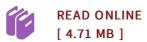




Getting Started in Ballet: A Parent's Guide to Dance Education

By Chair of the Dance Department Anna Paskevska

Oxford University Press Inc, United States, 1997. Paperback. Book Condition: New. 202 x 128 mm. Language: English . Brand New Book ***** Print on Demand *****. Many children dream of being a ballerina. Chin raised with purpose, arms high above head, they twirl clumsily around the living room and leap tirelessly in the air. Sooner or later they re bound to say, I want to dance. Now what do you do? How do you know if the time is right? Where s the best place to start? In Getting Started in Ballet, Anna Paskevska draws from her training at the Paris Opera Ballet School and the Royal Ballet School in London and her career as a professional dancer and teacher to offer a step-by-step introduction to dance education for parents with children starting ballet. Paskevska begins with a historical overview of dance and discusses the fundamental virtues and many life-long skills it imparts. Dance teaches children how to cooperate and support each other s efforts; encourages them to work in harmony with others; helps establish a child s spatial relationships; and promotes discipline and responsibility. Paskevska outlines the proper sequence for training in ballet based on a child s physical and...



Reviews

An exceptional publication as well as the font employed was exciting to see. it was actually writtern extremely flawlessly and helpful. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Dominic Collins

This ebook could be worthy of a read through, and far better than other. I am quite late in start reading this one, but better then never. I realized this publication from my dad and i advised this publication to learn.

-- Stefan Von