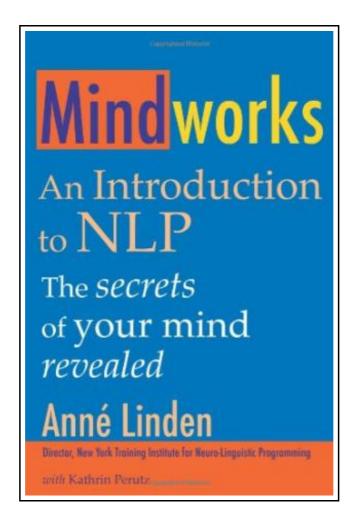
Mindworks: An Introduction to NLP



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Reviews

It is an awesome book that we have possibly go through. It is actually writter in straightforward words and phrases and not confusing. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Tierra Kunde)

MINDWORKS: AN INTRODUCTION TO NLP



Crown House Publishing. Paperback. Book Condition: new. BRAND NEW, Mindworks: An Introduction to NLP, Anne Linden, Kathrin Perutz, How do you motivate yourself? What is it that you habitually do but are unaware of that controls the outcomes of your life? Becoming aware means gaining the power to choose between what you do (or think) 'automatically' and what you would like to do. By becoming conscious of how your hidden (unconscious) mind actually works and applying the very simple techniques demonstrated in "Mindworks" you can make changes that lead to new thinking and new behaviour. Instead of telling yourself 'I'm not good enough' you can switch in an instant to telling yourself 'I can do it!' Instead of seeing on out-of-focus picture of your goal, you can have a clear, sharp image that leads you directly to it. "Mindworks" shows you how to 'change' your mind, reprogram your thoughts, gain control of your fears and fulfil your desires and potential. Anything is possible - when you know your own mind! "Mindworks" will show you how to: say what you mean to get others to respond the way you want; use principles of the new linguistics to communicate more precisely with yourself and others; identify and access your resources to make full use of your talents, skills and abilities; create a 'blueprint' for the road ahead by asking yourself a few simple questions; recycle mistakes, setbacks and failures into resourceful experiences; replace your destructive behaviours with constructive ones that will fulfil your original purpose; see things from new perspectives; and go from 'stuck' to choice in an instant."Mindworks" shows you all of the astonishing and wonderful ways to take full advantage of everything you have and are, to accomplish whatever you set out to do!Using the amazing effective tools of Neuro Linguistic...



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