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Skinny Meals in Heels

By Jennifer Joyce

Murdoch Books. Hardback. Book Condition: new. BRAND NEW, Skinny Meals in Heels, Jennifer Joyce, Food writer, stylist and chef Jennifer Joyce follows up her hugely successful cookbook Meals in Heels with the lighter, but equally sophisticated, Skinny Meals in Heels. Not to be mistaken for a mundane diet book, Skinny Meals in Heels is a stylish guide to home cooking in the real world, where mid-week meals with friends and family need to be quick, healthy, satisfying and full of flavour. With glamorous line illustrations and a fresh and sassy design, Skinny Meals in Heels has chapters on everything from snacks and nibbles, to weekday dinners in under an hour and skinny puddings. Containing clear explanations as to why each recipe is 'skinny' and tips on how to save time with your preparation, Skinny Meals in Heels has everything you'll need for home-cooking with style and ease! Key points: a fresh design with a hint of humour; glamorous line illustrations; easy to follow approach with simple recipes; clear explanations as to why each recipe is 'skinny' and how to save time with your preparation.



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Reviews

I actually started looking over this publication. It really is rally interesting throgh studying period. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Dana Hintz

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