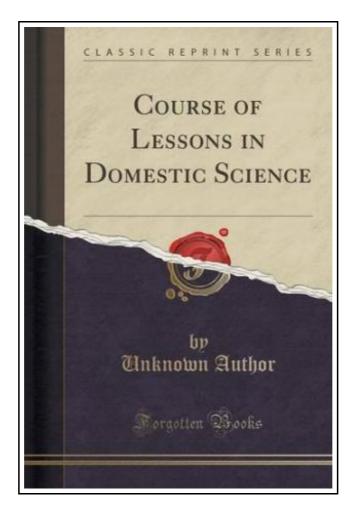
### Course of Lessons in Domestic Science (Classic Reprint)



Filesize: 7.47 MB

### Reviews

Extremely helpful to all of group of individuals. It really is loaded with knowledge and wisdom Its been designed in an extremely basic way and is particularly simply after i finished reading through this ebook where actually altered me, affect the way i believe.

(Lily Ryan)

#### COURSE OF LESSONS IN DOMESTIC SCIENCE (CLASSIC REPRINT)



Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Excerpt from Course of Lessons in Domestic Science Food is that which, when taken into the body, builds and repairs the tissues and furnishes heat and energy to the body. The chemical substances of which the body is composed are very similar to the composition of the foods which nourish it. From fifteen to twenty elements are found in food and in the body, the most important of which are carbon, hydrogen, oxygen, nitrogen, calcium, phosphorus, and sulphur. Food is classified according to its chemical composition into the following groups: Proteins, carbohydrates, fats and oils, and mineral matter. Food principle is the term applied to these classes into which foodstuffs are divided. Proteins Protein is that food principle that contains carbon, hydrogen, oxygen, and nitrogen. It is derived from animal and vegetable sources, builds tissue and repairs waste, and yields a certain amount of heat and energy. Found in meat, fish, eggs, milk, peas, beans, and grains. Carbohydrates Carbohydrate is that food principle that contains carbon, hydrogen, and oxygen. It is derived from vegetable sources and yields heat and energy. Fats and Oils Fats and oils contain the same elements as carbohydrates but in different proportions. They also furnish heat and energy and constitute the fatty tissues of the body. They are derived from animal and vegetable sources. About the Publisher Forgotten Books publishes hundreds of thousands of rare and classic books. Find more at This book is a reproduction of an important historical work. Forgotten Books uses state-of-the-art technology to digitally reconstruct the work, preserving the original format whilst repairing imperfections present in the aged copy. In rare cases, an imperfection in the original, such as...



Read Course of Lessons in Domestic Science (Classic Reprint) Online Download PDF Course of Lessons in Domestic Science (Classic Reprint)

#### Other Books



Games with Books: 28 of the Best Childrens Books and How to Use Them to Help Your Child Learn - From Preschool to Third Grade

Book Condition: Brand New. Book Condition: Brand New.

Read Book »



Games with Books: Twenty-Eight of the Best Childrens Books and How to Use Them to Help Your Child Learn - from Preschool to Third Grade

Book Condition: Brand New. Book Condition: Brand New.

Read Book »



#### History of the Town of Sutton Massachusetts from 1704 to 1876

Createspace, United States, 2015. Paperback. Book Condition: New. annotated edition. 229 x 152 mm. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This version of the History of the Town of Sutton Massachusetts...

Read Book »



Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications.

Rarebooksclub.com, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This historic book may have numerous typos and missing text. Purchasers can usually...

Read Book »



### Hitler's Exiles: Personal Stories of the Flight from Nazi Germany to America

New Press. Hardcover. Book Condition: New. 1565843940 Never Read-12+ year old Hardcover book with dust jacket-may have light shelf or handling wear-has a price sticker or price written inside front or back cover-publishers mark-Good Copy-...

Read Book »



# The Religious Drama: An Art of the Church (Beginning to 17th Century) (Christian Classics Revived: 5)

Christian World Imprints/B.R. Publishing Corporation, New Delhi, India, 2014. Hardcover. Book Condition: New. Dust Jacket Condition: New. Reprinted. This classical on ageless Christian Drama aims to present periods when actually dramatic performances or `Religious Drama'

Save eBook »



## A Smarter Way to Learn JavaScript: The New Approach That Uses Technology to Cut Your Effort in Half

Createspace, United States, 2014. Paperback. Book Condition: New.  $251 \times 178$  mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The ultimate learn-by-doing approach Written for beginners, useful for experienced developers who want to

Save eBook »



## Reflections From the Powder Room on the Love Dare: A Topical Discussion by Women from Different Walks of Life

Destiny Image. Book Condition: New. 0768430593 BRAND NEW!! MULTIPLE COPIES AVAILABLE. NEW CONDITION!! 100% MONEY BACK GUARANTEE!! BUY WITH CONFIDENCE! WE SHIP DAILY!!EXPEDITED SHIPPING AVAILABLE. What's more fun than reading a book? Discussing it with

Save eBook »



#### A Letter from Dorset: Set 11: Non-Fiction

Pearson Education Limited. Paperback. Book Condition: new. BRAND NEW, A Letter from Dorset: Set 11: Non-Fiction, Emma Lynch, This title is part of Phonics Bug - the first Phonics programme to bring together research-based teaching

Save eBook »



# Some of My Best Friends Are Books : Guiding Gifted Readers from Preschool to High School

Book Condition: Brand New. Book Condition: Brand New.

Save eBook »