



PAKOL: A Symbiotic Ecotourism & Wellness Camp

RESEARCHERS

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ABSTRACT

The study explores the promotion of wellness centers through ecotourism in the Province of Sorsogon in Santa Magdalena, Sorsogon which mainly aims to formulate a design that will be sustainable in mutualism manner between environment and people. Results revealed that the Province of Sorsogon, specifically in Barangay San Eugenio, Santa Magdalena, Sorsogon has the potential to promote health and wellness through ecotourism despite of not been well presented to the visitors that will manage their well-being due to lack of facilities and services. Moreover, Senator Chiz Escudero has also advocated mental health wellness in Universal Health Care (UHC). According to his statement in July 2021, owing to an increase in mental-health cases in the country during Corona Virus disease 2019 (CoVid-19) pandemic, the country lacks an institution that promotes mental healthcare. Furthermore, the concept of symbiotic architecture will represent its relationship between structure and to the environment by means of using native materials as the exterior and interior design of the structure as well as preserving the natural contour elevation of the site as much as possible.

Keywords: Wellness centers, ecotourism, Province of Sorsogon, Santa Magdalena, Barangay San Eugenio, sustainable design, mutualism, health and wellness, facilities and services, mental health, Universal Health Care (UHC), COVID-19 pandemic, mental healthcare, symbiotic architecture, native materials

Sustainable Development Goals: 3 Good Health and Well-Being, 15 Life on Land