



## Tough Talk: True Stories of East London Hard Men

By Arthur White, Ian McDowall, Millie Murray

Authentic Media. Paperback. Book Condition: new. BRAND NEW, Tough Talk: True Stories of East London Hard Men, Arthur White, Ian McDowall, Millie Murray, The autobiographies of Tough Talk founder members Arthur White and Ian McDowell. Revised edition of the original book Tough Talk, bringing their stories up to date. Arthur's story - World Champion Powerlifter, successful businessman, happy family man. But cocaine, steroids, and an affair changed everything. Arthur's life spiralled out of control. Ian's story - Body building was Ian's life - that and becoming No.1. Being a doorman, debt collector and drug dealer kept Ian supplied with illegal steroids. Life for Ian was a cesspool of lies, deceit and violence. What changed them?.

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