From equation (11d), (11e) and (11f), denoted as equations (1), (2) and (3)

$$\dot{\rho}_{\mu 1} = -[i(E_0^{\mu} - E_1^{\mu}) + \gamma_{\mu 1}]\rho_{\mu 1} - i\zeta_p(\rho_{11} - \rho_{\mu \mu}) + i\zeta_c\rho_{\mu \nu} \tag{1}$$

$$\dot{\rho}_{\nu 1} = -\left[i(E_0^{\nu} - E_1^{\mu}) + \gamma_{\nu 1}\right]\rho_{\nu 1} - i\zeta_c(\rho_{11} - \rho_{\nu\nu}) + i\zeta_p\rho_{\mu\nu}^* \tag{2}$$

$$\dot{\rho}_{\mu\nu} = -[i(E_0^{\mu} - E_0^{\nu}) + \gamma_{\mu\nu}]\rho_{\mu\nu} - i\zeta_p\rho_{\nu 1}^* + i\zeta_c^*\rho_{\mu 1} \tag{3}$$

Where ζ_p and ζ_c is given by

$$\zeta_p = -\Omega_p e^{-i\omega_p t} \cos \theta_1 \sin \theta_0 \tag{4}$$

$$\zeta_c = \Omega_c e^{-i\omega_c t} \cos \theta_1 \cos \theta_0 \tag{5}$$

Using perturbative expansion of density matrix elements to the first order, and the initial conditions which is given by $\rho_{\mu\mu}^{(0)}=1$ and $\rho_{\nu\nu}^{(0)}=\rho_{11}^{(0)}=\rho_{\mu1}^{(0)}=\rho_{\nu1}^{(0)}=\rho_{\mu\nu}^{(0)}=0$. Here we find that the first order expansion $\rho_{11}^{(1)}=\rho_{\nu\nu}^{(1)}=0$ and the non-diagonal matrix elements (i.e., $\rho_{\mu1}^{(1)}$) should be nonzero. So, if we expand the matrix elements on both sides of equation (1) up to the first order, we get

$$\dot{\rho}_{\mu 1}^{(1)} = -\left[i(E_0^{\mu} - E_1^{\mu}) + \gamma_{\mu 1}\right]\rho_{\mu 1}^{(1)} + i\zeta_p + i\zeta_c\rho_{\mu \nu}^{(1)} \tag{6}$$

If we rotate our $\rho_{\mu 1}^{(1)}$ and $\rho_{\mu \nu}^{(1)}$ into $\rho_{\mu 1}^{(1)}e^{-i\omega_p t}$ and $\rho_{\mu \nu}^{(1)}e^{-i(\omega_p+E_0^{\nu}-E_1^{\mu})t}$. Bring this term in to equation (6)

$$-i\omega_{p}\rho_{\mu 1}^{(1)}e^{-i\omega_{p}t} + \dot{\rho}_{\mu 1}^{(1)}e^{-i\omega_{p}t} = -[i(E_{0}^{\mu} - E_{1}^{\mu}) + \gamma_{\mu 1}]\rho_{\mu 1}^{(1)}e^{-i\omega_{p}t} + i\zeta_{p} + i\zeta_{c}\rho_{\mu \nu}^{(1)}e^{-i(\omega_{p} + E_{0}^{\nu} - E_{1}^{\mu})t}$$
(7)

Bring Eq. (4) and (5) into (7), notice that $E_0^{\nu} - E_1^{\mu} = -\omega_c$

$$\dot{\rho}_{\mu 1}^{(1)} e^{-i\omega_p t} = -\left[i(E_0^{\mu} - E_1^{\mu} - \omega_p) + \gamma_{\mu 1}\right] \rho_{\mu 1}^{(1)} e^{-i\omega_p t} - i\Omega_p e^{-i\omega_p t} \cos\theta_1 \sin\theta_0 + i\Omega_c e^{-i\omega_c t} \cos\theta_1 \cos\theta_0 \rho_{\mu \nu}^{(1)} e^{-i(\omega_p + E_0^{\nu} - E_1^{\mu})t}$$
(8)

Cancel out $e^{-i\omega_p t}$ both sides. the exponential part vanishes in last term on the RHS of (8). Then, we get the following equation with a sign difference comparing with target equation

$$\dot{\rho}_{\mu 1}^{(1)} = -[i(E_0^{\mu} - E_1^{\mu} - \omega_p) + \gamma_{\mu 1}]\rho_{\mu 1}^{(1)} - i\Omega_p \cos\theta_1 \sin\theta_0 + i\Omega_c \cos\theta_1 \cos\theta_0 \rho_{\mu \nu}^{(1)}$$
(9)

The target equation is following

$$\dot{\rho}_{\mu 1}^{(1)} = -[i(E_1^{\mu} - E_0^{\mu} - \omega_p) + \gamma_{\mu 1}]\rho_{\mu 1}^{(1)} - i\Omega_p \cos\theta_1 \sin\theta_0 + i\Omega_c \cos\theta_1 \cos\theta_0 \rho_{\mu \nu}^{(1)}$$
(10)

That is the problem!

The other equation is given by setting $\rho_{\nu 1}^{*(1)} = 0$ in equation (3) which could successfully derive out the second target equation with out using equation (2) (Why???????).