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Computer Science

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How to brush your teeth:

- 1) Take your dominant hand and grab your toothbrush so that the object lies in your palm and your fingers have a solid grip of it.
- 2) Use your nondominant hand to grab your toothpaste and squeeze the bottle for 1 second so the paste is on the bristles of your toothbrush.
- 3) Put down the toothpaste and remain holding your toothbrush vertically so that it is positioned so the bristles are pointing upward.
- 4) Turn the toothbrush 90 degrees so that the bristles are facing you.
- 5) Push the toothbrush horizontally to the back of your mouth until the tip hits your gums.
- 6) Push the bristles of the toothbrush down on your teeth and move your hand in a circle motion so that the bristles are pushing down on your teeth in a circular motion.
- 7) Continue this motion and gradually move your toothbrush along your teeth to the other side of your mouth.
- 8) Repeat steps 6 and 7 until your mouth is full. Then, spit and rinse your mouth.

How to eat an orange:

- 1) Take your dominant hand and use it to grab an orange.
- 2) Use your nondominant hand and poke your pointer finger into the top of the orange.
- 3) Use your thumb to grab the outside of the skin and peel downward.
- 4) Remove the orange peel and repeat steps 2 and 3 until your orange is peeled.
- 5) Grab the bottom and top of your peeled orange to separate it into smaller pieces.
- 6) Take the smaller pieces and raise it your mouth level to put it inside your mouth and eat it.

How to walk up stairs:

- 1) Stand up with both feet on the ground, knees unbent, and facing the staircase.
- 2) Raise your right leg and bend your knee 90 degrees and perpendicular from your body.
- 3) Push your foot forward till it hits the next stair step.
- 4) Push your foot down so that it is on the next stair step.
- 5) Use your right foot to push your body up and repeat steps 2, 3, and 4 with your left foot.
- 6) Continue these steps until you reach the top of the stairs.