

# Rudy Sanchez Cisneros

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## **Qualifications**

- Communicating effectively with clients to ensure proper and consistent services
- Strong time management skills developed by working in fast paced environments and goal oriented settings
- Maintaining up-to-date patient databases for proper meal ordering and production.
- Conveying nutrition information to patients in a group or one-to-one settings.
- Cooperative, responsible, and reliable in team work settings and independently

## **Education**

**Bachelor of Science in Food and Nutrition**| Seattle Pacific University| **Graduation Date:** December 2015

**Associate of Science Degree**| Centralia College| Graduation Date: June 2012

## **Certifications**

- WA State Food Handler's Permit

## **Experience**

### **Care Advocate| Lifelong AIDS Alliance-Chicken Soup Brigade |March 2019- Present**

- Communicating and engaging with clients and other community members about the various programs from organization to promote and grow services.
- Multi-tasking to ensure client phone, email inquiries or grievances are completed and resolved in a timely manner. If grievance cannot be resolved, being sent to the correct point of contact for resolution
- Work collectively and efficiently with client teams to offer services to clients in a consistent manner.
- Managing time efficiently to meet and complete target goals for 1:1 nutrition assessments with clients.
- Ensuring food safety guidelines and regulations are being followed in order to provide proper nutrition to patients

### **Dietary Technician| Eating Recovery Center of Washington |Oct 2016- Dec 2019**

- Critical-thinking to make informed decisions in patient nourishments when RD or other higher nutrition staff not present.
- Monitor and support patients during meals by offering nutrition support and providing positive redirection at the dining table
- Communicating nutrition information with patients to offer nutrition education and support during various nutrition groups
- Work collectively and efficiently with patient treatment teams to offer the best nutrition support for patient's recovery through collaboration and communication
- Manage time efficiently to offer support across various levels of care and stepping in to help when needed
- Ensuring food safety guidelines and regulations are being followed in order to provide proper nutrition to patients

**Dietary Clerk| Harborview Medical Center | Oct 2015- Oct 2016**

- Monitor and ensure patients are receiving proper meals according to their specific diet orders
- Communicate clearly with patients from different backgrounds or diseases to help with nutrition orders
- Manage time properly to ensure food is served in a timely manner.
- Checking inventory and rotating items according to FIFO
- Involved in meal production, inventory, and delivery of patient meals in an effective and proper manner to meet food safety guidelines and regulations.

**Dietary Aid| The Hearthstone at Greenlake Retirement Living| April 2015-Oct 2015**

- Monitor and ensure patients are receiving proper meals according to their specific diet type
- Diligently prepare specialized food and beverage orders to meet the needs of patients with specific diet texture requirements
- Ensure proper food safety and sanitation rules are followed
- Manage time properly to ensure food is served in a timely manner

**Sales Associate| Gap Inc. | November 2013- April 2015**

- Promoting sales of products and services by offering Gap Cards to customers
- Worked the Cash Wrap and assisted customers in a courteous, timely and efficient manner
- Maintained a tidy and clean work environment even during busy hours
- Greeted and assisted customers while completing other tasks

**PSE Mail Clerk| United States Postal Service| March 2011-August 2013**

- Followed policies and guidelines of the workplace, received outstanding reviews for safety.
- Provided excellent customer service while under pressure and dealing with difficult customers
- Worked as part of a team to finish mail distribution in a timely and efficient way
- Responsible for opening and closing the business, as well as running the operation on my own for Saturday mail delivery
- Communicated and maintained professional relationships with regular customers