

Sudha Krishnan



Smt. Sudha Krishnan is a Bharatanatyam performer, teacher, and choreographer. A disciple of late Guru Shri K. J. Govindarajan Pillai, she has also trained under Smt. Gayatri Subramaniam and Smt. Vidhya Subramanian. Based in California, she nurtures and inspires young dancers through Nritya Laya Darpan and its offshoot, Darpana Reflector Series.

Sudha's Dance Journey

Sudha Krishnan started learning the art form at a young age of 5. After initial training under Guru Smt. Aruna Subramaniam underwent extensive learning and rigorous training with Guru Shri. K.J.Govindarajan, founder of Bharata Natya Niketan, New Delhi, India. After completing her Arangetram (maiden performance) under his tutelage, she performed at various events thereafter. After the passing of her guru, she continued her learning under Smt. Kalaivani Rajmohan, her Guru's daughter, went on to perform at various prestigious venues in Delhi and other places in India. Sudha also learnt under Guru. Smt. Gayatri Subramaniam, founder of Takshila Dance Academy, Vashi, Mumbai, who generously trained her with some of her traditional pieces during 2014 - 2015. More recently, Sudha had the opportunity to hone her skills under the internationally acclaimed artist and Guru. Smt. Vidhya Subramanian. She also receives training in nattuvangam from Vidwan Sri. Lalgudi R.Sriganesh allowing her to keep up her passion for dance & rhythm. Recently, Currently, Sudha is pursuing a Master's in Bharatanatyam to enrich her knowledge in the art form.



**With Late Guru Shri. K.J.Govindarajan Pillai
22nd January, 1993**



Nritya Laya Darpan



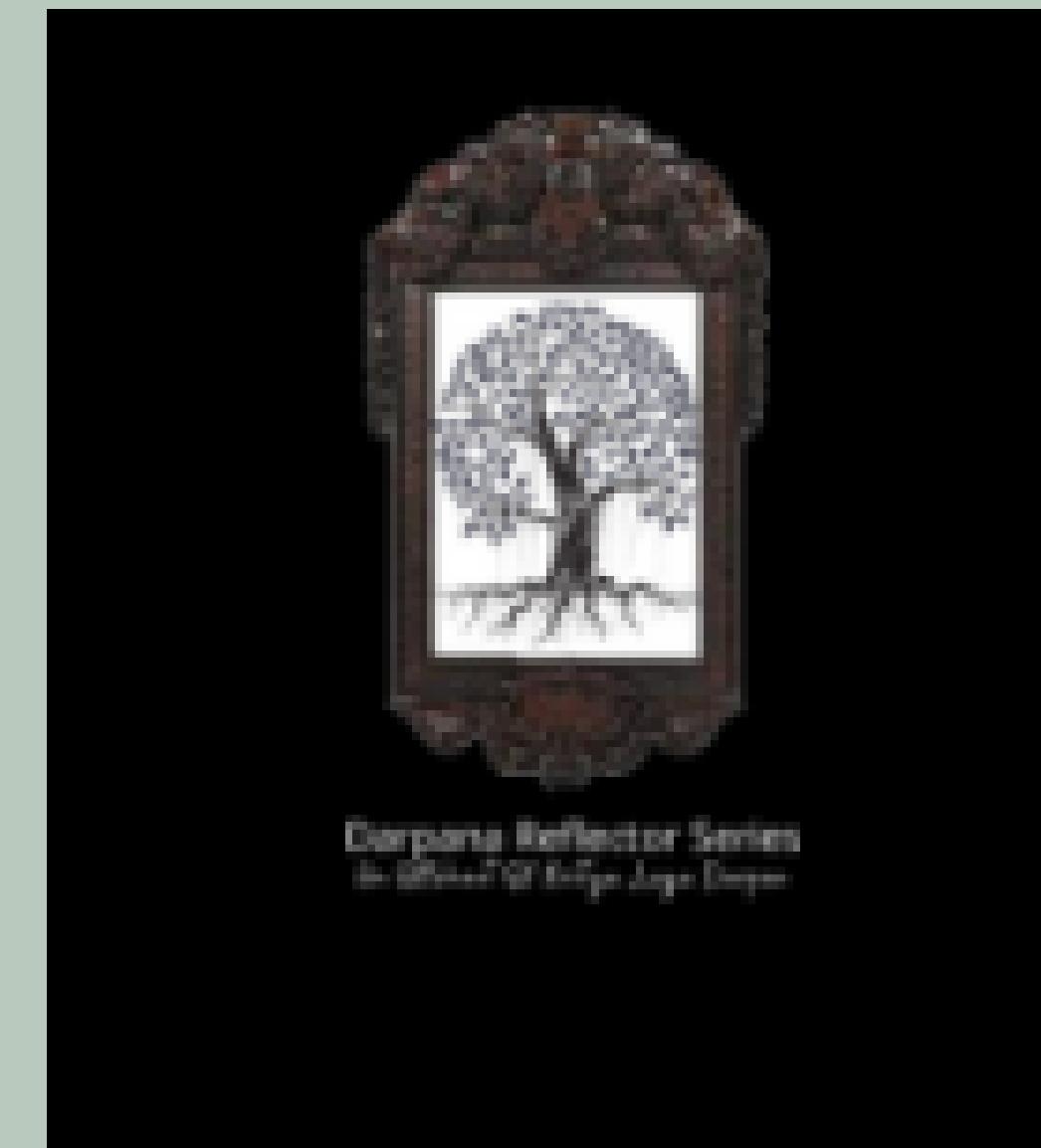
Reflecting The Art Of Dance & Rhythm

Founded on: 19th October 2010

Ever since the year 2001. Sudha has been training young children and adults alike, and later in 2010, she formally established it under the name Nritya Laya Darpan in San Ramon, California. Having started with fewer than a handful of students to a significant number today, from an apartment patio to a garage to rented spaces, and now to a studio of their own, NLD has grown manifold and continues to cater to the students of today by encouraging them to learn and showcase their talents. Nritya Laya Darpan is where Smt. Sudha Krishnan's soul finds joy and happiness. Her vision to spread this art form to a larger audience came to fruition in 2010 when she launched NLD. She takes pride in giving the students an in-depth and holistic training in the pieces that they learn.

Darpana Reflector Series

Darpana Reflector Series
presents
kāla vṛiddhi



Darpana Reflector Series
presents
kāla pradarshini

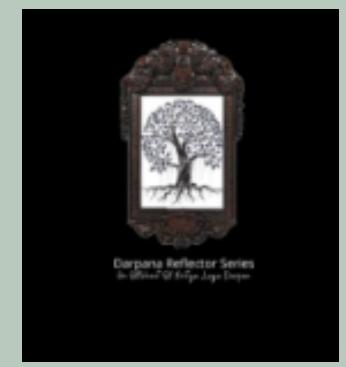
In 2020, Sudha started a new part of her dance school called the Darpana Reflector Series to create more chances for young dancers. This program has workshops and performances on different topics, led by respected teachers, so students can learn from many experts and see different artistic views. It also gives a special place for young dancers to show their work, try new ideas, and gain confidence in a supportive group. Through the Darpana Reflector Series, Sudha hopes to create a space where students can learn more about Bharatanatyam, connect with the art form, and grow through helpful guidance, meaningful interactions, and regular practice.



Founded on: 3rd March 2020

A reflection of 5 years

Darpana Reflector Series



Noteworthy artists hosted as part of the **Kala Vriddhi** series are:

Sri. Vaibhav Arekar - Tala Darpana, Taal Samvaad, Abhang

Smt. Vidhya Subramanian - Lasya Darpana - Reflecting upon the Grace in movement

Sri. Praveen Kumar - Angika Darpana - Reflecting upon the bodily aspects in Abhinaya

Sri. Lalgudi Sri. R. Sriganesh - Taal Samvaad

Dr. Sridhar Vasudevan - Tattva Darpana - Reflecting upon the 5 elements

Smt. Priya Murle - Lec-Dem on Abhinaya - A research or impulse

Smt. Shobana Bhalchandra - Lec-Dem on Metaphors & Similes in Abhinaya

Sri. Parshwanath Upadhye - Paathra Darpana - Reflecting upon the Character

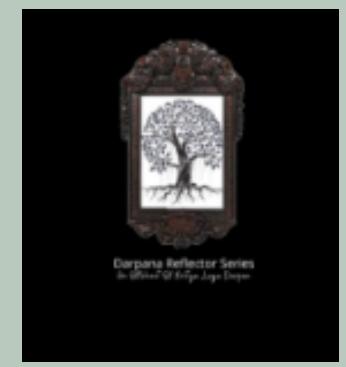
Sri. Pavitra Krishna Bhat - Anga Darpana - Reflecting upon the Lines of the Body

Smt. Karuna Sagari - Bhaava Darpana - Reflecting upon the Emotions in Dance

Smt. Ragini Chandersekhar - Bhakti Darpana - Reflecting upon Devotion in Dance

Smt. Poorva Saraswat - Ahaarya Darpana - Ornamentation & Beyond

Darpana Reflector Series



Darpana Reflector Series
presents
kala pradarshini

A wing that focuses in curating in-person performances hosted in the studio space at Dublin, CA

Renowned and sought-after artists have been hosted as part of the **Kala Pradarshini** series. Some noteworthy concerts hosted at this intimate space are:

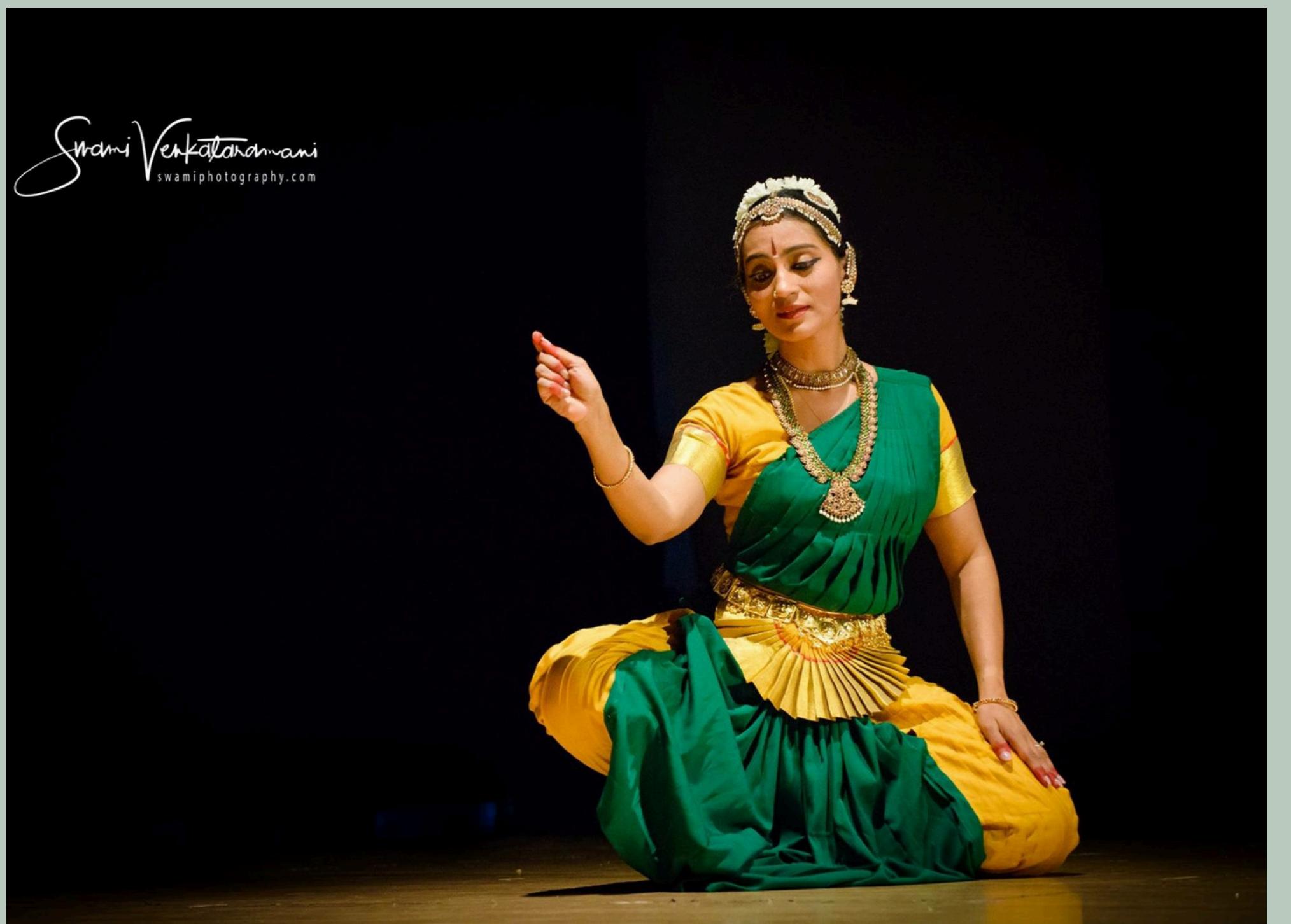
Baithak by **Sri. Vaibhav Arekar**

Anubhuti - An Experience by **Sri. Pavitra Krishna Bhat**

Hindustani Baithak by **Sri. T.N.Arunagiri**

Hindustani Baithak by **Smt. Saneyee Purandare Bhattacharjee**

and other young talented artists from the Bay Area in the areas of Classical Music & Dance



Accomplishments

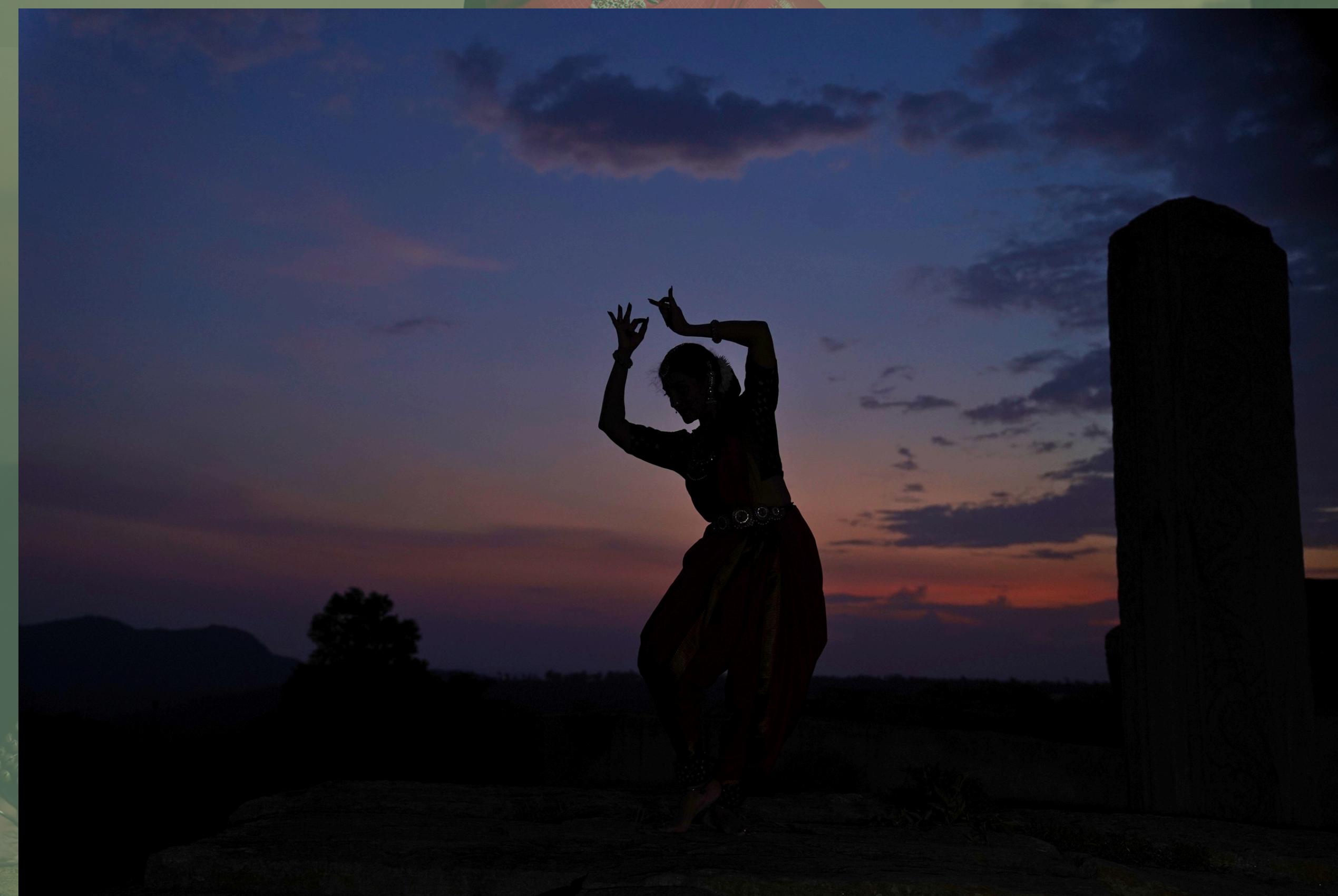
Sudha Krishnan has presented several solo recitals throughout her dance journey at prestigious venues, including Triveni Kala Sangam, Krishna Gana Sabha, FICCI Auditorium, and the Chidambaram Natyanjali Festival. After moving to the Bay Area, she continued to perform at various cultural festivals, including Yuva Bharathi, Jhankar Festival, and Sanatana Dharma Kendra, among others, establishing herself as a solo artist. She has worked on several thematic presentations like

- **Pravaha - Eternal Flow of Dharma**
- **Paryavarana - Revering the Environment**
- **Pancha Mukha ShivaPravaha**
- **Partheeswara**
- And a mini documentary on "**The Dance- Immigrant Women and Arts**"

From the Desk of Critics

Over the years, Sudha's performances have been widely praised by many respected dance critics from across India.

- *Indian Express*, Nov 1994 “**....Gifted with Slender face and expressive eyes together with tapering movements...**” by Ranjini Rajagopalan
- *Hindustan Times*, Nov 1996 “**Sudha's Nritta is more than neat and invocative**” by Shanta Sarabjeet Singh
- *Statesman*, Jan 2000 “**Rhythm is Sudha's strongest point...**” by Subbudu
- *Hindu*, Mar 2000 “**Attractive stage presence**” by Leela Venkataraman



Notable Performances

- Aug 2013 - *Surdas*, Milpitas, CA
- Dec 2014 - *Devotion Across Language*, Milpitas, CA
- Mar 2015 - *Margam* for *Yuva Bharati*, CA Indian
- Dec 2016 - *Odisha Flood Relief*
- Apr 2017 - *City of San Ramon*, CA
- Jun 2017 - *Paryavaranam*
- Nov 2019 - *Solo Showcase* for *Namaha Foundation*
- Feb 2024 - *Solo Showcase* for *SDK*
- Jan 2025 - *Rasamritam* for *Kala Pradarshini*
- Nov 2025 - *Natya Madhuram & Abhisarika*



Highlights

RasAmritam - Jan 2025

Pravaha - Eternal Flow of Dharma

Natya Madhuram - Nov 2025

Abhisarika - Nov 2025

Solo Showcase - Feb 2024

Sudha also has to her credit several arangetrams in California, USA and, Bangalore, India. Collaborated with several renowned artists such as Smt. Asha Ramesh, Sri. Rohith Bhat Uppoor, Smt. Snigdha Venkataramani, Sri. Lalgudi R.Sriganesh, Sri. Natrajan Srinivasan, Sri. Ravindrabharathy Sridharan, Sri. Vikram Ragukumar, Sri. S.V.Balakrishna, Sri. Jayaram Kikkeri, Sri. Srinidhi Mattur, Sri. Shashank Jodidar, Smt. Anjani Sreenivasan, Sri. Ashwin Krishnakumar, Sri. Srivatsa Pasumarthi, Sri. Sai Krishnan. She brought together beautiful compositions to life, some that are her Guru's choreographies, some of renowned artists, and some of her own, executed with grace and ease by her students, enthraling audiences.

Reflections from Sudha: “I owe everything in my dancing journey thus far to the Lord Almighty and all my Gurus whose continuous grace and guidance has been my guiding light. Additionally, there have been great mentors such as Sri. P. Seshadri who gave me early opportunities to not only perform but also emcee for great artists. In the recent years, I feel blessed to have Sri. Vaibhav Arekar in my life as my mentor and guide inspiring me through my journey. I look forward to learning and growing in this art form every day.”

Sudha Krishnan



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