This is the title

Subtitle

Author

Abstract blab la blab la woohoo walla walla bing bang

Header 1

## Header 2

Header 3

#### Header 4

The main text would like this. She sells sea shells on the sea shore.

Bullet point example

* Idea 1
* Idea 2
* Idea 3

References A.B bla bla bla journal of awesomeness