly agree

**I like to share my emotions with others \***

Strongly disagree

1

2

3

4

5

6

Strongly agree

**I make a lot of effort to connect with others \***

Strongly disagree

1

2

3

4

5

6

Strongly agree

**I often arrange events with other people \***

Strongly disagree

1

2

3

4

5

6

Strongly agree

**I tend to ask other people how they are when I notice they're not feeling well \***

Strongly disagree

1

2

3

4

5

6

Strongly agree

**I compliment others when they have done something well \***

Strongly disagree

1

2

3

4

5

6

Strongly agree

**When I have personal problems, I usually talk to friends or acquaintances about them \***

Strongly disagree

1 2 3 4 5 6

Strongly agree

**I usually try to help other people when they are feeling down \***

Strongly disagree

1 2 3 4 5 6

Strongly agree

**When someone texts or emails me to say hello, I usually respond as soon as I can \***

Strongly disagree

1 2 3 4 5 6

Strongly agree

**If I feel lonely, I find something to do with other people \***

Strongly disagree

1 2 3 4 5 6

Strongly agree

Complete