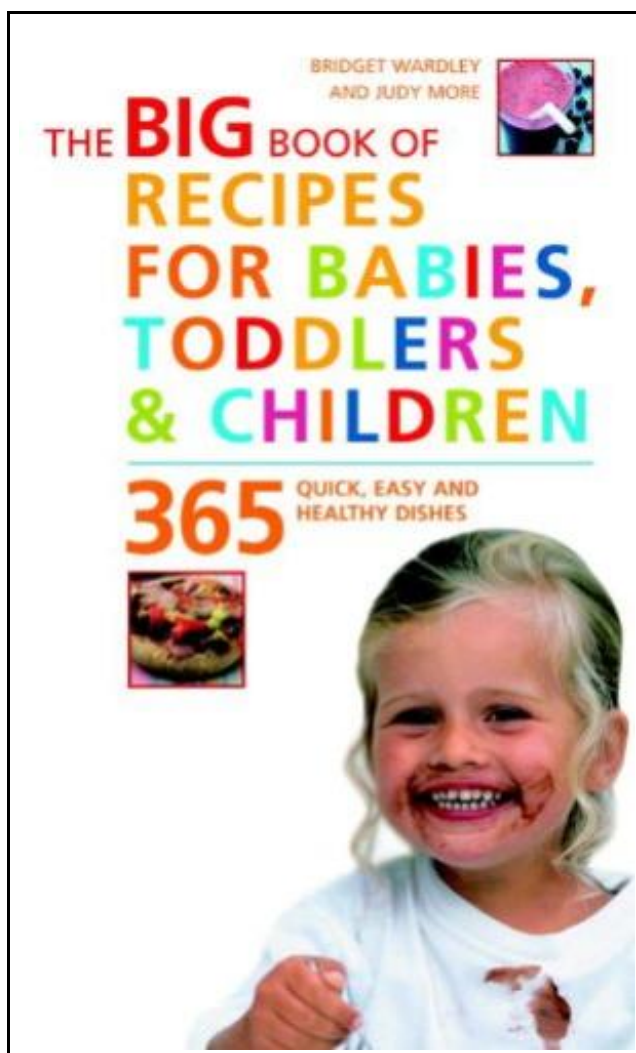


The Big Book of Recipes for Babies, Toddlers & Children: 365 Quick, Easy, and Healthy Dishes



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(Dr. Kayden Gerlach)

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Duncan Baird, 2006. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: More than a cookbook, this indispensable kitchen companion not only offers delicious recipes for every day of the year, but also contains a wealth of information on child nutrition--from weaning and introducing solids to packing lunches and serving up party foods for older children. It emphasizes an easy approach to food preparation, with no complicated measurements or methods. Most important of all, there's a wide variety of recipes for every stage of childhood development, complete with 50 "first food" recipes, 7-day meal planners, and sound snack ideas. Practical tips accompany the dishes, including methods for promoting healthy eating habits that support brain development and a strong immune system.



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