

Natalia's Restaurant

Welcome to Natalia's Restaurant!

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Natalia's Restaurant is a family friendly Italian themed restaurant. Many families of all sizes and nationalities have been enjoying our cuisine since 1997. We pride ourselves on being a welcoming environment for everyone through only hiring friendly staff and creating an environment that is child friendly. We aim to show each and every guest the importance of good home-cooking and sharing a meal with family and friends. Come in and try our beautifully home-cooked Italian food today!!

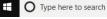
This website should provide you with basic information about our restaurant including information about us, general information regarding the address, opening and closing times, career options within the restaurant and contact information for the restaurant and some of our staff members. We have also included a copy of a menu on the website so you know what type of food we serve within our restaurant. We also have a nutrition section with information regarding how we cook and prepare our food for those who are interested, as we know that there are quite a few people who enjoy knowing what they are fueling their body with.





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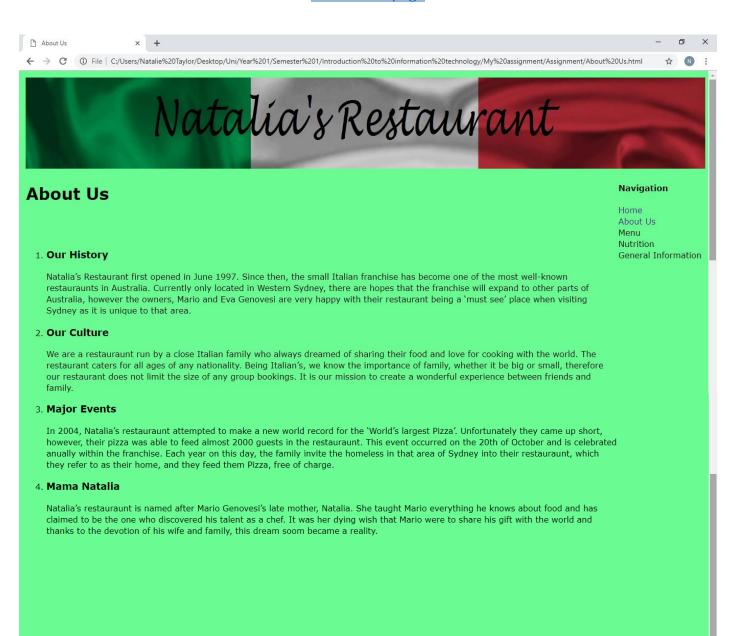












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Natalia's Restaurant

Menu

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All meals can be altered to Vegeterian or Vegan. Guests may also make alterations according to dietry requirements, however there are restrictions. (Ask our staff for more information regarding our meals)

Туре	Name	Price	Serving Size	Description
Entree	Garlic Bread	\$5	4	Freshly chopped garlic cloves, served on home-made Focaccia bread, topped with parsley.
Entree	Minestrone	\$8	4	Thick soup containing carrots, tomatoes, beans, onion and celery. Made with Fusille pasta.
Entree	Bruschetta	\$10	4	Antipesto includes tomato, basil, avocardo and mozzarella. Served on home-made Focaccia bread, rubbed with garlic and toasted.
Entree	Meatballs	\$8	4	Made with minced meat, breadcrums, onions and seasoned.
Main	Hawaiian Pizza	\$16	Large	Made with mozzarella, ham and pineapple.
Main	Meatlovers	\$16	Large	Made with mozzarella, ham, rasher bacon, pepperoni, ground beef, Italian sausage and barbeque sauce.
Main	Margherita Pizza	\$16	Large	Made with mozzarella, ham, onion, oregano, tomatoes, parsley and bazil.
Main	Seafood Pizza	\$16	Large	Made with mozzarella, prawns, crap and scallops.
Main	Cheese Pizza	\$16	Large	Made with mozzarella.
Main	Vegetarian Pizza	\$16	Large	Made with mozzarella, tomatoes, green capsicum, onion, zucchini and basil.
Main	Garlic Gnocci	\$12	1	Thick soft dough dumplings served in a garlic sauce.
Main	Tortellini Mushroom	\$12	1	Ring-shaped pasta stuffed with Portobello mushrooms served in a mushroom sauce
Main	Spaghetti Bolognese	\$12	1	Thin pasta strands served in a minced and tomato based sauce.
Main	Chicken Carbonara	\$12	1	Grilled chicken with penne pasta served with a creamy sauce
Main	Lasagna	\$12	1	Mince served in between flat pasta sheets.
Main	Vegetarian Cannelloni	\$12	1	Cylindrical pasta stuffed with onions, tomato and red capsicum served with a tomato based sauce.
Dessert	Gelato	\$6	1	Served in either a cone (2 scoops) or bowl (3 scoops), choose from vanilla, chocolate, caramel, strawberry or banana.
Dessert	Tiramisu	\$7	1	Lady finger biscuits dipped in coffee layered with whipped cream topped with grated dark chocolate and a rich dark chocolate sauce.
Dessert	Chocolate Mousse	\$7	1	Thick, creamy, light and fluffy, two toned mousse (made from both dark chocolate and milk chocolate)
Drinks	Soft Drink	\$3	500mL	Choose from coke, pepsi sprite, fanta or lemonade.
Drinks	Juice	\$3	500mL	Choose from orange, apple, pineapple, cranberry, watermelon, tropical or mixed berry.
Drinks	Milkshakes	\$4	750mL	Choose from vanilla, chocolate, caramel, strawberry or banana.

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"Nutrition" page



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Our Mission

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Our mission is to make our guests understand why there is a great love for Italian Food around the Globe. We want all of our guests to leave our restaurant feeling welcomed, loved and as if they are now a part of our new family. Most importantly we want them to feel full and not leave hungry. We not only want our food to taste good, but also make you feel good. Italian food is often assiciated as being high in carbohydrates and high in fat, however we aim to challenge this idea. We use only the freshest ingrediants of the highest quality, many of which are sourced locally. We avoid using mass-produced and processed ingrediants as we believe that these are negative influences to you health abd in order to achieve this, we ensure all of our customers that all our meals are made and served fresh. We we aim to avoid making our guests feel heavy, bloated or guilty after eating at our restaurant. Therefore, by preparing meals containing locally sourced, natual and freshly prepared incrediants that have multiple health benefits, our food is contributing positively to your health. We are so confident of this that included of this webpage is a link to a website which contains a "Daily Intake Guide" below, so you can check it out for yourself.

My Daily Intake Guide



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