





MemoryTraining User Guide

MemoryTraining is a simple and engaging app designed to improve your memory by helping you learn associations between digits, letters, words, and images. The app offers two modes: **Training** (for learning) and **Testing** (for checking your knowledge). It features a user-friendly interface, supports light and dark themes, and works seamlessly on computers and mobile devices. This guide explains how to use the app step by step.

1. Getting Started





- Open the app in your browser at: <https://skillflux.dev/MemoryTraining/stats/>.
 - Once loaded, you'll see the main screen with a card, a top bar with a menu button and the app's title, and control buttons at the bottom.
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2. Main Interface Elements




- **Top Bar:**
 - **Menu Button** (three-line icon): Opens the side menu for accessing settings, statistics, instructions, and information about the app.
 - **App Title:** Displays the title "MemoryTraining".
 - **Card Area:**
 - In Training mode, it shows a digit, a letter or word, and a related image.
 - In Testing mode, it displays a digit and answer options.
 - **Control Buttons** (at the bottom of the screen):
 - **Mode Switch** ( icon): Toggles between Training and Testing modes.
 - **Next Card** ( icon): Moves to the next card.
 - **Autoplay** ( or  icon): Turns automatic card switching on or off.
 - **Timer:** In Testing mode, it shows the time remaining to answer.
 - **Feedback Messages:** In Testing mode, they indicate whether your answer was correct (e.g., "Correct" or "Incorrect").
 - **Side Menu:** Contains options for opening statistics, settings, instructions, and information about the author.
 - **Pop-up Windows:** Appear for settings, statistics, instructions, and app information. They can be closed by clicking the cross (X) in the top-right corner.
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3. App Modes

3.1. Training Mode

- **Purpose:** Helps you memorize how digits are linked to letters, words, and images.
- **How It Works:**
 - A card appears on the screen with a digit, a letter or word, and an image.
 - For example, the digit “3” might be paired with the letter “C”, the word “Cat”, and an image of a cat.
- **What to Do:**
 - Click **Next Card** () to view the next card.
 - Click **Autoplay** () to have cards change automatically. To pause, click **Pause** ()
 - To check your knowledge, click **Mode Switch** () to enter Testing mode.

3.2. Testing Mode

- **Purpose:** Tests how well you’ve memorized the associations.
 - **How It Works:**
 - Only a digit is shown.
 - Below it, answer options appear: letters and words (for digits 1–9) or just words (for digits 10–99).
 - You must select the correct option within a time limit.
 - **What to Do:**
 - Click the correct answer. If correct, you’ll see a message like “Correct”.
 - If the answer is wrong or time runs out, you’ll see “Incorrect” or “Timeout”.
 - Click **Next Card** () to continue.
 - Enable **Autoplay** () to automatically submit answers and move to the next card.
 - To return to training, click **Mode Switch** ()
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4. Using the Side Menu

1. Click the **Menu Button** (three-line icon) at the top right.
2. In the menu, you’ll find:
 - **Statistics:** Displays your results and charts.
 - **Settings:** Allows you to customize cards and timing.

- **Instructions:** Opens a brief guide.
 - **About:** Information about the app's author.
3. Select an option to open the corresponding window.
 4. To close the menu, click an option or the menu button again.
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5. Customizing the App

1. Open the side menu and select "Settings".
 2. In the pop-up window, you can:
 - **Choose Card Range:** Specify which digits to use (e.g., 1–10 or 20–99).
 - **Set Order:** Choose "Sequential" (in order) or "Random" (shuffled).
 - **Adjust Timing:**
 - Time a card is shown in Training mode (e.g., 2 seconds).
 - Time allowed for answers in Testing mode (e.g., 5 seconds).
 3. Click the **Save** button (green button with an icon) to apply changes.
 4. Click the cross (X) in the top-right corner to close the window.
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6. Viewing Results

1. Open the side menu and select "Statistics".
 2. In the pop-up window:
 - **Current Session:** Shows correct and incorrect answers, timeouts, and accuracy.
 - **Chart:** A graph of your current session's results.
 - **History:** A table of past sessions (date, correct/incorrect answers, accuracy).
 - **History Chart:** A graph showing progress over time.
 3. **Actions:**
 - Click **Export to CSV** to download your results as a file.
 - Click **Reset Statistics** to clear all data.
 4. Click the cross (X) to close the window.
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7. Additional Features

- **Theme Switching:**

- In the side menu, find the button with a sun or moon icon.
 - Click to toggle between light and dark themes.
 - **Language:**
 - The app automatically selects a language (e.g., English or Russian) or allows you to choose one in settings.
 - **Import and Export:**
 - In settings, you can upload custom cards (a file with digits, letters, words, and images).
 - Save results to a file using “Export to CSV” in the statistics window.
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8. Using on Mobile Devices

- The app is optimized for phones:
 - The screen takes up the full width.
 - The side menu covers 80% of the screen.
 - Pop-up windows fill the entire screen.
 - All features (modes, settings, statistics) work the same as on a computer.
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9. Tips for Use

- **For Beginners:**
 - Start with Training mode and a small range of digits (e.g., 1–10).
 - Set a longer display time (e.g., 3 seconds) to help memorize.
 - Gradually move to Testing mode to test yourself.
- **For Advanced Users:**
 - Expand the range (e.g., 1–99) and reduce answer time.
 - Use random order for a greater challenge.
- **For Best Results:**
 - Check your statistics regularly to track progress.
 - Save results to a file for analysis.
- **Consistency:**
 - Practice 10–15 minutes daily to boost your memory skills.