



## When the Light at the End of the Tunnel Is Another Train (Paperback)

By Judy Tomczak

Word Alive Press, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The reality is that very few of our loved ones will make it through addiction without huge costs. Some of them won't survive, and some of us won't survive to see them come through. I decided to give myself a motto to follow: What I cannot control will not control me. Judy Tomczak faced some heartbreaking experiences in her adult years, but nothing challenged her faith, health and spirit more than her daughter's battle with addictions. Judy faced losing her daughter again and again to the dangerous lifestyle that kept pulling her downwards. The guilt, shame, and fear that a mother feels while watching her child fight this battle is more than anyone can bear alone. This is the story of one mother's struggle to overcome that which she cannot control. I read Judy's book in one sitting. I couldn't help myself. Her honest, candid description of life as the mother of an (entirely loved) addict drew me in, making me mad, making me laugh, making me hope that this time the change would stick. But...



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