

1. Choose a prescribed title for your practice TOK Essay from the list of 6 titles

“The process of gaining knowledge is more valuable than reaching an end result.”  
Discuss this claim with reference to two areas of knowledge.

2. Identify key words in your chosen prescribed title and define them for the purposes of your essay

Valuable: gives more useful tools and have future implication in other areas.  
An end result: a conclusion we reach after the process of analyzing and gaining knowledge.

3. Create a "To what extent" Knowledge Question derived from and related to the prescribed title

To what extent is the process of acquisition of knowledge more important than reaching a result from the knowledge?

4. Identify the AOKs that will help you to consider your Knowledge Question from different perspectives based on real-life examples and supporting evidence linked to your IB subjects.

AOK1: the arts

Ex1. Personal example of copying others' artwork as practice, I learned techniques about composition, light and darkness, brush uses, etc. What I have as a product is unimportant compared with what I learn in the process.

Ex2. Erdrich's novel *The Round House* we studied in class teaches us about indigenous culture, and the writing technique and stylistic choices becomes relatively less important.

However, without the process of learning, which is the effort we spent in understanding the stylistic elements in the novel, we cannot reach the result that easily. In this sense, the process is more valuable.

AOK2: Mathematics

Ex1. Personal example of trying to prove Lagrange's theorem, which is a great practice for logic and critical thinking.

Ex2. Statistics has little value as an area of math studies itself. It involves relatively less logic and analysis. However, Central Limit Theorem has huge application in the study of thermodynamics, economics, psychology experiments, etc.

However, Central Limit Theorem is limited in that it only applies to big populations. If we learn the process by heart, which is how Central Limit Theorem is deduced and why it works, we can invent similar techniques ourselves to solve similar problems, which Central Limit Theorems cannot help us solve.

5. Write the Overall Summary of your Answer (OSA), which is the thesis statement for the introduction of your essay.

In general, the process of acquisition of knowledge is more valuable than the result itself, because without the process, the result is hard to reach; and that process can be adapted to make multiple conclusions, while result itself has limitations.