



## TRIAL PASS

ONLINE - 7 Days on Unlimited Yoga for FREE

IN STUDIO - 14 Days of Unlimited Yoga for 20£

Sign Up Now



### WELLBEING

Discover the power of yoga for your mental and physical health. Our expert instructors guide you through a series of poses and breathing techniques designed to reduce stress, improve focus, and enhance your overall well-being. Join our community and experience the transformative benefits of yoga today.



### BALANCE

Find your inner balance and improve your posture with our specialized yoga classes. We focus on strengthening the core and stabilizing the body, helping you achieve a state of equilibrium both on and off the mat. Our gentle yet challenging sequences are perfect for anyone looking to improve their balance and prevent injury.



### DEVELOPMENT

Take your yoga practice to the next level with our advanced development classes. These sessions are designed for experienced practitioners looking to deepen their understanding of yoga philosophy, anatomy, and advanced asanas. Our knowledgeable instructors provide detailed guidance and support, helping you reach new heights in your practice.

## YOGA IS FOR EVERYONE

At Domus Yoga, we believe that everyone can benefit from the practice of yoga. Whether you are a beginner or a seasoned practitioner, we offer a wide range of classes to suit your needs and preferences. Our experienced instructors provide personalized guidance and support, ensuring that you feel comfortable and confident throughout your practice. Join our community today and discover the many benefits of yoga for yourself.

Experience the transformative power of yoga with our expert instructors and a supportive community.

Workshops

## YOGA ON DEMAND

Access our library of on-demand yoga classes anytime, anywhere. Choose from a variety of styles and durations to fit your schedule. Our expert instructors provide clear guidance and support, ensuring you get the most out of your practice.

Whether you're looking for a quick 15-minute session or a longer 60-minute practice, we have something for everyone. Our on-demand classes are perfect for busy lifestyles and allow you to practice at your own pace. Join our community and enjoy the flexibility of yoga on demand.

Learn More

## MEET OUR TEAM

Explore

### ABOUT US

Domus Yoga is a leading yoga studio in the heart of London. We offer a wide range of yoga classes for all levels, from beginner to advanced. Our experienced instructors provide personalized guidance and support, ensuring you get the most out of your practice. Join our community today and discover the many benefits of yoga for yourself.

Our studio is located in a beautiful, modern building with large windows and a peaceful atmosphere. We offer a variety of amenities, including yoga mats, props, and a clean, comfortable space for your practice.

### OUR CLASSES

[In-Studio](#)

[Online](#)

### CONTACT

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### SIGN UP TO OUR NEWSLETTER



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