



Says

What have we heard them say?
What can we imagine them saying?



Thinks

What are their wants, needs, hopes, and dreams?
What other thoughts might influence their behavior?

To ensure the best possible care, Health Hub Medical Clinic is equipped with modern facilities and advanced medical technologies. From diagnostic equipment to treatment tools, the clinic stays up-to-date with the latest advancements in medical science. This allows for accurate and efficient diagnoses, leading to timely interventions and better patient outcomes.

In general, medical clinics accept most types of health insurance. However, if you're unsure about what your insurance covers, it's always a good idea to contact your insurance provider to find out what's covered before getting care at a clinic.



medical clinic

Mental health clinics aim to help individuals with various mental health conditions, which can include issues such as anxiety, depression, and post-traumatic stress disorder (PTSD). These clinics are staffed by professionals like psychiatrists, psychologists, and social workers.

The initial conversation between you and your doctor is usually one of the most vital few minutes you will spend with your doctor, as your subsequent diagnosis and treatment is strongly guided by what information you impart. For many of us, it may seem a simple process as long as the symptom is simple to describe and in an obvious place – for example, if you have a sharp pain in your knee it is easy to pinpoint. However, what if you have a rather less well defined uncomfortable sensation in your chest? You can't describe it as a pain and you can't point at the location with any accuracy other than 'it's on the left side'.



Does

What behavior have we observed?
What can we imagine them doing?



Feels

What are their fears, frustrations, and anxieties?
What other feelings might influence their behavior?