



Obsessive Compulsive Disorders: Challenges and Solutions: A Manual for Treating Professionals

By Dr Christian R Komor

Createspace, United States, 2004. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Often misunderstood, Obsessive Compulsive Spectrum Disorders are now thought to be genetically determined disorders aggravated by immune, hormonal and life stress events. While research into these fascinating mind/body disorders has made great advances, treatment innovations have lagged far behind. Many OC patients go undiagnosed. Even those patients fortunate enough to receive attention find there are few practitioners with the expertise to provide high quality treatment or understand the subtle effects the disorder has on the individual s lifestyle, learning abilities, relationships, career choices and even spirituality. This training manual for professionals has been presented to thousands of physicians and counselors in over 100 cities across the United States. Developed by an internationally recognized expert in Obsessive Compulsive Spectrum Disorders the manual provides a broad overview of the field including significant aspects of diagnosis, comorbid issues, neurology, immunology, treatment planning, psychoactive and alternative medications, anxiety reduction and lifestyle management strategies. The course will also provide a complete package of treatment skills for conducting effective behavioral treatment with OCD, Trichotillomania, Body Dysmorphic Disorder, Compulsive Hoarding, and Tourette's Disorder and...

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