

Risks	Description	Prevention/ Reaction	Likelihood	Impact	Risk Level
Eye Strain	Over a continuous period of time staring in at the laptop screen the eyes can become strained.	Take regular breaks away from the laptop screen. Do not wear contact lenses for an extended amount of time.	Very Likely	Difficulty completing project tasks. May need to see a medical professional.	Hazardous: Medium High
Back Pain	Over a continuous period of time sitting in front of the laptop the back can become strained.	Take regular breaks away from the laptop to walk and stretch. Use a cushion while sitting.	Very Likely	Difficulty completing project tasks. May need to see a medical professional.	Hazardous: Medium High
Repetitive Strain Injury (RSI)	Over a continuous period of time working in front of the laptop the forearm/wrist/elbow s/hands/neck/shoulders can become strained.	Take regular breaks away from the laptop to walk and stretch.	Likely	Difficulty completing project tasks. May need to see a medical professional.	Hazardous: Medium High
Sickness	Unexpectedly becoming sick from a flu or virus.	Take daily vitamins. Wear a mask when outside. Wash hands regularly. Drink plenty of fluids. Seek medical care immediately if unwell, and inform Lead Trainer.	Unlikely	Will need to be seen by a medical professional. May be delayed or unable to finish project.	Negligible: Low Medium
Family Emergency	Unforeseen emergencies can occur within the family.	Inform Lead Trainer immediately.	Unlikely	May be unable to complete project so as to attend to the family emergency.	Major: Low Medium
IT Equipment Malfunction	IT equipment can malfunction causing the loss of unsaved work.	Ensure laptop has sufficient battery power while in use. Continuously save work.	Moderate	Can result in loss of work, which may delay finishing the project in time.	Major: Low Medium
Programme Software Malfunction	Programme software can malfunction causing the loss of unsaved work.	Continuously save work. Ensure WiFi connection is strong and secure.	Moderate	Can result in loss of work, which may delay finishing the project in time.	Major: Low Medium

Unfinished Project	Due to lack of time assigned for each aspect of the project it could go unfinished by the arrival of the deadline.	Create a schedule of when to complete certain aspects of the project.	Unlikely	Will result in a low score and not passing the project.	Minor: Low Medium
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Risk Matrices				
	Negligible	Minor	Major	Hazardous
Very Unlikely	Low	Low	Low medium	Medium
Unlikely	Low	Low Medium	Low medium	Medium
Moderate	Low	Low Medium	Medium	Medium High
Likely	Low	Low medium	Medium	Medium high
Very Likely	Low medium	Medium	Medium high	High