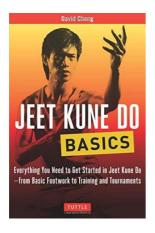
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Tuttle Publishing, United States, 2018. Paperback. Condition: New. Language: English. Brand New Book. This useful and informative book offers a detailed overview of Jeet Kune Do practice while explaining the specific moves readers will need to perfect their techniques. As a foundation, the book recalls the origination of Jeet Kune Do - the philosophy, history, and different styles of the martial art. This introduction gives readers an important reference point on how the practice evolved. From there, the book...

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- Authored by David Cheng
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