

Bicol Express

The mild sweetness of coconut milk brings a sense of delight to the sharp notes of chili pepper and bagoong in the classic Bicol Express recipe. This contrast has long created a spell-binding richness in taste for the dish. And this has helped make it arguably one of the most popular Filipino dishes.

Recipes

- 2 lbs. pork belly sliced into strips
- 2 cups coconut milk
- 2 cups coconut cream
- 1/2 cup shrimp paste bagoong alamang
- 4 cloves garlic crushed
- 6 pieces Thai chili pepper chopped
- 1 thumb ginger minced
- 1 piece onion chopped
- 1 pieces Serrano pepper sliced
- 1 cup water optional

Steps:

- 1. Combine ginger, garlic, onion, Thai chili pepper, pork, and coconut milk in a pan. Mix well. Cover the pan and turn the heat to on. Let the mixture boil.
- 2. Remove the cover. Stir. Add half of the bagoong and pour around 1 cup of coconut cream and a cup of water. Stir and adjust the heat to low. Cook until the sauce reduces to a quarter (around 50 minutes).
- 3. Add the remaining coconut cream and bagoong alamang (as needed). Also add the Serrano peppers. Continue cooking in low heat until the sauce thickens (around
- 4. Transfer to a serving plate and serve with warm rice.