Spring 2019



R

Quick Index Academic Upgrading	
A Art23 Accounting Basics20	
Bookkeeping - Part-time Program18 Building Skills for Success21	
Canadian Certified Administrative Professional - Part-time Program18 Career Samplers - Youth Camp.24/26 Certified Financial Planner - Part-time Program	
D Dementia-Working With - Part-time Program18	
E Excel - Core 20	

Food Service Worker - Part-time Program......18

Foot Care Nurse.....22

French I......25

Fundraising Management - Part-time

Program......18

Geographic Information Systems - Part-time Program18	8
Health Records Clerk - Part-time Program	1 1.
Hospital Ward Clerk- Part-time Program	
Income Tax Planning	2
L Law Clerk (ILCO) - Part-time Program	8
Management Studies - Part-time	8 8 2 8 1 0 r 8 3 1

	Rooted in Nature - Youth Camp 24/26
)	S Sage 300 ERP (AccPac) G/L
	U Upgrading - Academic19 V
	Volunteer Management - Part-time Program18
	W Watercolour Touch-up
	Welding (all)24 & 27
	Woodworking24 & 27 Working with Dementia - Part-time
+	Program
•	Find us on Facebook www.facebook.com/confederation

Painting With Biljana.23
Palliative Care - Part-time Program.18 Pathophysiology I.22 Persuasive Writing......25 Psychology - All21

Retirement and Long-term Care Management - Part-time Program. 18

Part-time Programs see page 18.

For a complete list of part-time programs and information visit: www.confederationcollege.ca/ ce/ptprograms



Follow us on Twitter

See page 24 & 26 for our Summer Camp for Youth in grades 6-12, Rooted in Nature Adventure Week. Bring your BFF and come prepared for an adventure!

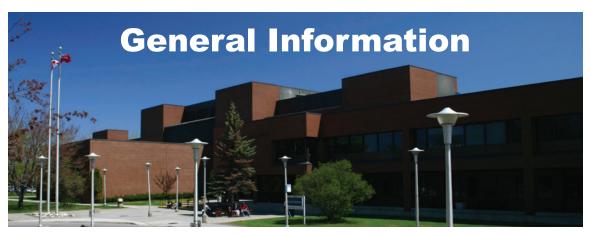
Continuing Education

Visit our website to register online or to view a full list of available programs and courses.

www.confederationcollege.ca/ce

Every effort was made to ensure the accuracy of this document. For current information, visit: www.confederationcollege.ca/ce





General Information

For the most current information, including admission requirements, office hours and holidays, course fees, parking, prerequisites as well as withdrawal, refund and academic policies, visit: www.confederationcollege.ca/ce Note: For general college inquiries call 475-6110.

How to Register

Thinking of registering? Be sure to register at least three business days in advance of course start date as courses may be cancelled due to insufficient registrations.

Web Register quickly and conveniently via our secure online shopping cart www.confederationcollege.ca/ce

In Person: Register at The Hub, Shuniah Building, Confederation College. Monday-Friday, 8:30 a.m. - 4:30 p.m..

Course Fees

Total fees (including material fees, if applicable) are required at time of registration.

The 65 Advantage (not applicable to online courses) Reduced tuition fees apply to individuals who are 65 years of age or older. Course tuition fees marked with an are eligible (i.e. \$347.15*). For senior and staff discount rates or for more information contact Continuing Education at (807) 475-6550.

Get acquainted with our refund policy before you register. Visit: www.confederationcollege.ca/ce/info

Prerequisites

Some courses require prerequisites to be completed before registering. Please make sure that you have successfully completed the applicable prerequisite courses to avoid problems with the course material and/ or with your transcript.

Class Locations

Most of our classes are held in the Shuniah Building at Confederation College unless otherwise noted. Please check the monitors at the entrances for room location.

Shuniah Building MC McIntvre Building Dorion Building D CN Contact North, off campus Confederation Online Web-based, off campus Ontariol earn Web-based, off campus

Parking

You only need a parking permit if you are attending classes between 8 a.m. and 5 p.m. on weekdays.

Entry Requirements

Postsecondary Programs

Ontario Secondary School Diploma or successful completion of the mature student assessment or appropriate credits from Academic and Career Entrance.

Non-postsecondary Programs

Ontario Secondary School Diploma or nineteen years of age or older, unless otherwise stated.

Textbook Information

Most postsecondary courses as well as some general interest courses may require textbooks. Please inquire upon registering. Textbooks can be purchased on campus at the Follett Bookstore. For textbook inquiries please call 475-6225, toll-free 1 (877) 295-3851 or visit: www.confederationcollege.ca/bookstore

CE Hours of Operation

Monday to Thursday: 8:30 a.m. - 6 p.m. and Fridays: 8:30 a.m. - 4:30 p.m.

After the Victoria Day weekend to Labour Day weekend 8:30 a.m. to 4:30 p.m. Monday to Friday

The college will be closed February 18, April 19, May 20 and July 1.



Part-Time Programs



Confederation College offers a number of part-time programs that will give you the flexibility to learn on- or off-campus - anywhere there is an internet connection. Enroll in the full program or just pick a course or two.

Here are some of our many part-time program options:

- **Bookkeeping**
- **Client and Customer Relations NEW**
- Condominium Management NEW
- **Data Analytics for Business Decision Making NEW**
- **Diabetes Education**
- **Elearning Developer** NEW
- **Food Service Worker**

- **Foot Care Nurse** -Online and clinical at Confederation College
- Law Clerk (ILCO)
- **Management Studies NEW**
- **Palliative Care NEW**
- Retirement and **Long Term Care Management NEW**
- Sustainable Food NEW

For a full list of part-time programs and to apply, visit: www.confederationcollege.ca/part-time





ACADEMIC UPGRADING



WE CAN HELP YOU SUCCEED!

- Obtain your grade 12 equivaléncy
- Prepare for college, employment or apprenticeship
- Flexible scheduling
- Classes delivered year-round, on campus, or online
- Financial assistance may be available
- Courses available in communications, math, computers and sciences

NEED SCIENCES FOR POSTSECONDARY?

We offer Biology and Chemistry.

PERSONAL AND CAREER DEVELOPMENT (PCD)

If you are over 19, out of school and need help deciding on your academic or career goals, the PCD program might be for you! Start dates in January, April and September.

Subject to funding approval. Please call the Academic Upgrading office for more information.



For more information, please contact: (807) 473-3723 | academicupgrading@confederationcollege.ca www.confederationcollege.ca/academicupgrading

ONTARIO



У F www.facebook.com/confederation

Change Your Life Through Learning

• Confederation

Business & Computers



Change your life through learning

Accounting Basics

OL090

This course introduces the student to how accounting information is used by, and meets the needs of both internal and external users through effective and efficient communication as well as what accounting information is required by a business concern to reflect clearly the operating results of the enterprise over its operating life. Throughout the course, students will be introduced to generally accepted accounting principles, the interpretation and preparation of financial statements and how this information is recorded in the various business records.

May 14 - Aug.20 30117-41 OntarioLearn Online-Web \$447.95

Excel - Core

OL702

Learn to use Microsoft Excel to create and format spreadsheets in order to analyze data and make more informed business decisions. You will discover how to: create, edit, format and print workbooks; use mathematical formulas functions; create and format charts and shapes; insert images; cut, copy and paste data. The course is designed to help prepare students to write the MOS Certification exam for Excel 2013 (MOS Exam 77-420) or Excel 2016 (MOS Exam 77 -727). Students will also have the opportunity to earn MyITLab Microsoft Office Badges, which demonstrate achievement of skills in Excel. Computer Software Requirements: Microsoft Excel version 2013 or 2016. Microsoft Office 365 and MAC users are not supported in this course.

May 14 - Aug. 20 30242-41 OntarioLearn Online-Web \$425.42

Income Tax Planning OL979

Taxes in Canada can account for a large portion of an individual's expenditures; as such Income Tax Planning plays an important role in providing individuals with methods to reduce and/or eliminate taxes whenever possible. The Income Planning Course will lead learners through completing basic income tax returns, a range of business structures, as well as federal and provincial tax legislation. Learners will also gain knowledge on how to make effective use of numerous tax deductions and credits; various types of tax advantages and the trade-offs between different benefits. Please note: Students are required to purchase membership and text from the Canadian Institute of Financial Planning (CIFP). The fee is approximately \$130.00 and includes text, exams and web page extras such as additional materials, tools, and calculator.

32353-41 May 14 - Aug.20 OntarioLearn Online-Web \$485.42

Leading Responsibly

OL994

Sustainability in business is often related to profitability. Organizations now need to incorporate practices that include a more holistic approach to the responsibility corporations have to their communities and the environment. Leaders need to assess the impact of the business in an ethical and globally sustainable way using measures such as Corporate Social Responsibility and triplebottom line accounting.

May 14-Aug.20 31975-41 OntarioLearn Online-Web \$340.30

Microsoft Office 2016

OL008

This course will familiarize students with the applications contained in the Microsoft Office Professional or Academic or University Edition of Microsoft Office 2016 covering Word, Excel, PowerPoint and Access. Computer Software Requirements: MS Office 2016 or Office 365 2016 versions that include Word, Excel, PowerPoint and Access.

> May 14 - Aug.20 32887-41 OntarioLearn Online-Web \$425.42

Sage 300 ERP (AccPac) G/L **OL829**

Focus on the creation of a company and a chart of accounts, entering transactions and producing reports. Computer financial Requirements: Students must be working in Sage 300 ERP. CD/software is included with the textbook and runs on windows operating systems only. Prerequisite: computer basics or an introductory computer course with Windows 7, Word and Excel.

May 14 - Aug.20 32341-41 OntarioLearn Online-Web \$245.18

OntarioLearn Textbook List Spring 2019

If you are taking an OntarioLearn course visit: www.confederationcollege.ca/ce/ontariolearn for textbook information.

Required Courses and Program Information

For current part-time program information including required courses, admission requirements, and online application visit:

www.confederationcollege.ca/ce/ptprograms

20

General Education



Change your life through learning

Abnormal Psychology

OI 203

Emphasis is on the study of signs and symptoms of the major mental illnesses, including bipolar disorder, major depression, schizophrenia and personality disorders. Additionally, there are discussions about eating and sleeping disorders, stress and post-traumatic stress disorder

May 14 - Aug. 20 30386-41 OntarioLearn Online-Web \$447.95

Building Skills for Success GE113

This transformative course will provide you with the practical skills, knowledge and attitudes you need for success in college, your career and your life. In order to maximize your post-secondary experience, you will learn about your personal learning style, how to study effectively, how to take notes, how to manage your time, the importance of effective communication and much more. You will also discover specific abilities and characteristics that will provide you with the opportunity for personal growth and increased well-being. Learn how to maximize your potential with this course!

F May 10 - Aug.16 9:30am-12:30pm 32824-95 SH TBA \$315.42

History of Indigenous Canadian Relations OL843

This course provides an overview of the historic stages of the relationship between Indigenous peoples in Canada from contact to present day. It will explore the different world views at contact, the years of cooperation and negotiation through the fur trade and treaty-making era and the impact of government colonial policy on Indigenous nations. The course will also explore the constitutional recognition of Aboriginal rights which provide an important context for understanding contemporary issues between Indigenous and Canadian societies including land claims, treaties and selfgovernment.

May 14 - Aug. 20 32829-41 OntarioLearn Online-Web \$425.42

Indigenous Identity in Relation to Land

This course will require students to experience and explore Indigenous cosmology(s), knowledge(s) and world view(s) as it relates to the land. The influence of land on Indigenous worldview(s) will provide a way of understanding contemporary perspectives of identity and self determination. In addition, students will be encouraged to examine and locate their own identity and world view in relation to these concepts.

> May 14 - Aug. 20 32830-41 OntarioLearn Online-Web \$425.42

Introduction to Psychology **OL230**

In this course, you will examine the basis for behaviour and gain an understanding of why people think and act as they do. Topics include the scientific process of research, the human brain the nervous system, sensation perception, learning, memory and personality.

May 14 - Aug. 20 30427-41 OntarioLearn Online-Web \$425.42

The Ontario Metis

OL868

This course introduces the historical, sociological, and political perspectives on the origins of the Ontario Metis people. The course analyzes, in broad terms, the emergence of the Metis peoples and their relationship with the provincial government. We will also explore trends and issues affecting the Ontario Metis in contemporary society.

May 14 - Aug. 20 32565-41 OntarioLearn Online-Web \$425.42

Textbooks Required

Textbooks may be required for most postsecondary courses and some non-postsecondary courses. Visit: www.confederationcollege.ca/ce/textbook

Part-time Courses - Days, Evenings & Online

Summer Academy offers courses common to many college programs. Visit:

www.confederationcollege.ca/summeracademy

Required Courses and Program Information

For current part-time program information including required courses, admission requirements, and online application visit:

www.confederationcollege.ca/ce/ptprograms



Health & Community Services



Change your life through learning

Pathophysiology I

PN330

This course is designed for students who have a general understanding and working knowledge of the structure and function of the human body. Students will examine basic pathophysiological concepts, acute physiological and psychological changes and compensation for these deviations. This course will support the knowledge that is required during clinical scenarios, as they occur throughout the Practical Nursing program.

Textbook required.

April 29-June 7

Actual dates and times TBA

\$315.42 SH TBA

Medical Terminology

OL402

Develop the language required to communicate effectively in a medical setting. Medical terminology, word structure as well as diagnostic procedures and pharmacology related to twelve body systems will be stud-

> 30414-41 May 14 - Aug. 20 OntarioLearn Online-Web \$425.42



FOOT CARE

Are you interested in being a Foot Care Nurse Educator or Preceptor for future foot care courses in Thunder Bay? Visit the Our Team tab at:

www.footcarekingston.com for more information.

Required Courses and Program Information

For current part-time program information including required courses, admission requirements, and online application visit:

www.confederationcollege.ca/ce/ptprograms

OntarioLearn Online Learning Courses

Spring semester courses begin May 14, monthly intakes may also be available. Visit: www.confederationcollege.ca/ce/ontariolearn

Foot Care Nurse Program



Confederation College is proud to offer a two-part Foot Care Nurse program, designed for nurses new to foot care and for experienced foot care nurses who are ready for a refresher.

The program is designed to provide students with the knowledge and clinical experience necessary to function as a foot care nurse within a health care team.

For more information and to register visit:

www.confederationcollege.ca/footcare



DREAM. DO.

DO THE JOB

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Just For Fun

Culinary

For the following cooking classes you are asked to bring storage containers to take your creations home in and an apron to protect clothes. Closedtoed sturdy shoes (running shoes, hikers etc.) are required. Note: We cannot guarantee an allergyfree environment. Common allergens (seeds, tree nuts, grains, etc.) may be used in these cooking classes.

Hands on Cooking with Jodi ZC105 Part 1 - FULL - Call 475-6550 to have your name added to a waitlist in the event a seat opens up.

What can you eat on the keto diet? This class is for the beginner, someone who wants to know what all the hype is about, and if it is really for Chef Jodi will take you step by step, through the prep and cooking of a sausage and greens hash bowl, spinach salad with flank steak, bacon wrapped asparagus with horseradish dip and one pot chicken. This course is also for those who are looking to gain more knowledge with kitchen prep/food safety skills.

Tu March 5 7-10pm J. Strizic SH B212 \$76.84

Hands on Cooking with Jodi **ZC106** Part 2

If you are looking for a chance to further expand your recipe book, this course is for you. Learn safety and food-handling tips as well as how to speed up your prep time. You will prepare four or five keto dishes, time allowing; early-day jambalaya, spinach with crispy chicken, pizza pate, keto lemonade and beef stroganoff. will also receive a sample week meal plan with a shopping list.

Tu March 12 7-10pm 27986-99 SH B212 J. Strizic \$76.84

Small Batch Cooking **ZC031**

Learn how to cook salad bowl basics to make rice or salad bowls using rice, couscous and quinoa. Top them with a variety of healthy options and dressings to up the yum factor! Chef Jodi will take you through some basic kitchen prep/food safety skills, including which bowls you can freeze for later and the best way to heat them up.

W Feb.27 7-10pm 28016-99 J. Strizic SH B212 \$76.84

The Arts

Intergenerational 14+

Oil Painting - Intermediate

Imagine being part of a community that began with cave painting and continues today, where the paints and brushes have remained the same over the centuries. This course, with renowned artist Stephen J. Krasemann. will relv demonstrations, hands-on painting individualized attention, and will emphasize both fundamental and specialized techniques. Landscape compositions and their elements will Visit focus. Stephen's at www.krasemannart.com for inspiration and to view his painting technique. Materials required.

Tu May 14-July 30 6:30-9:30pm 32057-99 S. Krasemann SH 264 \$488.16

Painting with Biliana

AR003

Join renowned local watercolour artist, Biljana Baker, and paint three paintings in three classes. By the end of the workshop, you should have three completed paintings to show off to your friends and family. Some knowledge of watercolour painting is required. Materials are required and are not included in registration fee. Please bring: -your own watercolours

- -at least 3 sheets of d'arches watercolour paper 11X 15
- -a variety of watercolour brushes
- -backing board, masking tape, paper towel, water containers (ie. large ice cream pail) and any other supplies you like to paint with.

Th Feb.28-Mar.14 7-9:30pm 28018-99 B. Baker SH 264 \$62.86

Watercolour Touch-up

Do you have unfinished watercolour paintings that you wish you could get help with? If so, bring five or so to the workshop, and with Biljana's guidance, she will help you properly finish them. By the end of the workshop you should have a few completed paintings to show off to your friends and Materials are required and are not included in registration fee. Please bring:

- -your own watercolours
- -your unfinished paintings
- -a variety of watercolour brushes
- -backing board, masking tape, paper towel, water containers (ie. large ice cream pail) and any other supplies you like to paint with. Some knowledge of watercolour painting is required.

Sa Mar.2 & 9 10am-4pm 28019-99 B. Baker SH 264 \$83.62



Woodworking

Woodworking - Carpenter's Choice ZC159 Have you always wanted to try your hand at woodworking and can't commit to a lengthy course? Do you have an idea for a small project that you need help with? We will supply the expert. shop, tools and the plans (upon approval and consultation with the instructor), you supply the materials to create your own project. project review and materials list will be discussed at first class. Come out and learn a new skill in a safe and encouraging environment while creating a one-of-a-kind piece. Some experience an asset. Note: participants will be asked to sign a Shop Safety Waiver. Classes held in the Dorion

building on campus. Th Mar.7-Apr.4 6:30-10:30pm 24937-98 T. Charlton D 169 \$180.80

Welding

Are you interested in a career in welding or the Welding Techniques program at Confederation College? Are you looking for a new hobby? Why not try our part-time welding courses to find out if it's right for you?

Please note: fees for welding courses delivered through Continuing Education may fluctuate from semester to semester based on current rate of consumables and materials. Students are required to wear proper shop clothing including CSA-approved safety shoes/boots and clear safety glasses with side shields.

Call 475-6550 to have your name added to an interest list. Look for part-time welding courses in the Fall 2019 Key.

Welding -TIG-Basic WC300 (Mild Steel & Aluminum)

An introductory course that begins to develop the student's proficiency in producing basic TIG (Tungsten Inert Gas) weld joints. This course will include appropriate equipment set up when utilizing various gases, filler wires and electrodes for welding mild steel and aluminum. Consultation with Welding Coordinator, Jim Dyson, at 475-6251, is required prior to registration. participants will be asked to sign a Shop Safety Waiver. Classes held in the Dorion building on campus.

Tu/Th Mar.5-Apr.4 7-10pm 27157-99 \$522.63 D 165 L. Toombs





Class sizes are limited and will fill 🛣 quickly. Registration deadline is two weeks prior to camp start. SUPPORTER * Register early!

Summer Camp for Youth in Grades 6-12:

Rooted in Nature Adventure Week ZA016 5-day Camp

If exploring the outdoors and having an interest in natural sciences sounds like you, then come and take a step outside with Abe of Boreal Woodcraft and Nor'Wester Maple Company to learn what a career in Resource Management has to offer! The week will be spent learning about plant identification, insects and animals, types of soil, waterways, and how they all interact within an ecosystem. We will be teaming up with Eco Superior and Let's Talk Science again this year to learn more about invasive species and other cool things. Abe will also share his knowledge of tapping maple trees and with his help you will make maple sugar to take home! Much of the learning will happen through engaging with the outdoors, so dress for the weather and be prepared for an adventure! Come explore the wilderness beneath our feet.

Early birds register before June 7 and pay \$150 plus HST. Register after June 7 pay \$170 plus HST per participant per camp. We are proud supporters of P.R.O. Kids.

M-F July 8-12 9am-4pm A. Zettek MC TBA

Register Early!

Courses can fill fast - if you wait until the last minute to register it may be too late.

Don't miss out or be disappointed! Plan your schedule, choose your courses of interest and register three business days prior to course start unless otherwise noted. Visit www.confederationcollege.ca/ce



Classroom Legend

Shuniah Building at Confederation College SH MC McIntyre Building at Confederation College D Dorion Building at Confederation College

Contact North, off campus

Confederation Online Web-based, off campus OntarioLearn Online Web-based, off campus

24

Languages and Communications



Change your life through learning

Introduction to Intercultural Communications **OL351**

Students taking this course will learn the definition of culture and will be introduced to intercultural communication theories such as differences in gestures, personal spaces, and customs. By identifying intercultural issues in North American society, students will learn how they can apply intercultural communication theories to their daily lives and how they can respect and understand persons from other cultures. The main objective of this course is to create an environment in which students will feel comfortable communicating with people from different cultures and backgrounds. This course will be of interest to workers in health services, education, human resources, and business as well as those people who want to enhance their communication skills particularly as they apply to communicating with people from other cultures.

> May 14 - Aug.20 30221-41 OntarioLearn Online - Web \$415.34

French I **OL342**

The objective of this course is mastery of rudimentary language skills. With the use of simple structures and vocabulary, learners describe personal attributes, formulate simple questions and responses and conjugate in the present tense. Emphasis is given to speech as well as written forms. Students use technology for oral communication practice and evaluation. A headset or microphone and speakers is required for the oral parts of course. Students will submit recordings using software such as Jing software. You tube or Windows Media Player.

May 14-Aug.20 30140-41 OntarioLearn Online - Web \$425.42

Persuasive Writing CS007

With a thematic focus on current issues, this course will help learners to express themselves clearly, correctly and persuasively in written form. Learners will also engage in analytical reading and critical thinking through assigned readings and discussions on a variety of topics. The course will also help learners to effectively compile and present research in essay form according to the APA style of documentation. Contact the bookstore at 475-6225 to purchase the required textbook.

•	May 6-Aug.16				
	Confederation Online - Web				
-	Tu May 7-Aug.13 9:30-12:30am				
		SH TBA	\$315.42*		

Sign Language Level I Part I

This is the first part of the Level I American Sign Language (ASL) course using a conversational method following the Signing Naturally Curriculum. Through model dialogues with the instructor and other students, games, exercises and home study, students learn to ask and answer questions, talk about surroundings, tell where they live, talk about their family and tell about activities. Part I is not scheduled for the Spring term.

See the Fall 2019 Key, delivered August 9, or visit: www.confederationcollege.ca/ce

Spanish for Travellers

This course will provide beginner level learners planning to travel to Spanish-speaking countries with words, expressions, questions, sentences, and tips needed for specific situations such as greeting and addressing people, checking into a hotel, getting around town, eating out, shopping, and obtaining information. Spanish for Travellers is not scheduled for the Spring term.

See the Fall 2019 Key, delivered August 9, or visit: www.confederationcollege.ca/ce

Part-time Courses - Days, Evenings & Online

Summer Academy offers courses common to many college programs. Visit: confederationcollege.ca/summeracademy

Required Courses and Program Information

For current part-time program information including required courses, admission requirements, and online application visit: www.confederationcollege.ca/ce/ ptprograms

OntarioLearn Textbook List Spring 2019

If you are taking an OntarioLearn course visit: www.confederationcollege.ca/ce/ontariolearn/ textbook for textbook information.

Textbooks Required

Textbooks may be required for most postsecondary courses and some non-postsecondary courses. Visit: www.confederationcollege.ca/ce/textbook

Please note that most of the languages and communication courses require a textbook. Visit: www.confederationcollege.ca/ce/textbook for textbook information.



Online Learning



Confederation Online and OntarioLearn

Achieve your educational goals through the online learning environment! Confederation Online and OntarioLearn offer a number of online courses that students can use towards college credits or professional development. The online learning environment gives flexibility to access courses anywhere and at any time.

Courses are delivered through online learning management systems, such as Blackboard, Moodle or Desire to Learn, and provide content through online methods, such as readings, PowerPoints, discussion boards, videos, and more. Students work independently to complete readings, discussions, and assignments while adhering to a schedule that is provided at the beginning of the course. Instructors are present and accessible through a number of online communication tools, such as email and course chats.

Whether you are interested in earning credit towards a college certificate or diploma, advancing your education or if you are looking for professional development opportunities, online courses may be an option for you! Visit: www.confederationcollege.ca/online





Get inspired, learn a new skill and have some fun by signing up for Rooted in Nature Adventure Week for youth in grades 6-12.

Registration is now open!





For more information and to register, visit: www.confederationcollege.ca/career-samplers





Technology & Trades



Change your life through learning

IB802 Ozone Depletion Prevention Canada's Ozone Layer Protection Awareness Training Program is based on Environment Canada's "Code of Practice for Elimination of Fluorocarbon Emissions in Refrigeration and Air Conditioning Systems". This course will deal with environmentally-correct equipment design, proper handling of refrigerants, and will prepare participants for complying with provincial covering regulations refrigeration conditioning systems. Each attendee will receive the Participant Manual to refer to in class and take home. Participants who achieve a mark of 75% or better on the exam will receive an Ozone Depletion Prevention (ODP) card. This card must be renewed every five years for those who purchase or handle refrigerants across Canada. Note: this course is strictly theory and does not incorporate hands-on training. Anyone commercial, industrial, domestic, residential, automotive and mobile cooling applications would benefit from taking this course. This course is offered via distance education where the students and instructor in Thunder Bay are joined by students from across Northern Ontario at a Contact North site. Thunder Bay students attend class at Contact North, 104-1139 Alloy Drive Thunder Bay. Attention Employers or Sponsors: If you wish to sponsor one or more employees or clients for a specific course, we can simplify the process for you. Call us for details (807) 475-6550.

	Th Mar.7 & 14	6-9pm	23339-83
	R. Ongaro	CN	\$253.69
Ī	Th May 30 & June 6	6-9pm	30823-83
	R. Ongaro	CN	\$253.69

Woodworking - Carpenter's Choice ZC159

Have you always wanted to try your hand at woodworking and can't commit to a lengthy course? Do you have an idea for a small project that you need help with? We will supply the expert, shop, tools and the plans (upon approval and consultation with the instructor), you supply the materials to create your own project. project review and materials list will be discussed at first class. Come out and learn a new skill in a safe and encouraging environment while creating a one-of-a-kind piece. Some experience an asset. Note: participants will be asked to sign a Shop Safety Waiver. Classes held in the Dorion building on campus.

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T. Charlton	D 169	\$180.80

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Tu/Th Mar.5-Apr.4	7-10pm	27157-99
L. Toombs	D 165	\$522.63

Required Courses and Program Information

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www.confederationcollege.ca/ce/ptprograms

OntarioLearn Online Learning Courses

Spring semester courses begin May 14 monthly intakes may also be available. Visit:

www.confederationcollege.ca/ce/ontariolearn

Classroom Legend

SH	Shuniah Building at Confederation College
MC	McIntyre Building at Confederation College
D	Dorion Building at Confederation College
CN	Contact North off campus

Confederation Online Web-based, off campus OntarioLearn Online Web-based, off campus







9-week session runs Monday, April 15th to Saturday, June 15th, 2019

Registration begins Monday, March 18th at 9 A.M. in person

DAYTIME PROGRAMS

PROGRAM	DAY	TIME	FEE	INSTRUCTOR
Lunch Fitness	M-W	12:00-1:00 PM	\$125	Ellie
Lunch Yoga	T or TH	12:10-12:50 PM	\$90	Shannon
Gentle Yoga	TH	10:30 AM-12:00 PM	\$90	Shannon
Group Circuit Training	F	12:00-1:00 PM	\$90	Shannon

EVENING PROGRAMS

PROGRAM	DAY	TIME	FEE	INSTRUCTOR
Happy Hour	T-TH	5:00-6:00 PM	\$125	Anne
Total Fitness	M-W	7:30-8:30 PM		Anne Parr* (*Contact Anne Parr 577-9620)
Group Circuit Training	М	5:00-6:00 PM	\$90	Shannon
All Levels Yoga	W	5:00-6:30 PM	\$90	Shannon

SPECIALTY PROGRAMS

PROGRAM	DAY	TIME	
Pick-up Basketball	T & F	6:00-9:00 PM	
Volleyball Club	SUN	1:00-3:00 PM	
Badminton Club	SAT	10:00 AM-12:00 PM	

Personal/Small Group Training available.

Contact Shannon at 475-6484 or shannon.harris@confederationcollege.ca

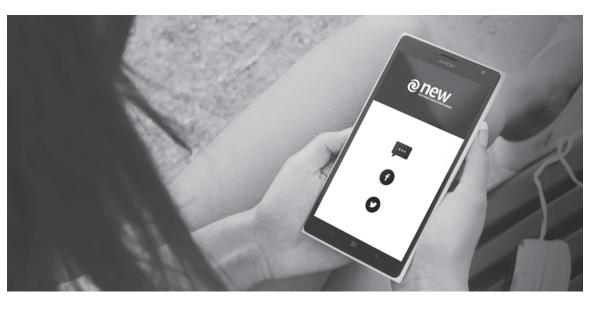
Canfit Pro Fitness Instructors Specialist Course. Visit www.canfitpro.com or call 577-9620

Prices do not include tax



For more information, call 475-6398 or visit: confederationcollege.ca/wellness-centre





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Whalen Building 34 N. Cumberland St. Located on 1st Floor Call (807) **624-3362**



