



# Baked Macaroni

Baked macaroni is a pasta dish which is made out of macaroni, tomato based sauce and minced meat. It looks similar to Macaroni and Cheese straight out of the oven but the resemblance stops there as this dish is not cheese based but is flavoured with meat and tomatoes.

## Recipes

- 2 tbsp Vegetable Oil
- 6 cloves garlic, minced
- 1 piece onion, minced
- 250g freshly ground pork
- 1 cup Tomato Sauce
- 1cup Banana Catsup
- 1cup Cold Water
- seasoning
- 2tbsp light brown sugar
- 400g Spaghetti
- 1 piece All Purpose Cream,  
125ml, chilled
- 4 tablespoons melting cheese,  
grated

## Steps:

1. Sauté garlic and onion in oil. Add ground pork and cook for 5 minutes. Pour tomato sauce, catsup and water, cover, and simmer for 10 minutes. Season with seasoning and brown sugar. (20 minutes)
2. Boil macaroni according to package direction. Strain macaroni and toss in the sauce. Transfer into a baking dish.
3. Pour All Purpose Cream and grate cheese on top. Bake in an oven or toaster until top is golden brown. Serve warm. (10 minutes)