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HarperCollins Publishers (New Zealand), New Zealand, 2006. Hardback. Condition: New. Language: N/A. Brand New Book. How is possible to have strong intimate relationships with others, if we haven t first developed one with ourselves? This is the motivating question behind E-SENSUAL FOR WOMEN; a sensuality programme for empowering women, developed by Shar Henderson. Love, Light and Laughter will complement the programme, and outlines a series of sensual and sexual exercises readers can conduct in the safety of their own home...

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- Authored by Shar Henderson
- Released at 2006



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