

UK Pizza Nutritional Information

Pizza	Size	Crust	Per 100g									
			Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
American Hot	Large	BBQ Stuffed Crust	245	1025	10.1	5.1	26.1	5.2	2.0	11.2	1.6	0.64
	Large	Classic Crust	252	1057	9.2	3.7	26.2	4.4	2.0	15.1	1.6	0.64
	Large	Double Decadence	268	1124	11.7	5.8	27.6	2.7	1.9	12.2	1.6	0.62
	Large	Italian Style Crust	263	1105	10.1	4.4	30.2	3.9	2.1	11.9	1.8	0.71
	Large	Stuffed Crust	247	1036	10.6	5.3	25.3	3.6	2.1	11.6	1.6	0.63
	Large	Thin & Crispy Crust	297	1244	16.4	6.0	23.9	3.2	1.9	12.7	1.8	0.71
	Medium	BBQ Stuffed Crust	247	1034	10.4	5.2	26.1	5.3	2.0	11.3	1.7	0.65
	Medium	Classic Crust	255	1068	9.5	3.9	26.1	4.4	2.0	15.2	1.7	0.65
	Medium	Double Decadence	270	1132	12.0	5.9	27.4	2.7	1.9	12.3	1.6	0.63
	Medium	Italian Style Crust	266	1115	10.6	4.6	29.7	3.9	2.1	12.0	1.8	0.73
	Medium	Stuffed Crust	250	1045	10.8	5.4	25.3	3.6	2.1	11.8	1.6	0.64
	Medium	Thin & Crispy Crust	301	1258	16.9	6.2	23.7	3.2	1.9	12.8	1.8	0.72
	Personal	Classic Crust	254	1067	9.4	3.9	30.0	4.0	2.1	11.3	1.6	0.62
	Small	Classic Crust	259	1086	10.4	4.4	28.9	3.5	1.9	11.7	1.7	0.67
	Small	Gluten Free	258	1082	10.9	4.6	26.8	2.9	2.1	12.2	2.3	0.90
	Small	Italian Style Crust	269	1128	11.3	4.8	28.9	3.8	2.0	12.1	1.9	0.75
Americano	Large	BBQ Stuffed Crust	284	1195	8.1	3.3	37.8	12.1	2.1	14.0	1.5	0.61
	Large	Classic Crust	290	1220	9.1	3.6	36.0	10.3	2.1	15.1	1.6	0.62
	Large	Double Decadence	299	1257	11.9	6.0	31.6	7.2	2.0	15.6	1.5	0.59
	Large	Italian Style Crust	299	1258	10.4	4.4	31.8	11.6	2.8	18.4	1.8	0.71
	Large	Stuffed Crust	280	1175	10.6	5.2	30.0	9.1	1.9	15.1	1.5	0.60
	Large	Thin & Crispy Crust	350	1469	16.8	6.1	32.8	10.7	2.0	16.2	1.9	0.73
	Medium	BBQ Stuffed Crust	278	1164	10.4	5.1	30.6	10.5	1.9	14.5	1.6	0.62
	Medium	Classic Crust	292	1227	9.4	3.8	35.8	10.2	2.1	15.1	1.6	0.64
	Medium	Double Decadence	301	1263	12.1	6.1	31.4	7.2	2.0	15.6	1.5	0.60
	Medium	Italian Style Crust	302	1268	10.9	4.6	31.3	11.4	2.8	18.5	1.9	0.73
	Medium	Stuffed Crust	282	1181	10.9	5.3	30.0	9.1	1.9	15.1	1.5	0.61
	Medium	Thin & Crispy Crust	353	1477	17.2	6.3	32.6	10.6	2.0	16.2	1.9	0.75
	Personal	Classic Crust	291	1222	8.5	3.2	38.9	10.3	2.3	13.7	1.6	0.62
	Small	Classic Crust	303	1274	9.8	3.9	37.8	10.5	2.5	14.9	1.7	0.66
	Small	Gluten Free	302	1268	11.2	4.6	35.5	9.3	2.5	13.7	2.1	0.82
	Small	Italian Style Crust	305	1281	11.6	4.9	30.6	11.1	2.7	18.7	1.9	0.75
Bacon Double Cheese	Large	BBQ Stuffed Crust	235	987	10.2	5.3	23.8	5.0	1.8	12.9	1.3	0.53
	Large	Classic Crust	239	1006	9.4	4.1	23.3	4.3	1.8	16.8	1.3	0.49
	Large	Double Decadence	257	1078	11.6	5.9	25.2	2.7	1.7	13.7	1.3	0.51
	Large	Italian Style Crust	247	1041	10.2	4.7	26.4	3.8	1.8	14.2	1.4	0.53
	Large	Stuffed Crust	237	995	10.6	5.5	23.0	3.6	1.9	13.3	1.3	0.51
	Large	Thin & Crispy Crust	274	1148	15.6	6.2	20.3	3.2	1.6	15.3	1.3	0.50
	Large	Hot Dog Stuffed Crust	273	1144	11.2	4.5	28.0	9.1	2.7	15.5	1.7	0.65
	Large	Hot Dog Stuffed Crust (without mustard)	244	1022	10.2	4.2	24.5	8.0	2.3	14.0	1.5	0.57
	Medium	Hot Dog Stuffed Crust	274	1147	11.1	4.5	28.2	9.2	2.7	15.5	1.7	0.65
	Medium	Hot Dog Stuffed Crust (without mustard)	245	1024	10.2	4.2	24.7	8.1	2.3	14.0	1.5	0.57
	Medium	BBQ Stuffed Crust	236	988	10.2	5.3	23.9	5.1	1.8	12.9	1.3	0.53
	Medium	Classic Crust	240	1007	9.3	4.1	23.3	4.3	1.8	16.8	1.3	0.49
	Medium	Double Decadence	257	1078	11.6	5.9	25.2	2.7	1.7	13.8	1.3	0.51
	Medium	Italian Style Crust	247	1039	10.2	4.8	26.1	3.8	1.8	14.2	1.4	0.54
	Medium	Stuffed Crust	238	997	10.5	5.5	23.2	3.6	1.9	13.3	1.3	0.51
	Medium	Thin & Crispy Crust	275	1151	15.6	6.2	20.4	3.2	1.6	15.3	1.3	0.50
	Personal	Classic Crust	242	1017	9.9	4.4	26.4	3.8	1.8	12.9	1.3	0.50
	Small	Classic Crust	239	1006	9.7	4.5	26.0	3.5	1.7	13.4	1.3	0.49
	Small	Gluten Free	236	993	10.1	4.6	23.8	2.9	1.9	14.1	1.7	0.68
	Small	Italian Style Crust	245	1029	10.4	4.8	25.6	3.7	1.7	14.1	1.4	0.53
	Large	BBQ Stuffed Crust	251	1051	8.3	4.6	31	6.4	2.3	11.7	1.3	0.5
	Large	Classic Crust	262	1102	6.3	2.6	33	5.7	2.4	17	1.1	0.44

Per Portion									
Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
236	987	9.8	4.9	25.1	5.1	2.0	10.8	1.6	0.62
189	794	6.9	2.8	19.7	3.3	1.5	11.4	1.2	0.48
261	1095	11.4	5.6	26.9	2.6	1.8	11.9	1.5	0.60
173	726	6.6	2.9	19.8	2.6	1.4	7.8	1.2	0.46
230	962	9.8	4.9	23.5	3.4	1.9	10.8	1.5	0.59
160	669	8.8	3.2	12.8	1.7	1.0	6.8	1.0	0.38
222	928	9.3	4.6	23.4	4.7	1.8	10.2	1.5	0.58
175	734	6.6	2.7	17.9	3.0	1.4	10.4	1.1	0.45
239	1002	10.6	5.2	24.3	2.4	1.6	10.8	1.4	0.56
155	649	6.2	2.7	17.3	2.2	1.2	7.0	1.1	0.42
216	904	9.4	4.7	21.9	3.1	1.8	10.2	1.4	0.55
149	624	8.4	3.1	11.8	1.6	1.0	6.4	0.9	0.36
519	2182	19.3	8.0	61.3	8.2	4.2	23.1	3.2	1.27
157	659	6.3	2.7	17.5	2.1	1.2	7.1	1.0	0.41
138	579	5.8	2.5	14.3	1.5	1.1	6.5	1.2	0.48
137	573	5.7	2.4	14.7	1.9	1.0	6.1	1.0	0.38
269	1133	7.7	3.1	35.9	11.5	2.0	13.3	1.5	0.58
213	898	6.7	2.7	26.5	7.5	1.6	11.1	1.2	0.46
287	1205	11.4	5.8	30.3	6.9	1.9	15.0	1.4	0.57
192	807	6.7	2.8	20.4	7.5	1.8	11.8	1.2	0.45
256	1073	9.7	4.8	27.4	8.3	1.7	13.8	1.4	0.54
183	767	8.8	3.2	17.1	5.6	1.1	8.5	1.0	0.38
246	1030	9.2	4.5	27.1	9.3	1.7	12.9	1.4	0.55
197	828	6.4	2.6	24.2	6.9	1.4	10.2	1.1	0.43
263	1102	10.6	5.4	27.4	6.3	1.7	13.6	1.3	0.53
172	722	6.2	2.6	17.9	6.5	1.6	10.5	1.1	0.42
240	1007	9.3	4.5	25.6	7.7	1.6	12.9	1.3	0.52
171	715	8.3	3.0	15.8	5.1	1.0	7.8	0.9	0.36
589	2477	17.3	6.6	78.8	20.8	4.7	27.7	3.2	1.26
182	763	5.9	2.3	22.7	6.3	1.5	8.9	1.0	0.40
159	669	5.9	2.4	18.7	4.9	1.3	7.2	1.1	0.43
153	641	5.8	2.4	15.3	5.6	1.4	9.3	1.0	0.38
249	1042	10.8	5.6	25.1	5.3	1.9	13.6	1.4	0.56
202	849	7.9	3.5	19.6	3.6	1.5	14.2	1.1	0.42
274	1150	12.4	6.3	26.8	2.9	1.8	14.7	1.4	0.54
185	780	7.6	3.5	19.8	2.8	1.3	10.6	1.0	0.40
242	1017	10.8	5.6	23.5	3.6	1.9	13.6	1.3	0.53
173	723	9.8	3.9	12.8	2.0	1.0	9.6	0.8	0.32
309	1295	12.6	5.1	31.6	10.3	3.0	17.5	1.9	0.74
272	1138	11.4	4.7	27.3	9.0	2.6	15.6	1.6	0.64
287	1203	11.7	4.7	29.6	9.7	2.8	16.2	1.7	0.68
253	1057	10.5	4.3	25.5	8.4	2.4	14.5	1.5	0.59
230	964	9.9	5.1	23.3	5.0	1.8	12.6	1.3	0.51
183	770	7.1	3.2	17.8	3.3	1.3	12.8	1.0	0.38
247	1038	11.2	5.7	24.2	2.6	1.6	13.2	1.2	0.49
163	685	6.8	3.1	17.2	2.5	1.2	9.4	0.9	0.35
224	940	9.9	5.1	21.8	3.4	1.8	12.6	1.2	0.48
158	660	8.9	3.6	11.7	1.8	0.9	8.8	0.7	0.29
562	2363	23.0	10.2	61.3	8.9	4.1	30.0	2.9	1.16
160	675	6.5	3.0	17.5	2.4	1.1	9.0	0.8	0.33
141	595	6.1	2.8	14.3	1.8	1.1	8.5	1.0	0.41
140	589	5.9	2.7	14.6	2.1	1.0	8.1	0.8	0.31
198	830	6.5	3.6	24.5	5	1.8	9.3	1	0.39
151	636	3.6	1.5	19.1	3.3	1.4	9.8	0.6	0.25

UK Pizza Nutritional Information

Pizza	Size	Crust	Per 100g									
			Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Cheese & Tomato	Large	Double Decadence	279	1171	10.2	5.4	32.8	3.2	2.1	12.9	1.2	0.47
	Large	Italian Style Crust	279	1176	7.0	3.3	39.7	5.3	2.6	13.0	1.3	0.49
	Large	Stuffed Crust	254	1065	8.7	4.8	30.3	4.4	2.4	12.3	1.2	0.48
	Large	Thin & Crispy Crust	335	1404	15.3	5.4	33.5	4.7	2.5	14.6	1.1	0.43
	Medium	BBQ Stuffed Crust	251	1051	8.3	4.6	31	6.4	2.3	11.7	1.3	0.5
	Medium	Classic Crust	262	1102	6.3	2.6	33	5.7	2.4	17	1.1	0.45
	Medium	Double Decadence	279	1171	10.2	5.4	32.8	3.2	2.1	12.9	1.2	0.47
	Medium	Italian Style Crust	279	1176	7.0	3.3	39.7	5.3	2.6	13.0	1.3	0.49
	Medium	Stuffed Crust	254	1065	8.7	4.8	30.3	4.4	2.4	12.3	1.2	0.48
	Medium	Thin & Crispy Crust	335	1404	15.3	5.4	33.5	4.7	2.5	14.5	1.1	0.43
	Personal	Classic Crust	260	1094	6.6	2.9	37.1	5.0	2.4	11.8	1.1	0.43
	Small	Classic Crust	263	1110	6.7	3.1	37.3	4.6	2.3	12.3	1.1	0.44
	Small	Gluten Free	263	1108	6.8	3.1	36.0	3.9	2.7	13.1	1.8	0.72
	Small	Italian Style Crust	279	1176	7.0	3.3	39.7	5.3	2.6	13.0	1.3	0.49
Chicken & Rasher Bacon	Large	BBQ Stuffed Crust	241	1009	8.5	4.4	26.9	5.8	2.1	13.3	1.3	0.49
	Large	Classic Crust	247	1037	7.0	2.9	27.2	5.2	2.1	17.8	1.1	0.45
	Large	Double Decadence	264	1110	10.1	5.1	28.4	3.2	2.0	14.2	1.2	0.47
	Large	Italian Style Crust	257	1084	7.6	3.4	31.5	4.8	2.2	14.9	1.2	0.49
	Large	Stuffed Crust	243	1019	8.8	4.6	26.1	4.2	2.2	13.8	1.2	0.48
	Large	Thin & Crispy Crust	291	1222	13.5	4.9	25.2	4.2	2.1	16.5	1.1	0.44
	Medium	BBQ Stuffed Crust	240	1009	8.4	4.4	26.9	5.8	2.1	13.3	1.3	0.49
	Medium	Classic Crust	246	1036	6.9	2.9	27.2	5.2	2.1	17.9	1.1	0.45
	Medium	Double Decadence	264	1109	10.0	5.1	28.3	3.2	2.0	14.3	1.2	0.47
	Medium	Italian Style Crust	256	1079	7.6	3.4	31.1	4.7	2.2	15.1	1.2	0.49
	Medium	Stuffed Crust	243	1019	8.8	4.6	26.2	4.2	2.2	13.8	1.2	0.48
	Medium	Thin & Crispy Crust	291	1221	13.5	4.9	25.2	4.2	2.1	16.5	1.1	0.44
	Personal	Classic Crust	250	1050	7.7	3.3	30.5	4.6	2.1	13.6	1.2	0.46
	Small	Classic Crust	246	1038	7.3	3.2	30.3	4.3	2.1	14.1	1.1	0.45
	Small	Gluten Free	244	1027	7.4	3.3	28.3	3.7	2.3	15.0	1.7	0.66
	Small	Italian Style Crust	254	1072	7.6	3.4	30.6	4.7	2.2	15.1	1.2	0.49
Chicken BBQ Ranch	Large	BBQ Stuffed Crust	283	1192	9.0	3.7	36.3	11.7	1.9	14.4	1.5	0.61
	Large	Classic Crust	288	1215	10.2	4.2	34.2	9.8	1.8	15.6	1.6	0.62
	Large	Double Decadence	298	1252	12.7	6.4	30.2	7.0	1.8	16.0	1.5	0.59
	Large	Italian Style Crust	297	1251	11.7	5.0	29.8	11.1	2.4	18.9	1.8	0.70
	Large	Stuffed Crust	279	1172	11.6	5.6	28.6	8.8	1.7	15.5	1.5	0.59
	Large	Thin & Crispy Crust	346	1453	18.2	6.8	30.2	10.1	1.6	16.9	1.8	0.73
	Medium	BBQ Stuffed Crust	276	1160	11.2	5.4	29.3	10.2	1.6	14.9	1.5	0.61
	Medium	Classic Crust	290	1221	10.4	4.2	34.1	9.8	1.8	15.6	1.6	0.63
	Medium	Double Decadence	299	1257	12.9	6.5	30.1	6.9	1.8	16.0	1.5	0.60
	Medium	Italian Style Crust	299	1259	12.1	5.1	29.4	10.9	2.4	19.0	1.8	0.72
	Medium	Stuffed Crust	280	1176	11.7	5.6	28.7	8.8	1.7	15.5	1.5	0.60
	Medium	Thin & Crispy Crust	348	1462	18.4	6.9	30.2	10.1	1.6	16.8	1.9	0.73
	Personal	Classic Crust	286	1204	9.5	3.7	36.7	9.7	1.9	14.0	1.5	0.60
	Small	Classic Crust	300	1263	10.7	4.3	36.0	10.1	2.2	15.4	1.6	0.65
	Small	Gluten Free	298	1255	12.3	5.1	33.4	8.9	2.1	14.3	2.0	0.80
	Small	Italian Style Crust	301	1267	12.7	5.4	28.5	10.6	2.3	19.2	1.9	0.73
	Large	BBQ Stuffed Crust	229	959	7.0	3.8	26.5	5.3	2.2	13.9	1.2	0.46
	Large	Classic Crust	231	972	5.2	2.1	26.7	4.5	2.2	18.5	1.0	0.41
	Large	Double Decadence	252	1058	8.6	4.5	27.9	2.7	2.0	14.8	1.1	0.44
	Large	Italian Style Crust	239	1007	5.6	2.5	30.6	4.0	2.3	15.8	1.1	0.44
	Large	Stuffed Crust	230	967	7.3	4.0	25.7	3.7	2.2	14.4	1.1	0.44
	Large	Thin & Crispy Crust	267	1122	10.8	3.8	24.6	3.4	2.2	17.4	1.0	0.38
	Medium	BBQ Stuffed Crust	229	962	7.1	3.8	26.5	5.3	2.2	14.0	1.2	0.46

Per Portion									
Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
223	937	8.2	4.3	26.2	2.6	1.7	10.3	1.0	0.38
135	568	3.4	1.6	19.2	2.5	1.2	6.3	0.6	0.24
192	804	6.6	3.6	22.9	3.3	1.8	9.3	0.9	0.36
122	511	5.6	2.0	12.2	1.7	0.9	5.3	0.4	0.16
184	773	6.1	3.4	22.8	4.7	1.7	8.6	0.9	0.37
138	579	3.3	1.4	17.3	3	1.3	8.9	0.6	0.23
202	847	7.4	3.9	23.7	2.3	1.5	9.3	0.9	0.34
117	494	2.9	1.4	16.7	2.2	1.1	5.5	0.5	0.21
179	749	6.1	3.4	21.3	3.1	1.7	8.6	0.9	0.34
112	469	5.1	1.8	11.2	1.6	0.8	4.8	0.4	0.14
419	1764	10.6	4.6	59.8	8.1	3.9	19.0	1.8	0.70
120	505	3.1	1.4	17.0	2.1	1.1	5.6	0.5	0.20
101	425	2.6	1.2	13.8	1.5	1.0	5.0	0.7	0.28
99	419	2.5	1.2	14.2	1.9	0.9	4.6	0.4	0.18
228	955	8.0	4.2	25.4	5.5	2.0	12.5	1.2	0.47
181	762	5.1	2.1	20.0	3.8	1.6	13.1	0.8	0.33
253	1062	9.6	4.9	27.2	3.1	1.9	13.6	1.1	0.45
164	693	4.9	2.2	20.1	3.0	1.4	9.6	0.8	0.31
222	929	8.0	4.2	23.8	3.8	2.0	12.6	1.1	0.44
152	636	7.0	2.6	13.1	2.2	1.1	8.6	0.6	0.23
211	887	7.4	3.9	23.7	5.1	1.9	11.7	1.1	0.43
165	693	4.6	1.9	18.2	3.5	1.4	12.0	0.8	0.30
229	961	8.7	4.4	24.6	2.8	1.7	12.4	1.0	0.41
144	608	4.3	1.9	17.6	2.7	1.3	8.5	0.7	0.27
206	863	7.4	3.9	22.2	3.6	1.9	11.7	1.0	0.41
139	584	6.4	2.3	12.1	2.0	1.0	7.9	0.5	0.21
508	2138	15.7	6.7	62.1	9.3	4.4	27.7	2.4	0.93
145	610	4.3	1.9	17.8	2.5	1.2	8.3	0.7	0.26
126	529	3.8	1.7	14.6	1.9	1.2	7.8	0.9	0.34
124	523	3.7	1.7	14.9	2.3	1.1	7.4	0.6	0.24
273	1151	8.7	3.5	35.1	11.3	1.8	13.9	1.5	0.59
217	916	7.7	3.1	25.8	7.4	1.4	11.7	1.2	0.47
291	1223	12.4	6.2	29.5	6.8	1.7	15.6	1.5	0.58
196	825	7.7	3.3	19.6	7.3	1.6	12.5	1.2	0.46
260	1091	10.8	5.2	26.7	8.2	1.6	14.5	1.4	0.55
187	785	9.8	3.7	16.3	5.4	0.9	9.1	1.0	0.39
248	1041	10.1	4.9	26.3	9.2	1.5	13.4	1.4	0.55
199	839	7.2	2.9	23.4	6.7	1.3	10.7	1.1	0.43
285	1112	11.4	5.7	26.7	6.1	1.6	14.2	1.3	0.53
174	733	7.0	3.0	17.1	6.4	1.4	11.0	1.1	0.42
242	1018	10.1	4.9	24.8	7.6	1.5	13.4	1.3	0.52
173	725	9.2	3.4	15.0	5.0	0.8	8.3	0.9	0.36
592	2495	19.6	7.6	76.0	20.2	4.0	28.9	3.1	1.24
183	770	6.6	2.6	21.9	6.2	1.3	9.4	1.0	0.40
160	675	6.6	2.7	18.0	4.8	1.2	7.7	1.1	0.43
154	647	6.5	2.7	14.5	5.4	1.2	9.8	1.0	0.37
223	937	6.9	3.7	25.8	5.2	2.1	13.6	1.1	0.45
177	744	4.0	1.6	20.4	3.4	1.7	14.1	0.8	0.31
249	1044	8.5	4.4	27.6	2.7	2.0	14.6	1.1	0.43
160	675	3.7	1.7	20.5	2.7	1.5	10.6	0.7	0.29
217	911	6.9	3.7	24.2	3.5	2.1	13.6	1.1	0.42
147	618	5.9	2.1	13.5	1.9	1.2	9.6	0.5	0.21
208	872	6.4	3.5	24.0	4.8	2.0	12.7	1.1	0.42

UK Pizza Nutritional Information

Pizza	Size	Crust	Per 100g										Per Portion									
			Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Chicken Feast	Medium	Classic Crust	232	975	5.2	2.1	26.6	4.5	2.2	18.7	1.0	0.41	161	678	3.6	1.5	18.5	3.1	1.5	13.0	0.7	0.28
	Medium	Double Decadence	252	1059	8.6	4.5	27.9	2.7	2.0	15.0	1.1	0.44	225	946	7.7	4.0	24.9	2.4	1.8	13.4	1.0	0.39
	Medium	Italian Style Crust	238	1005	5.5	2.5	30.3	4.0	2.3	16.1	1.1	0.44	141	594	3.3	1.5	17.9	2.3	1.3	9.5	0.7	0.26
	Medium	Stuffed Crust	231	971	7.4	4.0	25.8	3.7	2.2	14.5	1.1	0.45	202	849	6.4	3.5	22.5	3.2	1.9	12.7	1.0	0.39
	Medium	Thin & Crispy Crust	268	1126	10.8	3.8	24.6	3.4	2.2	17.6	1.0	0.39	136	569	5.4	1.9	12.4	1.7	1.1	8.9	0.5	0.20
	Personal	Classic Crust	233	981	5.6	2.4	30.4	4.1	2.2	14.5	1.0	0.41	483	2033	11.5	4.9	63.0	8.4	4.6	30.0	2.1	0.84
	Small	Classic Crust	232	978	5.5	2.5	29.8	3.7	2.1	15.1	1.0	0.41	141	593	3.3	1.5	18.1	2.2	1.3	9.2	0.6	0.25
	Small	Gluten Free	227	959	5.4	2.4	27.8	3.0	2.4	16.1	1.5	0.60	122	513	2.9	1.3	14.9	1.6	1.3	8.6	0.8	0.32
	Small	Italian Style Crust	237	999	5.5	2.5	30.0	3.9	2.3	16.2	1.1	0.44	120	507	2.8	1.3	15.2	2.0	1.1	8.2	0.6	0.22
Deluxe	Large	BBQ Stuffed Crust	240	1005	9.7	4.9	26.0	5.4	2.1	11.2	1.3	0.52	234	981	9.5	4.8	25.4	5.3	2.0	10.9	1.3	0.50
	Large	Classic Crust	246	1031	8.6	3.5	26.1	4.6	2.1	15.0	1.2	0.48	188	787	6.6	2.7	19.9	3.5	1.6	11.5	0.9	0.36
	Large	Double Decadence	263	1103	11.3	5.6	27.5	2.8	1.9	12.1	1.3	0.49	260	1088	11.1	5.5	27.1	2.8	1.9	12.0	1.2	0.49
	Large	Italian Style Crust	256	1074	9.4	4.1	30.0	4.1	2.2	11.9	1.3	0.52	171	719	6.3	2.7	20.0	2.8	1.5	7.9	0.9	0.35
	Large	Stuffed Crust	242	1015	10.1	5.1	25.2	3.8	2.2	11.6	1.3	0.50	228	955	9.5	4.8	23.7	3.6	2.0	10.9	1.2	0.47
	Large	Thin & Crispy Crust	288	1203	15.5	5.7	23.7	3.5	2.0	12.6	1.2	0.48	158	662	8.5	3.1	13.0	1.9	1.1	7.0	0.7	0.26
	Medium	BBQ Stuffed Crust	242	1013	9.9	5.0	25.9	5.4	2.1	11.3	1.3	0.52	220	922	9.0	4.5	23.6	4.9	1.9	10.3	1.2	0.48
	Medium	Classic Crust	248	1040	8.9	3.6	25.9	4.6	2.1	15.1	1.2	0.49	174	728	6.2	2.5	18.1	3.2	1.5	10.6	0.9	0.34
	Medium	Double Decadence	265	1109	11.5	5.6	27.3	2.8	1.9	12.2	1.3	0.50	238	996	10.3	5.1	24.5	2.5	1.7	11.0	1.1	0.45
	Medium	Italian Style Crust	257	1081	9.9	4.3	29.4	4.1	2.1	11.9	1.3	0.53	153	644	5.9	2.5	17.5	2.4	1.3	7.1	0.8	0.32
	Medium	Stuffed Crust	244	1023	10.3	5.2	25.2	3.8	2.1	11.7	1.3	0.51	215	899	9.1	4.5	22.1	3.3	1.9	10.3	1.1	0.45
	Medium	Thin & Crispy Crust	291	1214	15.8	5.8	23.5	3.5	2.0	12.7	1.3	0.49	148	619	8.1	3.0	12.0	1.8	1.0	6.5	0.6	0.25
	Personal	Classic Crust	246	1031	8.6	3.6	29.8	4.2	2.1	11.3	1.2	0.46	513	2155	18.0	7.6	62.3	8.7	4.5	23.5	2.4	0.96
	Small	Classic Crust	250	1052	9.6	4.1	28.6	3.7	2.0	11.6	1.3	0.50	156	654	6.0	2.6	17.7	2.3	1.2	7.2	0.8	0.31
	Small	Gluten Free	249	1043	10.1	4.3	26.5	3.1	2.2	12.1	1.8	0.70	137	574	5.5	2.4	14.6	1.7	1.2	6.7	1.0	0.39
	Small	Italian Style Crust	259	1086	10.4	4.4	28.5	4.0	2.1	12.0	1.4	0.54	135	568	5.4	2.3	14.9	2.1	1.1	6.3	0.7	0.28
Extravaganza	Large	BBQ Stuffed Crust	234	979	9.7	4.9	23.6	4.8	2.0	12.8	1.3	0.53	253	1061	10.5	5.3	25.6	5.2	2.2	13.9	1.5	0.57
	Large	Classic Crust	237	995	8.8	3.7	23.1	4.0	2.0	16.6	1.3	0.50	207	868	7.6	3.3	20.2	3.5	1.7	14.5	1.1	0.43
	Large	Double Decadence	255	1067	11.1	5.5	25.0	2.5	1.8	13.7	1.3	0.51	279	1168	12.2	6.1	27.4	2.8	2.0	15.0	1.4	0.56
	Large	Italian Style Crust	245	1028	9.5	4.3	26.1	3.5	2.0	14.0	1.4	0.54	190	799	7.4	3.3	20.3	2.7	1.6	10.9	1.1	0.42
	Large	Stuffed Crust	235	987	10.1	5.1	22.9	3.4	2.0	13.3	1.3	0.52	247	1035	10.6	5.4	24.0	3.5	2.1	13.9	1.4	0.54
	Large	Thin & Crispy Crust	269	1127	14.6	5.6	20.2	2.9	1.9	15.1	1.3	0.51	177	742	9.6	3.7	13.3	1.9	1.2	9.9	0.8	0.33
	Medium	BBQ Stuffed Crust	234	982	9.8	5.0	23.6	4.8	2.0	12.9	1.4	0.53	237	992	9.9	5.0	23.9	4.9	2.0	13.0	1.4	0.54
	Medium	Classic Crust	238	998	8.9	3.8	23.0	4.0	2.0	16.6	1.3	0.50	190	798	7.1	3.0	18.4	3.2	1.6	13.3	1.0	0.40
	Medium	Double Decadence	255	1069	11.2	5.6	24.8	2.5	1.8	13.7	1.3	0.51	254	1066	11.2	5.6	24.7	2.5	1.8	13.7	1.3	0.51
	Medium	Italian Style Crust	244	1027	9.7	4.3	25.5	3.5	2.0	14.1	1.4	0.54	170	713	6.7	3.0	17.7	2.4	1.4	9.8	1.0	0.38
	Medium	Stuffed Crust	236	990	10.2	5.1	22.9	3.4	2.0	13.3	1.3	0.52	231	968	9.9	5.0	22.3	3.3	2.0	13.0	1.3	0.51
	Medium	Thin & Crispy Crust	270	1131	14.7	5.7	20.1	2.9	1.9	15.1	1.3	0.51	164	689	8.9	3.5	12.2	1.8	1.1	9.2	0.8	0.31
	Personal	Classic Crust	241	1011	9.5	4.1	25.7	3.5	1.9	13.2	1.3	0.52	590	2476	23.3	10.0	63.1	8.7	4.8	32.4	3.2	1.27
	Small	Classic Crust	238	1003	9.4	4.2	25.4	3.2	1.9	13.5	1.3	0.51	168	709	6.6	2.9	18.0	2.3	1.3	9.5	0.9	0.36
	Small	Gluten Free	236	990	9.8	4.3	23.3	2.6	2.1	14.1	1.7	0.69	150	629	6.2	2.7	14.8	1.7	1.3	9.0	1.1	0.44
	Small	Italian Style Crust	244	1024	10.0	4.4	24.9	3.4	2.0	14.1	1.4	0.55	148	623	6.1	2.7	15.1	2.0	1.2	8.6	0.9	0.34
Farmhouse	Large	BBQ Stuffed Crust	216	905	7.1	3.8	25.7	5.5	2.0	11.3	1.2	0.48	216	884	6.9	3.7	25.1	5.4	2.0	11.1	1.2	0.47
	Large	Classic Crust	215	903	5.3	2.2	25.7	4.8	2.0	15.2	1.1	0.43	164	690	4.0	1.7	19.6	3.6	1.5	11.6	0.8	0.33
	Large	Double Decadence	239	1004	8.7	4.5	27.2	2.9	1.9	12.3	1.2	0.45	236	991	8.6	4.5	26.8	2.9	1.8	12.1	1.1	0.45
	Large	Italian Style Crust	220	928	5.6	2.6	29.5	4.3	2.1	12.1	1.2	0.46	148	622	3.8	1.7	19.8	2.9	1.4	8.1	0.8	0.31
	Large	Stuffed Crust	217	911	7.4	4.0	24.9	3.9	2.1	11.8	1.2	0.46	205	858	7.0	3.8	23.5	3.7	2.0	11.1	1.1	0.44
	Large	Thin & Crispy Crust	244	1025	10.8	3.8	23.2	3.7	1.9	12.9	1.1	0.41	135	565	6.0	2.1	12.8	2.0	1.1	7.1	0.6	0.23
	Medium	BBQ Stuffed Crust	216	906	7.1	3.8	25.6	5.5	2.0	11.4	1.2	0.48	197	825	6.5	3.5	23.3	5.0	1.8	10.4	1.1	0.44
	Medium	Classic Crust	214	901	5.3	2.2	25.5	4.7	2.0	15.3	1.1	0.43	150	631	3.7	1.5	17.9	3.3	1.4	10.7	0.8	0.30
	Medium	Double Decadence	238	1001	8.6	4.5	27.0	2.9	1.8	12.4	1.2	0.46	214	899	7.8	4.1	24.2	2.6	1.6	11.1	1.0	0.41
	Medium	Italian Style Crust	218	918	5.6	2.5	28.9	4.2	2.0	12.2	1.2	0.47	130	547	3.3	1.5	17.2	2.5	1.2	7.2	0.7	0.28
	Medium	Stuffed Crust	217	912	7.4	4.0	24.8	3.9	2.1	11.9	1.2	0.47	191	801	6.5	3.5	21.8	3.4	1.8	10.4	1.0	0.41
	Medium	Thin & Crispy Crust	244	1024	10.8	3.8	23.0	3.7	1.9	13.0	1.1	0.42	124	522	5.5	2.0	11.7	1.9	1.0	6.6	0.5	0.22

Pizza	Size	Crust	Per 100g										Per Portion									
			Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbohy- drate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbohy- drate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
	Personal	Classic Crust	218	915	5.6	2.4	29.4	4.3	2.0	11.4	1.1	0.43	453	1904	11.7	5.0	61.2	8.9	4.2	23.8	2.3	0.89
	Small	Classic Crust	213	898	5.6	2.5	28.2	3.8	1.9	11.8	1.1	0.44	132	557	3.5	1.6	17.5	2.4	1.2	7.3	0.7	0.27
	Small	Gluten Free	206	868	5.5	2.5	26.0	3.2	2.1	12.4	1.6	0.64	113	476	3.0	1.3	14.3	1.8	1.2	6.8	0.9	0.35
	Small	Italian Style Crust	214	902	5.5	2.5	28.1	4.1	2.0	12.3	1.2	0.48	112	470	2.9	1.3	14.6	2.1	1.0	6.4	0.6	0.25
Four Vegi	Large	BBQ Stuffed Crust	224	939	7.2	3.9	28.3	6.2	2.4	10.5	1.2	0.46	205	861	6.6	3.6	25.9	5.7	2.2	9.6	1.1	0.42
	Large	Classic Crust	225	948	5.3	2.2	29.1	5.7	2.5	14.4	1.0	0.40	159	668	3.7	1.5	20.5	4.0	1.7	10.2	0.7	0.28
	Large	Double Decadence	249	1044	8.9	4.7	29.9	3.5	2.2	11.5	1.1	0.43	231	968	8.2	4.3	27.7	3.3	2.0	10.7	1.0	0.40
	Large	Italian Style Crust	233	982	5.6	2.6	33.8	5.3	2.6	10.9	1.1	0.43	142	599	3.4	1.6	20.6	3.2	1.6	6.6	0.7	0.26
	Large	Stuffed Crust	226	947	7.5	4.1	27.6	4.6	2.4	10.9	1.1	0.44	199	835	6.6	3.6	24.3	4.0	2.2	9.6	1.0	0.39
	Large	Thin & Crispy Crust	263	1104	11.5	4.0	27.8	4.9	2.5	11.5	0.9	0.37	129	542	5.6	2.0	13.6	2.4	1.2	5.6	0.5	0.18
	Medium	BBQ Stuffed Crust	225	945	7.2	4.0	28.5	6.3	2.4	10.5	1.2	0.46	192	805	6.1	3.4	24.3	5.4	2.1	9.0	1.0	0.40
	Medium	Classic Crust	226	952	5.3	2.2	29.3	5.7	2.5	14.4	1.0	0.41	145	611	3.4	1.4	18.8	3.7	1.6	9.3	0.7	0.26
	Medium	Double Decadence	249	1047	8.9	4.7	30.0	3.6	2.2	11.5	1.1	0.44	210	879	7.4	3.9	25.2	3.0	1.9	9.7	0.9	0.37
	Medium	Italian Style Crust	233	981	5.6	2.6	33.9	5.4	2.7	10.8	1.1	0.44	125	527	3.0	1.4	18.2	2.9	1.4	5.8	0.6	0.24
	Medium	Stuffed Crust	227	953	7.5	4.1	27.8	4.6	2.5	11.0	1.1	0.45	186	782	6.2	3.4	22.8	3.8	2.0	9.0	0.9	0.37
	Medium	Thin & Crispy Crust	265	1113	11.5	4.0	28.2	5.0	2.6	11.5	1.0	0.38	120	502	5.2	1.8	12.7	2.2	1.2	5.2	0.4	0.17
	Personal	Classic Crust	230	966	5.6	2.4	33.3	5.2	2.6	10.4	1.0	0.41	442	1862	10.8	4.7	64.3	10.0	4.9	20.1	2.0	0.79
	Small	Classic Crust	224	944	5.5	2.5	32.3	4.8	2.4	10.4	1.0	0.39	126	532	3.1	1.4	18.2	2.7	1.3	5.9	0.6	0.22
	Small	Gluten Free	218	918	5.4	2.5	30.6	4.3	2.7	10.8	1.5	0.60	107	451	2.7	1.2	15.0	2.1	1.3	5.3	0.8	0.30
	Small	Italian Style Crust	228	960	5.5	2.5	33.1	5.3	2.6	10.6	1.1	0.42	106	445	2.5	1.2	15.4	2.5	1.2	4.9	0.5	0.20
Full House	Large	BBQ Stuffed Crust	224	939	8.8	4.4	25.1	5.5	2.0	11.2	1.2	0.49	235	985	9.2	4.7	26.3	5.7	2.1	11.7	1.3	0.51
	Large	Classic Crust	225	946	7.5	3.1	24.9	4.8	2.0	14.6	1.1	0.45	188	792	6.3	2.6	20.9	4.0	1.6	12.2	1.0	0.37
	Large	Double Decadence	246	1031	10.2	5.1	26.5	3.1	1.8	12.0	1.2	0.47	260	1093	10.8	5.4	28.1	3.3	1.9	12.8	1.3	0.50
	Large	Italian Style Crust	231	974	8.1	3.5	28.3	4.4	2.0	11.7	1.2	0.48	172	724	6.0	2.6	21.0	3.3	1.5	8.7	0.9	0.36
	Large	Stuffed Crust	226	946	9.1	4.6	24.3	4.0	2.0	11.5	1.2	0.48	229	960	9.2	4.7	24.7	4.0	2.1	11.7	1.2	0.48
	Large	Thin & Crispy Crust	255	1068	13.2	4.8	22.5	3.9	1.9	12.4	1.1	0.44	159	666	8.2	3.0	14.0	2.4	1.2	7.7	0.7	0.28
	Medium	BBQ Stuffed Crust	225	944	8.9	4.5	25.1	5.5	2.0	11.2	1.3	0.49	220	923	8.7	4.4	24.5	5.3	1.9	11.0	1.2	0.48
	Medium	Classic Crust	226	949	7.7	3.1	24.8	4.7	1.9	14.7	1.2	0.45	174	729	5.9	2.4	19.0	3.6	1.5	11.3	0.9	0.35
	Medium	Double Decadence	246	1032	10.3	5.1	26.3	3.1	1.8	12.1	1.2	0.47	238	997	10.0	4.9	25.4	3.0	1.8	11.7	1.2	0.46
	Medium	Italian Style Crust	231	972	8.3	3.6	27.7	4.3	2.0	11.8	1.2	0.49	153	644	5.5	2.4	18.4	2.9	1.3	7.8	0.8	0.32
	Medium	Stuffed Crust	227	951	9.2	4.7	24.3	4.0	2.0	11.6	1.2	0.48	215	899	8.7	4.4	23.0	3.7	1.9	11.0	1.2	0.45
	Medium	Thin & Crispy Crust	256	1074	13.4	4.9	22.3	3.8	1.8	12.4	1.1	0.45	148	620	7.7	2.8	12.9	2.2	1.1	7.2	0.7	0.26
	Personal	Classic Crust	230	969	8.5	3.5	27.2	4.2	1.9	11.5	1.2	0.48	550	2311	20.2	8.4	64.9	10.0	4.6	27.5	2.9	1.13
	Small	Classic Crust	226	953	8.2	3.5	27.1	4.0	1.8	11.5	1.2	0.46	155	652	5.6	2.4	18.6	2.7	1.3	7.9	0.8	0.32
	Small	Gluten Free	222	934	8.4	3.6	25.1	3.4	2.0	11.9	1.6	0.64	136	572	5.2	2.2	15.4	2.1	1.2	7.3	1.0	0.39
	Small	Italian Style Crust	230	967	8.6	3.7	26.9	4.2	1.9	11.8	1.3	0.50	135	566	5.0	2.2	15.7	2.5	1.1	6.9	0.7	0.29
Ham and Pineapple	Large	BBQ Stuffed Crust	225	944	7.3	4.0	27.1	6.3	1.9	11.6	1.3	0.50	212	888	6.9	3.7	25.5	6.0	1.8	10.9	1.2	0.47
	Large	Classic Crust	227	954	5.5	2.3	27.6	5.8	1.9	15.7	1.1	0.45	165	695	4.0	1.7	20.1	4.2	1.4	11.5	0.8	0.33
	Large	Double Decadence	249	1047	9.0	4.7	28.7	3.7	1.8	12.6	1.2	0.47	237	996	8.5	4.5	27.3	3.5	1.7	12.0	1.1	0.45
	Large	Italian Style Crust	234	988	5.9	2.7	31.9	5.5	2.0	12.5	1.2	0.49	149	627	3.7	1.7	20.2	3.5	1.2	7.9	0.8	0.31
	Large	Stuffed Crust	227	952	7.7	4.2	26.4	4.7	2.0	12.1	1.2	0.48	206	863	6.9	3.8	23.9	4.3	1.8	10.9	1.1	0.44
	Large	Thin & Crispy Crust	263	1106	11.5	4.1	25.7	5.1	1.8	13.5	1.1	0.44	136	570	5.9	2.1	13.2	2.6	0.9	6.9	0.6	0.23
	Medium	BBQ Stuffed Crust	225	943	7.3	4.0	27.0	6.3	1.9	11.7	1.3	0.50	198	830	6.4	3.5	23.8	5.5	1.7	10.3	1.1	0.44
	Medium	Classic Crust	226	950	5.5	2.3	27.3	5.7	1.9	15.8	1.2	0.45	151	636	3.7	1.5	18.3	3.8	1.3	10.6	0.8	0.30
	Medium	Double Decadence	248	1042	8.9	4.7	28.4	3.6	1.8	12.7	1.2	0.48	215	904	7.7	4.1	24.6	3.2	1.5	11.0	1.0	0.41
	Medium	Italian Style Crust	232	977	5.9	2.7	31.2	5.4	1.9	12.6	1.3	0.50	131	551	3.3	1.5	17.6	3.0	1.1	7.1	0.7	0.28
	Medium	Stuffed Crust	227	951	7.7	4.2	26.2	4.6	2.0	12.2	1.2	0.48	192	806	6.5	3.5	22.2	3.9	1.7	10.3	1.0	0.41
	Medium	Thin & Crispy Crust	262	1100	11.5	4.1	25.4	5.0	1.7	13.6	1.1	0.45	125	526	5.5	1.9	12.1	2.4	0.8	6.5	0.5	0.22
	Personal	Classic Crust	227	955	5.8	2.5	31.1	5.2	1.9	11.7	1.1	0.44	456	1919	11.6	5.0	62.4	10.5	3.9	23.4	2.3	0.89
	Small	Classic Crust	223	944	5.8	2.6	30.0	4.9	1.8	12.1	1.2	0.46	133	561	3.4	1.6	17.9	2.9	1.1	7.2	0.7	0.27
	Small	Gluten Free	218	919	5.7	2.6	28.1	4.4	2.0	12.8	1.7	0.67	114	481	3.0	1.3	14.7	2.3	1.0	6.7	0.9	0.35
	Small	Italian Style Crust	227	958	5.8	2.6	30.3	5.4	1.8	12.7	1.3	0.50	113	475	2.9	1.3	15.0	2.7	0.9	6.3	0.6	0.25
	Large	BBQ Stuffed Crust	214	897	7.0	3.8	25.7	6.0	1.9	11.1	1.2	0.47	212	892	6.9	3.7	25.6	6.0	1.9	11.0	1.2	0.47
	Large	Classic Crust	212	893	5.2	2.1	25.7	5.4	1.9	14.8	1.1	0.42	166	698	4.0	1.7	20.1	4.2	1.5	11.6	0.8	0.33

Pizza	Size	Crust	Per 100g										Per Portion									
			Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbohy- drate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbohy- drate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Hawaiian	Large	Double Decadence	237	995	8.5	4.5	27.2	3.5	1.7	12.0	1.1	0.45	238	999	8.6	4.5	27.3	3.5	1.7	12.1	1.1	0.45
	Large	Italian Style Crust	217	917	5.5	2.5	29.5	5.1	1.9	11.7	1.2	0.45	149	630	3.8	1.7	20.2	3.5	1.3	8.0	0.8	0.31
	Large	Stuffed Crust	215	903	7.3	3.9	24.9	4.5	2.0	11.5	1.2	0.45	206	866	7.0	3.8	23.9	4.3	1.9	11.0	1.1	0.44
	Large	Thin & Crispy Crust	240	1008	10.5	3.7	23.3	4.7	1.7	12.4	1.0	0.40	136	573	6.0	2.1	13.2	2.7	1.0	7.1	0.6	0.23
	Medium	BBQ Stuffed Crust	214	898	7.0	3.8	25.7	6.0	1.9	11.2	1.2	0.48	198	832	6.5	3.5	23.8	5.5	1.8	10.4	1.1	0.44
	Medium	Classic Crust	212	891	5.2	2.1	25.5	5.4	1.8	14.9	1.1	0.42	152	639	3.7	1.5	18.3	3.8	1.3	10.7	0.8	0.30
	Medium	Double Decadence	236	992	8.5	4.4	27.0	3.5	1.7	12.1	1.1	0.45	216	906	7.8	4.1	24.7	3.2	1.6	11.1	1.1	0.41
	Medium	Italian Style Crust	215	906	5.4	2.5	28.9	5.0	1.9	11.8	1.2	0.46	131	554	3.3	1.5	17.6	3.1	1.1	7.2	0.7	0.28
	Medium	Stuffed Crust	215	904	7.3	3.9	24.9	4.4	2.0	11.6	1.2	0.46	193	809	6.5	3.5	22.3	3.9	1.7	10.4	1.0	0.41
	Medium	Thin & Crispy Crust	240	1007	10.5	3.7	23.1	4.6	1.7	12.5	1.0	0.41	126	529	5.5	2.0	12.1	2.4	0.9	6.6	0.5	0.22
	Personal	Classic Crust	214	903	5.5	2.4	29.3	4.9	1.9	11.1	1.1	0.42	458	1927	11.7	5.0	62.5	10.5	4.0	23.7	2.3	0.89
	Small	Classic Crust	210	885	5.4	2.4	28.1	4.6	1.7	11.5	1.1	0.43	133	564	3.4	1.6	17.9	2.9	1.1	7.3	0.7	0.27
	Small	Gluten Free	203	856	5.3	2.4	26.0	4.0	1.9	12.0	1.6	0.62	115	482	3.0	1.3	14.7	2.3	1.1	6.8	0.9	0.35
	Small	Italian Style Crust	210	888	5.4	2.4	28.0	5.0	1.8	11.8	1.2	0.46	113	478	2.9	1.3	15.0	2.7	1.0	6.4	0.6	0.25
Hot & Spicy	Large	BBQ Stuffed Crust	220	924	7.8	4.2	26.8	5.5	2.1	10.8	1.3	0.52	207	870	7.4	4.0	25.3	5.2	2.0	10.2	1.2	0.49
	Large	Classic Crust	220	927	6.2	2.6	27.2	4.8	2.1	14.7	1.2	0.48	161	677	4.5	1.9	19.8	3.5	1.5	10.8	0.9	0.35
	Large	Double Decadence	244	1026	9.5	4.9	28.4	2.9	1.9	11.8	1.3	0.50	233	977	9.0	4.7	27.0	2.8	1.8	11.3	1.2	0.47
	Large	Italian Style Crust	227	958	6.7	3.1	31.4	4.3	2.2	11.4	1.3	0.53	144	608	4.2	1.9	19.9	2.7	1.4	7.2	0.9	0.34
	Large	Stuffed Crust	222	931	8.2	4.4	26.1	3.9	2.2	11.3	1.3	0.51	201	844	7.4	4.0	23.6	3.5	2.0	10.2	1.2	0.46
	Large	Thin & Crispy Crust	255	1068	12.5	4.5	25.1	3.7	2.1	12.1	1.2	0.49	131	551	6.4	2.3	12.9	1.9	1.1	6.2	0.6	0.25
	Medium	BBQ Stuffed Crust	221	928	7.9	4.2	27.0	5.6	2.1	10.9	1.3	0.52	193	808	6.8	3.7	23.5	4.9	1.8	9.5	1.2	0.45
	Medium	Classic Crust	221	929	6.2	2.6	27.2	4.8	2.1	14.8	1.2	0.48	146	614	4.1	1.7	18.0	3.2	1.4	9.8	0.8	0.32
	Medium	Double Decadence	245	1027	9.5	4.9	28.4	2.9	1.9	11.8	1.3	0.50	210	882	8.1	4.2	24.4	2.5	1.7	10.2	1.1	0.43
	Medium	Italian Style Crust	226	953	6.7	3.1	31.2	4.3	2.2	11.3	1.3	0.53	126	530	3.7	1.7	17.4	2.4	1.2	6.3	0.7	0.29
	Medium	Stuffed Crust	223	935	8.2	4.4	26.2	3.9	2.2	11.3	1.3	0.51	187	785	6.9	3.7	22.0	3.3	1.8	9.5	1.1	0.42
	Medium	Thin & Crispy Crust	256	1074	12.5	4.5	25.2	3.7	2.1	12.1	1.2	0.49	120	505	5.9	2.1	11.9	1.7	1.0	5.7	0.6	0.23
	Personal	Classic Crust	224	944	6.5	2.8	31.2	4.3	2.2	10.8	1.2	0.47	443	1862	12.8	5.5	61.6	8.5	4.2	21.4	2.4	0.93
	Small	Classic Crust	220	929	6.5	3.0	30.4	3.9	2.0	11.0	1.2	0.48	128	538	3.8	1.7	17.6	2.3	1.2	6.4	0.7	0.28
	Small	Gluten Free	214	902	6.5	3.0	28.4	3.3	2.3	11.4	1.8	0.70	109	458	3.3	1.5	14.4	1.7	1.2	5.8	0.9	0.36
	Small	Italian Style Crust	223	941	6.7	3.1	30.7	4.2	2.2	11.3	1.3	0.53	107	452	3.2	1.5	14.8	2.0	1.0	5.4	0.6	0.26
House Special Roast Chicken	Large	BBQ Stuffed Crust	249	1043	10.4	5.3	23.3	5.0	1.9	14.6	1.4	0.56	268	1123	11.2	5.7	25.1	5.4	2.0	15.8	1.5	0.60
	Large	Classic Crust	256	1075	9.6	4.2	22.7	4.3	1.8	18.8	1.4	0.54	221	930	8.3	3.6	19.7	3.7	1.6	16.3	1.2	0.46
	Large	Double Decadence	270	1131	11.8	5.9	24.7	2.7	1.7	15.4	1.4	0.54	293	1231	12.8	6.4	26.9	3.0	1.8	16.8	1.5	0.59
	Large	Italian Style Crust	266	1118	10.4	4.7	25.7	3.8	1.8	16.6	1.5	0.58	205	862	8.0	3.7	19.8	2.9	1.4	12.8	1.1	0.45
	Large	Stuffed Crust	251	1053	10.8	5.5	22.5	3.6	1.9	15.1	1.4	0.55	262	1098	11.2	5.7	23.5	3.7	2.0	15.8	1.5	0.57
	Large	Thin & Crispy Crust	294	1235	15.7	6.2	19.7	3.2	1.6	18.1	1.4	0.56	192	805	10.2	4.0	12.8	2.1	1.1	11.8	0.9	0.36
	Medium	BBQ Stuffed Crust	250	1048	10.5	5.3	23.4	5.0	1.9	14.7	1.4	0.56	250	1049	10.5	5.3	23.4	5.0	1.9	14.7	1.4	0.57
	Medium	Classic Crust	257	1082	9.8	4.2	22.6	4.2	1.8	18.9	1.4	0.54	203	855	7.7	3.3	17.9	3.3	1.4	15.0	1.1	0.43
	Medium	Double Decadence	271	1136	11.9	5.9	24.6	2.7	1.7	15.6	1.4	0.54	268	1123	11.8	5.9	24.3	2.7	1.7	15.4	1.4	0.54
	Medium	Italian Style Crust	267	1124	10.7	4.9	25.2	3.7	1.8	16.8	1.5	0.59	183	770	7.3	3.3	17.3	2.6	1.2	11.5	1.0	0.40
	Medium	Stuffed Crust	252	1059	10.9	5.5	22.6	3.6	1.9	15.2	1.4	0.55	244	1025	10.5	5.3	21.9	3.4	1.8	14.7	1.4	0.54
	Medium	Thin & Crispy Crust	297	1243	15.9	6.3	19.6	3.2	1.6	18.2	1.4	0.57	178	746	9.5	3.8	11.8	1.9	1.0	10.9	0.9	0.34
	Personal	Classic Crust	265	1112	11.0	4.8	25.4	3.8	1.8	15.1	1.5	0.57	639	2685	26.6	11.5	61.4	9.1	4.3	36.5	3.5	1.38
	Small	Classic Crust	259	1092	10.4	4.6	25.1	3.5	1.7	15.7	1.4	0.55	180	760	7.2	3.2	17.5	2.4	1.2	11.0	1.0	0.38
	Small	Gluten Free	259	1088	10.8	4.8	22.9	2.9	1.9	16.7	1.9	0.74	162	680	6.8	3.0	14.3	1.8	1.2	10.4	1.2	0.46
	Small	Italian Style Crust	268	1128	11.1	5.0	24.6	3.7	1.8	16.8	1.5	0.60	160	674	6.6	3.0	14.7	2.2	1.1	10.0	0.9	0.36
	Large	BBQ Stuffed Crust	250	1047	10.4	5.3	23.6	5.2	1.8	14.6	1.5	0.58	269	1128	11.2	5.7	25.4	5.6	2.0	15.7	1.6	0.62
	Large	Classic Crust	257	1080	9.6	4.1	23.0	4.5	1.8	18.7	1.4	0.56	222	935	8.3	3.6	19.9	3.9	1.5	16.2	1.2	0.48
	Large	Double Decadence	271	1136	11.8	5.9	24.9	2.9	1.7	15.4	1.4	0.55	294	1236	12.8	6.4	27.1	3.1	1.8	16.7	1.5	0.60
	Large	Italian Style Crust	267	1124	10.4	4.7	26.0	4.0	1.8	16.5	1.5	0.60	206	867	8.0	3.6	20.1	3.1	1.4	12.7	1.2	0.47
	Large	Stuffed Crust	252	1057	10.8	5.5	22.8	3.7	1.9	15.0	1.4	0.57	263	1103	11.2	5.7	23.8	3.9	2.0	15.7	1.5	0.59
	Large	Thin & Crispy Crust	296	1242	15.7	6.2	20.1	3.5	1.6	18.0	1.5	0.59	193	809	10.2	4.0	13.1	2.3	1.1	11.7	1.0	0.38
	Medium	BBQ Stuffed Crust	251	1053	10.5	5.3	23.6	5.2	1.8	14.6	1.5	0.58	251	1053	10.5	5.3	23.6	5.2	1.8	14.6	1.5	0.58

Pizza	Size	Crust	Per 100g										Per Portion									
			Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbohy- drate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbohy- drate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
House Special Tandoori	Medium	Classic Crust	259	1087	9.8	4.2	23.0	4.4	1.8	18.9	1.4	0.56	204	859	7.7	3.3	18.1	3.5	1.4	14.9	1.1	0.45
	Medium	Double Decadence	272	1141	11.9	5.9	24.8	2.9	1.7	15.5	1.4	0.56	269	1127	11.8	5.9	24.5	2.8	1.7	15.3	1.4	0.56
	Medium	Italian Style Crust	269	1130	10.7	4.8	25.5	4.0	1.8	16.7	1.6	0.62	184	775	7.4	3.3	17.5	2.7	1.2	11.4	1.1	0.42
	Medium	Stuffed Crust	253	1063	10.9	5.5	22.8	3.7	1.9	15.1	1.5	0.57	246	1030	10.5	5.3	22.1	3.6	1.8	14.6	1.4	0.55
	Medium	Thin & Crispy Crust	298	1251	15.9	6.3	20.0	3.5	1.6	18.0	1.5	0.60	179	750	9.5	3.8	12.0	2.1	1.0	10.8	0.9	0.36
	Personal	Classic Crust	266	1118	11.0	4.7	26.1	4.0	1.8	14.8	1.5	0.59	632	2657	26.1	11.1	62.1	9.5	4.3	35.1	3.6	1.40
	Small	Classic Crust	260	1097	10.2	4.4	26.6	3.9	1.8	14.9	1.4	0.57	174	731	6.8	3.0	17.7	2.6	1.2	9.9	1.0	0.38
	Small	Gluten Free	260	1094	10.7	4.6	24.4	3.3	2.0	15.7	1.9	0.76	155	651	6.3	2.7	14.5	2.0	1.2	9.3	1.2	0.45
	Small	Italian Style Crust	270	1136	11.0	4.8	26.2	4.1	1.8	15.8	1.6	0.62	153	645	6.2	2.7	14.9	2.3	1.0	9.0	0.9	0.35
Meat Lovers	Large	BBQ Stuffed Crust	255	1071	11.4	5.6	25.5	5.2	1.9	13.0	1.6	0.62	249	1042	11.1	5.4	24.8	5.1	1.8	12.6	1.5	0.60
	Large	Classic Crust	265	1116	10.8	4.4	25.5	4.4	1.8	17.3	1.5	0.61	202	849	8.2	3.3	19.4	3.4	1.4	13.2	1.2	0.46
	Large	Double Decadence	278	1169	12.9	6.3	27.0	2.7	1.7	13.9	1.5	0.59	274	1150	12.7	6.2	26.6	2.6	1.7	13.7	1.5	0.58
	Large	Italian Style Crust	278	1171	11.9	5.1	29.3	3.9	1.9	14.4	1.7	0.67	185	781	7.9	3.4	19.5	2.6	1.3	9.6	1.1	0.44
	Large	Stuffed Crust	258	1083	11.8	5.8	24.7	3.6	1.9	13.5	1.5	0.61	243	1017	11.1	5.5	23.2	3.4	1.8	12.6	1.4	0.57
	Large	Thin & Crispy Crust	315	1322	18.5	6.9	22.9	3.2	1.7	15.8	1.7	0.66	173	724	10.1	3.8	12.5	1.8	0.9	8.6	0.9	0.36
	Medium	BBQ Stuffed Crust	256	1073	11.4	5.6	25.4	5.2	1.9	13.0	1.6	0.62	233	976	10.4	5.1	23.1	4.7	1.7	11.8	1.4	0.57
	Medium	Classic Crust	266	1118	10.9	4.5	25.2	4.4	1.8	17.3	1.6	0.61	186	782	7.6	3.1	17.6	3.1	1.3	12.1	1.1	0.43
	Medium	Double Decadence	279	1170	13.0	6.3	26.8	2.6	1.7	14.0	1.5	0.60	250	1050	11.7	5.6	24.0	2.4	1.5	12.5	1.4	0.54
	Medium	Italian Style Crust	279	1173	12.2	5.2	28.6	3.8	1.8	14.6	1.7	0.68	166	697	7.2	3.1	17.0	2.3	1.1	8.7	1.0	0.41
	Medium	Stuffed Crust	259	1085	11.9	5.8	24.6	3.6	1.9	13.5	1.6	0.61	227	952	10.4	5.1	21.6	3.2	1.7	11.9	1.4	0.54
	Medium	Thin & Crispy Crust	315	1322	18.5	7.0	22.6	3.2	1.7	15.8	1.7	0.67	160	672	9.4	3.5	11.5	1.6	0.8	8.0	0.9	0.34
	Personal	Classic Crust	265	1113	10.8	4.5	29.4	4.0	1.9	13.1	1.5	0.58	546	2296	22.2	9.3	60.6	8.2	3.9	26.9	3.0	1.19
	Small	Classic Crust	267	1126	11.6	4.9	27.7	3.5	1.7	13.9	1.6	0.63	167	703	7.2	3.1	17.3	2.2	1.1	8.7	1.0	0.39
	Small	Gluten Free	268	1127	12.3	5.2	25.5	2.8	1.9	14.7	2.2	0.85	148	623	6.8	2.9	14.1	1.6	1.0	8.2	1.2	0.47
	Small	Italian Style Crust	279	1174	12.7	5.4	27.5	3.7	1.8	14.8	1.8	0.70	147	617	6.7	2.8	14.5	1.9	0.9	7.8	0.9	0.37
Meateor	Large	BBQ Stuffed Crust	281	1182	9.8	3.9	35.7	11.4	1.8	12.7	1.5	0.60	280	1176	9.7	3.9	35.6	11.4	1.8	12.7	1.5	0.60
	Large	Classic Crust	286	1201	11.2	4.5	33.5	9.6	1.8	13.4	1.6	0.61	224	941	8.7	3.5	26.3	7.5	1.4	10.5	1.2	0.48
	Large	Double Decadence	296	1241	13.4	6.6	29.8	6.8	1.7	14.3	1.5	0.58	298	1249	13.5	6.6	30.0	6.9	1.7	14.4	1.5	0.59
	Large	Italian Style Crust	294	1234	12.7	5.3	29.2	10.7	2.3	16.3	1.8	0.69	203	851	8.7	3.7	20.1	7.4	1.6	11.2	1.2	0.48
	Large	Stuffed Crust	277	1162	12.3	5.8	28.3	8.6	1.6	13.8	1.5	0.59	266	1117	11.8	5.6	27.2	8.2	1.6	13.2	1.4	0.57
	Large	Thin & Crispy Crust	340	1423	19.1	7.1	29.5	9.7	1.6	13.8	1.8	0.71	194	811	10.9	4.0	16.8	5.5	0.9	7.9	1.0	0.40
	Medium	BBQ Stuffed Crust	274	1150	11.9	5.6	28.8	9.9	1.6	13.3	1.5	0.60	255	1072	11.1	5.2	26.8	9.2	1.5	12.4	1.4	0.56
	Medium	Classic Crust	287	1205	11.4	4.5	33.2	9.4	1.8	13.4	1.6	0.62	207	870	8.2	3.3	23.9	6.8	1.3	9.7	1.1	0.44
	Medium	Double Decadence	296	1243	13.5	6.6	29.6	6.8	1.7	14.3	1.5	0.59	273	1143	12.4	6.1	27.2	6.2	1.6	13.2	1.4	0.54
	Medium	Italian Style Crust	295	1238	13.1	5.4	28.6	10.5	2.3	16.3	1.8	0.70	182	764	8.1	3.4	17.6	6.5	1.4	10.0	1.1	0.43
	Medium	Stuffed Crust	278	1165	12.4	5.8	28.2	8.5	1.6	13.8	1.5	0.59	250	1048	11.1	5.3	25.3	7.7	1.5	12.4	1.4	0.53
	Medium	Thin & Crispy Crust	340	1424	19.2	7.1	29.2	9.6	1.6	13.8	1.8	0.71	181	756	10.2	3.8	15.5	5.1	0.8	7.3	1.0	0.38
	Personal	Classic Crust	290	1218	12.0	4.6	33.3	8.8	1.8	12.5	1.6	0.63	682	2862	28.2	10.8	78.4	20.6	4.1	29.3	3.8	1.49
	Small	Classic Crust	295	1241	11.7	4.6	34.7	9.7	2.1	13.2	1.6	0.63	191	803	7.6	3.0	22.5	6.2	1.3	8.5	1.0	0.41
	Small	Gluten Free	293	1231	13.3	5.4	32.1	8.5	2.0	11.9	2.0	0.78	169	708	7.7	3.1	18.5	4.9	1.2	6.8	1.1	0.45
	Small	Italian Style Crust	296	1241	13.7	5.7	27.5	10.0	2.2	16.3	1.8	0.71	162	680	7.5	3.1	15.1	5.5	1.2	8.9	1.0	0.39
Meatilicious	Large	BBQ Stuffed Crust	258	1080	10.2	5.1	26.6	5.4	2.0	13.8	1.4	0.57	242	1014	9.6	4.8	25.0	5.1	1.9	13.0	1.4	0.54
	Large	Classic Crust	269	1129	9.2	3.8	26.9	4.6	2.0	18.6	1.4	0.54	195	821	6.7	2.7	19.6	3.4	1.5	13.5	1.0	0.40
	Large	Double Decadence	282	1181	11.8	5.8	28.2	2.8	1.9	14.7	1.4	0.54	267	1121	11.2	5.5	26.8	2.6	1.8	14.0	1.3	0.52
	Large	Italian Style Crust	283	1189	10.2	4.4	31.2	4.1	2.1	15.7	1.5	0.60	179	752	6.4	2.8	19.7	2.6	1.3	10.0	1.0	0.38
	Large	Stuffed Crust	261	1093	10.6	5.4	25.9	3.8	2.1	14.3	1.4	0.56	236	988	9.6	4.8	23.4	3.4	1.9	13.0	1.3	0.50
	Large	Thin & Crispy Crust	323	1354	16.8	6.2	24.8	3.5	1.9	17.5	1.5	0.58	166	695	8.6	3.2	12.7	1.8	1.0	9.0	0.8	0.30
	Medium	BBQ Stuffed Crust	258	1080	10.3	5.2	26.6	5.4	2.0	13.8	1.5	0.57	226	949	9.0	4.5	23.3	4.8	1.8	12.1	1.3	0.50
	Medium	Classic Crust	269	1130	9.3	3.8	26.7	4.6	2.0	18.6	1.4	0.55	180	755	6.2	2.6	17.8	3.1	1.3	12.4	0.9	0.37
	Medium	Double Decadence	282	1181	11.9	5.9	28.0	2.8	1.9	14.8	1.4	0.55	244	1023	10.3	5.1	24.2	2.4	1.6	12.8	1.2	0.48
	Medium	Italian Style Crust	283	1190	10.4	4.5	30.5	4.0	2.1	15.9	1.5	0.61	159	670	5.9	2.5	17.2	2.3	1.2	8.9	0.9	0.34
	Medium	Stuffed Crust	261	1093	10.7	5.4	25.8	3.7	2.1	14.3	1.4	0.56	221	925	9.1	4.5	21.8	3.2	1.8	12.1	1.2	0.47
	Medium	Thin & Crispy Crust	323	1353	16.9	6.2	24.5	3.4	1.9	17.4	1.5	0.58	154	645	8.1	3.0	11.7	1.6	0.9	8.3	0.7	0.28

Pizza	Size	Crust	Per 100g										Per Portion									
			Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbo- hydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbo- hydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
	Personal	Classic Crust	270	1132	10.3	4.3	28.8	3.9	2.0	14.5	1.4	0.57	578	2425	22.1	9.2	61.6	8.3	4.2	31.1	3.1	1.22
	Small	Classic Crust	270	1138	10.0	4.3	29.4	3.7	1.9	15.0	1.4	0.56	161	677	5.9	2.6	17.5	2.2	1.1	8.9	0.8	0.33
	Small	Gluten Free	271	1141	10.5	4.5	27.3	3.0	2.1	16.0	2.0	0.78	142	597	5.5	2.3	14.3	1.6	1.1	8.4	1.0	0.41
	Small	Italian Style Crust	283	1191	10.8	4.7	29.5	3.9	2.0	16.1	1.6	0.62	141	591	5.4	2.3	14.7	1.9	1.0	8.0	0.8	0.31
Meatzza	Large	BBQ Stuffed Crust	252	1057	10.8	5.4	25.9	5.3	1.9	13.1	1.5	0.60	245	1026	10.5	5.2	25.1	5.1	1.9	12.7	1.5	0.58
	Large	Classic Crust	261	1097	10.0	4.1	25.9	4.5	1.9	17.4	1.5	0.58	198	833	7.6	3.1	19.7	3.4	1.4	13.2	1.1	0.44
	Large	Double Decadence	275	1155	12.4	6.0	27.4	2.7	1.8	14.0	1.5	0.57	270	1134	12.1	5.9	26.9	2.6	1.7	13.7	1.4	0.56
	Large	Italian Style Crust	273	1151	11.1	4.8	29.8	4.0	2.0	14.6	1.6	0.64	182	765	7.4	3.2	19.8	2.6	1.3	9.7	1.1	0.43
	Large	Stuffed Crust	255	1069	11.3	5.6	25.1	3.6	2.0	13.6	1.5	0.59	239	1001	10.5	5.2	23.5	3.4	1.9	12.7	1.4	0.55
	Large	Thin & Crispy Crust	310	1297	17.5	6.5	23.5	3.3	1.8	16.0	1.6	0.63	169	708	9.5	3.6	12.8	1.8	1.0	8.7	0.9	0.34
	Medium	BBQ Stuffed Crust	253	1060	10.9	5.4	25.7	5.2	1.9	13.1	1.5	0.60	231	966	10.0	4.9	23.4	4.8	1.8	12.0	1.4	0.55
	Medium	Classic Crust	262	1101	10.2	4.2	25.5	4.4	1.9	17.5	1.5	0.59	184	772	7.2	2.9	17.9	3.1	1.3	12.3	1.1	0.42
	Medium	Double Decadence	276	1156	12.5	6.1	27.0	2.7	1.8	14.1	1.5	0.58	248	1040	11.3	5.5	24.3	2.4	1.6	12.7	1.3	0.52
	Medium	Italian Style Crust	274	1153	11.4	4.9	29.0	3.8	1.9	14.7	1.7	0.66	163	688	6.8	2.9	17.3	2.3	1.1	8.8	1.0	0.39
	Medium	Stuffed Crust	256	1071	11.4	5.6	24.9	3.6	2.0	13.6	1.5	0.59	225	943	10.0	4.9	21.9	3.2	1.7	12.0	1.3	0.52
	Medium	Thin & Crispy Crust	310	1298	17.6	6.6	23.1	3.2	1.7	16.0	1.6	0.64	158	663	9.0	3.4	11.8	1.6	0.9	8.2	0.8	0.33
	Personal	Classic Crust	259	1090	9.9	4.2	29.8	4.0	2.0	13.2	1.4	0.55	537	2257	20.5	8.6	61.7	8.3	4.1	27.4	2.9	1.14
	Small	Classic Crust	263	1108	11.0	4.7	27.9	3.5	1.8	14.1	1.5	0.61	166	697	6.9	2.9	17.6	2.2	1.1	8.9	1.0	0.38
	Small	Gluten Free	263	1106	11.6	4.9	25.8	2.8	2.0	14.9	2.1	0.82	147	617	6.4	2.7	14.4	1.6	1.1	8.3	1.2	0.46
	Small	Italian Style Crust	274	1152	11.9	5.1	27.8	3.7	1.8	14.9	1.7	0.68	145	611	6.3	2.7	14.7	2.0	1.0	7.9	0.9	0.36
Mexican Hot	Large	BBQ Stuffed Crust	240	1006	9.6	5.0	24.9	5.2	2.0	12.5	1.5	0.59	242	1015	9.7	5.1	25.1	5.2	2.0	12.6	1.5	0.60
	Large	Classic Crust	245	1031	8.6	3.8	24.7	4.4	1.9	16.5	1.5	0.57	196	822	6.8	3.0	19.7	3.5	1.5	13.2	1.2	0.46
	Large	Double Decadence	262	1101	11.1	5.7	26.3	2.7	1.8	13.4	1.4	0.57	268	1123	11.3	5.8	26.9	2.8	1.8	13.7	1.5	0.58
	Large	Italian Style Crust	255	1072	9.3	4.4	28.2	3.9	2.0	13.7	1.6	0.63	179	753	6.6	3.1	19.8	2.7	1.4	9.6	1.1	0.44
	Large	Stuffed Crust	242	1015	10.0	5.3	24.1	3.6	2.0	13.0	1.5	0.58	236	990	9.7	5.1	23.5	3.5	2.0	12.7	1.4	0.57
	Large	Thin & Crispy Crust	285	1193	15.0	5.9	21.9	3.3	1.8	14.8	1.6	0.61	166	696	8.8	3.5	12.8	1.9	1.1	8.7	0.9	0.36
	Medium	BBQ Stuffed Crust	242	1013	9.8	5.1	24.9	5.2	2.0	12.6	1.5	0.60	227	950	9.2	4.8	23.4	4.9	1.8	11.8	1.4	0.56
	Medium	Classic Crust	247	1039	8.8	3.9	24.6	4.4	1.9	16.6	1.5	0.58	180	756	6.4	2.8	17.9	3.2	1.4	12.1	1.1	0.42
	Medium	Double Decadence	264	1106	11.3	5.8	26.2	2.7	1.8	13.5	1.5	0.57	244	1024	10.5	5.3	24.3	2.5	1.7	12.5	1.4	0.53
	Medium	Italian Style Crust	256	1078	9.7	4.5	27.7	3.8	2.0	13.8	1.6	0.64	160	671	6.0	2.8	17.2	2.4	1.2	8.6	1.0	0.40
	Medium	Stuffed Crust	244	1023	10.2	5.3	24.1	3.6	2.0	13.0	1.5	0.58	221	926	9.2	4.8	21.9	3.3	1.8	11.8	1.3	0.53
	Medium	Thin & Crispy Crust	288	1205	15.3	6.0	21.9	3.3	1.8	14.9	1.6	0.62	154	647	8.2	3.2	11.7	1.7	1.0	8.0	0.8	0.33
	Personal	Classic Crust	244	1027	8.2	3.7	29.2	4.1	2.0	12.5	1.4	0.54	513	2154	17.2	7.7	61.2	8.5	4.2	26.3	2.9	1.14
	Small	Classic Crust	249	1050	9.4	4.3	27.4	3.6	1.8	13.1	1.5	0.59	159	670	6.0	2.7	17.5	2.3	1.2	8.4	1.0	0.38
	Small	Gluten Free	248	1041	9.8	4.5	25.3	2.9	2.0	13.8	2.0	0.80	140	590	5.5	2.5	14.3	1.7	1.2	7.8	1.2	0.45
	Small	Italian Style Crust	257	1083	10.1	4.6	27.2	3.8	1.9	13.8	1.7	0.66	139	584	5.4	2.5	14.7	2.0	1.0	7.4	0.9	0.35
Mighty Meaty	Large	BBQ Stuffed Crust	237	993	10.1	5.0	24.4	4.9	1.9	12.3	1.4	0.56	247	1034	10.5	5.2	25.4	5.1	2.0	12.8	1.5	0.58
	Large	Classic Crust	241	1014	9.2	3.8	24.1	4.1	1.9	16.1	1.4	0.53	200	841	7.6	3.1	20.0	3.4	1.5	13.4	1.1	0.44
	Large	Double Decadence	259	1085	11.6	5.6	25.8	2.5	1.7	13.2	1.4	0.54	272	1142	12.2	5.9	27.2	2.7	1.8	13.9	1.4	0.56
	Large	Italian Style Crust	250	1051	10.0	4.3	27.4	3.6	1.9	13.4	1.5	0.58	184	773	7.4	3.2	20.1	2.6	1.4	9.8	1.1	0.43
	Large	Stuffed Crust	239	1002	10.5	5.2	23.7	3.4	2.0	12.7	1.4	0.55	241	1009	10.6	5.2	23.8	3.4	2.0	12.8	1.4	0.55
	Large	Thin & Crispy Crust	277	1162	15.5	5.8	21.3	2.9	1.7	14.3	1.4	0.56	171	715	9.6	3.6	13.1	1.8	1.1	8.8	0.9	0.34
	Medium	BBQ Stuffed Crust	238	998	10.2	5.0	24.3	4.9	1.9	12.4	1.4	0.57	232	973	10.0	4.9	23.7	4.8	1.9	12.1	1.4	0.55
	Medium	Classic Crust	243	1019	9.4	3.9	23.8	4.0	1.8	16.2	1.4	0.54	186	779	7.2	2.9	18.2	3.1	1.4	12.4	1.1	0.42
	Medium	Double Decadence	259	1088	11.7	5.7	25.6	2.5	1.7	13.3	1.4	0.55	250	1048	11.3	5.5	24.6	2.4	1.7	12.8	1.3	0.52
	Medium	Italian Style Crust	250	1053	10.4	4.5	26.7	3.5	1.9	13.5	1.5	0.59	165	695	6.8	2.9	17.6	2.3	1.2	8.9	1.0	0.39
	Medium	Stuffed Crust	240	1007	10.6	5.2	23.5	3.4	1.9	12.8	1.4	0.55	227	950	10.0	4.9	22.2	3.2	1.8	12.1	1.3	0.52
	Medium	Thin & Crispy Crust	279	1168	15.7	5.9	21.1	2.9	1.7	14.4	1.5	0.57	160	670	9.0	3.4	12.1	1.7	1.0	8.3	0.8	0.33
	Personal	Classic Crust	243	1019	9.2	3.9	28.0	3.7	1.9	12.4	1.3	0.51	542	2276	20.6	8.6	62.5	8.4	4.3	27.7	2.9	1.14
	Small	Classic Crust	244	1026	10.1	4.3	26.0	3.2	1.7	13.0	1.4	0.56	167	704	6.9	3.0	17.8	2.2	1.2	9.0	1.0	0.38
	Small	Gluten Free	241	1015	10.5	4.5	23.9	2.6	1.9	13.7	1.9	0.75	148	624	6.5	2.7	14.7	1.6	1.2	8.4	1.2	0.46
	Small	Italian Style Crust	250	1052	10.8	4.6	25.6	3.3	1.8	13.6	1.6	0.61	147	618	6.3	2.7	15.0	2.0	1.1	8.0	0.9	0.36
	Large	BBQ Stuffed Crust	240	1004	10.0	5.0	25.2	5.2	2.1	11.4	1.3	0.50	244	1021	10.1	5.0	25.6	5.3	2.1	11.5	1.3	0.51
	Large	Classic Crust	245	1029	9.0	3.7	25.0	4.4	2.1	15.0	1.2	0.46	197	828	7.3	3.0	20.2	3.6	1.7	12.1	0.9	0.37

Pizza	Size	Crust	Per 100g										Per Portion									
			Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbo- hydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbo- hydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Mixed Grill	Large	Double Decadence	262	1098	11.5	5.6	26.6	2.8	1.9	12.3	1.2	0.48	269	1129	11.8	5.8	27.4	2.9	1.9	12.6	1.2	0.49
	Large	Italian Style Crust	254	1069	9.8	4.3	28.6	4.0	2.1	12.0	1.3	0.49	181	760	7.0	3.0	20.3	2.8	1.5	8.6	0.9	0.35
	Large	Stuffed Crust	242	1014	10.4	5.2	24.4	3.7	2.1	11.8	1.2	0.48	238	996	10.2	5.1	24.0	3.6	2.1	11.6	1.2	0.48
	Large	Thin & Crispy Crust	284	1188	15.5	5.8	22.5	3.4	2.0	12.8	1.2	0.45	168	703	9.2	3.4	13.3	2.0	1.2	7.6	0.7	0.27
	Medium	BBQ Stuffed Crust	241	1008	10.0	5.0	25.2	5.2	2.1	11.4	1.3	0.50	229	958	9.5	4.7	23.9	5.0	2.0	10.8	1.2	0.48
	Medium	Classic Crust	246	1032	9.2	3.7	24.9	4.4	2.0	15.1	1.2	0.46	182	764	6.8	2.8	18.4	3.3	1.5	11.1	0.9	0.34
	Medium	Double Decadence	262	1100	11.6	5.6	26.4	2.8	1.9	12.3	1.2	0.48	246	1032	10.8	5.3	24.8	2.6	1.8	11.5	1.1	0.45
	Medium	Italian Style Crust	255	1069	10.1	4.3	28.0	3.9	2.1	12.1	1.3	0.50	162	679	6.4	2.8	17.8	2.5	1.3	7.7	0.8	0.32
	Medium	Stuffed Crust	243	1017	10.4	5.2	24.4	3.7	2.1	11.8	1.2	0.49	223	934	9.6	4.8	22.4	3.4	1.9	10.9	1.1	0.45
	Medium	Thin & Crispy Crust	285	1192	15.6	5.8	22.4	3.3	2.0	12.8	1.2	0.46	156	654	8.6	3.2	12.3	1.8	1.1	7.0	0.6	0.25
	Personal	Classic Crust	248	1042	9.6	4.0	28.1	4.0	2.0	11.4	1.2	0.47	554	2327	21.5	9.0	62.7	8.8	4.6	25.5	2.6	1.04
	Small	Classic Crust	246	1037	9.7	4.2	27.3	3.6	2.0	11.7	1.2	0.46	163	686	6.4	2.8	18.1	2.4	1.3	7.7	0.8	0.31
	Small	Gluten Free	244	1026	10.2	4.3	25.2	3.0	2.2	12.2	1.6	0.65	144	606	6.0	2.6	14.9	1.8	1.3	7.2	1.0	0.38
	Small	Italian Style Crust	254	1065	10.4	4.5	27.0	3.8	2.1	12.1	1.3	0.50	143	600	5.9	2.5	15.2	2.1	1.2	6.8	0.7	0.28
New Yorker	Large	BBQ Stuffed Crust	252	1055	10.7	5.3	25.6	5.3	2.0	12.3	1.5	0.59	242	1015	10.3	5.1	24.6	5.1	1.9	11.9	1.4	0.57
	Large	Classic Crust	261	1096	9.8	4.0	25.6	4.5	1.9	16.6	1.5	0.57	196	821	7.4	3.0	19.2	3.3	1.4	12.4	1.1	0.43
	Large	Double Decadence	275	1154	12.2	6.0	27.1	2.7	1.8	13.3	1.4	0.57	268	1122	11.9	5.8	26.4	2.6	1.7	12.9	1.4	0.55
	Large	Italian Style Crust	274	1150	10.9	4.7	29.5	3.9	2.0	13.5	1.6	0.63	179	753	7.1	3.1	19.3	2.6	1.3	8.9	1.0	0.41
	Large	Stuffed Crust	255	1067	11.1	5.5	24.8	3.6	2.0	12.8	1.5	0.58	236	989	10.3	5.1	23.0	3.4	1.9	11.9	1.4	0.54
	Large	Thin & Crispy Crust	310	1299	17.4	6.4	23.0	3.3	1.8	14.7	1.6	0.62	166	696	9.3	3.4	12.3	1.7	1.0	7.9	0.8	0.33
	Medium	BBQ Stuffed Crust	252	1057	10.7	5.3	25.5	5.3	1.9	12.4	1.5	0.60	227	951	9.7	4.8	23.0	4.7	1.7	11.2	1.4	0.54
	Medium	Classic Crust	262	1098	10.0	4.1	25.3	4.4	1.9	16.6	1.5	0.58	180	757	6.9	2.8	17.5	3.0	1.3	11.5	1.0	0.40
	Medium	Double Decadence	276	1156	12.4	6.0	26.9	2.7	1.8	13.4	1.5	0.58	245	1025	11.0	5.3	23.8	2.4	1.6	11.9	1.3	0.51
	Medium	Italian Style Crust	274	1151	11.2	4.8	28.8	3.9	1.9	13.7	1.6	0.65	160	673	6.5	2.8	16.8	2.3	1.1	8.0	1.0	0.38
	Medium	Stuffed Crust	255	1069	11.2	5.5	24.7	3.6	2.0	12.9	1.5	0.59	221	927	9.7	4.8	21.4	3.1	1.7	11.2	1.3	0.51
	Medium	Thin & Crispy Crust	311	1300	17.5	6.5	22.7	3.2	1.8	14.8	1.6	0.63	155	648	8.7	3.2	11.3	1.6	0.9	7.4	0.8	0.31
	Personal	Classic Crust	262	1099	10.0	4.2	29.7	4.0	2.0	12.3	1.4	0.55	530	2227	20.2	8.4	60.1	8.2	4.0	25.0	2.8	1.11
	Small	Classic Crust	263	1107	10.7	4.6	27.9	3.5	1.8	13.1	1.5	0.60	162	680	6.6	2.8	17.1	2.2	1.1	8.1	0.9	0.37
	Small	Gluten Free	263	1106	11.3	4.8	25.7	2.8	2.0	13.9	2.1	0.82	143	600	6.1	2.6	13.9	1.5	1.1	7.5	1.1	0.44
	Small	Italian Style Crust	274	1153	11.6	5.0	27.7	3.7	1.9	13.8	1.7	0.67	141	594	6.0	2.6	14.3	1.9	1.0	7.1	0.9	0.34
Original Cheese & Tomato	Large	BBQ Stuffed Crust	251	1051	8.3	4.6	31.0	6.4	2.3	11.7	1.3	0.50	198	830	6.5	3.6	24.5	5.0	1.8	9.3	1.0	0.39
	Large	Classic Crust	262	1102	6.3	2.6	33.0	5.7	2.4	17.0	1.1	0.44	151	636	3.6	1.5	19.1	3.3	1.4	9.8	0.6	0.25
	Large	Double Decadence	279	1171	10.2	5.4	32.8	3.2	2.1	12.9	1.2	0.47	223	937	8.2	4.3	26.2	2.6	1.7	10.3	1.0	0.38
	Large	Italian Style Crust	279	1176	7.0	3.3	39.7	5.3	2.6	13.0	1.3	0.49	135	568	3.4	1.6	19.2	2.5	1.2	6.3	0.6	0.24
	Large	Stuffed Crust	254	1065	8.7	4.8	30.3	4.4	2.4	12.3	1.2	0.48	192	804	6.6	3.6	22.9	3.3	1.8	9.3	0.9	0.36
	Large	Thin & Crispy Crust	335	1404	15.3	5.4	33.5	4.7	2.5	14.6	1.1	0.43	122	511	5.6	2.0	12.2	1.7	0.9	5.3	0.4	0.16
	Medium	BBQ Stuffed Crust	251	1051	8.3	4.6	31.0	6.4	2.3	11.7	1.3	0.50	184	773	6.1	3.4	22.8	4.7	1.7	8.6	0.9	0.37
	Medium	Classic Crust	262	1102	6.3	2.6	33.0	5.7	2.4	17.0	1.1	0.44	138	579	3.3	1.4	17.3	3.0	1.3	8.9	0.6	0.23
	Medium	Double Decadence	279	1171	10.2	5.4	32.8	3.2	2.1	12.9	1.2	0.47	202	847	7.4	3.9	23.7	2.3	1.5	9.3	0.9	0.34
	Medium	Italian Style Crust	279	1176	7.0	3.3	39.7	5.3	2.6	13.0	1.3	0.49	117	494	2.9	1.4	16.7	2.2	1.1	5.5	0.5	0.21
	Medium	Stuffed Crust	254	1065	8.7	4.8	30.3	4.4	2.4	12.3	1.2	0.48	179	749	6.1	3.4	21.3	3.1	1.7	8.6	0.9	0.34
	Medium	Thin & Crispy Crust	335	1404	15.3	5.4	33.5	4.7	2.5	14.5	1.1	0.43	112	469	5.1	1.8	11.2	1.6	0.8	4.8	0.4	0.14
	Personal	Classic Crust	260	1094	6.6	2.9	37.1	5.0	2.4	11.8	1.1	0.43	419	1764	10.6	4.6	59.8	8.1	3.9	19.0	1.8	0.70
	Small	Classic Crust	263	1110	6.7	3.1	37.3	4.6	2.3	12.3	1.1	0.44	120	505	3.1	1.4	17.0	2.1	1.1	5.6	0.5	0.20
	Small	Gluten Free	263	1108	6.8	3.1	36.0	3.9	2.7	13.1	1.8	0.72	606	2550	15.6	7.2	82.8	9.0	6.0	30.0	4.2	1.68
	Small	Italian Style Crust	279	1176	7.0	3.3	39.7	5.3	2.6	13.0	1.3	0.49	99	419	2.5	1.2	14.2	1.9	0.9	4.6	0.4	0.18
	Large	BBQ Stuffed Crust	277	1161	12.5	6.3	25.9	5.4	1.9	14.2	1.7	0.65	263	1101	11.8	5.9	24.6	5.1	1.8	13.5	1.6	0.62
	Large	Classic Crust	294	1233	12.1	5.2	26.0	4.5	1.9	19.0	1.6	0.65	216	908	8.9	3.9	19.2	3.3	1.4	14.0	1.2	0.48
	Large	Double Decadence	300	1260	14.0	6.9	27.5	2.7	1.8	15.1	1.6	0.62	288	1209	13.5	6.7	26.4	2.6	1.7	14.5	1.5	0.60
	Large	Italian Style Crust	311	1307	13.5	6.1	30.1	4.0	1.9	16.3	1.8	0.72	200	840	8.7	3.9	19.3	2.6	1.2	10.5	1.2	0.46
	Large	Stuffed Crust	281	1177	13.0	6.5	25.1	3.7	2.0	14.8	1.6	0.64	257	1076	11.9	6.0	23.0	3.4	1.8	13.5	1.5	0.58
	Large	Thin & Crispy Crust	357	1496	20.8	8.2	23.5	3.4	1.7	18.2	1.8	0.72	187	783	10.9	4.3	12.3	1.8	0.9	9.5	1.0	0.38
	Medium	BBQ Stuffed Crust	279	1168	12.7	6.3	25.8	5.3	1.9	14.2	1.7	0.66	248	1037	11.3	5.6	22.9	4.7	1.7	12.6	1.5	0.58

Pizza	Size	Crust	Per 100g										Per Portion									
			Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Pepperoni Passion	Medium	Classic Crust	296	1244	12.6	5.4	25.7	4.5	1.9	19.1	1.7	0.66	201	843	8.5	3.7	17.4	3.0	1.3	12.9	1.1	0.45
	Medium	Double Decadence	303	1269	14.4	7.1	27.2	2.7	1.7	15.2	1.6	0.64	265	1111	12.6	6.2	23.8	2.4	1.5	13.3	1.4	0.56
	Medium	Italian Style Crust	315	1324	14.2	6.4	29.3	4.0	1.9	16.5	1.9	0.74	181	759	8.1	3.7	16.8	2.3	1.1	9.5	1.1	0.42
	Medium	Stuffed Crust	283	1184	13.2	6.6	25.0	3.7	2.0	14.8	1.6	0.65	242	1014	11.3	5.7	21.4	3.2	1.7	12.6	1.4	0.56
	Medium	Thin & Crispy Crust	360	1507	21.2	8.4	23.2	3.3	1.7	18.1	1.9	0.74	175	734	10.3	4.1	11.3	1.6	0.8	8.8	0.9	0.36
	Personal	Classic Crust	295	1237	12.6	5.5	29.5	4.1	1.9	14.7	1.7	0.65	600	2519	25.7	11.1	60.1	8.2	3.9	29.8	3.4	1.32
	Small	Classic Crust	302	1269	13.6	6.0	28.6	3.6	1.8	15.4	1.7	0.69	180	758	8.1	3.6	17.1	2.2	1.1	9.2	1.0	0.41
	Small	Gluten Free	307	1289	14.6	6.4	26.4	2.9	2.0	16.5	2.3	0.92	161	678	7.7	3.4	13.9	1.6	1.0	8.7	1.2	0.49
	Small	Italian Style Crust	321	1348	15.1	6.7	28.6	3.9	1.8	16.6	2.0	0.77	160	672	7.5	3.3	14.3	1.9	0.9	8.3	1.0	0.39
Scrummy	Large	BBQ Stuffed Crust	269	1124	11.9	5.7	25.0	5.2	1.8	14.5	1.6	0.64	273	1144	12.1	5.8	25.4	5.3	1.9	14.7	1.7	0.65
	Large	Classic Crust	282	1181	11.4	4.6	24.8	4.4	1.8	18.9	1.6	0.63	227	951	9.2	3.7	20.0	3.6	1.4	15.2	1.3	0.51
	Large	Double Decadence	291	1217	13.3	6.3	26.4	2.8	1.7	15.3	1.6	0.62	299	1251	13.7	6.5	27.2	2.8	1.7	15.7	1.6	0.63
	Large	Italian Style Crust	296	1241	12.6	5.3	28.3	4.0	1.8	16.5	1.8	0.69	210	882	8.9	3.7	20.1	2.8	1.3	11.7	1.3	0.49
	Large	Stuffed Crust	272	1138	12.3	5.9	24.2	3.7	1.9	15.0	1.6	0.63	267	1118	12.1	5.8	23.8	3.6	1.9	14.7	1.6	0.62
	Large	Thin & Crispy Crust	334	1395	18.8	7.0	22.2	3.3	1.6	18.1	1.8	0.70	197	825	11.1	4.1	13.1	2.0	0.9	10.7	1.0	0.41
	Medium	BBQ Stuffed Crust	269	1124	11.9	5.7	24.9	5.2	1.8	14.5	1.6	0.64	256	1072	11.3	5.4	23.7	4.9	1.7	13.8	1.6	0.61
	Medium	Classic Crust	282	1181	11.5	4.6	24.5	4.4	1.7	19.0	1.6	0.64	209	878	8.6	3.4	18.2	3.3	1.3	14.1	1.2	0.48
	Medium	Double Decadence	291	1217	13.4	6.3	26.2	2.7	1.7	15.4	1.6	0.62	274	1146	12.6	6.0	24.6	2.6	1.6	14.5	1.5	0.58
	Medium	Italian Style Crust	296	1242	12.8	5.4	27.6	3.9	1.7	16.7	1.8	0.71	189	793	8.2	3.4	17.6	2.5	1.1	10.6	1.1	0.45
	Medium	Stuffed Crust	272	1137	12.3	5.9	24.1	3.6	1.9	15.0	1.6	0.63	250	1048	11.4	5.4	22.2	3.4	1.7	13.8	1.5	0.58
	Medium	Thin & Crispy Crust	333	1390	18.8	7.0	21.9	3.3	1.6	18.1	1.8	0.70	184	768	10.4	3.8	12.1	1.8	0.9	10.0	1.0	0.39
	Personal	Classic Crust	281	1175	12.2	4.9	26.6	3.8	1.7	15.2	1.7	0.65	662	2773	28.7	11.6	62.9	8.9	4.0	35.9	3.9	1.53
	Small	Classic Crust	284	1192	12.3	5.1	26.8	3.5	1.6	15.7	1.7	0.65	189	793	8.2	3.4	17.8	2.4	1.1	10.5	1.1	0.44
	Small	Gluten Free	287	1201	13.0	5.4	24.7	2.9	1.8	16.7	2.2	0.86	170	713	3.2	14.7	1.7	1.1	9.9	1.3	0.5	3.06
	Small	Italian Style Crust	298	1248	13.4	5.6	26.5	3.7	1.7	16.8	1.8	0.73	169	707	7.6	3.2	15.0	2.1	0.9	9.5	1.0	0.41
Spanish Sizzler	Large	BBQ Stuffed Crust	248	1037	9.1	4.7	26.8	6.1	2.1	13.6	1.3	0.52	238	996	8.7	4.5	25.7	5.9	2.0	13.1	1.3	0.50
	Large	Classic Crust	255	1072	7.8	3.2	27.1	5.5	2.1	18.2	1.2	0.48	191	802	5.8	2.4	20.3	4.1	1.6	13.7	0.9	0.36
	Large	Double Decadence	271	1136	10.7	5.4	28.3	3.5	1.9	14.6	1.3	0.50	263	1103	10.4	5.2	27.5	3.4	1.9	14.2	1.2	0.48
	Large	Italian Style Crust	267	1122	8.5	3.8	31.2	5.2	2.2	15.5	1.3	0.52	175	734	5.6	2.5	20.4	3.4	1.4	10.1	0.9	0.34
	Large	Stuffed Crust	250	1048	9.5	4.9	26.0	4.5	2.2	14.2	1.3	0.50	232	970	8.8	4.5	24.1	4.2	2.0	13.1	1.2	0.47
	Large	Thin & Crispy Crust	302	1266	14.5	5.3	25.1	4.7	2.1	17.1	1.2	0.49	162	677	7.8	2.9	13.4	2.5	1.1	9.1	0.7	0.26
	Medium	BBQ Stuffed Crust	247	1036	9.0	4.7	26.9	6.1	2.1	13.7	1.3	0.52	220	923	8.0	4.1	23.9	5.4	1.9	12.2	1.2	0.46
	Medium	Classic Crust	255	1072	7.8	3.2	27.1	5.5	2.1	18.3	1.2	0.48	174	729	5.3	2.2	18.4	3.7	1.4	12.5	0.8	0.33
	Medium	Double Decadence	271	1135	10.6	5.4	28.2	3.5	1.9	14.7	1.3	0.49	238	997	9.3	4.7	24.8	3.1	1.7	12.9	1.1	0.43
	Medium	Italian Style Crust	267	1120	8.5	3.8	30.9	5.1	2.2	15.6	1.3	0.52	153	644	4.9	2.2	17.8	3.0	1.3	9.0	0.8	0.30
	Medium	Stuffed Crust	250	1048	9.4	4.9	26.1	4.5	2.2	14.2	1.3	0.50	215	899	8.1	4.2	22.4	3.8	1.9	12.2	1.1	0.43
	Medium	Thin & Crispy Crust	303	1266	14.5	5.3	25.1	4.7	2.1	17.1	1.2	0.48	148	620	7.1	2.6	12.3	2.3	1.0	8.4	0.6	0.24
	Personal	Classic Crust	256	1074	8.0	3.4	30.9	4.9	2.1	14.1	1.2	0.47	518	2176	16.1	6.9	62.6	10.0	4.3	28.6	2.4	0.96
	Small	Classic Crust	257	1081	8.2	3.6	30.3	4.8	2.0	14.7	1.2	0.48	153	644	4.9	2.2	18.0	2.8	1.2	8.8	0.7	0.29
	Small	Gluten Free	256	1075	8.5	3.7	28.3	4.3	2.3	15.7	1.8	0.69	134	564	4.4	1.9	14.9	2.2	1.2	8.2	0.9	0.36
	Small	Italian Style Crust	267	1122	8.7	3.8	30.6	5.3	2.2	15.7	1.3	0.53	133	558	4.3	1.9	15.2	2.6	1.1	7.8	0.7	0.26
Tandoori Hot	Large	BBQ Stuffed Crust	218	916	6.8	3.7	26.0	5.7	2.1	12.2	1.3	0.52	215	901	6.7	3.7	25.5	5.6	2.1	12.0	1.3	0.51
	Large	Classic Crust	218	918	5.0	2.0	26.0	5.0	2.1	16.3	1.2	0.48	168	708	3.8	1.6	20.1	3.9	1.6	12.6	0.9	0.37
	Large	Double Decadence	242	1015	8.4	4.4	27.4	3.2	1.9	13.2	1.3	0.49	240	1009	8.4	4.4	27.3	3.1	1.9	13.1	1.2	0.49
	Large	Italian Style Crust	224	945	5.3	2.4	29.9	4.6	2.2	13.4	1.3	0.52	152	640	3.6	1.6	20.2	3.1	1.5	9.0	0.9	0.35
	Large	Stuffed Crust	220	923	7.1	3.9	25.2	4.1	2.2	12.7	1.3	0.50	209	876	6.8	3.7	23.9	3.9	2.0	12.1	1.2	0.48
	Large	Thin & Crispy Crust	249	1044	10.3	3.6	23.7	4.1	2.0	14.4	1.2	0.48	139	583	5.8	2.0	13.2	2.3	1.1	8.1	0.7	0.27
	Medium	BBQ Stuffed Crust	219	920	6.9	3.7	26.1	5.7	2.1	12.3	1.3	0.52	200	839	6.3	3.4	23.8	5.2	1.9	11.2	1.2	0.47
	Medium	Classic Crust	219	920	5.0	2.0	26.1	5.0	2.1	16.4	1.2	0.48	153	645	3.5	1.4	18.3	3.5	1.5	11.5	0.9	0.34
	Medium	Double Decadence	242	1015	8.4	4.4	27.4	3.2	1.9	13.2	1.3	0.49	218	914	7.6	4.0	24.7	2.8	1.7	11.9	1.1	0.44
	Medium	Italian Style Crust	223	940	5.2	2.4	29.6	4.6	2.2	13.5	1.3	0.52	133	561	3.1	1.4	17.6	2.7	1.3	8.0	0.8	0.31
	Medium	Stuffed Crust	221	927	7.2	3.9	25.3	4.1	2.2	12.8	1.3	0.50	194	816	6.3	3.4	22.3	3.6	1.9	11.2	1.1	0.44
	Medium	Thin & Crispy Crust	250	1049	10.4	3.6	23.8	4.1	2.0	14.5	1.2	0.48	128	536	5.3	1.9	12.2	2.1	1.0	7.4	0.6	0.25
	Personal	Classic Crust	223	937	5.4	2.3	30.1	4.6	2.1	12.5	1.2	0.47	461	1941	11.1	4.8	62.3	9.5	4.4	25.9	2.5	0.97

Pizza	Size	Crust	Per 100g									
			Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
	Small	Classic Crust	218	920	5.3	2.4	29.1	4.2	2.0	12.8	1.2	0.48
	Small	Gluten Free	212	893	5.1	2.3	27.0	3.6	2.3	13.5	1.7	0.68
	Small	Italian Style Crust	220	929	5.2	2.4	29.1	4.6	2.1	13.5	1.3	0.52
Texas BBQ	Large	BBQ Stuffed Crust	260	1094	6.1	2.5	37.1	12.2	2.0	13.2	1.3	0.50
	Large	Classic Crust	259	1090	6.5	2.6	35.2	10.5	2.0	14.1	1.2	0.48
	Large	Double Decadence	275	1157	9.9	5.3	30.9	7.4	1.9	14.8	1.2	0.48
	Large	Italian Style Crust	263	1109	7.4	3.2	30.8	11.9	2.7	17.2	1.4	0.55
	Large	Stuffed Crust	255	1071	8.5	4.4	29.4	9.3	1.8	14.3	1.2	0.48
	Large	Thin & Crispy Crust	306	1285	13.1	4.7	31.6	11.0	1.9	14.8	1.4	0.53
	Medium	BBQ Stuffed Crust	252	1060	8.2	4.2	30.1	10.7	1.8	13.8	1.3	0.50
	Medium	Classic Crust	259	1091	6.4	2.6	35.2	10.5	2.0	14.2	1.2	0.48
	Medium	Double Decadence	275	1157	9.8	5.2	30.9	7.4	1.9	14.9	1.2	0.48
	Medium	Italian Style Crust	263	1106	7.4	3.2	30.5	11.8	2.6	17.4	1.4	0.54
	Medium	Stuffed Crust	255	1072	8.5	4.4	29.5	9.3	1.8	14.4	1.2	0.48
	Medium	Thin & Crispy Crust	307	1287	13.1	4.7	31.6	11.0	1.9	14.9	1.4	0.53
	Personal	Classic Crust	263	1109	6.5	2.5	37.4	10.3	2.1	12.7	1.2	0.49
	Small	Classic Crust	267	1125	6.4	2.5	37.6	10.9	2.4	13.8	1.2	0.49
	Small	Gluten Free	260	1097	7.4	3.1	35.1	9.8	2.4	12.4	1.6	0.63
	Small	Italian Style Crust	262	1101	7.5	3.3	30.1	11.6	2.6	17.4	1.4	0.54
	Large	BBQ Stuffed Crust	254	1068	9.0	3.7	28.1	4.2	2.0	14.3	1.7	0.66
	Large	Classic Crust	272	1145	9.5	2.9	30.3	1.3	2.3	15.4	1.7	0.67
The Sizzler	Large	Double Decadence	286	1198	12.2	5.4	28.7	1.1	2.3	14.3	1.7	0.65
	Large	Italian Style Crust	279	1171	10.8	3.4	28.4	2.6	2.4	16.0	1.9	0.76
	Large	Stuffed Crust	257	1080	9.4	3.8	27.4	2.5	2.1	14.9	1.6	0.65
	Large	Thin & Crispy Crust	321	1343	16.6	5.2	26.2	4.0	1.8	16.1	1.9	0.77
	Medium	BBQ Stuffed Crust	256	1075	9.2	3.7	28.1	4.2	2.0	14.4	1.7	0.66
	Medium	Classic Crust	274	1153	9.7	3.0	30.1	1.3	2.3	15.6	1.7	0.68
	Medium	Double Decadence	288	1204	12.4	5.4	28.5	1.1	2.3	14.4	1.7	0.66
	Medium	Italian Style Crust	281	1177	11.1	3.5	28.0	2.6	2.4	16.2	2.0	0.77
	Medium	Stuffed Crust	259	1087	9.5	3.9	27.4	2.5	2.1	14.9	1.7	0.65
	Medium	Thin & Crispy Crust	323	1353	16.8	5.3	26.1	4.0	1.8	16.3	2.0	0.78
	Personal	Classic Crust	278	1169	8.0	2.3	37.7	10.2	2.2	12.9	1.6	0.62
	Small	Classic Crust	277	1166	10.0	3.0	30.4	1.8	2.1	15.5	1.8	0.70
	Small	Gluten Free	278	1167	11.3	3.6	30.1	1.6	1.9	13.3	2.2	0.87
	Small	Italian Style Crust	282	1183	11.4	3.6	27.6	2.6	2.4	16.3	2.0	0.79
	Large	BBQ Stuffed Crust	228	958	7.6	3.9	27.3	5.8	2.2	11.8	1.1	0.45
	Large	Classic Crust	231	971	5.8	2.2	27.8	5.1	2.2	15.9	1.0	0.38
	Large	Double Decadence	252	1059	9.2	4.6	28.9	3.1	2.0	12.7	1.1	0.42
	Large	Italian Style Crust	239	1008	6.3	2.6	32.1	4.6	2.3	12.7	1.1	0.42
Tuna Delight	Large	Stuffed Crust	230	966	7.9	4.1	26.6	4.1	2.2	12.2	1.1	0.43
	Large	Thin & Crispy Crust	269	1128	11.9	3.9	26.1	4.1	2.2	13.7	0.9	0.35
	Medium	BBQ Stuffed Crust	229	961	7.6	3.9	27.5	5.5	2.2	11.7	1.1	0.45
	Medium	Classic Crust	231	973	5.8	2.2	27.9	4.6	2.2	15.9	1.0	0.39
	Medium	Double Decadence	253	1061	9.2	4.6	28.9	2.8	2.0	12.7	1.1	0.42
	Medium	Italian Style Crust	238	1005	6.3	2.6	32.0	4.1	2.3	12.7	1.1	0.41
	Medium	Stuffed Crust	231	970	7.9	4.1	26.7	3.8	2.2	12.2	1.1	0.43
	Medium	Thin & Crispy Crust	270	1134	12.0	4.0	26.2	3.5	2.2	13.7	0.9	0.35
	Personal	Classic Crust	233	981	6.1	2.4	31.8	4.2	2.2	11.8	1.0	0.39
	Small	Classic Crust	232	977	6.2	2.5	31.2	4.2	2.1	12.1	1.0	0.38
	Small	Gluten Free	227	957	6.1	2.5	29.3	3.6	2.4	12.8	1.5	0.59
	Small	Italian Style Crust	237	999	6.2	2.6	31.7	4.6	2.3	12.7	1.0	0.41
	Large	BBQ Stuffed Crust	221	928	6.8	2.8	28.2	4.6	2.2	10.9	1.2	0.46
	Large	Classic Crust	230	967	6.6	1.8	30.5	1.8	2.5	11.1	1.1	0.42

Per Portion									
Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
134	565	3.2	1.5	17.8	2.6	1.2	7.9	0.7	0.29
115	485	2.8	1.3	14.7	2.0	1.2	7.3	0.9	0.37
114	479	2.7	1.2	15.0	2.4	1.1	6.9	0.7	0.27
247	1041	5.8	2.3	35.3	11.7	1.9	12.6	1.2	0.47
191	806	4.8	1.9	26.0	7.7	1.5	10.4	0.9	0.36
265	1113	9.5	5.1	29.8	7.1	1.9	14.3	1.2	0.46
170	715	4.8	2.1	19.9	7.7	1.7	11.1	0.9	0.35
234	982	7.8	4.0	26.9	8.5	1.7	13.1	1.1	0.44
161	676	6.9	2.5	16.6	5.8	1.0	7.8	0.7	0.28
223	935	7.2	3.7	26.5	9.5	1.6	12.2	1.1	0.44
174	733	4.3	1.8	23.7	7.0	1.4	9.5	0.8	0.32
240	1007	8.6	4.6	26.9	6.4	1.7	13.0	1.1	0.42
149	627	4.2	1.8	17.3	6.7	1.5	9.9	0.8	0.31
217	912	7.2	3.7	25.1	7.9	1.6	12.2	1.0	0.41
148	620	6.3	2.3	15.2	5.3	0.9	7.2	0.7	0.26
538	2268	13.4	5.1	76.5	21.0	4.3	26.0	2.5	1.00
157	662	3.7	1.5	22.1	6.4	1.4	8.1	0.7	0.29
135	564	3.8	1.6	18.2	5.1	1.3	6.4	0.8	0.32
128	539	3.7	1.6	14.7	5.7	1.3	8.5	0.7	0.27
246	1033	8.7	3.6	27.2	4.0	2.0	13.9	1.6	0.64
206	865	7.2	2.2	22.9	1.0	1.8	11.7	1.3	0.51
280	1173	12.0	5.3	28.0	1.1	2.3	14.0	1.6	0.64
184	774	7.1	2.2	18.8	1.7	1.6	10.6	1.3	0.50
240	1008	8.8	3.6	25.6	2.3	1.9	13.9	1.5	0.60
174	728	9.0	2.8	14.2	2.2	1.0	8.8	1.1	0.42
231	970	8.3	3.4	25.4	3.8	1.8	13.0	1.5	0.60
190	798	6.7	2.1	20.9	0.9	1.6	10.8	1.2	0.47
256	1072	11.0	4.8	25.4	1.0	2.1	12.8	1.5	0.59
165	692	6.5	2.0	16.5	1.5	1.4	9.5	1.2	0.45
226	947	8.3	3.4	23.8	2.2	1.8	13.0	1.4	0.57
162	679	8.4	2.6	13.1	2.0	0.9	8.2	1.0	0.39
565	2380	16.3	4.6	76.7	20.8	4.4	26.2	3.2	1.27
169	712	6.1	1.8	18.6	1.1	1.3	9.5	1.1	0.43
150	630	6.1	1.9	16.2	0.9	1.1	7.2	1.2	0.47
145	606	5.8	1.9	14.1	1.3	1.2	8.4	1.0	0.41
217	909	7.2	3.7	25.9	5.5	2.1	11.2	1.1	0.42
170	716	4.3	1.6	20.5	3.7	1.6	11.7	0.7	0.28
242	1016	8.8	4.4	27.7	3.0	1.9	12.2	1.0	0.41
154	647	4.0	1.7	20.6	3.0	1.5	8.2	0.7	0.27
211	883	7.2	3.7	24.3	3.8	2.0	11.2	1.0	0.39
141	590	6.2	2.1	13.6	2.1	1.1	7.2	0.5	0.18
201	843	6.7	3.4	24.1	4.8	1.9	10.3	1.0	0.39
154	649	3.9	1.5	18.6	3.1	1.5	10.6	0.7	0.26
218	917	8.0	4.0	25.0	2.4	1.7	11.0	0.9	0.37
134	564	3.5	1.5	18.0	2.3	1.3	7.1	0.6	0.23
195	819	6.7	3.5	22.6	3.2	1.9	10.3	0.9	0.36
129	540	5.7	1.9	12.5	1.7	1.0	6.5	0.4	0.17
464	1952	12.2	4.8	63.2	8.3	4.4	23.5	2.0	0.77
135	568	3.6	1.5	18.1	2.5	1.2	7.1	0.6	0.22
116	488	3.1	1.3	14.9	1.8	1.2	6.5	0.8	0.30
114	482	3.0	1.2	15.3	2.2	1.1	6.1	0.5	0.20
212	889	6.5	2.7	27.0	4.4	2.1	10.5	1.1	0.44
171	721	4.9	1.3	22.7	1.3	1.9	8.3	0.8	0.31

Pizza	Size	Crust	Per 100g									
			Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
Veg-A-Roma	Large	Double Decadence	253	1061	10.0	4.5	28.8	1.5	2.5	11.0	1.2	0.45
	Large	Italian Style Crust	230	967	7.5	2.0	28.6	3.2	2.6	11.1	1.2	0.46
	Large	Stuffed Crust	223	935	7.0	2.9	27.5	2.9	2.2	11.4	1.1	0.44
	Large	Thin & Crispy Crust	262	1097	12.7	3.6	26.4	4.8	2.0	10.1	1.0	0.41
	Medium	BBQ Stuffed Crust	222	935	6.8	2.8	28.4	4.6	2.2	11.0	1.2	0.46
	Medium	Classic Crust	231	971	6.6	1.8	30.6	1.8	2.5	11.2	1.1	0.42
	Medium	Double Decadence	254	1064	10.0	4.5	28.9	1.5	2.5	11.0	1.2	0.46
	Medium	Italian Style Crust	229	963	7.4	2.0	28.6	3.3	2.6	11.1	1.2	0.47
	Medium	Stuffed Crust	224	942	7.1	2.9	27.7	2.9	2.2	11.4	1.1	0.45
	Medium	Thin & Crispy Crust	264	1107	12.8	3.6	26.7	4.8	2.0	10.2	1.1	0.42
	Personal	Classic Crust	242	1020	5.8	1.4	37.7	10.7	2.3	9.0	1.0	0.41
	Small	Classic Crust	231	975	6.6	1.6	31.2	2.4	2.3	11.0	1.1	0.42
	Small	Gluten Free	226	950	7.4	2.0	31.0	2.3	2.2	8.1	1.4	0.57
Small	Italian Style Crust	227	955	7.3	2.0	28.4	3.3	2.6	11.0	1.2	0.47	
Vegi Lite	Large	BBQ Stuffed Crust	215	901	7.0	3.9	26.8	5.9	2.2	10.1	1.1	0.42
	Large	Classic Crust	214	898	5.1	2.1	27.1	5.3	2.2	13.8	0.9	0.35
	Large	Double Decadence	239	1004	8.7	4.6	28.3	3.3	2.0	11.1	1.0	0.40
	Large	Stuffed Crust	216	907	7.3	4.0	26.0	4.3	2.3	10.5	1.0	0.40
	Large	Italian Style Crust	219	924	5.4	2.5	31.4	4.9	2.3	10.3	1.0	0.38
	Large	Thin & Crispy Crust	245	1027	11.0	3.9	25.1	4.4	2.2	10.7	0.8	0.30
	Medium	BBQ Stuffed Crust	216	907	7.1	3.9	27.0	5.9	2.2	10.2	1.1	0.42
	Medium	Classic Crust	214	902	5.1	2.1	27.2	5.3	2.2	13.9	0.9	0.35
	Medium	Double Decadence	240	1006	8.7	4.6	28.4	3.3	2.0	11.1	1.0	0.40
	Medium	Stuffed Crust	218	913	7.4	4.1	26.2	4.3	2.3	10.6	1.0	0.40
	Medium	Italian Style Crust	218	920	5.4	2.5	31.3	4.8	2.3	10.2	1.0	0.38
	Medium	Thin & Crispy Crust	247	1036	11.1	3.9	25.3	4.4	2.2	10.8	0.8	0.31
	Personal	Classic Crust	218	918	5.5	2.4	31.2	4.7	2.3	10.0	0.9	0.36
	Small	Classic Crust	213	899	5.4	2.5	30.4	4.0	2.1	10.0	0.9	0.35
	Small	Gluten Free	206	868	5.3	2.4	28.4	3.4	2.4	10.3	1.4	0.55
Small	Italian Style Crust	215	905	5.3	2.5	30.8	4.4	2.3	10.1	0.9	0.37	
Vegi Supreme	Large	BBQ Stuffed Crust	210	881	6.8	3.7	26.4	5.8	2.2	9.8	1.0	0.41
	Large	Classic Crust	208	873	4.9	2.0	26.6	5.1	2.2	13.3	0.9	0.34
	Large	Double Decadence	234	981	8.4	4.4	27.9	3.2	2.0	10.8	1.0	0.39
	Large	Italian Style Crust	212	894	5.2	2.4	30.6	4.7	2.3	9.9	0.9	0.37
	Large	Stuffed Crust	211	887	7.1	3.9	25.7	4.2	2.3	10.2	1.0	0.39
	Large	Thin & Crispy Crust	235	984	10.4	3.6	24.5	4.2	2.2	10.2	0.8	0.30
	Medium	BBQ Stuffed Crust	211	887	6.9	3.7	26.6	5.8	2.2	9.9	1.1	0.42
	Medium	Classic Crust	208	876	4.9	2.0	26.7	5.1	2.2	13.3	0.9	0.35
	Medium	Double Decadence	234	982	8.4	4.4	27.9	3.2	2.0	10.8	1.0	0.39
	Medium	Italian Style Crust	211	888	5.2	2.4	30.4	4.7	2.3	9.8	0.9	0.37
	Medium	Stuffed Crust	213	892	7.2	3.9	25.8	4.2	2.3	10.3	1.0	0.40
	Medium	Thin & Crispy Crust	236	991	10.4	3.6	24.7	4.2	2.2	10.2	0.8	0.30
	Personal	Classic Crust	213	894	5.3	2.3	30.6	4.7	2.2	9.6	0.9	0.35
	Small	Classic Crust	207	873	5.2	2.4	29.7	4.3	2.1	9.6	0.9	0.34
	Small	Gluten Free	199	839	5.1	2.3	27.7	3.7	2.4	9.9	1.3	0.53
Small	Italian Style Crust	207	873	5.1	2.3	29.9	4.7	2.3	9.6	0.9	0.36	
Vegi Volcano	Large	BBQ Stuffed Crust	217	911	7.5	4.2	24.9	5.3	2.0	11.6	1.3	0.51
	Large	Classic Crust	217	911	5.9	2.7	24.8	4.5	2.0	15.4	1.2	0.47
	Large	Double Decadence	240	1007	9.0	4.9	26.4	2.8	1.8	12.5	1.2	0.48
	Large	Italian Style Crust	222	936	6.3	3.2	28.3	4.1	2.1	12.4	1.3	0.51
	Large	Stuffed Crust	219	917	7.8	4.4	24.2	3.7	2.1	12.0	1.3	0.49
	Large	Thin & Crispy Crust	246	1029	11.3	4.5	22.1	3.5	1.9	13.2	1.2	0.47
	Medium	Classic Crust	217	914	5.9	2.7	24.8	4.5	2.0	15.4	1.2	0.47
	Medium	Double Decadence	240	1008	9.0	4.9	26.4	2.8	1.8	12.5	1.2	0.48

Per Portion										
Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)	
245	1028	9.7	4.4	27.9	1.5	2.4	10.6	1.1	0.44	
150	630	4.9	1.3	18.7	2.1	1.7	7.2	0.8	0.30	
206	864	6.5	2.7	25.4	2.7	2.0	10.5	1.0	0.41	
139	584	6.7	1.9	14.0	2.6	1.1	5.4	0.6	0.22	
197	828	6.0	2.5	25.2	4.1	1.9	9.7	1.0	0.41	
156	656	4.5	1.2	20.7	1.2	1.7	7.5	0.7	0.28	
222	930	8.8	4.0	25.3	1.3	2.2	9.6	1.0	0.40	
131	550	4.2	1.2	16.3	1.9	1.5	6.3	0.7	0.27	
191	805	6.1	2.5	23.7	2.5	1.9	9.8	1.0	0.38	
128	537	6.2	1.8	12.9	2.3	1.0	4.9	0.5	0.20	
490	2066	11.7	2.9	76.3	21.7	4.7	18.2	2.1	0.83	
137	575	3.9	1.0	18.4	1.4	1.4	6.5	0.6	0.25	
117	492	3.8	1.1	16.1	1.2	1.1	4.2	0.7	0.29	
112	469	3.6	1.0	14.0	1.6	1.3	5.4	0.6	0.23	
202	846	6.6	3.6	25.2	5.6	2.1	9.5	1.0	0.39	
155	653	3.7	1.5	19.7	3.8	1.6	10.0	0.6	0.26	
227	954	8.2	4.3	26.9	3.1	1.9	10.5	1.0	0.38	
196	821	6.6	3.6	23.5	3.9	2.0	9.5	0.9	0.36	
139	584	3.4	1.6	19.9	3.1	1.5	6.5	0.6	0.24	
126	527	5.6	2.0	12.9	2.2	1.1	5.5	0.4	0.16	
188	787	6.1	3.4	23.4	5.2	1.9	8.8	0.9	0.37	
141	593	3.4	1.4	17.9	3.5	1.5	9.1	0.6	0.23	
205	861	7.4	3.9	24.3	2.8	1.7	9.5	0.9	0.34	
182	763	6.2	3.4	21.9	3.6	1.9	8.8	0.9	0.34	
11	47	0.3	0.1	1.6	0.2	0.1	0.5	0.0	0.02	
115	484	5.2	1.8	11.8	2.0	1.0	5.0	0.4	0.14	
428	1802	10.8	4.7	61.3	9.3	4.4	19.6	1.8	0.70	
123	519	3.1	1.4	17.5	2.3	1.2	5.7	0.5	0.20	
104	438	2.7	1.2	14.4	1.7	1.2	5.2	0.7	0.28	
103	432	2.5	1.2	14.7	2.1	1.1	4.8	0.4	0.18	
205	861	6.7	3.6	25.8	5.6	2.1	9.6	1.0	0.40	
159	668	3.8	1.5	20.4	3.9	1.7	10.1	0.7	0.26	
231	968	8.3	4.4	27.6	3.2	2.0	10.6	1.0	0.39	
142	599	3.5	1.6	20.5	3.2	1.6	6.6	0.6	0.25	
199	835	6.7	3.7	24.2	3.9	2.1	9.6	0.9	0.37	
129	542	5.7	2.0	13.5	2.3	1.2	5.6	0.4	0.16	
191	801	6.2	3.4	24.0	5.2	2.0	8.9	1.0	0.37	
144	607	3.4	1.4	18.5	3.6	1.5	9.2	0.6	0.24	
208	875	7.5	3.9	24.9	2.9	1.8	9.6	0.9	0.35	
124	522	3.1	1.4	17.9	2.8	1.4	5.8	0.5	0.21	
185	777	6.2	3.4	22.5	3.7	2.0	8.9	0.9	0.35	
119	497	5.2	1.8	12.4	2.1	1.1	5.1	0.4	0.15	
436	1837	10.9	4.7	62.8	9.6	4.6	19.8	1.8	0.72	
126	531	3.2	1.4	18.1	2.6	1.3	5.8	0.5	0.21	
107	450	2.7	1.2	14.9	2.0	1.3	5.3	0.7	0.28	
105	444	2.6	1.2	15.2	2.4	1.2	4.9	0.5	0.18	
220	921	7.6	4.2	25.2	5.4	2.0	11.7	1.3	0.51	
173	728	4.7	2.2	19.8	3.6	1.6	12.3	0.9	0.37	
245	1029	9.2	5.0	27.0	2.9	1.9	12.8	1.3	0.49	
157	660	4.4	2.2	19.9	2.9	1.4	8.7	0.9	0.36	
214	896	7.6	4.3	23.6	3.7	2.0	11.7	1.2	0.48	
144	602	6.6	2.6	12.9	2.0	1.1	7.7	0.7	0.27	
157	662	4.3	2.0	18.0	3.3	1.4	11.2	0.9	0.34	
222	930	8.3	4.5	24.4	2.6	1.7	11.6	1.1	0.45	

UK Pizza Nutritional Information

Pizza	Size	Crust	Per 100g									
			Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
	Medium	Italian Style Crust	221	932	6.3	3.2	28.0	4.1	2.0	12.4	1.3	0.51
	Medium	Stuffed Crust	220	922	7.8	4.4	24.3	3.8	2.1	12.1	1.3	0.49
	Medium	Thin & Crispy Crust	247	1035	11.4	4.5	22.2	3.5	1.9	13.2	1.2	0.47
	Personal	Classic Crust	220	926	6.1	2.9	28.9	4.2	2.1	11.5	1.2	0.45
	Small	Classic Crust	216	910	6.1	3.0	27.8	3.8	1.9	11.8	1.2	0.46
	Small	Gluten Free	210	883	6.1	3.0	25.7	3.2	2.1	12.3	1.7	0.66
	Small	Italian Style Crust	218	917	6.2	3.1	27.6	4.0	2.0	12.2	1.3	0.50

Per Portion									
Energy KCal	Energy KJ	Fat (g)	of which Saturates (g)	Carbohydrate (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Sodium (g)
137	577	3.9	2.0	17.3	2.5	1.3	7.7	0.8	0.31
198	832	7.1	4.0	21.9	3.4	1.9	10.9	1.1	0.44
132	552	6.1	2.4	11.8	1.9	1.0	7.1	0.6	0.25
468	1968	12.9	6.1	61.5	8.9	4.4	24.5	2.5	0.97
136	575	3.9	1.9	17.6	2.4	1.2	7.4	0.7	0.29
118	495	3.4	1.7	14.4	1.8	1.2	6.9	0.9	0.37
116	489	3.3	1.7	14.7	2.1	1.1	6.5	0.7	0.27