

# Trip Log: Los Angeles → San Francisco

Cycle Hours Used: 10.0 hrs

## Drivers Daily Log

(24 hours)

(month)

(day)

(year)

Original - file at home terminal.

Duplicate - Driver retains in his/her possession for 8 days.

From:

To:

Total Miles Driving Today	Total Mileage Today

Name of Carrier or Carriers

Main Office Address

Truck/Tractor and Trailer Numbers or  
License Plate(s)/State (show each unit)

Home Terminal Address

	Mid- night	1	2	3	4	5	6	7	8	9	10	11	Noon	1	2	3	4	5	6	7	8	9	10	11	Mid- night	Total Hours	
1. Off Duty																											
2. Sleeper Berth																											
3. Driving																											
4. On Duty (not driving)																											

Remarks

Shipping

Documents:

DVL or Manifest No.  
or

Shipper & Commodity

Enter name of place you reported and where released from work and when and where each change of duty occurred.

Use time standard of home terminal.

Recap: Complete at end of day	70 Hour/ 8 Day Drivers	A.	B.	C.	60 Hour/ 7 Day Drivers	A.	B.	C.	*If you took 34 consecutive hours off duty you have 60/70 hours available
On duty hours today, Total lines 3 & 4		A. Total hours on duty last 7 days, including today.	B. Total hours available tomorrow 70 hr. minus A*	C. Total hours on duty last 5 days, including today.		A. Total hours on duty last 7 days, including today.	B. Total hours available tomorrow 60 hr. minus A*	C. Total hours on duty last 7 days, including today.	