

Fatteh

Chicken Fatteh is a traditional Middle Eastern dish consisting of layers of toasted pita bread, spiced chicken, yogurt, and aromatic sauces. It's a flavorful and satisfying dish with contrasting textures.

Recipes

4 boneless, skinless chicken breasts

- 2 tablespoons olive oil
- 2 cloves garlic, minced
- 1 teaspoon ground cumin
- 1 teaspoon ground coriander
- 1/2 teaspoon ground turmeric
- Salt and pepper to taste
- 4 large pita bread rounds
- 2 cups plain yogurt
- 2 tablespoons tahini
- 2 tablespoons lemon juice -

Steps:

- 1. Preheat the oven to 375°F (190°C).
- 2. In a bowl, mix together the olive oil, minced garlic, ground cumin, ground coriander, ground turmeric, salt, and pepper to create a marinade.
- 3. Place the chicken breasts in the marinade, ensuring they are fully coated. Let them marinate for at least 30 minutes, or refrigerate overnight for enhanced flavor.
- 4.. Heat a grill pan or skillet over medium-high heat.
 Grill the marinated chicken breasts for about 4-5
 minutes per side, or until they are cooked through.
 Remove from heat and let them rest for a few
 minutes. Slice the grilled chicken