



Minced Beef

Ground beef is fried with ginger, soy sauce, sake and mirin for a quick and easy mid-week meal. Serve with rice.

Recipes

- $\frac{3}{4}$ pound ground beef
- 2 tablespoons freshly grated ginger
- 3 tablespoons soy sauce
- 3 tablespoons sake (Japanese rice wine)
- 2 tablespoons mirin (Japanese sweet wine)
- 1 tablespoon white sugar, or more to taste

Steps:

1. Heat a skillet over medium heat; cook and stir beef until cooked through, 5 to 7 minutes. Add ginger and stir well. Stir soy sauce, sake, mirin, and sugar into beef mixture; bring to a boil and cook for 1 minute more.