



Pineapple Smoothie

It is a tropical combination of pineapple, banana, pineapple juice and Greek yogurt, all blended together until creamy and smooth. A great smoothie for breakfast or snack time.

Ingredients

- 1 ½ cups pineapple juice
- 1 banana
- 1 ½ cups frozen pineapple chunks
- ¾ cup vanilla Greek yogurt
- Fresh pineapple

Procedures

1. Place the pineapple juice, banana, frozen pineapple and vanilla Greek yogurt in a blender.
2. Blend until smooth.
3. Pour into two glasses.
4. Garnish with pineapple wedges and mint sprigs if desired.