Visibility of system status: 10

Currently the website is quite short, and the shortcuts aren't working, so there isn't really any statuses to show.

Match between system and the real world: 8

There currently is not a clarification that the shortcuts "Social", "Physical", "Mental" and "Resources" mean wellbeing / health. Not all users might instantly realize what these shortcuts mean, they need the context of the page, to read the introduction text, or deduce the context themselves from the shortcuts' names. I think this could be clarified to the user by changing "Physical" to "Physical wellbeing/health" for example.

User control and freedom: 9

The web page is simple and doesn't really need any extra controls besides the controls of the web browser in use. The shortcuts also give some control to the user to quickly jump where they want.

Consistency and standards: 10

The actual information isn't really available yet so I can't evaluate its' consistency, but the web page's controls are consistent with other web sites.

Error prevention: 10

The web page currently doesn't really have any ways the user can get errors.

Recognition rather than recall: 10

The top bar isn't all the time available because of Figma limitations, but after that is fixed I think this part is ok.

Flexibility and efficiency of use: 10

The web page has shortcuts to all the useful information and navigation is quite easy and efficient.

Aesthetic and minimalist design: 7

The design of the page is quite minimalistic, there aren't really any unnecessary elements. The color scheme and font are quite bland, which may not be a problem if the site aims to look informative and official. Still, the page's design could be a bit more appealing.

Help users recognize, diagnose, and recover from errors 10

There's currently really no way to get errors using the site.

Help and documentation 10

There's no documentation or help, but it isn't really needed, since the website is intuitive and easy to use.