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Bright Blessings (Paperback)

By Helen Leathers

Spreading the Magic, United Kingdom, 2014. Paperback.
 Condition: New. Language: English . Brand New Book *****
 Print on Demand *****.We all lead busy lives but making a tiny bit of time for ourselves to think our thoughts and get to know more about ourselves, our hopes and our dreams can have a massive impact on how we see the world and our role within it. Do you truly know, where you have been, where you are now and, most importantly where you are heading? Are you happy? Would you like to be? This is a collection of articles, observations and quotes which aim to make you stop and think. In amongst all the everyday stuff , take a few moments to dip in and have a read. Whether you need inspiration, a quiet moment, a focus for meditation, spiritual or philosophical advice or support, or maybe even something different to do this weekend this is the book to have within easy reach. A percentage of profits from the sale of this book will be donated equally between The National Literacy Trust and The Hunger Project in a bid to help illiteracy and poverty in the UK and in developing countries.



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