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Help Your Partner Say 'Yes': Seven Steps to Achieving Better Cooperation and Communication

By Andrew G. Marshall

Bloomsbury Publishing PLC. Paperback. Book Condition: new. BRAND NEW, Help Your Partner Say 'Yes': Seven Steps to Achieving Better Cooperation and Communication, Andrew G. Marshall, Have you tried asking nicely but nothing has changed? Have you resorted to nagging, sulking or losing your temper but it has just made things worse? Has your partner said 'yes' but never quite got round to that job? Have you told yourself 'it doesn't matter' but just ended up resenting your partner? If all this sounds familiar, you are ready for an entirely new approach. In this eye-opening book, marital therapist Andrew G Marshall draws on twenty-five years of counselling couples and the latest research to explain the Art of Persuading your Partner: - Learn why people find it so hard to change and the levers to get out of a rut. - Discover how to make co-operating the norm rather than a special favour. - Stop demanding and start nudging your partner to change. - Start asking in a clear and effective way. - Discover the rewards that work. - Help your partner say: yes.



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