

Chopseuy

Filipino stir fried vegetables loaded with chayote, carrots, broccoli, cauliflower, mushrooms and different meats like pork and chicken.

Recipes

- 1 broccoli, cut into florets
- 1 cauliflower, cut into florets
- 1 large carrots sliced thinly
- 2 stalks celery, sliced
- 2 small chayote, sliced
- 6 pcs dried shiitake mushrooms, rehydrated and sliced
- 300g cup pork belly, diced
- 6 cloves garlic, minced
- 1 red onion, chopped
- 1 tbsp cornstarch (dissolved in 1/4 cup water)
- 1 cup chicken stock
- 1 tbsp sugar
- fish sauce
- freshly ground black pepper
- oil

Steps:

- 1. Heat up a wok in a very high heat, add oil and sauté garlic and onion.
- 2. Add pork then stir fry for 2 minutes.
- 3. Add broccoli, cauliflower, chayote, celery and shiitake mushroom then continue to stir fry for 2 minutes.
- 4. Add capsicum and carrots then stir fry for 2 minutes.
- 5. Add chicken stock, sugar and dissolved cornstarch, bring to a rapid boil.
- 6. Once it boils fish sauce and freshly ground black pepper.