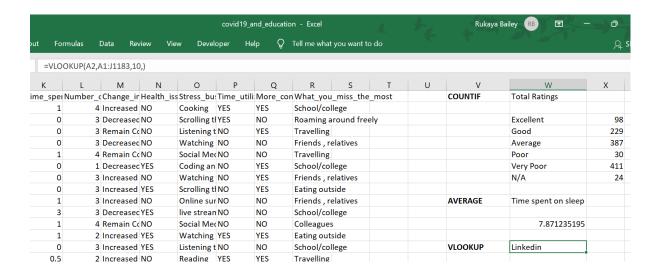
Excel formulas

je Layı	out Fo	rmulas	Data Rev	view Vie	ew Devel	oper l	_una_cuucuu Help	Tell me wha	t you want :	to do	*	+		g A
fx	=AVE	RAGE(H2	:H1183)											
	K	L	М	N	0	Р	Q	R	S	т	U	V	W	X
ed_:T	ime_spe	Number_	cChange_ir	Health_is	s Stress_bu	Time_ut	ili:More_co	n What_you	miss_th	e_most		COUNTIF	Total Ratings	
in	1		4 Increased	NO	Cooking	YES	YES	School/co	llege					
oe	0		3 Decreased	NO	Scrolling t	YES	NO	Roaming a	around fre	eely			Excellent	98
in	0	:	3 Remain Co	NO	Listening t	NO	YES	Travelling					Good	229
am	0	:	3 Decreased	NO	Watching	NO	NO	Friends, r	elatives				Average	387
am	1	4	4 Remain Co	NO	Social Med	NO	NO	Travelling					Poor	30
e	0	:	1 Decreased	YES	Coding an	NO	YES	School/co	llege				Very Poor	411
am	0	3	3 Increased	NO	Watching	NO	YES	Friends, r	elatives				N/A	24
am	0		3 Increased	YES	Scrolling t	NO	YES	Eating out	tside					
арр	1	:	3 Increased	NO	Online sur	NO	NO	Friends, r	elatives			AVERAGE	Time spent on sleep	
am	3	:	3 Decreased	YES	live stream	NO	NO	School/co	llege					
am	1		4 Remain Co	NO	Social Med	NO	NO	Colleague	s				7.871235195	
am	1		2 Increased	YES	Watching	YES	YES	Eating out	tside					
am	0	:	3 Increased	YES	Listening t	NO	NO	School/co	llege			VLOOKUP	Linkedin	
	0.5		2 Increased	NO	Reading	YES	YES	Travelling						

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0		3 Decreased	NO	Watching	NO	NO	Friends, re	elatives				Average	387
1		4 Remain Co	NO	Social Me	NO	NO	Travelling					Poor	30
0		1 Decreased	YES	Coding an	NO	YES	School/col	lege				Very Poor	411
0		3 Increased	NO	Watching	NO	YES	Friends, re	elatives				N/A	24
0		3 Increased	YES	Scrolling t	NO	YES	Eating outs	side					
1		3 Increased	NO	Online sur	NO	NO	Friends, re	elatives			AVERAGE	Time spent on sleep	
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0		3 Increased	YES	Listening t	NO	NO	School/col	lege			VLOOKUP	Linkedin	
0.5		2 Incressed	NO	Reading	VEC	VEC	Travelling						



CASE WHEN percentages

A	В	С	D
No. of meals per day	Change in weight	No. of Students	%
3 meals a day	Decreased	91	15%
3 meals a day	Increased	222	37%
3 meals a day	Remain Constant	293	48%
Less than 3 meals a day	Decreased	85	26%
Less than 3 meals a day	Increased	103	32%
Less than 3 meals a day	Remain Constant	135	42%
More than 3 meals a day	Decreased	30	12%
More than 3 meals a day	Increased	109	45%
More than 3 meals a day	Remain Constant	103	43%
2			
3			
1			
	No. of meals per day 3 meals a day 3 meals a day 3 meals a day Less than 3 meals a day Less than 3 meals a day More than 3 meals a day More than 3 meals a day More than 3 meals a day	No. of meals per day 3 meals a day 3 meals a day 3 meals a day Less than 3 meals a day More than 3 meals a day Remain Constant Decreased Increased Remain Constant Remain Constant	No. of meals per day 3 meals a day 3 meals a day 3 meals a day Increased 222 3 meals a day Remain Constant 293 Less than 3 meals a day Less than 3 meals a day Increased 85 Less than 3 meals a day Increased 103 Less than 3 meals a day Increased 103 More than 3 meals a day Decreased 30 More than 3 meals a day Increased 109 More than 3 meals a day Remain Constant 100