

Traditions and Customs of India

1. The Namaste



- Isn't really just restricted to the Indian territory anymore

2. Always a Festive Season



- Diwali
- Victory of light over darkness

3. Holy Cow



- The cow consecrated to god.

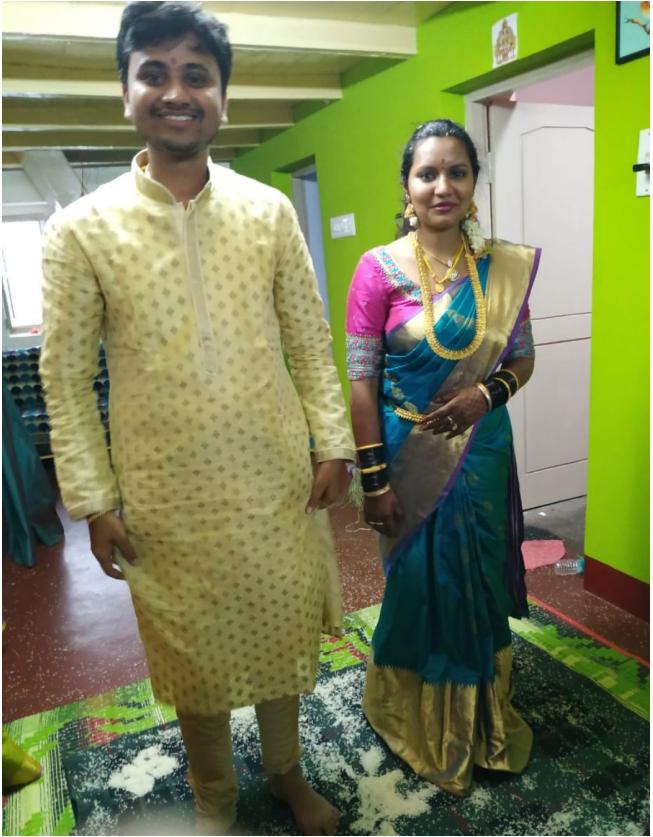


4. Arranged Marriage System



- Tradition since the royal families
- 74% of young prefer an arranged marriage

5. Indian Ethnic Wear



- **Saris**
- **Kurta**



6. Indian Food



- Well known for the spiciness
- Reflects the different cultures in India.
- Is Indian food beneficial to our health?

7. Temples to charge positive energy



- Most temples are located along magnetic wave lines of the earth
- Recharge positive energy



Thank you!

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