

Time Management for College Students

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Problem Statement:

- College students often struggle to manage their time effectively, especially when juggling academics, part-time jobs, and social life. Due to varying class schedules and extracurricular commitments, it becomes difficult for them to stay organized, leading to missed deadlines and increased stress.

Who is experiencing the problem?

- This issue primarily affects college students, particularly those who are involved in multiple activities such as internships, club, or part-time.

What is the problem?

- Students are unable to find a reliable way to balance their daily schedules. Current time management tools do not integrate well with their academic life. Resulting in poor productivity.

Where does the problem present itself?

- The problem presents itself both on-campus and off-campus, especially when students try to manage coursework, social events, and employment responsibilities simultaneously.

Why does it matter?

- Effective time management is crucial for academic success and overall well-being. Without a proper system in place, students face burnout, falling grades, and missed opportunities to develop important skills.