**When should I contact my healthcare provider?**

Some postpartum symptoms could be signs of a problem. You shouldn’t ignore your symptoms or feel shame discussing how your recovery is going. If you have concerns either about how you’re healing or how you feel, it’s best to contact your healthcare provider.

Some symptoms you should watch for include:

* Heavy vaginal bleeding. This generally means you’re filling a pad every hour for several hours. It can also mean that you’re bleeding more each day instead of bleeding less.
* Passing several large clots. A large clot is typically anything larger than a quarter. Passing one large clot is OK, but passing many could be a sign of a problem.
* Fever higher than 101 degrees Fahrenheit (38 degrees Celsius).
* New pains or an increase in pain. You should generally feel better over time, not worse.
* Foul-smelling vaginal discharge.
* Pain in your legs or ankles, especially with swelling.
* Leaking pus or bloody discharge from your C-section incision.
* [Dizziness](https://my.clevelandclinic.org/health/symptoms/6422-dizziness) or changes to your vision.
* Severe and persistent headaches.
* Chest pains or [shortness of breath](https://my.clevelandclinic.org/health/symptoms/16942-dyspnea).

**If you have feelings of harming yourself or your baby, please call 911 or call, chat or text the**[**Suicide and Crisis Lifeline at 988**](https://health.clevelandclinic.org/suicide-hotline)**.**