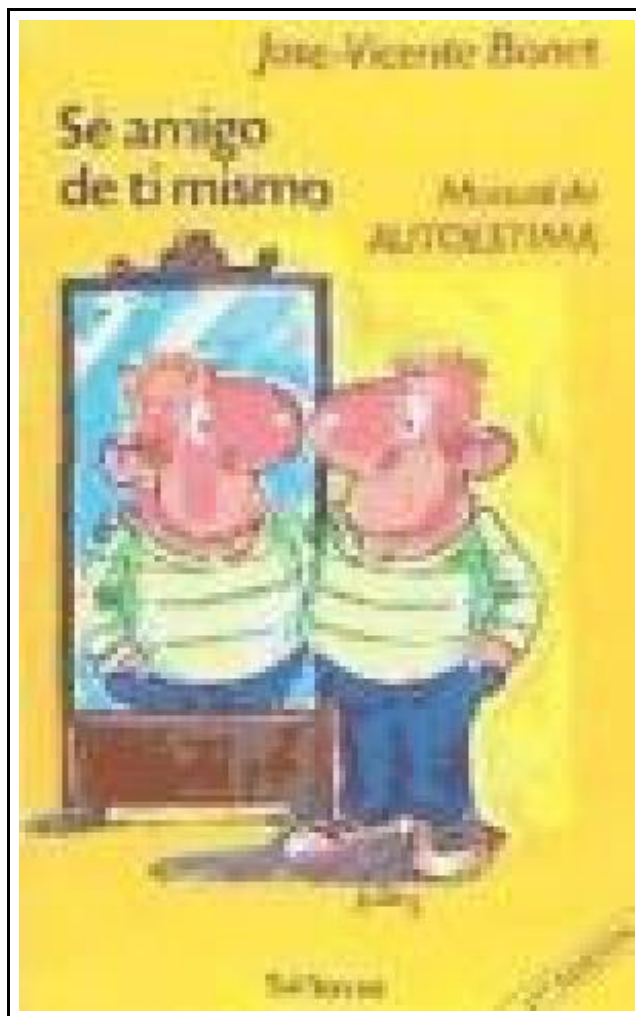


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Reviews

The book is straightforward in read through better to recognize. it absolutely was writtern quite completely and valuable. Its been printed in an exceptionally simple way which is only after i finished reading this book where really altered me, alter the way i believe.

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SÉ AMIGO DE TÍ MISMO: MANUAL DE AUTOESTIMA



Editorial Sal Terrae, 1997. soft. Book Condition: New. >, recomienda el maestro a su discípulo en un antiguo relato hindú transmitido por Tony de Mello en uno de sus libros:>. La psicología humanista está plenamente de acuerdo con esta recomendación. Todos sin excepción-mujeres y hombres, niños y adolescentes- necesitamos una aceptación fundamental de nuestro ser y de nuestra manera de ser, un sano amor de nosotros mismos, una autoestima suficiente, para avanzar en nuestro desarrollo personal e interpersonal. A juzgar por el número de libros publicados y de cursos ofertados, especialmente a partir de los años ochenta, existe entre nosotros un creciente interés por la autoestima. JOSÉ-VICENTE BONET, jesuita formado y formador en el Instituto >(Lonavla, India), fundado por Tony de Mello, y actualmente miembro del Centro > de Valencia, ha facilitado numerosos cursos y talleres de Autoestima tanto en la India como en España. En este manual comparte su reflexión y su experiencia personal y profesional en un estilo sencillo y ameno, utilizando casos reales, anécdotas y citas de sus autores favoritos. Las ilustraciones son de Antonio-José García Gómez, de Villafranca de los Barros. >(J. L Martín Descalzo).



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