



WISCONSIN TRACK CLUB

2013 WOMEN'S INDOOR TRACK & FIELD PERFORMANCES

60 METERS

8.72	Hannah Downes	Club Relays (2/23)
8.83	Ariel Sherman	Red & White Open (2/15)
9.02	Meghan Wiedl	Red & White Open (2/15)
9.77	Ashley Himebaugh	Red & White Open (2/15)
9.93	Rachel Schultz	Red & White Open (2/15)

200 METERS

28.81	Ariel Sherman	Red & White Open (2/15)
29.67	Hannah Downes	Red & White Open (2/15)
29.99	Elise Ziemendorf	Red & White Open (2/15)
30.40	Meghan Wiedl	Red & White Open (2/15)
32.84	Ashley Himebaugh	Red & White Open (2/15)
33.71	Rachel Schultz	Red & White Open (2/15)

400 METERS

1:06.51	Elise Ziemendorf	Red & White Open (2/15)
1:10.15	Meghan Wiedl	Red & White Open (2/15)
1:10.30	Carly Bjork	Red & White Open (2/15)

800 METERS

2:47.72	Bridget Schams	Red & White Open (2/15)
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3000 METERS

11:31.89	Carli Schulz	Red & White Open (2/15)
11:36.98	Marie Hoffman	Pointer Invite (2/2)
11:48.54	Paige Lyons	Red & White Open (2/15)
12:01.35	Bridget Schams	Red & White Open (2/15)

60 HURDLES

10.84	Elise Ziemendorf	Club Relays (2/23)
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4x200 RELAY

2:00.44	Himebaugh, Wiedl, Ziemendorf, Downes	Club Relays (2/23)
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4x400 RELAY

4:42.84	Ziemendorf, Wiedl, Nault, Bjork	Club Relays (2/23)
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SPRINT MEDLEY RELAY

5:16.06	Himebaugh, Wiedl, Ziemendorf, Bjork	Club Relays (2/23)
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HIGH JUMP

1.41m	Bri Bixler	Red & White Open (2/15)
1.40m	Elise Ziemendorf	Club Relays (2/23)

LONG JUMP

4.30m	Carly Bjork	Club Relays (2/23)
4.29m	Ariel Sherman	Red & White Open (2/15)