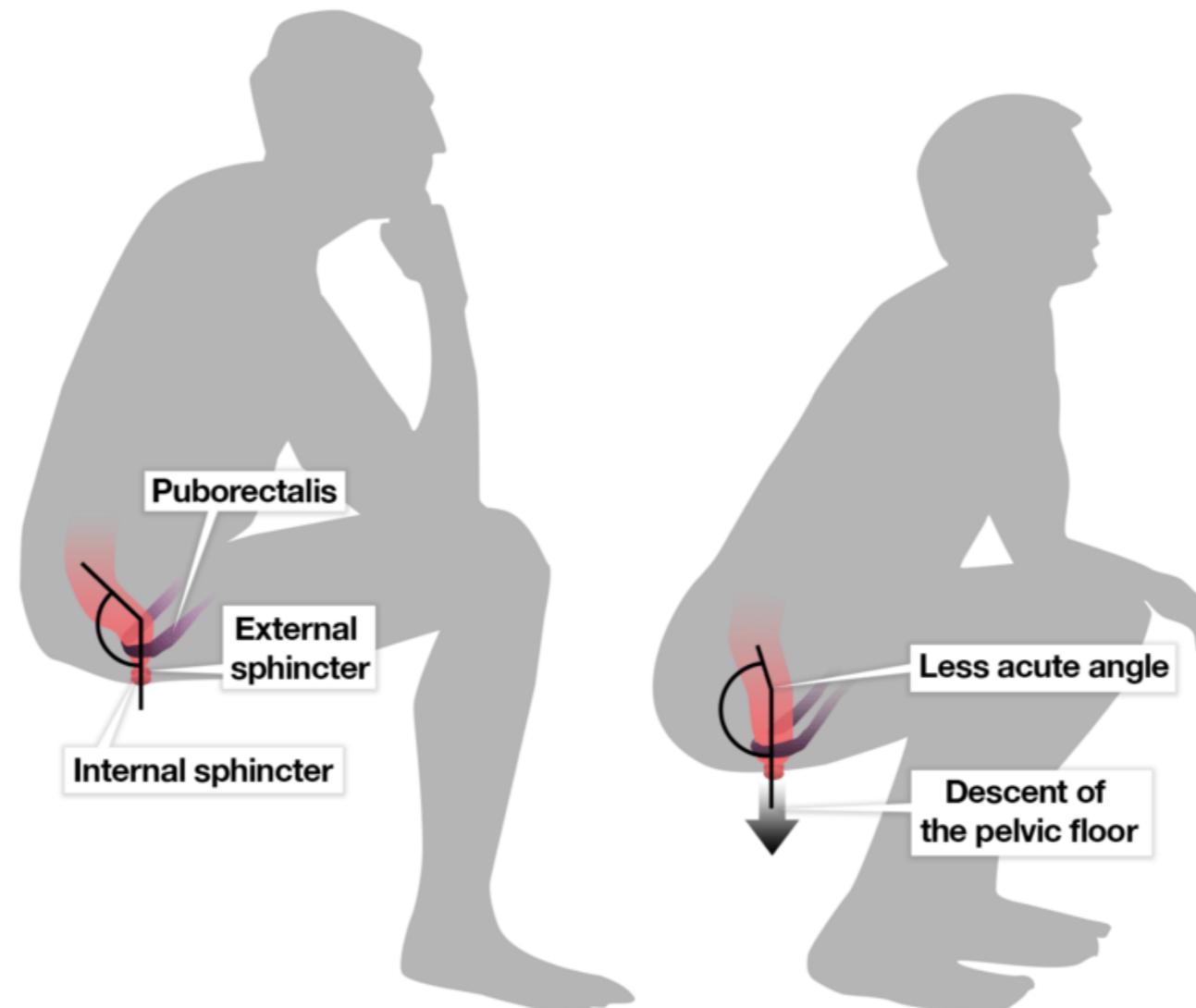


Fitnessquat

Introduction

Why Squat Toilet

XUnhealthy toilet posture **✓**Healthy toilet posture



Reference: <https://medicalxpress.com/news/2016-08-toilet-squatting.html>

Pain Points of Squat Toilet



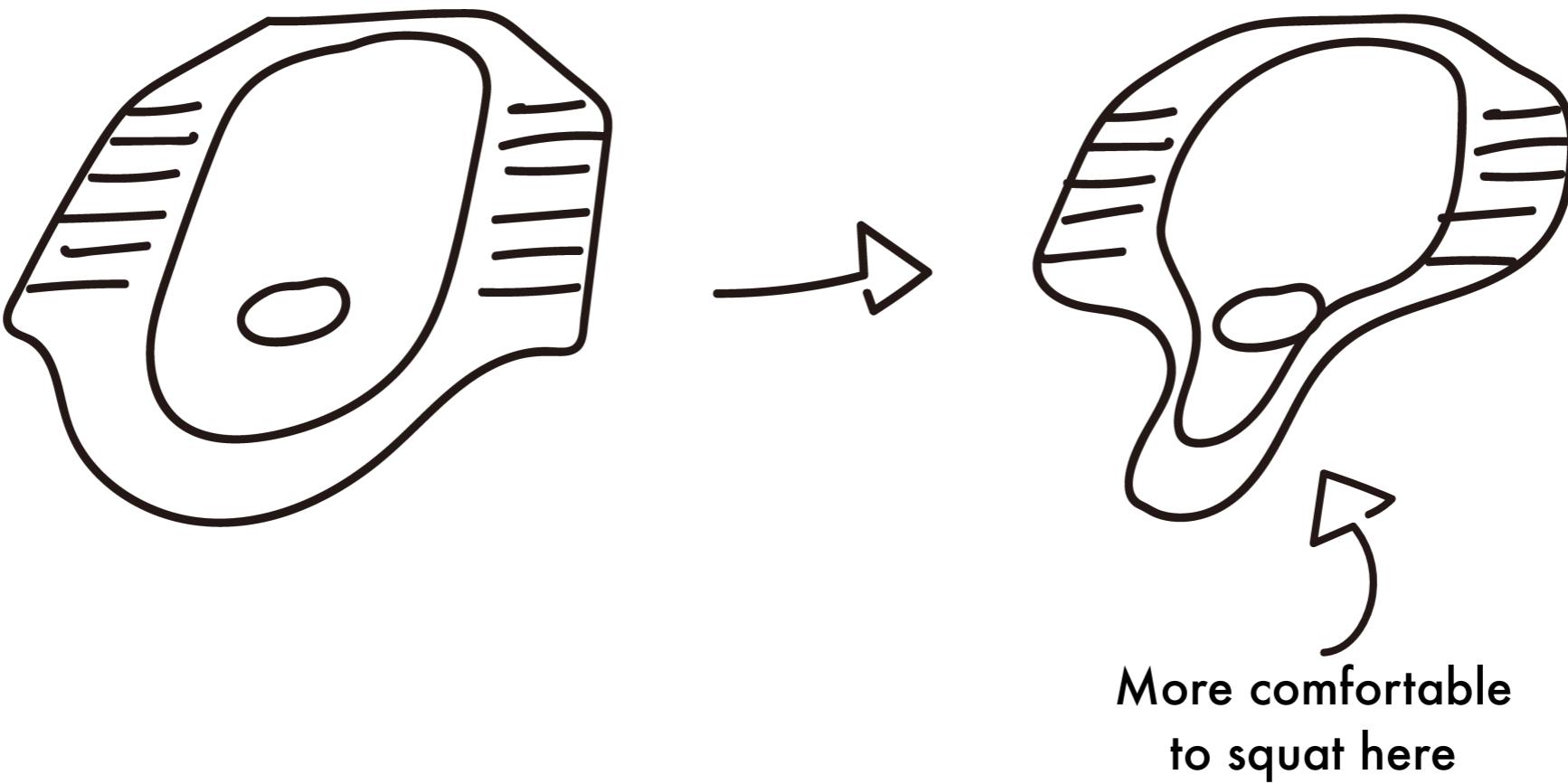
- The width of the conventional squat toilet is too wide. It is tiring to squat with legs open wide for so long.
- When you flush, the water flows horizontally inside the toilet instead of flowing downwards, wasting too much water to flush the excreta away.
- Users are not willing to squat comfortably because the toilet is flat.
-

Reference: <https://www.dailymail.co.uk/health/article-3742997/The-great-sit-squat-debate-idea-fills-horror-squat-toilets-effective-better-health-doctor-claims.html>

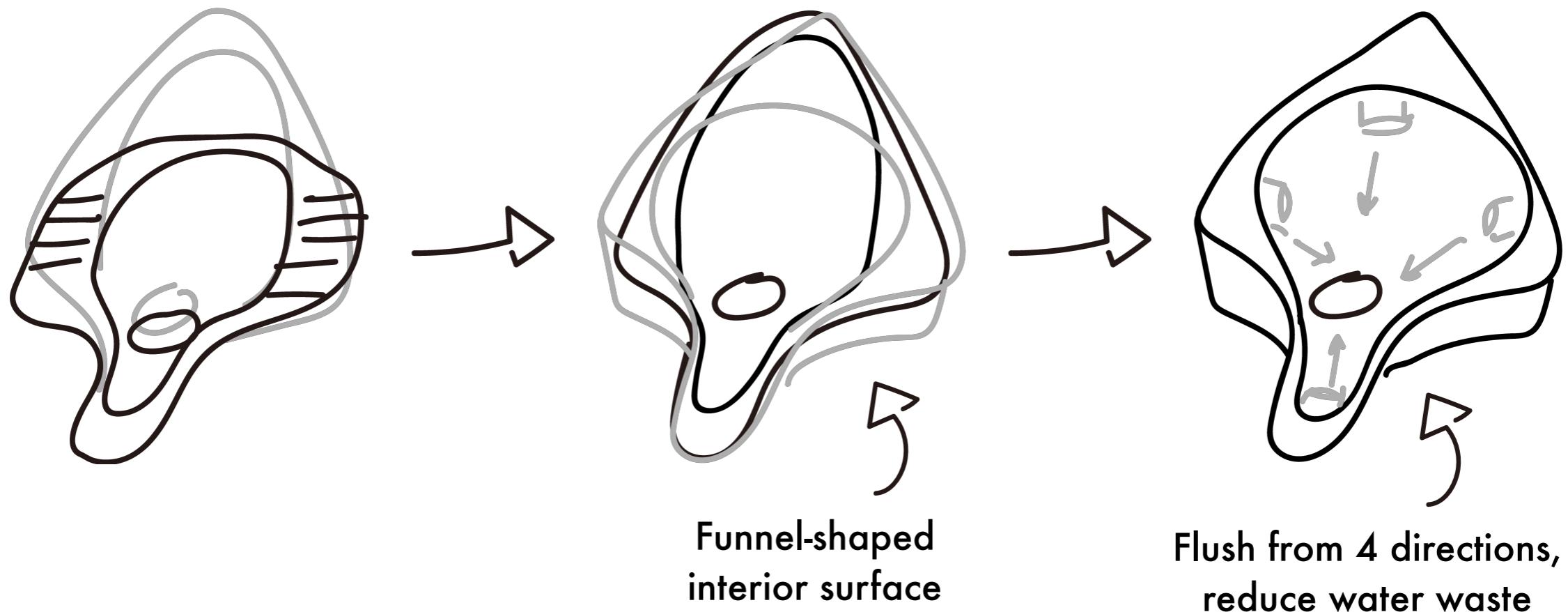
Solution

- Narrow the front width.
- Change the shape of squat toilet.
- Optimize the flushing strategy
-

Ideation

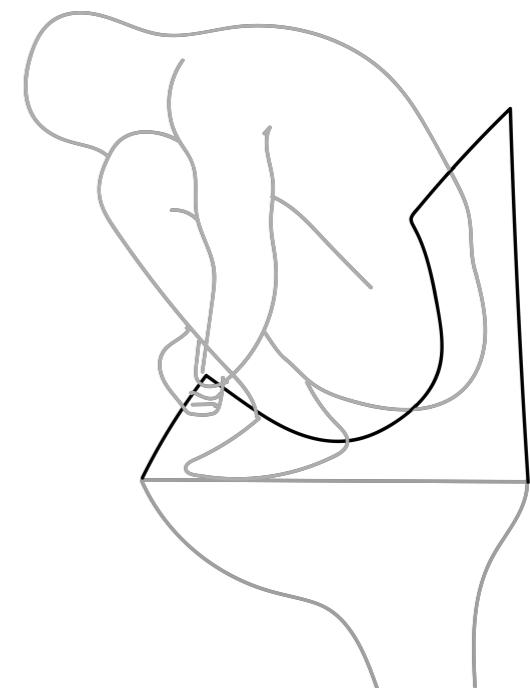
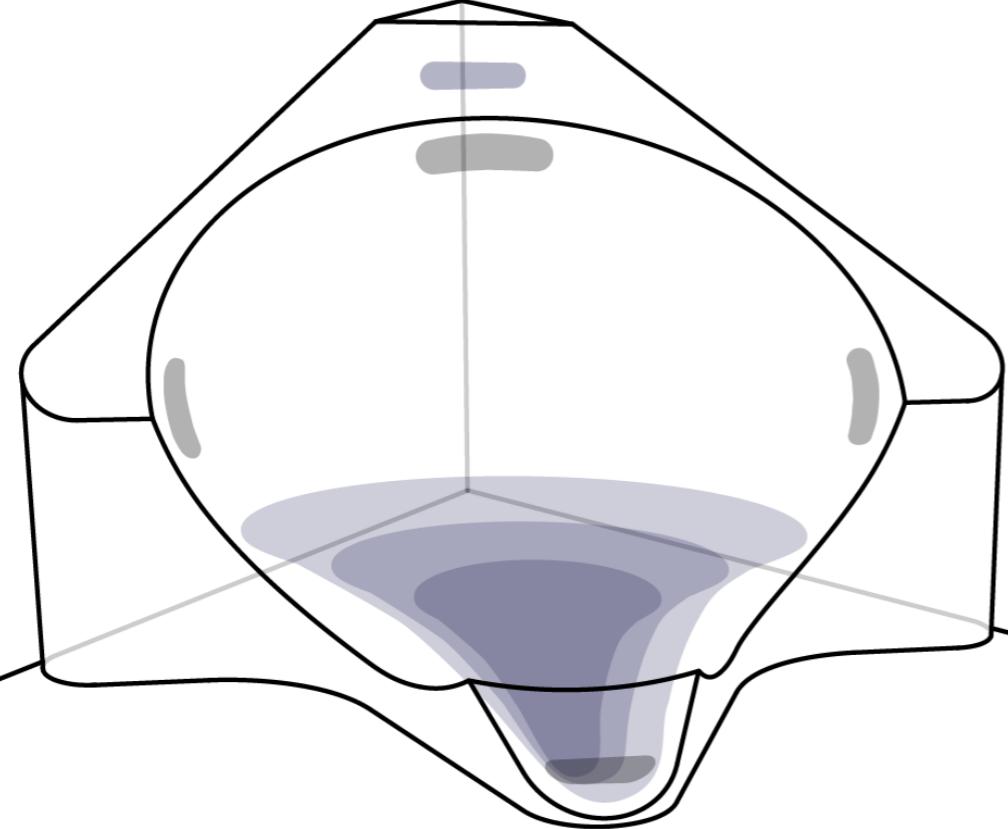


Ideation



Concept

Fitnessquat



Side View

3D Rendering

Fitnessquat

