



# WISCONSIN TRACK CLUB

## 2014 MEN'S INDOOR TRACK & FIELD PERFORMANCES

### 60 METERS

7.30	Max Krueger	Club Relays (3/1)
7.41	Jeremy Riekema	Pointer Invite (2/8)
7.46	Karl Tremmel	Club Relays (3/1)
7.61	Adam Luepke	Red & White Open (2/21)
7.73	Justin Vaughner	Red & White Open (2/21)

### 200 METERS

24.23	Karl Tremmel	Elite Invitational (1/25)
24.90	Patrick O'Grady	Red & White Open (2/21)
25.62	Adam Luepke	Red & White Open (2/21)

### 400 METERS

52.31	Zach Jindra	Elite Invitational (1/25)
54.04	Patrick O'Grady	Elite Invitational (1/25)
54.90	Karl Tremmel	Elite Invitational (1/25)

### 600 METERS

1:25.56	Isaac Zarecki	Red & White Open (2/21)
1:33.85	Azad Darbandi	Red & White Open (2/21)

### 800 METERS

1:55.98	Zach Jindra	Pointer Qualifier (3/8)
1:59.52	Tim Metivier	Platteville Invite (2/15)
1:59.66	Isaac Zarecki	Elite Invitational (1/25)
2:00.46	Cam Blegen	Red & White Open (2/21)
2:01.45	Maxwell Carson	Red & White Open (2/21)
2:01.76	Matt Mixdorf	Platteville Invite (2/15)
2:03.86	Blake Helton	Red & White Open (2/21)
2:04.55	Erik Crook	Red & White Open (2/21)
2:04.69	Kenny Haferkon	Pointer Invite (2/8)
2:06.96	Josh Choe	Elite Invitational (1/25)
2:10.87	Kyle Staunton	Pointer Invite (2/8)
2:16.32	Carter Peterson	Platteville Invite (2/15)

### Mile

4:23.60	Tim Metivier	Pointer Invite (2/8)
4:30.32	Matt Mixdorf	Pointer Invite (2/8)
4:31.50	Cam Blegen	Pointer Invite (2/8)
4:33.24	Zach Jindra	Platteville Invite (2/15)
4:34.90	Isaac Zarecki	Pointer Invite (2/8)
4:36.41	Brant Birrenkott	Red & White Open (2/21)
4:39.06	Trent Evans	Pointer Qualifier (3/8)
4:39.85	Blake Helton	Elite Invitational (1/25)
4:43.40	Maxwell Carson	Club Relays (3/1)
4:44.90	Joseph Vergeront	Pointer Invite (2/8)
4:51.01	Danny Umhoefer	Red & White Open (2/21)

4:51.07	Josh Choe	Red & White Open (2/21)
5:00.06	Mark Lind	Club Relays (3/1)
5:10.45	Will Lyon	Red & White Open (2/21)

### 3000 METERS

8:44.22	Joseph Pendleton	Elite Invitational (1/25)
9:00.65	Matt Mixdorf	Red & White Open (2/21)
9:02.43	Tim Metivier	Elite Invitational (1/25)
9:05.79	Dustin Baldwin	Red & White Open (2/21)
9:26.92	Trent Evans	Red & White Open (2/21)
9:30.80	Brant Birrenkott	Platteville Invite (2/15)
9:41.24	Kenny Haferkorn	Badger Indoor Open (1/17)
9:45.43	Thomas Treacy	Red & White Open (2/21)
9:48.02	Mark Lind	Red & White Open (2/21)
9:54.31	Josh Choe	Club Relays (3/1)
10:06.90	Jason Chiang	Red & White Open (2/21)

### 5000 METERS

15:13.48	John Heitzman	Pointer Invite (2/8)
15:35.28	Michael Quesnell	Platteville Invite (2/15)
16:40.48	Brant Birrenkott	Pointer Invite (2/8)
18:09.98	Thomas Treacy	Pointer Invite (2/8)

### 4x200 RELAY

1:35.88	Krueger, Tremmel, O'Grady, Scharlau	Club Relays (3/1)
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### 4x400 RELAY

3:34.84	Helton, Blegen, Zarecki, Metivier	Pointer Invite (2/8)
3:35.57	Blegen, Metivier, Helton, Carson	Red & White Open (2/21)
3:39.21	Carson, Zarecki Jindra, Metivier	Club Relays (3/1)
3:41.71	O'Grady, Helton Scharlau, Lind	Club Relays (3/1)
3:44.04	Mixdorf, Staunton, Carson, Choe	Pointer Invite (2/8)
3:49.48	Blegen, Zarecki, Metivier, Haferkorn	Badger Indoor Open (1/17)

### 4x800 RELAY

8:05.78	Carson, Zarecki, Jindra, Metivier	Club Relays (3/1)
8:35.42	Choe, Lind, Drout, Helton	Club Relays (3/1)

## **SPRINT MEDLEY RELAY**

3:41.66	Krueger, Tremmel, O'Grady, Metivier	Club Relays (3/1)
3:48.83	Zarecki, Scharlau, Drout, Helton	Club Relays (3/1)

## **LONG JUMP**

6.39m	Jeremy Riekana	Pointer Invite (2/8)
6.16m	Evan Sadowsky	Platteville Invite (2/15)
6.10m	Max Krueger	Club Relays (3/1)
5.45m	Tim Metivier	Club Relays (3/1)
5.02m	Justin Vaughner	Pointer Qualifier (3/8)
4.81m	Ronald Utz	Red & White Open (2/21)

## **TRIPLE JUMP**

13.49m	Keegan Parrott	Blugold Alumni Open (1/18)
12.46m	Max Krueger	Club Relays (3/1)
11.79m	Paul Scharlau	Club Relays (3/1)

## **HIGH JUMP**

1.70m	Tim Metivier	Platteville Invite (2/15)
1.65m	Jeremy Riekana	Club Relays (3/1)
1.60m	Zach Jindra	Club Relays (3/1)

## **SHOT PUT**

10.42m	Jeremy Riekana	Club Relays (3/1)
10.22m	Karl Tremmel	Club Relays (3/1)