



How to Overcome Job Interview Anxiety (Paperback)

By Dr Hiten Vyas

Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Are you experiencing the following about job interviews? * Anxiety about attending job interviews, which makes you avoid them. * Habitual negative thoughts about your ability to take job interviews because of lack of self-confidence? * Feelings of inadequacy after your have attended job interviews, because of bad experiences during them? * Rejection from getting jobs? If so, then this eBook will help you to: * Increase your confidence in your ability to take job interviews, and go for the job you want. * Create positive thoughts about yourself in the context of job interviews, so that you can face them with less anxiety. * Learn to see yourself as a person and your ability to take job interviews from a position of power. * Create empowering beliefs about your ability to take job interviews and use them to help you in future job interviews. If you are ready to deal with your fear of job interviews, then this eBook is definitely for you.



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