



Here is a list of your most important values



#1 Growth

physical, intellectual and spiritual
development

info

Growth is an integral part of every person's life. The power of development lies in the ability to independently decide on its direction. It allows us to achieve personal desires and become what we want to be.

strengths

People interested in growth are very conscious about achieving their goals. They believe in their abilities and do not avoid the necessary effort.

dangers

It may happen that the existing environment does not provide opportunities for further growth. In such cases, there is a feeling that you are not using your full potential.

#2 Inner harmony

balance, self-fulfilment

info

Internal harmony and balance allow you to find relief in the hustle and bustle of the surrounding world. Thanks to them, we can still enjoy small things. Self-awareness is an important element on the way to achieving inner balance.

strengths

Those who value inner harmony are generally people who are aware of their own values. They avoid extreme emotions and follow their own path.

dangers

Finding your inner balance requires being honest with yourself. Sometimes you have to answer difficult or uncomfortable questions.

#3 Independence

self-reliance, self-sufficiency

info

Independence gives a sense of security and control. It also creates favourable conditions for growth. Those who value independence are reluctant to give control over their life to someone else.

strengths

Independent people trust their own choices the most. They can solve problems on their own. They value freedom of action very much.

dangers

Trusting someone else can be problematic and create feelings of insecurity.

#4 Health

well-being, fitness, not being sick

info

Those who value health take conscious actions to maintain physical and mental fitness. They do not shy away from practicing sports and are happy to follow a healthy diet. They are aware of the consequences of insufficient health care.

strengths

People who care about health are often disciplined and systematic. Caring for health manifests itself in many elements of their everyday life.

dangers

In extreme cases, excessive interest in your health can cause harmful fears and concerns.

#5 Wisdom

**making good decisions and
judgements**

info

Wisdom comes from the knowledge and experience gained in life. It allows to objectively assess the situation and make the right choices. It is also a mature way of looking at the world and other people.

strengths

Wise people can anticipate the long-term consequences of difficult decisions. They are always interested in expanding their knowledge.

dangers

Besides relying on your own wisdom, it's important to stay open to other people's wisdom. You can learn a lot from their experiences.

Demo Beta

Ask AI

Our application features an AI-powered system that offers personalized responses to frequently asked and intriguing questions related to your core values. Whether you're seeking inspiration, self-reflection, or clarity on your values, our AI system provides personalized responses that are specifically curated for you. It's an invaluable tool to explore and deepen your understanding of your core values in a way that is relevant and meaningful to you.

Tell me more about my personality.

What is the ideal career path for me?

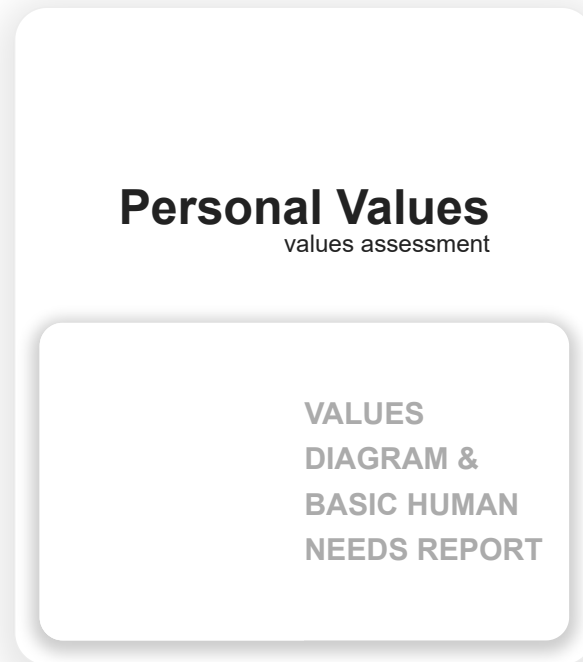
What qualities my ideal partner should have?

How can I leave according to my values?

What unique opportunities my values give me?

How can I help you?

Check out what else you can learn about yourself



Your core values are not a matter of chance. They are the result of your beliefs, upbringing, the environment you live in and many other factors. All these elements have left their mark and shaped your personality. They are what make you who you are. You are unique, just like the collection of your experiences.

Get extended result

You are probably wondering how to **remember** at least some of your **most important values**.

Don't worry, we'll help you with this.

We have prepared a quiz that will help you remember your 5 most important values.

Before you begin, take a look at your list of values again.

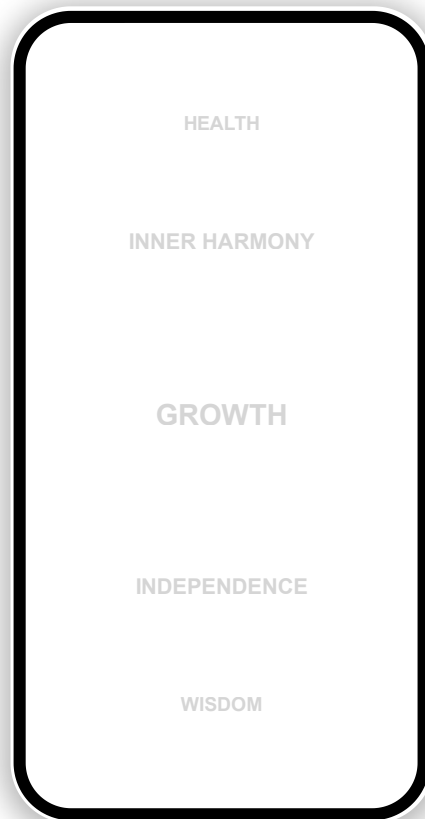
Let's start the quiz

Your values **always** with you.

The average user checks their smartphone **110 times** a day.

What happens if you can remind yourself of your values every time you use your phone?

We have just prepared a **wallpaper with your most important values**. Do you want to try it out?



Download wallpaper 

Get the most out of your values

Get exclusive access to a **PDF version** of your result by subscribing to my newsletter.

I will tell you how values have changed my life and how they can positively change yours.

First name

Email

☐ I have read & accepted the [privacy policy](#).**Subscribe**

Save my result

If you wish to save your result for later, I'll send it to your email. No promotional messages or newsletters. Just one email containing a link to your result.



Name

Your email

☐ I have read & accepted the [general conditions](#).**Send**

If you want to take the assessment again, click the button below.

RESTART ×

Show others what is most important to you!

Share the list with your friends and help them discover their values.



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