#### 3. Single Decision Treatment Regimes: Fundamentals

- 3.1 Treatment Regimes for a Single Decision Point
- 3.2 Estimation of the Value of a Fixed Regime
- 3.3 Characterization of an Optimal Regime
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# **Basic set-up**

For simplicity: Focus mostly on two treatment options coded as 0 and 1

$$\mathcal{A}_1 = \{0,1\}$$

**Recall:** With K=1

- Baseline information  $x_1 \in \mathcal{X}$ , history  $h_1 = x_1 \in \mathcal{H}_1$
- Treatment regime

$$d=\{d_1(h_1)\}$$

comprising a single rule  $d_1(h_1)$  such that  $d_1:\mathcal{H}_1\to\mathcal{A}_1$ 

• I.e., for history  $h_1$ ,  $d_1(h_1) = 0$  selects option 0,  $d_1(h_1) = 1$  selects option 1

**Convention:** Larger outcomes *Y* are more beneficial (without loss of generality)

## Class of all possible regimes

**Clearly:** An infinitude of possible rules  $d_1$  and thus regimes d

- D = class of all single decision treatment regimes
- Two possible static rules,  $d_1(h_1) \equiv 1$ ,  $d_1(h_1) \equiv 0$  for all  $h_1 \in \mathcal{H}_1$
- All other rules and thus regimes are dynamic, and  $\mathcal D$  is likely an infinite class

### Example: Decision 1, acute leukemia

- $h_1 = x_1$  includes age (years), baseline white blood cell count (WBC  $\times 10^3/\mu I$ )
- $A_1 = \{C_1, C_2\} = \{0, 1\}$

### **Examples of rules**

**Example 1:** Rules involving thresholds (rectangular region); e.g., 'If age < 50 and WBC < 10, then give  $C_2$ ; otherwise, give  $C_1$ "

$$d_1(h_1) = I(age < 50 \text{ and WBC} < 10)$$

**Example 2:** Rules involving linear combinations (hyperplane); e.g., "if age  $+ 8.7 \log(WBC) - 60 > 0$ , give  $C_2$ ; otherwise give  $C_1$ "

$$d_1(h_1) = I\{age + 8.7 \log(WBC) - 60 > 0\}$$

#### Infinitude:

- Change thresholds, linear coefficients
- Other functions of age and WBC (and other components of h<sub>1</sub>)
- Exception: h<sub>1</sub> contains c binary components; 2<sup>c</sup> possible rules
- Almost always: h<sub>1</sub> contains continuous and discrete variables, can be high-dimensional

### Potential outcomes framework

### For a randomly chosen individual from the population:

• History  $H_1 = X_1$ , potential outcomes  $Y^*(0)$  and  $Y^*(1)$  that would be achieved under options 0 and 1

**Potential outcome for regime**  $d \in \mathcal{D}$ : The outcome such an individual would achieve if assigned treatment according to (the rule  $d_1$  in) regime d

$$Y^{*}(d) = Y^{*}(1) I \{d_{1}(H_{1}) = 1\} + Y^{*}(0) I \{d_{1}(H_{1}) = 0\}$$

$$= Y^{*}(1) d_{1}(H_{1}) + Y^{*}(0) \{1 - d_{1}(H_{1})\}$$
(3.1)

- I.e., if d dictates option 1,  $Y^*(d) = Y^*(1)$ , similarly for option 0,  $Y^*(0)$
- For static regime with  $d_1(h_1) \equiv 1$ ,  $Y^*(d) = Y^*(1)$ , similarly for option 0,  $Y^*(0)$

### Potential outcomes framework

#### $A_1$ with more than two options:

- d<sub>1</sub>(h<sub>1</sub>) returns options a<sub>1</sub> ∈ A<sub>1</sub>
- Y<sup>\*</sup>(a<sub>1</sub>) = potential outcome that would be achieved by an individual with history H<sub>1</sub> if she were to receive option a<sub>1</sub> ∈ A<sub>1</sub>

$$Y^{*}(d) = \sum_{a_{1} \in \mathcal{A}_{1}} Y^{*}(a_{1}) I\{d_{1}(H_{1}) = a_{1}\}$$
 (3.2)

## Value of a treatment regime

**For regime**  $d \in \mathcal{D}$ : With potential outcome  $Y^*(d)$  as in (3.1) or (3.2)

- E{Y\*(d)} = expected outcome if all individuals in the population were to receive treatment according to rule d<sub>1</sub> in d
- Referred to as the *value* of regime  $d \in \mathcal{D}$ , denoted here as

$$\mathcal{V}(d) = E\{Y^*(d)\}$$

#### Remarks:

- For static regimes with rules d₁(h₁) ≡ 1 and d₁(h₁) ≡ 0,
   V(d) = E{Y\*(1)} and E{Y\*(0)}, and the average causal treatment effect δ\* is the difference in their values
- Is it more beneficial on average to select treatment using a dynamic regime d ∈ D relative to always administering option 1 regardless of history?

$$E\{Y^{*}(d)\}-E\{Y^{*}(1)\}>0$$
?

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# **Estimation of** V(d)

For a given (fixed) regime  $d \in \mathcal{D}$ : Estimate the value  $\mathcal{V}(d)$  from i.i.d. observed data

$$(X_{1i}, A_{1i}, Y_i), i = 1, ..., n$$
 (3.3)

- $H_{1i} = X_{1i}$  = history for individual i
- $A_{1i}$  = treatment option in  $A_1$  actually received by i

**Challenge:** Estimate the quantity  $V(d) = E\{Y^*(d)\}$  defined in terms of potential outcomes using observed data (3.3)

- Under what conditions can we deduce the distribution of  $Y^*(d)$ , which depends on that of  $\{X_1, Y^*(1), Y^*(0)\}$ , from the distribution of  $(X_1, A_1, Y)$ ?
- Possible under the following assumptions

# Identifiability assumptions

#### SUTVA (consistency):

$$Y_i = Y_i^*(1)A_{1i} + Y_i^*(0)(1 - A_{1i}), i = 1, ..., n$$
 (3.4)

### No unmeasured confounders assumption (NUC):

$$\{Y^{*}(1), Y^{*}(0)\} \perp A_{1}|H_{1}$$
 (3.5)

#### Positivity assumption:

$$P(A_1 = a_1 | H_1 = h_1) > 0, \quad a_1 = 0, 1$$
 (3.6)

for all  $h_1 \in \mathcal{H}_1$  such that  $P(H_1 = h_1) > 0$ 

- Generalize in obvious way to  $A_1$  with more than two options
- · We adopt these assumptions hold in what follows

### Similar to manipulations in (2.14)-(2.15):

$$\begin{split} &E\{Y^*(d)\} = E\left(E\left[Y^*(1)I\{d_1(H_1) = 1\} + Y^*(0)I\{d_1(H_1) = 0\} \middle| H_1\right]\right) \\ &= E\Big[E\{Y^*(1)|H_1\}I\{d_1(H_1) = 1\} + E\{Y^*(0)|H_1\}I\{d_1(H_1) = 0\}\right] \\ &= E\Big[E\{Y^*(1)|H_1,A_1 = 1\}I\{d_1(H_1) = 1\} \\ &\quad + E\{Y^*(0)|H_1,A_1 = 0\}I\{d_1(H_1) = 0\}\right] \quad \text{by NUC (3.5)} \\ &= E\left[E(Y|H_1,A_1 = 1)I\{d_1(H_1) = 1\} + E(Y|H_1,A_1 = 0)I\{d_1(H_1) = 0\}\right] \\ &= E\left[E(Y|H_1,A_1 = 1)d_1(H_1) + E(Y|H_1,A_1 = 0)\{1 - d_1(H_1)\}\right] \\ &\quad \text{by SUTVA (3.4)} \end{split}$$

 Conditional expectations are well defined by the positivity assumption (3.6)

 $A_1$  with more than two options: By similar manipulations

$$E\{Y^{*}(d)\} = E\left[\sum_{a_{1} \in A_{1}} E(Y|H_{1}, A_{1} = a_{1}) |\{d_{1}(H_{1}) = a_{1}\}\right]$$

**Result:** The value  $V(d) = E\{Y^*(d)\}$  of a regime  $d \in \mathcal{D}$  can be represented in terms of the observed data  $(X_1, A_1, Y)$ 

 In terms of the regression of outcome on history and treatment received

$$E(Y|H_1 = h_1, A_1 = a_1) = Q_1(h_1, a_1)$$

• E.g., for  $A_1 = \{0, 1\}$ 

$$E\{Y^{*}(d)\} = E[Q_{1}(H_{1}, 1)|\{d_{1}(H_{1}) = 1\} + Q_{1}(H_{1}, 0)|\{d_{1}(H_{1}) = 0\}]$$

**Suggests:** If  $Q_1(h_1, a_1)$  were known, natural estimators for V(d)

$$n^{-1}\sum_{i=1}^{n}\left[Q_{1}(H_{1i},1)\mathsf{I}\{d_{1}(H_{1i})=1\}+Q_{1}(H_{1i},0)\mathsf{I}\{d_{1}(H_{1i})=0\}\right]$$

$$n^{-1} \sum_{i=1}^{n} \left[ \sum_{a_1 \in \mathcal{A}_1} Q_1(H_{1i}, a_1) \, I\{d_1(H_{1i}) = a_1\} \right]$$

• Obvious strategy: Posit a model  $Q_1(h_1, a_1; \beta_1)$  with parameter  $\beta_1$ ; e.g., with  $A_1 = \{0, 1\}$ , continuous Y

$$Q_1(h_1, a_1; \beta_1) = \beta_{11} + \beta_{12}^T h_1 + \beta_{13} a_1 + \beta_{14}^T h_1 a_1, \quad \beta_1 = (\beta_{11}, \beta_{12}^T, \beta_{13}, \beta_{14}^T)^T$$
 and similarly for binary *Y* using logistic regression

• Fit using suitable M-estimation techniques and substitute the fitted model  $Q_1(h_1, a_1; \widehat{\beta}_1)$  in the above expressions

**Result:** Outcome regression estimator for the value V(d) of  $d \in D$ 

$$\widehat{\mathcal{V}}_{Q}(d)$$

$$= n^{-1} \sum_{i=1}^{n} \left[ Q_{1}(H_{1i}, 1; \widehat{\beta}_{1}) I\{d_{1}(H_{1i}) = 1\} + Q_{1}(H_{1i}, 0; \widehat{\beta}_{1}) I\{d_{1}(H_{1i}) = 0\} \right]$$
(3.7)

and similarly for general  $A_1$ 

- If Q<sub>1</sub>(h<sub>1</sub>, a<sub>1</sub>; β<sub>1</sub>) is correctly specified, with true value β<sub>1,0</sub> of β<sub>1</sub>, under SUTVA, NUC, and positivity assumption, \$\hat{V}\_Q(d)\$ is a consistent estimator for \$\mathcal{V}(d)\$
- Approximate large sample distribution for  $\widehat{\mathcal{V}}_{Q}(d)$  obtained by stacking estimating equations and appealing to M-estimation theory

For fixed  $d \in \mathcal{D}$ : If we could observe  $Y_i^*(d)$ , i = 1, ..., n, obvious estimator for  $\mathcal{V}(d) = E\{Y^*(d)\}$ 

$$n^{-1} \sum_{i=1}^{n} Y_{i}^{*}(d)$$

- Clearly, by the definition of  $Y^*(d)$  and SUTVA, if  $A_{1i} = d_1(H_{1i})$ , then  $Y_i = Y_i^*(d)$ , so  $Y_i^*(d)$  is observed
- E.g., if  $d_1(H_{1i}) = 1$  and  $A_{1i} = 1$ , then  $Y_i^*(d) = Y_i^*(1)$  and  $Y_i = Y_i^*(1)$
- If  $A_i \neq d_1(H_{1i})$ , then  $Y_i \neq Y_i^*(d)$ , and  $Y_i^*(d)$  is "missing"
- Suggests an inverse weighting strategy similar to that used to estimate the average causal treatment effect  $\delta^*$

### Regime consistency indicator: Define

$$C_d = I\{A_1 = d_1(H_1)\} = A_1I\{d_1(H_1) = 1\} + (1 - A_1)I\{d_1(H_1) = 0\}$$
(3.8)

• If  $C_d = 1$ ,  $Y^*(d)$  is observed; else, it is missing

### Propensity for treatment consistent with *d*:

$$\pi_{d,1}(H_1) = P(\mathcal{C}_d = 1|H_1)$$
 (3.9)

**Suggests:** Inverse probability weighted estimator for V(d)

$$\widehat{\mathcal{V}}_{IPW}(d) = n^{-1} \sum_{i=1}^{n} \frac{\mathcal{C}_{d,i} Y_i}{\pi_{d,1}(H_{1i})}.$$
 (3.10)

• Weight outcomes from individuals with particular  $H_1$  who received treatment consistent with d by  $1/\pi_{d,1}(H_1)$ 

### From (3.8) and (3.9):

$$\pi_{d,1}(H_1) = E[A_1 | \{d_1(H_1) = 1\} + (1 - A_1) | \{d_1(H_1) = 0\} | H_1]$$

$$= \pi_1(H_1) | \{d_1(H_1) = 1\} + \{1 - \pi_1(H_1)\} | \{d_1(H_1) = 0\}$$

$$= \pi_1(H_1)^{d_1(H_1)} \{1 - \pi_1(H_1)\}^{1 - d_1(H_1)}$$
(3.11)

• Must have  $\pi_{d,1}(H_1) > 0$  for all  $d \in \mathcal{D}$ , which holds under the positivity assumption

**Can show:**  $\widehat{V}_{IPW}(d)$  in (3.10) is an unbiased estimator for V(d)

$$\begin{split} E\left\{\frac{\mathcal{C}_{d}Y}{\pi_{d,1}(H_{1})}\right\} &= E\left\{\frac{\mathcal{C}_{d}Y^{*}(d)}{\pi_{d,1}(H_{1})}\right\} \\ &= E\left[E\left\{\frac{\mathcal{C}_{d}Y^{*}(d)}{\pi_{d,1}(H_{1})}\middle|Y^{*}(1),Y^{*}(0),H_{1}\right\}\right] \\ &= E\left[\frac{E\{\mathcal{C}_{d}|Y^{*}(1),Y^{*}(0),H_{1}\}Y^{*}(d)}{\pi_{1}(H_{1})I\{d_{1}(H_{1})=1\}+\{1-\pi_{1}(H_{1})\}I\{d_{1}(H_{1})=0\}}\right] \\ &= E\{Y^{*}(d)\} \end{split}$$

because

$$\begin{split} &E\{\mathcal{C}_d|Y^*(1),Y^*(0),H_1\}\\ &=E\left[A_1I\{d_1(H_1)=1\}+(1-A_1)I\{d_1(H_1)=0\}\,\middle|\,Y^*(1)\,,Y^*(0),H_1\right]\\ &=E(A_1|H_1)I\{d_1(H_1)=1\}+E(1-A_1|H_1)I\{d_1(H_1)=0\}\\ &=\pi_1(H_1)I\{d_1(H_1)=1\}+\{1-\pi_1(H_1)\}I\{d_1(H_1)=0\} \end{split}$$

**Randomized study:**  $\pi_1(h_1)$  and thus  $\pi_{d,1}(h_1)$  is known

**Observational study:** Posit model  $\pi_1(h_1; \gamma_1)$ , e.g., logistic model as in (2.28), and obtain maximum likelihood estimator  $\widehat{\gamma}_1$ 

$$\pi_1(h_1; \gamma_1) = \frac{\exp(\gamma_{11} + \gamma_{12}^T h_1)}{1 + \exp(\gamma_{11} + \gamma_{12}^T h_1)}, \quad \gamma_1 = (\gamma_{11}, \gamma_{12}^T)^T$$
 (3.12)

• Induces a model  $\pi_{d,1}(h_1; \gamma_1)$ , correctly specified if  $\pi_1(h_1; \gamma_1)$  is

IPW estimator: Substitute in (3.10)

$$\widehat{\mathcal{V}}_{IPW}(d) = n^{-1} \sum_{i=1}^{n} \frac{\mathcal{C}_{d,i} Y_i}{\pi_{d,1}(H_{1i}; \widehat{\gamma}_1)}$$
(3.13)

• Consistent estimator for V(d) if  $\pi_1(h_1; \gamma_1)$  correctly specified

# Alternative inverse probability weighted estimator

$$\widehat{\mathcal{V}}_{IPW*}(d) = \left\{ \sum_{i=1}^{n} \frac{\mathcal{C}_{d,i}}{\pi_{d,1}(H_{1i}; \widehat{\gamma}_{1})} \right\}^{-1} \sum_{i=1}^{n} \frac{\mathcal{C}_{d,i} Y_{i}}{\pi_{d,1}(H_{1i}; \widehat{\gamma}_{1})}$$
(3.14)

- Can be shown by manipulations similar to those above that a summand of the first term in (3.14) has expectation = 1, so  $\widehat{\mathcal{V}}_{IPW*}(d)$  is a consistent estimator for  $\mathcal{V}(d)$  if  $\pi_1(h_1; \gamma_1)$  is correctly specified
- Exhibits considerably smaller sampling variation than  $\widehat{\mathcal{V}}_{IPW}(d)$  in practice (relatively more efficient)

**Approximate large sample distributions:** For either of (3.13) or (3.14), can be obtained by stacking estimating equations and appealing to M-estimation theory

## **Equivalent representations**

## Possibly simpler expressions for $\widehat{\mathcal{V}}_{IPW}(d)$ and $\widehat{\mathcal{V}}_{IPW*}(d)$ :

- When  $C_d = 1$ ,  $A_1 = d_1(H_1)$
- Straightforward:  $\widehat{\mathcal{V}}_{IPW}(d)$  and  $\widehat{\mathcal{V}}_{IPW*}(d)$  are unchanged if  $\pi_{d,1}(H_{1i}; \widehat{\gamma}_1)$  is replaced for each i by

$$\pi_{1}(H_{1i}; \widehat{\gamma}_{1}) I(A_{1i} = 1) + \{1 - \pi_{1}(H_{1i}; \widehat{\gamma}_{1})\} I(A_{1i} = 0)$$

$$= \pi_{1}(H_{1i}; \widehat{\gamma}_{1}) A_{1i} + \{1 - \pi_{1}(H_{1i}; \widehat{\gamma}_{1})\} (1 - A_{1i})$$

$$= \pi_{1}(H_{1i}; \widehat{\gamma}_{1})^{A_{1i}} \{1 - \pi_{1}(H_{1i}; \widehat{\gamma}_{1})\}^{(1 - A_{1i})}$$
(3.15)

Some literature accounts present these estimators directly in this form

# Outcome regression vs. IPW

**Tradeoff:** Is the same as for estimators for average causal treatment effect  $\delta^*$ 

- $\widehat{\mathcal{V}}_Q(d)$  requires correct modeling of outcome regression  $Q(h_1,a_1)$
- $\widehat{\mathcal{V}}_{IPW}(d)$  and  $\widehat{\mathcal{V}}_{IPW*}(d)$  require correct modeling of propensity score  $\pi_1(h_1)$
- Randomized study: IPW estimators are guaranteed to be consistent because  $\pi_1(h_1)$  is known, while  $\widehat{\mathcal{V}}_Q(d)$  still requires a correct regression model

Counterintuitive result persists: It is preferable on efficiency grounds to estimate  $\pi_1(h_1)$  even if it is known as on Slide 90

# Augmented inverse probability weighted estimator

Analogous to the class of AIPW estimators for the average causal treatment effect: If  $\pi_1(h_1; \gamma_1)$  is correctly specified, from semiparametric theory (Robins et al., 1994; Tsiatis, 2006), all consistent and asymptotically normal estimators for  $\mathcal{V}(d)$  for fixed  $d \in \mathcal{D}$  are asymptotically equivalent to an estimator of form

$$\widehat{\mathcal{V}}_{AIPW}(d) = n^{-1} \sum_{i=1}^{n} \left[ \frac{\mathcal{C}_{d,i} Y_{i}}{\pi_{d,1}(H_{1i}; \widehat{\gamma}_{1})} - \frac{\mathcal{C}_{d,i} - \pi_{d,1}(H_{1i}; \widehat{\gamma}_{1})}{\pi_{d,1}(H_{1i}; \widehat{\gamma}_{1})} L_{1}(H_{1i}) \right]$$
(3.16)

- $L_1(H_1)$  is an arbitrary function of  $H_1$
- The "augmentation term" can be shown to have conditional expectation given  $H_{1i}$  equal to zero when evaluated at the true  $\gamma_{1,0}$  and serves to increase efficiency over  $\widehat{\mathcal{V}}_{IPW}(d)$  in (3.13)

# **Optimal AIPW estimator**

Among class (3.16): The optimal, efficient estimator; i.e., with smallest asymptotic variance, is obtained with

$$\begin{split} L_1(H_1) &= E\{Y^*(d)|H_1\} \\ &= Q_1(H_1,1)I\{d_1(H_1)=1\} + Q_1(H_1,0)I\{d_1(H_1)=0\} \quad (3.17) \end{split}$$

- Follows using SUTVA, NUC, positivity assumption
- Suggests: Posit a model  $Q_1(h_1,a_1;\beta_1)$  for  $Q_1(h_1,a_1)$  and represent (3.17) as

$$\mathcal{Q}_{d,1}(H_1;\beta_1) = Q_1(H_1,1;\beta_1) | \{d_1(H_1) = 1\} + Q_1(H_1,0;\beta_1) | \{d_1(H_1) = 0\}$$

• Estimate  $\widehat{\beta}_1$  by  $\beta_1$ 

# **Optimal AIPW estimator**

#### Leads to:

$$\widehat{\mathcal{V}}_{AIPW}(d) = n^{-1} \sum_{i=1}^{n} \left[ \frac{\mathcal{C}_{d,i} Y_{i}}{\pi_{d,1}(H_{1i}; \widehat{\gamma}_{1})} - \frac{\mathcal{C}_{d,i} - \pi_{d,1}(H_{1i}; \widehat{\gamma}_{1})}{\pi_{d,1}(H_{1i}; \widehat{\gamma}_{1})} \mathcal{Q}_{d,1}(H_{1i}; \widehat{\beta}_{1}) \right]$$
(3.18)

- The augmentation term attempts to gain precision by recovering information from individuals for whom  $C_d = 0$  (so did not receive treatment consistent with d)
- Can be shown:  $\widehat{\mathcal{V}}_{AIPW}(d)$  is unchanged by replacing  $\pi_{d,1}(H_{1i}; \widehat{\gamma}_1)$  by (3.15)

$$\pi_1(H_{1i}; \widehat{\gamma}_1) | (A_{1i} = 1) + \{1 - \pi_1(H_{1i}; \widehat{\gamma}_1)\} | (A_{1i} = 0)$$

### **Double robustness**

Can be shown: By an argument similar to that on Slides 95-99,  $\widehat{\mathcal{V}}_{AIPW}(d)$  in (3.18) is doubly robust

- Consistent estimator for  $\mathcal{V}(d)$  if either the propensity score model  $\pi_1(h_1; \gamma_1)$  or the outcome regression model  $Q_1(h_1, a_1; \beta_1)$  is correctly specified
- Randomized study: Form of  $\pi_1(h_1; \gamma_1)$  is known, so  $\widehat{\mathcal{V}}_{AIPW}(d)$  is consistent regardless of whether or not  $Q_1(h_1, a_1; \beta_1)$  is correctly specified and is relatively more efficient than  $\widehat{\mathcal{V}}_{IPW}(d)$

If both propensity and outcome regression models are correctly specified:  $\widehat{\mathcal{V}}_{AIPW}(d)$  in (3.18) achieves the smallest asymptotic variance among all AIPW estimators of the form (3.16)

Locally efficient estimator

Large sample properties: (3.18) is an M-estimator, so can derive based on stacked estimating equations

# **Outcome regression vs. locally efficient AIPW**

- Outcome regression estimator (3.7) requires Q<sub>1</sub>(h<sub>1</sub>, a<sub>1</sub>; β<sub>1</sub>) correctly specified
- If it is,  $\widehat{\mathcal{V}}_Q(d)$ , which is outside the class (3.16), is more efficient than (3.18) even if both propensity and outcome regression models are correctly specified
- In practice: Gain in efficiency of  $\widehat{\mathcal{V}}_Q(d)$  over  $\widehat{\mathcal{V}}_{AIPW}(d)$  is often negligible
- Doubly robust, AIPW estimator is attractive alternative
- Zhang, Tsiatis, Laber, and Davidian (2012)

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# Key goal: An optimal regime

**Recall:** A key goal of precision medicine is to identify an *optimal* treatment regime

$$d^{opt} \in \mathcal{D}$$
,

where

$$d^{opt} = \{d_1^{opt}(h_1)\}$$

and leads to the "best" decision and most beneficial expected outcome

Formalize this definition

### Intuitively:

- Conventional treatment comparisons are based on comparing the associated values
- Suggests: An optimal regime should lead to the maximum value among all regimes  $d \in \mathcal{D}$
- As we will see shortly, this definition leads to the "best" decisions for individuals given their histories

#### Formal definition

### An optimal regime $d^{opt} \in \mathcal{D}$ satisfies

$$d^{opt} = \underset{d \in \mathcal{D}}{\operatorname{arg max}} E\{Y^{*}(d)\} = \underset{d \in \mathcal{D}}{\operatorname{arg max}} \mathcal{V}(d)$$

or, equivalently,

$$E\{Y^*(d^{opt})\} \ge E\{Y^*(d)\} \text{ for all } d \in \mathcal{D}$$
 (3.19)

 In principle, is possible that there is more than one regime d<sup>opt</sup> satisfying (3.19), discussed shortly

# Form of an optimal regime

**Intuitive demonstration,**  $A_1 = \{0, 1\}$ : From (3.1) can write

$$V(d) = E\{Y^*(d)\} = E\left[E\{Y^*(d)|H_1\}\right]$$
$$= E\left[E\{Y^*(1)|H_1\}|\{d_1(H_1) = 1\} + E\{Y^*(0)|H_1\}|\{d_1(H_1) = 0\}\right]$$

- Maximizing the expression inside the outer expectation (which is wrt to distribution of H<sub>1</sub>) at any h<sub>1</sub> leads to E{Y\*(d)} as large as possible
- This expression is as large as possible if

$$d_1(h_1) = 1$$
 when  $E\{Y^*(1)|H_1 = h_1\} > E\{Y^*(0)|H_1 = h_1\}$   
 $d_1(h_1) = 0$  when  $E\{Y^*(1)|H_1 = h_1\} < E\{Y^*(0)|H_1 = h_1\}$ 

- I.e.,  $d_1(h_1)$  chooses  $a_1 \in A_1$  that maximizes  $E\{Y^*(a_1)|H_1=h_1\}$  for all  $h_1$
- This definition extends straightforwardly to general  $A_1$

## Form of an optimal regime

**Result:** An optimal regime  $d^{opt}$  is characterized by the rule

$$d_1^{opt}(h_1) = \arg\max_{a_1 \in \mathcal{A}_1} E\{Y^*(a_1) | H_1 = h_1\}$$
 (3.20)

for all  $h_1$  for which  $P(H_1 = h_1) > 0$ 

- Chooses the option in A<sub>1</sub> having the maximum expected outcome conditional on history
- The best decision for an individual patient with realized history h<sub>1</sub> is to choose the option that maximizes the expected value of the outcome that would be achieved for such a patient
- In this sense individualizing the decision to the patient

# **Unique representation**

Consider  $A_1 = \{0, 1\}$ : If for some  $h_1$ 

$$E\{Y^*(1)|H_1=h_1\}=E\{Y^*(0)|H_1=h_1\}$$

a rule (3.20) that chooses option 1 for this  $h_1$  and another that chooses option 0 for this  $h_1$  define regimes that both achieve the maximum value

- Can designate one of the options as the default when both are equally beneficial for any h<sub>1</sub>
- Convention: Option 0 is the default; 0 often corresponds to control or standard of care, while 1 corresponds to experimental treatment
- Then (3.20) is equivalent to

$$d_1^{opt}(h_1) = I\left[E\{Y^*(1)|H_1 = h_1\} > E\{Y^*(0)|H_1 = h_1\}\right]$$
 (3.21)

### Formal argument

**Proposition:** The regime  $d^{opt}$  with rule  $d_1^{opt}$  given in (3.20)

$$d_1^{opt}(h_1) = \arg\max_{a_1 \in A_1} E\{Y^*(a_1)|H_1 = h_1\}$$
 for all  $h_1$ 

satisfies (3.19)

$$E\{Y^*(d^{opt})\} \ge E\{Y^*(d)\}$$
 for all  $d \in \mathcal{D}$ 

and is thus an optimal treatment regime

**Proof:** Choose arbitrary  $d \in \mathcal{D}$ . Because

$$E\{Y^*(d)\} = E\left[E\{Y^*(d)|H_1\}\right] \ \text{ and } \ E\{Y^*(d^{opt})\} = E\left[E\{Y^*(d^{opt})|H_1\}\right]$$

the result follows if we show that

$$E\{Y^*(d^{opt})|H_1=h_1\} \ge E\{Y^*(d)|H_1=h_1\}$$
 for all  $h_1$  (3.22)

### Formal argument

From (3.20), it follows for any  $h_1$  that

$$E\{Y^*(d^{opt})|H_1=h_1\}=\max_{a_1\in\mathcal{A}_1}E\{Y^*(a_1)|H_1=h_1\}=V_1(h_1)$$

Using this and the definition of  $Y^*(d)$  (3.1)

$$\begin{split} E\{Y^{*}(d^{opt})|H_{1} &= h_{1}\} = \max_{a_{1} \in \mathcal{A}_{1}} E\{Y^{*}(a_{1})|H_{1} = h_{1}\} \\ &= \max_{a_{1} \in \mathcal{A}_{1}} E\{Y^{*}(a_{1})|H_{1} = h_{1}\} \left[I\{d_{1}(h_{1}) = 1\} + I\{d_{1}(h_{1}) = 0\}\right] \\ &\geq E\{Y^{*}(1)|H_{1} = h_{1}\} I\{d_{1}(h_{1}) = 1\} + E\{Y^{*}(0)|H_{1} = h_{1}\} I\{d_{1}(h_{1}) = 0\} \\ &= E\left[Y^{*}(1)I\{d_{1}(h_{1}) = 1\} + Y^{*}(0) I\{d_{1}(h_{1}) = 0\}\right|H_{1} = h_{1}\right] \\ &= E\{Y^{*}(d)|H_{1} = h_{1}\} \text{ which is (3.22)} \end{split} \tag{3.23}$$

**Value function:**  $V_1(h_1) = \text{expected outcome using the option selected by <math>d_1^{opt}(h_1)$  for given  $h_1$  and satisfies

$$E\{V_1(H_1)\} = E\left[E\{Y^*(d^{opt})|H_1\}\right] = E\{Y^*(d^{opt})\} = \mathcal{V}(d^{opt})$$

# Optimal treatment option vs. optimal decision

### For a randomly chosen individual with history $H_1$ :

The optimal option for this individual is

$$\argmax_{a_1 \in \mathcal{A}_1} Y^*(a_1)$$

corresponding to the largest (potential) outcome he can achieve

- Potential outcomes are not known at time of treatment decision, so this option is unknown in practice
- All that is known at the time of the decision is H<sub>1</sub>, and d<sub>1</sub><sup>opt</sup>(H<sub>1</sub>) selects the option corresponding to the largest expected outcome given knowledge of this history
- Because  $Y^*(d) \le \max\{Y^*(1), Y^*(0)\}$  for all  $d \in \mathcal{D}$ ,

$$Y^*(d^{opt}) \le \max\{Y^*(1), Y^*(0)\}$$

so an optimal regime might not select the optimal option

 Rather, d<sup>opt</sup> dictates the optimal decision that can be made given what is known at the time of the decision

#### Characterization in terms of observed data

#### This characterization is in terms of potential outcomes:

 To estimate an optimal regime in practice, it must be possible to identify an optimal regime from the observed data (X, A, Y)

Optimal regime in terms of observed data: Under SUTVA, NUC, positivity assumption, for any  $a_1 \in A_1$ 

$$E\{Y^*(a_1)|H_1\}=E\{Y^*(a_1)|H_1,A_1=a_1\}=E(Y|H_1,A_1=a_1)=Q_1(h_1,a_1)$$

Applying this to (3.20) yields the equivalent representation

$$\begin{split} d_1^{opt}(h_1) &= \argmax_{a_1 \in \mathcal{A}_1} E(Y|H_1 = h_1, A_1 = a_1) = \argmax_{a_1 \in \mathcal{A}_1} Q_1(h_1, a_1) & (3.24) \\ d_1^{opt}(h_1) &= I\{Q_1(h_1, 1) > Q_1(h_1, 0)\} & \text{for } \mathcal{A}_1 = \{0, 1\} \\ \text{and} & \mathcal{V}(d^{opt}) = E\{V_1(H_1)\} = E\left\{\max_{a_1 \in \mathcal{A}_1} Q_1(H_1, a_1)\right\} \end{split}$$

#### 3. Single Decision Treatment Regimes: Fundamentals

- 3.1 Treatment Regimes for a Single Decision Point
- 3.2 Estimation of the Value of a Fixed Regime
- 3.3 Characterization of an Optimal Regime
- 3.4 Estimation of an Optimal Regime
- 3.5 Key References

### **Regression-based estimation**

**Obvious approach:** To estimate an optimal regime  $d^{opt}$  from i.i.d. observed data  $(X_{1i}, A_{1i}, Y_i)$ , i = 1, ..., n, under SUTVA, NUC, and positivity, (3.24) and (3.25) suggest

Posit a parametric model Q<sub>1</sub>(h<sub>1</sub>, a<sub>1</sub>; β<sub>1</sub>) (linear, logistic, etc, depending on Y), e.g., for continuous Y, A<sub>1</sub> = {0, 1},

$$Q_1(h_1, a_1; \beta_1) = \beta_{11} + \beta_{12}^T h_1 + \beta_{13} a_1 + \beta_{14}^T h_1 a_1 = \beta_{11} + \beta_{12}^T h_1 + (\beta_{13} + \beta_{14}^T h_1) a_1$$
 and obtain  $\widehat{\beta}_1$  by an M-estimation technique

Assuming a correct model, obtain the estimated rule

$$\widehat{d}_{Q,1}^{opt}(h_1) = \operatorname*{arg\,max}_{a_1 \in \mathcal{A}_1} Q_1(h_1, a_1; \widehat{\beta}_1)$$

which for  $A_1 = \{0, 1\}$  and option 0 the default is

$$\widehat{d}_{Q,1}^{opt}(h_1) = I\{Q_1(h_1, 1; \widehat{\beta}_1) > Q_1(h_1, 0; \widehat{\beta}_1)\}$$

### **Regression-based estimation**

Regression-based estimators for  $d^{opt}$  and  $\mathcal{V}(d^{opt})$ :

$$\widehat{d}_{Q}^{opt} = \{\widehat{d}_{Q,1}^{opt}(h_1)\}, \tag{3.26}$$

$$\widehat{\mathcal{V}}_{Q}(d^{opt}) = n^{-1} \sum_{i=1}^{n} \max_{a_1 \in \mathcal{A}_1} Q_1(H_{1i}, a_1; \widehat{\beta}_1)$$

**Example:** Linear model with  $A_1 = \{0, 1\}$ 

$$\widehat{d}_{Q,1}^{opt}(h_1) = I(\widehat{\beta}_{13} + \widehat{\beta}_{14}^T h_1 > 0)$$

$$\max_{a_1 \in \mathcal{A}_1} Q_1(H_1, a_1; \widehat{\beta}_1) = \widehat{\beta}_{11} + \widehat{\beta}_{12}^T H_1 + (\widehat{\beta}_{13} + \widehat{\beta}_{14}^T H_1) I(\widehat{\beta}_{13} + \widehat{\beta}_{14}^T H_1 > 0)$$

$$\widehat{\mathcal{V}}_Q(d^{opt})$$

$$= n^{-1} \sum_{i=1}^{n} \left\{ \widehat{\beta}_{11} + \widehat{\beta}_{12}^{T} H_{1i} + (\widehat{\beta}_{13} + \widehat{\beta}_{14}^{T} H_{1i}) I(\widehat{\beta}_{13} + \widehat{\beta}_{14}^{T} H_{1i} > 0) \right\}$$

### **Regression-based estimation**

**Terminology:** The regression-based approach to estimation of an optimal regime and its value is a special case in the single decision setting of the method of *Q-learning* for estimation of an optimal multiple decision regime and its value

**Large sample approximation:** As for estimators for the value of a fixed  $d \in \mathcal{D}$ , would like large sample properties of  $\widehat{\mathcal{V}}_{Q}(d^{opt})$ 

• First thought: View  $\widehat{\mathcal{V}}_Q(d^{opt})$  and OLS  $\widehat{\beta}_1$  as solving stacked estimating equations and use usual M-estimation theory

$$\sum_{i=1}^{n} \left\{ \max_{a_1 \in \mathcal{A}_1} Q_1(H_{1i}, a_1; \beta_1) - \mathcal{V}(d^{opt}) \right\} = 0$$
 (3.27)

$$\sum_{i=1}^{n} \frac{\partial Q_1(H_{1i}, A_i; \beta_1)}{\partial \beta_1} \left\{ Y_i - Q_1(H_{1i}, A_i; \beta_1) \right\} = 0$$
 (3.28)

#### **Difficulty:** The max operator in (3.27)

- Recall: The standard M-estimation argument to demonstrate asymptotic normality is based on a linear Taylor series
- This argument implicitly assumes differentiability of the estimating function with respect to its parameters
- The max operator is not differentiable everywhere

**Demonstration in a simple special case:**  $H_1$  is one-dimensional,  $A_1 = \{0, 1\}$  with option 0 the default, and correctly specified model

$$Q_1(h_1, a_1; \beta_1) = \beta_{11} + \beta_{12}h_1 + \beta_{13}a_1$$
 (3.29)

with true value  $\beta_{1,0} = (\beta_{11,0}, \beta_{12,0}, \beta_{13,0})^T$ ,  $\widehat{\beta}_1$  solves the OLS estimating equation (3.28)

**Thus:** When  $\beta_{13} = 0$  (null hypothesis of no treatment difference)

$$\max_{a_1 \in \mathcal{A}_1} Q_1(h_1, a_1; \beta_1) = \beta_{11} + \beta_{12}h_1 + \beta_{13}I(\beta_{13} > 0)$$
 (3.30)

is *not differentiable* in  $\beta_{13}$ 

Because (3.29) is correctly specified

$$\mathcal{V}(d^{opt}) = E\left\{ \max_{a_1 \in \mathcal{A}_1} Q_1(H_1, a_1; \beta_{1,0}) \right\}$$
$$= \beta_{11,0} + \beta_{12,0} E(H_1) + \beta_{13,0} I(\beta_{13,0} > 0)$$

• And the estimator for  $V(d^{opt})$  is

$$\begin{split} \widehat{\mathcal{V}}_{Q}(d^{opt}) &= n^{-1} \sum_{i=1}^{n} \left\{ \widehat{\beta}_{11} + \widehat{\beta}_{12} H_{1i} + \widehat{\beta}_{13} I(\widehat{\beta}_{13} > 0) \right\} \\ &= \widehat{\beta}_{11} + \widehat{\beta}_{12} \overline{H}_{1} + \widehat{\beta}_{13} I(\widehat{\beta}_{13} > 0) \quad \overline{H}_{1} = n^{-1} \sum_{i=1}^{n} H_{1i}, \end{split}$$

$$n^{1/2} \left\{ \widehat{\mathcal{V}}_{Q}(d^{opt}) - \mathcal{V}(d^{opt}) \right\}$$

$$= n^{1/2} (\widehat{\beta}_{11} - \beta_{11,0}) + n^{1/2} (\widehat{\beta}_{12} - \beta_{12,0}) E(H_{1})$$

$$+ n^{1/2} (\widehat{\beta}_{12} - \beta_{12,0}) \{ \overline{H}_{1} - E(H_{1}) \}$$

$$+ n^{1/2} \{ \widehat{\beta}_{13} I(\widehat{\beta}_{13} > 0) - \beta_{13,0} I(\beta_{13,0} > 0) \}$$
(3.32)
$$(3.33)$$

and by the usual M-estimation theory

$$n^{1/2} \begin{pmatrix} \widehat{\beta}_{11} - \beta_{11,0} \\ \widehat{\beta}_{12} - \beta_{12,0} \\ \widehat{\beta}_{13} - \beta_{13,0} \end{pmatrix} \xrightarrow{\mathcal{D}} \begin{pmatrix} Z_1 \\ Z_2 \\ Z_3 \end{pmatrix} \sim \mathcal{N}(0, \Sigma)$$

- (3.32)  $\stackrel{p}{\longrightarrow}$  0 because  $\overline{H}_1 E(H_1) \stackrel{p}{\longrightarrow} 0$
- Terms in (3.31)  $\stackrel{\mathcal{D}}{\longrightarrow} Z_1$  and  $Z_2E(H_1)$

- **Term (3.33):**  $n^{1/2}\{\widehat{\beta}_{13}I(\widehat{\beta}_{13}>0)-\beta_{13,0}I(\beta_{13,0}>0)\}$ 
  - g(u) = u I(u > 0) continuous in u but not differentiable at u = 0

Case 1:  $\beta_{13,0} \neq 0$ : g(u) is differentiable in an open interval containing  $\beta_{13,0}$ , and standard Taylor series can be used to show

$$(3.33) \xrightarrow{\mathcal{D}} g'(\beta_{13,0})Z_3, \quad g'(\beta_{13,0}) = \{dg(u)/du\}|_{u=\beta_{13,0}} = \mathsf{I}(\beta_{13,0} > 0)$$

- Thus,  $n^{1/2}(\widehat{\beta}_{11} \beta_{11,0})$ ,  $n^{1/2}(\widehat{\beta}_{12} \beta_{12,0})$ , and (3.33) jointly  $\stackrel{\mathcal{D}}{\longrightarrow} \{Z_1, Z_2, Z_3 | (\beta_{13,0} > 0)\}^T$
- Continuous mapping theorem, Slutsky's theorem yield

$$n^{1/2}\left\{\widehat{\mathcal{V}}_{\mathcal{Q}}(d^{opt}) - \mathcal{V}(d^{opt})\right\} \xrightarrow{\mathcal{D}} Z_1 + Z_2 E(H_1) + Z_3 \operatorname{I}(\beta_{13,0} > 0)$$

• Linear combination of jointly  $\mathcal{N}(0,\Sigma)$  random variables is normal, so  $n^{1/2}\left\{\widehat{\mathcal{V}}_Q(d^{opt}) - \mathcal{V}(d^{opt})\right\}$  is asymptotically normal with this distribution

**Term (3.33):** 
$$n^{1/2}\{\widehat{\beta}_{13}I(\widehat{\beta}_{13}>0)-\beta_{13,0}I(\beta_{13,0}>0)\}$$

Case 2: 
$$\beta_{13,0} = 0$$
:  $(3.33) = n^{1/2} \widehat{\beta}_{13} I(\widehat{\beta}_{13} > 0)$ 

- $n^{1/2}\widehat{\beta}_{13} \stackrel{\mathcal{D}}{\longrightarrow} Z_3$
- I( $\widehat{\beta}_{13}>0$ ) = I( $n^{1/2}\widehat{\beta}_{13}>0$ ), so by the continuous mapping and Slutsky's theorems

$$n^{1/2}\left\{\widehat{\mathcal{V}}_{Q}(\textit{d}^{\textit{opt}}) - \mathcal{V}(\textit{d}^{\textit{opt}})\right\} \stackrel{\mathcal{D}}{\longrightarrow} Z_{1} + Z_{2}E(H_{1}) + Z_{3}\,I(Z_{3}>0)$$

- Even though  $Z_1$ ,  $Z_2$ , and  $Z_3$  are jointly normal, the distribution of  $Z_1 + Z_2 E(H_1) + Z_3 I(Z_3 > 0)$  is *not normal*
- Thus: When  $\beta_{13,0}=0$ ,  $\widehat{\mathcal{V}}(d^{opt})$  does not follow standard asymptotic theory

### **Result:** $\widehat{\mathcal{V}}_{Q}(d^{opt})$ is an example of a *nonregular estimator*

- Although  $\widehat{\mathcal{V}}_Q(d^{opt})$  follows standard asymptotic theory when  $\beta_{13,0} \neq 0$ , the usual large sample normal approximation to its sampling distribution is not valid when  $\beta_{13,0} = 0$
- In (3.29),  $\beta_{13,0}=0$  corresponds to no difference in expected outcome between options 0 and 1 for any  $h_1$ , which cannot be ruled out in practice
- Technically, cannot disregard this behavior at  $\beta_{13,0}=0$  and appeal to standard theory to obtain measures of uncertainty
- Even if  $\beta_{13,0} \neq 0$ , where standard theory holds, if  $\beta_{13,0}$  is close to zero, using the standard normal approximation can be poor

#### General phenomenon: Due to nonsmoothness of the max operator

- Because finding d<sup>opt</sup> involves a max operation, all estimators for d<sup>opt</sup> and V(d<sup>opt</sup>) are subject to this issue
- Nonstandard inferential approaches are required

**Consider**  $A_1 = \{0, 1\}$ : An optimal regime has rule

$$d_1^{opt}(h_1) = I\{Q_1(h_1, 1) > Q_1(h_1, 0)\} = I\{Q_1(h_1, 1) - Q_1(h_1, 0) > 0\}$$

**Definition:** The *contrast function* is given by

$$C_1(h_1) = Q_1(h_1, 1) - Q_1(h_1, 0)$$
 (3.34)

• Thus, the rule  $d_1^{opt}(h_1)$  can be written as

$$d_1^{opt}(h_1) = I\{C_1(h_1) > 0\}$$
 (3.35)

- From (3.35), full knowledge of  $Q_1(h_1, a_1)$  is not required to characterize and estimate an optimal regime
- Premise of the class of methods for estimation of an optimal regime referred to as advantage or A-learning

Because  $a_1$  is binary: Any arbitrary function  $Q_1(h_1, a_1)$  can be written as

$$Q_1(h_1, a_1) = \nu_1(h_1) + a_1 C_1(h_1), \quad \nu_1(h_1) = Q_1(h_1, 0)$$
 (3.36)

• (3.36) shows  $Q_1(h_1, a_1)$  is maximized by  $a_1 = I\{C_1(h_1) > 0\}$  with maximum

$$V_1(h_1) = \nu_1(h_1) + C_1(h_1) |\{C_1(h_1) > 0\}|$$

• Robins (2004) refers to  $Q_1(h_1, a_1) - Q_1(h_1, 0) = a_1 C_1(h_1)$  as the optimal blip to zero function comparing difference in expected outcome between using option 0 (control or reference option) and using  $a_1$  among individuals with history  $h_1$ 

**Suggests:** Posit a model  $C_1(h_1; \psi_1)$  for the contrast function; equivalently, a semiparametric model for  $Q_1(h_1, a_1)$ 

$$\nu_1(h_1) + a_1 C_1(h_1; \psi_1)$$
 (3.37)

for arbitrary function  $\nu_1(h_1)$  of  $h_1$  and finite-dimensional parameter  $\psi_1$ 

- May be more robust to misspecification than the regression method, as only C<sub>1</sub>(h<sub>1</sub>; ψ<sub>1</sub>) must be correctly specified for valid estimation of d<sup>opt</sup>
- (3.37) preserves the *causal null hypothesis* because  $C_1(h_1; \psi_1) = 0$  implies  $E\{Q_1(H_1, 1) Q_1(H_1, 0)\} = 0$

**Goal:** Estimate  $\psi_1$  in (3.37) based on  $(X_{1i}, A_{1i}, Y_i)$ , i = 1, ..., n and substitute fitted contrast function in (3.35)

**G-estimation:** By semiparametric theory, Robins (2004) showed that all consistent and asymptotically normal estimators for  $\psi_1$  solve an estimating equation of form

$$\sum_{i=1}^{n} \lambda_{1}(H_{1i}) \left\{ A_{1i} - \pi_{1}(H_{1i}) \right\} \left\{ Y_{i} - A_{1i}C_{1}(H_{1i}; \psi_{1}) + \theta_{1}(H_{1i}) \right\} = 0$$
(3.38)

for arbitrary dim( $\psi_1$ )-dimensional  $\lambda_1(h_1)$  and real-valued  $\theta_1(h_1)$ 

Can show: The estimating function in (3.38) is unbiased; i.e.,

$$E_{\psi_1}[\lambda_1(H_1)\{A_1-\pi_1(H_1)\}\{Y-A_1C_1(H_1;\psi_1)+\theta_1(H_1)\}]=0$$

so that  $\widehat{\psi}_1$  solving (3.38) is an M-estimator

• When  $var(Y|H_1, A_1)$  is constant, optimal choices

$$\lambda_1(h_1) = \partial C_1(h_1; \psi_1) / \partial \psi_1$$
 and  $\theta_1(h_1) = -\nu_1(h_1)$ 

**Suggests:**  $\nu_1(h_1)$  is arbitrary, but can proceed adaptively and posit a model  $\nu_1(h_1; \phi_1)$  for parameter  $\phi_1$  and estimate  $\phi_1$  jointly with  $\psi_1$  jointly by solving

$$\sum_{i=1}^{n} \frac{\partial C_{1}(H_{1i}; \psi_{1})}{\partial \psi_{1}} \left\{ A_{1i} - \pi_{1}(H_{1i}) \right\}$$

$$\times \left\{ Y_{i} - A_{1i}C_{1}(H_{1i}; \psi_{1}) - \nu_{1}(H_{1i}; \phi_{1}) \right\} = 0$$

$$\sum_{i=1}^{n} \frac{\partial \nu_{1}(H_{1i}; \phi_{1})}{\partial \phi_{1}} \left\{ Y_{i} - A_{1i}C_{1}(H_{1i}; \psi_{1}) - \nu_{1}(H_{1i}; \phi_{1}) \right\} = 0$$

- Can show: If  $C_1(h_1; \psi_1)$  is correctly specified, with true value  $\psi_{1,0}$ , but  $\nu_1(h_1; \phi_1)$  is not,  $\widehat{\psi}_1$  solving these equations is consistent for  $\psi_{1,0}$
- And thus  $C_1(h_1; \widehat{\psi}_1)$  is consistent for  $C_1(h_1)$

**Unknown**  $\pi_1(h_1)$ : Posit a model  $\pi_1(h_1; \gamma_1)$  (e.g., logistic) and jointly solve in  $(\psi_1^T, \phi_1^T, \gamma_1^T)^T$  the stacked estimating equations

$$\begin{split} \sum_{i=1}^{n} \frac{\partial C_{1}(H_{1i}; \psi_{1})}{\partial \psi_{1}} \left\{ A_{1i} - \pi_{1}(H_{1i}; \gamma_{1}) \right\} \\ & \times \left\{ Y_{i} - A_{1i}C_{1}(H_{1i}; \psi_{1}) - \nu_{1}(H_{1i}; \phi_{1}) \right\} = 0 \\ \sum_{i=1}^{n} \frac{\partial \nu_{1}(H_{1i}; \phi_{1})}{\partial \phi_{1}} \left\{ Y_{i} - A_{1i}C_{1}(H_{1i}; \psi_{1}) - \nu_{1}(H_{1i}; \phi_{1}) \right\} = 0 \\ \sum_{i=1}^{n} \binom{1}{H_{1i}} \left\{ A_{1i} - \frac{\exp(\gamma_{11} + \gamma_{12}^{T}H_{1i})}{1 + \exp(\gamma_{11} + \gamma_{12}^{T}H_{1i})} \right\} = 0 \end{split}$$

• Can show: If  $C_1(h_1; \psi_1)$  is correctly specified but either  $\pi_1(H_1; \gamma_1)$  or  $\nu_1(H_1; \phi_1)$  (but not both) is misspecified,  $\widehat{\psi}_1$  solving these equations is consistent for  $\psi_{1,0}$  so is doubly robust in this sense

**Estimator for**  $d^{opt}$ : Given  $\widehat{\psi}_1$ , from (3.35), estimate  $d^{opt}$  by

$$\widehat{d}_{A}^{opt} = \{\widehat{d}_{A,1}^{opt}(h_1)\}, \quad \widehat{d}_{A,1}^{opt}(h_1) = I\{C_1(h_1; \widehat{\psi}_1) > 0\}$$
 (3.39)

 Alternative approach: Murphy (2003) instead propose an A-learning approach based on the advantage or regret function

$$C_1(H_1)[I\{C_1(H_1)>0\}-A_1]$$

• Can show: If  $\pi_1(h_1) = P(A_1 = 1 | H_1 = h_1)$  does not depend on  $h_1$ ,  $Q_1(h_1, a_1; \beta_1)$  is linear in  $h_1$ , and  $\nu_1(h_1; \phi_1) + a_1 C_1(h_1; \psi_1)$  is of the same form, A-learning and Q-learning are identical

Recall: 
$$V(d^{opt}) = E\{V_1(H_1)\} = E\{\max_{a_1 \in A_1} Q(H_1, a_1)\}$$

$$E\Big(Y + C_1(H_1)[I\{C_1(H_1) > 0\} - A_1] \Big| H_1\Big)$$

$$= E\Big\{E\Big(Y + C_1(H_1)[I\{C_1(H_1) > 0\} - A_1] \Big| H_1, A_1\Big) \Big| H_1\Big\}$$

$$= E\Big(E(Y|H_1, A_1) + C_1(H_1)[I\{C_1(H_1) > 0\} - A_1] \Big| H_1\Big)$$

$$= E\Big(Q_1(H_1, 0) + A_1C_1(H_1) + C_1(H_1)[I\{C_1(H_1) > 0\} - A_1] \Big| H_1\Big)$$

$$= E[Q_1(H_1, 0) + C_1(H_1)I\{C_1(H_1) > 0\} | H_1]$$

$$= Q_1(H_1, 0) + C_1(H_1)I\{C_1(H_1) > 0\} = V_1(H_1)$$

• Suggests the estimator for  $V(d^{opt})$ 

$$\widehat{\mathcal{V}}_{A}(d^{opt}) = n^{-1} \sum_{i=1}^{n} \left( Y_{i} + C_{1}(H_{1i}; \widehat{\psi}_{1}) \left[ I\{C_{1}(H_{1i}; \widehat{\psi}_{1}) > 0\} - A_{1i} \right] \right)$$

Is also a nonregular estimator

### **Restricted class of regimes**

Continue to consider  $A_1 = \{0, 1\}$ : For the previous approaches, the form  $Q_1(h_1, a_1; \beta_1)$  or  $C_1(h_1; \psi_1)$  dictates the form of the rules  $d_1^{opt}$ 

• Example: With  $h_1 = x_1 = (x_{11}, x_{12})^T$ 

$$Q_1(h_1, a_1; \beta_1) = \beta_{11} + \beta_{12}x_{11} + \beta_{13}x_{12} + a_1(\beta_{14} + \beta_{15}x_{11} + \beta_{16}x_{12})$$
 (3.40) implies rules  $d_1^{opt}$  of form

$$d_1^{opt}(h_1) = I(\beta_{14} + \beta_{15}x_{11} + \beta_{16}x_{12} > 0)$$

and similarly for a linear contrast function

- Result: Posited models for regression or constrast function induce a *class of regimes*, indexed by parameters in the model, to which the search for d<sup>opt</sup> is restricted
- In the example, the *restricted class*  $\mathcal{D}_{\eta}$  indexed by  $\eta$  is the class of regimes with rules of the form

$$d_1(h_1; \eta_1) = I(\eta_{11} + \eta_{12}x_{11} + \eta_{13}x_{12} > 0), \quad \eta_1 = (\eta_{11}, \eta_{12}, \eta_{13})^T, \quad \eta = \eta_1$$
(3.41)

### **Effect of model misspecification**

#### $\mathcal{D}_{\eta}$ may or may not contain $d^{opt} \in \mathcal{D}$ :

• Example, continued: Suppose the true regression relationship is

$$Q_1(h_1, a_1) = \exp\{1 + x_{11} + 2x_{12} + 3x_{11}x_{12} + a_1(1 - 2x_{11} + x_{12})\}$$
 so that

$$d_1^{opt}(h_1) = I(1-2x_{11}+x_{12}>0),$$

which is of the form (3.41)

- Here, although the model (3.40) is misspecified,  $d^{opt} \in \mathcal{D}_{\eta}$
- However: If we fit (3.40) by OLS,  $\hat{d}_{Q}^{opt}$  with

$$\widehat{d}_{Q,1}^{opt}(h_1) = I\{\widehat{\beta}_{14} + \widehat{\beta}_{15}x_{11} + \widehat{\beta}_{16}x_{12}) > 0\}$$

may be a poor estimator for  $d^{opt}$  because  $\widehat{\beta}$  is likely far from the values of the coefficients in the true relationship

• Of course: If  $Q_1(h_1, a_1; \beta_1)$  or  $C_1(h_1; \psi_1)$  does not imply a restricted class containing  $d^{opt}$ , the estimated regime can be quite far from  $d^{opt}$ 

### **Alternative perspective**

**Suggests:** Deliberately restrict attention to a class  $\mathcal{D}_{\eta} \subset \mathcal{D}$  of regimes  $d_{\eta}$  with rules of form  $d_1(h_1; \eta_1)$ 

- $\mathcal{D}_{\eta}$  may be chosen based on cost, feasibility in practice, interpretability (by clinicians and patients)
- E.g., with  $h_1 = (x_{11}, x_{12})^T$ ,  $\mathcal{D}_{\eta}$  comprises regimes with rules

$$d_1(h_1; \eta_1) = I(x_{11} < \eta_{11}, x_{12} < \eta_{12}), \quad \eta_1 = (\eta_{11}, \eta_{12})^T$$

involving rectangular regions with thresholds

- Or rules involving linear combinations as in (3.41)
- $\mathcal{D}_{\eta}$  may or may not contain  $d^{opt}$  but still of interest
- This perspective of course extends to general  $\mathcal{A}_1$  with >2 options

**Optimal restricted regime:**  $d_{\eta}^{opt} \in \mathcal{D}_{\eta}$  with rule

$$d_{1}(h_{1}; \eta_{1}^{opt}), \quad \eta_{1}^{opt} = \underset{\eta_{1}}{\arg\max} \ \mathcal{V}(d_{\eta}),$$
 (3.42)  
$$d_{\eta}^{opt} = \{d_{1}(h_{1}; \eta_{1}^{opt})\}$$

**Approach:** Given an estimator  $\widehat{\mathcal{V}}(d)$  for the value of fixed  $d \in \mathcal{D}$ 

- Estimate  $\mathcal{V}(d_{\eta})$  by  $\widehat{\mathcal{V}}(d_{\eta})$  for fixed  $\eta=\eta_1$
- Regard  $\widehat{\mathcal{V}}(d_{\eta})$  as a function of  $\eta_1$ , maximize in  $\eta_1$  to obtain

$$\widehat{\eta}_1^{opt} = rg \max_{\eta_1} \, \widehat{\mathcal{V}}( extbf{ extit{d}}_{\eta})$$

and estimate  $d_{\eta}^{opt}$  by

$$\widehat{d}_{\eta}^{opt} = \{d_1(h_1, \widehat{\eta}_1^{opt})\}$$

· Value search or policy or direct search estimation

### **Natural choices for** $\widehat{\mathcal{V}}(d_{\eta})$ : IPW or AIPW estimators

• Analogous to (3.8) and (3.9) define for fixed  $\eta=\eta_1$ 

$$C_{d_{\eta}} = I\{A_1 = d_1(H_1; \eta_1)\}$$

$$\pi_{d_{\eta},1}(H_1;\eta_1,\gamma_1)$$

$$= \pi_1(H_1;\gamma_1)I\{d_1(H_1;\eta_1) = 1\} + \{1 - \pi_1(H_1;\gamma_1)\}I\{d_1(H_1;\eta_1) = 0\}$$

From (3.13) IPW estimator

$$\widehat{\mathcal{V}}_{IPW}(d_{\eta}) = n^{-1} \sum_{i=1}^{n} \frac{\mathcal{C}_{d_{\eta},i} Y_{i}}{\pi_{d_{\eta},1}(H_{1i}; \eta_{1}, \widehat{\gamma}_{1})}$$
(3.43)

From (3.18), AIPW estimator

$$\widehat{\mathcal{V}}_{AIPW}(d_{\eta}) = n^{-1} \sum_{i=1}^{n} \left[ \frac{\mathcal{C}_{d_{\eta},i} Y_{i}}{\pi_{d_{\eta},1}(H_{1i};\eta_{1},\widehat{\gamma}_{1})} - \frac{\mathcal{C}_{d_{\eta},i} - \pi_{d_{\eta},1}(H_{1i};\eta_{1},\widehat{\gamma}_{1})}{\pi_{d_{\eta},1}(H_{1i};\eta_{1},\widehat{\gamma}_{1})} \mathcal{Q}_{d_{\eta},1}(H_{1i};\eta_{1},\widehat{\beta}_{1}) \right]$$

$$Q_{d_{\eta},1}(H_1; \eta_1, \beta_1)$$
=  $Q_1(H_1, 1; \beta_1) I\{d_1(H_1; \eta_1) = 1\} + Q_1(H_1, 0; \beta_1) I\{d_1(H_1; \eta_1) = 0\}$ 

- Also: Alternative estimator  $\widehat{\mathcal{V}}_{IPW*}(d_{\eta})$
- As before,  $\widehat{\mathcal{V}}_{IPW}(d_{\eta})$  and  $\widehat{\mathcal{V}}_{AIPW}(d_{\eta})$  are consistent estimators for  $\mathcal{V}(d_{\eta})$  for fixed  $\eta=\eta_1$ , and  $\widehat{\mathcal{V}}_{AIPW}(d_{\eta})$  is moreover doubly robust

**Result:** Estimators for  $\eta_1^{opt}$  by maximizing  $\widehat{\mathcal{V}}_{IPW}(d_{\eta})$  or  $\widehat{\mathcal{V}}_{AIPW}(d_{\eta})$  in  $\eta_1$  to obtain  $\widehat{\eta}_{1,IPW}^{opt}$  or  $\widehat{\eta}_{1,AIPW}^{opt}$ 

• Estimators for optimal restricted regime  $d_{\eta}^{opt} \in \mathcal{D}_{\eta}$ 

$$\widehat{d}_{\eta,IPW}^{opt} = \{d_1(h_1, \widehat{\eta}_{1,IPW}^{opt})\} \quad \text{and} \quad \widehat{d}_{\eta,AIPW}^{opt} = \{d_1(h_1, \widehat{\eta}_{1,AIPW}^{opt})\}$$

- Estimators for  $\mathcal{V}(d_{\eta}^{opt})$  by substituting  $\widehat{\eta}_{1,IPW}^{opt}$  or  $\widehat{\eta}_{1,AIPW}^{opt}$  for  $\eta_1$  in (3.43) or (3.44) to yield estimators  $\widehat{\mathcal{V}}_{IPW}(d_{\eta}^{opt})$  and  $\widehat{\mathcal{V}}_{AIPW}(d_{\eta}^{opt})$
- Challenge: Maximization of (3.43) or (3.44) is a nonsmooth optimization problem; standard optimization techniques cannot be used
- Intuition:  $\widehat{d}_{\eta,AIPW}^{opt}$  should be of higher quality than  $\widehat{d}_{\eta,IPW}^{opt}$  because  $\widehat{\mathcal{V}}_{AIPW}(d_{\eta})$  is more efficient and stable than  $\widehat{\mathcal{V}}_{IPW}(d_{\eta})$
- Similarly, expect  $\widehat{\mathcal{V}}_{AIPW}(d_{\eta}^{opt})$  to be more efficient than  $\widehat{\mathcal{V}}_{IPW}(d_{\eta}^{opt})$

**Not surprisingly:**  $\widehat{\mathcal{V}}_{IPW}(d_{\eta}^{opt})$  and  $\widehat{\mathcal{V}}_{AIPW}(d_{\eta}^{opt})$  are nonregular estimators

• But because of maximization, cannot be cast as solving stacked M-estimating equations, so cannot show by an argument similar to that for  $\widehat{\mathcal{V}}_Q(d^{opt})$ 

**Instead:** Nonstandard theory suggested by behavior of the true value  $\mathcal{V}(d_{\eta}^{opt})$  in a simple example

•  $H_1 \sim \mathcal{N}(0, 1)$ ,  $\mathcal{D}_{\eta}$  comprises regimes with rules

$$d_1(h_1;\eta) = I(h_1 > \eta_1), \quad \eta_1 \in \mathbb{R}$$

Y continuous with true regression relationship

$$Q_1(h_1, a_1) = E(Y|H_1 = h_1, A_1 = a_1)$$
  
=  $\beta_{11,0} + \beta_{12,0}h_1 + \beta_{13,0}a_1 + \beta_{14,0}h_1a_1$ 

with 
$$\beta_{14,0} \ge 0$$

#### True value for fixed $\eta = \eta_1$ :

$$\begin{split} \mathcal{V}(d_{\eta}) &= E\Big[\{\beta_{11,0} + \beta_{12,0}H_{1} + \beta_{13,0} + \beta_{14,0}H_{1}\}I(H_{1} > \eta_{1}) \\ &+ \{\beta_{11,0} + \beta_{12,0}H_{1}\}\{1 - I(H_{1} > \eta_{1})\}\Big] \\ &= \beta_{11,0} + \beta_{12,0}E(H_{1}) + \beta_{13,0}E\{I(H_{1} > \eta_{1})\} + \beta_{14,0}E\{H_{1}I(H_{1} > \eta_{1})\} \\ &= \beta_{11,0} + \beta_{13,0}\{1 - \Phi(\eta_{1})\} + \beta_{14,0}\varphi(\eta_{1}) \end{split}$$

•  $\Phi(\,\cdot\,)$  and  $\varphi(\,\cdot\,)$  cdf and density of  $\mathcal{N}(0,1)$ 

Case 1: 
$$\beta_{14,0} = 0$$
:  $V(d_{\eta}) = \beta_{11,0} + \beta_{13,0} \{1 - \Phi(\eta_1)\}$ 

- If  $\beta_{13,0} > 0$ ,  $\Phi(\eta_1) \to 0$  as  $\eta_1 \to -\infty$ ,  $\mathcal{V}(d_\eta) \to$  its max, so no unique maximum in  $-\infty < \eta_1 < \infty$ , and all individuals receive option 1
- Similarly, if  $\beta_{13,0}<0,\,\Phi(\eta_1)\to 1$  as  $\eta_1\to\infty,$  and all individuals receive option 0
- If  $\beta_{13,0} = 0$ ,  $\mathcal{V}(d_{\eta})$  is constant with no unique maximum, treatment selection ambiguous
- Result:  $\mathcal{V}(d_{\eta})$  does not have a unique maximum in  $\eta_1$ , so  $\eta_1^{opt}$  and thus  $d_{\eta}^{opt}$  are not well defined, and standard asymptotic theory does not apply to  $\widehat{\mathcal{V}}_{IPW}(d_{\eta}^{opt})$  and  $\widehat{\mathcal{V}}_{AIPW}(d_{\eta}^{opt})$

Case 2:  $\beta_{14,0} > 0$ :  $\mathcal{V}(d_{\eta})$  is a smooth function in  $\eta_1$  with

$$\partial \mathcal{V}(\mathbf{d}_{\eta})/\partial \eta_{1} = -(\beta_{13,0} + \beta_{14,0}\eta_{1})\varphi(\eta_{1}) \tag{3.45}$$

$$\partial^2 \mathcal{V}(d_{\eta})/\partial \eta_1^2 = (\beta_{14,0}\eta_1^2 + \beta_{13,0}\eta_1 - \beta_{14,0})\varphi(\eta_1)$$
 (3.46)

- Setting (3.45) = 0 yields  $\eta_1 = -\beta_{13,0}/\beta_{14,0}$ , at which (3.46) < 0
- So  $\mathcal{V}(d_{\eta})$  has a unique maximum, and thus  $\eta_1^{opt}$ ,  $d_{\eta}^{opt} \in \mathcal{D}_{\eta}$ , and  $\mathcal{V}(d_{\eta}^{opt})$  are well defined
- Standard asymptotic theory applies

**However:** Standard theory does not apply for all  $\beta_{14,0} \geq 0$ 

- Zhang et al. (2012): Apply standard asymptotic theory anyway when in a "Case 2" situation
- Can work well under this condition, but can fail if not or if  $\beta_{14,0} \neq 0$  but is close to 0

#### **Discussion**

#### Implementation:

- Regression methods/Q-learning straightforward using established methods and software
- A-learning methods similarly
- Value search methods involve maximization of nonsmooth objective functions, require special techniques; e.g., a genetic algorithm (as in R rgenoud) or grid search, becomes untenable for  $\eta_1$  of higher dimension
- Q-learning and value search are available in R package DynTxRegime

#### **Discussion**

#### Practical performance: Estimation of an optimal regime

- No uniformly "best" method
- $\widehat{d}_{Q}^{opt}$  can achieve performance of true optimal regime if  $d^{opt}$  is in the induced class of regimes, but can be very poor if the outcome regression model is misspecified
- $\widehat{d}_{\eta,AIPW}^{opt}$  is comparable if  $d^{opt} \in \mathcal{D}_{\eta}$  if  $Q_1(h_1, a_1; \beta_1)$  is correct, even if  $\pi_1(h_1; \gamma_1)$  is misspecified
- And  $\widehat{d}_{\eta,AIPW}^{opt}$  is much better than  $\widehat{d}_{Q}^{opt}$  when the regression model is misspecified but propensity is correct
- $\widehat{d}_{n,IPW}^{opt}$  not recommends on inefficiency and instability grounds
- Schulte, Tsiatis, Laber, and Davidian (2014) compare Q- and A-learning

### More than two treatment options

 $A_1 = \{1, ..., m_1\}$ : With appropriate versions of SUTVA, NUC, positivity

- Outcome regression methods require no modification, just a suitable model Q<sub>1</sub>(h<sub>1</sub>, a<sub>1</sub>; β<sub>1</sub>)
- Inverse probability weighted methods: With

$$\omega_1(h_1,a_1)=P(A_1=a_1|H_1=h_1), \ \ \omega_1(h_1,m_1)=1-\sum_{a_1=1}^{m_1}\omega_1(h_1,a_1)$$

can adopt a multinomial (polytomous) logistic model, e.g.,

$$\omega_1(h_1, a_1; \gamma_1) = \frac{\exp(h_1^T \gamma_{1, a_1})}{1 + \sum_{j=1}^{m_1 - 1} \exp(\widetilde{h}_1^T \gamma_{1j})}, \quad a_1 = 1, \dots, m_1 - 1$$

$$\widetilde{h}_1 = (1, h_1^T)^T, \gamma_1 = (\gamma_{11}^T, \dots, \gamma_{1,m_1-1}^T)^T$$

### More than two treatment options

Redefine

$$\mathcal{C}_{d_{\eta}} = I\{A_{1} = d_{1}(H_{1}; \eta_{1})\}$$

$$\pi_{d_{\eta}, 1}(H_{1}; \eta_{1}, \gamma_{1}) = \sum_{a_{1}=1}^{m_{1}} I\{d_{1}(H_{1}; \eta_{1}) = a_{1}\} \omega_{1}(H_{1}, a_{1}; \gamma_{1})$$

$$\mathcal{Q}_{d_{\eta}, 1}(H_{1}; \eta_{1}, \beta_{1}) = \sum_{a_{1}=1}^{m_{1}} I\{d_{1}(H_{1}; \eta_{1}) = a_{1}\} Q_{1}(H_{1}, a_{1}; \beta_{1})$$

AIPW estimator with these definitions

$$\begin{split} \widehat{\mathcal{V}}_{AIPW}(d_{\eta}) \\ &= n^{-1} \sum_{i=1}^{n} \left[ \frac{\mathcal{C}_{d_{\eta},i} Y_{i}}{\pi_{d_{\eta},1}(H_{1i}; \eta_{1}, \widehat{\gamma}_{1})} - \frac{\mathcal{C}_{d_{\eta},i} - \pi_{d_{\eta},1}(H_{1i}; \eta_{1}, \widehat{\gamma}_{1})}{\pi_{d_{\eta},1}(H_{1i}; \eta_{1}, \widehat{\gamma}_{1})} \mathcal{Q}_{d_{\eta},1}(H_{1i}; \eta_{1}, \widehat{\beta}_{1}) \right] \end{split}$$

### More than two treatment options

• A-learning: Take  $A_1 = \{0, 1, \dots, m_1 - 1\}$ , analogous to (3.34) define

$$C_{1j}(h_1) = Q_1(h_1, j) - Q_1(h_1, 0), \ \ j = 0, 1, \dots, m_1 - 1$$

so that

$$d_1^{opt}(h_1) = \underset{j \in \{0,1,\dots,m_1-1\}}{\arg \max} C_{1j}(h_1)$$

• Posit models  $C_{1j}(h_1; \psi_1), j = 1, ..., m_1 - 1$ 

#### 3. Single Decision Treatment Regimes: Fundamentals

- 3.1 Treatment Regimes for a Single Decision Point
- 3.2 Estimation of the Value of a Fixed Regime
- 3.3 Characterization of an Optimal Regime
- 3.4 Estimation of an Optimal Regime

#### 3.5 Key References

#### References

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