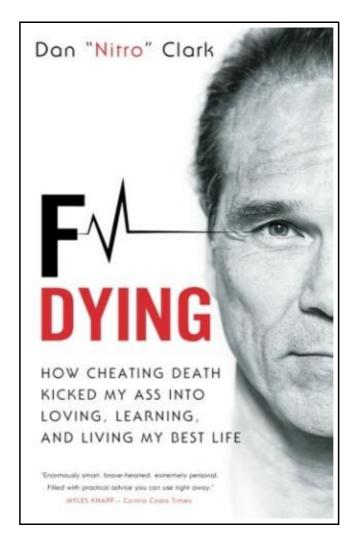
F Dying: How Cheating Death Kicked My Ass Into Loving, Learning and Living My Best Life (Paperback)



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Reviews

The publication is fantastic and great. It can be rally exciting through reading period of time. I am just very happy to inform you that this is the greatest publication i actually have read in my very own daily life and could be he very best ebook for at any time.

(Prof. Alvis Wuckert)

F DYING: HOW CHEATING DEATH KICKED MY ASS INTO LOVING, LEARNING AND LIVING MY BEST LIFE (PAPERBACK)



Gladiator Events, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand ******. A book about mastering the art of living a happy, fulfilled and meaningful life. Dan Clark shouldn t be here today. In 2013 he had a heart attack and barely survived. He wasn t living right. Stress nearly killed him.In talking with people, he realized that what he was feeling was universal. We all get so hung up in competing in every aspect of our lives. We forget to live. You might remember Dan as Nitro, that buffed-up guy on American Gladiators. Whenever he felt any sort of emotion, he felt like he needed to build his shell even harder. And it all led him to having a heart attack. When he laid there in the hospital, all he could think about was. did he make a difference? Did he live the life he wanted to? The experience of facing his mortality shined a light on what he loved in life, his reasons for living and how he wanted to live. It gave him a clarity that he wanted to share in his new book F Dying. F Dying is a culmination of everything he learned about changing his live and helping others change theirs. If you re looking for ways to practice courage and fully show up at work, at home, and with the people you love. If you re trying to figure out how to move forward after a setback or trial and still hope, still dream, still see the possibilities in front of you. If you want to transform your life, find balance, deep satisfaction, inner peace and connectedness. This book is for you.

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