

About how you feel

Please indicate how often each of the statements below is descriptive of you

It is difficult for me to make friends *

I never feel this way

I rarely feel this way

I sometimes feel this way

I often feel this way

I feel completely alone *

I never feel this way

I rarely feel this way

I sometimes feel this way

I often feel this way

There is no one I can turn to *

I never feel this way

I rarely feel this way

I sometimes feel this way

I often feel this way

My social relationships are superficial *

I never feel this way

I rarely feel this way

I sometimes feel this way

I often feel this way

I am no longer close to anyone *

I never feel this way

I rarely feel this way

I sometimes feel this way

I often feel this way

I feel starved for company *

I never feel this way

I rarely feel this way

I sometimes feel this way

I often feel this way

I have nobody to talk to *

I never feel this way

I rarely feel this way

I sometimes feel this way

I often feel this way

I feel shut out and excluded by others *

I never feel this way

I rarely feel this way

I sometimes feel this way

I often feel this way

I feel left out *

I never feel this way

I rarely feel this way

I sometimes feel this way

I often feel this way

I am unhappy doing so many things alone *

I never feel this way

I rarely feel this way

I sometimes feel this way

I often feel this way

I am unhappy being so withdrawn *

I never feel this way

I rarely feel this way

I sometimes feel this way

I often feel this way

No one really knows me well *

I never feel this way

I rarely feel this way

I sometimes feel this way

I often feel this way

People are around me but not with me *

I never feel this way

I rarely feel this way

I sometimes feel this way

I often feel this way

I cannot tolerate being so alone *

I never feel this way

I rarely feel this way

I sometimes feel this way

I often feel this way

I lack companionship *

I never feel this way

I rarely feel this way

I sometimes feel this way

I often feel this way

I find myself waiting for people to call or write *

I never feel this way

I rarely feel this way

I sometimes feel this way

I often feel this way

I feel as if nobody really understands me *

I never feel this way

I rarely feel this way

I sometimes feel this way

I often feel this way

I am unable to reach out and communicate with those around me *

I never feel this way

I rarely feel this way

I sometimes feel this way

I often feel this way

I feel isolated from others *

I never feel this way

I rarely feel this way

I sometimes feel this way

I often feel this way

My interest and ideas are not shared by those around me *

I never feel this way

I rarely feel this way

I sometimes feel this way

I often feel this way

Complete