



The Complete Guide to Psychiatric Drugs: Straight Talk for Best Results (Revised and Expanded ed)

By Edward H. Drummond

Turner Publishing Company. Paperback. Book Condition: new. BRAND NEW, The Complete Guide to Psychiatric Drugs: Straight Talk for Best Results (Revised and Expanded ed), Edward H. Drummond, TAKE AN ACTIVE ROLE IN YOUR MENTAL HEALTH Both easy to use and highly informative, The Complete Guide to Psychiatric Drugs is an indispensable reference for both patients and professionals. Now in a revised and expanded edition, this up-to-date handbook supplies current information on the newest and most commonly used psychiatric drugs as well as the latest details regarding side effects, dosages, and precautions. Drawing upon his years of experience helping patients understand their illnesses and take charge of their treatments, top expert Dr. Edward Drummond covers vital topics that include: Is medication for you? What to discuss with your doctor before starting medication Do psychiatric drugs pose extra risks for you? How to start, monitor, and stop your medication Psychiatric syndromes and their treatment The book also explores non-drug therapies such as dietary treatments, exercise, relaxation techniques, meditation, and self-hypnosis as well as information on how to combine drug, non-drug, and alternative therapies for maximum benefit. The Complete Guide to Psychiatric Drugs: Straight Talk for Best Results, Revised and Expanded Edition gives...



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Reviews

An extremely wonderful book with lucid and perfect information. It is one of the most awesome publication i have read. Your life period will probably be enhance the instant you total looking at this pdf.

-- Prof. Dan Windler MD

It is really an amazing publication i actually have at any time read. It is really simplistic but unexpected situations inside the 50 percent of your pdf. Its been written in an exceptionally simple way in fact it is just right after i finished reading this ebook where actually transformed me, alter the way i really believe.

-- Dr. Celestino Spinka III