



## Example 3:

Input: root = []
Output: true

## **Constraints:**

- The number of nodes in the tree is in the range [0, 5000].
- $-10^4 \le Node.val \le 10^4$

## Python:

# Definition for a binary tree node.

```
class TreeNode:
  def __init__(self, val=0, left=None, right=None):
     self.val = val
     self.left = left
     self.right = right
class Solution:
  def isBalanced(self, root: TreeNode) -> bool:
     def check(node):
        if not node:
          return 0 # height of empty tree = 0
        left = check(node.left)
        if left == -1: # left subtree not balanced
          return -1
        right = check(node.right)
        if right == -1: # right subtree not balanced
          return -1
        if abs(left - right) > 1: # not balanced
          return -1
        return max(left, right) + 1 # return height
     return check(root) != -1
JavaScript:
// Definition for a binary tree node.
function TreeNode(val, left = null, right = null) {
  this.val = val;
  this.left = left;
  this.right = right;
}
var isBalanced = function(root) {
  function checkHeight(node) {
     if (node === null) return 0; // Base case: height of empty tree is 0
     let leftHeight = checkHeight(node.left);
     if (leftHeight === -1) return -1; // Left subtree is unbalanced
     let rightHeight = checkHeight(node.right);
     if (rightHeight === -1) return -1; // Right subtree is unbalanced
```

```
if (Math.abs(leftHeight - rightHeight) > 1) return -1; // Current node unbalanced
     return Math.max(leftHeight, rightHeight) + 1; // Return height of current node
  }
  return checkHeight(root) !== -1;
};
Java:
/**
* Definition for a binary tree node.
* public class TreeNode {
    int val;
    TreeNode left;
   TreeNode right;
    TreeNode() {}
    TreeNode(int val) { this.val = val; }
    TreeNode(int val, TreeNode left, TreeNode right) {
       this.val = val;
       this.left = left;
       this.right = right;
* }
*/
class Solution {
  public boolean isBalanced(TreeNode root) {
     return checkHeight(root) != -1;
  }
  private int checkHeight(TreeNode node) {
     if (node == null) return 0;
     int left = checkHeight(node.left);
     if (left == -1) return -1;
     int right = checkHeight(node.right);
     if (right == -1) return -1;
     if (Math.abs(left - right) > 1) return -1;
     return Math.max(left, right) + 1;
  }
}
```