

Adult Coloring Journal: Al-Anon (Mandala Illustrations, Abstract Trees) (Paperback)



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Reviews

Absolutely essential study pdf. It is written in basic words and phrases rather than hard to understand. I am just happy to tell you that this is basically the finest pdf I actually have studied during my personal lifestyle and can be the very best publication for actually.
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ADULT COLORING JOURNAL: AL-ANON (MANDALA ILLUSTRATIONS, ABSTRACT TREES) (PAPERBACK)



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Adult Coloring Journal Press, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include: - 80 lightly-lined writing pages provide plenty room to capture your thoughts - 40 expression pages for jotting down personal reflections, quotes, poems or sketches - 40 professionally illustrated adult coloring images of varying difficulty - High quality 70# paper Each topic is available in different coloring image themes and a wide array of beautiful covers.



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