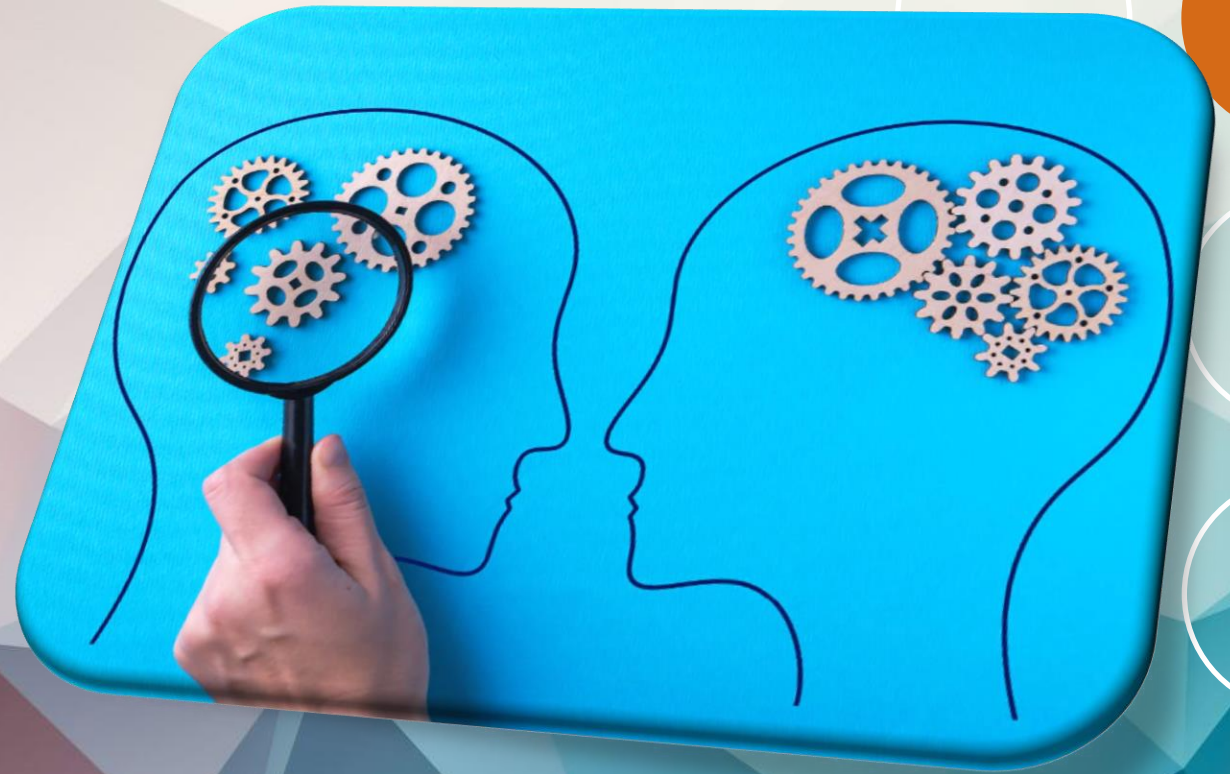


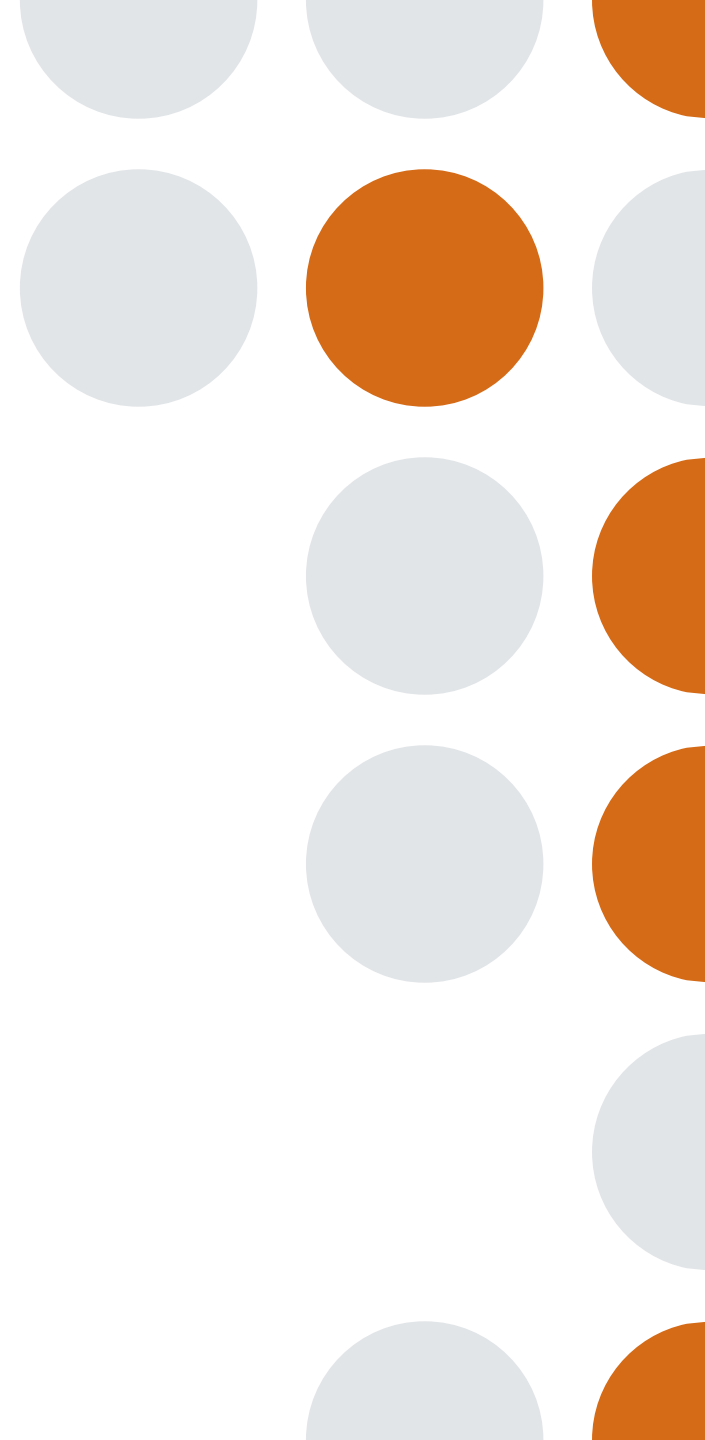
MENTAL HEALTH IN TECH INDUSTRY

An Exploratory Data Analysis by
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Motivation

- Entering the field of tech ourselves
 - Work life in tech more and more competitive
 - 51% of people in tech are diagnosed with mental health disorders according to [OSMI* Mental Health in Tech Survey 2016](#)
 - Spread awareness and drive some changes
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Source and Data cleanup

- The source of the dataset is [kaggle.com](https://www.kaggle.com)
- The survey is done by [Open Sourcing Mental Illness](https://www.opensourcingmentalillness.com)
- The data exploration and the cleanup process



Research Questions

1. What age group is the most vulnerable?

2. Have you sought treatment for a mental health condition?

3. If you have a mental health condition, do you feel that it interferes with your work?

5. Do you have a family history of mental illness?

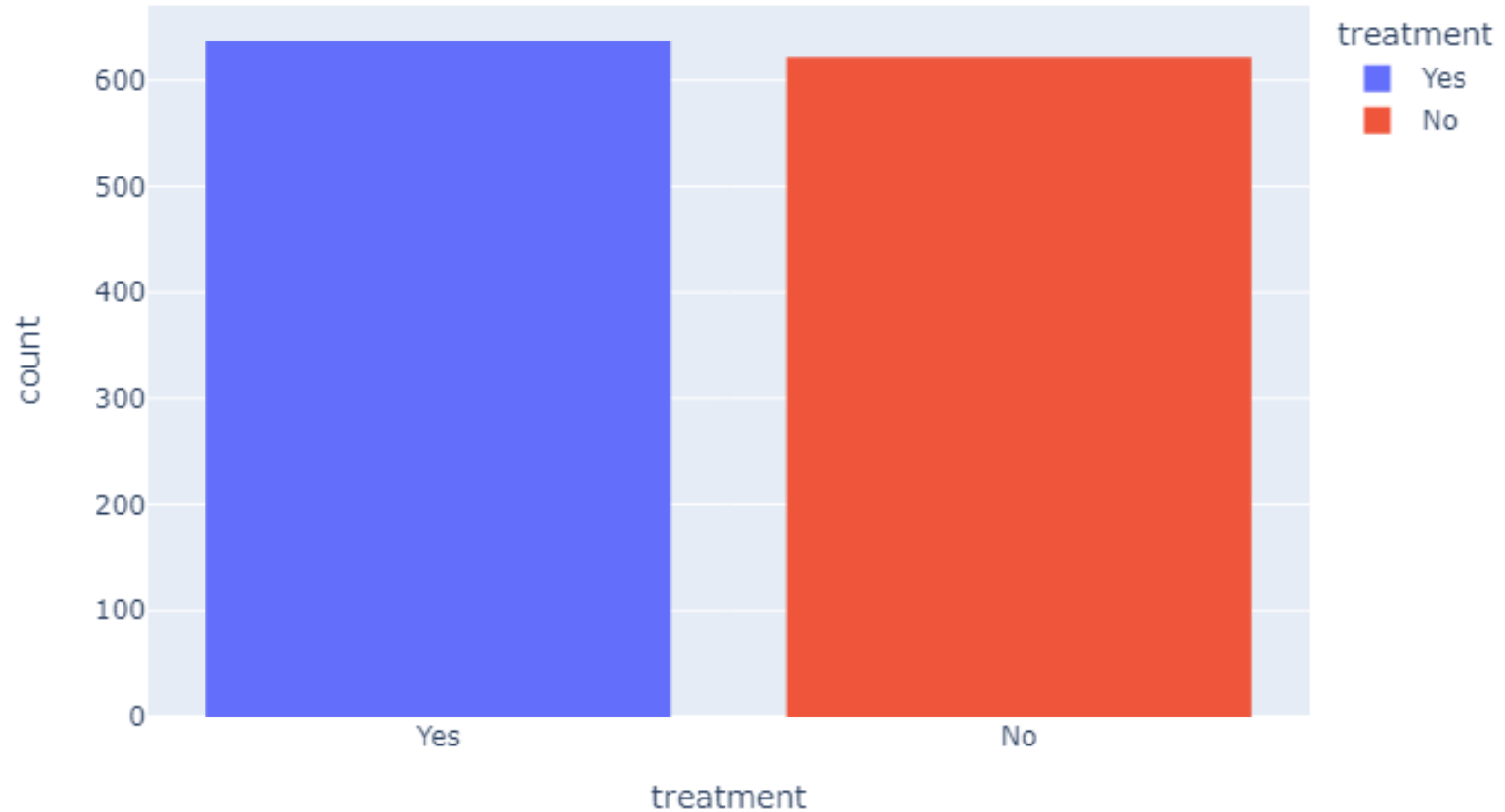
6. Do you work remotely (outside of an office) at least 50% of the time?

7. Does your employer provide mental health benefits?

Have you sought treatment for a mental health condition?

- Only 50% of people are seeking help.
- More needs to be done so everyone knows that help is available

Have you sought treatment for a mental health condition?

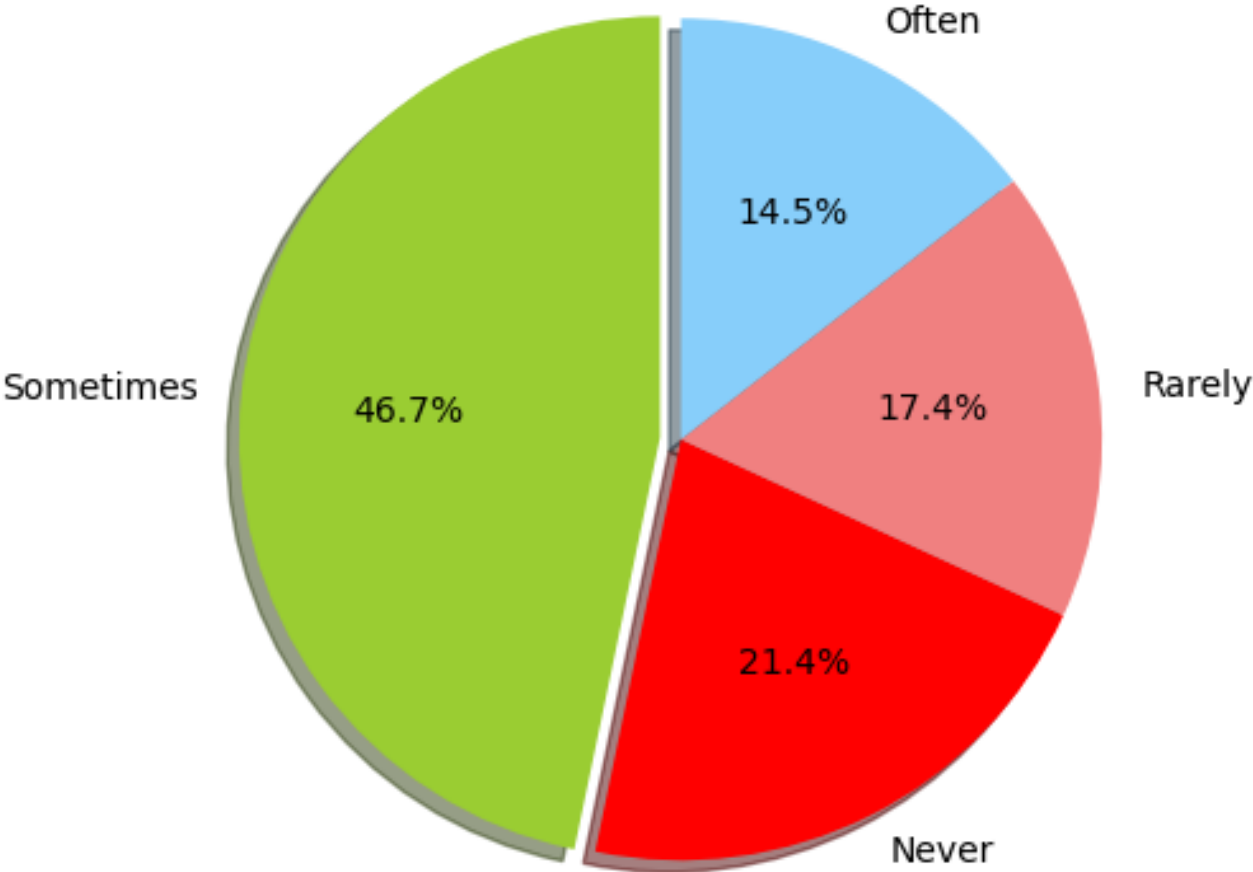


Does your mental health condition interfere with your work?



About 78% of respondents have faced work-interference.

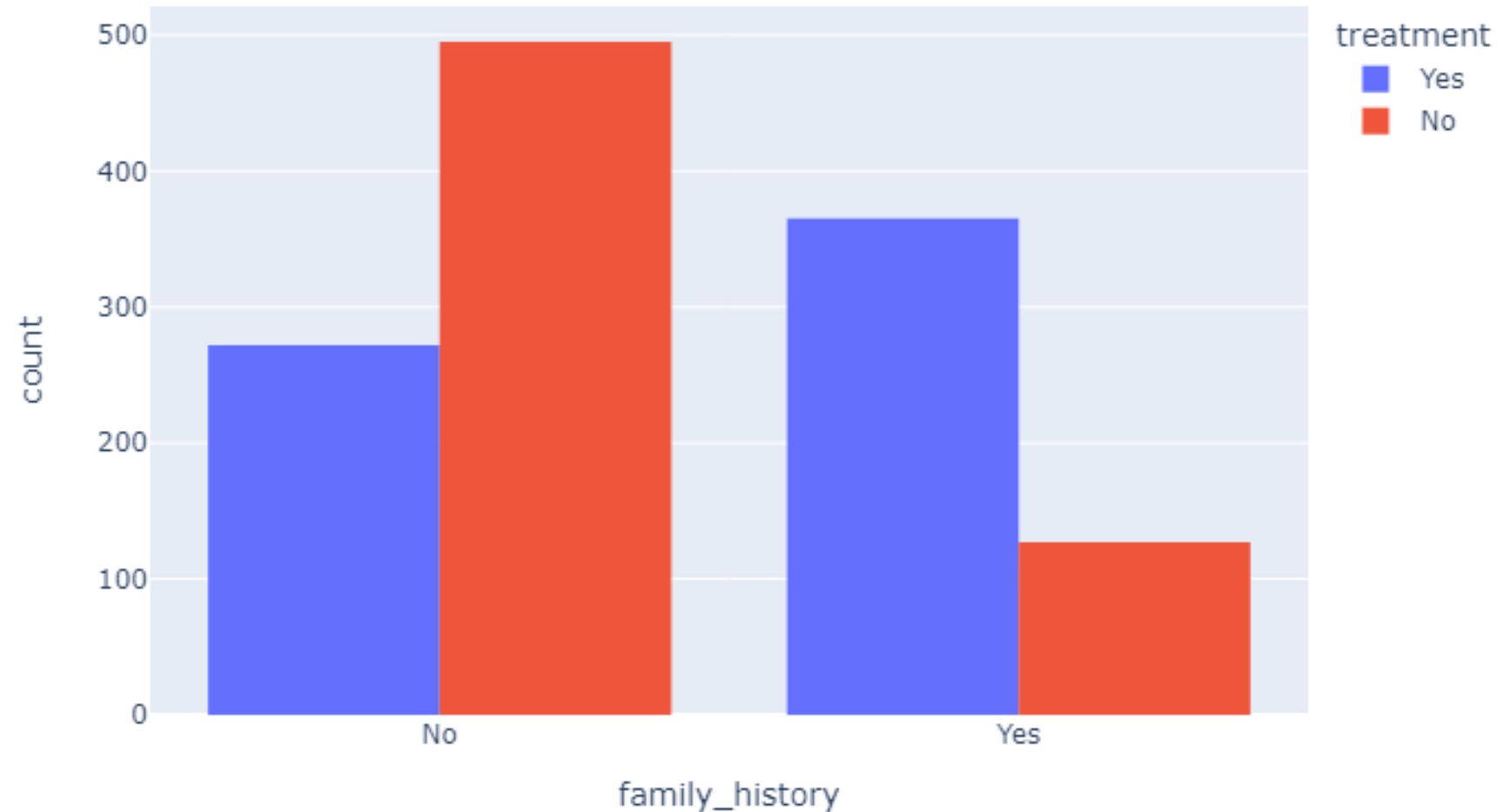
Does your mental health condition interfere with your work?



Do you have a family history of mental illness?

Individuals with a family history of mental illness are more inclined to seek treatment.

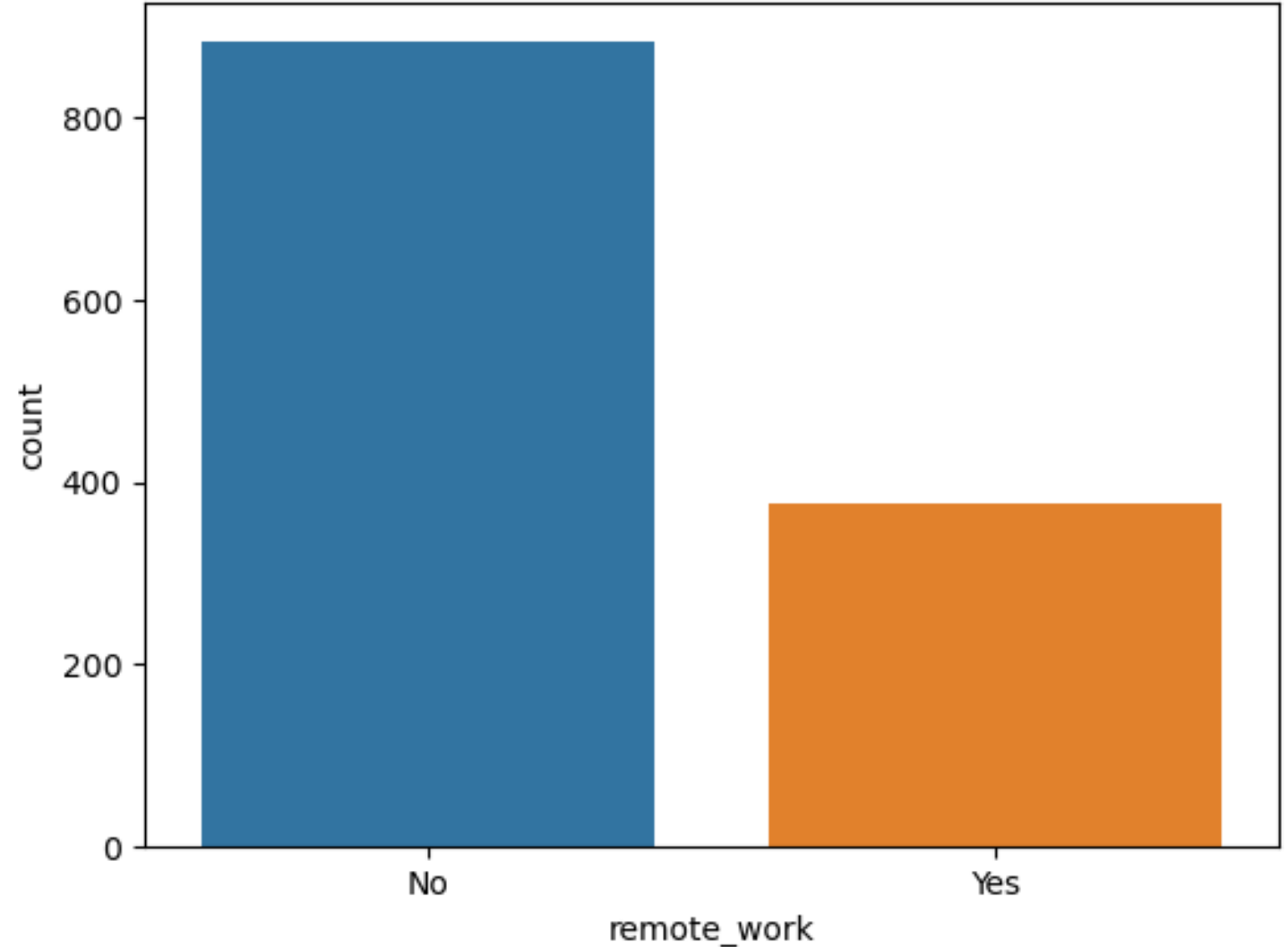
Do you have a family history of mental illness?



Do you work remotely?

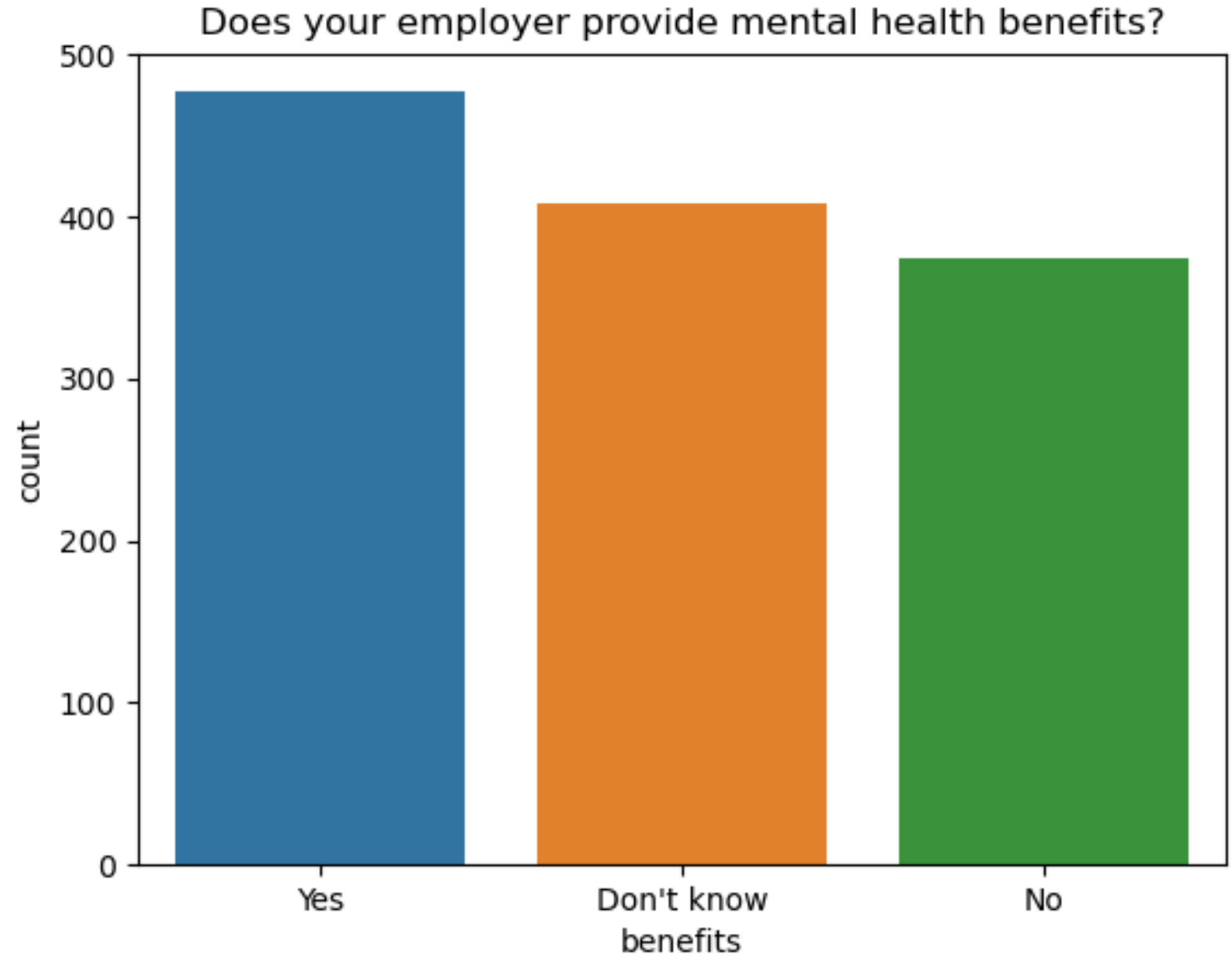
The general insight is that whether people work remotely or not, nearly 50% of them seek treatment.

Do you work remotely (outside of an office) at least 50% of the time?



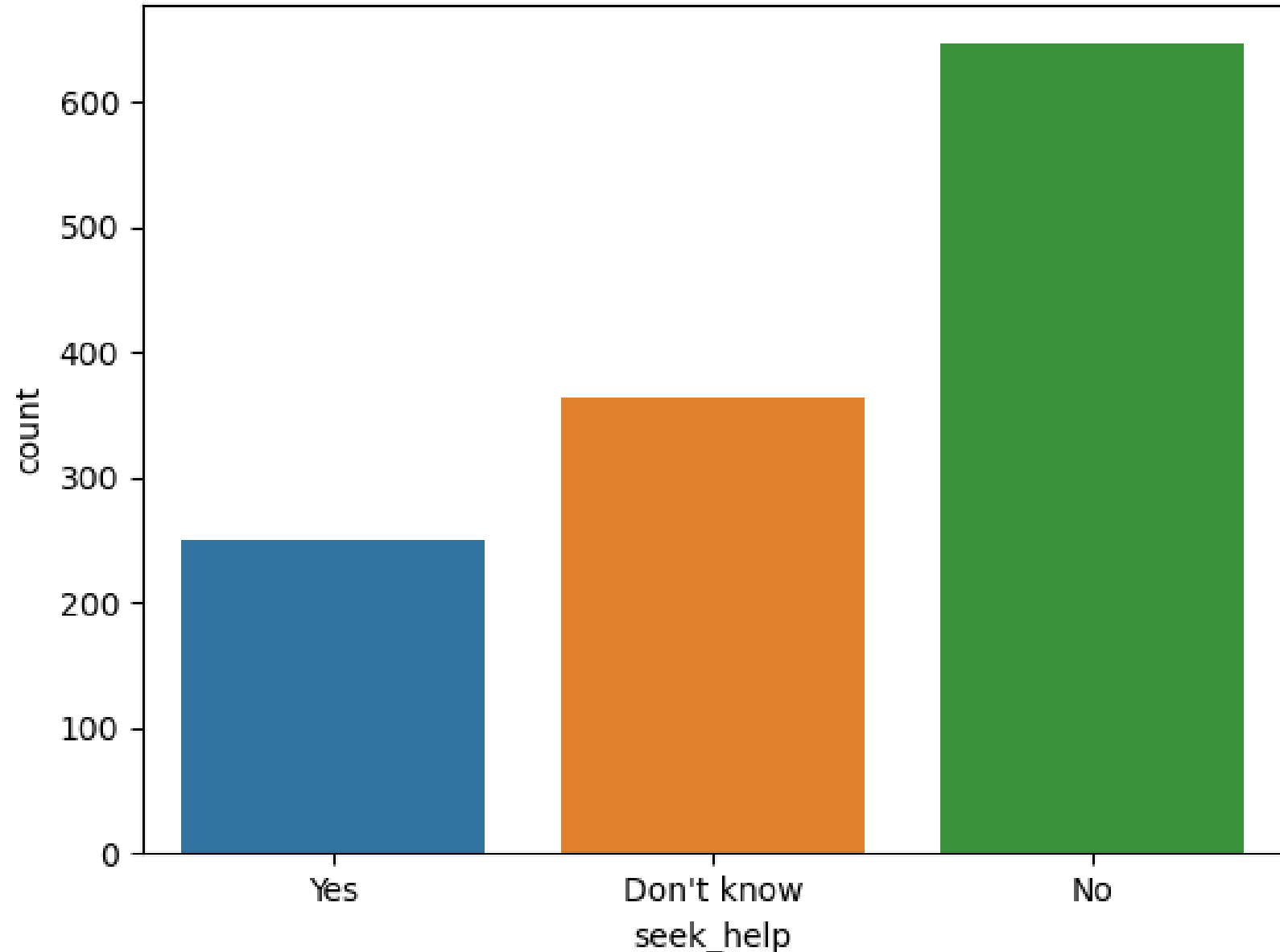
Does your employer provide mental health benefits?

- *approximately 38% reported that their employer provided mental health benefits.*
- *close to 45% of those who reported not receiving mental health benefits expressed a desire to seek treatment.*



Does your employer provide resources to learn more about mental health issues and how to seek help?

- Most companies do not provide mental health resources, or it could be that they do not adequately inform employees about the resources that are available to them.
- This highlights the need for HR professionals to focus on providing mental health resources and effectively utilizing any existing resources within the organization.



Conclusion

- A lot more needs to be done so the people know of any available treatment.
 - Most people don't realize that there is help available to them.
 - Employers have to do more so their employees know about all the options when it comes to treatment, benefits and other ways to fight mental health illness.
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Thank you very much!

*It's time for Feedback
and Questions*

