What is an ActionResult?

ActionResult is an abstract class that represents the result of an action method.

ActionResult is parent class for many of the derived classes that have associated helpers. These helpers provide shortcuts to the constructor methods of their related Results. It is what allows us to return View() rather than return new ViewResult().

List of all Action Results:

Content-returning Results:

ViewResult	View()
PartialViewResult	PartialView()
FileResult	File()
ContentResult	Content()
EmptyResult	
JsonResult	Json()

Redirection Results:

RedirectResult	Redirect()
RedirectToRouteResult	RedirectToAction()

Status Results:

HttpStatusCodeResult	HttpStatusCodeResult()
HttpNotFoundResult	HttpNotFound()