

TODAY'S MENU

9-5 MONDAY TO SATURDAY

BREKKIE

EAT IN TAKEAWAY

LARGE FRY	£11.25	£10.75
2 sausage, 2 eggs, 2 bacon, soda bread, potato bread, beans, mushrooms and hash brown		
MEDIUM FRY	£10.25	£9.75
Sausage, bacon, egg, black pudding, soda bread, potato bread, beans, mushrooms and hash brown		
SMALL FRY	£9.25	£8.75
Sausage, bacon, egg, soda bread, potato bread, beans or mushrooms		
FULL SODA	£9.25	£8.75
With 2 Sausage, 2 bacon and 1 egg		
BACON OR SAUSAGE BAP	£5.50	£5.00
PORRIDGE	£4.95	£4.95
With banana and honey		
TOASTED BAGEL	£6.25	£6.25
Served with cream cheese or peanut butter add bacon £2.30		
TOASTED PANCAKES with maple syrup	£6.60	
add BACON £2.30		
SMASHED AVOCADO , poached eggs & sourdough bread	£9.25	
add BACON £2.30		
YOGI BOWL greek yoghurt, banana, blueberries, chia & honey	£6.95	NEW
Extra Protein add peanut butter £1.50		
TOAST with jam & butter	£2.70	£2.70
sourdough add 20p		
BREAKFAST OMELETTE	£10.25	
WITH A CHOICE OF 2 FILLINGS.		
SERVED WITH SALAD OR WHOLEMEAL TOAST		

Available from 9 - 12



HOT FOOD

EAT IN TAKEAWAY

GRILLED BEEF BURGER/ VEGGIE BURGER	£14.75	£12.95
Served with cheddar cheese, mixed salad and house fries		
add PEPPER SAUCE OR ONION RINGS, OR COLESLAW	£2.00	
CHICKEN CURRY	£14.75	£12.95
Served with rice, chips or half and half		
SOUTHERN FRIED GOJONS	£14.75	£12.95
Served with coleslaw, mixed salad and house fries		
LASAGNE	£14.75	£12.95
Served with mixed salad and house fries		
ROAST BEEF	£16.50	£15.25
Roast silverside of beef served with champ, seasonal vegetables and Yorkshire pudding		
FRESH COD	£16.50	£15.25
Served with tartar sauce, mixed salad and house fries		
BAKED POTATO	£11.50	£10.50
Served with a choice of two cold fillings and garnish		

FOR THE WEE UN'S

under 10 years EAT IN

CHICKEN GOJONS, BEANS AND CHIPS OR MASH	£7.95
SAUSAGE, BEANS AND CHIPS OR MASH	£7.95
TOMATO PASTA AND GARLIC BREAD	£7.95
MINI ME (kids under 10 yrs only)	£11.50
Anything from the main menu in a smaller portion	

KIDS MEALS ARE SERVED WITH A CARTON OF JUICE OR A BOTTLE OF WATER AND A WHIPPED ICE CREAM CONE

JAM

Unit 23, Park Centre, Donegal Road, Belfast BT12 6HN.
T: 028 9032 8103 E: info@JamBelfast.com www.JamBelfast.com



TODAY'S MENU

9-5 MONDAY TO SATURDAY

SANDWICHES/ BAGUETTES/CIABATTA

EAT IN TAKEAWAY

SOUTHERN BELLE

£8.15 £7.10

Hot southern fried fillet of chicken, mixed salad and coleslaw

CHICKEN AND BACON CAESAR

£8.15 £7.10

Bacon, sliced chicken, mixed salad and caesar dressing

TUNA CRUNCH

£8.15 £7.10

Tuna, sweet chilli mayo, peppers and spring onion

VEGGIE DELIGHT

£8.15 £7.10

Feta cheese, roasted peppers, sun-blushed tomatoes, spring onion and a french dressing

YUMMY PEPPERED CHICKEN

£8.15 £7.10

Peppered chicken, red onion, lettuce and cherry tomatoes

EGG MAYO TWIST

£8.15 £7.10

Egg, Scallion, Lettuce, Mayo, Avocado

CREATE YOUR OWN

£8.15 £7.10

Choose 2 meat or cheese filling and 3 salads

EXTRA FILLINGS - MEAT £1.35 / VEGGIE 95P / CIABATTA 95P

MELTS

EAT IN TAKEAWAY

CLASSIC HAM AND CHEDDAR

- Toastie **£8.25 £7.95**
- Panini **£9.25 £8.55**

SALAMI, SWISS CHEESE AND CHERRY TOMATOES

- Toastie **£8.25 £7.95**
- Panini **£9.25 £8.55**

VEGGIE DELIGHT

- Toastie **£8.25 £7.95**
- Panini **£9.25 £8.55**

CREATE YOUR OWN (ANY 2 FILLINGS)

- Toastie **£8.25 £7.95**
- Panini **£9.25 £8.55**

CLASSIC CLUB

£9.45 £9.15

ALL SERVED WITH CRISPS & GARNISH

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