

**Romm James P. Cuya**  
**Tech Transferee 1 - IR001 - 4**

### Goal Setting Framework - Objective and Key Results (OKR)

Objective	Goal Statement
Transition into freelance software development within 3–6 months to achieve flexible working hours and higher income that supports my education, living expenses, and lifestyle.	Secure at least one consistent freelance client within 3 months and generate a minimum of PHP 50,000/month from freelance work by Month 6.

#### Purpose/Relevance:

Balancing full-time work and full-time study is physically and mentally demanding. Freelance work allows for flexible scheduling, making it easier to prioritize college. Additionally, higher earning potential from freelance projects (especially with foreign clients) will help me manage bills, daily expenses, and my tuition of 50k pesos per term. This goal aligns with my long-term career path of independence and scalability.

#### OKRs: Objective & Key Results

**Objective:** Build a sustainable freelance career while studying full-time.

Key Results:	
1. Build a portfolio website with at least 3 sample projects by Week 4.	2. Apply to 10 freelance job postings weekly starting Week 5.
3. Get first freelance project by the end of Month 2.	4. Earn PHP 40,000/month in freelance income by Month 6.
5. Reduce full-time work hours (if possible, or resign) after reaching consistent freelance income.	

#### Action Plan

Month 1	Month 2 - 3	Month 4 - 6
<ul style="list-style-type: none"> <li>Research top freelance platforms (Upwork, Fiverr, Toptal, OnlineJobs.ph)</li> <li>Build and deploy a personal portfolio website</li> <li>Prepare resume and proposal templates</li> <li>Create 3 software/dev sample projects for portfolio</li> </ul>	<ul style="list-style-type: none"> <li>Apply to at least 10 freelance jobs weekly</li> <li>Track applications, responses, and improve pitches</li> <li>Accept first small freelance project to build credibility</li> </ul>	<ul style="list-style-type: none"> <li>Increase rates gradually based on feedback and reviews</li> <li>Aim for recurring clients or long-term projects</li> <li>Evaluate possibility of reducing full-time work hours</li> </ul>

#### Resources & Support

<ul style="list-style-type: none"> <li><b>Learning Platforms:</b> Udemy, Youtube, Google</li> <li><b>Tools:</b> GitHub, Figma, Visual Studio Code, Trello</li> </ul>	<ul style="list-style-type: none"> <li><b>Mentors:</b> Professors, Friends who are working freelance</li> <li><b>Network:</b> Seek freelance opportunities through LinkedIn, prof and friends</li> </ul>
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#### Time Frame

Weeks	Milestones
<ul style="list-style-type: none"> <li><b>Week 1–4:</b> Setup portfolio, templates, and accounts</li> <li><b>Month 2–3:</b> Client outreach and first project</li> <li><b>Month 4–6:</b> Reach income goal, evaluate sustainability</li> </ul>	<ul style="list-style-type: none"> <li><b>Week 4: Portfolio ready</b></li> <li><b>Month 2: First freelance job</b></li> <li><b>Month 6: Earning PHP 40,000/month</b></li> </ul>

#### Reflection & Commitment:

I am committed to building a freelance career that supports both my education and financial goals. By following a structured OKR framework, I will maintain focus and track progress. I understand that success in freelancing requires consistency, communication, and learning from every experience.

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**Goal Setting Framework - SMART Goal**

<b>Objective</b>	<b>Goal Statement</b>
Obtain both a motorcycle and car driver's license by <b>December 2025</b> and confidently operate both vehicles for personal, family, and school use.	By December 2025, I will have secured a non-professional driving license for both motorcycle and car, and be comfortable driving in various conditions, enabling me to support my family, attend school, and go on trips independently.

**Purpose/Relevance:**

Having a valid license and driving experience increases my independence, helps with daily responsibilities like driving to school or running errands, and allows me to enjoy time with family and friends through road trips and vacations. It also prepares me for emergencies or practical needs in the future.

<b>SMART</b>	
<b>S - Specific</b>	Get a driver's license for both motorcycle and car and become confident in driving both.
<b>M - Measurable</b>	Pass written and practical LTO tests; drive safely and independently on local roads.
<b>A - Achievable</b>	I will enroll in a certified driving school and practice regularly using our family vehicles.
<b>R - Relevant</b>	This aligns with my personal growth and daily life needs (school, errands, travel).
<b>T - Time-bound</b>	Complete all requirements and receive license by December 2025.

<b>Action Plan</b>	
<b>October – November 2025:</b>	<b>November – December 2025:</b>
<ul style="list-style-type: none"> <li>• Research driving schools (motor + car courses)</li> <li>• Enroll in a certified LTO-accredited driving school</li> <li>• Schedule and attend lectures and driving sessions</li> </ul>	<ul style="list-style-type: none"> <li>• Practice driving with family guidance on safe roads</li> <li>• Review LTO exam materials (road signs, rules, etc.)</li> <li>• Schedule and pass the LTO written and practical exams</li> <li>• Receive official driver's license</li> </ul>

<b>Resources &amp; Support</b>	
<ul style="list-style-type: none"> <li>• <b>Driving School:</b> Local accredited driving schools (A1, Smart Driving, Alert)</li> <li>• <b>LTO Website:</b> For licensing process, requirements, and schedules</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Family Support:</b> Use family car/motor with supervision</li> <li>• <b>Apps/Materials:</b> LTO reviewer apps, YouTube tutorials for driving basics</li> </ul>

<b>Time Frame</b>	
<b>Milestone</b>	<b>Target Date</b>
<ul style="list-style-type: none"> <li>• Choose driving school</li> <li>• Enroll &amp; Start Training</li> <li>• Complete Driving Lessons</li> <li>• Pass LTO exams</li> <li>• Receive License</li> </ul>	<ul style="list-style-type: none"> <li>• Oct 19, 2025</li> <li>• Nov 8, 2025</li> <li>• Nov 30, 2025</li> <li>• Dec 10, 2025</li> <li>• Dec 15, 2025</li> </ul>

**Reflection & Commitment:**

Driving is a life skill that adds value to my daily life and independence. I commit to learning responsibly, following traffic rules, and practicing safe driving habits. Achieving this goal will positively impact my education, responsibilities, and social life.

← October 2, 2025  
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① SMART Goals - the 5 criteria  
Best for:  
- short-term goals  
- really / very need to obtain ASAP  
- with a deadline  
- FLEXIBILITY, because it's very rigid  
- unexpected circumstances

② OKR (Objectives and Key Results)  
- what I want  
- what I need  
- End Goals  
- like I need to get a job to live  
and gain money to buy whatever  
I need and what I want  
Objectives? To get a job  
(Key result(s)) Earn 3M to buy house  
Earn money to buy foods

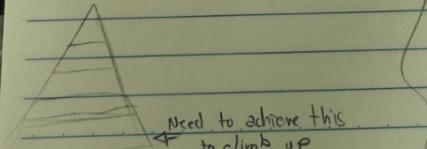
③ KPI (Key Performance Indicators)  
- Good for complex organization - Quantification  
I think I can use this for physical goals:  
Objective: I want to increase my strength, muscle, and weight by 10kg  
KPI 1: Personal Record for doing Deadlift.  
Target: To lift more than 235 lbs of barbell  
KPI 2: ...

④ The balanced scorecard goal-setting framework  
- Breaking down strategic goals into three perspectives: Financial, Customer, Internal Process, Growth and Learning

⑤ BHAGs  
- Setting Massive Goals  
Like:  
- I want to be a billionaire  
- I want to be a president  
- I want to be the Greatest NBA Player

⑥ The Goal Pyramid  
- hierarchical structure

⑦ WOOP goal methodology  
WISH → Want to acquire specifically  
OUTCOME → Result of the wish, benefit and goal  
Obstacle → Possible challenges or could get in the way  
Plan → Action plan for outcome and obstacle.



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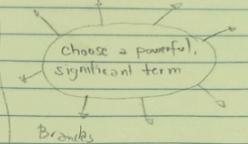
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(8) The 5 principles framework of Lickel and Latham

- Clarity, challenge, commitment, feedback and task complexity.

- \* Establish objectives that are difficult yet within reach.
- \* Get the team's buy-in
- \* Consistently offer rewards
- \* Reflect on the intricacy of the task in your objectives

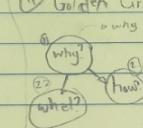
(9) One-word goal framework



(10) Backward Goals Framework

- \* Start with the outcome
- \* Specify the result in detail
- \* Break it down how to achieve that

(11) Golden Circle Model



(12) BSQ goals framework

- Beliefs
- Strengths
- Quality

(13) Tilted goal framework

