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Soul Self: How to Tame Your Mind, Uncover Your Blueprint, and Live Your Soul Purpose (Paperback)

By Jack Stephens

Soul Self Living Publications, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. In Soul Self: How to Tame Your Mind, Uncover Your Blueprint, and Live Your Purpose, transformation coach Jack Stephens explains, with crystal clarity, how to bring your Soul, ego-mind and body into balance and alignment, and gives wisdom seekers practical tools to make lasting change for a brighter life. Divided into three clear sections, Distinguishing Between the Ego and Soul, Finding Your True Voice, and Being Your Self: Acting On Your Soul s Direction, Soul Self offers valuable insight into how to access and embody higher states of awareness, turn knowledge into wisdom, and shift from ego-driven to Soul-guided living, creating greater happiness and prosperity. Jack Stephens Soul Self engaged me with wisdom I found throughout the pages. He starts off with a wonderful and instructional analogy about a horse and its rider (as it relates to your personal journey through life). Then a few pages later you get to Pebbles: A Fable. This simple, powerful story is worth the price of admission alone. The wisdom in just these three pages will do wonders for your spiritual journey if practiced! Soul...



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Reviews

I actually started looking over this publication. It really is rally interesting throgh studying period. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Dana Hintz

Good electronic book and valuable one. It really is basic but unexpected situations in the 50 percent in the pdf. You wont really feel monotony at at any moment of your time (that's what catalogues are for concerning when you ask me).

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