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Coaching for High Performance: How to Develop Exceptional Results Through Coaching (Paperback)

By Sarah Cook

IT Governance Publishing, United Kingdom, 2009. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Coaching for High Performance is intended to inspire IT managers with practical advice and tips on how to create a coaching environment in their department. Applying coaching skills in the IT workplace will help create an environment of high performance. Coaching enables people improve performance and enhance the quality of work. Furthermore, it is a skill that is readily usable by all. It is a set of behaviours which can be used during a five- minute chat with a colleague or a direct report, during a one-to-one meeting, a performance review or as part of an IT project meeting. The author, Sarah Cook is the Managing Director of The Stairway Consultancy Ltd. She has 15 years consulting experience specialising in executive coaching, leadership and change and a background in industry. Sarah is a Fellow of Chartered Institute of Personnel Development with an MA from Cambridge University and an MBA. She is an accredited user of a wide range of psychometric and personal diagnostic tools.



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