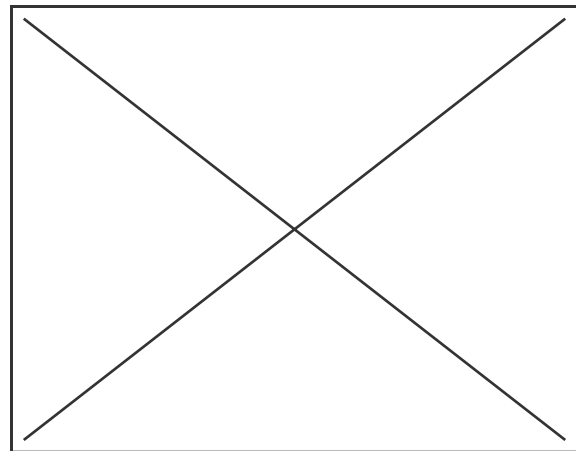
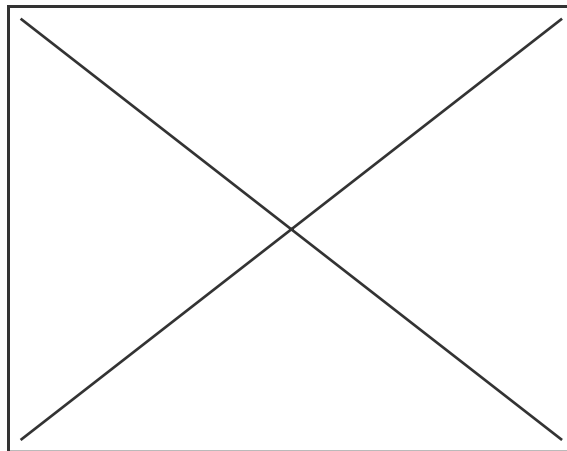
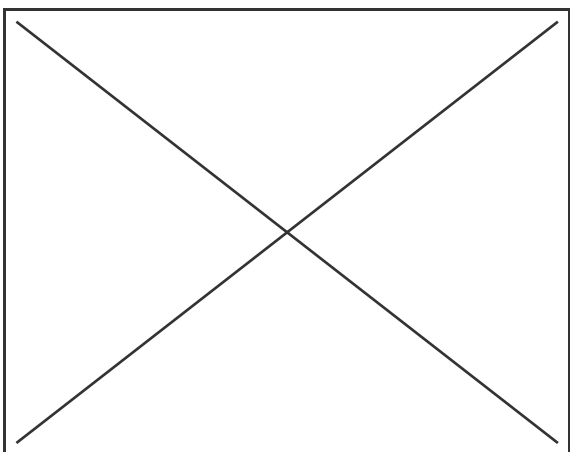


## African Irresistible Cuisine

Traditionally, the various cuisines of Africa use a combination of locally available fruits, cereal grains and vegetables, as well as milk and meat products,[1][2] and do not usually have

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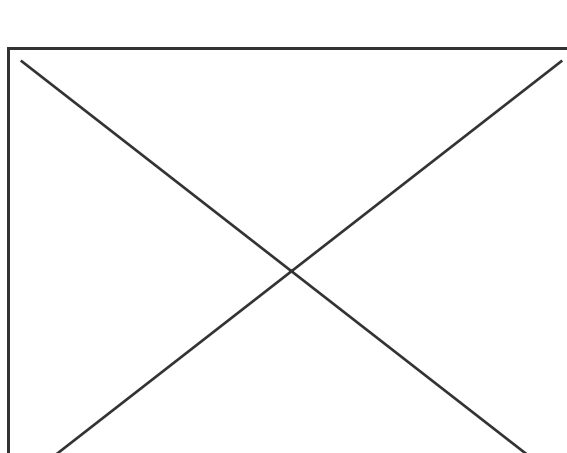
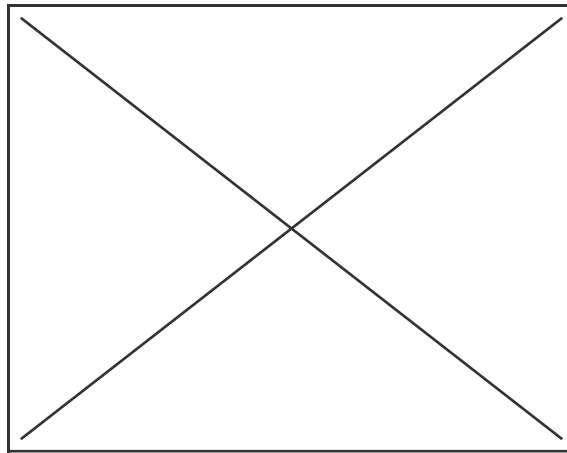
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Country Cuisin

Image

Number of Adu

Prep Time

Cook Time

Ingredients

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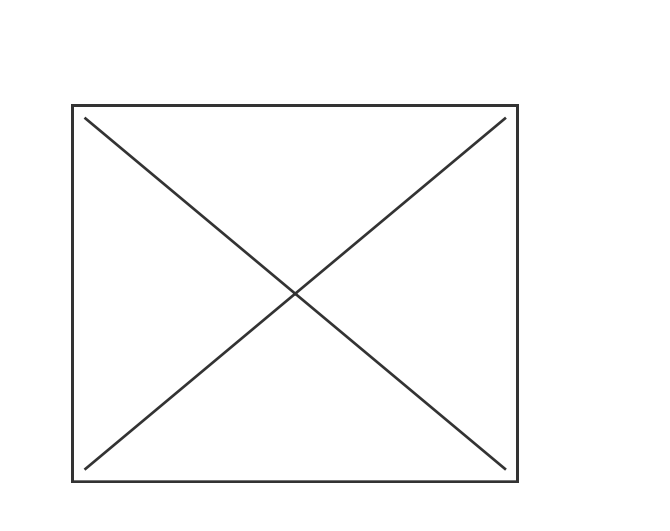
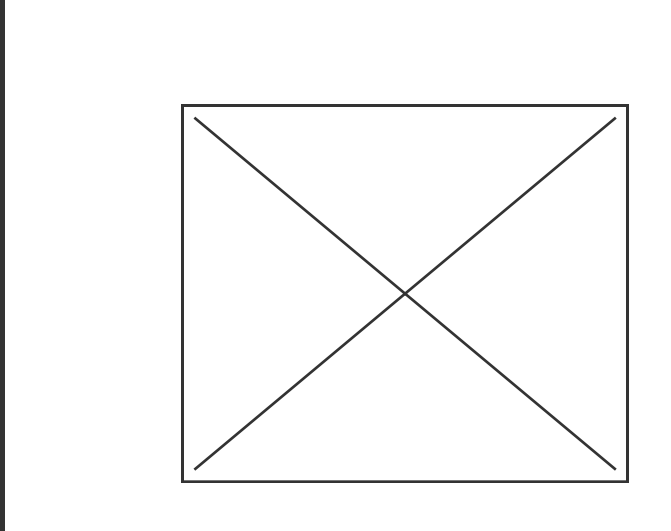
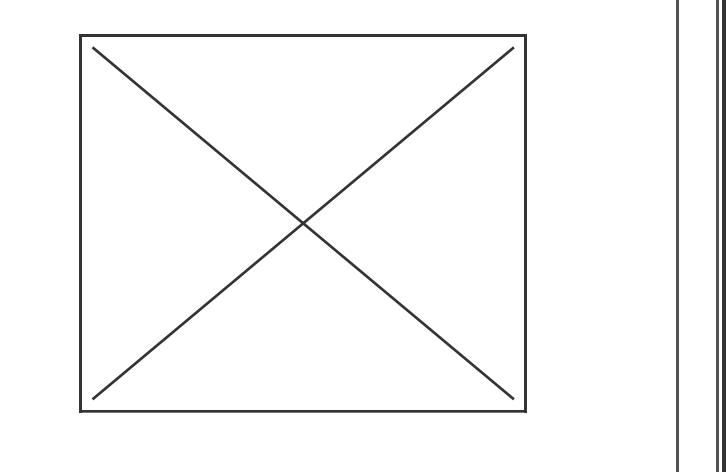
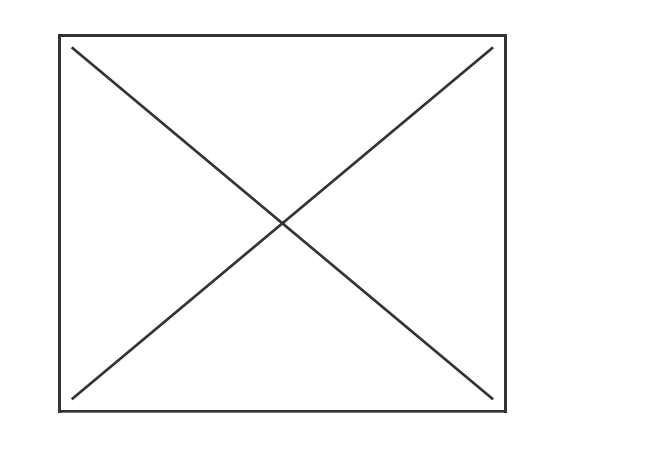
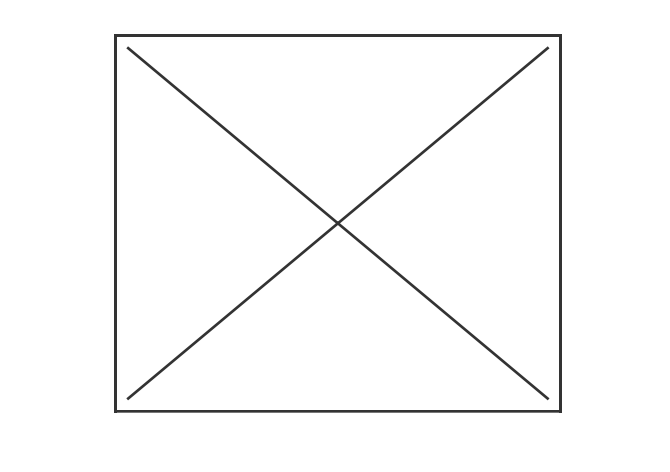
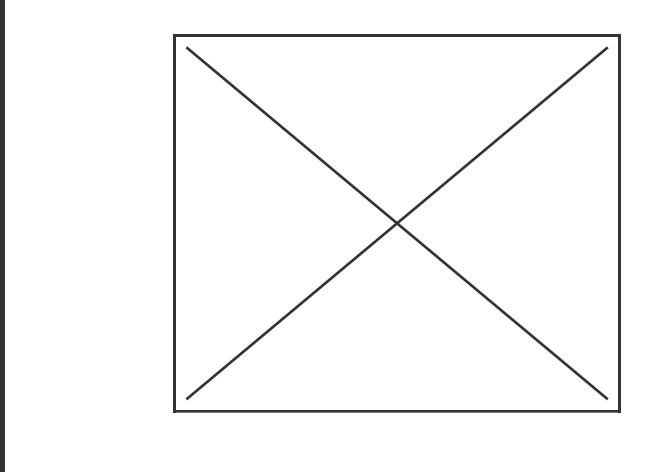
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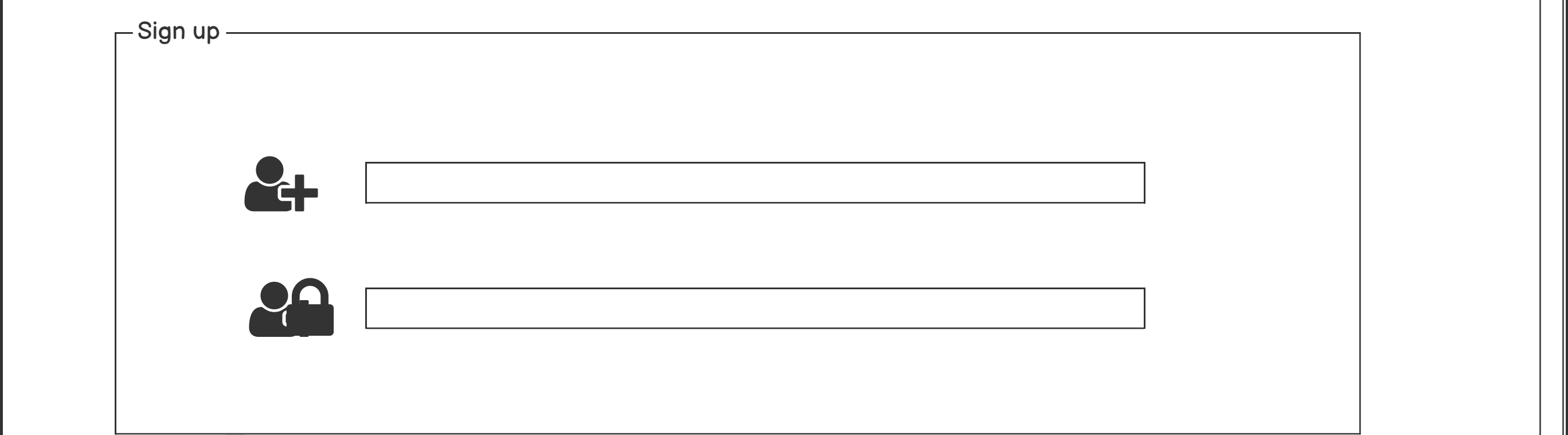
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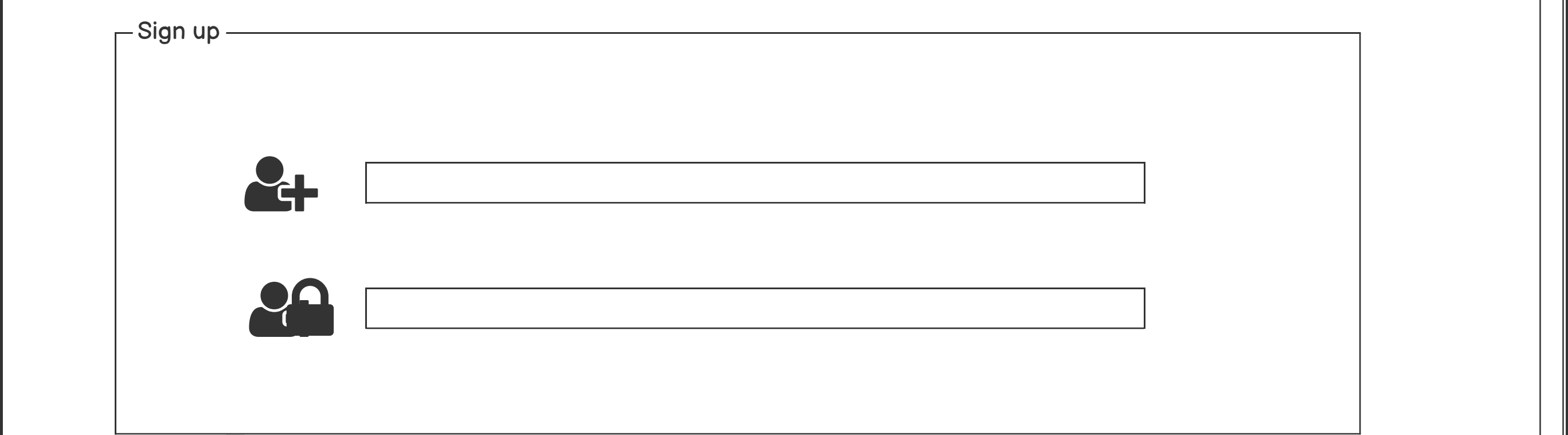





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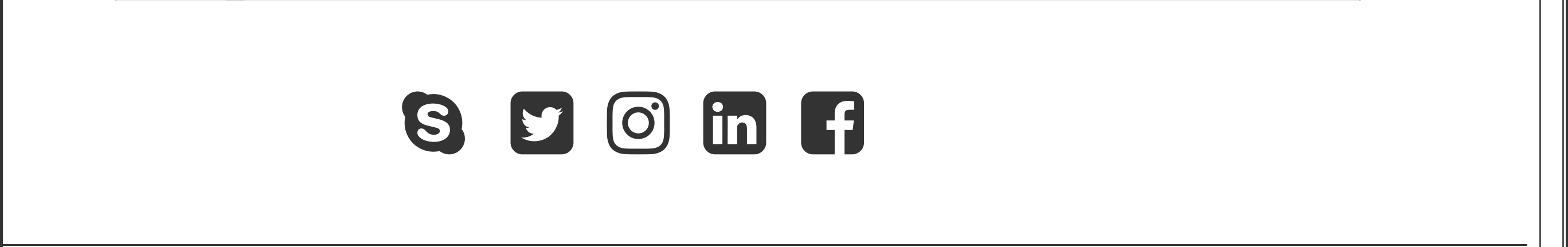


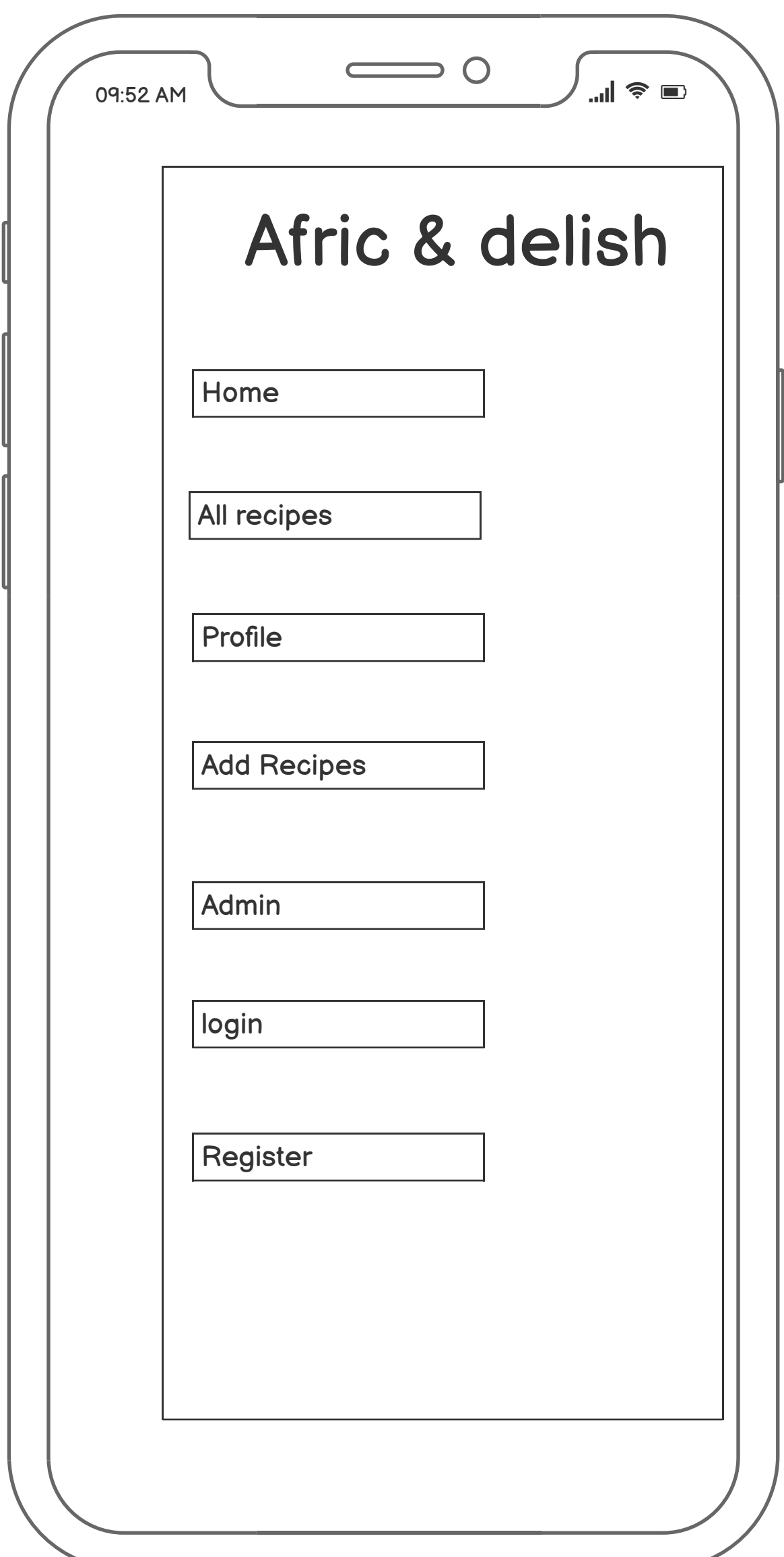
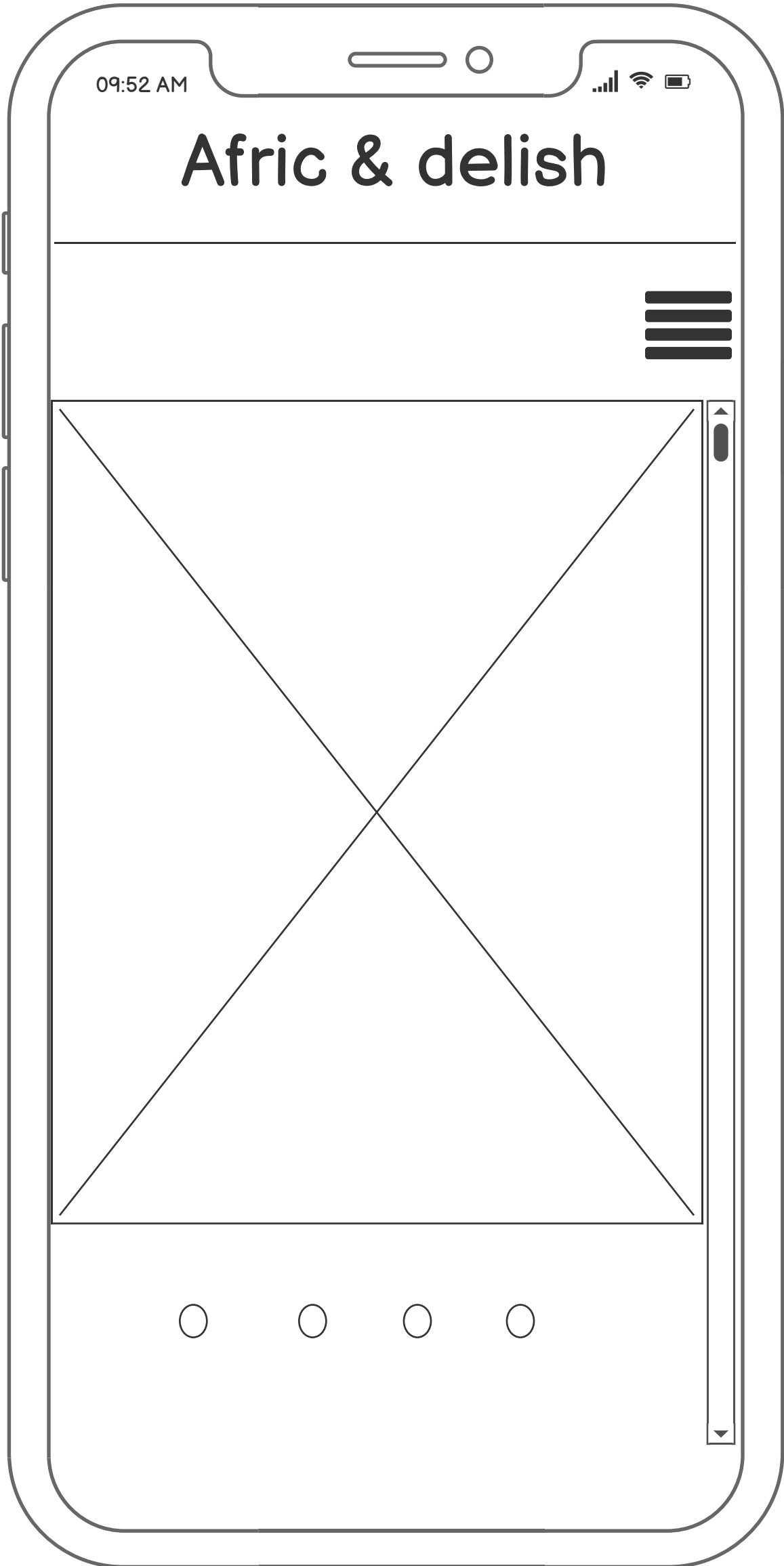


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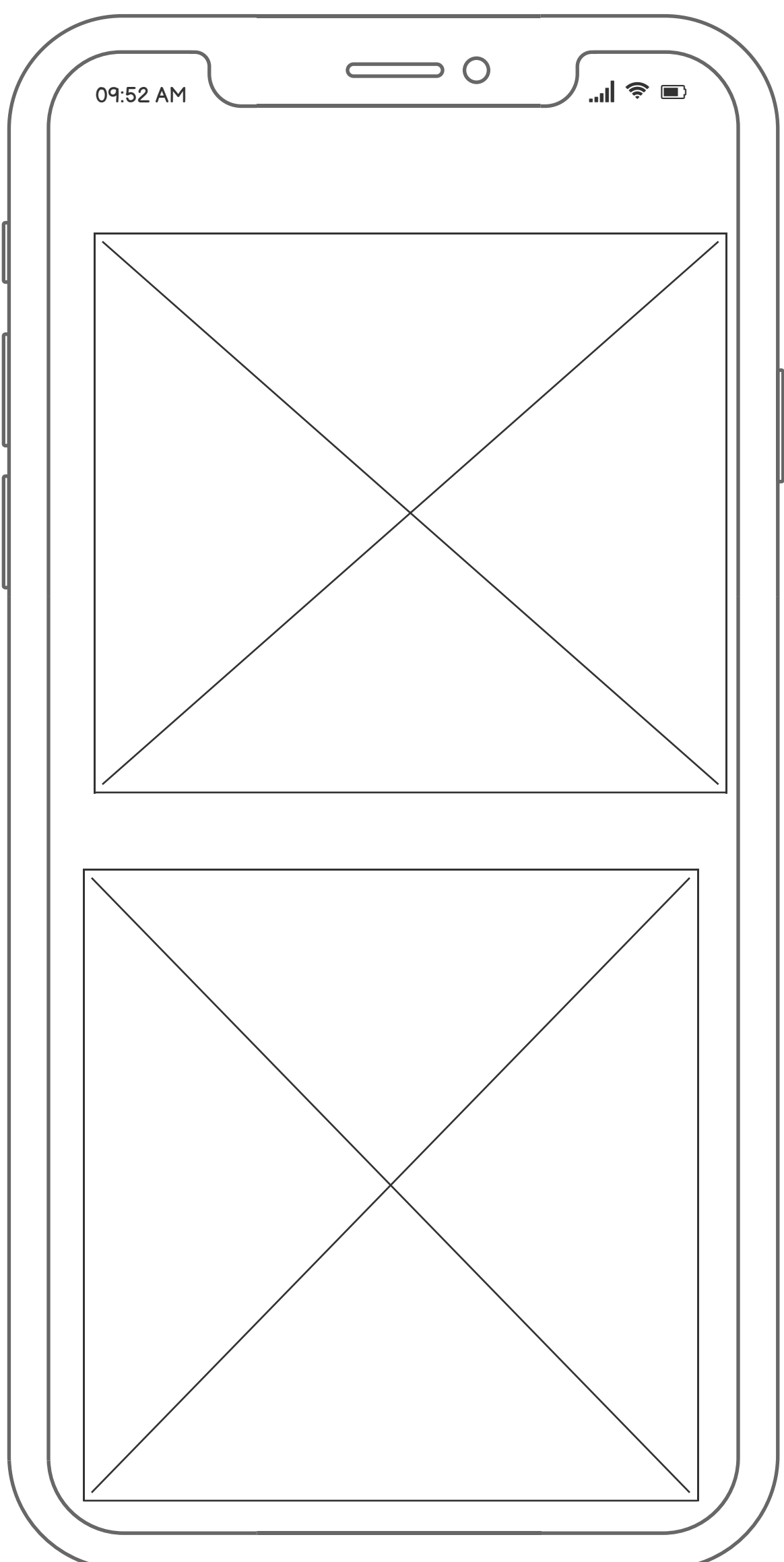
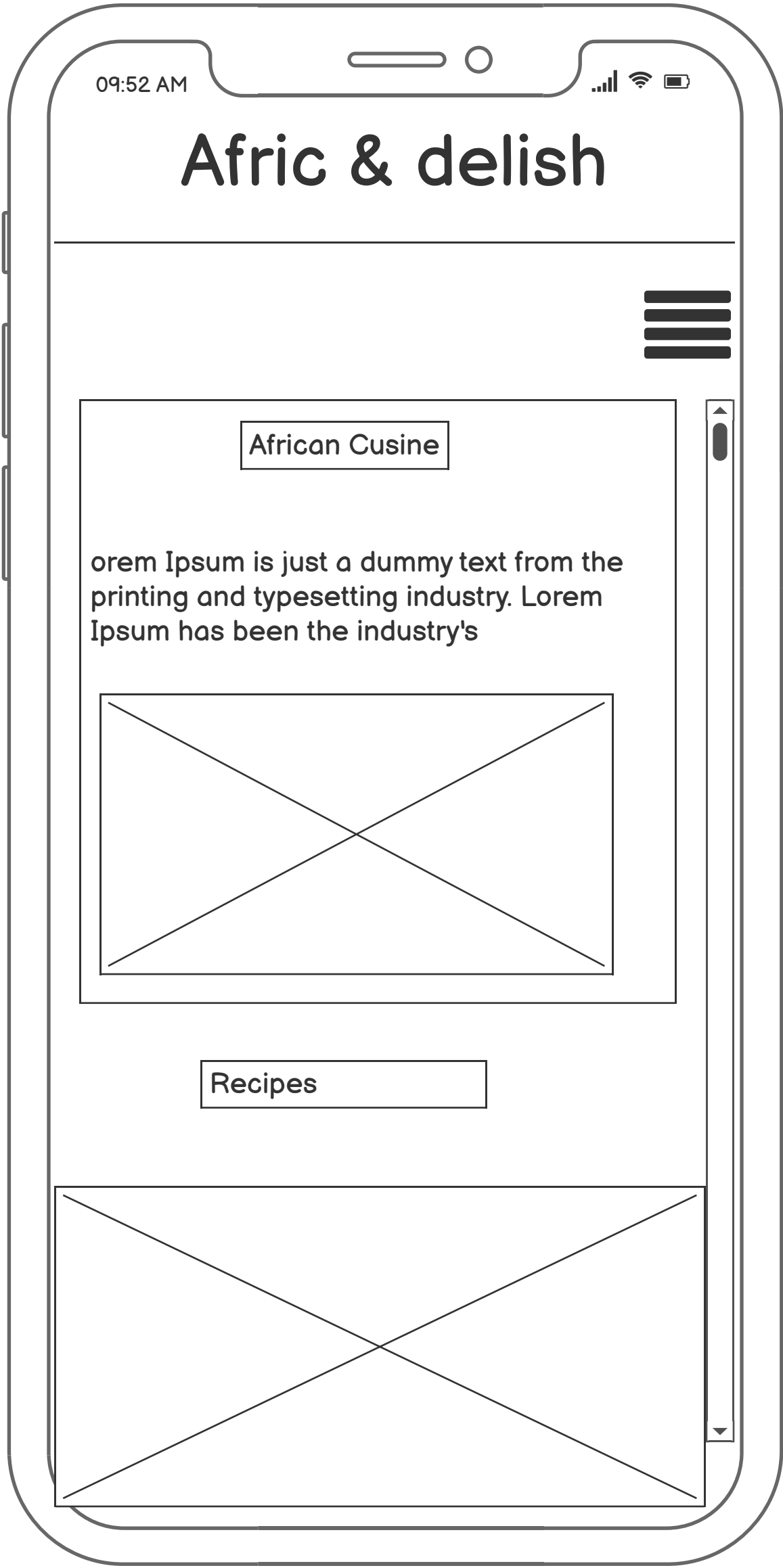


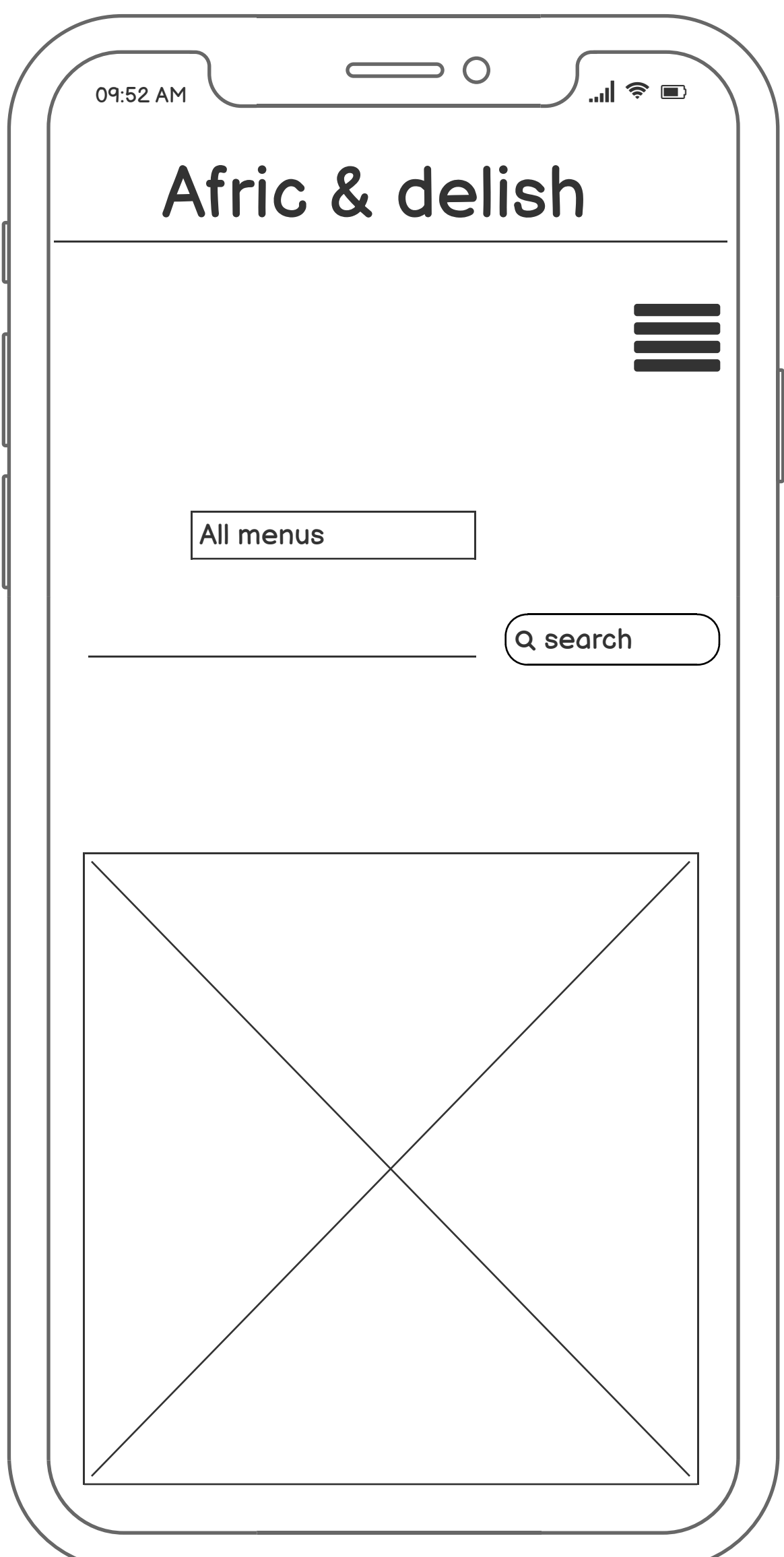
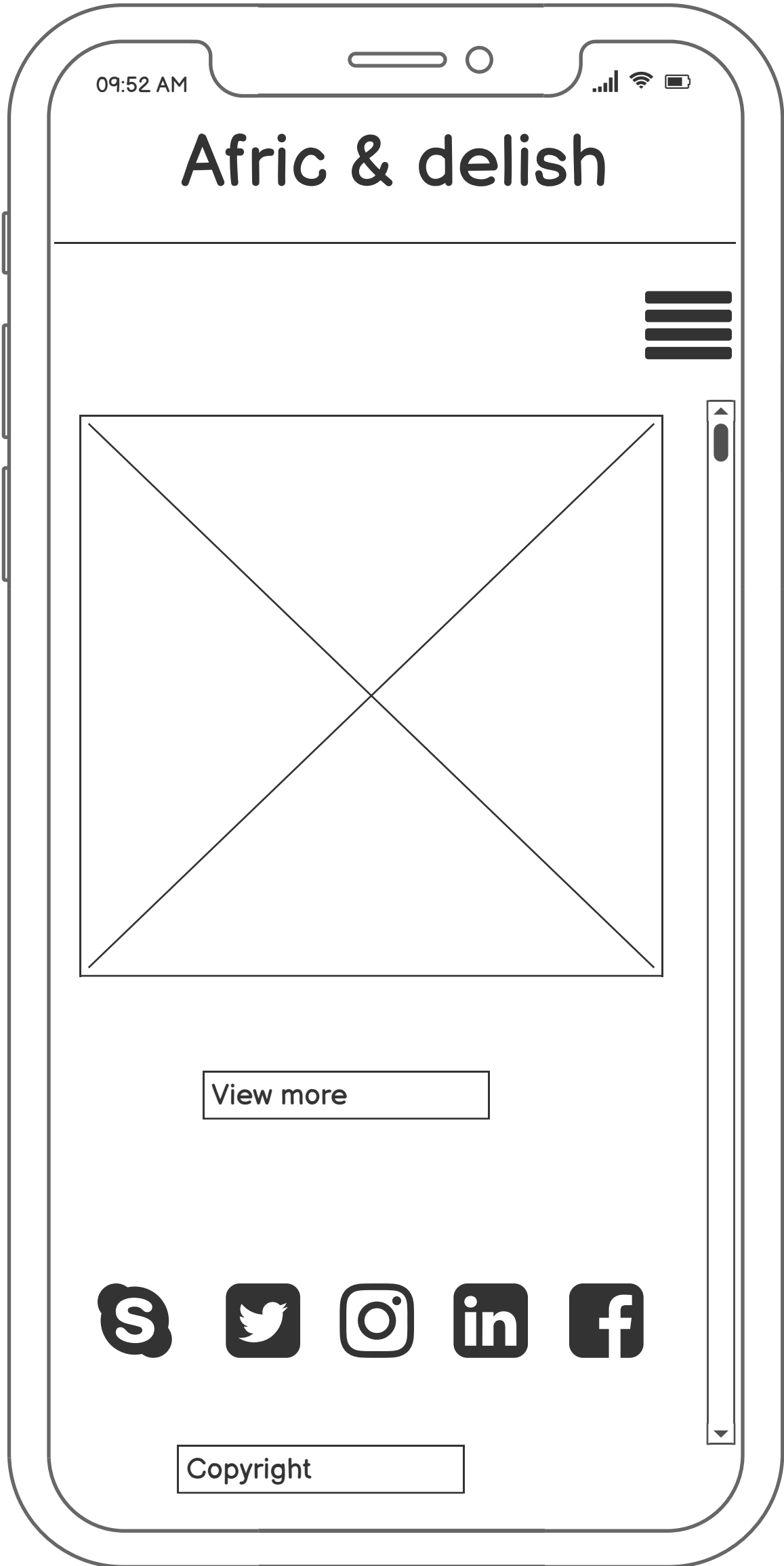


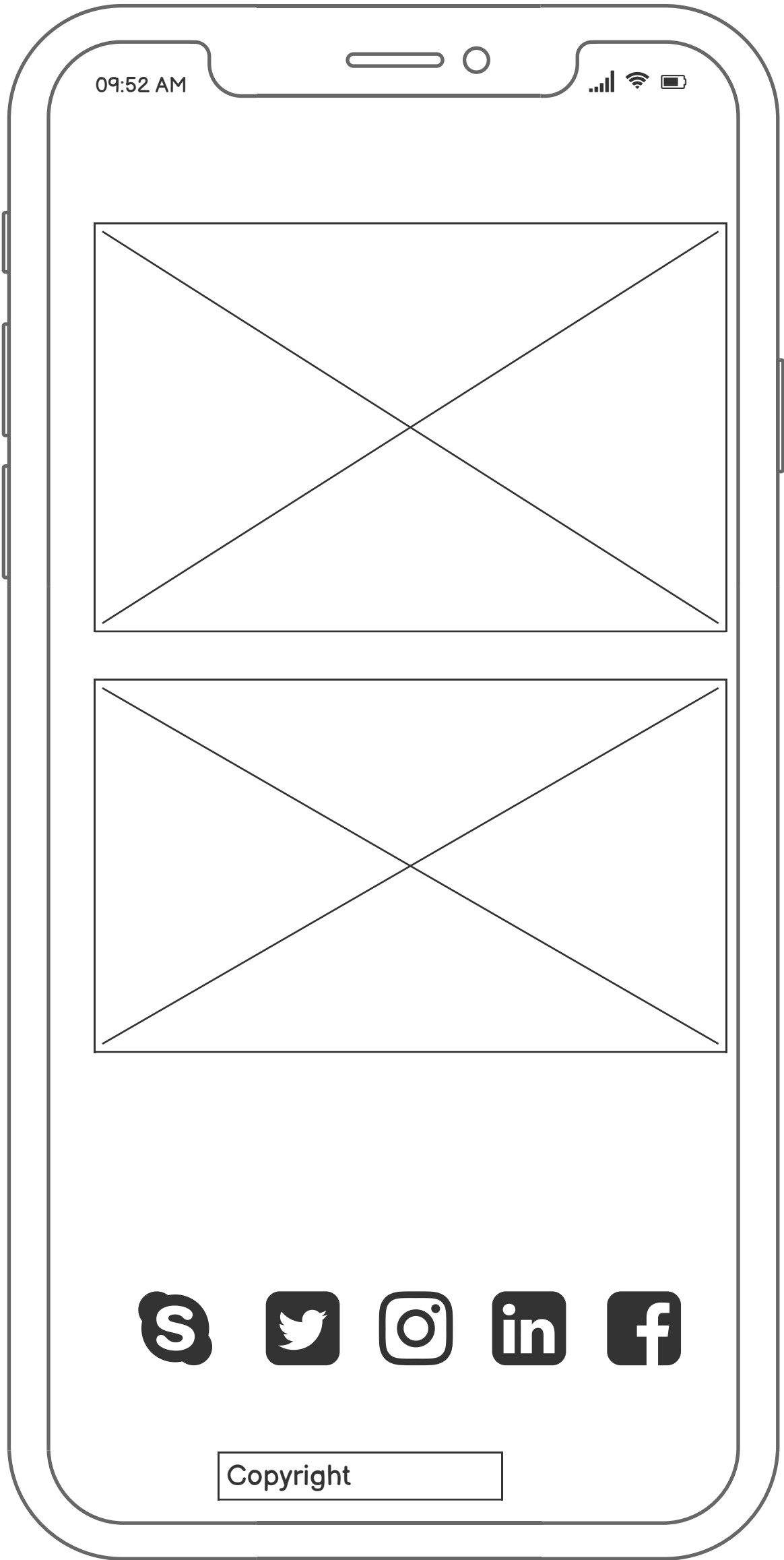
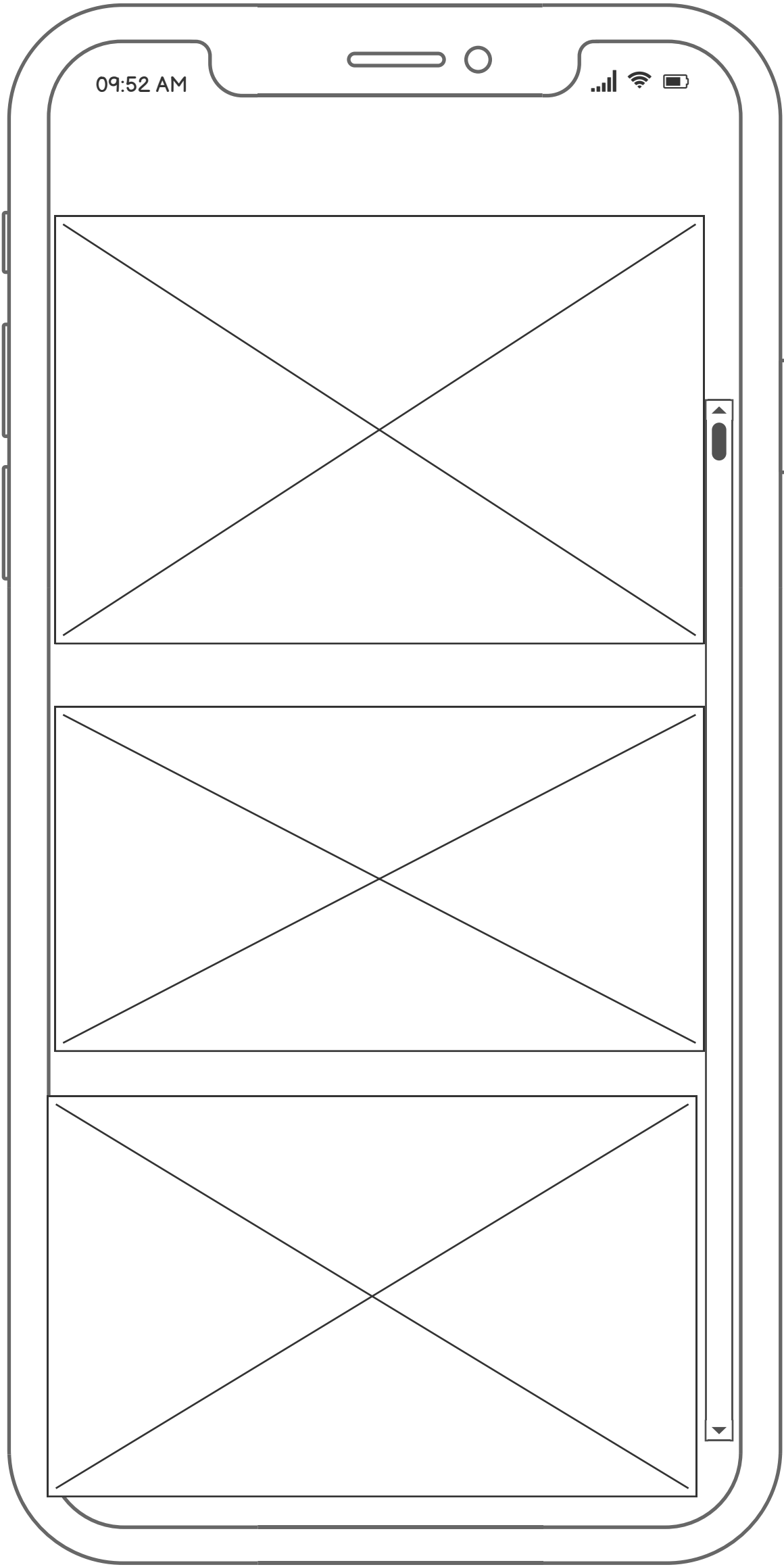












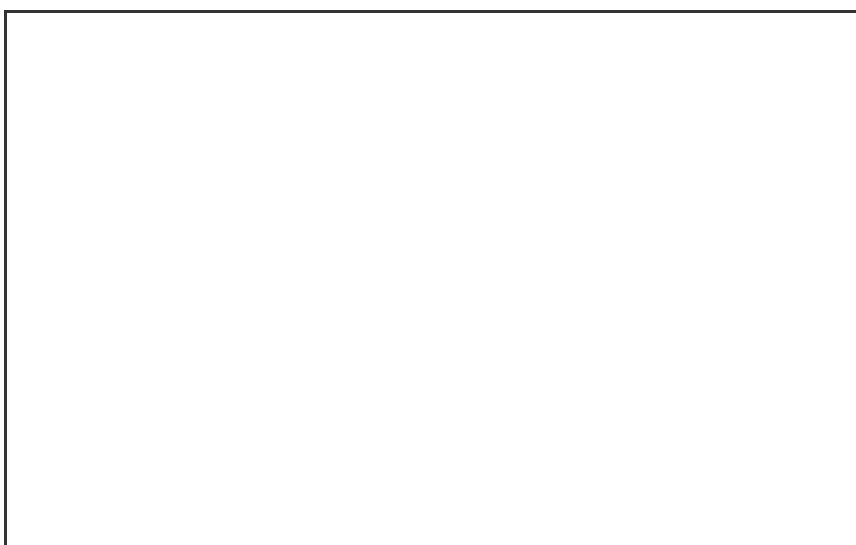
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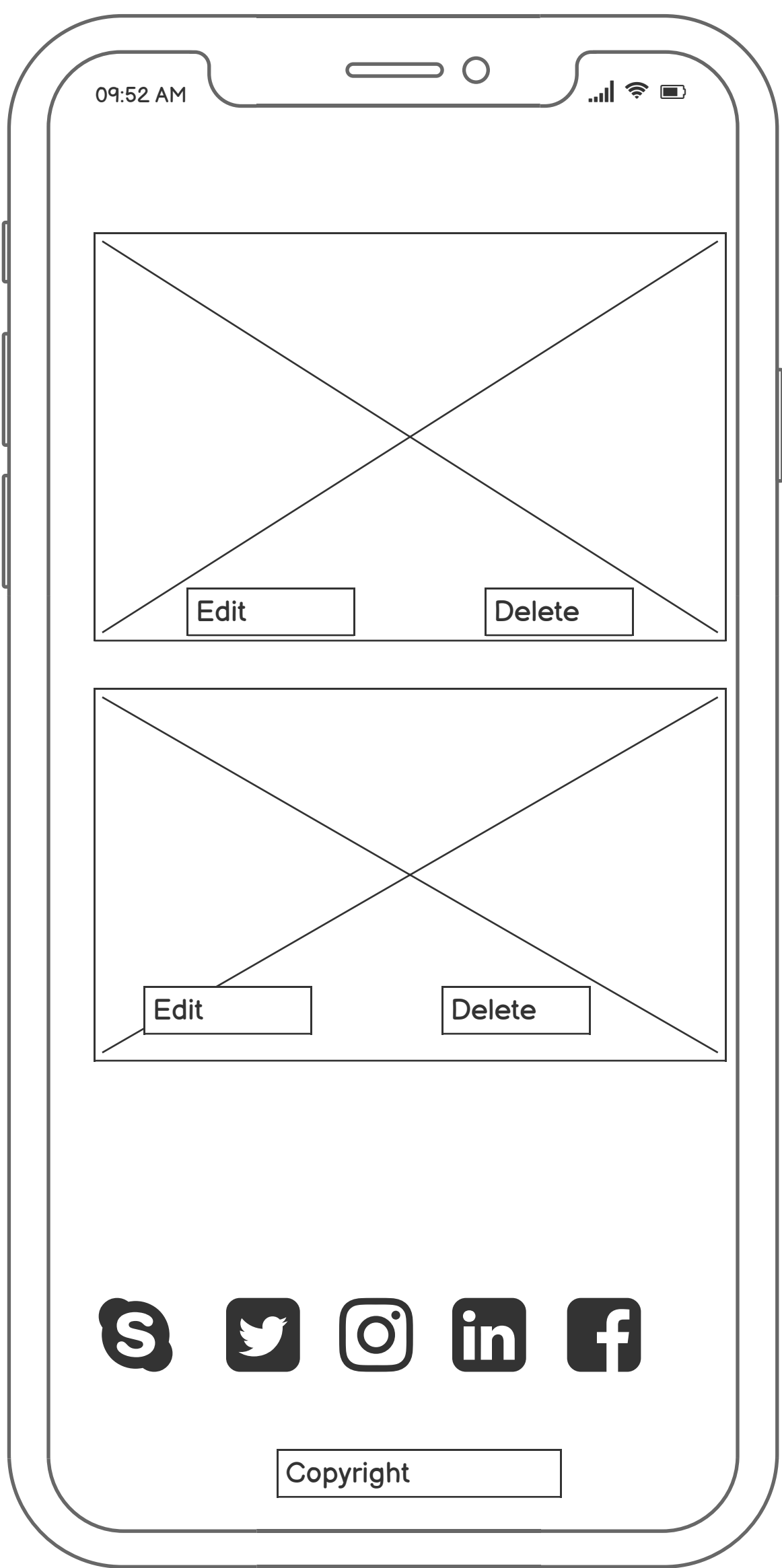
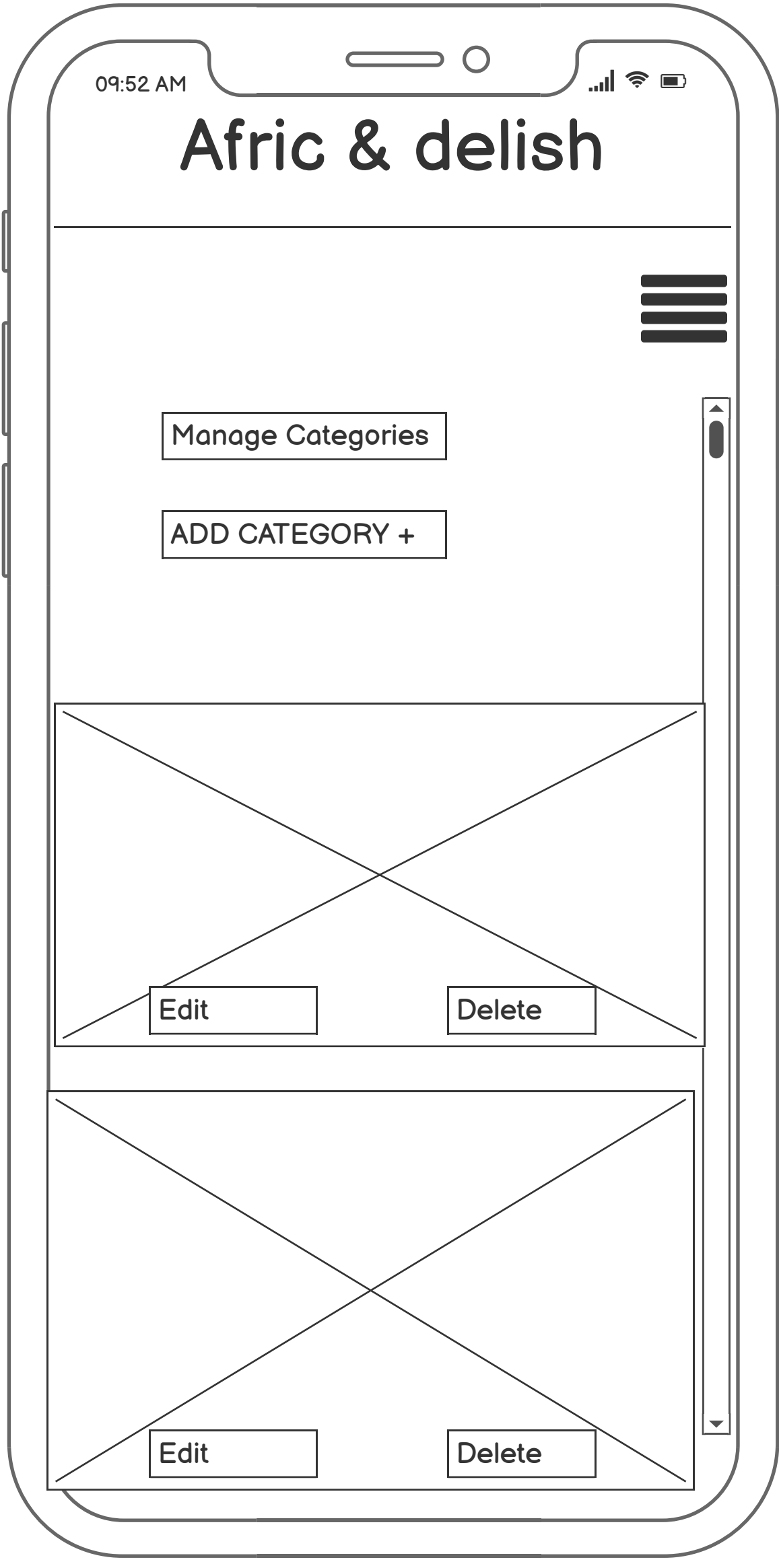
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Image

Number of Adult plates

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Cook Time

Ingredients

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