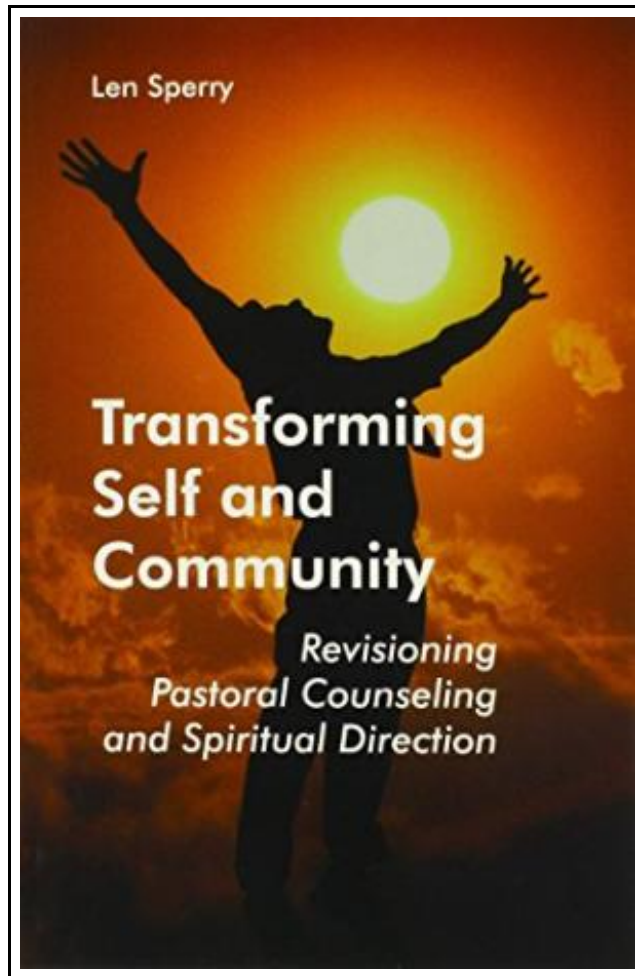


## Transforming Self and Community: Revisioning Pastoral Counseling and Spiritual Direction



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## TRANSFORMING SELF AND COMMUNITY: REVISIONING PASTORAL COUNSELING AND SPIRITUAL DIRECTION



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Liturgical Press, United States, 2002. Paperback. Book Condition: New. 208 x 135 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Catholic Press Association Award Winner! Both spiritual direction and pastoral counseling tend to be partially responsive to client needs and expectations. Many of the theories underlying the practice of spiritual direction and pastoral counseling are based more on psychology than spirituality. They minimize or exclude character and moral concerns and may even unintentionally foster individualism and spiritual narcissism. Transforming Self and Community offers an approach to spiritual direction and pastoral counseling that is holistic, that integrates spiritual and moral constructs with the psychological and emphasizes all aspects of transformation, including social transformation. The integrative approach in Transforming Self and Community provides psychological, spiritual, and moral perspectives for understanding and assisting individuals with their spiritual journey of development. It describes and illustrates clinically useful guidelines for the practice of spiritual direction and pastoral counseling. It includes case studies as well as figures, tables, and charts that highlight and summarize main text points. Transforming Self and Community is primarily for professionals who practice, teach, or are learning how to do spiritual direction or pastoral counseling. Nevertheless, spiritual seekers, clients, or prospective clients of spiritual direction or pastoral counseling will also find this book enlightening. The book has eight chapters. Chapter 1 surveys and describes trends in the current practice of pastoral counseling and spiritual direction. Chapter 2 reviews four prominent theories underlying the practice of pastoral counseling and spiritual direction. Chapters 3, 4, and 5 provide detailed review of various constructs in the spiritual, psychological, and moral perspectives as they relate to the practice of pastoral counseling and spiritual direction. Chapter 6 presents a holistic model which integrates key constructs from the spiritual perspective, the moral perspective, and the perspective...



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