



## The Little Book of Affirmations

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By Gilly Pickup

Summersdale Publishers Jun 2016, 2016. Buch. Book Condition: Neu. 102x197x20 mm. Neuware - Let the powerful mantras and inspirational quotes in this book reveal your inner strength and guide you to happiness every single day. This essential, pocket-sized companion is packed with wisdom from writers, spiritual leaders and philosophers plus easy-to-achieve tips to help you think, feel and act positively. 160 pp. Englisch.



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