



The PMS Cure (Paperback)

By Susan Richards M D

Createspace Independent Publishing Platform, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Do you want to enjoy healthy, regular menstrual periods without the mood swings, irritability, depression, weight gain, bloating, food cravings and bingeing, acne and cramping commonly experienced with PMS? Then, The PMS cure is the one book that you must have! Written by Susan Richards, M.D., best selling author and one of the most renowned alternative medicine experts, this incredible guide to healing from PMS contains her all natural treatment program that has helped many thousands of her PMS patients gain dramatic relief from their debilitating and uncomfortable PMS symptoms. Dr. Richards program is the most effective and fast acting all natural treatment program available for PMS relief. The book also includes her expert knowledge of the most up-to-date medical and alternative therapy research in this field. In this essential and complete guide to healing from PMS, Dr. Richards shares: - Important information to help you identify the causes and risk factors of anxiety, irritability, mood swings, food cravings, bloating, weight gain, fatigue, acne, cramping and dozens of other symptoms of PMS and how to correct them. - Very helpful workbook for...



READ ONLINE
[8.33 MB]

Reviews

The publication is easy in read through safer to comprehend. It is actually loaded with wisdom and knowledge Its been printed in an extremely simple way and is particularly simply right after i finished reading through this pdf where actually modified me, affect the way i believe.

-- **Ms. Clementina Cole V**

This is the very best publication i have got read until now. It is definitely simplified but shocks within the fifty percent of the pdf. You may like how the article writer create this pdf.

-- **Rosario Durgan**