

SOMETHING SCRUMPTIOUS FOR EVERYONE

Allergens Information

Our allergen and suitability menu below details information on our ingredients and dishes. This information is also held within the restaurant to help you make the right choice – please ask our team

3rd January 2017 Version 1

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?	INFO/ COUNTRY			
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed			Sulphur Dioxide	Vegetarian	Vegan
Anchovies in Oil		↙																						✓	Italy
Antipasto Mix						↙											✓							✓	Italy
Artichokes																	✓					✓	✓	✓	Italy
Aubergines (grilled)																	✓					✓	✓	✓	Italy
Baby Cones					✓ Wheat							✓										✓	✓		Italy
Baby Figs																			✓ Rum & Wine		✓	✓	✓	✓	Figs marinated in Rum and White Wine syrup
Balsamic Syrup						✓													✓ Vinegar		✓	✓	✓	✓	Italy
Balsamic Vinegar																			✓ Vinegar		✓	✓	✓	✓	Italy
Bechamel	✓					✓						✓				✓		✓				✓		✓	UK
Black Olives																						✓	✓	✓	Pitted black olives. Spain.
Bolognese Sauce (kids)						✓								✓	✓	✓	✓	✓						✓	UK
Bruschetta Mix (tomato)																✓		✓				✓	✓	✓	Prepared in House
Buffalo Mozzarella	✓																					✓		✓	Pasteurised cheese. Italy.
Butter	✓																					✓		✓	Pasteurised Butter

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Calabrese Sausage																								✓	Italy	
Calamari (Ingredient)				✓	✓ Wheat																					Malaysia
Caesar Dressing	✓	✓					✓				✓						✓		✓ Vinegar	✓	✓			✓	Unpasteurised Cheese. UK	
Cannelloni (ingredient)	✓				✓ Wheat	✓	✓										✓	✓				✓			Pasteurised milk and egg. Ireland	
Cajun Spice																	✓	✓				✓	✓	✓	None	
Capers																			✓ Vinegar			✓	✓	✓	Morocco	
Carlo (Starspray)						✓																✓	✓	✓	Emulsion Based on Vegetable Oil. UK.	
Chicken Roast Fillets						✓ Dex-trose																		✓	Thailand	
Chocolate Brownie (Ingredient)	✓					✓	✓					✓								✓		✓		✓	Pasteurised milk and egg. Italy	
Chocolate Fudge Cake Mix	✓				✓ Wheat		✓															✓			UK	
Chocolate Icing for Chocolate Fudge Cake																						✓	✓	✓	Rich & Creamy Ready To Spread Icing/ Chocolate Fudge	
Chocolate Straws	✓											✓											✓	✓	✓	Dark Chocolate Pencil Rubens. UK
Chocolate Sauce						✓																✓	✓	✓	UK	
Coleslaw						✓	✓				✓					✓	✓	✓	✓ Vinegar	✓		✓		✓	UK.	

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Croutons					✓ Wheat															✓		✓	✓		UK
Diced Onions and Peppers Mix																		✓				✓	✓	✓	None
Double Cream	✓																					✓		✓	Pasteurised. UK
Dough					✓ Wheat	✓														✓		✓	✓		UK
Eggs							✓															✓		✓	Free Range. UK
Extra Virgin Olive Oil																						✓	✓	✓	Italy
Fruit Coulis (Blackcurrant)						✓														✓		✓	✓	✓	UK
Garlic Oil																	✓					✓	✓	✓	Prepared in House
Gelato Chocolate	✓																					✓		✓	Pasteurised. UK
Gelato Salted Caramel	✓					✓						✓										✓		✓	Pasteurised. UK
Gelato Strawberry	✓					✓																✓		✓	Pasteurised. UK
Gelato Vanilla	✓																					✓		✓	Pasteurised. UK
Gluten-Free Base (Kids)						✓														✓		✓	✓	✓	UK
Gluten-Free Main Base (Classic)						✓														✓		✓	✓	✓	UK
Gluten-Free Dough Balls (Ingredient)						✓														✓		✓	✓	✓	Finland
Gluten-Free Flour																						✓	✓	✓	Product is wheat-free
Goat's Cheese	✓																					✓		✓	Pasteurised Goat's Milk
Gran Milano	✓						✓															✓		✓	Pasteruised milk. Egg not pasteurised. Italy

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Ham																	✓							✓	Italy
Honey & Mustard Dressing											✓						✓		✓ Vinegar	✓	✓	✓		✓	UK
Honey Comb Cream Slice	✓				✓ Wheat	✓	✓					✓								✓		✓			Eggs and Milk are pasteurised. Cake is not baked. UK
Hot Green Peppers																			✓ Vinegar		✓	✓	✓	✓	Greece
House Dressing							✓				✓						✓	✓	✓ Vinegar		✓	✓		✓	UK
Jalapeño Peppers																			✓ Vinegar		✓	✓	✓	✓	None
Lasagna	✓				✓ Wheat	✓	✓							✓	✓	✓	✓	✓							Italy
Legerra Tartufo Limoncello	✓					✓	✓												✓ Liquer			✓		✓	Pasteurised mik and egg. Whole product pasteurised. Italy
Lemon Posset Crunch	✓				✓ Wheat	✓														✓		✓			Pasteurised milk. UK
Light House Dressing							✓				✓						✓	✓	✓ Vinegar		✓	✓		✓	Pasteurised eggs. UK
Light Mozzarella	✓																					✓		✓	Pasteurised Milk. Switzerland
Mascarpone	✓																					✓		✓	Pasteurised Cream. Italy
Mozzarella Cubes	✓																					✓		✓	Pasteurised Milk
N'duja Sausage																								✓	Italy

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Oil - Blended																						✓	✓	✓	Blend of Sunflower and Extra Virgin Oil
Olives (Marinated)						✓											✓	✓				✓	✓	✓	None
Pennette Pasta					✓ Wheat																	✓	✓		Italy
Peppadew																			✓ Vinegar			✓	✓	✓	South Africa
Pepperoni																	✓							✓	Hungary
Pesto (Original)	✓					✓			✓ Pine Kernels								✓					✓		✓	Pasteurised cheese. UK
Pestorissa Dip												✓				✓	✓		✓ Vinegar			✓	✓	✓	UK
Piccolo Ice Pop																						✓	✓	✓	Holland
Pine Kernels									✓ Pine Kernels													✓	✓	✓	Italy
Polenta Chips (Ingredient)					✓ Wheat	✓																✓	✓		Italy
Raspberry Sorbet																						✓	✓	✓	Pasteurised and Dairy-Free Sorbet. UK
Red & Yellow Peppers (Grilled and Sliced)																						✓	✓	✓	Spain
Red Onion Chutney						✓												✓	✓ Vinegar			✓	✓	✓	UK
Risotto Base	✓					✓								✓			✓	✓	✓ Wine	✓		✓		✓	UK

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Roquito Peppers																			✓ Vinegar			✓	✓	✓	Peru
Salad Mix (bagged)																						✓	✓	✓	UK
Salmon		✓																						✓	Farmed fish. UK, Norway and Faroes
Salted Caramel Profiteroles	✓				✓ Wheat		✓					✓										✓			Pasteurised milk and egg. Netherlands
Sloppy Giuseppe Mix						✓										✓	✓	✓						✓	Spicy Beef mixed with Diced Onions, Peppers, and Tomato Sauce
Spicy Beef						✓											✓	✓						✓	Ireland
Smoked Chilli Powder																	✓	✓		✓		✓	✓	✓	None
Superfood Mix											✓	✓					✓		✓ Vinegar	✓		✓	✓	✓	UK
Syrup - Vanilla																						✓	✓	✓	None
Tiramisu	✓				✓ Wheat	✓	✓					✓							✓ Wine			✓			Pasteurised mik and egg. Cake not baked. Italy
Tabasco (Red)																			✓ Vinegar			✓	✓	✓	USA
Tabasco (Green)						✓													✓ Vinegar			✓	✓	✓	USA
Tomato Sauce																✓						✓	✓	✓	Italy
Tomato (Roasted)																✓	✓			✓		✓	✓	✓	Turkey
Tuna		✓																						✓	Madagascar
Truffle Oil															✓ Truffle							✓	✓	✓	Spain
Vanilla Cheesecake	✓				✓ Wheat	✓	✓													✓		✓			Pasturised milk and egg. . UK
Worcester Sauce		✓			✓ Barley												✓	✓	✓ Vinegar						UK

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INTROS																									
Olives Marinated						✓											✓	✓				✓	✓	✓	None
Roasted Tomatoes																✓	✓			✓		✓	✓	✓	None
Dough Balls	✓				✓ Wheat	✓											✓			✓		✓			Suitable for vegans if Garlic Butter is substituted with garlic or Chilli Oil.
Doppio Dough Balls	✓				✓ Wheat	✓			✓ Pine Kernels			✓				✓	✓		✓ Vinegar	✓		✓			None
Gluten Free Dough Balls	✓					✓											✓			✓		✓		✓	Can be suitable for vegans if the Garlic Butter is substituted with garlic or Chilli Oil.
Garlic Bread with Mozzarella	✓				✓ Wheat	✓											✓			✓		✓			None
Bruschetta Originale	✓				✓ Wheat	✓			✓ Pine Kernels							✓	✓	✓		✓		✓			None
Brushetta Con Funghi	✓				✓ Wheat	✓						✓			✓	In Be-chamel		✓	✓ Vinegar	✓	In Syrup	✓			None
Buffalo Mozzarella & Tomato Salad	✓								✓ Pine Kernels							✓	✓					✓		✓	None
Calamari	✓	✓		✓	✓ Wheat		✓				✓						✓		✓ Wine	✓	✓				None
Classic Italian Antipasto	✓				✓ Wheat	✓	✓ In Gran Milano					✓ In Pe-storissa					✓	✓	✓ In Mar-inated Olives	✓ Vinegar	✓				None
Risotto Fresco	✓	✓				✓	✓ In Gran Milano							✓		✓	✓	✓	✓ Wine	✓				✓	None

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SALADS																									
Leggera Superfood Salad							✓				✓	✓					✓	✓	✓ Vinegar		✓	✓		✓	None
Leggera Superfood Salad with Chicken						✓	✓				✓	✓					✓	✓	✓ Vinegar		✓			✓	None
Leggera Superfood Salad with Salmon		✓					✓				✓	✓					✓	✓	✓ Vinegar		✓			✓	None
Niçoise		✓			✓ Wheat	✓ Dough	✓				✓					✓	✓	✓ Dressing	✓ Vinegar	✓	✓				This dish can be made suitable for coeliacs if served without Dough Sticks
Bosco	✓				✓ Wheat	✓ Dough					✓				✓	✓	✓		✓ Vinegar	✓	✓	✓			This dish can be made suitable for coeliacs if served without Dough Sticks
Bosco (with Chicken)	✓				✓ Wheat	✓ Dough and Chick-en					✓				✓	✓	✓		✓ Vinegar	✓	✓				This dish can be made suitable for coeliacs if served without Dough Sticks
Pollo	✓				✓ Wheat	✓ Dough and Chick-en	✓ Dressing				✓					✓	✓	✓ Dressing	✓ Vinegar	✓	✓				This dish can be made suitable for coeliacs if served without Dough Sticks and croutons

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AL FORNO																									
Cannelloni	✓				✓ Wheat	✓	✓					✓				✓	✓	✓				✓			None
Lasagna Classic	✓				✓ Wheat	✓	✓							✓	✓	✓	✓	✓							None
Pollo Pesto	✓				✓ Wheat	✓	✓ In Gran Milano		✓ Pine Kernels			✓			✓	✓ In Be- chamel	✓	✓							None
Melanzane Al Forno	✓					✓	✓ In Gran Milano					✓				✓	✓	✓				✓		✓	Prepared in-house
Risotto Fresco	✓	✓				✓	✓ In Gran Milano							✓		✓	✓	✓	✓ Wine	✓				✓	None

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PIZZAS																									
Calabrese	✓				✓ Wheat	✓	✓ In Gran Milano		✓ Pine Kernels							✓	✓		✓ Vinegar in Roquitos	✓					Can be made suitable for coeliacs on a gluten free base
Pollo ad Astra Leggera	✓				✓ Wheat	✓	✓ In Dressing				✓ In Dressing					✓	✓	✓	✓ Vinegar in Dressing	✓	✓ In Dressing				None
Padana Leggera	✓				✓ Wheat	✓	✓ In Dressing				✓ In Dressing					✓	✓	✓ In Pizza and Dressing	✓ Vinegar in Dressing and Car-amelised Onions	✓	✓ In Dressing	✓			None
American Hot Leggera	✓				✓ Wheat	✓	✓ In Dressing				✓ In Dressing					✓	✓	✓ In Dressing	✓ Vinegar in Peppers	✓	✓ In Dressing & Jalape-nos/hot green peppers				None
Superfood Mix Upgrade											✓	✓					✓		✓ Vinegar			✓	✓	✓	UK
Margherita Bufala	✓				✓ Wheat	✓										✓	✓			✓		✓			Can be made suitable for coeliacs on a gluten free base
American Hottest	✓				✓ Wheat	✓										✓	✓		✓ Vinegar in Peppers	✓					Can be made suitable for coeliacs on a gluten free base
American Hot	✓				✓ Wheat	✓										✓	✓		✓ Vinegar	✓					Can be made suitable for coeliacs on a gluten free base

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PIZZAS (CONTINUED)																									
Padana	✓				✓ Wheat	✓										✓	✓	✓	✓ Vinegar in Caramelised Onions	✓		✓			Can be made suitable for coeliacs on a gluten free base
Pollo ad Astra	✓				✓ Wheat	✓										✓	✓	✓	✓ Vinegar	✓					Can be made suitable for coeliacs on a gluten free base
Diavolo	✓				✓ Wheat	✓										✓	✓	✓	✓ Vinegar in Hot Green Peppers and Tabasco	✓	✓ In hot Green Peppers				Can be made suitable for coeliacs on a gluten free base
Pollo Forza	✓				✓ Wheat	✓	✓ In Gran Milano									✓	✓	✓	✓ Vinegar in Roquito Peppers	✓					Can be made suitable for coeliacs on a gluten free base
Calzone Classico	✓				✓ Wheat	✓	✓ In Gran Milano				✓ In dressing					✓	✓	✓ In dressing	✓ Vinegar	✓	✓ In dressing				None
American	✓				✓ Wheat	✓										✓	✓			✓					Can be made suitable for coeliacs on a gluten free base

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PIZZAS (CONTINUED)																									
Margherita	✓				✓ Wheat	✓										✓				✓		✓			Can be made suitable for coeliacs on a gluten free base
La Reine	✓				✓ Wheat	✓									✓	✓	✓			✓					Can be made suitable for coeliacs on a gluten free base
Fiorentina	✓				✓ Wheat	✓	✓ In Gran Milano and dish									✓	✓			✓		✓			Can be made suitable for coeliacs on a gluten free base
Pianta					✓ Wheat	✓			✓ Pine Kernels						✓	✓	✓		✓ Vinegar in Arti-chokes	✓		✓	✓		Can be made suitable for coeliacs on a gluten free base
Veneziana	✓				✓ Wheat	✓			✓ Pine Kernels							✓		✓	✓ Vinegar in Capers	✓	✓ In Sul-tanas	✓			Can be made suitable for coeliacs on a gluten free base
Sloppy Giuseppe	✓				✓ Wheat	✓										✓	✓	✓		✓					Can be made suitable for coeliacs on a gluten free base
Soho 65	✓				✓ Wheat	✓	✓ In Gran Milano									✓	✓			✓		✓			Can be made suitable for coeliacs on a gluten free base

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SIDES																									
Mixed Salad						✓ In Dressing				✓						✓	✓	✓ In House Dressing	✓ Vinegar		✓	✓		✓	None
Superboost						✓				✓	✓						✓	✓	✓		✓	✓		✓	None
Coleslaw "Pizza Express"						✓	✓			✓						✓	✓	✓	✓ Vinegar	✓		✓		✓	None
Polenta Chips (Side)	✓				✓ Wheat	✓	✓ In Gran Milano				✓						✓		✓ Vinegar	✓	✓	✓			None

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DESSERTS																									
Chocolate Fudge Cake (served w. Cream, Ice cream or Mascarpone)	✓				✓ Wheat		✓															✓			Pasteurised milk. Egg not pasteurised.
Honeycomb Cream Slice	✓				✓ Wheat	✓	✓					✓								✓		✓			None
Vanilla Cheese Cake w. Fruit Coulis (Blackcurrant)	✓				✓ Wheat	✓	✓													✓		✓			None
Tiramisu	✓				✓ Wheat	✓	✓												✓ Wine			✓			None
Chocolate Brownie with Ice Cream	✓					✓	✓					✓								✓		✓		✓	None
Leggera Tartufo Limoncello	✓					✓	✓												✓ Liquer			✓		✓	None
Raspberry Sorbet	✓ In Straw											✓ In Straw										✓	✓	✓	None
Chocolate Glory	✓				✓ Wheat		✓					✓ In Straw										✓			None
Coppa Gelato Vanilla	✓											✓ In Straw										✓		✓	None
Coppa Gelato Chocolate	✓											✓ In Straw										✓		✓	None
Coppa Gelato Strawberry	✓					✓						✓ In Straw										✓		✓	None
Coppa Gelato Salted Caramel	✓					✓						✓ In gela- to and Straw										✓		✓	None

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	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed	Sulphur Dioxide	Vegetarian	Vegan	Coeliacs	
DOLCETTI (NOT INCLUDING COFFEES - SEE DRINKS LIST)																									
Salted Caramel Profiteroles	✓				✓ Wheat		✓					✓										✓			None
Dolcetti - Gluten Free Brownie	✓					✓	✓					✓								✓		✓		✓	None
Caffè Reale	✓																		✓ Rum & Wine		✓ In Figs	✓		✓	None
Dolcetti - Lemon Posset Crunch	✓				✓ Wheat	✓														✓		✓			None

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?	INFO/ COUNTRY			
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed	Sulphur Dioxide	Vegetarian	Vegan	Coeliacs	
PICCOLO MENU																									
PICCOLO STARTERS																									
Dough Balls with Garlic Butter	✓				✓ Wheat	✓											✓			✓		✓			None
Dough Balls with Extra Virgin Olive Oil and Balsamic Syrup					✓ Wheat	✓													✓ Vinegar	✓	✓	✓	✓		None
Gluten Free Dough Balls with Garlic Butter	✓					✓											✓			✓		✓		✓	None
Gluten Free Dough Balls with Extra Virgin Olive Oil and Balsamic Syrup						✓													✓ Vinegar	✓	✓	✓	✓	✓	None
Mixed Salad																✓						✓	✓	✓	None

PICCOLO PIZZAS																								
American	✓				✓ Wheat	✓										✓	✓			✓				Can be made suitable for coeliacs on a gluten free base
Pollo	✓				✓ Wheat	✓										✓				✓				Can be made suitable for coeliacs on a gluten free base
La Reine	✓				✓ Wheat	✓									✓	✓	✓			✓				Can be made suitable for coeliacs on a gluten free base
Margherita	✓				✓ Wheat	✓										✓				✓		✓		Can be made suitable for coeliacs on a gluten free base
Margherita with Light Mozzarella	✓				✓ Wheat	✓										✓				✓		✓		Can be made suitable for coeliacs on a gluten free base

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?		INFO/ COUNTRY		
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed	Sulphur Dioxide	Vegetarian	Vegan	Coeliacs	
PICCOLO PASTAS																									
Piccolo Bolognese					✓ Wheat	✓								✓	✓	✓	✓	✓							None
Piccolo Napoletana	✓				✓ Wheat	✓						✓				✓		✓				✓			None
Piccolo Pasta Bianca	✓				✓ Wheat	✓						✓			✓	✓ In Sauce		✓				✓			None
PICCOLO DESSERTS																									
Vanilla Sundae with Baby Cone	✓				✓ Wheat	✓						✓ In Cone										✓			Can be made suitable for coeliacs without the cone
Raspberry Sorbet with Baby Cone					✓ Wheat in Cone							✓ In Cone										✓			Can be made suitable for coeliacs without the cone
Piccolo Gluten-Free Brownie	✓					✓	✓					✓								✓		✓		✓	None
Piccolo Ice Pop																						✓	✓	✓	None
Bambinoccino	✓																					✓		✓	None

ENJOY
YOUR MEAL

SOMETHING SCRUMPTIOUS FOR EVERYONE

Winter Specials Allergens Information

Our allergen and suitability menu below details information on our ingredients and dishes. This information is also held within the restaurant to help you make the right choice – please ask our team

3rd January 2017 Version 1

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?	INFO/ COUNTRY			
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed			Sulphur Dioxide	Vegetarian	Vegan
Cheese & Mustard Sauce	✓					✓					✓			✓			✓	✓		✓		✓		✓	Pasteurised milk. UK
Chipotle Salsa																✓	✓	✓	✓	✓		✓	✓	✓	UK
Chocolate Fondant (ingredient)	✓				✓ Wheat		✓					✓								✓		✓			Pasteurised milk and egg. UK
N'duja																								✓	Italy
Pancetta																	✓							✓	Italy
Pennette Pasta					✓ Wheat																	✓	✓		Italy
Pulled Beef						✓											✓		✓ Vinegar					✓	UK / Ireland
Roquitos Peppers																			✓ Vinegar			✓	✓	✓	Peru

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?		INFO/ COUNTRY		
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STARTERS																									
Pennette Formaggi	✓				✓ Wheat	✓					✓	✓		✓			✓	✓		✓		✓			None
PIZZAS																									
Barbacoa	✓				✓ Wheat	✓										✓	✓	✓	✓ Vinegar	✓					Suitable for Coeliacs on a gluten Free Base
Etna	✓				✓ Wheat	✓	✓									✓	✓		✓ Vinegar in Roquitos	✓					Suitable for Coeliacs on a gluten free base
DESSERT																									
Chocolate Fondant	✓				✓ Wheat		✓				✓									✓					None

ENJOY
YOUR MEAL