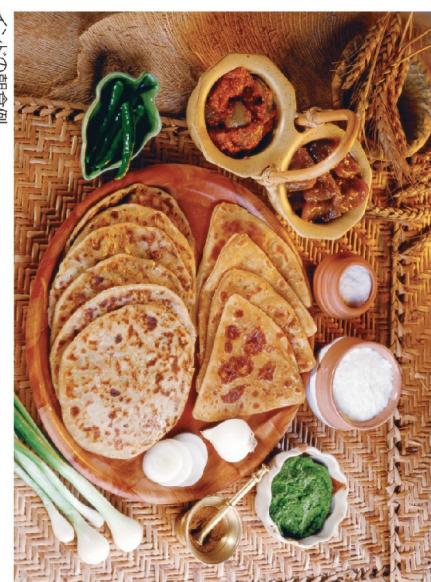


Do You Eat Breakfast?

Pre-lesson

A Do You Eat Breakfast?

ピロたちのクラスでは、身近なテーマについてクラス内で調査することになりました。



インドの朝食例



日本の朝食例(ミクの場合)



ドイツの朝食例

- Hiro: Do you usually eat breakfast?
Yes, I eat bread and eggs.
- Elena: When I don't have time, I only drink orange juice.
- Ben: I never eat breakfast.
- I want to sleep more than eat breakfast.

Seema: I have breakfast every day.

- Miku: I eat yogurt, salad and *paratha*, a kind of Indian bread.
- I eat ham, eggs, salad and bread with butter.

New Words

yogurt [jɒŋgət] salad [sædəl] ham [hæm] butter [bʌtər]

paratha [pərəθə] パラタ(薄いパンを焼いたようなインドの食べもの)

Task

Speaking 下の1～3のテーマについて、グループ内で調査をしましょう。

- Music: What kind of music do you like the best?
- Sports: What sport do you like the best?
- TV programs: What TV program do you like the best?

B Hiro's Report—Eating Breakfast Is Important

From my research, I found that about 90% of you eat breakfast.

About 10% of you said that you don't eat breakfast at all.

Last year, I always went to soccer practice without eating breakfast. One day my coach said that all players must eat breakfast. So I started eating breakfast. I noticed that I had more energy, and I was playing better.

I now believe eating breakfast is important for our health.



New Words

report [rɪ'pɔ:t] research [rɪ'sɜ:sət] coach [kəʊt] notice(d) [nəʊtəs(t)] energy [énerdʒi]

believe [bɪ'lɪv] health [helθ] without ~ing

Task

Writing **Speaking** AのTaskで調査した事柄についてまとめ、クラスのみんなの前で発表しましょう。

Hello, everyone. I'm _____ (姓名) _____.

I asked my group about _____. In our group, the most popular _____ is _____.

It is more popular than _____ and _____.

Thank you.