

Ronan Galvez

galv.ronan@gmail.com | 352-328-7698

EDUCATION

Bachelor of Science in Psychology

May 2018

College of Liberal Arts and Sciences, University of Florida

Summa Cum Laude

Work Experience

Youfit Health Clubs, Gainesville, FL

June 2020 - Present

Personal Trainer

- Trained clients to reach their fitness goals through consistent fitness assessments, personalized workout programs, and limited nutritional guidance.
- Offered fitness assessments, workout sessions, and general fitness advice to clients in the facility, as well as through phone calls.
- Kept an organized an online/computerized calendar and worked with clients with regards to their availabilities, cancellation/rescheduling requests, and other requests.

Best Buy, Gainesville, FL

October 2019 – January 2020

Inventory/Merchandising Specialist – Seasonal

- Provided customer service and responded to inquiries regarding carry-out, product location online or in stores, and product deals.
- Maintained store appearance including product display, warehouse organization, stock availability, and overall store cleanliness.

Gator Nights, University of Florida

February 2015 – January 2016

Student Assistant Employee

- Provided hospitality & customer service to guests, guest performers/speakers, technicians, and other event collaborators.
- Facilitated various activities during events such as social games, arts and crafts, sports, and circus rides.
- Contributed in the hiring process, such as interviewing and selecting new team members, as well as training them.
- Assisted in social media advertising as well as preparing promotional products for upcoming students.

Hollister Co., Gainesville, FL

August 2012 – January 2013

Sales Associate

- Provided quality customer service to shoppers.
- Trained new sales associates in various responsibilities including operating the cash register, storefront set-up, & maintenance.
- Performed daily sales tasks including restocking, processing purchase and return transactions, & keeping customers up-to-date about various sales promotions.

Volunteer & Research Experience

Leadership Lab Research, University of Florida

April 2017 – August 2017

Research Assistant

- Analyzed and coded people's nonverbal behaviors in mock interview videos of multiple students to supplement data. The research aimed to investigate interpersonal influence behaviors to gain more knowledge in leader development.
- Interpreted, analyzed, and coded approximately 500 manager memos for their behaviors, as well as other surveys regarding leadership and profession.
- Remotely finished various tasks through the use of online sharing versions of software such as Microsoft Excel, Word, and Google Drive.

ACG Therapy Center, Gainesville, FL

January 2017 – September 2017

Volunteer

- Observed and assisted a designated occupational therapist in therapy focused on areas such as learning disabilities, autism, ADHD, late talkers, special needs, parent-child problems, Down syndrome, and other neurological and neuromuscular disorders.
- Contributed and facilitated in social interactions, play, and exercise during therapy sessions in a pediatric setting.

Fit For Life, Gainesville, FL

January 2017 – July 2017

Volunteer

- Aided the clinic's occupational therapist in her hand therapy treatments, which included tasks such as preparing paraffin wax, warm and cold packs, and assisting patients during treatment exercises.
- Helped filled out and organized patients' exercise logs and files.
- Aided physical therapists, occupational therapists, and therapist aides in a multitude of patient rehabilitation cases in an outpatient clinical setting.

UF Health Orthopedic and Sports Medicine Institute, Gainesville, FL

April 2016 – August 2016;

Volunteer

May 2014 – December 2014

- Helped guide and instruct patients during exercises, and assisted therapists and aides in lifting patients.
- Facilitated and maintained a sterile and safe, outpatient clinic, environment.

UF Health Shands Rehab Services – IP Adult PT, Gainesville, FL

February 2016 – July 2016

Volunteer

- Assisted and observed Physical & Occupational Therapists with patient rehabilitation in neurology and cardiology, inpatient setting.
- Helped managed IV lines and lift, walk, and aide patients during rehabilitation.

LEADERSHIP AND INVOLVEMENT

Florida Alternative Breaks, University of Florida

August 2016 – March 2017;

Site Leader

August 2014 – March 2015

- Recruited volunteers, organized, and overlooked a mission trip to La Gran Vista Farm, Costa Rica, which focused on the social issues regarding agroecology and sustainable farming.
- Attended weekly trainings and worked with other leaders and board members to organize fundraisers and other promotional events.
- Recruited volunteers & organized/overlooked a mission trip to Colegio Miguel Angel Asturias, Quetzaltenango, Guatemala, which focused on social issues regarding international and equal access education.

Asian Kaleidoscope Month, Asian American Student Union

June 2016 – November 2016

Archiving Director

- Programmed various events centered Asian American Awareness alongside other board members and other student organizations.
- Collaborated with local businesses and organizations for promotions.
- Photographed, filmed, and edited, various events, formal shoots, and fashion shoots which are essential for the monthlong series of programs.

Sparks Magazine, University of Florida

August 2015 – May 2016

Photographer

- Collaborated with models, stylists, and different local venues for photoshoot.
- Photographed and edited various materials for Sparks Magazine and its online materials.
- Attended weekly meetings for the purposes of planning magazine materials and programming.

Filipino Student Association, Asian American Student Union

August 2015 – May 2016

Philanthropy Chair

- Planned and executed fundraisers for Gawad Kalinga, a non-profit organization aimed to address poverty, provide disaster relief, as well as raising awareness.
- Oversaw a committee of 12-15 members, who collaborated to plan and execute programs such as educational forums, social media promotions, and fundraisers.
- Collaborated with local businesses and other student organizations for promotional events and fundraisers.

ADDITIONAL INFORMATION

Languages: Tagalog (Fluent)

Certification: Emergency Medical Responder, CPR

Computer: Adobe Lightroom, Premiere Pro, Microsoft Office