

My oral and written communication styles are shaped by various factors, including my language proficiency, cultural background, social relationships, and the specific situations in which I communicate.

When communicating with organizations, I consciously adopt a formal and polite tone with slight facial expression and body movements. This is aimed at projecting a professional and serious image. In contrast, when communicating with close friends and family, I naturally adopt a more relaxed and friendly tone with rich facial expressions and body movements, allowing me to spread my emotions and emphasis care and sincerity.

What I also noticed interesting is when I communicate with children and pets, I tend to raise my pitch and use a cuter tone. In my mind, this is a way of signaling that I have no threat to them, helping them feel at ease and not scared.

Furthermore, my communication style varies depending on the context. I tend to maintain a friendly tone with most people, but in formal situations like presentations or meetings, I adopt a more serious and careful tone to convey professionalism, respect, and attentiveness. I prepare and think through my words thoroughly in such scenarios, especially in academia and work-related situations.

Turning to the topic of communication disorders, as previously mentioned, language barriers can come into play. During oral communication, I may exhibit more assertiveness and defense mechanisms, which can hinder effective interaction. Additionally, within closer social relationships, communication can sometimes become less clear, and both parties may assume a degree of mind reading is necessary to understand each other, which sometimes leads to misunderstandings and conflicts.

Due to my personality, I tend to avoid using double message in communication and feel uncomfortable and offended when other employ them. Instead, I use wrapped message when discussing sensitive or potentially hurtful topics. I spend time to use more words and provide context to express the situation and my feelings as thoroughly as possible in such conflict scenarios, aiming for greater clarity and empathy.

	E-mail	SMS	Social Media	Oral
Official (authority, school)	Very formal, polite, factual		Very formal, polite, factual	Slight facial expression and body movements, Formal and polite tone
Acquaintance	Structured, Often with friendly greeting		Structured, Often with friendly emoji	Slight facial expression and body movements, Polite and friendly tone
Close Friends		Relaxed and friendly tone, Show cares all the time,	Single sentences, emojis / gifs, Links to spread interest	Rich facial expression and body movements, Relaxed and friendly tone

		Many emojis / gifs to express emotion		
Sibling		Relaxed and friendly tone, Show cares all the time, Many emojis / gifs to express emotion	Single sentences, emojis / gifs, Links to spread interest	Rich facial expression and body movements, Relaxed and friendly tone
Parents/Parents' siblings		Relaxed and friendly tone, Show cares all the time, Many emojis / gifs to express emotion	Single sentences, emojis / gifs	Moderate facial expression and body movements, Relaxed and friendly tone
Grandparents		Polite and friendly tone, show care all the time		Moderate facial expression and body movements, Polite and friendly tone
Children and pets				Higher pitch and quiet voice, Cute tone