# NCSA

Video E-mail: [video@ncsasports.org](mailto:video@ncsasports.org)

## Rosters

* Recruiting is ½ ability, ½ Roster availability.
* A small roster consists of about 24 players.
* If the roster contains 50 players there is a good chance you are not going to play.

## Financial Aid 2024 Class

* Season starts in August.
* Most schools will be done recruiting by spring.
* Winter of 2024 you MUST communicate with coaches.
* The earlier you apply for financial aid FAFSA the better chances there will be money for you.
* Apply for 2 scholarships a week.

## Women’s Soccer 101 Class (Nick O’she)

* There are 3 to 4 levels within D1 .
* Top D3 schools are equivalent to the bottom 3rd of D1.
* For D2 school’s tryouts are permitted during a visit.
* NAIA is like D2.

## Soccer Video 101 Class (Britta Marmon)

* Videos should be 2-5 minutes.
* Any longer than 5 minutes and coaches will not watch.
* Avoid zooming in.
* They want to see all the space around the player.
* No music.
* They prefer club footage.
* Select 5 to 6 games for 4 or 5 minutes of footage.
* Unverified means NCSA did not create the video (self made).
* You have 6 unverified videos at the MVP level.

## Understanding D3 Class (Brady Larking)

* Allowed to contact the player.
* You need to practice asking for feedback.
* Does not have a spring season where D2 does have a spring season.
* Practices are player driven. More ad-hoc
* Self paced training.
* Games are live streamed therefore watch film for prospective schools to see if you are a good fit.