About your feelings

We are interested in your thoughts and feelings. Please read the statements below carefully and indicate the extent each statement describe you.

I believe that there are two sides to every question and try to look at them both. *

Describes me well   (0) (1) (2) (3) (4) (5)

Does not describe me well

I often have tender, concerned feelings for people less fortunate than me. *

Describes me well   (0) (1) (2) (3) (4) (5)

Does not describe me well

When I see someone being treated unfairly, I sometimes don't feel very much pity for them. *

Describes me well   (0) (1) (2) (3) (4) (5)

Does not describe me well

I would describe myself as a pretty soft-hearted person. *

Describes me well   0   1   2   3   4   5

Does not describe me well

I am often quite touched by things that I see happen. *

Describes me well   0   1   2   3   4   5

Does not describe me well

When I see someone being taken advantage of, I feel kind of protective toward them. *

Describes me well   0   1   2   3   4   5

Does not describe me well

I sometimes try to understand my friends better by imagining how things look from their perspective. *

Describes me well   0   1   2   3   4   5

Does not describe me well

I try to look at everybody's side of a disagreement before I make a decision. *

Describes me well   0   1   2   3   4   5

Does not describe me well

Sometimes I don't feel very sorry for other people when they are having problems. *

Describes me well   0   1   2   3   4   5

Does not describe me well

Other people's misfortunes do not usually disturb me a great deal. *

Describes me well   0   1   2   3   4   5

Does not describe me well

I try to look at things from the other person's point of view before making up my mind. *

Describes me well   0   1   2   3   4   5

Does not describe me well

Before criticising somebody, I try to imagine how I would feel if I were in their place. *

Describes me well   0   1   2   3   4   5

Does not describe me well

I sometimes find it difficult to see things from the 'other person's' point of view. *

Describes me well   0   1   2   3   4   5

Does not describe me well

When I'm upset at someone, I usually try to 'put myself in their shoes' for a while. *

Describes me well   0   1   2   3   4   5

Does not describe me well

Complete