

id=1

Patient: Hello doctor, I have had a cough for the last few days, which is heavy during night times.

Doctor: Hello, do you have fever also?

Patient: No raise in temperature but feeling tired.

Doctor: Did you come in contact with any covid positive person or you have any travel history?

Patient: I don't have any travel history, also no contact with any Covid-19 positive persons.

Doctor: Please tell me from how long you are having this and have you taken any medicine before ?

Patient: It has been four to five days and has drunk a lot of Benadryl and took Paracetamol too.

Doctor: Okay, I understand your concern. I have a few more questions to ask, Does your cough have a phlegm?

Patient: I have phlegm but not a lot. A tiny amount comes out most of the time.

Doctor: Any other symptoms like difficulty breathing? Any other medical conditions such as asthma, hypertension?

Patient: I have no difficulty in breathing also having no medical conditions

Doctor: Are you a smoker? Alcoholic beverage drinker?

Patient: I'm not a smoker nor a drinker.

Doctor: Based on your answer, I would recommend you take n-acetylcysteine 200 mg powder dissolved in water three times a day. You may also nebulize using PNSS (saline nebulizer) three times a day. This will help the phlegm to come out.

Patient: Any recommendations do you suggest?

Doctor: I would also recommend you take vitamin C 500 mg and zinc to boost your immune system. If symptoms persist, worsen or new onset of symptoms has been noted, further consult is advised.

id=2

Patient: Hello Doctor, From yesterday onwards fever is occurring (maximum 100-degree Celsius).

Doctor: Hello, for better assisting you I have a few queries to ask, Did you have any travel history or have you been in contact with a foreigner?

Patient: I have not come in touch with any foreign returned person nor went outside.

Doctor: Are you on medicine for some other problem?

Patient: Yes doctor, For the last two week, I have been suffering from coughing, throat infection. At that time fever did not persist and also did not feel any chest pain.

Doctor: Have you consulted any doctor before?

Patient: Two days later, I consulted with a doctor. He prescribed Clavidur 625, Montek LC, Ambrolite syrup and Betaline gargle solution. Since then throat infection improved and frequent coughs were also coming out. Coughing also improved remarkably though not completely.

Doctor: In my opinion, you should get a chest x-ray and CBC (complete blood count). If both these are normal then no need to worry much. I hope this helps.

Patient: Thank you doctor, After doing all these I can upload all for further query.

Doctor: yes, upload in this query only. I will see and revert to you.

Patient: As per your guidelines, I have made one test. Due to the city shutdown, I was not able to make an x-ray of my chest. Fever is coming every 12 hours. But the cough does not persist currently. The only problem is a fever. I am uploading the blood examination report. Please give me some advice.

Doctor: I can understand your concern. I have gone through the report you have attached. (attachment removed to protect patient identity).

Your total count is on the higher side of normal along with low hemoglobin. So start Azithromycin 500 mg 1-0-0, Tablet Dolo 650 1-0-1. Once your fever and cough subside, start an Iron tablet for low hemoglobin.

Patient: How many tablets of Azithromycin to be taken? Is it in the morning? I want to make you know that I have already taken Azithromycin five days before. Should she start it?

Doctor: Then there is no need for Azithromycin now as you have already taken it.

Patient: can I start an Iron tablet today itself?

Doctor: Yes, you can take an iron tablet from today onwards. Also, Drink plenty of fluids orally and keep yourself hydrated. Do warm water gargles and steam inhalation four to five times a day.

id=3

Patient: I am a 23-year-old man and I have some queries regarding coronavirus. Can you help me

Doctor: Yes sure, please state your concern

Patient: I have anxiety and depression but no immunodeficiency disorders or chronic diseases. First, I wanna know if my immune system is weakened and how likely am I to die of Coronavirus.

Doctor: Anxiety can manifest itself in physical or psychological symptoms or both. Also please do not believe the hype about covid. It has a low mortality rate, of 2-3 percent, that too mortality is very high in people above 60-70 years with other comorbidities.

Patient: Thank you doctor, my second concern is that I have itchiness in my throat and shortness of breath. I always have it because of anxiety but now it is more persistent than before.

Doctor: Do you also have any other medical concerns like pain in the body ?

Patient: I also feel a very subtle feeling of pain, burning sensation and itchiness in my chest.

Doctor: Did you have any travel history or have you been in contact with any foreigner?

Patient: I did not go out during the past ten days and have not been in contact with someone with positive Covid.

Doctor: Do you smoke or drink?

Patient: I quit smoking past week. Down to one or zero cigarettes from 20 a day.

Doctor: Is there anything else you wanna tell?

Patient: Why am I feeling itchiness and pain and burning sensation? How likely am I to have

Covid-19? And how likely am I to die from it?

Doctor: You do not have any such disorders and you have not even been in contact with anyone, so do not worry.

Please continue to take your medicines for anxiety if you are taking them, if not, please consider visiting a psychiatrist and get started on some low dose SSRI type of medicines. Also, if needed a low dose Benzodiazepines can be added temporarily.

Patient: can you recommend some exercise and home remedies?

Doctor: please do some deep breathing exercises, or progressive muscle relaxation. You can also take some honey with water to reduce the itching in the throat and also try doing some gargles with lukewarm salt water.

id=4

Patient: Hello doctor, Last night I was getting chills, feeling more cold than usual and lightheaded and a lot of burping. Maybe like every 30 minutes or less or so I feel more chills running down my body and chest feeling a bit weird like I am starting to have trouble breathing then goes back to normal and repeats, with weird feelings like chills down my left and right lungs or left and right upper chest.

Doctor: Hello, do you also have a cough, if yes then from how long?

Patient: some minor coughs were there seven days ago, still here. I have white mucus and have not gotten yellow yet.

Doctor: Have you concerned anyone before, if yes what they have prescribed?

Patient: yes, I told him the burping issue was going on for at least two years, but somehow this time I am feeling lightheaded. He just gives Pepcid a try, maybe GERD. I ate that today, still feeling chills now and still burping a lot.

Doctor: Okay, how are you feeling right now?

Patient: Right now, still some chills on arms, with breathing issues or something makes my chest feel weird and arm sometimes. So, should I be worried? I do not think I have a fever now but do not feel hot on the forehead? Was it GERD or flu, Coronavirus or something else? I hope it is not Coronavirus.

Doctor: Don't worry, please answer the following: Any travel history in the last one month? Any use of airports?

Patient: I travel to school, nearby grocery stores in the bus. No airport exposure.

Doctor: Okay do you have fever, have you checked the temperature?

Patient: I have not checked the temperature. I do not feel hot or anything.

Doctor: okay what about cough? Any mucus or phlegm?

Patient: I have minor coughs and a sore throat. Yes, I have mucus which seems white or clear for now

Doctor: How is your sleep? Is there any malaise or body aches or weakness?

Patient: During sleep, I do not have much aches. Last night I did not get much sleep, probably because I was thinking about stuff being worried, but got some sleep though.

Doctor: most probably with the history it does not appear like a severe problem or Coronavirus infection. Is sore throat severe and does the pain last the whole day? Do you smoke or drink?

Patient: yes I used to smoke but I will try to avoid smoking as much as possible.

Doctor: Avoid exposure to smoke dust and cold winds. Keep the AC to a minimum or use a ceiling fan instead. Drink plenty of water and warm fluids. Avoid eating out, partying. Avoid unnecessary travel.

Patient: I recently turned on the air purifier to clean up some air for allergies possible viruses but it makes me cold. I might not need AC unless really hot.

Doctor: Can you try taking Sudafed, Tylenol, and Zyrtec and try getting sleep for a few days? I am sure that will make you feel better.

Patient: Thank you doctor,

I woke up this morning, I had trouble sleeping and was worried, but I got some sleep then a nearby phone rang and woke me up.

Doctor: according to me You need not quarantine yourself in the strictest manner but some amount of restrictions in interacting and meeting with the community is advised.

Patient: Yes, I will be staying inside since many places are on lockdown. And school is online.

Doctor: Please tell us, where are you currently? Your place of residence and country? Is it a Corona endemic country? Did you talk to or interact with any known or suspected flu patient?

Patient: I stay in San Francisco CA, United States, and there are close to 40 confirmed cases around here. No severe reports near my district, and have not heard anyone in serious condition.

Doctor: Follow all the precautions. You will be alright soon. Try getting a good sleep tonight. I heard about the cases in SF. My brother was supposed to fly there from India for work but his meeting got canceled in the wake of the virus..

Patient: So, last week I had a sore throat and tonsil pain while swallowing for a few days, then one day drank a lot of honey and water and some tea, then it got better. Not sure if it got smaller, but the pain was less now though. Between my tonsils in the middle (behind the tongue) looks like my throat, got some red stuff, maybe looks inflamed or rashes. Any recommendations? Any foods or drinks that can help?

Doctor: Can you please take a picture of the back of the throat with an open mouth showing details of the tonsils and pharyngeal wall and send it to me?

Patient: Have you seen the picture of my throat, what do you recommend?

Doctor: Yes, your camera has not done a decent job this time around. It has not focussed on our area of interest. (attachment removed to protect patient identity). But yours has picked up the two big bumps in the back of the throat (enlarged tonsils). The tonsils could be enlarged due to the current infection and sore throat problem you are having. Once the problem is resolved they should get back to their normal size, which I guess, in you, must be slightly big. The pharyngeal wall between the tonsils could be having some granular bumps which are quite common during an infection.

Patient: Is it due to CoronaVirus?

Doctor: Now you do not worry, for most such infections are due to viruses (not Corona). They usually get better with time and supportive treatment.

Patient: Can you recommend something for it?

Doctor: Traditional Indian forms of medicine advise honey and hot water. Tea makes a good addition I guess. Sudafed and Zyrtec appropriate for your weight will help additionally. Tylenol every time you got pain will help you tide over this period wonderfully.

Patient: okay thank you, doctor, is there anything else I should keep watching

Doctor: Now watch for some warning symptoms: fever, increased pain, thick mucus, thick post nasal drip, severe malaise, swelling in the neck, etc. In such cases promptly revert to me. You may need a Z pack then.

Patient: Hello doctor, As of now 12:40 PM I am breathing harder than usual since 30 minutes ago. I only ate some breakfast and drank water.

Doctor: Hello, always Protonix is better than Zantac. Try using Protonix (Pantoprazole). Do not lie down immediately after consuming meals. Do not drink a lot of water after a meal. Avoid spicy and oily foods.

Patient: I went to the store to look for Zantac they did not have, so I talked to the pharmacy. They said it sounded like some weird chest tightening and the doctor said since Pepcid and Zantac are the same. He said to try Ranitidine. Could it be shortness or breath? Maybe blood pressure? Esophagus issue? Chest issue? Heart issue? I am having weird breathing. Should I be worried?

Doctor: you need to take Pantoprazole or any other proton pump inhibitor. Avoid heavy meals. The issue appears like a heartburn problem due to acidity only. It does not appear sinister.

Patient: I was trying to finish the bowl of food in one hour. I was eating veggies and rice, halfway through I felt something like acid may be some pain in chest and throat. Feeling lightheaded so ate some meat to then coughed after.

Doctor: do not worry about it. Drink plenty of water but not immediately after a meal. Eat well cooked meats.

Patient: I really appreciate your help so much. I appreciate your time and effort to help me and give advice. Only thing I am worried about is the chest pains, breathing issues and esophagus and throat stuff. I will try to wait two to three hours after eating or drinking before bed now. I hope to get less chest issues when I wake up.

Doctor: do not worry so much. You will be absolutely alright. Give it some time. If you are not getting better we can do laryngoscopy and check if there is anything wrong with the larynx. Do you eat healthy food and do exercises?

Patient: Yeah if it doesn't get better Laryngoscopy would be perfect. Okay, I'll give it some time Thank you! I try to eat vegetables and fruits. I don't eat much junk food that much. I used to eat more junk years ago. Exercise, haven't been exercising these few months. I have been telling myself that, but then i haven't really been doing it. Used to a lot years ago, now barely.

Doctor: I guess you are on the right track. With regards to food diet and exercise. Restart doing your exercise. Keep yourself active. Try having more than three meals a day but keep the quantity of each meal less than the usual. That way you eat more frequently but without putting weight or adding unnecessary calories.

Patient: Sounds good! Awesome! Appreciate your time and effort to help, this means a lot. Very patient and kind!

id=5

Patient: Hi, I am Chaitanya, 27 years old. I used to swim daily in the morning. Does COVID-19 spread through water ?

Doctor: hello, First few cases were suspected to have spread from food. However human to

human spread is mainly from air droplets. I would suggest you refrain from swimming for sometime. Although the virus will get killed in the swimming pool if it does not find a host for more than a few minutes.

Patient: What precautions should I take to avoid infection?

Doctor: precautions include to avoid social gatherings, wash hands frequently with soap and water, cover face with mask, stay home during sickness, avoid travel.

Hope it helps. Let me know if I can assist you further.

Patient: Thank you for your time.

Doctor: Welcome.

id=6

Patient: Hello doctor, I would like to know what is the treatment for Covid-19?

Doctor: Depends on severity. COVID-19 pandemic at this time, so a doctor on video may consult by video instead of requiring an in-person visit. Flu-like symptoms can be from a strep throat infection, a cold or influenza, or from some other cause like COVID-19.

Patient: If any of the above symptoms appear what should do?

Doctor: Usually, a person calls the doctor if the symptoms are bothersome, serious, recurrent, or persistent.

Patient: what about covid-19 testing?

Doctor: COVID-19 testing depends on local availability.

id=7

Patient: Hello doctor, are there any Criteria for COVID test?

Doctor: According to the textbook criteria are suspected COVID in hospitalized persons or in those with underlying medical conditions; or persons who got symptoms less than 14 days after (1) contact with a suspect or confirmed COVID patient or (2) travel through high-risk COVID areas.

Patient: What about real-life criteria?

Doctor: Real-life criteria is different because we don't have enough tests, supplies, or medical staff around the world at this time (March 2020).

id=8

Patient: I have covid 19 symptoms?

Doctor: Without any details, it's impossible to say.

id=9

Patient: Do I have covid 19?

Doctor: Without any details, it's impossible to say.

id=10

Patient: Is vomiting and diarrhea a symptom of covid-19?

Doctor: COVID-19 symptoms. Nausea, vomiting, and/or diarrhea occur fairly frequently early in the infection, but are rarely if ever the only symptoms.

Patient: how can I be sure?

Doctor: If cough and fever don't develop within a day or two after vomiting or diarrhea, probably it isn't COVID-19.

id=11

Patient: Is it possible to have Anxiety because of the covid 19 news?

Doctor: what's your age ?

Patient: I'm 39

Doctor: At 39 your risk for severe infections is very low. A strategy that I recommend is taking in information daily but get away from it.

Patient: Okay doctor, any precaution would you recommend?

Doctor: Practice prudent precautions. In my off times away from ER (still practicing frontline ER) I focus my mind on my cooking, planning my garden, engaging with my friends and loved ones and reading.

id=12

Patient: Is the coronavirus 229E the same as covid-19?

Doctor: CoV229e is one of several coronaviruses that cause common colds. Biologically related to SARS-CoV-2 (the cause of COVID-19), but different viruses.

id=13

Patient: Can I get a covid 19 test?

Doctor: Seek care right away if difficulty breathing, other severe symptoms.

Seek testing if sick, PLUS known Covid-19 contact, or travel to high risk country, or been in facility treating people with Covid-19, or severe pneumonia of unknown cause.

Patient: What do I have to do for the test?

Doctor: Call 0800 029 999 for test. If sick or possibly exposed (not both), stay home. Seek consultation if sick. If known exposure & not sick, self-isolate 14 days.

id=14

Patient: Where can I be tested for covid 19?

Doctor: your local doctor, local health department, we have no idea here what your setup is where you live.

id=15

Patient: Am I at risk for COVID-19 in the United States?

Doctor: COVID infections will likely pick up over the next few weeks in the US.

Patient: What should I do in order to avoid infection?

Doctor: Avoiding travel and following hand washing recommendations are probably the most important prophylactic measures.

id=16

Patient: Is diarrhea a symptom of Covid-19 along with running nose?

Doctor: Symptoms of COVID-19 are usually the same as a cold or the flu, with diarrhea being uncommon.

Patient: My dad last week was vomiting and had diarrhea now this week it has turned into a runny nose and a cough...no fever....any chance it's Covid-19?

Doctor: The COVID-19 infection is worldwide. The goal is to keep people separated so that the clinics and hospitals are not overwhelmed. Patients with medical symptoms should see their primary care doctor on VIDEO or by PHONE, and get instructed to go to a clinic or ER only if not treatable by video or phone.

id=17

Patient: My 11 year old son has a cough, runny nose, headache, earache, no fever. Is this COVID-19? || Symptoms: cough, runny nose, headache, earache, no fever, Age:11 years old.

Doctor: The symptom pattern is not specific to one agent. It suggests a cold and ear infection. || Symptoms: cold and ear infection.

Patient: What are the risks for covid-19 among children? || Disease: Covid-19.

Doctor: Kids have been among those least affected by Covid-19. Parainfluenza, rhinovirus, or RSV would be more likely. Wish you and your family good health. || Symptoms: Parainfluenza, rhinovirus, RSV.

id=18

Patient: I am getting a headache at night. Been battling with a sore throat and post nasal drip.

Doctor: Do you have fever and cough also?

Patient: No fever. Cough only slightly at times. I went for laparoscopy and removal of my fallopian tubes on 2nd March. All this started after that. Must I test for covid 1o?

Doctor: Unlikely Not at this point. Treat what you have currently symptomatically. Stock up now whilst not yet on lockdown.

Patient: Should I take covid test?

Doctor: I don't feel that you qualify for a Covid test right now.

id=19

Patient: True or false? Anyone infected with COVID-19 starts to have diarrhea and increases the chances of death compared to people who just start respiratory symptoms, why?

Doctor: From Data from China, there has been an association between worse infection and diarrhea. There seems to be a worse inflammatory response associated with people who have diarrhea.

id=20

Patient: Do people with the Covid coronavirus get any diarrhea? If yes, how bad is the diarrhea,

Doctor: No, To date the process has been a respiratory virus. No gut issues (diarrhea,etc.) are reported so far as part of the symptom pattern.

Patient: What are the common symptoms?

Doctor: Respiratory illness,Cough, fever and shortness of breath are most common sx's.

Patient: and what portion of infected people start having diarrhea?

Doctor: as per Clinical Characteristics of 138 Hospitalized Patients With 2019 Novel Coronavirus–Infected Pneumonia in Wuhan, China - JAMA, Wang et al., February 7, 2020 - about 10% of hospitalized patients had diarrhea.

Patient: 10% only, is it good or bad ?

Doctor: This is a small study number. This study only looked at people who were so sick that they had to be hospitalized.

id=21

Patient: Can Covid-19 be transmitted sexually?

Doctor: Sort of, If you are having sex with someone who has Covid-19 you are quite at risk of getting it.

Patient: Can any coronavirus be transmitted sexually or by kissing?

Doctor: High likelihood of kissing and having intercourse but it may not be transmitted through intercourse but the closeness in an intimate situation like that with someone who is infected gives a high likelihood of transmission.

id=22

Patient: Should I shave my beard to reduce my chances of contracting coronavirus / covid-19?

Doctor: Yes, This virus clings to everything especially hairs. Either wash your beard a few times

a day and spray with alcohol or shave off.

id=23

Patient: I have mild asthma which is well controlled. What are the chances of getting covid-19?

Doctor: asthma is a chronic lung disease which carries some increased risk with COVID-19.

Patient: If I were to contract Covid 19 would I experience any difficulties as I can't seem to find much information on asthma patients who have had the Coronavirus many thanks ?

Doctor: Great question. Yes, Good asthma control along with good handwashing, social distancing, avoiding unnecessary travel along with your young age should keep your risk of complications low.

Patient: Is smoking or having obesity a risk?

Doctor: Smoking, hypertension, diabetes, obesity or compromised immune system are also risk factors to be considered.

id=24

Patient: Is mild intermittent asthma an elevated risk group for Covid 19 complications?

Doctor: Maybe, Being over 50 with a medical condition like intermittent asthma makes you at higher risk for any respiratory illness including COVID19.

Patient: so, should I continue to use my inhalers when it's occasionally necessary or will the steroids in them put me at more risk?

Doctor: It appears to be less an issue for children and youth.

id=25

Patient: I read that people taking steroids for asthma are at higher risk for poor outcomes from COVID19. Does this include inhalers containing steroids?

Doctor: Not quite that way People with chronic lung problems do worse in a lung disease outbreak.

Patient: Also, is mild intermittent asthma a risk for poor outcomes or only more severe forms of asthma?

Doctor: For one specific person... well, there's no way to guess. "People" in general do worse if they have Uncontrolled lung disease. That means it's likely that asthmatics using inhaled steroids to give them good disease control will be BETTER OFF than asthmatics who use steroids but still cannot get good control. Be in good control.

id=26

Patient: I have a bad cold, but got diarrhea twice, so does diarrhea mean it is not COVID?

Doctor: No, Diarrhea does not rule out COVID.

Patient: What symptoms would make you think I do not have COVID-19.

Doctor: If you have traveled to endemic areas or met with people that traveled there, you should test if possible.

id=27

Patient: Have read COVID-19 news quoting some experts as saying that we will see more confirmed cases as more tests are performed, but the mortality rate should drop as that happens. Any sign of that yet?

Doctor: Don't confuse actual mortality rate with REPORTED rate.

The actual rate probably will remain stable (and likely lower in the US than some other countries, because of sophisticated intensive medical care).

Patient: What about an increase in testing?

Doctor: But as testing expands and more people with mild symptoms (or no symptoms) are diagnosed, reported mortality will decline; likely happening now, but it may take weeks for data to be known.

id=28

Patient: I travelled to Austria on 25 Jan 2020 and returned on 31Jan 2020. My trip included a stopover in Munich. I currently do not show any symptoms listed for coronavirus. Should i get lab tested as a precaution and will this test be covered by the medical?

Doctor: Hard to say, The questions you pose are more appropriate to ask your local physicians and health plans. As a USA based site we have no access to or information about the changing local recommendations for world travel around the globe nor would we know what your plan covers. Find a local health contact & contact your health plan for guidance.

id=29

Patient: what extra additional precautions do they need to prevent catching novel coronavirus?

Doctor: COVID-19 is now the official name for the illness caused by the newly discovered coronavirus (COroNaVirus Infectious Disease - 2019).

So far it is extremely rare in the US (2/12/20). Until and unless COVID-19 becomes common no special precautions are necessary.

Patient: For students in dorms living with students from many countries.

Doctor: In any dormitory or group living situation people with respiratory symptoms (colds, flu, etc.) should cover their coughs and wash hands frequently.

id=30

Patient: Can taking extra vitamin C every day help prevent you from catching the coronavirus or

the flu? If so, how much vitamin C is recommended?

Doctor: While getting enough vitamin C in your diet is highly recommended, it has no special ability to prevent coronavirus or flu virus.

Patient: Then what are the preventative measures one should take?

Doctor: Best preventative measures for these are frequent handwashing and avoiding people with sneezing/coughing/cold symptoms and fevers.

id=31

Patient: Can taking extra steps for self-care (like staying hydrated, getting more sleep) every day help prevent you from catching the coronavirus or the flu?

Doctor: Yes, It helps to keep the body in good shape and good nutrition.

id=32

Patient: Last tuesday I had a flu shot and a pneumonia shot. I am 68 and male. I had a very sore arm and felt bad the next day in which I had blood drawn for a test. The results showed a high white cell blood count as well as high ANC and AMC. Could these high readings be because of the shots the day before?

Doctor: Hello, The pneumonia shot per se is not responsible for high WBC count, but as you are telling there are soreness and bad feeling at the injection site over arm, there are all possibilities that you have cellulitis or possible abscess formation at the injection site; which will recruit neutrophils at the site and cause secondary rise in WBC count.

Patient: Okay Doctor, So what would you recommend ?

Doctor: Primary relief with ice application and secondary management with systemic antibiotics and anti-inflammatory medicines with your doc. Hope I have answered your query. Let me know if I can assist you further.

Patient: Thank you for your time.

Doctor: Welcome and take care.

id=33

Patient: My father recently passed over the weekend. His body was fighting an infection along with pneumonia for 1 week. During that time, he would urinate bloody urine into the foley.

Doctor: Hello, Sorry for your loss, The pneumonia does not give rise to red urine called hematuria.

Patient: At that time doctors said that was completely normal. It was very dark red. Is that normal?

Doctor: There can be possible causes for red blood cells in the urine as uncontrolled urinary tract infection, kidney damage via systemic sepsis, abnormal clotting factors or platelet function,

side effects of drugs, dehydration related etc.

Patient: Okay now I see

Doctor: Kindly share all reports if available with you for further discussion ahead and guide in details.

Patient: No, its okay thank you

Doctor: Let me know if I can assist you further. Take care

id=34

Patient: I have pneumonia and my doctor has me on strong antibiotics and albuterol in my nebulizer. Yesterday after a treatment I spit up fresh blood and I have this second day also.

Doctor: Hello As you explain the situation yes it might be that in pneumonia to have blood with the cough.

Patient: I'm on blood thinners and wonder if that may be my problem. I feel better in other ways.

Doctor: if you take blood thinners do not worry. However if it last for several days then better to talk with your treating doctor for this for safety.

id=35

Patient: Hi, my name is XXXX. My grandfather is suffering from pneumonia right now and refuses to go to the doctor because of the price needed to obtain a patented medicine.

Doctor: I can understand the price of a patented medicine are high in some region, by the way you are from?

Patient: I'm from Indonesia, it is not hard to find these kinds of doctors that don't want to help people in need. What medicine can you guys recommend for a home treatment?

Doctor: As you explain the situation, unfortunately, there is no home treatment for pneumonia.

Patient: Then what you recommend in this situation

Doctor: I strongly recommend you to go to the hospital as an emergency which is free mostly.

id=36

Patient: I was diagnosed with pneumonia on June 30. I finished taking my antibiotics and cough pills. I still continue to cough sometimes gagging.

Doctor: Do you have any other problem also?

Patient: Shortness of breath and wheezing, I have an inhaler, I am not coughing up anymore phlegm.

Doctor: Have you consulted anyone before this?

Patient: yes, my doctor says to take Mucinex DM. I have finished a bottle. I also have taken Robitussin cough medicine. She also said cough could last up to 4-6 weeks.

Doctor: There is no need to worry if fever is not there. These symptoms last for 3-4 weeks.

id=37

Patient: Hi my husband has been diagnosed with pneumonia and given roxithromycin. he is very tired hardly eating or drinking pretty lathargic.

Doctor: Any previous medical history?

Patient: he had a heart transplant 4 yrs ago. To be honest should I be taking him to hospital we are now on day 3 on the antibiotics with no improvement what would you suggest?

Doctor: Yes, you should definitely take him to the hospital, seeing that he is especially vulnerable as a heart transplant recipient.

id=38

Patient: I have been diagnosed with pneumonia (I am 63) on Monday evening. My daughter (31) is exhibiting the same symptoms. I was concerned since we were experiencing the same symptoms.

Doctor: Have you consulted any doctor, if yes what medicine did they prescribed?

Patient: My daughter went to her doctor and currently taking Z-Pak. I was prescribed azithromycin 500 mg for 5 days.

Doctor: Its okay, may I know what's your concern?

Patient: We spend time together but she is married and lives in town. I am married and my husband is not experiencing any symptoms. Totally confused. Is there a way to know if you have a viral or bacterial pneumonia. How long is pneumonia contagious?

Doctor: Usually, he is contagious one week before treatment and until three days after treatment.

id=39

Patient: 18 month old with chronic running nose And cough since August 2014 diagnosed with bacterial infections.

Doctor: Have you taken any antibiotics?

Patient: Took antibiotics did not get better. January 26th and chest x-ray found pneumonia.

Doctor: have you been taking antibiotic for running nose and cough?

Patient: Took antibiotics did not get better with runny nose and coughing. 10 weeks later another chest x ray still found pneumonia.

Doctor: Which medicine are you taking ?

Patient: Previously has been taking clindamycin For 11 days now does not seem to be getting better. And just now been prescribed proventil and Qvar. But if she is suffering from bacterial infection with those inhalers make it worse

Doctor: According to the history you prescribed he needs a chest CT to evaluate better the

situation.

id=40

Patient: My 19 year old son was diagnosed with pneumonia 5 months ago and was given antibiotics but with minimal results. Unfortunately he still suffers from the same symptoms but since he is in the military he refuses to go back to the doctor for fear of reprisal.

Doctor: Can you describe how his cough is?

Patient: His cough is still deep and his energy is low. Are there any long term repercussions for his lungs if he continues without treatment.

Doctor: As you explain the situation I strongly recommend you to send him to the doctor for a re-evaluation of the situation.

id=41

Patient: I was diagnosed with pneumonia 9 days ago. I had been sick a week before that. I get better, then it seems to come back.

Doctor: Okay don't worry, Do you have a runny nose also?

Patient: yeah, I have a runny nose (which I didn't have before) and I still have a tickle.

Doctor: That a good sign of improvement

Patient: How good is it? 1 day good, 1 day bad, 1 day good. etc. Why the runny nose? What does the tickle signify? I am a singer. Got well by Saturday. This is Tuesday

Doctor: As you explain the history you don't have to worry you are in the phase of improvement just so correctly the treatment.

Patient: oh that cool, thanks a lot doc

Doctor: welcome, Let me know if I can assist you further. Take care

id=42

Patient: My son has been diagnosed with pneumonia, and started a five day treatment today.

Doctor: How old is he?

Patient: He is 11 years old and very lean, almost underweight.

Doctor: I understand, So tell me how can I assist you?

Patient: Yes, I believe he should not go on the ice. He does play hard. Can I get your opinion? Since, He hasn't been eating well this week and coughing is persistent as of today.

Doctor: As you explain the history for giving you a correct opinion I should see his chest X-ray and blood tests.

Patient: Ok, I will share with you once I have it

Doctor: yeah sure and Let me know if I can assist you further.

id=43

Patient: Hello doc, I need your advice on my Mom as she had pneumonia, bronchitis, the flu and a fungal infection in her lungs.

Doctor: Sure I'm here to assist you, before that I want to know the previous medical record.

Patient: When I brought her to a local hospital she was intubated and had to be ambulance two hours away to a hospital that had a bed for patients on a ventilator.

Doctor: For how many days they kept her on a ventilator?

Patient: she was on a ventilator for three days and they discovered the fungal infection at the hospital. She was there for a total of 15 days.

Doctor: Did the local doctor advise any therapy to her?

Patient: when I brought her home she was given a home health physical therapist, Home Health occupational therapist, home health nurse to help me take care of her.

Doctor: That a good decision, what is that concern you?

Patient: she is still having quite an issue with breathing she can do only so much and gets out of breath, does anyone have any ideas or respiratory Rehabilitation or any help they can offer so that my mom can breathe easier to be able to walk and do what she did prior to this illness

Doctor: According to me anti-fungal treatment should be done with other bronchodilator medication and supportive Rx

Patient: Can you recommend some exercise as per her condition?

Doctor: Spirometry exercise would be better for her.

Patient: thank you so very much.

Doctor: Hope I have answered your query. Let me know if I can assist you further.

id=44

Patient: Hey Doc, I HAD SUFFERED WITH HARPEZ AND PNEUMONIA.

Doctor: Hey, what medication are you taking?

Patient: I HAD TAKEN ZOVIRAX INTRAVENOUS DEPOMEDROL, TRICOT XYLOCAINE AND FINALLY SEFTUM 500 MG.

Doctor: Any side effect?

Patient: THE ERUPTIONS AND IRRITABLE SKIN IN GROIN AND ARMPITS. MY FACE LOOKED I WAS OLDER THAN MY AGE. ONE DAY OUT OF A MIRACLE I HAD FORMULATED MY OWN DRUG WHICH HAS SAVED ME.

Doctor: Formulated own drug?? What's its composition?

Patient: THE DRUG IS POWDERED AMMOXYCILIN 500mg, SEFTUM 500mg, ALTHROCIN 500 mg, CIFRAN 500mg IN RIGHT PROPORTIONS.

Doctor: Have you used it?

Patient: I APPLIED TO MY GROIN, FACE, ARMPITS. ALSO LIKE HOMEOPATHY I TRIED TAKING ONE MILLIGRAM OF THIS MIXTURE RUBBED ON EPIGLOTTIS. MY LIFE STYLE HAS CHANGED COMPLETELY AND WOULD LIKE TO RECOMMEND TO THIS ENTIRE WORLD THAT THIS IS A MIRACLE DRUG THAT CAN KEEP IN ABEYANCE MANY DISEASES OF THE WORLD. NO SIDE EFFECTS. EXCELLENT HEALTH, LOOKING 30

YEARS YOUNGER WITH NO DAMAGE TO SKIN AND ANY SIDE EFFECTS.

Doctor: As you explain the long history you should absolutely believe in your treating doctor and follow his instructions.

id=45

Patient: Hi, I am a 55 yr old white female, 5'4 , 180 lbs. I had childhood asthma and bronchitis, and were given steroids frequently.

Doctor: Hi, When did you start taking steroids?

Patient: I seemed to grow out of it at age 17.

Doctor: Any problem?

Patient: During the last 14 yrs I've developed Fibromyalgia/Chronic Fatigue, RA, for 14 months my SED rate stayed at 53-108 and they could not find out why, Cushing's Syndrome, neuropathy of the feet, and most importantly - Hypogammaglobulinemia.

Doctor: Beside this do you have any other medical history?

Patient: I'm disabled and on Medicare, I haven't rec d IV s in 6 yrs. During that time I've had pneumonia 17 times, once was septic pneumonia, constant sinus problems, PCP infection and a rare form of arthritis associated with the hypo (the Dr. couldn't tell me the name of it).

Doctor: Have you received IGG?

Patient: I received IGG iv s monthly for 4 yrs, then lost insurance 6 yrs. Ago. I'm really worried and would like to know my chances of surviving if I can t get the IGG treatments.

Doctor: The cause of chronic pneumonia is mandatory to be evaluated here with culture of bronchial lavage fluid, CT scan of the thorax and other supportive evaluations.

Unless the root cause is identified, one cannot get the complete management chart.

Patient: Thank you very much for your time.

Doctor: Hope I have answered your query. Feel free to post further doubts.

id=46

Patient: The reading of my chest x-ray states that there are hazed and confluent densities seen in the left upper lung field. The rest of the lungs are clear. The heart is not enlarged.

Doctor: What about the rest of the structure?

Patient: The rest of the included structures are unremarkable.

Doctor: Why are you worried?

Patient: I am very much worried because the impression states that I have MINIMAL PTB, LEFT WITH PNEUMONIA. Please advice me on what to do best as I fear this might affect my application for renewal of contract.

Doctor: Hello, For Tuberculosis, AKT needs to be started. So confirm tuberculosis by sputum AFB stain and culture.

Patient: What if its Tuberculosis?

Doctor: If tuberculosis is confirmed, then AKT should be started. And it is to be taken for around six months. Provide reports if available.

Patient: Okay Doc, Thanks for your time

Doctor: Hope I have answered your query. Let me know if I can assist you further.

id=47

Patient: my mother has CRE/resistant klebsiella pneumoniae. She is allergic to most antibiotics, sulfa, & penicillin.

Doctor: tell me about her medical history?

Patient: She has been treated five times obviously they haven't worked in full! She easily goes anaphylactic! mid way through treatments. Last trtmt. was 7 days ago.

Doctor: can you tell us in brief, what procedure or medicine they have used during treatment

Patient: 1st day , IV Ertapenem 1mg and lidocaine, prior to trtmt. she premeds w/ 50 mgs oral benadryl, 1 hour cook time prior treatment . There was to be an additional 9 doses IM and on 6th dose went into shock.

Doctor: Have you readmitted her?

Patient: She is being readmitted in a.m. for another attempt she is trying oral doses of colloidal silver. HELP WHAT TO DO? HOW LONG CAN THIS GO ON BEFORE SHE DIES? WHAT ARE THE SYMPTOMS OF DEATH DUE TO cre?

Doctor: In such conditions we recommend another class of antibiotics but in the survey of the allergologist who should closely monitor the patient's situation.

id=48

Patient: I was given amoxicillin for a chest infection and did not improve after 48 hours, therefore I went back to the GP who then gave me Clarithromycin as it resulted in pneumonia.

Doctor: okay, how are you feeling now?

Patient: I have been off work for 3 weeks now and feel completely washed out and exhausted.

Doctor: Have you done a chest X-ray?

Patient: I had a chest x-ray which was clear, but was given an inhaler temporarily as I was out of breath and wheezy.

Doctor: are there any phlegms left?

Patient: I still have an incredible amount of phlegm which has now changed from brown to sometimes green to clear.

Doctor: Apart from this, do you have anything more to add?

Patient: Unfortunately, for last 3 days, my trachea is extremely bruised to touch and feel as if someone is pressing my windpipe.

Doctor: is your tonsil swollen?

Patient: Although my tonsils aren't swollen, my ear hurts deep inside.

Doctor: Have you taken any medicine for this?

Patient: I have had to start taking paracetamol again this week as I feel weak, wobbly and feel as if I am going backwards again instead of improving.

Doctor: What's your age?

Patient: I am 45 years old.

Doctor: Are you a smoker?

Patient: No,I'm Non-smoker.

Doctor: Any previous medical track ?

Patient: This is the 3rd time I have had pneumonia in 18 years. I am reasonably fit and healthy, and I don't suffer from colds normally, but whenever I come down with something, I seem to suffer with it. How long does it take to get back to normal?

Doctor: I recommend you to do a chest CT to see if the pneumonia has gone completely.

Patient: Are the trachea symptoms part of the initial pneumonia symptoms or would I need to see the GP again. I am feeling extremely fed up and generally feeling unwell. I am taking a tonic (Metatone) and drinking and eating healthily. Basically, is it normal to feel this unwell for so long.

Doctor: Yes, it might be that after the pneumonia the recovery time lasts up to one week

id=49

Patient: I was diagnosed with pneumonia and pleurisy Friday 6/22/18.

Doctor: Okay, What medication you were given?

Patient: Dr gave me Azithromycin and 800mg of ibuprofen . That was 4 days ago. Azithromycin has one pill left, and I no longer take the ibuprofen as not needed.

Doctor: then what medicine are you taking ?

Patient: To date, I take Sudafed PE and Robitussin DM with expectorant & suppressant. Every 4 hours when the meds wear off, my fever returns with body aches, chills, headache, and coughing.

Doctor: Tell us about the effect?

Patient: I continually cough up flem, and when lying down need to clear my throat every 30 seconds. I'm also bloated and get air bubbles under my ribs that are painful.

Doctor: here is my advice.

* As far as my clinical experience is concerned, the intensity of the symptoms are not under control with oral antibiotics.

* In our clinic, I recommend the patient to get hospital admission, start intravenous antibiotics, bronchodilators and other supportive measures to control the same.

id=50

Patient: I have had symptoms of cough, headache, stuffy nose, fatigue, and sore throat for 4 days.

Doctor: These are just typical common cold

Patient: I know these are typical of common cold. However, once before (18 months ago), when I just tried to ride it out, I developed pneumonia and was in hospital for several days. Are there any precautions I can take now to prevent this from getting complicated? Thanks.

Doctor: Yes, you are right. If you don't pay attention in common cold, it can be as complicated as pneumonia. So follow these steps for better symptomatic relief in common cold.

1. Drink plenty of fluids orally and keep yourself hydrated.
2. Do warm water gargles and steam inhalation 4-5 times a day.
3. Avoid cold foods like ice cream, cold drinks etc.

4. Take treatment for common cold regularly.
5. Watch for persistent fever, chest pain, Yellowish green expectoration, breathing difficulty etc. If any of these symptom appears then immediately get done chest x ray.
6. Avoid smoking and alcohol if you have these habits.

id=51

Patient: I am concerned about my sister because she just told me she is extremely tired and has been under a lot of stress due to moving from home of 45+ years, family concerns and loss of a husband 2 years ago.

Doctor: I can understand your concern, don't worry. Tell me about her current situation

Patient: Her age is 72, and living alone drove herself to an emergency room at 4:00 a.m. with a temperature of 101+, chills and a little dizziness. They diagnosed her with pneumonia. She has COPD and uses inhalers and oral meds.

Doctor: Okay, does she have any previous medical record?

Patient: She had hip replacement three months ago.

Doctor: Here is my advice, She is already suffering from COPD (chronic obstructive Pulmonary disease). And pneumonia can be severe in already compromised lungs. So pneumonia in COPD patients should be treated promptly.

Patient: I live an hour and a half away and am wondering if I should drive to her city and check on her. She does have a son and a neighbor friend looking in on her.

Doctor: she needs hospital admission, Intravenous antibiotics, antipyretic, Intravenous fluids and other supportive drugs. So better to admit her and start appropriate treatment.

Patient: Thank you for your time.

Doctor: Hope I have answered your query. Let me know if I can assist you further.

id=52

Patient: What is right central pneumonia? My diagnostic x-ray report states there are hazy densities in the right perihilar and paracardiac areas; trachea is midline; cardiac silhouette is not enlarged; hemidiaphragms, costophrenic, sulci and bony thoracic cage are unremarkable. I don't understand it.

Doctor: Hello, I have reviewed your query and here is my advice. According to the chest X-ray results, this is an infection of the lung tissue. Don't worry. In this case, antibiotics are given.

id=53

Patient: Hi, My uncle has been diagnosed with liver cancer and he is in the last stage.

Doctor: I am sorry to hear about it. Is he going through Chemotherapy?

Patient: Yes. And after the first chemotherapy he has been admitted to hospital due to pneumonia. Is he again diagnosed with lung cancer? And what are the chances of getting a cure? What treatment you would like us to get it done.

Doctor: Though this question requires all reports as scanned copy to be evaluated, with provided data I can suggest that- Any of the treatment would be supportive only for advanced cases of liver cancer, it is not going to be curative.

id=54

Patient: I have been on methadone for approx. 5 years now at a dose of 30mg taken 4 times daily. This has not only stopped any unpleasant withdrawal symptoms but has also offered considerable relief in easing chronic pain from a severe back injury 11 years ago.

Doctor: That's great. Did it have any side effects?

Patient: Yes Doctor. For the first 3 years of taking the medication I found that while it was effective in these areas there was an exceptional side effect in that it absolutely obliterated any interest in sex or even the ability to physically have sex. Also I found that I had next to no energy, making many things I used to enjoy fall by the wayside which in turn led to severe depression.

Doctor: Did you talk about it with your previous doctor?

Patient: Yes and after extensive talks with my Doctor I was sent for blood analysis and it was found that my level of testosterone was so low it barely registered. I was then put on a 3 week cycle of injections of 2mls of Delatestryl and for the past several years I have been the person that I used to be.

Doctor: That's awesome. So what problem do you have?

Patient: I have been given a new Doctor at the clinic I attend and he has informed me that he is only there to prescribe methadone and will not be responsible for any other prescriptions.

Doctor: Do you have any family doctor?

Patient: I do not have a family doctor and our emerg has said that this falls outside their domain. Any suggestions on how to get across to my known methadone Doctor just how much this would severely negatively impact my life?

Doctor: The pneumonia management depends upon the symptoms which are not narrated here precisely. The Methadone is known to cause long term side effects over liver, kidney and other body systems, which should be discussed with the treating physician. Awaiting for the symptomatic details to guide further.

Patient: Okay Doctor. Thanks for your time.

Doctor: Welcome and take care.

id=55

Patient: My daughter is 11 years old and she has pneumonia.

Doctor: When did she get sick?

Patient: She has been sick since January 3rd symptoms keep changing. she is up at night itching all over her upper torso, head, and ears.

Doctor: Does she have any headaches?

Patient: Yes doctor, She has major headache and abdominal pain. She is very upset and crying because this is going way too long and she has seen many doctors with no relief any suggestions.

Doctor: What have you tried to stop headaches and itching?

Patient: We have tried most itching products that could ease the head pain and stomach pain. They are checking her today for appendicitis.

Doctor: According to the history it might be a viral situation or an allergy. Don't worry so much she is under medical control.

Patient: Thanks for your time Doctor.

Doctor: No worries, Take care of your daughter.

id=56

Patient: I was given a steroid shot at 10 am this morning when it was discovered that I have potential pneumonia. I was also prescribed an inhaler and a strong antibiotic, both of which I am now actively taking as directed.

Doctor: Did they give you anything else?

Patient: Yes, The Doctor offered a cough syrup with codeine for assistance with sleeping through the symptoms that have been interfering with my ability to sleep.

Doctor: Are you taking the syrup?

Patient: No, I declined due to being someone who never takes medications at all and fear of having so much in my system at once. The Doctor clarified that Nyquil would be just fine if needed and if I'm more comfortable with it.

Doctor: Are you having any issues with it?

Patient: I'm having some anticipated potential insomnia from the steroid, and some heart palpitations, and I have irregular heart palpitations to begin with.

Doctor: Are you still taking the syrup?

Patient: I feel inclined to take the Nyquil to ensure I get desperately needed sleep, but am concerned with all that is on board, etc.

Doctor: The Nyquil with its components help to relieve congestion, body ache, allergy related uneasiness. It is not a substitute for steroids, but will help definitely in your case for symptoms

control. Wish you fine recovery.

Patient: Thank you for your time doctor.

Doctor: Welcome and take care.

id=57

Patient: My 62 year old sister is currently hospitalized for pneumonia. She got it after a foot surgery related to a fall. She also had Breast Cancer 8 years ago.

Doctor: What is she currently prescribed?

Patient: She is currently taking Tamoxifen.

Doctor: Did any of your family members suffer through the same problem?

Patient: Yes Doctor because of the BRCA II gene. I have 3 sisters, Also with the same gene mutation and have breast cancer.

Doctor: Did any of your siblings die because of it?

Patient: Yes doctor, My youngest sister passed away from recurrence of Breast Cancer. Hospital ruled out a blood clot in the lung.

Doctor: So what problem does she have now?

Patient: I was thinking, Should CT scan be done since she has had a long standing cough and multiple bouts of pneumonia.

Doctor: Yes, she can safely do the chest CT. There is not any contraindication of doing it in pneumonia.

Patient: Thank you for your time Doctor.

Doctor: Welcome and take care.

id=58

Patient: Hello Doctor, I have had a chest infection about once a quarter for the last year and a half .

Doctor: Did you have any preexisting conditions?

Patient: I was diagnosed with asthma not long ago. As well as having developed pneumonia for the first time in the past week. What could be causing such frequent illness?

Doctor: Recurrent chest infections in asthma patients can cause bronchitis. So better to consult a pulmonologist and get a clinical examination of the respiratory system and PFT (Pulmonary Function Test).

Patient: Will PFT be enough?

Doctor: PFT will not only diagnose bronchitis but it will also tell you about the severity of the

disease and treatment is based on severity only.

Patient: Will my condition improve Doctor?

Doctor: You will mostly improve with inhaled bronchodilators (Formoterol or Salmeterol) and inhaled corticosteroid (ICS) (Budesonide or Fluticasone). Don't worry, you will be alright with all these.

Patient: Thanks a lot Doctor.

Doctor: Welcome, Just take care.

id=59

Patient: How many tablets of Levofloxacin would it take for an older person who is told he is just coming down with pneumonia.

Doctor: Levofloxacin is generally advised once a day. It's very effective for pneumonia. How many pills has he taken?

Patient: He already has taken 4 pills & I am to give him another at 4 o'clock, the reason I am asking this question is he had a fall & broke his hip but seems to have confusion.

Doctor: The dose is generally to be taken once a day for at least 10 days. This can be up to 14 days for some patients. So yes give him one tablet daily for 6 more days.this hopefully would be enough for his pneumonia.

Patient: Thank you for your time, Doctor.

Doctor: Hope I have answered your query. Let me know if I can assist you further.

id=60

Patient: My son is 4 years old. At the age of six months he suffered from pneumonia. Since then he had a problem of coughing at the interval of 1 to 2 month.

Doctor: What did your previous Doctor prescribed?

Patient: The doctor provided bactoclav and beta2 cough syrup till he became 2 years old. But there is no improvement so the doctor prescribed budecort 200mcg/dose 2 puff at a time twice a day and also a nasal spray beclomethasone dipropionate bp 50 microgram.

Doctor: Did it improve your son's condition?

Patient: No Doctor, Still the case has not improved. The frequency of coughing starts almost every months. Please suggest me what could I do now?

Doctor: As you explained the history, It might be a gastric reflux present that has caused the pneumonia. You should talk with his previous doctor about this.

Patient: Thanks a lot Doctor.

Doctor: No problem, Take care.

id=61

Patient: Hi good day doc. I had this right paracardiac pneumonia last 27th november 2013. And I have undergone treatment for 2 weeks. Now, i'm not able to come back to the hospital for further check up about my condition.

Doctor: So are you having any problems?

Patient: Yes, Every now and then I'm suffering back pain and chest pain. I also have an asthmatic condition. Can you help me?

Doctor: In my opinion, You should definitely consult a pulmonologist for this pain. You will need a chest X-ray and PFT (Pulmonary Function Test).

Patient: What is a Chest X-ray?

Doctor: A chest X-ray is needed to rule out recurrence of pneumonia because this can also cause similar kinds of pain.

Patient: Okay Doctor, And what is PFT?

Doctor: PFT is needed to know the severity of asthma. You may need inhaled bronchodilators (Formoterol or Salmeterol) and inhaled corticosteroids (ICS) (Budesonide or Fluticasone).

Patient: Okay Doctor.

Doctor: Don't worry, you will be alright with all these.

Patient: Thanks a lot Doc.

Doctor: I will be happy to help you further. Wish you good health.

id=62

Patient: I am recovering from pneumonia. I was thinking that I tore a muscle coughing but now I am beginning to wonder. On the right side of my chest, under my breast it hurts when I cough.

Doctor: Can you explain where exactly it hurts?

Patient: It hurts when I press on it, but when I pinch the muscles with my fingers I have no tenderness. It hurts as I go to touch my toes.

Doctor: Pneumonia can cause pleurisy (inflammation of pleura) and this can cause similar kinds of pain. So in my opinion, you should first get the chest X-ray done.

Patient: Could I be having a problem with an organ under my ribs ? I feel no pain on my left side.

Doctor: If the chest X-ray is worsening, then your pain is due to pneumonia and you will need higher antibiotics. But if the chest X-ray is improving, then possibility of musculoskeletal pain is more likely.

Patient: Can you suggest some Home Remedy?

Doctor: You can apply a warm water pad on the affected areas. Avoid movements causing pain. Avoid sudden jerky movements of the chest. Take simple painkillers and muscle relaxant drugs like Ibuprofen and Thiocolchicoside.

Patient: Thanks for your time Doctor.

Doctor: Don't worry, you will be alright with all these.

id=63

Patient: Dear Sir, good evening, my mother is aged about 58 years and is a patient of acute diabetic since last 30 years, she is now in ventilation due to pneumonia in lungs and spreading of infection septicemia all over the body and she is having becoly too.

Doctor: How many days had it been on ventilation?

Patient: It is almost 14 days on ventilation but there is no progressive result of her ailment.

Doctor: Can you provide more details about her?

Patient: She is surviving on artificial lungs. E.C.G. - SR Respiratory - 28 Oxygen - 84 B. P. - 118/70 Heartbeat - 96 Pulse - 96 Sugar - 130 mg/dl Lungs Pressure - 39 Other organs of the body are working properly and are good in condition till now.

Doctor: So, What advice do you need?

Patient: Like, What should I do? What specific treatment should be given to her?

Doctor: If your mother is on a ventilator due to pneumonia, then 1. ET tube sputum for culture and sensitivity 2. Higher antibiotics 3. Monitoring of BP and O2 would help.

Patient: Thanks for your assistance Doctor.

Doctor: She will improve when the best intensivist will see this case Hope I have answered your query. Let me know if I can assist you.

id=64

Patient: I was given Doxycycline while in the hospital for pneumonia and took it several days when home.

Doctor: Can you explain a bit more?

Patient: So, Since March 3rd I have had loose bowels. I took pepto-bismol for a week and with no help a week ago I started Imodium softgels and only little help.

Doctor: Did you take anything else?

Patient: Yes, I Read about probiotics and started taking Ultimate FLORA probiotic 80 billion live cultures.

Doctor: So, What is your question?

Patient: The question is can I also take Imodium the same day?

Doctor: Imodium is having loperamide. It is not a good drug for diarrhea. So you should not take it. You should definitely take probiotics as they are the first line treatment for diarrhea.

Patient: Can you also suggest some Home Remedy?

Doctor: Along with probiotics, eat more curd and yogurt. Avoid oily and spicy food. Avoid junk food. Drink an oral rehydration solution (ORS) and zinc tablet.

Patient: Thank you for your guidance Doctor.

Doctor: Don't worry, you will be alright with all these. Hope I have answered your query. Let me

know if I can assist you further.

id=65

Patient: My dr. Did a routine CNBC last week. His nurse called and my blood showed signs of anemia.

Doctor: So Sorry to hear that.

Patient: And Today his nurse called and my blood diagnosis showed the disease of chronic pneumonia? I do not have hiv/AIDS.

Doctor: So, What is your question?

Patient: Is Boop genetically transferred?

Doctor: Boop is not genetically transferred. So don't worry.

Patient: This is exactly how my mom's lung diseases started. Is it curable?

Doctor: Though BOOP (Bronchiolitis obliterans organizing pneumonia) is a serious lung inflammatory condition, 65 - 80% of patients do respond well with corticosteroid therapy and cure.

Patient: But is it Fatal for the rest of the patients?

Doctor: Yes, It is the remaining 20% of fatal cases which progress rapidly and have adverse outcomes.

Patient: Thanks for your insight doctor.

Doctor: I do recommend discussing the case and prognosis in detail with his treating physician.

Patient: Okay Doctor, I will do that.

id=66

Patient: My 3 year old son is complaining of stomach pain. He also has fever and 1 week before he was diagnosed with pneumonia.

Doctor: Was he taking any medication?

Patient: He was on amoxicillin.

Doctor: Did he finish his antibiotics?

Patient: Yes, He just finished his antibiotics yesterday and this morning he has fever, Stomach pain and Increased heart rate. Doctor, What is causing it?

Doctor: Maybe pneumonia didn't resolve. You have to change medications.

Patient: So, What medicines should I give to my son, doctor?

Doctor: Add Azithromycin, syrup Ascoril thrice and tablet Pantop D twice. Also take Mucaïne gel twice.

Patient: Thanks a lot Doctor.

Doctor: Hope I have answered your query.

id=67

Patient: I am positive for Alpha 1 but at this point I'm not being treated.

Doctor: It must have caused some problems for you?

Patient: Yes, I developed bilateral pneumonia 4 weeks ago.

Doctor: Are you taking any medications?

Patient: Yes Doctor, I have been on two rounds of Levaquin.

Doctor: Did your fever vanish?

Patient: Yes and other than my fever leaving, which was 102 for three days, I don't feel any better.

Doctor: What more problems are you facing?

Patient: My ribs feel like someone punched me, and whenever I cough, I taste copper which I am assuming is blood. It's probably from how hard I cough.

Doctor: Have you been to any other doctor?

Patient: Yes, I have been to a doc twice.

Doctor: What did he prescribe?

Patient: He added mucinex to the mix to try to loosen things up.

Doctor: Mucinex is a good drug for pneumonia. It actually dilutes the secretions and makes them easy to cough out.

Patient: Why is my Chest Pain so severe, Doctor?

Doctor: Pneumonia causes pleurisy (inflammation of pleura). So chest pain is commonly seen with pneumonia.

Patient: What is your opinion doctor, What should I do?

Doctor: I prescribe Anti-inflammatory painkiller drugs like paracetamol or ibuprofen should be tried.

Patient: Can you suggest a home remedy for chest pain?

Doctor: You can apply a warm water pad on affected areas of the chest. Once your pneumonia is cured, your pain will definitely subside. So continue with Mucinex.

Patient: Thanks for your time Doctor.

Doctor: No worries. Hope you get well soon.

id=68

Patient: My mother was admitted to St. Jude s last Wednesday with pneumonia. She is 82 and also has COPD and Parkinson's.

Doctor: Was she treated with antibiotics?

Patient: Yes, She was treated with antibiotics and released four days later. She is to continue

with antibiotics treatment at her skilled nursing facility for another 7 days.

Doctor: What is your query then?

Patient: So, The day after she returned to her skilled nursing facility, she was given a new roommate who has advanced pneumonia and in critical condition.

Doctor: Does your mother still have pneumonia?

Patient: A few days earlier, the doctor at the hospital said that my mother's pneumonia was negative and she was taken out of isolation.

Doctor: To be honest, there is a chance of cross infection from one person to another.

Patient: So, Is it dangerous for my mother, who seems to be recovering or has recovered from her pneumonia, to be placed in the same room as a patient with advanced pneumonia?

Doctor: This depends on so many factors and most of the infections, especially bacterial pneumonia, do not transmit easily.

Patient: Should my mother maintain a distance from the other patient?

Doctor: If more than one arm distance, the chance is very little and if not too close the chance is further reduced.

Patient: But Is there any chance of cross infection?

Doctor: If two of them are already on antibiotics, as in your case, there is a chance but in the setting what you described, it is extremely unlikely.

Patient: Thanks a lot Doctor.

Doctor: No problem. Hope your mother gets well soon.

id=69

Patient: My daughter has been sick with the flu for over a week and now has Strep throat and pneumonia.

Doctor: Have you consulted any other doctor?

Patient: Yes, She saw her doctor, ran some tests and her white blood cell count keeps dropping.

Doctor: That's worrisome. Is she okay now?

Patient: They just sent her to the ER. What would cause her wbc to drop?

Doctor: Any infection if severe can suppress bone marrow. And this is responsible for low WBC (white blood cells) count.

Patient: But given this recent background of her health, What do you prescribe?

Doctor: So better to start injectable antibiotics for control of infection. She may need leucovorin injection to stimulate bone marrow for producing WBCs.

Patient: Doctor, When will she have normal WBC count?

Doctor: Once her infection is controlled, she will have a normal WBC count.

Patient: Thanks for your time Doctor.

Doctor: No worries. Hope she gets well soon.

id=70

Patient: I have been using a CPAP machine for a year on pressure 6 with a nasal pillow mask. I have never had pneumonia in my life.

Doctor: Can you tell me your age?

Patient: I am 52 years old and just got my first case of pneumonia (discovered by a CAT scan). Could the CPAP machine be responsible for causing my pneumonia.

Doctor: Did they find anything else in the CAT scan?

Patient: Yes Doctor, They also found a small 3mm nodule.

Doctor: In my opinion, CPAP machines if not properly maintained can cause pneumonia.

Patient: What can be infected in my CPAP machine doctor?

Doctor: Actually, there are a lot of things in CPAP machines that can be infected. Things like tubing, mask, and filters etcetera are very prone to infection.

Patient: What should I do doctor?

Doctor: So, proper care should be taken to prevent infections from these parts. Better to ask your CPAP provider to check all these parts and if infected replace them.

Patient: Thanks for your time doctor.

Doctor: No Problem, Hope you get better soon.

id=71

Patient: I am a 76 year old female non smoker and non drinker. I drink 1 cup of decaf a day . In the past year I have had 3 or 4 bouts of pneumonia, one was infiltrated and just got bronchitis.

Doctor: Do you have any preexisting condition?

Patient: I have been treated with Z packs and amoxicillin to take blood thinners due to Atrial Fibrillation. I have a pacemaker.

Doctor: Have you had a pneumonia vaccine?

Patient: Yes Doctor, I had a pneumonia shot in 2011.

Doctor: When did you get pneumonia the first time?

Patient: One month after taking the shot I got pneumonia.

Doctor: Did anyone in your family have the same problem?

Patient: My brother who is 2 years older than me had the very same reaction. Our parents were very heavy smokers. Can this be the cause of all my problems now?

Doctor: Pneumococcal vaccine is protective against 23 types of Streptococcus pneumoniae bacteria.

Patient: Is this bacteria very common?

Doctor: This bacteria is the most common organism (80% cases) for pneumonia. But there are other bacteria which can cause pneumonia.

Patient: So, Is the vaccine not sufficient?

Doctor: In such cases as yours, pneumococcal vaccine is not protective.

Patient: What is the reason for this doctor?

Doctor: So you and your brother might be having some other bacterial pneumonia.

Second-hand smoking is also a contributing factor to your pneumonia.

Patient: Thanks a lot Doctor.

Doctor: No problem. Hope you and your brother get well soon.

id=72

Patient: Doctor, I want to know the cost of this operation?

Doctor: What is the operation?

Patient: My Previous doctors found a serious heart condition after i passed out.

Doctor: What caused you to pass out?

Patient: I have had pneumonia 8 times last year. I think this is the reason.

Doctor: Okay, How much time has it been since then?

Patient: I passed out in December of last year.

Doctor: Can you describe in detail what happened?

Patient: I was filling up with fluid and foamy blood was coming out. The paramedics saved me and took me to another hospital.

Doctor: Did you feel anything in your lungs?

Patient: I fill up to my bronchioles with fluid every few weeks, it bubbles up and I can hear gurgling. I have no lung problems, such as copd, or emphysema.

Doctor: As per your history and description, the possibility of end-stage heart disease leads to heart failure is more likely.

Patient: So, Surgery is necessary?

Doctor: Surgical treatment is best for this. So try to get it done urgently as soon as possible.

Patient: Is there anything else I should do or follow?

Doctor: Diuretics and other cardiac supportive drugs are advisable until surgery. So better to consult the cardiologist and try for early surgery.

Patient: Thanks a lot doctor, I appreciate your time.

Doctor: No worries, Hope you get well soon.

id=73

Patient: I started a cough in 2009 that was diagnosed as severe bronchitis and then a couple years later I had pneumonia twice and now I have got a combination of bronchitis and pneumonia.

Doctor: You must have taken a CT scan, What was the diagnosis?

Patient: I just had a second CT scan. One was August 22nd and the other one was October 23rd.

Doctor: But what was the diagnosis?

Patient: My Diagnosis was Interstitial lung disease. I am going November 27th to discuss this diagnosis.

Doctor: Was there anything else they told you?

Patient: I was told I don't have COPD and then I get this lung disease which I've never heard of.

Doctor: What is your age?

Patient: I'm 63 years old.

Doctor: So, CT scan is diagnostic for interstitial lung disease (ILD). It can develop after the age of 60 years.

Patient: Has it something to do with pneumonia?

Doctor: Yes, especially if the patient is having bronchitis and recurrent pneumonia.

Patient: I have also read somewhere that it doesn't have a good survival rate.

Doctor: Yes, you are right about survival. It is not having a good prognosis.

Patient: Are there any treatments for this?

Doctor: Yes, nowadays newer treatments like Pirfenidone and N acetylcysteine (NAC) drugs are available. So consult a pulmonologist and discuss these newer treatments.

Patient: Thanks for your time Doctor.

Doctor: No worries. Hope you get well soon.

id=74

Patient: Hi, my name is Becky and I exasperated back in September with heavy pneumonia in my right lung.

Doctor: Okay, Can you describe a bit more about what you have experienced in the past few months?

Patient: The last few months I have experienced tremendous hair loss and breakage. My hairs are so thin that I only have about 1/3th of my hair left but no bald spots.

Doctor: Has your body faced any more drastic changes?

Patient: Yes, I also have a big lump about 1 inch above the base of my hairline on the back of my head. It goes all across the back of my skull.

Doctor: So, After a long chronic disease there is hair fall present, it is normal but you also have a lump and it is at the back of your skull, maybe it is a lipoma or subcutaneous abscess.

Patient: What should i do then doctor?

Doctor: You have to investigate all these things like serum biotin level, zinc level, FNAC of that lump after USG.

Patient: Is there anything else I should do till then?

Doctor: Till then take this tablet Astymin M forte for three months at least and biotin-rich foods.

Patient: Thanks for your time doctor.

Doctor: No Problem, Hope you get better soon.

id=75

Patient: Hi Doctor, I got pneumonia one month ago. I had hemoptysis, a positive blood culture.

Doctor: Have you been treated with any medications?

Patient: Yes, I have been treated with erythromycin, clindamycin, then levaquin, and prednisone.

Doctor: Did you complete your doses?

Patient: I have been through with medications for 5 days, but have had low grade temperature a couple of evenings since.

Doctor: Did you contact your previous doctor?

Patient: I did contact my Pulmanologist today, And i am waiting for a response. Is there anything else I can do?

Doctor: Go for this vaccination. For the flu take a staphylococcal vaccine. It will improve your immunity.

Patient: Is there anything I can do in my home?

Doctor: Exercise daily and take citrus food. Also Rule out diabetes.

Patient: Thank you for your guidance Doctor.

Doctor: Don't worry, you will be alright with all these. Hope I have answered your query. Let me know if I can assist you further.

id=76

Patient: My son is 3 yrs old, He is allergic to dust and weather conditions.

Doctor: Has he faced any major complications?

Patient: In the recent X Ray report it has been detected that he is having a little congestion in his heart which is a symptom of pneumonia and his WBC count is 39000.

Doctor: What did the doctor suggest?

Patient: Doctors have suggested giving ibugesic paracetamol 7.5 ml in case he gets fever, frisium for 3 days, s-mucolite 5 ml, Duolin nebuliser and refzil 5ml for infection.

Doctor: What did you want to know?

Patient: Are all these medicines safe?

Doctor: These are the best management framework for your son, which includes antibiotic, decongestant, antipyretic, bronchodilator medications needed to cure the issue.

Patient: Is there anything else I should do?

Doctor: Be in regular follow up with your doctor, he will be recovered within some time.

Patient: Thanks a lot Doctor.

Doctor: Hope I have answered your query.

id=77

Patient: My sister works in a dialysis center and has had pneumonia twice in the last couple of months.

Doctor: Was she treated with antibiotics?

Patient: Yes, She was treated with antibiotics.

Doctor: Did she have any body changes?

Patient: Yes, She developed swelling in her legs as well as a rapid heartbeat.

Doctor: Can you tell me more about her health?

Patient: Her bp is normal. Her pcp is sending her for a couple of tests, a lexi and I can't remember the other. Any thoughts.

Doctor: So, The most possible issue here is systemic manifestation of underlying infection in the form of sepsis, side effects of medicines currently used or others.

Patient: What did you recommend Doctor?

Doctor: In our clinic, we recommend thorough work up with lab tests and guidance to manage in accordance.

Patient: Thanks a lot doctor, I appreciate your time.

Doctor: No worries, Hope you get well soon.

id=78

Patient: Hi, I got diagnosed with Pneumonia yesterday and have been sent home with antibiotics. I was just wondering what the risk factors would be if I were to have at least one cigarette?

Doctor: The tobacco with or without seeds will contribute to bronchi spasm effects and hamper the pneumonia condition to a great extent.

Patient: So, Should i quit smoking?

Doctor: In our clinic, we strongly recommend quitting all tobacco items till complete recovery.

Patient: Thanks a lot doctor, I appreciate your time.

Doctor: No worries, Hope you get well soon.

id=79

Patient: I had pneumonia back in november 2013 and there's a concern i have now i took antibiotics and got better but i'm simply not all there in the breathing department.

Doctor: What type of breathing problems are you facing?

Patient: Lately I've been waking up with a raspy chest but as the day progresses. I also feel as though I had dust in my throat when I manage to get the phlegm out.

Doctor: Any problems in the chest?

Patient: Yes, I get tight chest feelings. Sometimes albuterol helps before exercising.

Doctor: Since you are feeling better after albuterol, the possibility of bronchitis is more likely for your symptoms.

Patient: Is it common?

Doctor: Bronchitis is common after lung infection. So, it is better to consult a pulmonologist and get a clinical examination of the respiratory system and PFT (Pulmonary Function Test).

Patient: Will it diagnose how severe my problem is?

Doctor: PFT will not only diagnose bronchitis but it will also tell you about the severity of the disease.

Patient: Will I improve after treatment?

Doctor: You will mostly improve with inhaled bronchodilators (formoterol or salmeterol) and inhaled corticosteroid (budesonide or fluticasone).

Patient: Thank you for your guidance Doctor.

Doctor: Don't worry, you will be alright with all these. Hope I have answered your query. Let me know if I can assist you further.

id=80

Patient: Hi Doctor, I had a colonoscopy last Wednesday and aspirated. I Ended up in the emergency department and was diagnosed with aspiration pneumonia.

Doctor: Did they give you Antibiotics?

Patient: Yes, I am on antibiotics now. I am able to breathe better than yesterday but I am still coughing a lot, at times producing dark phlegm.

Doctor: Do you feel tired?

Patient: Yes, I am very tired. How long should I expect this to last?

Doctor: For your pneumonia, complete the course of antibiotics. Sputum culture and examination done if needed to do further work up.

Patient: And if still my cough does not go then what to do?

Doctor: If your cough is not expelled properly, then cough expectorant syrup containing Ambroxol plus Terbutaline drug can be prescribed.

Patient: Thanks a lot Doctor.

Doctor: No problem. Hope you get well soon.

id=81

Patient: Hello Doctor, I have been sick for a week with what I thought was a head cold. My temperature keeps going up and I'm having trouble breathing.

Doctor: Are you having any other problems?

Patient: My Sinuses are clear, ears are ringing but semi clear. But it hurts when swallowing along with a sore throat. Could this be pneumonia?

Doctor: Do you have any preexisting condition?

Patient: I must tell you that I do have asthma.

Doctor: In my opinion, you should definitely consult a pulmonologist.

Patient: So, According to you what might be the problem?

Doctor: There are two main possibilities for your symptoms. Lung infection (pneumonia) and Worsening of asthma.

Patient: What should i do Doctor?

Doctor: So you will need a chest x-ray and PFT (Pulmonary Function Test). A chest x-ray is needed to rule out lung infection.

Patient: And What is PFT for?

Doctor: PFT is needed to know the severity of asthma.

Patient: Is there anything else I must do or need?

Doctor: You may need antibiotics, longer acting inhaled bronchodilators (formoterol or salmeterol) and inhaled corticosteroid (ICS) (budesonide or fluticasone).

Patient: Thanks a lot for your time Doctor.

Doctor: Don't worry you will be alright with all these.

id=82

Patient: Hello, I'm a female of 26, heavy smoker with last breath reading of 33 and drink daily.

Doctor: This is really Bad for your health. You should try to drink less.

Patient: I will try to do that doctor.

Doctor: So, What do you want to ask?

Patient: On Thursday I suffered from a severe headache which stayed until Friday evening, as the headache subsided I had a tingling and pressure sensation over my head which was also over my nose.

Doctor: Did you have fever or cold?

Patient: I have had no fever, cold etc. But, Yesterday I felt very lightheaded and also after an episode of diarrhea this morning I am lightheaded again.

Doctor: Do you have trouble breathing?

Patient: I have no trouble breathing as such but I suffer from anxiety which I think has been happening a lot today.

Doctor: Did you have any pain in the chest area?

Patient: I have had some twinge type pains in my lower chest for a few days but not necessarily when I breath in and out and when I do cough I have had mucus Come up.

Doctor: According to your history, it might be pneumonia, but you should do a chest x-ray.

Patient: Thanks a lot Doctor.

Doctor: No worries, Get well soon.

id=83

Patient: My mother was diagnosed with multiple myeloma after a hip fracture surgery 5 years ago by Dr Mathews at St. Stephens. She was treated for cancer at AIIMS.

Doctor: Has the disease advanced?

Patient: Yes, The disease has advanced now and as a result she developed aspiration pneumonia .

Doctor: Did she have an incident?

Patient: Due to a knock down incident we rushed her to hospital on 19th jan and ever since she is on the ventilator.

Doctor: What did the doctor diagnose?

Patient: Although some antibiotic is being administered there is talk of trichotomy for her.

Doctor: Did the doctor there allow you to take her home?

Patient: No, And Since it's not possible to take her home and in her stage more than anything palliative care is required.

Doctor: okay, So She requires ICU care as per the symptomatic details. You will get a pulmonologist there to take care of the issue.

Patient: What would be the approximate cost of all these?

Doctor: She has to be shifted with ICU on wheels along with ventilator support. Cost there has to be inquired.

Patient: Thanks a lot Doctor. I appreciate your time.

Doctor: Hope she gets better soon. Take care.

id=84

Patient: Hello Doctor, I've been recently having more nose bleeds lately. 4-5 times per day to be exact. And I have the worst cough ever that comes with it.

Doctor: I Feel bad for you.

Patient: Even when I am asleep my nose starts to bleed and I wake up due to the blood running down my mouth. Is this pneumonia?

Doctor: I can understand your concern. Pneumonia is less likely to cause nose bleeding.

Patient: Then what might be the problem doctor?

Doctor: Recurrent nose bleeding and coughing are commonly seen with sinusitis.

Patient: What should i do Doctor?

Doctor: In my opinion it is better to consult an ENT doctor and get a clinical examination and CT scan of paranasal sinuses (PNS). Also get done chest x ray for pneumonia.

Patient: Will this diagnose my problem?

Doctor: Yes, If chest X Ray is normal then no need to worry for pneumonia.

Patient: Is there anything else I should worry about?

Doctor: You may also need endoscopic evaluation of sinuses if CT PNS is suggestive of infection or erosion.

Patient: Really thanks a lot for your time Doctor.

Doctor: Don't worry, you will be alright with all these. I will be happy to help you further. Wish you good health. Thanks.

id=85

Patient: About 6 weeks ago I was diagnosed with PE in the right lung and pneumonia in the left lung.

Doctor: I am sorry to hear about that.

Patient: I was in the hospital for 9 days. I am on 20 mg of Warfarin per day. My blood levels are holding steady at 2.67.

Doctor: Are you feeling any pain in your Body?

Patient: Yesterday I had a bit of lower back pain and today it is between my shoulder blades, mostly on my right side. It hurts my back to breathe, swallow, and move.

Doctor: Since you are taking warfarin (blood thinner), the possibility of pulmonary embolism (PE) related pain is less likely. Possibility of musculoskeletal pain is more likely.

Patient: What should i do then Doctor?

Doctor: So avoid heavyweight lifting and strenuous exercise. Avoid movements causing pain.

Patient: Are there any Home Remedy?

Doctor: You can Apply warm water pad on affected areas of chest and back.

Patient: What more things should i follow?

Doctor: Take painkiller and muscle relaxant drugs like ibuprofen and thiocolchicoside.

Patient: Will this completely solve my pain?

Doctor: You will mostly improve with all these in 2-3 days. If not improving, then consult a doctor.

Patient: Thanks a lot Doctor.

Doctor: No problem. Hope you get well soon.

id=86

Patient: Hello sir. My mom is suffering from pneumonia. She was hospitalized for 15 days in hospital.

Doctor: I am sorry to hear about that. Can you tell me about the tests done in Hospital?

Patient: Yes. During CT Scan of thorax, A mass of cell was seen in right lung but during test with FNAC through USG and CT guided there was no malignant cell. What should i do, Doctor?

Doctor: In my opinion, you should consult a pulmonologist. She needs bronchoscopy, BAL (bronchoalveolar lavage) analysis and TBLB (Trans bronchial lung biopsy).

Patient: What are these tests for Doctor?

Doctor: So, BAL analysis will identify the causative organism for pneumonia. And TBLB is needed to rule out lung cancer.

Patient: Thanks for your time Doctor. I appreciate it a lot.

Doctor: Don't worry, she will be alright. First diagnose her and then start appropriate treatment.

Patient: Okay doctor.

id=87

Patient: Hello Doctor, My mother is an asthamatic and diabetic and has been suffering from pneumonia. She has been admitted to a Hospital?

Doctor: What did the Doctors there prescribed?

Patient: The doctors there have recommended for a HRCT test done for her chest. Could you recommend the hospital where we should go for this test?

Doctor: I can understand your concern. HRCT thorax is done at the radiology center. So ask your previous doctor about nearby CT scan centers.

Patient: Why is the CT scan needed Doctor?

Doctor: Usually CT scan is not required for diagnosis of pneumonia. But in some cases if diagnosis is not confirmed or the patient is not improving or we suspect TB or ILD (interstitial lung disease) then HRCT thorax is advised.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Hope your mother gets well soon.

id=88

Patient: Hi Doctor, I am a 63 years old female. A year ago I had bacterial pneumonia and since then I am not feeling normal.

Doctor: Have you consulted any other doctor before?

Patient: I consulted a pulmonologist. He told me I have COPD. Also, I am not smoking since I had pneumonia.

Doctor: Are you taking any medications?

Patient: Yes, I am taking SPIRIVA once a day and ADVAIR 500 twice per day.

Doctor: Have these medications helped?

Patient: I don't feel that they are doing any good anymore. Is there any other medicine that may help me to function more normal?

Doctor: Usually in such conditions we recommend Clarithromycin twice orally for some days.

Patient: Thanks a lot Doctor.

Doctor: Hope you get well soon.

id=89

Patient: Hello, I am a student and dealing with a microbiology assignment. I am given a patient sample. My patient is 4 years old with Pneumonia.

Doctor: Can you describe a bit more?

Patient: She is suffering from Recurrent colds, ear infections, and bronchitis. She has been sick for the past 3 weeks.

Doctor: Has she developed fever?

Patient: Yes, She Developed a fever yesterday. She is also feeling nausea, vomiting and muscle aches.

Doctor: Can you give her past medical history?

Patient: Yes, She was diagnosed with Cystic Fibrosis at age 3.

Doctor: Did you find the bacteria?

Patient: Yes, I did all the lab work and found out that the bacteria causing the disease is Pseudomonas aeruginosa. What is the appropriate treatment?

Doctor: With your explanation, cefuroxime or the group of quinolones are the right choice of treatment.

Patient: Really appreciate your help Doctor, Thanks a lot.

Doctor: No worries, Hope everything goes well.

id=90

Patient: Hi Doctor. My Previous doctor told me after taking an X-Ray that I have pneumonia on my left side.

Doctor: What are the symptoms?

Patient: I am coughing and running fever of 100 to 102 and jumping.

Doctor: Are you taking any Antibiotics?

Patient: I am taking amoxicillin-clav 875 125 mg twice a day and azithromycin 250 mg once per day.

Doctor: Are you taking any other medications?

Patient: I am also taking one Tylenol extra strength to bring fever down unfortunately fever just won't go down. It just fluctuates, am I doing the right treatment?

Doctor: Yes I agree with the treatment. it's ok to continue it as the doctor has prescribed it for you.

Patient: Thanks a lot Doctor.

Doctor: No problem, Hope you feel good soon.

id=91

Patient: My 80 year old wife is home recovering from pneumonia twice in August. Her blood pressure has dropped to 82/44.

Doctor: Did you take her to Hospital?

Patient: Yes, Hospital sent her home with oral antibiotics the first time, no antibiotics the second time. She has been treated for this disease 4 times in the past 12 months.

Doctor: I am sorry to hear about this?

Patient: How dangerous is it and how can I increase her blood pressure level?

Doctor: Low blood pressure can be a serious and life-threatening problem. Is her blood pressure normally a lot higher than this?

Patient: I don't know about it, doctor.

Doctor: If so, then I would suggest urgent evaluation by a physician. Infections can lead to a response called sepsis, and part of this may include a drop in blood pressure, which can be dangerous to her organs.

Patient: What should i do Doctor?

Doctor: Ensuring adequate hydration is important, as dehydration can cause low blood pressure as well.

Patient: Is there anything else I should be concerned about?

Doctor: If she is acting confused, fatigued or more tired than usual then I would suggest urgent medical evaluation.

Patient: Thanks a lot for your time Doctor.

Doctor: You're welcome. I hope she feels better.

id=92

Patient: Hello Doctor, My daughter is 3 and a half and has had pneumonia twice.

Doctor: Is she currently being treated?

Patient: Yes, She is currently being treated with seretide inhaler, ventolin evohaler, bro zedex and ebastel.

Doctor: Is she facing any other problems?

Patient: Her chest infection isn't clearing and her appetite is low. She complains of chest pains. What is the best way to get her treated and cured?

Doctor: How much time has it been since starting Antibiotics?

Patient: She has used seretide for over 4 months now and it may have side effects, but the doctor says she must have it to stop the infection, but that isn't working either.

Doctor: In my opinion, you should consult a pediatric pulmonologist and get a bronchoscopy and BAL (bronchoalveolar lavage) analysis.

Patient: What does this analysis tell us?

Doctor: BAL culture and sensitivity report will isolate the causative organism and guide about effective antibiotic treatment. So we can achieve faster recovery from this.

Patient: Thanks for your precious time Doctor.

Doctor: Don't worry, with effective antibiotic treatment, she will be alright with 2 - 3 weeks treatment. Wishing good health to your daughter.

id=93

Patient: Hi Doctor, I have an Aunt that is in the hospital. She may or may not have pneumonia.

Doctor: What makes you think she has it?

Patient: She never eats right. All she lives on is coffee, junk food and toaster strudel, What causes pneumonia, Doctor?

Doctor: Your concern is regarding pneumonia. In pneumonia, cough, dyspnea, fever like presentations are seen.

Patient: What should i do then Doctor?

Doctor: For its diagnosis chest X Ray and sputum examination should be done.

Patient: Thanks a lot Doctor.

Doctor: Hope your concern is solved. Take care.

id=94

Patient: Hi Doctor, My mom has inclusion body myositis and is 81 years old.

Doctor: For how long has she had this?

Patient: She has had the disease for approximately 20+ years.

Doctor: What is she experiencing?

Patient: She has been experiencing bouts of pneumonia and congestive heart failure.

Doctor: So, What is it you want to know?

Patient: I am wondering if she will deal with this to the end and if you can tell me what the end will look like?

Doctor: It is hard to predict her clinical picture. Usually it depends on her heart situation and her treating doctor knows better.

Patient: Thanks a lot for your time Doctor.

Doctor: You're welcome. I hope she feels better.

id=95

Patient: Hi Doctor, I have had constant chest pain and was hospitalised for 4 days. They threw pneumonia out.

Doctor: Are you feeling any pain in your body?

Patient: Yes, I have right lower back pain and still really coughing and short of breath.

Doctor: Are you taking any medication?

Patient: Yes, I am still on lots of antibiotics and steroids, however I'm still sweating.

Doctor: Is there anything else you want to tell?

Patient: I have an MBL and alpha-1 deficiency. What do i have, Doctor?

Doctor: According to the history it might be pneumonia. Continue the current treatment.

Patient: Thanks a lot for your time.

Doctor: No problem, Get well soon.

id=96

Patient: Hello Doctor, I have been sick for four weeks now.

Doctor: Can you tell me more about your symptoms?

Patient: It keeps changing each week from a stuffy nose, where I can't breathe at all to my throat hurting to my chest hurting when I breathe or talk.

Doctor: Do you have fever?

Patient: I keep having a fever on and off all the time.

Doctor: Have you gone to the Hospital?

Patient: I went to the urgent care a week ago and they said I had the beginning of pneumonia.

Doctor: What did they prescribe?

Patient: He only gave me a zpack and some cough medicine. The thing is I feel worse not better at all. What should i do?

Doctor: So, First do a chest X Ray and some blood tests such as hemogram CRP ESR then it would be the proper treatment.

Patient: Really appreciate your help Doctor.

Doctor: No worries, Take care.

id=97

Patient: Hi, I am a family doctor in an outpatient family medicine setting, and the question was raised regarding treatment for community acquired pneumonia.

Doctor: What was the question?

Patient: So, If recurrence of infection occurs, after treatment with z pack within 90 days how should the patient be treated? Would it be safe to treat again with levaquin as an outpatient?

Doctor: It depends on the age, commodities, immunity status and the cause why the pneumonia is coming back again.

Patient: Thanks for your insight.

Doctor: No problem, Glad to be of any help.

id=98

Patient: Hello Doctor, My husband (age 63 and in great health) was diagnosed with strep pneumonia and spent 3 days in the hospital.

Doctor: What did they prescribe?

Patient: He was released with antibiotic Levaquin, after 5 days I had to bring him back to the ER because he spiked a fever of 101.

Doctor: What did they discover?

Patient: They discovered that the original pneumonia of the right upper lung was almost gone but it had spread to the lower lobe.

Doctor: This time what medications did they give?

Patient: They discharged him with prescriptions for Azithromycin 500 mg once a day for 7 days and Amox TR-K CLV 875-125 twice a day for 10 days.

Doctor: So, What problem is he facing?

Patient: The Amox is making him very nauseated and he gets headaches from it. Can he stop taking it after 7 days instead of 10?

Doctor: Are the medications working, Has his health improved?

Patient: Generally he is feeling better, no fever since beginning the two antibiotic combination?

Doctor: In my opinion It will be better if he takes it for 10 days.

Patient: Also what can i do to prevent nausea and headache?

Doctor: In order to prevent nausea and headache you can give him a combination of antacid

with antiemetic i.e drugs like PANTOP D OR NUPENTA DSR OR GEMPRAZ DSR once a day for the rest of the treatment period.

Patient: Thanks a lot for your time Doctor.

Doctor: You're welcome. I hope he feels better.

id=99

Patient: Hi Doctor, I was swimming in a pool on 2/15 and I slipped and went under the water unexpectedly and I wound up choking quite badly on some water.

Doctor: Can you describe a bit more?

Patient: So, I couldn't catch my breath and I felt like I had water in my lungs that I couldn't expel with coughing.

Doctor: How do you feel now?

Patient: Yesterday I began having a cough and a sore throat. Today I feel even worse, my cough is worse and my throat still hurts, my head is pounding and my body is starting to ache.

Doctor: What do you want to know?

Patient: Could I be developing aspiration pneumonia?

Doctor: If the situation has been very short under the water I do not think it might be aspiration pneumonia.

Patient: Thanks a lot Doctor.

Doctor: Hope your concern is solved. Take care.

id=100

Patient: Hi Doctor, I have pneumonia and I am on Levaquin with one day left on my cycle but i feel really crappy?

Doctor: Can you explain a bit more?

Patient: I feel very tired, short tempered, I have a headache, and my temperature is 97. Do I have anything to worry about?

Doctor: You feel really crappy, tired, short tempered and have a headache because of low grade fever and also pneumonia.

Patient: So What should I do , Doctor?

Doctor: In my opinion evaluate yourself by CURB 65 score and pneumonia severity index and get your answer.

Patient: Really appreciate your help Doctor, Thanks a lot.

Doctor: No worries, Hope everything goes well.

id=101

Patient: My husband has advanced M.S. After battling a cough for a month, he had a chest X Ray and we were told he had pneumonia.

Doctor: Has he taken any antibiotic?

Patient: He was on an antibiotic for 10 days which ended 1 week ago today. His nurse was here halfway through the dose and said his lungs sounded clear.

Doctor: Any cough or rise in temperature?

Patient: He has not been coughing or a temperature in over a week.

Doctor: This is a good sign of recovery, what your concern?

Patient: This evening he started coughing, phlegm is not discolored but when he coughs there is a strange odor that I can not describe. I have never smelled an odor like this

Doctor: This odor is in relation with underlying pneumonia causing pathogens, Must seek doctor's opinion immediately , this is not normal .Wishing him fine recovery .

Patient: Thank you doctor, we will see doctor Immediately

Doctor: Keep me posted

id=102

Patient: I have been ill for 6 weeks and my GP suspected pneumonia and I was put on antibiotics. The third one has almost cleared the infection.

Doctor:: Have you done X-ray?

Patient: I had an X-ray and it apparently showed nothing at all,

Doctor: What makes you think of pneumonia?

Patient: all my symptoms were in line with pneumonia and my GP had definitely heard a lot of crackles in the left lung.

Doctor: Cough, congestion, crackles on auscultation are also seen with bronchitis. And bronchitis shows normal chest x ray too.

Patient: Okay doc, Is it possible that I had pneumonia if the X-ray was clear?

Doctor: For diagnosis of pneumonia, chest x-ray need to have infiltration. With a normal chest x-ray, pneumonia is not possible. So it is quite possible that you improve within antibiotics because antibiotics also work in bronchitis. So I don't think you are having pneumonia because your chest x ray is normal.

Patient: Thanks alot doc.

Doctor: I will be happy to help you further. Wish you good health. Thanks.

id=103

Patient: I am a 14 year old female that was recently diagnosed with a slight bit of pneumonia,
Doctor: Have you taken antibiotics for pneumonia?
Patient: I took the antibiotics that I was supposed to take: once a day for 6 days, I completed it.
Doctor: That good, what's your concerned about
Patient: I want to know if I'm now cured, it's been a week or two since I finished the tablet treatment, How can I tell that I'm cured?
Doctor: If you are not having fever, cough or chest pain after completing antibiotics, you are probably cured from pneumonia.
Patient: Okay
Doctor: Have you got a chest X-ray done?
Patient: No, is it necessary to get
Doctor: You should also get a chest x-ray. If recent chest x ray is showing normal results or resolving infiltration then you are cured from pneumonia.
Patient: Thank you doctor, I will do it ASAP
Doctor: I will be happy to help you further. Wish you good health. Thanks.

id=104

Patient: My friend had pneumonia a few weeks ago. I'm concern about her health
Doctor: Can you tell us which antibiotic they have given to her?
Patient: She was given cipro and flagyl antibiotics. She had to return to the hospital two more times because of spiking temperatures.
Doctor: Have they tested fluid from her lungs?
Patient: Fluid was tested from her lungs and came back negative. Could she possibly have contracted mrsa?
Doctor: Repeated spiking temperatures (fever) in pneumonia patients is suggestive of nonresolving pneumonia. So better to consult a pulmonologist and get a sputum culture and sensitivity report.
Patient: Why culture report?
Doctor: Culture report will isolate the causative organism (if it is MRSA or other bacteria)
Patient: Okay, and how will the sensitivity report will help?
Doctor: sensitivity report will guide about effective antibiotic treatment.He may need higher antibiotics on the basis of sensitivity report. By this, we can achieve speedy recovery.
Patient: Oh I got it, Thank a lot doctor
Doctor: Wishing good health to your friend. Thanks.

id=105

Patient: I am 33 years old, I was diagnosed with pneumonia almost a month ago after a short period of low grade fever and dry cough.

Doctor: what about your treatment?

Patient: Even after treatment with 4 courses of antibiotics dry cough has not resolved.

Doctor: Tell us are you feeling anything else ?

Patient: I am having pain on the right lower side of the rib which is constant and experiencing back pain and pains all over my back and chest in a nonspecific pattern.

Doctor: There is a possibility of post infectious bronchitis is more likely. Bronchitis (inflammation of airways) is common after pneumonia. And persistent dry cough and chest pain are mostly due to bronchitis.

Patient: I think it's not good for me?

Doctor: Before I say anything I want to see your Chest CT report

Patient: A chest CT was performed and found subsegmental consolidatory changes in the anterior and lateral basal segments of right lower lobe with bronchial wall thickening, minimal ground glass opacification in the adjacent posterior and medial basal segments, few small mediastinal and axillary lymph nodes, plus few lymph nodes seen in the paratracheal region, few of them showing dense calcification.

Doctor: Describe your lab report to us

Patient: My last lab report from december 23rd is as follows TOTAL
COUNT-7200/cumm Neutrophils-70%, Lymphocytes-28%, Eosinophils-2% ESR-28 mm/hr. Still I am having fatigue, dry cough and pains. What can it be?

Doctor: Its better to consult a pulmonologist and get a clinical examination of the respiratory system and PFT (Pulmonary Function Test).

Patient: Why PFT doc ?

Doctor: PFT will not only diagnose bronchitis but it will also tell you about the severity of the disease and treatment is based on severity only. You will mostly improve with inhaled bronchodilators (formoterol or salmeterol) and inhaled corticosteroid (ICS) (budesonide or fluticasone).

Patient: I'm getting worried ?

Doctor: Don't worry, you will be alright with all these. I will be happy to help you further. Wish you good health. Thanks.

id=106

Patient: I have had pneumonia numerous times, always in my left lung. The last time was a year ago, it never went away.

Doctor: Have you consulted any doctor before?

Patient: My pulmonary explained that the disease is between all the scar tissue. I also have Crohn's Disease and am treated with remicade.

Doctor: What's your Chest scan show?

Patient: After several C-Scans which showed a mass and biopsies and cultures which came back negative, I had the left lung completely removed last month and was diagnosed with pulmonary eosinophilia. Does this sound correct?

Doctor: According to the narration it was seemingly the correct decision of surgery on part of the surgeon as well as patient, because the medicines were not going to cure it at all.

id=107

Patient: I had a fever from Friday to yesterday (Sunday), along with a cough.

Doctor: Have you checked your temperature level?

Patient: The temperature is now gone, but my cough is still here.

Doctor: Any other symptoms do you have ?

Patient: I have been clearing my throat for a couple of weeks, but the coughing part started I believe on Saturday. Today, the cough is breaking, and other than the cough I feel 100% fine. Do I have pneumonia?

Doctor: I can understand your concern. Possibility of pneumonia is very less because you are not having chest pain, mucus expectoration and your fever is also gone.

Patient: Can you give some advice?

Doctor: So drink plenty of fluids orally and keep yourself hydrated. Avoid oily and spicy food. Avoid junk food. Avoid hard to chew food.

Patient: Any medicine ?

Doctor: Take levocetirizine and paracetamol combination twice daily. Do warm water gargles and steam inhalation 4-5 times a day.

Patient: Hoping this will end up in good

Doctor: Don't worry, you will be alright with all these. I will be happy to help you further. Wish you good health. Thanks.

id=108

Patient: I was diagnosed with double pneumonia 1 week ago having had the symptoms for a week.

Doctor: Hello, Is there any medication you were taking:

Patient: I have been on heavy penicillin and am left with weakness and a bad cough.

Doctor: It seems to be normal, what is making you worry

Patient: My query is that my urine is reddish brown, looks like some blood could be there. Is this part of pneumonia?

Doctor: Tell us your age and weight ?

Patient: aged 72 and normally healthy except for overweight.

Doctor: The urine color is in relation with the side effect of penicillin, not a part of pneumonia, Has to be addressed immediately to your treating doctor for this issue.

id=109

Patient: I have a cough that seems to be recursive. It occurs usually at night time, or if I gave a very intense sneeze or laugh.

Doctor: Can you tell us whether it is a dry or wet cough?

Patient: When this cough occurs, it is very dry, so it would sound like a yelping dog.

Doctor: any other experience beside cough?

Patient: besides cough, I do experience a recursive runny nose, sometimes coupled with watery red eyes and itchy throat.

Doctor: can you describe your running nose ?

Patient: The runny nose discharge is transparent, almost like saliva or tears. Ironically, after a while, these symptoms would disappear, and when they do disappear, I feel completely normal.

Doctor: The dry cough basically has a few causes....First is Post nasal drip, second Gastroesophageal reflux 'heartburn', third Cough variant asthma, forth Heart failure and finally Interstitial lung disease. Have you consulted anyone ?

Patient: I have already consulted a doctor and was diagnosed with allergic rhinitis.

Doctor: What the doctor has advised you?

Patient: She advised me to take antihistamines, either zyrtec or iterax, whichever do i prefer. Unfortunately, it works often but not at all times.

Doctor: from how many days you were having these symptoms?

Patient: Recursive cough has been going on since April of this year. As for the runny nose, since november of last year

Doctor: do you have any allergies ?

Patient: ALLERGIES: not that i know of.

Doctor: any past medical record?

Patient: When I was five years old, I remember being diagnosed with Primary Complex, but was able to be treated before it went into something else.

Doctor: what about family?

Patient: TB runs in the family, as my uncle had it before, and so as my mom (although the doctor said it was already a scar).

Doctor: do you smoke or any stress in your life?

Patient: As for me, 2009 was a stressful year. There were months, when my hours of daily sleep was only around 3 to four hours due to school work. Also, for a period of time I was involved in smoking, although it has been a month since I stopped.

Doctor: Okay I got all the information, now tell me what you are concerned about?

Patient: Doctor, I would just like to know what are the chances of me acquiring respiratory illness like pneumonia or tuberculosis, or development of asthma?

Doctor: Based on the information if you don't have a heartburn or reflux of food or sour brash into your mouth, you are having a cough variant asthma, make sure you do not have difficulty breathing. There is something called cardiac asthma, but it's not much of a likelihood given your young age.

Patient: Okay, what if I get to consult a doctor personally with my parents, will the doctor be able to detect my past smoking habit, based on the procedures he will do, or with tests that he will recommend like x-ray?

Doctor: Are you hesitating about going to a medical clinic with parents?

Patient: The truth is, I am hesitant to go to a medical clinic, because my parents have to accompany me, and I am afraid that the doctor might make "bisto" towards my parents, as they don't know that I do smoke.

Doctor: I advise you that you give up on smoking as it causes a multitude of problems and may well be related to the cough you've been having now called as 'smokers cough'.It's time that you

stop smoking, avoid animal danders, mites, pollens and any thing that would exacerbate the illness, make sure you don't have a heart burn, and if still the cough persists , meet a pulmonologist and get a Pulmonary function test with methacholine challenge

Patient: thank you doctor and good day.

Doctor: welcome

id=110

Patient: my boyfriend was put in the hospital for strep pneumonia 5 days ago yesterday

Doctor: What he's chest X-ray say about?

Patient: they done another x ray and said that his pneumonia was getting worse and had spread to his left lung and was also in his right real bad they also done a culture on the stuff that he's been coughing up out of his lungs

Doctor: Okay, Is there anything your doctor told?

Patient: today they told us he has staph in his lungs how dangerous is this and what should be done

Doctor: What is the culture report suggestive?? Staphylococcus aureus pneumonia takes more time to come under control, usually community acquired Staphylococcus infection may present with methicillin resistance(MRSA)

Patient: What your advice for treatment

Doctor: for this patient cases need to be treated with vancomycin, and linezolid. Some patients also developed vancomycin resistant staph aureus (VRSA) infection, this infection very problematic to control.

Patient: Is there any drug available to control VRSA?

Doctor: very few drugs like Quinupristin-dalfopristin and linezolid available to control VRSA.

Patient: Thank you doctor

Doctor: Please follow your doctor orders they will treat you in the right way.

id=111

Patient: Just found out I was pregnant. Yesterday I was diagnosed with pneumonia. I am a high risk pregnancy. Fertility issues, pcos, weak cervix. Delivered first daughter at 29 weeks, miscarried, and gave birth at 38 weeks to second daughter, but was on bedrest for weak cervix beginning at 5 months. I'm a wreck.

Doctor: I can understand your concern. Pneumonia with pregnancy is always critical.

Patient: When I miscarried they said my progesterone level is low which caused me to miscarry, and gave me progesterone shots every week. Can't see a doctor for two days.

Doctor: I suggest you to take Antibiotics as early as possible is the treatment of choice for pneumonia. So better to immediately consult a doctor and start antibiotics for pneumonia.

Patient: Any other suggestion or home remedies from your side doc

Doctor: Drink plenty of fluids orally and keep yourself hydrated. With prompt and appropriate

treatment, pneumonia can be cured easily.

Patient: Oh, Thank you doc

Doctor: Wish you good health. Thanks.

id=112

Patient: I was recently diagnosed with pneumonia. I believe this started from bronchitis.

Doctor: What make you think that this started from bronchitis

Patient: I am now having some mild chest pain after a meal and it goes into both shoulders and can last anywhere from 15 to 90 minutes.

Doctor: from how long you are experiencing this

Patient: This has occurred for about two weeks.

Doctor: are you taking any med?

Patient: I am taking ceclor.

Doctor: I have evaluated your query thoroughly, The shoulder pain is in relation with the referred pain from the Phrenic nerve irritation via pneumonia patch .

Patient: Thank a lot doc

Doctor: Wishing you fine recovery .Regards .

id=113

Patient: I have been recently diagnosed with the flu (nose swab test done).

Doctor: What's your age?

Patient: I am 34 years old- ex-smoker (quit completely for 7 years now)

Doctor: Tell us your problem

Patient: each year I get "walking pneumonia" at least once. I'm almost certain I've got it again now.

Doctor: I can understand your concern.

Patient: Anything I can do to stop getting pneumonia??

Doctor: You should do the following things to prevent recurrent pneumonia and improve your lung health. 1. Drink plenty of fluids orally and keep yourself hydrated.2. Do steam inhalation and warm water gargles 5-6 times a day.

Patient: Any med you prefers

Doctor: Take pneumococcal and influenza vaccine. Influenza vaccine should be taken annually while pneumococcal occurs every five yearly.

Patient: what about precaution?

Doctor: Avoid smoke, dust, fumes, chemicals etc and wear a mask and avoid unnecessary hospital visits. Don't worry, you will be alright with all these.

Patient: Thank doctor

Doctor: Wish you good health. Thanks.

id=114

Patient: Hello. About 3-4 weeks ago I was diagnosed with pneumonia. After two weeks I felt well

enough to start getting back out, but I continued to cough up mucus.

Doctor: I can understand your concern. Tell us in detail what happen

Patient: I got in the swimming pool last night and it was an outdoor pool and kind of cool. this morning I woke up with a fever, wheezing badly and my back in my lung area hurts so bad. The coughing is getting worse too.

Doctor: Swimming pool water is full of organisms. So possibility of relapse of pneumonia is more likely because your symptoms, coughing, wheezing, chest pain are more suggestive of pneumonia.

Patient: Could the pneumonia have come back or never left? What should I do?

Doctor: consult your doctor and get a clinical examination of the respiratory system and chest x-ray.

Patient: Why chest X-ray?

Doctor: If chest x ray is showing fresh infiltrates then you will need another course of antibiotics, mucolytic and expectorant drugs. Avoid swimming for at least 1 month.

Patient: Okay doctor, I will follow your guidelines

Doctor: I will be happy to help you further. Wish you good health. Thanks.

id=115

Patient: my daddy is a myasthenia patient and he is suffering from pneumonia

Doctor: can you tell us what medicine they are giving

Patient: They have been given augmentin from 3 weeks three times a day.

Doctor: Have you done a sputum test?

Patient: we have done his sputum test , he has got Gram -ve as 2+, so he has been given medicine doxiflo, and has been asked to go for an asthma test. I am afraid if this is really a asthma case

Doctor: Asthma is basically restriction of the airway due to a variety of reasons which may be pneumonia or other amounts of chances depending upon the severity of pneumonia , host factors , aggressiveness of the treatment with body response

id=116

Patient: Hi, my Mom is 65 years of age, she never took ANY medication except for antibiotics in March when she broke her wrists of osteophytosis,

Doctor: I can understand your concern, Have you consulted any doctor

Patient: about 4 weeks back she went to a doctor for a cough who told her she had bronchitis, and gave her a antibiotic of 400mg that she had to take twice a day,

Doctor: What is her condition then?

Patient: That night she got worse, the next day she went to another doctor who admitted her to hospital, and said she had pneumonia.

Doctor: What the doctors said about her condition ?

Patient: She's been in ICU ever since. She developed water in her lungs, her kidneys and liver had failed to work twice now, and she had an infection in her muscles, (Cant Walk, talk & struggle to breathe.

Doctor: By your history and description, possibility of severe pneumonia with sepsis and MODS (multiple organ dysfunction syndrome) is more likely. Best treatment of pneumonia is identification of causative organism and then start appropriate treatment.

So get done bronchoscopy and BAL (bronchoalveolar lavage) culture and sensitivity report.

Patient: Okay apart from this anything else?

Doctor: Also get a blood culture and sensitivity report.

Patient: Is it important ?

Doctor: yes, Culture report will isolate the causative organism and sensitivity report will guide about effective antibiotic treatment. By this we can achieve faster recovery.

Patient: Thank you doctor for time and support

Doctor: I will be happy to help you further. Wish you good health. Thanks.

id=117

Patient: I have been sick for five weeks, I had pneumonia or bronchitis my doctor said.

Doctor: From how long you have this ?

Patient: Three weeks later I wasn't better so I went to the doctor and had a sputum test

Doctor: What does the doctor say after seeing the report?

Patient: she said I had significant amounts of strep in my sputum. I have chest pains and burning in my lungs, dizziness, coughing and a lot of mucus. I don't really understand what strep is and if this is serious

Doctor: Step short form for Streptococcus pneumoniae. It is a microorganism which causes pneumonia or infection. With antibiotics it should get treated. It can be serious if not treated.

id=118

Patient: I had pneumonia in Aug. of 2010, then again in Oct, of the same year with fluid on my lung, this past week I started with sore head eyes and ears, within 2 days I started coughing and wheezing, went to urgent care, no temp., b/p 148/84, o2 95, wbc low, 3 was given antibiotic and inhaler.

Doctor: listen carefully, you need a full check up of lungs and heart and to some extent blood.

Patient: I still have bouts of coughing so much I get exhausted and a lot of wheezing,

Doctor: Can you describe your wheezing?

Patient: the wheezing is so bad , when I go to bed I am unable to sleep, should I return to urgent care or will this get better soon, thank you so much.

Doctor: I mention here some investigation if you prefer to do it 1. cbc LFT, KFT, 2. SERUM IgE TOTAL 3. X RAY PA CHEST 4. ECG AND 2D ECHO 5. IF POSSIBLE HRCT THORAX

id=119

Patient: I am 46yrs old two wks ago i was diagnosed with pneumonia and the same time i had this suffocation feeling which was really scary

Doctor: Are you taking Any antibiotics?

Patient: I have had two lots of antibiotics and a nasal spray, today is the first day it has felt ok

but im worried its going to come back

Doctor: In my opinion, you are mostly having bronchospasm which is causing this suffocating feeling. Pneumonia causes inflammation in airways and this in turn causes bronchospasm.

Patient: Then what should I do?

Doctor: So in my opinion, you should ask your doctor about starting inhaled bronchodilators like formoterol or salmeterol to relieve bronchospasm. Also avoid stress and tension, be relaxed and calm.

Patient: Sure doctor

Doctor: Don't worry, you will be alright with all these. Wish you good health. Thanks.

id=120

Patient: My daughter has had a fever since monday.

Doctor: What's the temp?

Patient: Maximum temp is 39 & the lowest is 38.4C. She also has coughs & colds.

Doctor: Have you consulted any nearby doctor?

Patient: yeah, Doctor said she has pneumonia and wants to give her antibiotic already. When i asked if it's viral or bacterial, she said she doesn't know. How would you know if it is viral or bacterial? I'm hesitant in giving her antibiotics because last month she took 2 kinds of antibiotics already.

Doctor: actually there is a viral infection there must be a superimposed bacteria infection too. viral resolves with the passage of time on its own but to treat bacterial one we have to give antibiotics.

Patient: what antibiotic should give to her?

Doctor: for pneumonia you should give her azithromycin according to her weight 10 mg /kg once a day and for 5 days.

Patient: For nasal congestion what should I give?

Doctor: also give ibuprofen 10 mg /kg weight three times a day for 3 days and for nasal congestion give arinac syrup twice a day for 7 days.

Patient: Thank

Doctor: Hope she feels better soon.

id=121

Patient: Hello Doctor, I am a COPD patient. I was given a vaccine called Pneumo 23 almost 4years and 8months ago.

Doctor: Hello, what did your doctor advise you?

Patient: The doctor advised me to take the vaccine once in every 5 years.

Doctor: Yeah that's correct, what are you concerned about?

Patient: before the completion of 5 year I am diagnosed with Pneumonia. What should I do?

Doctor: I can understand your concern. Pneumococcal vaccine is a live attenuated vaccine. So it is contraindicated in active infections like pneumonia because it can flare up infection.

Patient: Should I take the vaccine before the completion of the 5 year period? Please advise.

Doctor: So better not to take pneumococcal vaccine at present. Get complete cure from current pneumonia and then take pneumococcal vaccine.

Patient: If it goes beyond 5 year then?

Doctor: Don't worry if the time period between two vaccines is more than 5 years.

Patient: Thank you for your advice

Doctor: I will be happy to help you further. Wish you good health. Thanks.

id=122

Patient:

My sister has recently had a bone marrow transplant. She has just been readmitted and a scan showed pneumonia.

Doctor: did she have any previous medical history also?

Patient: In June she had a lung infection and since has had breathing problems.

Doctor: Okay, whats her current situation is

Patient: She has just been readmitted and a scan showed pneumonia, pus and fluid has been drained and further tests have shown she has a fistula? If this is treated will her breathing problems be eased?

Doctor: Yes, if we treat Fistula, drain pus and fluid and cure pneumonia, her breathing will be eased.

Patient: Why did you ask for previous medical history?

Doctor: Since she has had a bone marrow transplant patient, the possibility of atypical bacterial infection is more likely because of immunosuppression. So get done bronchoscopy and BAL culture. Also get a fluid culture and sensitivity report.

Patient: Why culture report ?

Doctor: Culture report will isolate the causative organism and sensitivity report will guide about effective antibiotic treatment. By these, we can achieve faster recovery.

Patient: Thank you doctor for your time and advice

Doctor: I will be happy to help you further. Wishing good health to your sister. Thanks.

id=123

Patient:

My son who is 19, suffered from mono last spring with a tonsillar abscess requiring hospitalization for steroid and antibiotic infusion.

Doctor: Did the doctor have removed tonsils?

Patient: No, Due to how ill he was, they did not want to remove the tonsils but recommended he have them removed when he improved.

Doctor: How is he now?

Patient: He went off to college, became ill, was diagnosed with pneumonia and still had a positive mono spot.

Doctor: Get a schedule appointment with your doctor

Patient: so we were unable to schedule it for the christmas break as we planned but now he has a piece of his tonsil that is actually hanging off it looks like the strands between his cryptic tonsil areas broke off and left this piece dangling. it is uncomfortable but i am not sure if it is emergent.

Doctor: I understand your concern, did he have fever or cough anything ?

Patient: no fever or c/o sore throat right now, but overall still not up to par since this continued bouts of illness.

Doctor: I have evaluated your query thoroughly . * Suggestions for better recovery in this case - Maintain hydration with plenty of liquids .- Balanced nutritious diet .- Avoid excess sugar , spicy , oily , non veg , chilled beverages .- Gargles with salted lukewarm water added peppermint oil 3 times / day - Avoid exposure to dust / pollens ,

Patient: Okay doctor apart from this any other precaution should we take

Doctor: if necessary use triple layer face mask- Continue antibiotics , decongestants as per advice of the doctor .- ENT visit for tonsillar issue .

Patient: Oh thank you doctor

Doctor: Hope this will help you for sure .Regards .

id=124

Patient: diagnosed with type b flu on sunday, getting worse even with meds,

Doctor: Any fever or cough or throat pain, did you have any of the symptoms

Patient: now have rattling breathing and cough, only slight fevers that come and go, chest hurts, throat hurts, very weak, no appetite.

Doctor: tell more about your situation

Patient: I'm almost 33 weeks pregnant... could this be the sign of pneumonia coming on?

Doctor:I can understand your concern. Yes, your symptoms are suggestive of pneumonia more.

Patient: How can you be so sure?

Doctor: Pneumonia (lower respiratory tract infection) is common after upper respiratory tract infection (URTI).Worsening cough, chest congestion, rattling sound from chest, weakness, loss of appetite etc are characteristic symptoms of pneumonia.

Patient: Okay then what should I do ?

Doctor: So better to consult a pulmonologist and get a clinical examination of the respiratory system and chest x-ray (with abdominal shield).You should definitely start higher antibiotics to recover faster as you are pregnant.

Patient: Thank you very much doctor

Doctor: I will be happy to help you further. Wish you good health. Thanks.

id=125

Patient: My girlfriend was admitted into the hospital one week ago with pneumonia. A week later ,after being on constant IV antibiotics and fluids,

Doctor: Have you got a chest X-ray?

Patient: her chest x-ray came back worse than a week ago. Also they have said something about a problem with her kidneys.

Doctor: I can understand your concern. Pneumonia is lung infection. If not treated appropriately, it can cause generalized sepsis in the body.

Patient: I guess sepsis is very bad ?

Doctor: This sepsis can damage other vital organs like kidney, heart, liver etc. Since her chest x ray is worsening after 7 days of antibiotic and her kidneys are also-ran showing problem, possibility of severe pneumonia with sepsis is more likely.

Patient: Can you suggest some best treatment for her?

Doctor: Best treatment of pneumonia is identification of causative pathogens and start appropriate treatment. For this bronchoscopy and BAL (bronchoalveolar lavage) is needed. BAL culture and sensitivity should be done.

Patient: Why is a culture report important?

Doctor: Culture report will isolate the causative organism and sensitivity report will guide about effective antibiotic treatment.

Patient: Oh thank you doctor

Doctor: discuss bronchoscopy and BAL with your doctor. I will be happy to help you further. Wishing good health to your girlfriend. Thanks.

id=126

Patient: my son is 2 month old and when he was one month old then namuniya attack him and he was admitted one month in Eraz hospital in balagung

Doctor: I understand your concerns can you tell me how is your son now

Patient: after 15 days he having problem in the breathing he cant breathing well can u tell me what is the problem he have and what is the sulation?

Doctor: This has different reasons as - residual effect of pneumonia - decreased lung immunity - spasm of bronchi or alveoli with secretions - others .* Need urgent pediatric consultation for further management.

Patient: I will consult pediatric, thanks

Doctor: Wishing your angel fine recovery .Regards .

id=127

Patient: hi doctor, pls help me as my 67 year old mother is critical due to Tuberculosis and pneumonia .Her right lung is almost destroyed due to TB.

Doctor: Tell us about previous medical issues?

Patient: This is the 3rd attack of the disease in the last 14yrs.

Doctor: Okay, Whats her situation right now

Patient: She is having difficulty breathing without oxygen and her oxygen levels are pretty low without support..they dropped to 50% at one time when she was off it.

Doctor: I have evaluated your query in depth , I can understand your feelings for your mother .

Patient: pls tell me if she is a candidate of lung transplant and what are her chances.urgently

help..i live in dubai but right now i am in delhi to take care of it..i am told lung transplant isn't an option for her also it is not done in india..we r ready to come anywhere...pls help distressed daughter

Doctor: She is in an advanced stage of the disease , as it must be now drug resistant TB by now with multiple relapses . You have to accept the condition and give her symptomatic supportive treatment as per the narrations.

Patient: Tell me with surety that she will be going to cure or not ?

Doctor: she is not going to be cured totally from this stage of the systemic illness .Wishing her fine health ahead .Regards .

id=128

Patient: I have been to the doctor 2 times. First time, it was a severe sinus infection. A week later I had to go back, turned into pneumonia, had to go back a third time.

Doctor: Can you tell us what medicine or antibiotic they have given ?

Patient: All 3 times I was given a shot, antibiotics & c-pack first time, steroids, antibiotics & shot second and antibiotics & shot third.

Doctor: Okay that standard procedure, what you are concern about

Patient: I have been hurting under my ribs and have gone to my back and shoulder. Do you think the pneumonia has gotten worse? Do I need to go back to the doctor?

Doctor: This indicates lung pathology giving nerve endings pain with hurting ribs radiating to back and shoulder.

Patient: What should I do now?

Doctor: If not carried out x-ray chest with or without CT thorax is a must for proper diagnosis and management guidelines.

Patient: Okay doctor thanks

Doctor: Welcome

id=129

Patient: My father 82 years old was in the hospital for pneumonia and per cardiac catheterization showing blockage.

Doctor: Did he have been diagnosed ?

Patient: It was diagnosed that blockage was too much for bypass or stent. Only medication is given to help the heart.

Doctor: What's your doctor says about having an bypass surgery

Patient: Heart muscles also showed death so it was no use to have bypass surgery per cardiac physician as even if blockage removed muscles would not help the heart.

Doctor: that's right, tell me what you want to know

Patient: My question is that now released from home he has been very uncomfortable during night sleep. He moans while asleep. He gets up and sits on bed. He then lays back and the

same continues. He states being tired from hospital stay. He states he is tired from staying in hospital like hospital bed etc. He really gets to sleep at 6 am and then during the day he is fine. Then the next night it starts again. Has been home since Feb. 2.

Doctor: What is his condition after taking sleeping pills?

Patient: Current medical doctor provided meds to sleep but that was worse. My mother is the primary caretaker and has reported his night sleep is off after returning home.

Doctor: Okay, I understand your concern

Patient: Does the new diagnosis cause this or is there a reason. Thanks.

Doctor: There are different reasons for this as - lung abscess - effusion - cardiac distress induced - lung hypoxia due to altered pulmonary pressure - anxiety exacerbation - others .

id=130

Patient: I have been diagnosed with 'MYCOPLASMA PNEUMONIA' by a Dr in Singapore,(mycoplasma pneumonia antibody fbc= >1:1280) and

Doctor: Hello, which med you are taking

Patient: am now on a 20-days course of 'avelox' (moxifloxacin 400 mg) and have also been advised to take steroids for 10 days.

Doctor: Why are you worrying?

Patient: I have already gone through a course of antibiotics to treat pneumonia (CLAVICEF)and TB has been eliminated by carrying out a bronchoscopy and lab analysis for TB. I am apprehensive about taking steroids, so pls advise if it is necessary to take steroids? thanks.

Doctor: The need of steroids is determined by the clinician taking into consideration many parameters.

Patient: That's what I want to know why steroids ?

Doctor: Steroids help to relieve mucosal inflammation of the bronchi , gives faster recovery , so under medical guidance a short course of steroid to be consumed has no harm in it.

Patient: Okay, thanks

Doctor: Welcome for any further assistance. Regards.

id=131

Patient: I am 42 year old female with a known case of pneumonia and constant coughing

Doctor: Have you measured your body temperature?

Patient: low body temp of 35.3c

Doctor: What medicine are you using?

Patient: currently using Nioxin and guaifenesin/codeine

Doctor: How are you feeling?

Patient: feeling anemic, please advise?

Doctor: Constant coughing and hypothermia (low body temperature) in pneumonia patients can

be due to

1. Worsening of underlying pneumonia
 2. Bronchitis
- So better to consult pulmonologist

Patient: What should I do then?

Doctor: get done clinical examination of respiratory system, chest x ray and PFT (Pulmonary Function Test).

Patient: ANY antibiotic can you suggest?

Doctor: You may need a higher antibiotic and inhaled bronchodilators (formoterol or salmeterol). Don't worry, you will be alright with all these.

Patient: Thank you doctor

Doctor: I will be happy to help you further. Wish you good health. Thanks.

id=132

Patient: I had a severe bout of pneumonia in Nov. I am feeling pain in the same area of my right lung again.

Doctor: Do you also have a cough?

Patient: Am coughing a bit but do not have a cold.

Doctor: Have you noticed anything unusual ?

Patient: Did notice a little mucus over the past couple of days. could the pneumonia be back? typically i am in great shape

Doctor: Pneumonia can recur. So better to first rule out pneumonia for your symptoms. So get a chest x ray.

Patient: Why chest x-ray?

Doctor: If chest x ray is normal then no need to worry for pneumonia or other lung disease. Take a simple painkiller like paracetamol or ibuprofen.

Patient: any home remedies can you suggest ?

Doctor: Apply warm water pad on affected areas. You will mostly improve with all these.

Patient: okay doctor thank you

Doctor: Wish you good health. Thanks.

id=133

Patient: A friend of mine has been treated for an, as yet unidentified, intestinal parasite with the antibiotic Levofloxacin.

Doctor: What he's CT scan report say?

Patient: He was also diagnosed with a right lower lobe pneumonia discovered on CT scan.

Doctor: What does the physician say about his condition?

Patient: His physician told him that the antibiotic would take out both the pneumonia and the parasite.

Doctor: Okay, then what is that make you concerned about his health?

Patient: As a NP, I am familiar with Levaquin s use to combat pneumonia but the only antibiotics

I can find for use as an antiparasitic are Tetracycline and Emycin if Metronidazole cannot be tolerated. Is Levofloxacin now also being used the way Emycin might be used in the absence of Flagyl?

Doctor: Levofloxacin is the best effective molecule for pneumonia and many intestine bugs. Metronidazole may be kept on waiting for certain test reports or clinically physician may not need to add to the drug cart according to the evaluation and clinical experience .Hope this clears your doubt .Regards .

id=134

Patient: hi last night i went to emergency i heard the nurse tell my doctor i might have pneumonia

Doctor: Oh then what your doctor has told you?

Patient: He didn't even bother coming to see me

Doctor: Then you should talk to him about your condition?

Patient: When I left upset and walked to his office he prescribed me meds that may react somehow with the meds I'm taking.

Doctor: I can understand your concern.

Patient: Should I be concerned that I should find a new doctor?

Doctor: Yes, you should definitely consult another doctor.

Patient: Is this common way to treat your patients? he was the doctor on call last night

Doctor: Pneumonia is lung infection and it should be treated promptly and correctly. And chest x ray is must for the diagnosis of pneumonia. So better to consult another doctor and get done chest x ray to rule out pneumonia.

Patient: Sure doctor I will consult some other doctor soon

Doctor: I will be happy to help you further. Wish you good health. Thanks.

id=135

Patient: Son is 9 years old. He has strep and is on amoxicillin.

Doctor: How is he now?

Patient: His fever is gone now, but he still doesn't feel good. Very tired and dark circles under the eyes. Very pale.

Doctor: From how many days he is taking antibiotics?

Patient: He has been on the med for 3 full days and I think the antibiotic is not working. Could he also have pneumonia (no cough though).

Doctor: No need to worry for pneumonia as he is not coughing. Coughing is first symptom of pneumonia. So pneumonia is unlikely in the absence of coughing.

Patient: Okay should I stop the antibiotic ?

Doctor: No, 3 days antibiotic duration is too early to decide about effectiveness. You should give a full 7 days course of amoxicillin.

Patient: can you suggest some other medicine or home remedies ?

Doctor: Fever has subsided so amoxicillin is definitely working. Along with amoxicillin, give him plenty of fluids orally, fruits, juices etc for energy.

Patient: Thank you doctor for your help and support

Doctor: Don't worry, he will be alright. I will be happy to help you further. Wish you good health. Thanks.

id=136

Patient: My 1 year old daughter has been congested for about 2 days without coughing. Today she was fine this morning other than the stuffy nose.

Doctor: I can understand your concern. How is she now?

Patient: Now she is just laying around, just wants to be held interested in absolutely nothing and she has projectile vomited 3 times.

Doctor: Yes, the possibility of pneumonia is more.

Patient: Pneumonia is going around. I know numerous people that have it. Are those symptoms?

Doctor: Yes, Children don't show high grade fever sometimes. Vomiting can be seen in pneumonia. Chest congestion is a classical symptom of pneumonia in children.

Patient: What should I do ?

Doctor: So better to take her to a pediatrician and get a clinical examination of the respiratory system and chest x-ray. She may need antibiotics and other supportive drugs.

Patient: Okay doctor

Doctor: Wishing good health to your daughter. Thanks.

id=137

Patient: I was diagnosed with a very large pneumonia about a month ago in my left upper lobe, I have been on 3 different kinds of antibiotics.

Doctor: What's your chest X-ray report say?

Patient: I just received a phone call from my doctor with the results from my follow up chest xray and found out that the pneumonia has not gone away and is still about the same size.

Doctor: You are having persistent lung opacity despite antibiotic treatment. So the possibility of these is very high.

1. Drug resistant infection
2. Malignancy

Patient: What should be our next step? She wants to put me on another type of antibiotic.

Doctor: So better to first diagnose and then start appropriate treatment. Bronchoscopy and CT scan of thorax are advised in your case.

Patient: I don't understand how bronchoscopy will help?

Doctor: Bronchoscopy will isolate the causative organism and guide about specific antibiotic therapy.

Patient: Okay, what about CT scan report says

Doctor: CT scan will tell you if there is mass lesion present or not.

Patient: okay I understood thank you doc

Doctor: Wish you good health. Thanks.

id=138

Patient: the bottom of my lungs hurt when I yawn.

Doctor: can you tell us from how long

Patient: It's been going on for about 3 months right after my boyfriend's grandmother got sick with pneumonia and sepsis.

Doctor: Pneumonia spread by coughing. So you might have caught an infection from your boyfriend 's grandmother.

Patient: I'm worried that something could be wrong because I was in the hospital with her a lot and she coughs on me quite a bit

Doctor: I can understand your concern. Tell us about your previous medical history also?

Patient: I am a type one diabetic should I go talk to my family doctor about it?

Doctor: Yes, you should definitely consult your doctor. You are also a diabetic, so lung infections are very easy to affect you. So better to consult your doctor and get a clinical examination of the respiratory system and chest x-ray.

Patient: How is the chest X-ray report going to help me ?

Doctor: If chest x ray is normal then no need to worry for pneumonia, take a simple painkiller like paracetamol for your chest pain.

Patient: Okay doctor thanks

Doctor: Wish you good health. Thanks.

id=139

Patient: I was diagnosed with pneumonia 5 days ago and went to urgent care.

Doctor: Have you consulted any doctor ?

Patient: I was prescribed antibiotics and I completed the 5 day treatment today, (Levofloxacin)

Doctor: Levofloxacin is a broad spectrum antibiotic and usually sufficient for walking pneumonia.

Patient: I have flight reservations to Michigan on Friday morning 4/28/2017.

Doctor: You have given an oral antibiotic for pneumonia. This itself suggests that you have had walking pneumonia (no serious type).

Patient: Will it be safe to fly? Please advise. your anticipated help will be appreciated.

Doctor: So if you don't have fever or coughing at present and feel good then you can definitely fly. No harm in it.

Patient: Thank

Doctor: Wish you good health. Thanks.

id=140

Patient: I am recovering from Double Bilateral Pneumonia in the hospital in 3 days.

Doctor: So are you using nebulizers or not?

Patient: I'm an RT so I knew I had to use an incentive spirometer and nebulizers for 2 weeks. I am 2 weeks post discharge. I have to wear O2 at night only .5 to 1 liter to keep sats above 90.

Doctor: I can understand your concern. Pneumonia usually takes 2-3 weeks for complete recovery.

Patient: During the day I occasionally need O2 I am on medical leave for 4 weeks is this going to get easier to breathe soon?

Doctor: Your oxygen requirement is decreasing. This is suggestive of recovery. Your oxygen requirement is decreasing. This is suggestive of recovery. Take rest as much as possible

Patient: I am resting as much as possible. I don't have much choice but to rest rather than feel Chest pain.

Doctor: So you will definitely be alright after 4 weeks. So get done, repeat chest x ray to see how much pneumonia is recovered.

Patient: Can you suggest any exercise?

Doctor: Chest physiotherapy, deep breathing exercises, incentive spirometry are vital to achieve good lung functions after pneumonia.

Patient: Okay doctor thank you

Doctor: Don't worry, you will be alright. Wish you good health. Thanks.

id=141

Patient: Good day, My son, who is 4 yrs old, has been diagnosed with lobar pneumonia and is now hospitalised. This is about his 6th or 7th infection.

Doctor: I can understand your concern. How is he now ?

Patient: He had a double aortic arch that led to the entrance of his right lung and his trachea and esophagus being squeezed.

Doctor: Did he have any other medical problems?

Patient: He is now diagnosed with asthma.

Doctor: Recurrent infections can also cause asthma, bronchitis and further deteriorate lung functions.

Patient: Can the pneumonia deplete his lung function over time? What, if anything, can I do to reduce the number of infections?

Doctor: Yes, recurrent lung infections can directly diminish lung functions. Best way to prevent respiratory tract infection is vaccines.

Patient: Which vaccine should be given?

Doctor: Give him pneumococcal and influenza vaccines. These vaccines will provide 80% protection.

Patient: Any home remedies or anything that can help him

Doctor: Give him fruits, multivitamin tablets and protein powder for high immunity.

Patient: Thank you doctor

Doctor: Wishing good health to your son. Thanks.

id=142

Patient: Hi .. I have been diagnosed with Pneumonia and have not slept in 4 days because of the coughing ..

Doctor: What is your current situation?

Patient: I'm hurting everywhere, going slightly insane and cannot get to sleep no matter how much I try .. as soon as i breath in, it hurts and a cough .. any suggestions ?

Doctor: After some days of the proper treatment you will feel better again. Don't worry it takes some time to recover.

id=143

Patient: hello doc. I'm Gigi 51 yrs old previously i have ptb but the doctor told me that it was cured already 7 yrs ago

Doctor: Hello Gigi, Have you get your chest x-ray

Patient: every time i go to his clinic he told me i have a pneumonia after an x-ray result even though i told him that i spit w/ blood last monday i go to his clinic agin for a medical check up

Doctor: Okay, what does he prescribed you

Patient: he prescribed me cefuroxime kefstar i bought 9 pcs only and switch to another brand of cefuroxime Axetil after 4 days

Doctor: Coughing up blood with sputum (hemoptysis) is a red flag sign .. meaning to say it definitely needs Medical attention. How are you doing now?

Patient: i spit mucus w/ blood as for now i'm suffering severe back pain what should i do thank you so much doc

Doctor: Considering you have had TB in the past there are many possibilities for your present episodes of hemoptysis. It could be a bacterial infection or relapse of TB or post TB bronchiectasis (abnormal permanent dilation of your airways at few places which happens when they get damaged due to your past TB).

Patient: Then what should I do?

Doctor: Take a course of antibiotics as prescribed by your physician ,Consult with your physician and discuss taking drugs like tranexamic acid which reduce the bleeding tendency , cough suppressants . while sleeping, Lie on the side which was previously affected by TB and be on complete bed rest .

Patient: Okay doctor, Is there any test that I should done

Doctor: Once your hemoptysis gets controlled go for sputum examination to check for TB bacilli , chest x ray and if needed HRCT thorax

Patient: Why HRCT thorax ?

Doctor: to pick up bronchiectasis which can sometimes be not evident on x-ray.

Patient: What about my back pain?

Patient: Since you mentioned severe back pain , vascular abnormalities concerning the descending aorta (the major blood vessel carrying blood from the heart)needs to be also considered. Treatment is to be decided based on the cause for your hemoptysis.

Patient: Thank you doctor

Doctor: Do review with your physician and get the necessary investigations done.

id=144

Patient: Hi I was diagnosed a month ago with community pneumonia. After two rounds of antibiotics I was feeling better.

Doctor: That good you are feeling better, How can I help you

Patient: Now my cough is back and I have a strange heavy feeling especially in my legs. I have been exhausted too for the last few days. Could this be from pneumonia?

Doctor: Just because you have previously had pneumonia does not necessarily mean this time too You will be having it again.

Patient: Okay then how can you explain the cough situation?

Doctor: Since how long have you been coughing ? Are you having a dry cough or producing phlegm ? What's the colour of the phlegm ? last time you had pneumonia was it properly and completely treated ? Apart from coughing, what are your other complaints at present ? your cough can be due to inflammation of your throat lining or it can be something to do with your lungs like previous time. Kindly get your checked by a physician with an open mind and go for a Chest X ray if necessary.

id=145

Patient: dear doctor my little son 11 months when he was 2 months and 15 days he got chest infection pneumonia in the right lung and after 2 weeks of treatment in the hospital with antibiotic

Doctor: primarily he suffering reflux disease which causes repeated aspiration and pneumonia so correction of underlying pathology will resolve pneumonia

Patient: He was discharged the next day he was admitted again with new infection by pneumonia in the right lung and then the doctor did some test for a barium swallow and ph. the results GE reflux grade 4.

Doctor: Which medicine you are giving to him

Patient: he was with NGT and AR formula by NGT for 3 months with zantac and Motinorm also with sitting position ,but all of those doesn't change anything.

Doctor: Any previous medical record?

Patient: that when he was 5 months and 15 days he had a laparoscopic fundoplication 5 ports, 360m degree wrap over 10fr ryles tube.

Doctor: How is he now

Patient: he is trying to vomit but he cant .I Observed every time when he was trying to vomit like for 5 to 7 minutes and when he sneezed every time after trying to vomit then he got back to

normal after sneezing..

Doctor: Okay for drinking what you are giving

Patient: he is drinking neocate formula based on free amino acid. Also he is allergic to lots of food.

Doctor: as for concern about antibiotic and treatment of pneumonia use of antibiotics for prolonged period can cause development of resistant organisms

id=146

Patient:

Hi, my fiancé has got a case of pneumonia. She was admitted into Wellstar Douglas Hospital in Douglasville, Ga.

Doctor: I can understand your concern. How is she now?

Patient: last Tuesday. She was moved to ICU Saturday and they still can't seem to get it under control. I am very desperate and need a 2nd professional opinion.

Doctor: Best treatment of pneumonia is identification of causative pathogens and starting appropriate antibiotics. So get done sputum culture and sensitivity report.

Patient: How will culture and sensitivity report help ?

Doctor: Culture report will isolate the causative organism and sensitivity report will guide about effective antibiotic treatment. So consult a pulmonologist and discuss all these.

Patient: Sure doctor, thank you

Doctor: Wish you good health. Thanks.

id=147

Patient: Hi, My chest x-ray reveals I have a small lingular infiltrate. WBC, lymphocytes, HCT etc are elevated due to infection.

Doctor: What drugs are you taking?

Patient: I had a course of augmentin duo and steroid. currently on azithromycin 250 mgs.

Doctor: X-ray result indicates infection of the lung with some sort of bacteria giving rise to pneumonia

Patient: symptoms of pneumonia still persisting. Do i need to change my treatment?

Doctor: Pneumonia recovery takes time depending upon the virulence of the organisms , host immune response and other co morbid conditions .

Patient: What should I do then?

Doctor: If your symptom score has declined from the initiation of the therapy wait for further progress , if the intensity of the symptoms is as it is then have to consider the change of therapy or consultant.

Patient: Okay doctor

Doctor: Hope this clears your doubt .Thanks .Regards .

id=148

Patient: My cousin was admitted yesterday for pneumonia and a collapsed lung which was diagnosed yesterday.

Doctor: Did you consult any doctor?

Patient: They did surgery this morning by cleaning out and draining fluids.

Doctor: How is she now?

Patient: She is now heavily sedated with a tube in her right lung. what will it take for her to get well again?

Doctor: It sounds like your cousin has something called- Empyema. It is basically an abscess in the chest cavity. And the correct treatment for it is drainage - which was done appropriately.

Patient: Can you specify some treatment?

Doctor: he should receive antibiotic treatment with coverage of both aerobic and anaerobic organisms. Usually specimens are send from the procedure to see which organisms grow and provide a more directed antibiotic coverage.

id=149

Patient:

my mother was diagnosed with left basal pneumonia she is 74 years old and was discharged from hospital yesterday

Doctor: I can understand your concern, which medicine she is taken

Patient: she was given amoxicillin and clarithromycin but now she is being sick

Doctor: What's her current situation?

Patient: she had diarrhea she has had amoxicillin before which hasn't affected her this way will it be the other antibiotics also what is left basal pneumonia

Doctor: In my opinion, her diarrhoea is mostly due to amoxicillin.

Patient: Should I stop using this?

Doctor: Amoxicillin can cause diarrhea on second exposure. So you should stop amoxicillin.

Patient: Are there any other options?

Doctor: There are options for oral antibiotics other than amoxicillin like cefixime, levofloxacin, moxifloxacin etc. And left basal pneumonia means lung infection in the lower lobe of the left lung. So antibiotics are the mainstay of treatment.

Patient: Oh thank you doctor

Doctor: Wishing good health to your mother.Thanks.

id=150

Patient:

My mom was diagnosed with bacterial pneumonia back in late december. After a round of antibiotics, she felt much better but the x-ray still showed pneumonia.

Doctor: Which antibiotics are given ?

Patient: A round of stronger antibiotics were then given to her. She went back for a follow up x-ray last week and the x-ray now shows the pneumonia is in both lungs.

Doctor: Does she have any symptoms of pneumonia?

Patient: The strange thing is...she has NO symptoms. No coughing, no fever, nothing. Could it possibly be viral? or fluid? or cancer???? Btw she has never smoked in her life.

Doctor: Radiological resolution takes 2-3 weeks in pneumonia. So it is possible that patients with pneumonia are improved symptomatically but still show pneumonia on chest x ray.

Patient: So, what should I do ?

Doctor: So in my opinion, you should wait for 2 weeks more. Get done repeat chest x ray after 2 weeks.

Patient: Again chest X-ray why why ?

Doctor: If chest x ray is showing pneumonia then go for CT thorax and bronchoscopy to rule out lung cancer, Tuberculosis, Fungal pneumonia. If xun4 ray is improving then no need to worry.

Patient: Oh thank you doctor

Doctor: Hope I have solved your query. Wishing good health to your mother. Thanks.

id=151

Patient: Hi Doctor, I have been sick with a sinus infection and tonsillitis over the last week and a half.

Doctor: Are you taking Antibiotics?

Patient: Yes, I am on antibiotics for these. I am coughing non stop.

Doctor: Does your throat hurt from coughing?

Patient: No, My throat doesn't hurt much from the coughing.

Doctor: Are you having any issues with breathing?

Patient: My chest feels heavy and I have some issues with breathing. Could this be bronchitis or pneumonia ?

Doctor: Your symptoms are seen with both bronchitis and pneumonia. And both of these are common after upper respiratory tract infection (URTI - sinusitis).

Patient: What should i do Doctor?

Doctor: It would be better to consult a pulmonologist and get a clinical examination of the respiratory system, Chest x-ray and PFT (Pulmonary Function Test).

Patient: Doctor, Why is Chest x-ray and PFT needed?

Doctor: Chest x ray is needed for the diagnosis of pneumonia. PFT is a must for the diagnosis of bronchitis.

Patient: What would be the best treatment for pneumonia?

Doctor: Antibiotics are the mainstay of treatment for pneumonia.

Patient: And what is the best treatment for bronchitis?

Doctor: Inhaled bronchodilators and inhaled corticosteroid (ICS) are the mainstay of treatment for bronchitis.

Patient: So Doctor, How should i start?

Doctor: So first diagnose android then start appropriate treatment.

Patient: Really appreciate your help Doctor, Thanks a lot.

Doctor: No worries, Hope everything goes well.

id=152

Patient: Hello Doctor, My husband passed away in March after a short illness. His doctor at first said it was bronchitis then pneumonia.

Doctor: What was his exact diagnosis?

Patient: He was diagnosed with small cell lung cancer after an x-ray revealed a mass in his lung.

Doctor: Did he used to smoke?

Patient: Yes, He was a smoker.

Doctor: What did you want to know?

Patient: Can you tell me what causes Small Cell Lung Cancer?

Doctor: So, Small cell lung cancer is commonly caused by cigarette smoking. Actually cigarette smoke causes irritation to lung mucosa.

Patient: Can you explain in detail?

Doctor: Chronic irritation causes structural and genetic changes which leads to malignant nodules. This nodule grows with time and forms mass like lesion.

Patient: Thanks a lot Doctor. I appreciate your time.

Doctor: Hope you got your answer. Take care.

id=153

Patient: I was recently diagnosed with Pneumonia. I had pneumonia when I was a baby but never since.

Doctor: Are you taking any medication?

Patient: I began taking Doxycycline Monohydrate.

Doctor: So what did you want to know?

Patient: How does pneumonia manifest in the lung and how does bacteria get in there?

Doctor: Mechanism of pneumonia follows as - Susceptible pathogens in the form of bacteria enter the respiratory tract via nose or throat, settle there in respective lung tissues through alveoli and bronchi - start manifestations in form of various symptoms of bronchitis.

Patient: Doctor, What is the treatment process like?

Doctor: So Treatment guidelines are - Maintain hydration with plenty of liquids . Balanced nutritious diet . Take Regular antibiotics , anti-inflammatory , and decongestants as per advice by your doctor.

Patient: Is there anything I should follow or do?

Doctor: You can do Regular walking, exercises (deep breathing) , YOGA. Also Avoid smoking and alcohol .

Patient: So Doctor, How long will it be until I recover?

Doctor: Have patience, recovery time depends upon the causative organism, host response factors and type of treatment (it may take days to weeks).

Patient: Thanks a lot for your time Doctor.

Doctor: Hope this clears your query. Welcome for any further assistance. Regards .

id=154

Patient: Hi Doctor, My husband has a chest infection - a small pocket of pneumonia is in his left lobe.

Doctor: Can you explain a bit more about his symptoms?

Patient: He is coughing up large long blood clots and also coming through his nose when blowing.

Doctor: What did you want to know?

Patient: Will these symptoms ever stop or continue?

Doctor: Recovery time of the pneumonia varies from days to weeks depending upon extent of pneumonia, associated comorbid conditions, causative organisms virulence, host immune response, type of treatment etc.

Patient: Doctor, What type of diet should i follow?

Doctor: So, to answer the question, a lot of conditions have to be calculated and based upon that we can comment.

Patient: Will I truly recover after following proper treatment?

Doctor: One thing I want to convey is that it will be surely recovered with a proper line of management.

Patient: Thanks a lot for your time Doctor.

Doctor: Hope this clears your query. Welcome for further doubts. Regards.

id=155

Patient: Hi Doctor, My friend suffers from diagnosed bronchiectasis and gets pneumonia constantly.

Doctor: Is she taking Antibiotics?

Patient: Each time they give her antibiotics for a week and then the x-ray will show the pneumonia gone, however, it constantly returns.

Doctor: Recently how many times has this happened?

Patient: I would say she had pneumonia about 6 times last year and so far 2 or 3 this year. Any suggestions?

Doctor: Bronchiectasis permanently damages part of the lung. So bacterial colonization is common in bronchiectasis. And this gives repeated pneumonia attacks.

Patient: Is there any permanent cure?

Doctor: So the best and permanent cure for this is surgical removal of the bronchiectasis part of the lung.

Patient: How should we proceed in this treatment?

Doctor: So consult a Cardio thoracic surgeon and discuss surgical removal.

Patient: Is there any other option other than surgery?

Doctor: Another option is culture and sensitivity based treatment. Get done sputum culture and sensitivity report.

Patient: What is this treatment?

Doctor: Basically, Culture will identify the causative organism and sensitivity report will guide about effective antibiotic treatment.

Patient: Really thanks a lot for your time Doctor.

Doctor: Hope I have solved your query. I will be happy to help you further. Wishing good health to your friend. Thanks.

id=156

Patient: Hi Doctor, I went to another doctor yesterday and she said I had a sinus infection, bronchitis and I was starting to get Pneumonia.

Doctor: Did she give you any Antibiotics?

Patient: She gave me a shot of antibiotics and steroids. She also wrote me a prescription for Bactrim DS and cough syrup.

Doctor: So are you still not feeling well?

Patient: The cough syrup isn't working, I'm up all night coughing, I Haven't slept for more than 30 min since Saturday. I feel worse than I did yesterday.

Doctor: In my opinion, you need a higher antibiotic, inhaled bronchodilators and inhaled corticosteroid (ICS) for your current symptoms.

Patient: What can i do about coughing?

Doctor: Constant coughing at night can be due to worsening of pneumonia or bronchitis. So consult a pulmonologist and get done chest x ray and PFT (Pulmonary Function Test).

Patient: What are these tests for?

Doctor: Chest x ray is for pneumonia and PFT is for bronchitis.

Patient: Thanks a lot for your time Doctor.

Doctor: Don't worry, you will be alright with all these. I will be happy to help you further. Wish you good health.

id=157

Patient: Hi Doctor, I have pneumonia and have gone through 1 full round of a zpack and steroid. I'm also using an inhaler, and had to visit the doctor because I was still not any better.

Doctor: What medication did they give you?

Patient: They gave me an antibiotic shot and a 1/10 day script for levaquin.

Doctor: Can you describe a bit more about your symptoms?

Patient: I have sharp pain in between shoulder blades that comes and goes, also woke up to chest pain that would go from burning feeling to sharp pain.

Doctor: How is your cough?

Patient: My cough is so bad that when I cough it feels like my ribs/lower sides of my back/lung area are bruised/fractured. Should I be worried?

Doctor: All symptoms are in relation with underlying lung condition giving rise to broncho alveolar constrictions, pleura irritation with systemic manifestations.

Patient: What do you recommend Doctor?

Doctor: As there is not much relief of oral medications given till now, I strongly recommend to get hospitalised treatment & get better recovery through IV antibiotics and bronchodilators.

Patient: Thanks a lot Doctor.

Doctor: Hope this clears your query. Welcome for any further assistance. Regards.

id=158

Patient: Hello Doctor, My son is 3 years old, and came down with a head cold wed, it moved immediately to his chest.

Doctor: Can you tell a bit more?

Patient: He is a preemie-grad, and has had trouble with pneumonia and rsv in the past.

Doctor: What problems is he having now?

Patient: He is running a temperature, and his respiratory rate is between 48-50. He only started showing signs of a cold wednesday night.

Doctor: Your son's respiratory rate is too high. Please take him to the ER immediately and take a chest x-ray immediately.

Patient: Really appreciate your advice a lot Doctor.

Doctor: No worries. Let me know if I can assist you further.

id=159

Patient: Hello Doctor, What is the advisability of exercise in the year following treatment with

Levofloxacin for pneumonia?

Doctor: Can you tell more about your treatment?

Patient: I just completed 5 days of treatment with pills after 4 or more days of IV in the hospital following gallbladder surgery.

Doctor: Do you have any preexisting condition?

Patient: I had a non-heart damaging heart attack in 2003 and have tried to maintain a good exercise program to lessen my chances of worsening heart disease.

Patient: So should i resume exercise or not?

Doctor: As you say you had a non damaging heart attack, means that your heart pumping function is well preserved. So you must not have any issues with exercise.

Patient: What types of exercises would you recommend?

Doctor: Hence along with your routine exercises you must also undergo breathing exercises.

Patient: Can you recommend some breathing exercises?

Doctor: Yes, Breathing Exercises with incentive spirometry, inhaling deeply through one nose holding your breath and exhaling fully from the other nose, meditation and yoga would help.

Patient: Doctor, Do i have any signs of pneumonia still?

Doctor: You have been adequately treated for your pneumonia and I suppose you don't have any symptoms of pneumonia like cough, fast breathing, fever, breathlessness.

Patient: Also, Should I resume Naproxen for joint/muscle pain; had 2 doses (2 tablets twice daily) 2 days before hospitalization.

Doctor: Regarding Naproxen too much of it may cause damage to your kidneys so I advise you decrease its usage and use it only when required rather than on a daily basis.

Patient: Is there anything else I should do or worry about?

Doctor: You should also get vaccinated with influenza and pneumonia vaccines that include common strains which cause pneumonia.

Patient: Will these immune me from getting pneumonia in future?

Doctor: Remember they don't protect you against all pneumonias but offer protection against common pneumonias.

Patient: Really appreciate your time doctor, Thanks a lot.

Doctor: No problem, Wishing you good health. Regards.

id=160

Patient: Hi Doctor, I have had a Percocet addiction for 35 years and have had many Doctors in that time span.

Doctor: How much percocet were you taking?

Patient: I was up to without exaggeration, eating 240 10 mg p s, 98 30mg oxycodone pills, as well as an assortment of 5 mg pills which were always at my disposal.

Doctor: How did you have access to all these drugs?

Patient: I have cancer and have severe back injuries. So I had monthly access to 240 2 mg xanax pills.

Doctor: What problems are you facing because of this?

Patient: I died 4 times in a 6 year span due to double pneumonia which the Doctors told me my medications were playing a large role in this.

Doctor: Did you face any trauma which led to all this?

Patient: Over 40 of my friends have passed on, 2 of which I grew up with from the age of 5, others just would not listen.

Doctor: Sorry to hear about that.

Patient: I Also lost 2 older brothers, one my 1st year in high school the other 8 years later of an overdose.

Doctor: Do you feel demotivated or have dark thoughts?

Patient: Needless to say ptsd, depression and other problems haunted me until I did as many drugs as possible to bury the pain.

Doctor: Now the only option left for you is holistic healing with herbs & other things.

Patient: Can I do anything for my depression?

Doctor: For mental conditions one thing that can help is very deep meditation sessions on a highly regular basis .

Patient: Is there anything more i can do?

Doctor: Yes, 2-3 hours of dedicated YOGA daily which will give your inner soul & subconscious mind the level of peace you are lacking at present.

Patient: Thanks a lot for your help Doctor.

Doctor: Hope this helps you. Welcome for any further assistance. Wishing you a healthy life ahead. Regards dear take care.

id=161

Patient: Hi Doctor, I was recently released from hospital, I had pneumonia. After 1 week, I have finished the oral antibiotics.

Doctor: Are you not feeling well?

Patient: No, 2 days later the sweats have returned (no temperature) and I am feeling generally unwell.

Doctor: Did you see your Doctor again?

Patient: Yes, I saw my doctor that day and I had another x-ray. My doctor rang to say there is no change but didn't recommend anything different.

Doctor: Are you going through any therapy?

Patient: I have continued my physiotherapy to bring up whatever is in my lungs. The cramping I am now experiencing is excruciatingly painful.

Doctor: If your x-ray has no change after treatment then your pneumonia is still active.

Patient: What should i do doctor?

Doctor: In your case it is non-responsive treatment. In addition to that your symptoms also show that you are not alright to much extent.

Patient: What symptoms are suggesting this?

Doctor: Chest pain & cramps are in relation with underlying pneumonia, you are telling that treatment is over but no it is not finished.

Patient: What do you recommend, doctor?

Doctor: I Recommend to consult with all details of scanned reports, treatment taken till now, so that we can study the case in detail & make guidelines for further perfect recovery.

Patient: Thanks a lot for your time Doctor.

Doctor: Hope this helps you. Welcome for any further assistance. Wishing you fine recovery from the same.

id=162

Patient: Hello Doctor, On Friday, I was diagnosed with pneumonia and the chest x-ray states Minimal linear subsegmental atelectasis in the left lower lobe.

Doctor: Are you taking any Antibiotics?

Patient: I have been taking an antibiotic since Friday. I am still feeling tired and drained.

Doctor: Tiredness is expected for 4-5 days at least.

Patient: Is this to be expected with minimal linear subsegmental atelectasis in the left lower lobe?

Doctor: Minimal linear atelectasis doesn't mean pneumonia of the lung, but still if you are diagnosed as pneumonia then it's ok.

Patient: Thanks a lot Doctor.

Doctor: Hope this clears your query. Welcome for any further assistance. Regards.

id=163

Patient: Hi Doctor, I was diagnosed with pneumonia since then I haven't been able to sleep due to vomiting and I'm feeling dizzy.

Doctor: Are there any more problems you are facing?

Patient: Yes, The weirdest thing is if I touch a certain part of my neck or back I instantly feel sick.

Doctor: If you feel low and drowsy with pneumonia then you must take appropriate antibiotics.

Patient: Should I get admitted to a hospital?

Doctor: If required might get admitted to get done i.v. treatment.

Patient: Thanks a lot for your time Doctor.

Doctor: Hope this clears your query. Welcome for further doubts. Regards.

id=164

Patient: Hi Doctor, My daughter was thought to have pneumonia back in september.

Doctor: What happened?

Patient: After several courses of antibiotics and CT scans they found a spot on both lungs that was growing and the pet scan showed a spot on the brain.

Doctor: Did they do any more tests?

Patient: Yes, The lung biopsy was inconclusive.

Doctor: What did the previous doctors conclude?

Patient: Doctors before the biopsy thought it was a bacterial infection.

Doctor: So what did you want to know?

Patient: Is it likely that something like this would go to the brain?

Doctor: It is unlikely to disseminate lung pathology to the brain in your case.

Patient: So what might it be?

Doctor: It may be an existing condition in the brain detected afterwards or occurrence with after the lung pathology.

Patient: Thanks for your time Doctor.

Doctor: Hope your daughter gets well soon. Regards dear take care.

id=165

Patient: Good Afternoon, My mom went to the hospital and her left lung is completely covered with pneumonia.

Doctor: Can you explain a bit more?

Patient: The oxygen is 23, pulse is 18 so they put her on a ventilator.

Doctor: Did she face problems there?

Patient: She has had a stroke and a heart attack.

Doctor: Is she a smoker?

Patient: She has smoked for the longest i can remember. What are her chances of pulling out of this?

Doctor: So, Prognosis depends on many factors - age - associated comorbid conditions like heart attack / cv stroke / kidney malfunctions / diabetes - immunity etc used in treatment & much more list not possible to narrate whole here.

Patient: So what do you suggest?

Doctor: Considering all your narrations, her prognosis is guarded, not that much good as a normal person suffering from pneumonia recovering in days.

Patient: How much is the expected recovery time from this Doctor?

Doctor: She may take a very long time for recovery & may not recover also after your long jugglery with all ventilator periods.

Patient: What should i do then Doctor?

Doctor: I can suggest to see the progress of the patient on a ventilator for 5-7 days, discuss with the consultant in detail regarding this.

Patient: Thanks for your help Doctor.

Doctor: Wish your mother the best. Hope this clears your query.

id=166

Patient: Hi Doctor, I was diagnosed with pneumonia 2 days ago and was given a prescription for levaquin. I also used to smoke.

Doctor: Can you tell more about your symptoms?

Patient: I cough up clear phlegm. My research tells me I'm being treated for bacterial pneumonia but the clear phlegm, Indicates viral pneumonia.

Doctor: I need to look at your chest x-ray first.

Patient: So am I right?

Doctor: If it's definitely diagnosed pneumonia, then in case you could be right that it could be viral pneumonia. But you can't stamp it as viral from clear phlegm.

Patient: So What should I do, Doctor?

Doctor: Get done white blood counts which will be within normal limits in case of viral and high in case of bacterial pneumonia.

Patient: Is there anything else I should do?

Doctor: Also get Procalcitonin and CRP levels of your blood. it will give you a final idea.

Patient: What about the phlegm?

Doctor: As you were a smoker, Phlegm might be due to Bronchiectasis or COPD. Rule out that.

Patient: Thanks a lot for your help Doctor.

Doctor: Hope this helps you. Welcome for any further assistance. Wishing you a healthy life ahead. Regards dear take care.

id=167

Patient: Hi Doctor, I had pneumonia and now have Costochondritis. I am just wondering if it will ever go away.

Doctor: Can you explain more about your symptoms?

Patient: I am active and miss my workouts. Every time I try to start working out it comes back. Will I ever be able to work out again?

Doctor: How much time has it been since you got pneumonia?

Patient: It has been since April when I had pneumonia and I still am dealing with this.

Doctor: Did you diagnose it correctly?

Patient: I don't know, What should i do now?

Doctor: Go for HRCT CHEST, or Bronchoscopy for the same.

Patient: Should I take some Antibiotics?

Doctor: Take i.v. antibiotics and then oral. Complete course of antibiotics.

Patient: What should i do about costochondritis?

Doctor: For costochondritis apply analgesics ointment on it along with systemic anti inflammatory drugs. You will definitely be able to work again.

Patient: Thanks a lot Doctor. I appreciate your time.

Doctor: Hope you got your answer. Take care.

id=168

Patient: Hi, I have a friend who is a female, age 16 and has complaints of light-headedness, migraines, blurry vision, can't breathe in deep without coughing, complains of body aches, chills, and a fever.

Doctor: Has she been to a Hospital?

Patient: She is going to the ER tomorrow because they are unable to go today due to being snowed in.

Doctor: I need more information?

Patient: I think it sounds like pneumonia but not sure.

Doctor: Yes it might be but not completely. To be sure she should consult her doctor for further follow up.

Patient: Thanks a lot for your time.

Doctor: No problem. Take care.

id=169

Patient: Hi Doctor, I recently got over either the flu or pneumonia. I've noticed my feces are increasingly yellow or whitish.

Doctor: I need more information about your problem?

Patient: I quit smoking thirty days ago and have been on the nicotine gum and now the lozenges.

Doctor: So What is your question?

Patient: I don't feel bad, but this is unusual. Could the nicotine products be contributing to the discoloration?

Doctor: If a patient has pneumonia he should have cough with or without sputum, probably chest pain, breathlessness, anorexia, fever.

Patient: Are these signs always present.

Doctor: The signs and symptoms vary from patient to patient.

Patient: Thanks for your time, I appreciate it.

Doctor: No worry, Take care.

id=170

Patient: Hi Doctor, My fiance has been coughing uncontrollably every night for the past 4 months.

Doctor: Can you give more information?

Patient: He is 23 years old, 5'9", about 140 lbs., and has been told by his doctor that he has walking pneumonia.

Doctor: What did the Doctor Prescribe?

Patient: He has been prescribed antibiotics, cough syrup, allergy medicine, mucinex, nasal

sprays, and inhalers.

Doctor: Has this helped the coughing?

Patient: Although they suppress the coughing at times he still does not seem to have gotten rid of the coughing.

Doctor: Is he coughing phlegm?

Patient: Yes, His coughing is accompanied with phlegm and has also caused him to throw up due to the extremity. He does smoke cigars as well. What is this?

Doctor: Walking pneumonia is a non-medical term to describe a mild case of pneumonia. It is usually called atypical pneumonia.

Patient: Is this different from pneumonia?

Doctor: The disease is different from more serious cases of pneumonia caused by typical bacteria.

Patient: How is this caused?

Doctor: It is often the result of a lung infection from a bacterial microorganism called *Mycoplasma pneumoniae*.

Patient: How is this generally treated?

Doctor: Generally this is treated with antibiotics. Mild infections are often not treated because they tend to clear on their own.

Patient: How much time will it take till i feel better?

Doctor: With treatment, most people begin to feel better within a few days.

Patient: Thanks a lot for your help Doctor.

Doctor: Hope this helps you. Welcome for any further assistance. Wishing you a healthy life ahead. Regards dear take care.

id=171

Patient: Hi Doctor, How can one be sure of a diagnosis of pneumonia or pertussis in adults.

Doctor: Are you having any symptoms of them?

Patient: My doc thinks I have pertussis. But the doctor in Mexico where I was originally treated said I had PB pneumonia.

Doctor: Are you taking Antibiotics?

Patient: I was on intravenous antibiotics for three days in Mexico before coming home to my doctor here in L.A.

Doctor: Did you take Chest x ray?

Patient: Yes, The x rays showed lots of mucus in my lungs. I am confused.

Doctor: What did the Doctor prescribed?

Patient: The Doctor Gave me ADVAIR and cough medicine and said I will be fine but will cough for a pretty long while until the lungs are clear.

Doctor: What do you want to know?

Patient: Is there a definitive test for pertussis in adults?

Doctor: Diagnosis of Pertussis is clinical, usually divided into 3 stages.

Patient: Can you explain all stages?

Doctor: 1st stage (catarrhal) where runny nose, sneezing, low grade fever, occasional cough.
Patient: Ohh! have that, What is the 2nd stage?
Doctor: 2nd stage (paroxysmal) bursts of coughing or numerous rapid coughs, difficult to expel thick mucus from airways in lungs, long respiratory effort with high-pitched breath sound.
Patient: Can you elaborate a bit?
Doctor: Individual may have cyanosis with or without vomiting during severe attack, in between attacks, the patient becomes normal.
Patient: What is the 3rd stage then?
Doctor: The 3rd stage is convalescent or recovery gradually from above all. Overall period may range from 1-2 weeks to 10-12 weeks.
Patient: Is then the diagnosis confirmed?
Doctor: In this case diagnosis is not certain, It requires confirmation.
Patient: What are the signs for confirmation then?
Doctor: Culture of bacterium *Bordetella pertussis* from nasal secretions and PCR test identifying genetic material from the bacterium in nasal secretions.
Patient: Really appreciate your help Doctor.
Doctor: Hope this clears your query dear madam, thanks regards take care, bye, wishing you fast speedy recovery from the same.

id=172

Patient: Hello Doctor, Went to the doctor 3 weeks ago for possible exercise induced asthma due to chest pain.
Doctor: What did they prescribe?
Patient: They have me a daily steroid inhaler and albuterol rescue inhaler.
Doctor: Did they do any other tests?
Patient: They did an xray as well and a few days later I found out I had pneumonia.
Doctor: So what medications are you taking for pneumonia?
Patient: I did a zpack for 5 days and now levaquin 500mg twice daily on day 7 or 10.
Doctor: Did you have any incident even after following medications?
Patient: Just last night I went to urgent care and they said I still have pneumonia, got a steroid injection and a medrol dose pack.
Doctor: So What did you want to know?
Patient: I am Not sure what to do and the chest pain seems worse, and the levaquin has made my stomach very irritated which is expected.
Doctor: According to history this might be a situation called Nonresponding Pneumonia.
Patient: What should i do Doctor?
Doctor: It would be better to be hospitalized for further examinations like CRP Hemogram ALT, AST Chest CT and if needed ABG.
Patient: What should i do first?
Doctor: For exploring the situation better do the treatment in the i/v route. If you have comorbidities they should be evaluated too.

Patient: Is there anything else I should worry about?

Doctor: Sometimes when the comorbidities are not well treated the pneumonia does not respond so well from the treatment. So please discuss with your doctor for the above.

Patient: Thanks for your precious time Doctor.

Doctor: No worries, Hope you get well soon.

id=173

Patient: Hi, I went to the doctor today and found out that I have pneumonia.

Doctor: What did they prescribe?

Patient: I got a steroid injection and breathing treatment in the office and was sent home with levaquin, albuterol, and cough medicine.

Doctor: What problems are you facing?

Patient: My forearms and legs are very tingly and almost numb and heavy. Is this from the steroid injection?

Doctor: Do you have any preexisting conditions?

Patient: I have juvenile rheumatoid arthritis so I am also taking humira, methotrexate, plaquenil, and folic acid for the RA.

Doctor: So what do you want to know?

Patient: Is my problem a side effect or a drug reaction or nothing to be concerned about?

Doctor: Tingling in extremities may be a sign of peripheral neuropathy, which is most of the cases caused by inflammatory injury to the nerves.

Patient: What should i do Doctor?

Doctor: I prescribe Anti-TNF drugs, such as Humira, They have been reported to be associated with this kind of injury, which can be potentialized when associated with steroids.

Patient: Is there anything else should i worry about or do?

Doctor: You should visit your attending rheumatologist for physical evaluation and appropriate management.

Patient: Really Thanks a lot for your time Doctor.

Doctor: No worries, Hope you get well soon.

id=174

Patient: Hi Doctor, My father is in the hospital on a ventilator currently. The doctor says he now has what is considered whiteout in his lungs.

Doctor: Can you describe in detail?

Patient: He said that the outline of the heart can no longer be seen. My father aspirated and then was diagnosed with pneumonia.

Doctor: Is he in serious condition now?

Patient: Three days later he ended up in ccu on a ventilator and has not been able to be weaned off.

Doctor: Is he taking any Antibiotics?

Patient: He is currently taking 3 antibiotics. What is your advice?

Doctor: Lung whiteout and loss of heart outline are findings of chest x-ray compatible with many abnormal conditions affecting the lungs, like pneumonia, pleural effusion, acute respiratory distress syndrome among others.

Patient: So what should i do?

Doctor: In the actual setting, your father is already receiving treatment to his pneumonia. All the other possibilities are probably being considered and addressed by CCU staff.

Patient: How long will he take to recover?

Doctor: Weaning from mechanical ventilation is sometimes challenging because many factors can impair a patient's evolution, like how long he's been in MV, his nutrition status etc.

Patient: Thanks for your help Doctor.

Doctor: Wish your father the best. Hope this clears your query.

id=175

Patient: Hi Doctor, My husband, age 63 is feeling cool on his abdomen and back while the rest of him is warm. Last week he was diagnosed with pneumonia.

Doctor: Did something happen?

Patient: He had a period last week when he was so cold, couldn't get warm so we went to the hospital. He says he is feeling fine and feels OK to work everyday.

Doctor: So What do you want to know?

Patient: Should I be concerned tonight that part of him feels cool even when under covers for an hour or two?

Doctor: Don't worry so much. Your husband is under treatment for pneumonia according to history and he has had fever several times.

Patient: So is the pneumonia gone?

Doctor: He feels better but he is not completely asymptomatic which means that the feeling he had might be due to an episode of temperature not so high.

Patient: Is the current treatment fine then?

Doctor: This shows that the treatment is doing well. But he has to be careful with the treatment to be correct as the doctor has prescribed.

Patient: What should i be more careful about?

Doctor: No smoking and not to work in a dust environment, a lot of liquids too.

Patient: Really appreciate your time a lot Doctor.

Doctor: Take care. Wish a fast recovery for your husband.

id=176

Patient: Hello Doctor, Should I be tested for COVID-19?

Doctor: What are your symptoms?

Patient: I have a cough and phlegm on my chest as well as headaches.

Doctor: Do you have fever or cold?

Patient: I always get colds and flu that affect my chest.

Doctor: In brief, It depends. It depends on your country and the state of coronavirus.

Patient: Can you explain in detail?

Doctor: In some places you need to have traveled recently to another country to get the test, and in other countries you need to be tested right away after any symptoms.

Patient: Is there anything else I should worry about?

Doctor: You should check your country's phase of coronavirus.

Patient: Thanks a lot for your advice Doctor.

Doctor: No worries, Always glad to be of any help.

id=177

Patient: Hi Doctor, Should I really be worried about my elderly parents catching COVID-19?

Doctor: Yes. Avoid contact but ensure that they have food, supplies and are able to stay at home.

Patient: What steps should they take to stay healthy?

Doctor: They should drink fluids and if they develop a fever, please call your PCP right away and also consider a virtual appointment with HT.

Patient: What are the symptoms I should watch?

Doctor: Other symptoms to watch for include dry cough and shortness of breath.

Patient: What are some important things I should follow?

Doctor: Use good hand washing and disinfect surfaces.

Patient: Thanks a lot Doctor.

Doctor: No problem, Take care.

id=178

Patient: How can I avoid catching COVID-19 if I have to travel by plane or public transportation?

Doctor: In brief, Some measures are: Wear a mask, social distance as possible, try not to touch surfaces, keep hands clean.

Patient: Is travelling safe at this time?

Doctor: Best would still be not to travel if possible.

Patient: Really Thanks a lot for your time Doctor.

Doctor: No worries, Hope your query is resolved.

id=179

Patient: I am a little concerned that I may be showing some symptoms for Coronavirus.
Doctor: What are your symptoms?
Patient: I had a bit of a dry cough about 2 weeks ago for 3 days.
Doctor: Are there any more signs?
Patient: A week later I had a headache and got nauseous. I never get headaches. My chest has felt unusual for 5 days.
Doctor: Current symptoms are important. You may have experienced Coronavirus infection.
Patient: What steps should i follow?
Doctor: Please stay at home until well and without any signs of illness. Drink fluids, rest and monitor your temperature.
Patient: Thanks a lot Doctor for your advice.
Doctor: No problem, Glad to be of any help. Take care.

id=180

Patient: Hello Doctor, I have type 1 diabetes and to put it simply, I am living in an anxious state right now, worrying constantly about the coronavirus.
Doctor: Take all precautions. Take all precautions possible to try to avoid catching Coronavirus.
Patient: My wife is a practice nurse in a GP surgery, and I worry constantly about the risk for us both. I am so scared. What things should I follow?
Doctor: Wash your hands often with soap & water, avoid touching your eyes, nose & mouth, stay home as much as possible, cover your mouth & nose with tissue if you sneeze or cough, clean & disinfect frequently touched surfaces often.
Patient: What if I have fever or cough?
Doctor: If you have fever, cough and difficulty breathing seek medical care.
Patient: Thanks a lot for your time Doctor.
Doctor: No worries, Take care and stay safe.

id=181

Patient: Hello Doctor, I have Dry scratchy throat, very mild cough since 23 March but not improving.
Doctor: Have you travelled to anywhere recently?
Patient: Yes, I have Traveled to Cape Town via Lanseria and CT Airports 15-20 March.
Doctor: Were you alone or with someone else?
Patient: I was travelling with my wife. My Wife has had a sore throat, nasal congestion, lethargy & headaches since 21 March. Should we see a doctor to be assessed?
Doctor: In brief, Stay home. Stay home for at least 7 days, rest, drink fluids and monitor your temperature.

Patient: Is there a connection between flu and COVID-19?

Doctor: Yes, There is an overlap between flu and COVID-19 symptoms.

Patient: Are our symptoms close to COVID-19?

Doctor: No, Nasal congestion and absence of fever are not typically associated with COVID.

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glad to be of help. Take care.

id=182

Patient: Hi Doctor, If Allegra use is associated with increased risk of viral infections, isn't it dangerous to take it during the coronavirus pandemic?

Doctor: Any medication that can increase the potential of viral infections should be avoided during a coronavirus outbreak.

Patient: Thanks a lot Doctor.

Doctor: No problem, Take care.

id=183

Patient: Hello Doctor, Some doctors think that the combination of Hydroxychloroquine and Azithromycin may be effective against COVID19.

Doctor: Hard to say. In the absence of treatment I guess we grasp at things.

Patient: They believe this the only option we have until a vaccine becomes available. At least it is worth trying. Do you agree?

Doctor: This is definitely doing the rounds but as yet unproven. Most people recover from covid. So very very hard to trial.

Patient: So What should I do to avoid any chances of getting COVID-19?

Doctor: Most important right now is not to spread it. So stay home. Wash hands.

Patient: Thanks a lot Doctor for your advice.

Doctor: No problem, Glad to be of any help. Take care.

id=184

Patient: Hi Doctor, Where do genital warts come from? My partner has visible ones, however I don't. I'm female. Could they be there internally ?

Doctor: HPV virus Human papilloma virus. You don't necessarily have them but you could have the virus.

Patient: What should i do then?

Doctor: When last did you have a pap smear. They can pick it up on that. Once we are out of lockdown get a pap smear.

Patient: Thanks a lot Doctor.

Doctor: No worries, Take care.

id=185

Patient: Hi Doctor, I have Blocked nose, I am coughing, have a sore throat, and sometimes I have a fever. Sometimes my body aches.

Doctor: This Could well be another respiratory virus, I would stay home for now.

Patient: What should i do now Doctor?

Doctor: Use this platform to consult either virtually or ask more questions.

Patient: Are there any medications i should take?

Doctor: Use home medicine - decongestant and pain medication. Stay away from any anti-inflammatories if possible. Keep up warm fluids.

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glad to be of help. Take care.

id=186

Patient: Hello Doctor, I have had a sore throat for a few days, Tuesday Night it felt like tonsils.

Doctor: Can you explain in detail?

Patient: Yesterday it started becoming scratchy and today I have started coughing and spitting mucus.

Doctor: Do you have a fever?

Patient: I do not have a fever, But I get light headed here and there, could it be Covid?

Doctor: It is possible. At this time it is better to be sure you don't become contagious and spread the virus, try to get tested for Covid-19.

Patient: Thanks a lot for your advice Doctor.

Doctor: No problem, Glad to be of help. Take care.

id=187

Patient: Hello Doctor, I have had a sore throat for a few days, Tuesday Night it felt like tonsils.

Doctor: Can you explain in detail?

Patient: Yesterday it started becoming scratchy and today I have started coughing and spitting mucus. I do not have a fever, But i get light headed here and there, could it be Covid-?

Doctor: It seems Very unlikely. It sounds more like a viral cold.

Patient: So what should i do Doctor?

Doctor: Covid does not present this way. Treat the symptoms, consult GP if worse or if sputum changes color.

Patient: Thanks for your time Doctor.

Doctor: No worries, Take care.

id=188

Patient: Hello Doctor, I have type 1 diabetes, does that mean I can't get the virus just mildly?
Am I likely to have severe complications?

Doctor: Diabetes + Covid-19. Because you are a Type I diabetic it means that you are at greater risk for complications if you contract Covid-19.

Patient: What should i do Doctor?

Doctor: If you have had a sore throat for a few days that gets worse every day, and if you have a fever over 100F, call your General Physician. .

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glab to be of help. Take care.

id=189

Patient: Hello Doctor, If one has been in contact with a COVID-19 positive person in the last 12-days, what should one do to confirm if the virus has been or not contracted?

Doctor: Do you have any common symptoms?

Patient: I am asymptomatic. Don't think it is responsible to wait till symptoms manifest

Doctor: Isolate. No symptoms no test. You really do not need testing if there are no symptoms, but act like you are contagious.

Patient: What should i do then?

Doctor: Avoid contact with people for 14 days and only consult your GP if you get symptoms.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=190

Patient: Hello Doctor, I am having On and off fever and also a sore body?

Doctor: It's Probable flu. This definitely sounds like Influenza is starting.

Patient: Is there any chance of me having COVID-19?

Doctor: It's Unlikely Unless you have any obvious reason to suspect COVID-19, Malaria, Tick Bite Fever or Glandular Fever.

Patient: What should I do Doctor?

Doctor: Rest, Take Vitamin C and a suitable over the counter painkiller.

Patient: Are there any medicines I should avoid?

Doctor: I would advise avoiding Ibuprofen and other Non-Steroidal Anti-Inflammatory medication.

Patient: Really Thanks a lot for your time Doctor.

Doctor: No worries, Hope you get well soon.

id=191

Patient: Hi Doctor, Do I have Covid-19?

Doctor: Unknown. Without any details it's impossible to say.

id=192

Patient: Hi Doctor, My hba1c is not as good as it should be. I have type 1 diabetes.

Doctor: Diabetes + Covid-19. Have you been diagnosed as a Diabetic, or just someone with slightly elevated A1C.

Patient: Am I more likely to die of the virus?

Doctor: Reports are that diabetics, especially males, are at greater risk.

Patient: What should i do Doctor?

Doctor: Follow all precautions that have been posted all over the internet and have been printed in newspapers.

Patient: Are there any clear symptoms?

Doctor: If you have a sore throat and a fever, call your General Physician and follow his/her directions completely.

Patient: Thanks a lot for your advice Doctor.

Doctor: No problem, Glab to be of help. Take care.

id=193

Patient: Hi Doctor, I have a sore throat, a slight cough as well as slightly dry eyes. I may have been in contact with individuals with COVID-19 unknowingly?

Doctor: More detail required. Do you have a temperature? Have you traveled internationally or locally? Do you have a fever? I suggest you make an appointment to see a Doctor.

id=194

Patient: Hi Doctor, I have very mild symptoms of covid-19. Headache, sore throat, fatigue. What do I do now?

Doctor: Watch and wait. With very mild symptoms you do not need to be tested.

Patient: When should I consider going to a doctor?

Doctor: Your temperature is important. if your symptoms worsen or a fever develops or you start coughing and shortness of breath you need to seek help.

Patient: Is it advised to rather stay home, or go to get tested?

Doctor: Stay home and treat the symptoms with paracetamol.

Patient: Thanks a lot for your advice Doctor.

Doctor: No problem, Glab to be of help. Take care.

id=195

Patient: I was previously diagnosed with TB but have since recovered. I do want to know if my previous diagnosis puts me at a higher risk should I contract COVID 19.

Doctor: Covid and TB. Patients with a history of underlying lung disease do have a higher risk of morbidity and mortality with covid infection.

Patient: What important things should I follow Doctor?

Doctor: It is important to self isolate and maintain social distancing as per the current protocols.

Patient: When should I consider a Doctor?

Doctor: Should you suspect covid infection gets screened as early as possible.

Patient: Thanks a lot for your advice Doctor.

Doctor: No problem, Glad to be of help. Take care.

id=196

Patient: Hi Doctor, I have a flu that is getting worse and I have returned from the UK at the end of Feb and I have been in direct contact with British and Brazilian tourists in SA since then.

Doctor: Overseas and Covid. Yes, direct contact with anyone from Europe and travel history must get tested.

Patient: What is the process for testing?

Doctor: There are drive-in facilities in Johannesburg. Check the net for testing places in CT.

Patient: Really Thanks a lot for your time Doctor.

Doctor: No worries, Take care.

id=197

Patient: Hello Doctor, Are patients with diabetes, less likely to survive this awful virus?

Doctor: Not at all. If you are a well controlled diabetic then you will be fine. If you are poorly controlled then you are more at risk of it complicating.

Patient: So what should i do?

Doctor: Boost your immunity and stay at home. Get online shopping. Keep bags outside and sterilize everything coming into your home.

Patient: Thanks for your time Doctor.

Doctor: No problem, Take care.

id=198

Patient: Hi Doctor, I've been sick for the last two weeks with severe sinus pain, hot flashes and a very tight chest along with coughing up some mucus.

Doctor: Are you taking any Antibiotics?

Patient: I've been treated with antibiotics however it doesn't feel like it has worked.

Doctor: So What did you want to know?

Patient: Is it possible that this can be Covid-19?

Doctor: Hard to say. Is the mucous coloured or clear? Try to access health advice as you are.

Patient: What things should I do or follow?

Doctor: Stay home. It could be covid but if you are fairly asymptomatic stay home. It is safer for you and others. Treat symptomatically for now.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=199

Patient: Hi Doctor. My throat is sore, and very scratchy, I have also had a cough, cough started about a week ago.

Doctor: Do you have fever?

Patient: I have no fever. Just want to know if this is anyway related to covid-19?

Doctor: Unlikely. It could be, however going out right now is dangerous to you and others.

Patient: What should i do now Doctor?

Doctor: If you don't have it yet going out risks getting it. If you have it you can spread it.

Patient: Should I consult a Doctor now?

Doctor: Try to access a thorough consult on the phone or virtually.

Patient: Thanks a lot Doctor for your advice.

Doctor: No problem, Glad to be of any help. Take care.

id=200

Patient: Hi Doctor, I have a bad cough, sinus congestion and body aches but no fever. Should I consult a doctor regarding covid-19?

Doctor: Most likely not. It is Most likely sinusitis or seasonal allergy.

Patient: So what should i do Doctor?

Doctor: Try to access a telephonic or virtual consult to discuss thoroughly with someone.

Patient: Should I follow some things in my home?

Doctor: For now stay home and stay safe. Treat yourself and all in your family as if they have covid for now, it's safer.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=201

Patient: Hi Doctor, My son is not feeling well. He has a very snotty nose, sore throat, occasional phlegm cough, uneasy stomach.

Doctor: Did he have fever or cold?

Patient: He had a headache last night. No fever. Is it a common cold or must he be checked for Covid 19?

Doctor: Has he travelled anywhere recently?

Patient: No, he did not travel or been in contact with anyone?

Doctor: So, Get telephonic consultation via this or other forums. Not indicated to be tested right now.

Patient: Should I take any medications?

Doctor: Use medication you have at home to treat symptoms right now. Use this forum if symptoms change.

Patient: Really Thanks a lot for your time Doctor.

Doctor: No worries, Take care.

id=202

Patient: Hello Doctor, Should I shave my beard to reduce my chances of contracting coronavirus / covid-19?

Doctor: In my opinion, Yes. This virus clings to everything especially hairs. Either wash your beard a few times a day and spray with alcohol or shave off.

Patient: Thanks for your time Doctor.

Doctor: No problem, Take care.

id=203

Patient: Hi Doctor, Good morning I have a sore throat for 2 days now, this morning I woke up and my throat was a lot better, just a little scratchy.

Doctor: Any other symptoms?

Patient: Other symptoms this morning were a stuffy nose and a bit of a sore side of my body? Is it corona?

Doctor: Likely not corona. Sounds more like seasonal allergy or a mild cold.

Patient: What should i do Doctor?

Doctor: Gargle with warm salt water and use meds you have at home.

Patient: What else should i do Doctor?

Doctor: Ask questions on this forum and don't go out unless you really really have to.

Patient: Really Thanks a lot for your time Doctor.

Doctor: No worries, Be safe and Take care.

id=204

Patient: Hi Doctor, I am a 46 year old female. I've had Trach for the last 9 months due to stridor, bronchospasm and laryngeal spasms.

Doctor: Are you being treated?

Patient: I am currently being worked up for autoimmune disease.

Doctor: Also are you taking any medications?

Patient: I am on Xolair. Am I more susceptible to coronavirus?

Doctor: Yes. It is very very important for you to stay in quarantine and not go and shop.

Patient: What things should I follow or do?

Doctor: Make sure anything that comes into your house is sanitized. Keep 2 m away from everyone and wear a buff or homemade mask that covers your nose and mouth.

Patient: Really thanks a lot for your time and advice Doctor.

Doctor: Be safe. Be positive. We will get through this.

id=205

Patient: Hi Doctor, I was severely sick with a cough back in mid February before I knew about the current virus.

Doctor: Did you have a fever?

Patient: Not sure if I had a fever or not. I'd cough so hard and vomit. I smoke. Could I still have coronavirus antibodies?

Doctor: The virus is Infectious for 3 weeks. If you have coronavirus you are infectious for 3 weeks. So you need to stay 2 m away from loved ones.

Patient: Are there any things I should follow or do?

Doctor: Get someone else to shop for you. Stay home. Wear a buff over your nose and mouth. Do not touch your face, mouth or nose. Wash hands for 20 seconds every 20 min.

Patient: Thanks a lot Doctor.

Doctor: Be careful, You will get through this. Take care.

id=206

Patient: Hello Doctor, I got my TDAP shots when I was little, now that I am 18, should I get them again this year or when should I?

Doctor: Booster vaccinations. You should have had a booster at 12 years and that lasts for 10 years. If your last Tdap was at 6 years then you are overdue.

Patient: I was thinking I should do this after the pandemic?

Doctor: I agree with waiting for after the COVID pandemic unless you have an injury that would require tetanus immunity.

Patient: Really Thanks a lot for your time Doctor.

Doctor: No worries, Be safe and Take care.

id=207

Patient: Hi Doctor, So I'm a 20 year old female. I started working out about a year ago. I noticed some lower abdominal pain after partaking in abdominal workouts.

Doctor: Is there anything else you feel relevant to this?

Patient: I also notice it around the time of my period. It's right next to/under my hip bone on the left side.

Doctor: This could well be very normal. One can get pain on day 14 during ovulation and before and during the period.

Patient: What should i do Doctor?

Doctor: Use panado for this and once we are through this coronavirus you can use anti-inflammatories.

Patient: Thanks for your time Doctor.

Doctor: No problem, Take care.

id=208

Patient: Hi Doctor, Will getting either of the pneumonia vaccines, Prevnar and Pneumovax, prevent you from developing pneumonia if you catch the flu or covid?

Doctor: No. The vaccines prevent bacterial pneumonia. They have no effect on viral pneumonia.

Patient: Thanks for your time Doctor.

Doctor: No problem, Take care.

id=209

Patient: Hello Doctor, Will coronavirus make my kids more susceptible to catching the flu?

Doctor: It may help. Coronavirus infections may make individuals more susceptible to catching other viral or bacterial infections, especially if there are underlying respiratory conditions such as asthma or COPD, cardiac conditions or immunocompromised states.

Patient: Should all kids be vaccinated against the flu in case they catch COVID-19?

Doctor: Flu vaccines may afford a certain level of protection to kids, but they do not protect against all strains of the influenza virus.

Patient: Thanks for your time Doctor.

Doctor: No problem, Take care.

id=210

Patient: Hello Doctor, Does covid-19 cause persistent fever or it comes and goes. I have had nasal allergy and parangities for a long time. Every year it's come for a while?

Doctor: Your symptoms sound more like seasonal allergy. Treat as such, your pharmacist can assist. Try to do this over the phone and collect if possible.

Patient: Thanks for your time Doctor.

Doctor: No problem, Take care.

id=211

Patient: I take irbesartan (angiotensin receptor blocker) for uncomplicated hypertension. It increases cell expression of angiotensin receptors (AR's). COVID enters cells via AR's.

Doctor: What did you want to know?

Patient: Should I change my blood pressure meds?

Doctor: Contact Doctor Rather get hold of your regular GP and discuss over the telephone regarding this issue. DO NOT STOP OR DO THIS ON YOUR OWN.

Patient: Really Thanks a lot for your time Doctor.

Doctor: No worries, Be safe and Take care.

id=212

Patient: Hi Doctor, I have type 1 diabetes that I try hard to control, but I struggle with. Are my chances high for poor outcomes with the virus?

Doctor: Depends on many factors. Type I diabetics can be more fragile when they have any type of infection unfortunately.

Patient: Does smoking have any effect on outcome?

Doctor: If you are younger & do not smoke & do not have other chronic problems, your increased risk may be minimal.

Patient: Also, What should I do or follow to be safe, Doctor?

Doctor: Eating a balanced diet, keeping glucose controlled, getting adequate exercise (including fresh air outdoors), & adequate sleep all should help protect you from severe consequences, but be very careful.

Patient: Really Thanks a lot for your time Doctor.

Doctor: No worries, Be safe and Take care.

id=213

Patient: Hello Doctor, I have Itchy ears, painful ears, pain in the roof of mouth only at night. Post nasal drip. I've sneezed a few times and sometimes my nose runs in the morning. Also sometimes I cough. Is it Covid 19?

Doctor: Probably not Covid. May be allergic, bacterial sinus infection, a different virus, a narrow upper jaw with partial airway obstruction, or other causes.

Patient: What should i do Doctor?

Doctor: Call your General Physician and check if they want to see you. See your Dentist to evaluate if your upper jaw is too narrow and if you need to see an Orthodontist.

Patient: Thanks for your time Doctor.

Doctor: No worries, Take care.

id=214

Patient: Hi Doctor, Should I stay away from my family if I still have to work during the pandemic?

Doctor: Do you have a job where you meet lots of people?

Patient: I deliver beer to grocery stores and gas stations. I've been worried about possibly getting it and then them catching it. Since they said you can be asymptotic.

Doctor: It's Difficult times. This is a difficult question. Many workers like you wear masks, gloves, stand 6 feet from others, take off work clothes on entering their home, wash meticulously.

Patient: What more should I do or follow Doctor?

Doctor: Read more tips from Covid-19 hotlines.

Patient: Really Thanks a lot for your time Doctor.

Doctor: No worries, Be safe and Take care.

id=215

Patient: Hello Doctor, My hba1c isn't within target, but I try so hard. Does that mean that I am likely to end up in hospital or die, from coronavirus?

Doctor: Not necessarily. You need to consult an endocrinologist for advice about diet, weight control, and medication for controlling A1c.

Patient: Anymore suggestions Doctor?

Doctor: It is not feasible to provide more useful suggestions without talking to you, performing physical examination and maybe some tests.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Wish you good health.

id=216

Patient: Hi Doctor, I'm quite sure that I have Covid-19. My mother is a health worker that has been exposed.

Doctor: What are your symptoms?

Patient: Among my symptoms is trouble breathing and pain in the chest. Can I sleep and see how I feel tomorrow or is there a risk that I'll stop breathing in the night?

Doctor: Contact your doctor or go to the ER for trouble breathing. If you go to ER they test you for covid 19. Your mother also can be tested if symptomatic.

Patient: Really Thanks a lot for your time Doctor.

Doctor: No worries, Be safe and Take care.

id=217

Patient: Hi Doctor, If all I have is a dry cough, should I get tested for covid 19? No recent travel or contact with high risk individuals.

Doctor: Sounds risky. Using symptoms of fever, cough, or runny nose to screen for COVID-19 is not accurate because colds and flu have such symptoms.

Patient: Should I do a Covid test?

Doctor: COVID testing is by nasal swab, but there's a shortage of test kits in this pandemic.

Patient: So what should i do Doctor?

Doctor: Only local resources know local testing sites, times, restrictions. Even a negative test does not guarantee one does not have COVID-19.

Patient: Thanks a lot for your advice Doctor.

Doctor: No worries. Safest for people to stay away from ICU patients.

id=218

Patient: Hi Doctor. Anxiety because of the covid-19 news?

Doctor: At 39 your risk for severe infections is very low.

Patient: What should i do or follow to prevent getting covid-19?

Doctor: A strategy that I recommend is taking in information daily, but get away from it. Practice prudent precautions. Read this

<https://www.healthtap.com/blog/covid-19-care-guidelines/preventing-covid-19>.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Be safe and take care.

id=219

Patient: Hi Doctor, My 68 yrs old mom is still waiting for coronavirus test results. She's had 101-102 fever for a week CT showed pneumonia. Does the fact that her fever is not getting better means that her pneumonia isn't getting better?

Doctor: On treatment for bacterial pneumonia, fever will usually decline within 2 days.

Patient: Is there anything else I could do?

Doctor: A follow up chest image may be indicated. If you would like to upload her CT and clinical information to an inbox consultation with HT, we can provide an opinion.

Patient: How much time will it take for my mom to feel okay?

Doctor: Sometimes there is slow resolution of pneumonia, particularly with underlying medical conditions. The test results should be back soon.

Patient: Really Thanks a lot for your time Doctor.

Doctor: No worries, Be safe and Take care.

id=220

Patient: Hello Doctor, State officials put temp ban on all group activities & shut down nonessential businesses to curb COVID-19 spread.

Doctor: What is your query then?

Patient: In light of that, would you say hosting a group yoga class in a school parking lot is unwise? My Neighbor is doing that & I'm concerned.

Doctor: Virtual get-togethers should be considered. Keep a distance of at least 6 feet between persons who are not in your household. .

Patient: Thanks a lot Doctor.

Doctor: Be careful, You will get through this. Take care.

id=221

Patient: Hello Doctor, If you are tested positive for Covid-19, and your fever keeps going up daily (100 to 101 to 102 to 103), what should you do if all other symptoms remain the same?

Doctor: Consider chest images. Pneumonia may occur and if you continue to spike fevers, please see your PCP for a chest image and reevaluation.

Patient: If i go to a Doctor, Will they specifically check for only corona?

Doctor: Testing for additional bacterial and viral causes may be performed at the same time.

Patient: What should I do or follow at this time?

Doctor: Stay at home for at least for three days after the fever has broken and avoid contact with others. .

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Wish you good health.

id=222

Patient: Is ritonavir 100 mg and lopinavir 400mg safe drugs in COVID-19 and does improvement appear in patients??

Doctor: No. There is not enough data to support its use. More clinical trials are needed.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Wish you good health.

id=223

Patient: Hi Doctor, Do I need to take my 10 month old son for his measles vaccinations now that it is due or can it wait until the Coronavirus Pandemic has calmed down as I don't want to expose him unnecessarily in clinics or hospitals.

Doctor: Wait for now, keep talking on this platform. Stay safe.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Be safe and take care.

id=224

Patient: Hello Doctor, My 10 month old Baby Boy is scheduled to have his measles vaccination during the Lockdown. I want to know if we can wait to do his next vaccination until after this coronavirus has calmed down.

Doctor: Wait. My advice would be wait and don't risk exposure and spread right now.

Patient: what should i do now?

Doctor: Quarantine. Safe stay. We are here for you on this platform.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Wish you good health.

id=225

Patient: Hi Doctor, My 5 year old son woke Up not feeling well. I measured his temperature and mouth reading is 38.3 and armpit is 38.2.

Doctor: What more symptoms does he show?

Patient: He says he's head is sore and his neck is sore. Am scared it may be covid-19?

Doctor: Arrange testing. Stay home, provide fluids and ibuprofen after checking his temperature.

Patient: What to do if he does not get well?

Doctor: If he does not look well to you, please arrange a virtual or in person appointment with your pediatrician.

Patient: Are there any precautions i should follow?

Doctor: Avoid contact with others, use good hand washing and consider testing for Influenza and Coronavirus. Would you like to video or text chat with me?

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Wish you good health.

id=226

Patient: Hi Doctor, My 68 yr old mom is waiting for coronavirus results. She's been having fever 101-102 for a week. Was admitted to hospital and has pneumonia.

Doctor: So what did you want to know?

Patient: How is it treated and should she stay at the hospital until her symptoms get better? She has HTN. Does she have covid-19?

Doctor: COVID-19? It sounds like your mom is in good hands. If she has COVID, they will know how to treat it. If the pneumonia is believed to be bacterial, they will be treated with antibiotics.

Patient: Is there a proven treatment for coronavirus?

Doctor: There is no proven effective treatment for coronavirus itself. Ask her doctors if she is a candidate for remdesivir, not proved effective but sometimes available on a "compassionate" basis for severely ill patients.

Patient: Really Thanks a lot for your time Doctor.

Doctor: No worries, Be safe and Take care.

id=227

Patient: What can I use against coronavirus if I run out of hand sanitizer?

Doctor: In brief: Water and soap is best, available easily. Trying not to touch shared places would also protect to some extent.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Wish you good health.

id=228

Patient: Hello Doctor, Does hand sanitizer actually work? Where do all the germs go after using it, and will it actually protect me against COVID-19?

Doctor: It actually works. As does washing your hands with soap and water. All the germs die after using it, so they become harmless.

Patient: Can i still catch covid-19 after following this?

Doctor: Sanitizer and washing your hands will help protect you, but you can still catch COVID-19 through your mouth and nose and inhaled into the lungs.

Patient: What more should I follow?
Doctor: Social distance and quarantine as needed.
Patient: Thanks a lot for your time Doctor.
Doctor: No worries, Take care and stay safe.

id=229

Patient: Hi Doctor, Should someone with a compromised immune system due to rheumatoid arthritis get the flu vaccine, especially during the COVID-19 crisis?
Doctor: Flu vaccine. Any flu vaccine will cause your immune system to respond. I advise, if your decision is to be vaccinated, to do it over a period of 6 weeks.
Patient: Does the vaccine completely kill the virus?
Doctor: That way you get the full killed vaccine, and your body develops an immune response with its ability still intact to fight Covid 19 if necessary.
Patient: Thanks a lot for your time Doctor.
Doctor: No worries, Take care and stay safe.

id=230

Patient: Hi Doctor, My wife just found out that she sat next to someone on Tuesday who is being tested for the Coronavirus. Person is being tested as his wife was tested positive.
Doctor: Stay home. Right now stay home, keep reporting here. There should be home to home testing coming soon. Mild corona virus is easy to treat at home. Treat everyone right now as if they have it, including everyone in your home.
Patient: Thanks a lot for your time Doctor.
Doctor: No worries, Take care and stay safe.

id=231

Patient: Hello Doctor, What is the best way to quarantine my 22 year old son who travelled by plane recently, has no current symptoms.
Doctor: Household members should stay in another room or be separated from the quarantined as much as possible. They should use a separate bedroom and bathroom, if available.
Patient: What to do about visitors and also should we wear masks in our house?
Doctor: Prohibit visitors to the home. You and the quarantined should each wear a face mask if you are in the same room. (3/26/20) Read <https://www.healthtap.com/blog/post/caregiver-guide-for-COVID19-spouses-partners-contacts>.
Patient: Thanks a lot for your advice Doctor.
Doctor: No problem, Glad to be of help. Take care.

id=232

Patient: Hi Doctor, My 8 year old and 6 year old woke up yesterday with a bad cough, I've been giving them cough medication, Allergex and they are wearing face masks in the house. Please advise how I can get them tested for Covid-19?

Doctor: No testing Now. Your children are going to be fine, there have not been any children that have required drastic measures.

Patient: Are there anything I should do or follow?

Doctor: Make sure you stay 2 m away and wash hands and surfaces, disinfect surfaces constantly. Ask questions on here, we are here but you need to stay home right now.

Patient: Thanks a lot for your advice Doctor.

Doctor: No problem, Glad to be of help. Stay safe and Take care.

id=233

Patient: Hi Doctor, My Doctors have asked me to take a COVID-19 test. But I am not sure if I just have a common cold or if I really need the test. I am monitoring my temperature which has been stable at around 37.3.

Doctor: You should test if you meet the criteria for testing, which currently states that you should have symptoms (cough/fever/shortness of breath/sore throat) PLUS contact with a confirmed or suspected case of Covid-19.

Patient: What if i do not have any contact?

Doctor: If you do not have a contact, then best would be to isolate yourself (which you will be doing on lockdown anyway).

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=234

Patient: Hi Doctor, I have had a mild fever since the 15 of March, a strange sensation in the Throat, fever went away, came back yesterday on the 25 March, no short of breath, just a slight headache, must I test for COVID-19?

Doctor: Perhaps not now. See how you go, going out right now is really a big risk.

Patient: What should i do now?

Doctor: We are here and can communicate during the lockdown period. The government is making more tests available and safely so. Trust our government. Stay home right now.

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glad to be of help. Take care.

id=235

Patient: Hi Doctor, My Doctors have asked me to take a COVID-19 test. But I am not sure if I just have a common cold or if I really need the test. I am monitoring my temperature which has been stable at around 37.3.

Doctor: You should test if you meet the criteria for testing, which currently states that you should have symptoms PLUS contact with a confirmed or suspected case of Covid-19.

Patient: What if i do not have contact?

Doctor: If you do not have a contact, then best would be to isolate yourself (which you will be doing on lockdown anyway).

Patient: Really appreciate your help Doctor, Thanks a lot.

Doctor: No worries, glad to be of any help.

id=236

Patient: Hi Doctor, I have been having a mild fever since the 15 of March, with a strange sensation in the Throat, fever went away on the 17, but came back.

Doctor: Are you still showing the same symptoms?

Patient: On the 25 March, mild, no short of breath, just a slight headache, must I test for COVID-19?

Doctor: Perhaps not now. See how you go, going out right now is really a big risk. We

Patient: What if i do not have contact?

Doctor: If you do not have a contact, then best would be to isolate yourself (which you will be doing on lockdown anyway).

Patient: Really appreciate your help Doctor, Thanks a lot.

Doctor: No worries, glad to be of any help.

id=237

Patient: Hello Doctor, Just wanted to check I had a meeting with someone who had recently been back from Australia, is Australia a high risk country?

Doctor: Any travel is a risk, that is how this has spread so yes I would advise you to telephonically consult with a doctor and see what they advise is best right now.

Patient: Does locking down help?

Doctor: But locking down requires all of us to stay put to stop transmission. I mean international travel is a risk to get covid and from international folk, especially recently.

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glad to be of help. Take care.

id=238

Patient: I would like to inquire if my symptoms are related to covid-19 before going to a testing centre?

Doctor: What are your symptoms? There are short supply of tests and only if you absolutely need a test at this stage.

Patient: What should i do or follow?

Doctor: Stay at home, disinfect everything, especially any shopping coming from outside your home. Ask questions on this forum. Stay at home right now.

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glab to be of help. Take care.

id=239

Patient: Hi Doctor, What will happen after the incubation period for covid-19?

Doctor: If you are infected, symptoms will emerge: tiredness, dry cough, fever worsening over 5-14 days. You will also become more infective so self-isolation and good hygiene are vital.

Patient: When should I be concerned about covid-19?

Doctor: Only be concerned about COVID-19 if: You have been in contact with someone with a confirmed diagnosis of COVID-19, You have visited a high risk area, Symptoms worsen and include persistent fever and dry cough.

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glab to be of help. Take care.

id=240

Patient: Hi Doctor, I'm on Plasmoquine and Methotrexate 7.5mg x 1 per week for arthritis. I'm concerned that the Methotrexate may weaken my immune system and make me more vulnerable to Covid-19.

Doctor: COVID-19 and RA. Some anecdotal data showed that chloroquine or hydroxychloroquine might have activity against COVID-19.

Patient: Does they have lowered chances of covid-19 according to data?

Doctor: Observation from China Wuhan noted that patients with RA and on these medications had low incidence of COVID-19 infection.

Patient: Would it not be safer to discontinue use until the threat has passed?

Doctor: There is however no definite proof yet at this time. In terms of whether you can stop methotrexate, you better discuss with your rheumatologist for the benefit and risk. .

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glab to be of help. Take care.

id=241

Patient: Hi Doctor, I believe the incubation period for covid-19 is 7 days. So if you get sick after 7 days does the 14 day quarantine period start from the moment you show symptoms or is the 7

days incubation period included in the 14 day quarantine period?

Doctor: Those with mild disease may be de-isolated 14 days after symptom onset, while those with severe disease may be de-isolated 14 days after achieving clinical stability.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=242

Patient: Hello Doctor, I am experiencing a cough associated with: phlegm or mucus (not associated with: barky, hoarse, or hacking sound, chronic), swelling around eyes, fatigue.

Doctor: Most likely a viral infection but possibly allergy.

Patient: What is the treatment for this then?

Doctor: You may need treatment with an antihistamine, and decongestant.

Patient: When should I be concerned about covid-19?

Doctor: Only be concerned about COVID-19 if: - You have been in contact with someone with a confirmed diagnosis of COVID-19 - You have visited a high risk area - Symptoms worsen and include persistent fever and dry cough.

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glad to be of help. Take care.

id=243

Patient: I have been feeling very hot and having headaches everyday and always tired?

Doctor: Most likely a non-specific viral infection. Check your temperature. If persistently raised any symptoms don't clear in 7 days, consult your doctor.

Patient: Most likely a non-specific viral infection. Only be concerned about COVID-19 if: You have been in contact with someone with a confirmed diagnosis of COVID-19.

Doctor: Are there any other things which are risky?

Patient: If You have visited a high risk area Symptoms worsen and include persistent fever and dry cough.

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glad to be of help. Take care.

id=244

Patient: Hi Doctor, Coronavirus how do we test?

Doctor: Lab if necessary. Most commercial labs such as Lancet, Ampath and Pathcare can test.

But the labs are stretched and test kits in short supply.

Patient: When should I test for covid-19?

Doctor: Only tests if: You have symptoms that are not resolving. You have been in contact with someone diagnosed with COVID-19. You have traveled from a high risk area.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=245

Patient: Hi Doctor, My 2 year old has a small fever and is vomiting. I'm worried about her. Are these symptoms of the Coronavirus?

Doctor: Probably not. Much more important is what her exposure is to anyone who has COVID-19 or traveler from a highly infected area. Fever >100.4 F and respiratory symptoms are more common with COVID-19 than vomiting.

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glad to be of help. Take care.

id=246

Patient: Hello Doctor, Good day. This morning I coughed for the very first time in a long time. With the coronavirus around I feel the need to report this. I coughed for about 5 min. I have no fever, am not tired and my chest feels weird.

Doctor: Best to stay home. Right now stay home, consult here. Disinfect everything and stay safe. We are here to answer your questions. Would you like to video or text chat with me?

Patient: Thanks a lot for your advice Doctor.

Doctor: No worries, Take care.

id=247

Patient: Hi. I'm suffering with a tight chest and a slight sore throat from the beginning of the week. My symptoms are getting slightly worse and I am getting a slight fever and body aches. I also feel nauseous at times.

Doctor: You likely have a viral respiratory tract infection. Manage with paracetamol and gargle with salt water or Disprin.

Patient: Should I be concerned about coronavirus?

Doctor: This is unlikely unless you have been in contact with someone who has been diagnosed or has traveled from a high risk area. In any event, isolate yourself from others, stay at home and adopt strict hygiene measures: hand washing, alcohol use.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=248

Patient: Hello Doctor. If I live in close quarters with people who have recently traveled from Europe, should I stay away from them in order to lower the risk of catching coronavirus?

Doctor: You are quite right to stay well away. Also be stringent about hand washing, sanitizing and avoiding contact with your face and other people. Monitor any symptoms.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=249

Patient: Hi Doctor, My boyfriend suddenly lost his sense of smell. He had a sleep apnea test done 3 days ago, on a machine, plus one if his nostrils is stuffed up, due to a slight cold. Also when the test was done, his nostrils were clear. What caused this?

Doctor: COVID-19. You won't like to hear this, but loss of smell (anosmia) or taste often is the first symptom of COVID-19, the epidemic coronavirus infection. Nasal congestion also could go along with this.

Patient: Should we contact a Doctor?

Doctor: And you probably know that COVID-19 is currently a big problem in NYC. He should contact his doctor right away.

Patient: Thanks a lot for your advice Doctor.

Doctor: No problem, Glad to be of help. Take care.

id=250

Patient: How do I know if I have coronavirus?

Doctor: TO be sure, GET TESTED!

id=251

Patient: Hi Doctor, This morning I woke up with an extremely dry cough that hurt when I tried to inhale deeply.

Doctor: Can you explain your symptoms a bit more?

Patient: My temperature never got over 99. Sometimes 98.5, 98.7, or 99.1. As the day progressed muscles began to ache and headaches started.

Doctor: Okay, So These symptoms are characteristic of a viral upper respiratory tract infection.

Patient: What is the treatment Doctor?

Doctor: Treatment is resting, drinking adequate amounts of fluids, taking Tylenol.

Patient: Should i worry about this?

Doctor: Worrisome symptoms would be shaking chills, higher fever, chest discomfort with deeper cough, shortness of breath or wheezing.

Patient: Should I consult a Doctor?

Doctor: If you get above symptoms, It should prompt a call to your MD for instructions.

Patient: Should I take a Covid test?

Doctor: If you live where Covid-19 is present, or have been exposed, get a test.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=252

Patient: Hello Doctor, If Anyone infected with COVID-19 starts to have diarrhea, Does it increases the chances of death compared to people who just start respiratory symptoms?

Doctor: From Data from China, there has been an association between worse infection and diarrhea.

Patient: Is it serious?

Doctor: There seems to be a worse inflammatory response associated with people who have diarrhea.

Patient: Thanks a lot for your advice Doctor.

Doctor: No problem, Glab to be of help. Take care.

id=253

Patient: Hi Doctor, My 22 year old son travelled by plane between Baltimore & Rhode Island. What are the risks of covid-19?

Doctor: Does he have any Symptoms indicating covid?

Patient: He has no symptoms.

Doctor: Were there any reported cases on that particular flight?

Patient: There have not been any reported cases on his flight. I am quarantining him as best I can at home.

Doctor: Yes, It is safe to quarantine.

Patient: How can i know if he has covid or not?

Doctor: Screening procedures to identify who has COVID-19 are not very reliable and vary depending on location and entity type (airline boarding, border control, clinic, school, etc.).

Patient: What is the best thing to do now?

Doctor: Three months into the epidemic, the safest is to self-quarantine for 14-21 days upon arrival.

Patient: What is the most reliable testing for this virus?

Doctor: Most Reliable testing for viruses is via nasal swab, but there's a shortage of test kits in most places.

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glad to be of help. Take care.

id=254

Patient: Hello Doctor, I have a sore throat and I'm tired. I haven't slept well in the last two days. Feeling stressed.

Doctor: Can you explain more about your symptoms?

Patient: Should I assume sore throats are associated with the coronavirus. Sore throat started today.

Doctor: Throat pain can be from a strep throat infection, a cold or influenza, or from some other cause such as allergies or irritants.

Patient: Should I consult a Doctor?

Doctor: Usually, a person sees the doctor if the sore throat is bothersome, recurrent, or doesn't go away quickly.

Patient: Should I worry about coronavirus?

Doctor: COVID-19 infections tend to have cough, whereas strep usually lacks cough but has more throat pain.

Patient: Thanks a lot for your advice Doctor.

Doctor: No problem, Glad to be of help. Take care.

id=255

Patient: Hello Doctor, Having type 1 diabetes, doesn't mean you have low immunity does it?

Doctor: Diabetes Type 1 diabetes may be an autoimmune disorder, but if well controlled one's immunity and ability to handle infections should be ok.

Patient: So what is it about it, that makes us more at risk with the virus?

Doctor: Poorly controlled diabetics, especially with complications of kidney disease and vascular disorders, degrees of dehydration and poor tissue status are at risk for infections.

Patient: Is there any reason for this?

Doctor: I feel it's partly because the skin barrier to pathogens is impaired. In my experience most type 1's do ok.

Patient: Really appreciate your help Doctor, Thanks a lot.

Doctor: No worries, glad to be of any help.

id=256

Patient: I have SLE and am currently on a 5 day course of dexamethasone 8 mg daily. I still have to work during the coronavirus outbreak.

Doctor: Wear a mask, Avoid contact with others, also ask those around you to wear a mask.

Patient: I work in close quarters. Desks are a couple of feet apart.

Doctor: A desk more than 6 feet away from others is another measure of safety.

Patient: What more things should I follow or do Doctor?

Doctor: Use good hand washing and keep surfaces, including your phone and computer clean. Continue your steroids as prescribed.

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glad to be of help. Take care.

id=257

Patient: Hi Doctor, I have a 3 yr old. He started coughing 2 nights ago, It constantly sounds kinda phlegm and no other symptoms. Very low grade fever at night.

Doctor: What did you want to know?

Patient: Is it contagious? Does he have corona?

Doctor: Unlikely. Follow this guideline, but I do not see evidence you need to isolate.

<https://www.healthtap.com/blog/covid-19-care-guidelines/preventing-covid-19>.

Patient: Thanks a lot for your advice Doctor.

Doctor: No worries, Take care.

id=258

Patient: Hello Doctor, How soon after being infected can someone transmit COVID-19?

Doctor: After Infection, Looking at the data people that have the virus can spread it.

Patient: Is there a possibility of having the virus and not having severe problems?

Doctor: There are cases of viral spread that have been linked from signs of having the virus to up to 10 to 14 days prior.

Patient: When does a person become a problem for others?

Doctor: Probably within days of infection you are a problem.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=259

Patient: Hi Doctor, I was in contact with someone that tested positive for Covid.

Doctor: When was your last contact with that person?

Patient: My last contact was the 16th. The 18th he started to feel bad, informed me and I isolated myself from the rest of my family.

Doctor: Did any of your family members show any symptoms?

Patient: Today is the 25th and none of us have symptoms. Should I stay isolated?

Doctor: To avoid spread of COVID-19, use precautions such as staying home as much as possible, Avoid contact with others until the infection rate begins to decline.

Patient: Anything else I should do or follow?

Doctor: Monitor your temperature, rest and drink fluids.

Patient: When should I contact a Doctor?

Doctor: On day 7 post contact if you have no symptoms, most likely you are fine.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=260

Patient: Hi Doctor, If I leave Covid 19 infected product in the fridge, will the virus die or survive in the fridge?

Doctor: Data from frozen food shows that there is no transfer of virus via food sources this way.

Patient: Thanks a lot Doctor.

Doctor: No worries, Take care.

id=261

Patient: What are low and high temperatures at which Covid 19 virus cannot survive?

Doctor: Not as fragile as one might hope. -80 C does not kill it +56 C does kill it.

Patient: Thanks a lot Doctor.

Doctor: No worries, Take care.

id=262

Patient: I hear covid 19 virus dies around 27C. Does it mean once temperature outside rises above 27 C all covid 19 viruses outside will be dead?

Doctor: Not as fragile. as one might hope. -80 C does not kill it +56 C does kill it.

Patient: Thanks a lot Doctor.

Doctor: No worries, Take care.

id=263

Patient: Are there additional risks associated with using too much ethyl 70% alcohol to sanitize hands other than dry skin? Nowadays I use it a lot due to Coronavirus concerns.

Doctor: Alcohol for Covid-19. Washing your hands with soap and water for at least 20 seconds

is extremely effective.

Patient: What should I do or follow as a precaution to covid-19?

Doctor: Using an alcohol based hand sanitizer is a good second line of defense. Sanitizer contains emollient to help prevent dehydration. Straight alcohol doesn't.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=264

Patient: Can we use Disprin or Compral pills when we have Corona. They don't contain ibuprofen?

Doctor: Yes you can, depends. CoronaVirus treatment so far is symptomatic and supportive. It really depends what you treat with Disprin/Compral. You do not have Ibuprofen.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=265

Patient: I'm absolutely worried sick about getting coronavirus and what it would mean for me if I got it, because of my diabetes. Is there anything you can say that can help me in any way?

Doctor: TAKE CARE. 1. Wash your hands. 2. Stay home as much as you can. 3. Control your glucose levels 4. Meditate or search for breathing exercises.

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glad to be of help. Take care.

id=266

Patient: 2 days ago I started experiencing fatigue and random body pains, mostly below the ribs and body temp was high as I was sweating and feeling cold.

Doctor: What did your GP prescribe to you?

Patient: The GP gave me flu medication and advice against testing for Corona. Should I insist on testing for Corona?

Doctor: No, you shouldn't. Unless you have a history of international travel recently or were in contact with someone who has tested positive for Coronavirus.

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glad to be of help. Take care.

id=267

Patient: On the night of 23rd March I started experiencing a sore throat and little bit of a nose block. I visited the GP yesterday and was given flu medication.

Doctor: What did your GP advice?

Patient: GP advised against Corona testing since my temp was normal. Should I be concerned about the Coronavirus?

Doctor: Not at all.

id=268

Patient: My 18 month old woke up from her nap this afternoon sounding hoarse. Is this reason for alarm given the current Corona situation?

Doctor: In brief: No Kids are very resilient and the best fighters of this.

Patient: What should i do then?

Doctor: Stay home and stay safe. People spread this virus. Your baby will be fine, I don't think hoarseness is corona at all :) keep asking questions as you need to.

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glab to be of help. Take care.

id=269

Patient: Can Covid-19 be transmitted sexually?

Doctor: Sort of. If you are having sex with someone who has Covid-19 you are quite at risk of getting it.

Patient: Can you explain a little more?

Doctor: High likelihood of kissing and having intercourse but it may not be transmitted through intercourse but the closeness in an intimate situation like that with someone who is infected gives a high likelihood of transmission.

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glab to be of help. Take care.

id=270

Patient: Good morning doctor.

Doctor: Good morning.

Patient: I have a question: if two homosexual men have unprotected sex but they have a mutually monogamous relationship and neither of the two people is infected with HIV, can they get HIV?

Doctor: Only certain body fluids - blood, semen, precum, rectal secretions etc - of a person who has HIV can transmit the virus. If both are certain with a confirmatory test that they are not infected and are monogamous, they do not have to contract it.

Patient: Can they get another STD?

Doctor: However, having unprotected sex can get another STD.

id=271

Patient: I have a throat problem and headache. What should I do? Is strepsils good.

Doctor: You May call the Doctor on video. Throat symptoms can be from strep throat infection (antibiotics needed), a cold or influenza (antibiotics usually not used), or from some other cause such as allergies or irritants.

Patient: What do you suggest?

Doctor: Usually, a person sees a doctor (call first) if the throat issue is bothersome, recurrent, or doesn't go away quickly. COVID-19 infections tend to have cough, whereas strep usually lacks cough but has more throat pain.

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glad to be of help. Take care.

id=272

Patient: What is my risk of dying from coronavirus, as I have type 1 diabetes?

Doctor: Not well established. For now, it is known that having chronic disease, including diabetes (not specified type), increases the risk of death.

Patient: What should i do or follow then?

Doctor: The outbreak is so new that evidence is not robust enough to give a number yet. Anyway, It is recommendable to assume that you are at higher risk and strict protection should be taken.

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glad to be of help. Take care.

id=273

Patient: Hi Doctor, I have been exposed to someone with corona in the last week and a half on a daily basis. Should I get tested immediately?

Doctor: Yes. My opinion is yes, but the criteria for testing is quite stringent right now.

Patient: What steps do I need to take going forward?

Doctor: Perhaps telephonically consult your doctor if possible to discuss more fully. My opinion would be to access testing.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=274

Patient: I am an Ashmatic and are using my medication, my chest is tight and my throat is a little bit sore, I can feel my lungs are also getting sore, when do I need to go to a doctor now with COVID-19?

Doctor: Not yet. Only if your respiration rate (google that) per minute goes above 25 and you really feel you are battling to breath. Use this forum if your symptoms change. We are here for you.

Patient: Thanks a lot for your advice Doctor.

Doctor: No worries, Take care and stay safe.

id=275

Patient: Hello Doctor, I had tonsillitis a long time ago and every year I feel an allergic problem in my throat. About 7 days I had the same allergic problem in my throat and tongue.

Doctor: Are you taking any medications?

Patient: I have 1 canker sore. I take just antihistamine. But ago I treated this with prednisone. Does it covid 19?

Doctor: Throat pain can be from a strep throat infection (antibiotics needed), a cold or influenza, EB virus, or from some other cause such as allergies, irritants, or acid reflux.

Patient: What steps should i follow?

Doctor: Usually, a person sees the doctor (call first) if the sore throat is bothersome, recurrent, or doesn't go away quickly.

Patient: How can we differentiate covid-19 and strep?

Doctor: COVID-19 infections tend to have cough, whereas strep usually lacks cough but has more throat pain.

Patient: Thanks a lot for your advice Doctor.

Doctor: No worries, Take care and stay safe.

id=276

Patient: Hey there I have had cold "symptoms" for over a week and had a low grade fever last week. For the past two days I have been feeling dizzy. Should I consult a Doctor?

Doctor: If Dizziness then Yes, Please contact your doctor since they know you better. He may want to test you for the virus. There are other reasons you may be dizzy as well. .

Patient: Thanks a lot for your advice Doctor.

Doctor: No worries, Take care and stay safe.

id=277

Patient: Hi Doctor, I am a doctor working in a state hospital. I have a malaise, headache and a

sore throat now for a week. There is a covid 19 contact in our estate. Should I test for it?
Doctor: If you have access to a telephonic consult then rather do that to start. If you have access to testing you can do that.

Patient: Thanks a lot for your advice Doctor.

Doctor: No worries, Take care and stay safe.

id=278

Patient: Hi Doctor, I am a 20 year old Female. Went to the dentist & had a root canal. I also had an abscess that was put on Purmycin & Adco-metronidazole. They made me nauseous.

Doctor: So what do you want to know?

Patient: Today was the last day of the medications and I didn't take it as I have a fever of 38.3. Is it the medication?

Doctor: Antibiotics are supposed to prevent fevers, not cause them. If, however, you are having an allergic reaction to the medication it can cause a fever.

Patient: What disease is it then?

Doctor: It can be viral diseases that are not treatable with antibiotics that are designed to treat bacterial infections. Call your General Physician and report your symptoms.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=279

Patient: Hey Doctor, there I have had cold "symptoms" for over a week and had a low grade fever last week. For the past two days I have been feeling dizzy. Should I consult a Doctor?

Doctor: Yes. As there are not enough symptoms to say that you are a suspect case of COVID-19.

Patient: Is there any chance I got covid-19?

Doctor: If you have been in contact with a case, or you present persistent cough, shortness of breath, wheezing, or you have a chronic disease like diabetes, hypertension, low immune system or cancer, should ask for medical attention.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=280

Patient: Hi Doctor, I am experiencing neck strain, and I have had a weird/burning sensation in my chest. Sometimes it leads to muscle tension. Been going on since last week.

Doctor: Have you travelled, been in contact with a coronavirus patient? Could very well be stress right now.

Patient: What should i do Doctor?

Doctor: We are all really stressed and confused at this point in time. Be kind to yourself, breathe, do some exercise.

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glad to be of help. Take care.

id=281

Patient: Hello Doctor, Have recently been diagnosed with Fibromyalgia and a Mannose-binding lectin deficiency (low range). How likely am I to have life threatening complications should I contract COVID-19?

Doctor: Not established. All caution measures should be applied, including social distancing, sanitizer, and protection mask when crowded places are inevitable.

Patient: Can you please explain in detail?

Doctor: Although MBL deficiency causes increased susceptibility to infections, mostly in people with chronic diseases, COVID-19 outbreak is so recent that a specific relationship with this disease has not been established.

Patient: Thanks a lot for your advice Doctor.

Doctor: No worries, Take care and stay safe.

id=282

Patient: Hello Doctor, I have Headache, fever and fatigue. I have Been in contact with someone with coronavirus. Do I need to be concerned about it ?

Doctor: Test if you can. If you have availability, get a telephonic consult and get a test.

Patient: What should i do now?

Doctor: Testing capability is stretched right now self quarantine and keep in touch on this forum for now.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=283

Patient: Hi Doctor, With a bad immunity deficiency, how can I keep as safe as possible from contracting COVID-19 in a family household.

Doctor: Can you tell me about your working condition?

Patient: Work is not an issue but shopping and accepting deliveries is. Also need to take the child outside as home is small, no garden. What should i do?

Doctor: Stay at home as much as possible, clean your hands and your children's hands after any contact with people, alcohol is very helpful; avoid touching your face when you are not sure your hands are clean.

Patient: What to do or follow in crowded places?

Doctor: In crowded places, wear protection like a N95 surgical mask. Playing outside is ok, but apply these measures and stay way 6 ft from any unknown health status person.

Patient: Thanks a lot for your time Doctor.

Doctor: No problem, Glab to be of help. Take care.

id=284

Patient: Hello Doctor, I currently have a semi emerging wisdom tooth that is sharp and growing against my inner cheek causing slight discomfort. What can I do to ease the discomfort since I can't have the surgery now due to covid lockdown?

Doctor: NSAIDs. OTC NSAIDs can help with pain and inflammation. Please try calling a local oral surgeon. Most medical offices are open for emergencies only, and this probably falls into that category.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=285

Patient: Hi Doctor, My 2 year old Toddler has been coughing and now she started to vomit when coughing, is it something I should be consent about or is it just the flu?

Doctor: Not particularly. The muscles involved in coughing & vomiting are similar & young children often have difficulty not vomiting if they cough hard enough.

Patient: What should i do now?

Doctor: I would concentrate on maintaining her fluid balance & see if she gradually improves. These are often simple viruses but need to be monitored closely.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=286

Patient: If I have had a sore throat for 3 days but with no fever should I be tested for COVID-19?

Doctor: Call your Doctor, they will have better understanding after looking at more of your symptoms.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=287

Patient: I need a referral for testing for COVID-19. I have been in very close contact with a positive person. I am a Healthcare practitioner, it was one of my patients. I just flew to EL from CT. So no GP here?

Doctor: We do not do referrals/provide notes or prescriptions or any other form of direct service. You need to contact a local provider in your country/location for such needs.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=288

Patient: Pharmacy Times, in an article from 2017, states that Singulair could help prevent viral pneumonia with influenza and could prevent the infection of alveolar cells deep in the LRT. Would this hold true with Coronavirus?

Doctor: No. It is not. Yet That news is based on a paper which says that inhibition of leukotrienes in mice, not humans, had a protection effect against death caused by Influenza A virus pneumonia.

Patient: So this doesn't hold true coronavirus?

Doctor: Further research is needed to ensure that this works for influenza, and even more for SARS-CoV-2.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=289

Patient: Hi Doctor, What should I do if I feel sick, but am not sure if it's coronavirus?

Doctor: First, symptomatic treatment at home, plenty of fluids and rest. Also apply all the preventive measures of social distancing.

Patient: What if I came in contact with an infected person?

Doctor: If you come in contact with an infected person or it is difficult to breath or fever is not low with bath or paracetamol, you are diabetic or with another chronic disease like hypertension, clinical attention should be asked for as soon as possible.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=290

Patient: Hi Doctor, What else besides a mask can I wear to protect myself from catching corona from others?

Doctor: Staying separated by 6 feet can make a difference. The following guideline should help!<https://www.healthtap.com/blog/covid-19-care-guidelines/preventing-covid-19>.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=291

Patient: Hello Doctor, My daughter of 10 has a high fever 39-40 degrees, sore throat and body aches. I have elderly parents living with us and I am concerned about COVID-19.

Doctor: Isolate sick people. Throat pain can be from a strep throat (antibiotics needed), a cold or influenza, or from some other cause such as allergies or irritants.

Patient: When should I see a Doctor?

Doctor: Usually, a person sees the doctor if the sore throat is bothersome, recurrent, or doesn't go away quickly. The flu or COVID-19 usually have cough, fever, body aches; whereas strep is mainly sore throat.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=292

Patient: Hi Doctor, Intermittent headache for the last week, comes and goes. Also, scratchy throats for about 3 weeks on and off?

Doctor: Throat symptoms can be from a strep throat infection (antibiotics are needed), a cold or influenza, or from some other cause such as allergies, irritants, or acid reflux.

Patient: When should I see a Doctor?

Doctor: Usually, one sees the doctor if the sore throat is bothersome, recurrent, or doesn't go quickly (mainly to check for strep throat). During this COVID-19 pandemic, doctors want patients to call by video or phone first.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=293

Patient: Hi Doctor. What medication can I take for sinus and headaches during this time of the virus?

Doctor: During this COVID-19 pandemic, the other infections like colds, flus, and sinus infections can still happen. COVID-19 virus is so new that there has not been much verified research yet, so stick with what meds worked in the past.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=294

Patient: Hello Doctor, Wanted to find out whether I should get tested for Covid-19. Had a slight fever last week Wednesday, slight dry cough and extra phlegmy.

Doctor: Are your symptoms consistent?

Patient: Symptoms are inconsistent though. I use the gautrain to get to work, and was concerned that I could've been exposed.

Doctor: Symptoms lasting for a week that are getting better sounds like the process is resolving. Covid testing would not be indicated. Read this

<https://www.healthtap.com/blog/covid-19-care-guidelines/preventing-covid-19>.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=295

Patient: Hello Doctor, Is it true that if there was a lack of beds due to the virus, doctors would be less likely to save someone with diabetes, because they would be more likely to die??

Doctor: If you are dying Everything is in motion and medical decisions are fluid, so you won't know until it happens.

Patient: So there are equal chances of surviving?

Doctor: Yes, That's because a healthy person under 50 won't die (has maybe half a percent chance of dying) from COVID-19, but a guy aged 70-80 has a 7-8% chance of dying from this.

Patient: So This would be the same for a diabetic person like me?

Doctor: Yes from the previous example, It would be the same as a non-elderly diabetic. That means the old guy and the diabetic both have about a 92-93% chance of NOT dying.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=296

Patient: Hi Doctor, When is it justified to isolate (not talking about the lock down) for COVID-19?

Which symptoms justify it?

Doctor: A person with any signs of respiratory infection or gastrointestinal infection should be isolated to prevent spread of his infection.

Patient: So a person not having coronavirus but showing symptoms would also have to isolate?

Doctor: Yes, Allergies can cause symptoms similar to infection symptoms, which means a person with allergy symptoms at this pandemic time should also be isolated.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=297

Patient: Will my mask from Sherwin Williams paint store with filters protect me from coronavirus along with paint fumes?

Doctor: Maybe Such a mask helps protect others from any respiratory material you exhale or cough but does not filter out the virus. Only high end medical & industrial masks (P95/N95) would filter that.

Patient: What is the best protection against this?

Doctor: Your best protection is frequent hand washing and not touching your face/mouth/nose with contaminated fingers.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=298

Patient: Hi Doctor, Sore throat, ear ache, headache and a light cough. Do I need to worry?

Doctor: Sore throats are less associated with Covid. Possibilities include strep, flu, covid or other virus. The following guide should help :

<https://www.healthtap.com/blog/covid-19-care-guidelines/preventing-covid-19> .

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=299

Patient: Hello Doctor, Is there a chance I would just get mild symptoms of the virus? Or because I am diabetic, that is unlikely?

Doctor: In all cases, the better the blood sugar is controlled, the better the immune system can function.

Patient: What should i do or follow as a precaution?

Doctor: Eating healthy, exercising as tolerated, and controlling blood sugars are close to normal as your doctor advises, is the best plan.

Patient: Thanks a lot for your time Doctor.
Doctor: No worries, Take care and stay safe.

id=300

Patient: Hi Doctor, Will I have to be hospitalised if I get the virus, I have type 1 diabetes.
Doctor: They estimate as many as 80% of those testing positive in the under 40 age group have minor or no symptoms. Having a non respiratory chronic illness does not increase your risk substantially.
Patient: Thanks a lot for your time Doctor.
Doctor: No worries, Take care and stay safe.

id=301

Patient: Hello Doctor, I am experiencing a sore throat, fever, headache and coughing. I have a bit of a runny nose, short breath but only from time to time.
Doctor: Did you travel anywhere recently?
Patient: I have traveled on THE MSC Cruise to Mozambique 13-16 March 2020. I think it might be necessary to do a COVID-19 test?
Doctor: You should get tested. If you can not find a place to get tested, self-quarantine yourself for 2 weeks. You can use over the counter drugs for symptomatic treatment in the meantime.
Patient: Can this be anything else?
Doctor: If sore throat gets worse this could be strep throat and need a culture to be taken from your throat by your doctor followed by antibiotics.
Patient: When should I call a Doctor?
Doctor: If shortness of breath gets worse, call the hospital for the inpatient treatment could be for Covid-19.
Patient: Thanks a lot for your time Doctor.
Doctor: No worries, Take care and stay safe.

id=302

Patient: Hi Doctor, I have a severe headache, a sore throat (feels like swollen sore, not raw sore but it doesn't hurt if I press my lymph nodes in my neck except near my left ear), body hurts, coughing, body temp 32.5, head is hot. Light headed.
Doctor: Flu. I think you are probably right. Body aches are not as common with Covid. If no significant SOB follows the following:
<https://www.healthtap.com/blog/covid-19-care-guidelines/self-quarantine-guide>

Patient: What should i do now?

Doctor: Flu test may help, but management typically is conservative. Certainly if worsening SOB be seen. Remember at 29 risk for severe infection is low either way. .

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=303

Patient: Hi Doctor, Flu symptoms, cough and no fever. Should I test for Coronavirus? I have asthma.

Doctor: Hi at the moment it is only recommended that you test for COVID-19 if you have a close contact that has tested positive for the virus or have had recent international travel in the last 14 days.

Patient: When should I consult a Doctor?

Doctor: If your symptoms are worsening or your asthma is uncontrolled you should call your GP rooms or attend your nearest emergency room.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=304

Patient: Hi Doctor, I have a dizzy head and some phlegm. Need to check against Covid symptoms please?

Doctor: Check online. There are many resources online about the symptoms of COVID-19. The most important questions relate to travel history and the symptoms you are experiencing.

Patient: What to do if i suspect i have covid-19?

Doctor: If you suspect that you may have COVID-19, self-isolate as soon as possible and call your local doctor or testing site. You can also check out <https://www.gov.za/coronavirus/faq>.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=305

Patient: Hello Doctor, I have a snotty nose and a bit of a cough, nothing bad, no temperature and do not feel sick in any way. Can I just continue to use antihistamine until it passes.

Doctor: Have you been in contact with a corona suspect or travelled to anywhere recently?

Patient: I have not been in contact with anyone with corona and have not traveled.?

Doctor: Well done. You are a star level headed, keep going at home and support everyone over your well sterilised phone.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=306

Patient: Hi Doctor, I have Nasal congestion and feeling a bit fluey. Do I have covid-19?

Doctor: Stay home. If you are concerned about COVID-19, please call the hotline on 0800029 999, see the FAQs on <https://www.gov.za/coronavirus/faq> or <https://www.who.int/news-room/q-a-detail/q-a-coronaviruses>.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=307

Patient: Hi Doctor, How will I know if I need to get tested for COVID 19?

Doctor: Best to do a virtual consult, you can through this platform. Testing is the only way to know.

Patient: What should i do as a precaution?

Doctor: Self isolation is very important right now unless you need urgent medical care.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=308

Patient: Hi Doctor, I've been stressing about the whole pandemic and will seldom go to sleep after 11 each night. Could it be lack of sleep or anxiety at play?

Doctor: Have you been in contact with anyone with covid-19 symptoms?

Patient: I am unaware of being in contact with anyone showing Covid-19 symptoms. I've only been to the shops yesterday.

Doctor: Yes. Could well be and that is very normal. See how you go, you do have some worrying symptoms.

Patient: What should i do?

Doctor: Try to do a telephonic consult and if you have access get tested. In the interim self isolate and listen to Cyril's advice. Be calm, we are here.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=309

Patient: Hello Doctor, To help the community, should anyone returning from any country with cases of Covid-19 self-quarantine before returning to work?

Doctor: Since all countries have reported cases of Covid-19 the question is a bit inconsistent with current fact. Any and all people should self quarantine if they had a known exposure in any setting.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=310

Patient: Hi Doctor, I have had a sore throat for almost a week now, tried gargling with warm apple cider vinegar, drank warm water with apple, warm with lemon. Now I still have a sore throat and burning on my chest?

Doctor: Throat pain can be from a strep throat infection (antibiotics needed), a cold or influenza (antibiotics usually not used), or from some other cause such as allergies or irritants.

Patient: Should I consult a Doctor?

Doctor: Usually, a person sees the doctor if the sore throat is bothersome, recurrent, or doesn't go away quickly.

Patient: What is the difference between covid-19 and strep symptoms?

Doctor: COVID-19 infections tend to have cough, whereas strep usually lacks cough but has more throat pain.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=311

Patient: Hello Doctor, If everyone is running low on facemasks, what else can I use to protect myself from the coronavirus?

Doctor: Unless you are using high end medical or industrial masks they do not protect you from any such virus. They prevent your cough or expired air from infecting others.

Patient: So what should i do Doctor?

Doctor: Any scarf/fabric homemade mask or similar device will do the same. You protect yourself more by washing your hands often & not touching your face/mouth/nose with contaminated fingers.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=312

Patient: Hi Doctor, Preauricular lymph node on left side is very tender, scalp on left side of head tender and hurts to touch, superficial parotid lymph node area on left side swollen and tender. Pain behind both ears.

Doctor: Did you suffer any injury?

Patient: No injury. It has been 1 day. My Temperature is 100.1.

Doctor: Periauricular pain. May be otitis ear infection or mastoiditis infection in the bone behind the ear.

Patient: What should i do now Doctor?

Doctor: You could call health tap prime for video assessment and antibiotic prescription.

Patient: Would I need Antibiotics or anything?

Doctor: Sometimes you may need IM or IV antibiotics. Call Healthtap Prime or MD today (even with corona ongoing you need treatment for this today).

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=313

Patient: Is it safe to take steroid tablets or nasal spray if I have covid-19?

Doctor: Nasal rinses. For allergic symptoms, nasal saline and an oral antihistamine are often helpful for controlling symptoms.

Patient: What should i do now?

Doctor: Continue to monitor your temperature and report fever and/or shortness of breath to your PCP. Would you like to video or text chat with me?

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=314

Patient: Hello Doctor, Do you think this coronavirus stuff will ever go away?

Doctor: It will. But it will take some time to break the chain of infection, to find a cure, and to find a vaccine. It is stressful for everyone.

Patient: I'm tired of being a prisoner in my own home because everything is getting cancelled, i'm not working and I can't volunteer because of a bad knee and can't lift heavy stuff.

Doctor: One way to look at it is that we are all in this together, regardless of political party, race, or religion. As a people, we can overcome a simple virus and be stronger as a whole. You are not alone, millions of others share your concerns.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=315

Patient: I think I have Coronavirus. I have had chest pains since yesterday and during the course of today I have been dry coughing. What can I do now?

Doctor: Get tested but you need to consult first, telephonically and get access to a test if you can, stay at home treated with panado only and a lot of fluids, rest.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=316

Patient: Good day. I have an unusual sore throat burning sensation in my chest area. Body aches, dry cough, Headaches, paranoia, have travelled to Dubai in late January ?

Doctor: The incubation period of covid 19 is 2-14 days and you're past that. However if fever, chills, heavier cough, or breathing difficulties develop, call your MD for instructions.

Patient: What should i do now as a precaution?

Doctor: For now, drink adequate fluids, gargle with warm salt water. I recommend also using zinc lozenges and taking acetaminophen.

Patient: Will I be a liability if I get any infection?

Doctor: Don't infect others regardless of what type of infection you have.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=317

Patient: I have not traveled. I've had a headache and spite cough for about a week now. My throat is getting sore. My chest feels slightly tight but I have no fever?

Doctor: You have a viral respiratory tract infection and the absence of fever is reassuring at this

time.

Patient: When should I consult a Doctor?

Doctor: Should fever or shortness of breath develop and if you're in an area where covid-19 is present, you should then call your MD for instructions.

Patient: What should i do now?

Doctor: For now, drink adequate fluids, gargle with warm salt water. I also recommend using zinc lozenges and take acetaminophen.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=318

Patient: Hello I have had a very painful pain in my throat since this morning?

Doctor: Common flu. During the coronavirus outbreak the best thing you can do for yourself, your family and your community is to stay home.

Patient: What should i do Doctor?

Doctor: Don't go to school or work, stay at home and isolate yourself especially from the elders.

Patient: What medications should i take?

Doctor: Do whatever you do when you have the common cold. Drink a lot of fluids, take Tylenol for the sore throat and please DON'T go to the doctor unless you're feeling shortness of breath.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=319

Patient: Hi Doctor, My Daughter turned 1 year on 20 March. Fever above 38 deg Celsius.

Doctor: Are you giving any medication to her?

Patient: In the last couple months we alternated between 5 ml Nurofen and 125 mg Empaped (paracetamol) suppository every 4 hours till temp broke.

Doctor: I would never treat minor fevers around 38 nor would I alternate fever meds. One or the other would be all I use when needed.

Patient: Why does she have a fever Doctor?

Doctor: Fever is a normal body response when ill that increases circulation & oxygen supply to the tissues so natural healing comes faster.

Patient: Is Nurofen safe now regarding ibuprofen and COVID-19?

Doctor: New data supports avoiding all ibuprofen products when coronavirus may be present.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=320

Patient: Hi Doctor, Can having recurring strep throat/tonsillitis problems make you more vulnerable to the Coronavirus?

Doctor: No. The coronavirus apparently only needs to be in contact with the mucosa of the lips, mouth, nose and eyes to infect someone.

Patient: What should i do now?

Doctor: Please stay home and follow the recommendations of the local authorities.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=321

Patient: Hello Doctor, About the ibuprofen and covid-19, Should I quit taking it? It's got me paranoid. The way the media's been talking about it.

Doctor: The data available about the coronavirus and ibuprofen are inconclusive.

Patient: I take it everyday for my neck pain and back pain. I can't take pain pills because they make me nauseous.

Doctor: Nevertheless you should visit a pain specialist doctor for the management of your pain.

Patient: Does it have any side effects?

Doctor: It's been established that Ibuprofen and other NSAIDS taken in large doses or long periods cause kidney damage.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=322

Patient: I have runny nose with mucus cough. Possibly allergy, they are engaged in cultivations at work.

Doctor: Do you have fever?

Patient: No, but I also have a headache. So scared of the virus?

Doctor: If your slime is a result of allergy the slime is usually a pale yellow along with other symptoms such as sneezing and itchy nose. eczema as a child.

Patient: Can you tell me about the symptoms of the virus?

Doctor: Sure, to be the "Virus" you need to be concerned about so do you 1. Hear fever, 2. Dry cough 3. Sore throat and 4. Severe headache

id=323

Patient: Hi Doctor, If my wife (she is a nurse in a surgery) comes into contact with a patient with the virus, is she likely to then get it herself, if she is wearing gloves and mask etc?

Doctor: It is unlikely. Medical personnel are trained to avoid these situations.

Patient: What should we do then Doctor?

Doctor: Recommend her to take off her clothes when she gets home and go directly to take a shower. Also is recommended to disinfect all the areas she touches before washing her hands, like door knobs and surfaces.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=324

Patient: My son started with a very sore throat last night and I can't seem to get his fever under control. Spread through the house very quickly to everyone else.

Doctor: Do whatever you do with a regular flu. Drink a lot of fluids, eat/drink citrus and please stay home and away from the elders.

Patient: Can you prescribe any medication?

Doctor: Use acetaminophen/paracetamol (tylenol) for the fever and sore throat. Also Follow the recommendation of your local authorities.

Patient: When should I consult a Doctor?

Doctor: Only go to medical services if you feel shortness of breath and use masks if you feel sick and need to go out of your house.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=325

Patient: Hi Doctor, Stayed in hotel Friday night. Heard of a positive COVID-19 case later. Left hotel & self isolated since Saturday.

Doctor: Were you in contact with any covid-19 symptom case?

Patient: Wasn't in any contact. Isolated as didn't know if any staff serving me had been infected. As long as no symptoms - how long must I self-isolate for?

Doctor: Stay at home for 7 days without symptoms. Monitor your temperature, rest, drink fluids. If symptoms develop, please notify your physician and test.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=326

Patient: Hi Doctor, My Colleague is covid-19 positive. I had meetings with him. Instructions are to self isolate and get tested if show symptoms.

Doctor: Do you have any symptoms?

Patient: I have no symptoms. Is it possible to opt to get tested?

Doctor: The test currently used is a genetic test which tests for the virus genetics. Therefore if you are tested while asymptomatic, it will not test positive, even though you might actually be infected.

Patient: So, What should i do?

Doctor: Stay under self quarantine and test if you show some signs.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=327

Patient: Hello Doctor, I have a wet cough. Stuffy nose and sometimes get a headache. I took my temperature and it is normal but my cough is starting to get worse.

Doctor: So you are worried that you might have Covid-19. You may also have common cold or influenza.

Patient: What should i do now?

Doctor: Call your General Physician. Report your symptoms.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=328

Patient: Hi Doctor, I have sinusitis but only show symptoms when the weather changes or I move to a new environment. Lately I have experienced sinus irritation, a slight cough and a dry throat. Should I be worried and go test for Covid-19?

Doctor: High risk population for covid-19 are people more than 60 years old or with pre-existing conditions like heart or lung disease.

Patient: What should i do now?

Doctor: If you feel you have the flu, stay home for your own good and the whole community. Unless you feel shortness of breath or don't go to medical services.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=329

Patient: Hi Doctor, I just came back from London last week travelling with my family and I have a cough and a sore throat. Should I test myself for Covid-19?

Doctor: Do you or your family show any symptoms?

Patient: None of my family members have any symptoms as yet?

Doctor: Top symptoms for COVID include fever, dry cough and SOB. Actually, sore throats are not so common. Follow this guideline:

<https://www.healthtap.com/blog/covid-19-care-guidelines/preventing-covid-19>.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=330

Patient: Hello Doctor, I've entered my symptoms into the system & the return I got was that I have either the flu, Covid 19, or a cold. Should I seek physical medical advice?

Doctor: High risk would be smokers, 60 or older and with medical conditions- heart, lung, kidney.

Patient: What should i do now Doctor?

Doctor: If you are not having significant SOB self isolation best to do and treat for flu symptoms-test, fluids, tylenol or ibuprofen if needed.

Patient: Should i do a covid-19 test?

Doctor: In my opinion, No. Tests are being reserved for those with significant symptoms.

You should read this:

<https://www.healthtap.com/blog/covid-19-care-guidelines/self-quarantine-guide>.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=331

Patient: Hi Doctor, How do I book a virtual consultation with my doctor for Covid-19?

Doctor: Call your doctor's office for instructions.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=332

Patient: Hi Doctor, I have type 1 diabetes, what is likely to happen to me if I get the coronavirus?

Doctor: People with diabetes can have more fragile immune systems with difficulty fighting infections, so if you contract coronavirus you might be at greater risk for breathing complications.

Patient: What should i do now?

Doctor: Any serious illness can affect blood sugar control in diabetics also. I recommend taking extra precautions to minimize contact with people so as to avoid contracting the virus.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=333

Patient: Hi Doctor, Can I catch corona from food that I eat? Should I be making sure to cook all my food thoroughly first?

Doctor: This link will help! <https://www.fsai.ie/faq/coronavirus.html> . In general food is not a problem. Unless you are dining on bats in Wuhan! Here is a good article on that.

<https://www.nytimes.com/2020/02/10/science/pangolin-coronavirus.html>.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=334

Patient: Hi Doctor, Are there specific animals or pets more likely to catch corona than others? Which animals should I be staying away from?

Doctor: From my reading the corona virus is limited in the animals it infests to varieties of bats and snakes. I would not put your dog or cat on such a list.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=335

Patient: Hi Doctor, I have been experiencing flu symptoms for about 7 days, symptoms include: productive cough and running nose. Could that be symptoms of corona?

Doctor: Symptoms of COVID-19 are often the same as a cold or the flu. Have you been in contact with someone with covid-19 symptoms?

Patient: My workplace involves working in hospitals with patients with respiratory disease and adults.

Doctor: The COVID-19 infection is worldwide, in all but some isolated areas. The goal is to keep people separate so that the clinics and hospitals are not overwhelmed.

Patient: So what should i do now?

Doctor: Patients with medical symptoms should see their primary care doctor on VIDEO or by PHONE, and get instructed to go to a clinic or ER only if not treatable by video or phone.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=336

Patient: Hello Doctor, I work in a call center and one of my agents tested positive for Covid-19, sent her home Wednesday to get tested and yesterday they came back positive?

Doctor: Read this.

<https://www.healthtap.com/blog/covid-19-care-guidelines/resources-for-managing-covid-19>

<https://www.healthtap.com/blog/covid-19-care-guidelines/self-quarantine-guide>.

id=337

Patient: Hi, I would like to know where to get tested for Covid-19, I work in a call center and one agent was confirmed to have tested positive.

Doctor: Did you have contact with her recently?

Patient: I still had contact with her close friends and her last Wednesday before I sent her to the doctor for a check. What should i do?

Doctor: Try self-quarantine for 14 days.

Patient: When should I consult a Doctor?

Doctor: Call your healthcare provider if you start having symptoms to get instructions regarding testing, self-quarantine and possible hospitalization then follow through.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=338

Patient: I have chest congestion and I feel heavy when I breathe. I also know that someone in my office and my boyfriend's office have been infected with COVID-19.

Doctor: If you are able, consult telephonically with your GP. If not, do not go into public places, rather get symptomatic treatment - let someone who is well do this as swiftly as they can.

Patient: What should i do?

Doctor: Continue consulting on this forum. We can help you. If you have access to a test this is the ONLY way to know if you truly have it.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=339

Patient: Hello Doctor, I have a sore throat and feel very tired. Should I be concerned about COVID-19?

Doctor: Very hard to say. Stay home. Stay safe. Get someone to buy you symptomatic medication and feel free to post on here again.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=340

Patient: Hi, My sinuses usually act up during seasonal change. My worry is my symptoms resemble that of covid-19.

Doctor: What are your symptoms?

Patient: Throat has been a bit irritated, lately my nose has been runny. Wanted to know how I could get myself tested?

Doctor: If you know you have seasonal allergy, treat that. Get as much medicine as you might need for a month regarding this.

Patient: What should i do now?

Doctor: If you do not fit criteria then no testing for now. Stay home and stay safe.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=341

Patient: I've been having the same symptoms as for CoronaVirus. I've had them coming along slowly for 1 week now.

Doctor: Have you had any contact with someone with covid-19 symptoms?

Patient: I haven't had direct contact with someone who has travelled overseas but I'm worried I've had indirect contact. Should I get tested?

Doctor: If you are symptomatic and not SOB you should not need to be tested. Testing in itself does not change the course and at this time and it does not lead to a specific beneficial action.

Patient: What should i do now?

Doctor: If fever and SOB the testing guides inpatient therapy. Follow the following guidelines:

<https://www.healthtap.com/blog/covid-19-care-guidelines/preventing-covid-19;>

<https://www.healthtap.com/blog/covid-19-care-guidelines>

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=342

Patient: Hi Doctor, My COPD meds are finishing in the next week and I can't get in to see my pulmonologist?

Doctor: Try a private consultation where doctors can see you on video. Also, in the US certain medications can be prescribed or temporarily refilled, depending on individual circumstances.

Patient: What should i do now?

Doctor: In my opinion, Talk to a Doctor. In person checkup will clear things in detail.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=343

Patient: Hi Doctor, I have been exposed to someone with covid-19. Do I qualify for a test at a laboratory?

Doctor: Testing If asymptomatic testing unlikely to be done. The following guide should help:

<https://www.healthtap.com/blog/covid-19-care-guidelines/preventing-covid-19-for-seniors>

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=344

Patient: Hi there, Me and my 7 year old have flu like symptoms. Should I get tested for COVID-19?

Doctor: Have you been in contact with someone with covid-19 symptoms?

Patient: Yes, We have been in contact with someone that arrived from New Zealand with an undiagnosed heavy flu.

Doctor: Hard to say. New Zealand is definitely lower risk than Europe. Your best bet is to stay home, with masks on (home made) follow hygiene.

Patient: So should i do covid-19 test?

Doctor: If you have access to testing you could do it but I think we need the tests for folk who are more ill at this stage. Hope this makes sense.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=345

Patient: Hello Doctor, I have a dry throat. Sometimes it feels like there is something stuck or putting pressure on my throat?

Doctor: Need more info. Have you travelled or come into contact with a corona virus patient ?

id=346

Patient: Hello Doctor, I have been in frequent close contact with tourists, doing gin tastings. I have had a cough for the past two weeks, should I get tested for Covid-19 as a safety precaution?

Doctor: Avoid contact. Stay at home for at least 7 days from the onset or symptoms, or for at least three days following fever whichever is longer in duration.

Patient: What should i do as a precaution?

Doctor: Cover your cough, monitor your temperature. Watch for signs of worsening including fever, shortness of breath or worsening cough.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=347

Patient: Hi Doctor, Do I need to get tested for covid-19. Living with a person who returned from Canada. Dry throat, but do not feel sick?

Doctor: If not i'll assume you have it and behave as if you do, wear a bandanna over your nose and mouth and if you have access to testing then do it. If not, stay home and boost immunity.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=348

Patient: Good day. During the lockdown will I be able to travel to my Gynae for my check up?

Doctor: No. Most doctors are rescheduling non-essential surgeries, procedures and visits. You don't want to be in a doctor's office with a bunch of people who may or may not be infected with the Coronavirus.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=349

Patient: Hi Doctor, I'm a healthcare worker, seeing walk-in patients and working in the emergency department. I have a severe case of flu-like symptoms. Do my symptoms warrant testing or should I risk spreading my disease?

Doctor: Did you have contact with covid-19 patients?

Patient: No confirmed contact with known covid patients.

Doctor: Sounds viral but not corona however healthcare workers are at high risk by being exposed to ill populations. I would stay home so that you do not get infected.

Patient: So should i do a covid-19 test?

Doctor: If you have access to a test then get that self isolated and monitor your symptoms. Post on here if confused.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=350

Patient: Hello, A colleague stated their possible exposure to someone who tested positive. The cough started more than a week ago. Should I be concerned?

Doctor: Please stay at home and avoid contact with others for one more day at least. If there is a fever, remain at home for at least three days after the fever is gone.

Patient: So What to do now?

Doctor: Cover your cough, monitor your temperature and please stay home. Watch for signs of secondary infection, including fever, worsening cough and shortness of breath.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=351

Patient: Hi Doctor, I believe I might have Covid-19 symptoms. It's possible to get testing done at home to confirm? Currently I have a sore throat.

Doctor: No. It is currently not possible but hopefully house to house testing coming according to Cyril Ramaphosa last night. You can get tested at some clinics.

Patient: What is the best thing to do now?

Doctor: Safest right now is to stay at home unless you are imminently unwell. If safe and in as

much isolation as possible you can be tested later.
Patient: Really appreciate your time a lot Doctor.
Doctor: No problem, Glad to be of any help. Take care.

id=352

Patient: Hello Doctor, I am on my last repeat for my chronic meds. Do I have to come in for a doctor appointment or can this be done remotely given the Covid-19 lockdown?
Doctor: Yes you should come but it will not be a consultation depending on the treatment you are taking.
Patient: Do i have to follow any procedures for this?
Doctor: If it is for HIV you will need to go to the lab for bloods and if it is for hormone replacement there is no need for consultation but either way you have to call the practice reception to check if the doctor is available.
Patient: Really appreciate your time a lot Doctor.
Doctor: No problem, Glad to be of any help. Take care.

id=353

Patient: Is it safe to take ibuprofen during this season of corona outbreak or should we take paracetamol?
Doctor: Medications. I am unaware of any contraindications to either ibuprofen or paracetamol. You can take either. One can be taken every 4 hours and the other every 6 hours.
Patient: Really appreciate your time a lot Doctor.
Doctor: No problem, Glad to be of any help. Take care.

id=354

Patient: How dangerous is coronavirus if someone has heart arrhythmia and is type 2 diabetes?
Doctor: Diabetes typically should not be an issue. There is some conflicting information, but I think the evidence shows that if diabetes is controlled your immune system still reacts appropriately and not an issue.
Patient: Is this a concerning issue, Should i be concerned?
Doctor: Arrhythmia in itself is not an issue. Your age is 60 and that starts to be category of concern with 3% mortality rate. If you do not smoke that is the key.
Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=355

Patient: I came into close contact with someone who just flew back from Australia, I have been in self isolation since he landed, What is the next protocol?

Doctor: Are you showing any symptoms?

Patient: I am not showing any symptoms. Do I go into work?

Doctor: No. Don't go to work you could unknowingly spread the virus. We are all effectively on lock down.

Patient: Should I get tested?

Doctor: if you have access to testing then get tested BUT we are running out of tests. If you deteriorate send a message here and I will advise. DO not go to work.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=356

Patient: Can an ingrown toenail make your whole foot numb? I know an ingrown toenail isn't a reason to visit a hospital with the coronavirus going around.

Doctor: An ingrown toenail can make your foot numb. I do ER and it is a procedure I will do.

Patient: What can be done at home to stop this from happening?

Doctor: I do not recommend digging into it at home. However, to prevent future toenail problems do not wear pointed shoes, and let toenails grow to the tip of toe and keep at that length.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=357

Patient: I was confirmed to have covid-19, I self-isolated for 14 days. My concern is with my 1 year 6 months son who has been coughing?

Doctor: Keep isolated. The baby very likely has the infection. However, the data is very reassuring for children less than 10 year old. I am certain there have been no deaths recorded.

Patient: What should i do now?

Doctor: Treat as you would if the baby had a cold. Follow the following isolation guidelines:

<https://www.healthtap.com/blog/covid-19-care-guidelines/self-quarantine-guide> I think you will find this improving in a few days.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=358

Patient: Good Day Doctor. Since last week, I have been losing weight. Mid last week it was 62 odd and today when I checked, it was 61.35. Few months back the weight was above 64. I am having no other symptoms.

Doctor: Don't think covid-19. This is a different problem. Don't think it is covid. Which is good news. What are your other symptoms?

id=359

Patient: I got an sms stating the following: Taking Ibuprofen/ Advil? Mypaid/ myprodol to control fewer should stop. They also say that ibuprofen is increasing the rate of multiplication of the virus. How true is this?

Doctor: Hard to say. It does look like it is true. We are in an unprecedented time right now. What we know we are trying to convey. Switch to panado or napacod for now if possible.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=360

Patient: I have HASHIMOTOS. Nodules checked by US yearly. I see a thyroid specialist yearly. I am a PRESCHOOL Teacher Assistant. I am a 47 yr old female. What are my chances of getting the virus?

Doctor: Nearly normal. Assuming you are not on any immunosuppressive therapy your risk is normal. But make sure you do social distancing.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=361

Patient: Hi Doctor, I have a slight cough over the last few days but haven't been exposed to

people or traveled to covid-19 areas. I have recently quit smoking so could that be it. What should I do?

Doctor: Keep non smoking. If you have no exposure history to COVID-19, your cough is probably not infected. keep up the good work and do not smoke or vape.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=362

Patient: Hello Doctor, I have a dry burning sensation in my throat and no fever, I'm 24 weeks pregnant and worried that it may be Covid-19, Do I need to have a fever with Covid-19?

Doctor: Early COVID-19 may not have a fever, but usually does by on average 5 days after exposure.

Patient: What should i do now?

Doctor: What is your exposure to COVID? that is more important to determine the possibility of developing COVID-19.

id=363

Patient: Can the coronavirus leave lung scarring? I thought I heard something about it.

Doctor: Yes, like most lung infections there will be changes in the lung structure, probably microscopically and may not be seen on X-rays.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=364

Patient: Can you contact coronavirus or any virus from the air? Also, from talking to someone from a distance of beyond 6 feet. Any info on airborne facts?

Doctor: COVID-19 is airborne. COVID-19 is primarily an airborne acquired infection. the number of potentially infected viruses dissipate by 6 feet.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=365

Patient: Hi Doctor, I have pure pressure headaches and coughing persistently ?

Doctor: If cough and headache are just from a mild cold, then the over-the-counter cold medicines are what people usually try.

Patient: Can it be coronavirus?

Doctor: Some illnesses such as strep throat, the flu, or pandemic coronavirus also have these same symptoms, but need evaluation.

Patient: What should i do now?

Doctor: It is best to contact one's primary care doctor by video or phone first during this pandemic. For emergencies, call the local emergency.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=366

Patient: Can sinusitis cause white spots on tonsils?

Doctor: Usually does not. Throat symptoms can be from strep throat infection, a cold or other virus, allergies, irritants, sinusitis, stomach reflux when asleep, etc.

Patient: When should I consult a Doctor?

Doctor: One usually sees the doctor if the throat issue is bothersome, recurrent, or doesn't go away quickly. A strep throat swab test can easily diagnose strep throat.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=367

Patient: Hi Doctor, My 3 year old is having a rash. Especially under armpits and his thighs too. He can't sleep at night due to that.

Doctor: What are you doing for rash?

Patient: I've tried lotion to hydrate. He had minor eczema when born but not too serious what can I do? Don't want to take him to the hospital due to a virus.

Doctor: Maybe food allergies, most common are dairy products so you could try a week with no dairy and see if there is a change, others allergens include eggs, wheat.

Patient: What medication should i try?

Doctor: Could try Zyrtec children's 2 ml once a day and see if it helps itching.

Patient: Can it get serious?

Doctor: Rarely have I seen strep manifest with rash for which you need a culture. Speak to a pediatrician on HealthTap prime or call MD.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=368

Patient: Should patients with COVID-19 avoid ibuprofen or RAAS antagonists?

Doctor: No, according to a recent statement from American Heart Association, the patients with cardiovascular disease should continue ACEI or ABR as prescribed.

Patient: So what is recommended in such a situation?

Doctor: WHO also doesn't recommend avoiding ibuprofen for patients with COVID-19 Symptoms, although the use of acetaminophen could be an alternative option.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=369

Patient: Should I invest in a reusable mask to protect myself from COVID-19? I know a lot of people wear those in Asian countries and they look kinda nice.

Doctor: Most of these masks won't completely protect you from a virus, which can penetrate these materials however that does not mean they are not useful.

Patient: So what type of mask should i wear?

Doctor: A mask of any sort is good if you are coughing or sneezing to limit some of the aerosols and also is better than nothing if you are out and about in a high risk situation.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=370

Patient: Hello Doctor, If I'm not sure if I have allergies or coronavirus (or something else), should I still stay home?

Doctor: There are many online resources to help you distinguish between the two. But, yes it is a good idea to stay home until told otherwise.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=371

Patient: Hi Doctor, Daughter is experiencing dry Coughing nasal drip. She was on amoxicillin panamol and Rhineton for ear infection. I need to know if she should go for the covid-19 test.

Doctor: Have you travelled recently to anywhere?

Patient: Yes, We travelled back from cape town last week.

Doctor: So you should Self isolate. avoid contact, wash hands, plenty of rest and fluids, if high fever or have trouble breathing call the doctor they can advise you about testing.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=372

Patient: Hi Doctor, I have an Itchy/burning throat. No cough. Could this be a corona infection?

Doctor: Yes, It could be.

Patient: What should i do Doctor?

Doctor: So self isolate, wash your hands, plenty of fluids and rest, if you get a high fever or have trouble breathing call your doctor.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=373

Patient: Hi Doctor, My Daughter and I travelled from Cape Town to Pretoria last week Wednesday. she had an ear infection. She now has dry Cough?

Doctor: What medication were given to her?

Patient: She was given Amoxicillin, Napamol and Rhineton for the ear infection. Is this corona?

Doctor: Unlikely to be corona listening to your symptoms. Stay home and wear masks proven to decrease transmission by 50%.

Patient: When should I consult a Doctor?

Doctor: If you are unwell in terms of respiratory rate >25 or become medically unstable you need to find a corona hospital emergency room.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=374

Patient: I have a 2 years old with cough n fever sweating which is worse at night, can she be tested for covid19?

Doctor: Yes, call your doctor for advice.

id=375

Patient: Today, as I was leaving, someone entering the store that was 3 ft away was coughing lightly and I took a shower when I got home. I'm a hypochondriac. Possible covid-19?

Doctor: It is possible. You can self quarantine yourself for 2 weeks. If developed and symptoms especially fever and cough get tested.

Patient: Also what type of mask is best?

Doctor: Since you consider yourself a hypochondriac I suggest to wear an N-95 or surgical mask to prevent similar situations.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=376

Patient: Hi Doctor, I have been coughing and sneezing for the past 2 weeks. Throat really sore. Diarrhea started on Friday night and has been vomiting since this afternoon. Constant fever since Wednesday.

Doctor: This may be influenza or Covid-19 and warrants a call to your physician to get instructions on whether to be examined, cultured and/or tested for Covid-19 virus etc.

Patient: What are the chances that I have covid-19?

Doctor: A lot depends on whether you're in an endemic area or have been exposed to someone who has the infection or had travelled from an affected region. Gargle, avoid dehydration.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=377

Patient: I have heart valve disease (leaky heart due to rheumatic fever as a child). Never had any symptoms or complications, Am I at high risk for death due to coronavirus?

Doctor: If your rheumatic heart disease hasn't caused weakness of the heart muscle or cardiac arrhythmia it shouldn't predispose you to more complications than anyone else.

Patient: What can I take before or during early symptoms of the virus?

Doctor: Keep your resistance and immune system high by avoiding fatigue, dehydration, excessive stress, poor nutrition and exposure to ill people.

Patient: What should i do about my sore throat?

Doctor: At the sign of sore throat gargle with warm salt water .

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=378

Patient: Can your only symptoms of coronavirus start as tightness of chest and shortness of breath? I've had this for a week now.

Doctor: Can you describe your symptoms a bit more?

Patient: My body aches a bit, hard to tell if this from trying so hard to breath. Nose occasionally runs, throat a little sore.

Doctor: So Possibly it can be. if you had your symptoms for a week and they haven't gotten worse or developed into a fever, you probably do not have COVID-19.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=379

Patient: Hi Doctor, Can I get a covid-19 test?

Doctor: You should Seek care right away if difficulty breathing or other severe symptoms.

Patient: When should i consider covid-19 testing?

Doctor: Seek testing if sick, PLUS known Covid-19 contact, or travel to a high risk country, or been in a facility treating people with Covid-19, or severe pneumonia of unknown cause.

Patient: What is the procedure for testing?

Doctor: Call 0800029999 for the test. If sick or possibly exposed (not both), stay home. If known exposure & not sick, self-isolate 14 days.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=380

Patient: Hi Doctor, I have Slightly sore throat, chest Dry, Intermittent dry cough, Slight headache that comes and goes. Quickly out of breath, Temperature is between 37.1-37.5 the past couple of days.

Doctor: Your shortness of breath is concerning. You may have an underlying condition and should also be screened for Coronavirus.

Patient: What should i do now?

Doctor: Stay home, rest and drink fluids until you are seen by your physician. A chest image may be performed at the visit.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=381

Patient: To kill the virus on hand which soap better? AntiBacterial or Normal hand soap?

Doctor: Any soap should be effective against most viruses.

Patient: Is AntiBacterial better since it specializes to get rid germs better?

Doctor: Antibacterial soap may advertise against bacteria but has no claim to be better against viruses.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=382

Patient: Hi Doctor, Experiencing pain and swelling accompanied by warmth to the touch with a red patch around my elbow. Also body aches. What could be the problem?

Doctor: Might need treatment. Could be infection or other condition requiring urgent treatment. Seek evaluation, but preferably on phone or online, to avoid coronavirus exposure.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=383

Patient: Hello Doctor, I have diarrhea and am concerned about covid 19. I read that some cases with higher mortality rate started with diarrhea. What should I do?

Doctor: Due to limited availability of covid testing, you probably wouldn't meet criteria for testing, unless you develop fever or cough, and you have chronic health problems or have been possibly exposed to covid.

Patient: When should I get concerned about this?

Doctor: Seek care right away if difficulty breathing or severe symptoms. Seek online or phone consultation otherwise, to avoid exposure.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=384

Patient: Is COVID-19 airborne? If someone sick was coughing a few hours ago and another person came to the same location and inhaled, what would happen?

Doctor: Yes. COVID-19 is an airborne transmitted virus. It can hang around in the air and masks provide minimal but some protection.

Patient: Also, what about wearing gloves?

Doctor: Social distancing from an area or person with the disease is better to limit exposure. Gloves may help prevent pick up virus from surfaces.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=385

Patient: Hi Doctor, Is the flu injection available?

Doctor: Not sure, but I'm writing from the U.S. and I'm not sure of the availability of vaccination for influenza in your area.

Patient: Is it a good idea?

Doctor: With the coronavirus pandemic, getting your flu shot is a good idea, if possible.

Patient: Will it completely protect me from coronavirus?

Doctor: It won't protect you from coronavirus, you could get both. And, if you get the flu, not knowing if it's flu or coronavirus presents complications.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=386

Patient: I use Athraway chronic for rheumatoid arthritis, will this complicate things relating to the coronavirus?

Doctor: No. I do not think it will have any effect on coronavirus.

id=387

Patient: Does my keycare plan cover a flu vaccine shot?

Doctor: Please contact your medical aid to see if you meet the qualifying criteria to be covered by a flu vaccine on your plan.

Patient: What does it cover then?

Doctor: Usually Keycare only covers patients that are high risk, like asthmatics, diabetes, emphysema, cardiac patients etc.

Patient: Is it necessary to get a shot to help boost my immune system to fight COVID-19?

Doctor: The current flu vaccine does not protect you against COVID19 and will not influence your ability to respond to this infection.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=388

Patient: Should myself and my wife be sleeping apart at the moment due to the virus, as she is a nurse in a surgery, and I have type 1 diabetes?

Doctor: Sleep apart. Your call. But She should disrobe immediately upon entering the home, place clothes in the laundry and then shower.

Patient: What should i do now?

Doctor: You need to keep A1c as low as possible, do everything you can to support gut health and immunity and increase supplements that increase resistance to viruses.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=389

Patient: Hi Doctor, Is my wife at huge risk of getting the virus, as she is a nurse in a GP surgery? I'm scared she will get it, and we will both end up with it.

Doctor: Hopefully not. Your wife should know the protocol of handling COVID-19 as well as other viruses.

Patient: What should i do now?

Doctor: Her institution should be providing PPE (personal protective equipment) for her to use

properly. So don't worry.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=390

Patient: What are my chances of only getting mild symptoms if I get the virus, because I have type 1 diabetes?

Doctor: I know there is a study that shows concern for diabetics, however, this is one study and there are others that show no particular issue.

Patient: Is there any age relation to covid-19?

Doctor: The data is clear that older, especially older than 70, multiple comorbid conditions and smoking are critical problems.

Patient: Do I need to worry about this then Doctor?

Doctor: Although diabetic if it is controlled well it is likely your symptoms will be like most 38 year olds- mild.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=391

Patient: Hi, I would like to know if the coronavirus is mixed with other viruses as I was told by someone?

Doctor: No. coronavirus is the name of a family of viruses, but each one can cause disease. COVID-19 is one specific virus linked to the present pandemic, not a mixture of viruses.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=392

Patient: Does a person get all the Covid 19 symptoms all at once e.g. temperature, cold , tiredness , or we can get any of them e.g. cold but no temperature?

Doctor: Seek care right away if difficulty breathing, other severe symptoms. Seek testing if sick, PLUS known COVID-19 contact, or travel to a high risk country etc.

Patient: What are the procedures for testing?

Doctor: Call 0800 029 999 for test.If sick or possibly exposed (not both), stay home.Seek consultation if sick.If known exposure & not sick, self-isolate 14 days.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=393

Patient: My temperature is 36.5, My breath is short, feels like I have to breath more, I'm laying down breathing through the nose is easier.

Doctor: Difficult to advise without more information, so seek evaluation by a doctor. Because of covid, try to do that by phone/telemedicine.

Patient: When should I consider a personal appointment?

Doctor: Seek in person care right away if breathing distress, or severe symptoms.

Patient: Should I do a Covid-19 test?

Doctor: Seek covid testing if known covid-19 contact, or travel to a high risk country, or you've been in facility treating people with Covid-19, or if pneumonia. Call 0800 029 999 for the test.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=394

Patient: I live in France now and 7 days for home quarantine. I have no fever but I have parangities in my throat. Now I am worried because of covid-19. Are there only symptoms of this?

Doctor: Think you ok if a long term thing sounds chronic not corona , only way to know is the test.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=395

Patient: I've had a dry cough for a couple weeks now, post nasal drip, runny nose, sore throat every now and then.

Doctor: Do you have fever?

Patient: I think I'm starting to develop a fever and I'm getting lightheaded/feeling faint when I stand and walk & slight body aches. Do I have Covid-19?

Doctor: You have some of the symptoms of cold, flu and covid-19.

Patient: So am I vulnerable because of these symptoms?

Doctor: Also you appear to be dehydrated. But you are young and have no mention of any underlying medical condition. So, I think you are not vulnerable.

Patient: What should i do or follow as a precaution?

Doctor: Probably need self isolation for 2 weeks and to be tested in mean time for covid-19 if you develop breathing problems. Contact your doctor for guidance.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=396

Patient: Hello Doctor, I am on an antibiotic amoxicillin 1000 mg morning and night?

Doctor: Difficult to advise without more information, so seek evaluation by a doctor. Because of covid, try to do that by phone/telemedicine.

Patient: When should I consult a Doctor?

Doctor: Seek care right away if difficulty breathing, or severe symptoms.

Patient: When should I consider covid-19 test?

Doctor: Seek covid testing if known COVID-19 contact, or travel to a high risk country, or you've been in facility treating people with Covid-19, or if pneumonia. Call 0800 029 999 for the test.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=397

Patient: Last weekend I was at a festival. And today the festival organizers confirmed that someone arrived on the 15th who was tested positive for Covid-19.

Doctor: Stay home, rest and drink fluids for at least three more days.

Patient: I was in the same area and for a few hours where this person was, should I get tested?

Doctor: You may have been exposed to the virus. If you develop symptoms of the flu, fever, dry cough and/or shortness of breath, please arrange testing and a call with your PCP.

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=398

Patient: Hi Doctor, If one gets corona and you are self isolating and it is not severe, are there any meds that one can take?

Doctor: Not really. keep immunity up, keep mental health strong, no specific meds at this point in time.

id=399

Patient: Hi, I have come into contact with someone that tested positive for the virus, what do I need to do?

Doctor: Have you developed any symptoms?

Patient: I have been isolating for a week now and developed a sore throat yesterday.

Doctor: Continue to self isolate. Get rest, drink lots of liquids, tylenol as needed, If get severely sick seek care.

Patient: Really appreciate your time a lot Doctor.

Doctor: No problem, Glad to be of any help. Take care.

id=400

Patient: Do I have coronavirus ? I have joint pains. I have neck, shoulder, elbow joint and wrist pain. Must I get tested?

Doctor: No not yet, joint pain alone not an indication, but stay home

Patient: Thanks a lot for your time Doctor.

Doctor: No worries, Take care and stay safe.

id=401

Patient: I have a prolia injection appointment at the beginning of April. Will it be safer to postpone the appointment because of the COVID-19 situation?

Doctor: Yes. Definitely you can postpone the treatment by 2-4 weeks at least.

id=402

Patient: Is it safe to go out in public without a face mask on right now as long as the recommended 6ft distance is maintained?

Doctor : Yes, but make sure to maintain the 6ft distance.

Patient : Am wondering if picking up groceries curbside (have to get out of the car and open the trunk for the store employee) is safe?

Doctor: I should say no because the possibility of the store employee coming close less than 6 feet is great.

Patient : Okay, so any suggestion?

Doctor: What you can do is that you get out of the car, open the truck and then call the store employee for a curb side pick up leaving always a 6 feet distance between two of you.

Patient: Okay, Thank you very much doctor.

Doctor : Would you like to video or text chat with me?

Patient : Yes, it will be very helpful for me.

Doctor : Okay, you can text me at 5746788880.

id=403

Patient: My wife is a nurse in a GP practice, and although she has a mask and gloves etc, is that enough to protect her, if an infected patient with the virus was to come in to her?

Doctor: Need an N95 mask, gloves and gown as well as eye protection if in contact with aerosol, if working with truly negative she is safe, but we need more testing and to keep mildly ill with corona away from everybody else.

id=404

Patient: The symptoms of COVID sound like my asthma symptoms when it flares up. So how would I know the difference?

Doctor: COVID-19 is typically associated with flu-like symptoms, fever, dry cough and/or shortness of breath. If your shortness of breath does not improve with Albuterol inhaler, please call your PCP right away.

Patient : Okay, any other suggestion?

Doctor : Stay home, rest, drink fluids, monitor your temperature and avoid environmental triggers such as smoke and dust.

Doctor: Would you like to video or text chat with me?

Patient : Yes, I would like to have a video call.

Doctor : Okay, we will meet at 6pm today.

id=405

Patient: What are my chances of becoming severely unwell with the coronavirus, as I have type 1 diabetes?

Doctor: High diabetes especially uncontrolled is a problem, if you are well controlled similar to rest of population, no one really spared so to speak, stay home, if you need to consult do so telephonically

Patient : Okay.

Doctor : Would you like to video or text chat with me?

Patient : No, thank you.

Doctor : Wishing you good health.

id=406

Patient: I have a sore throat. I travelled to Joburg on 8 March and sat next to a passenger with a face mask and had a running stomach. I now suspect a corona infection?

Doctor: Test. Do you have access to testing? If so perhaps do a telephonic consult and get tested and self isolate.

Patient : Okay, what are the early signs of corona infection?

Doctor : Usually anosmia - loss of smell is an early warning sign but close contact to someone

who is positive it's highly contagious.

id=407

Patient: I have been running a low grade fever for over two weeks. I have three days left of a Cefidner prescription. I am still running a low-grade - ranges from 99 to high of 100.7. Will blood work show what is?

Doctor : Any other symptoms?

Patient : I have no other symptoms except usual allergies.

Doctor: Ok. In brief: Bloods do help but only a coronavirus test confirms - stay home or be tested safely, your problem sounds more chronic but hard to say.

Doctor : Would you like to video or text chat with me?

Patient : No, thanks.

Doctor : Wishing you good health. Stay healthy!

id=408

Patient: Hi there, I came into contact with somebody on Tuesday last week that was later that week tested positive for COVID-19. I found this out on Friday and straight away went into self quarantine.

Doctor: Well done. Any symptoms?

Patient : I am not showing symptoms as yet. What should I do now?

Doctor : stay there if you feel it will help. You can get a test but do so safely, else continue doing the right thing.

id=409

Patient: I have a sore throat. Can I have Covid19?

Doctor: Yes, it is possible. Top symptoms of COVID include fever, dry cough, SOB. Sore throat is a symptom, but not as common.

Patient : What are the chances of me having severe infection?

Doctor : You are 36 and the likelihood of severe infection is uncommon.

Patient : Okay, so what to do? What are the other possibilities?

Doctor: Probably best to socially isolate. Other possibilities include strep, influenza or adenovirus.

Patient : ok, any guidelines?

Doctor : Follow these guidelines:

<https://www.healthtap.com/blog/covid-19-care-guidelines/self-quarantine-guide>

Patient : Okay, I will try to follow these.

Doctor : Would you like to video or text chat with me?

Patient : Yes, please, it will be good for me.

Doctor : Okay, we will meet here only tomorrow.

id=410

Patient: I have had a sore throat and shortness of breath, a tight chest since last Monday. 8 days later and symptoms are not going away.

Doctor : Okay, running nose ?

Patient : No runny nose.

Doctor : Exposure to travellers ?

Patient :Yes, I have been exposed to travellers. Should I go for covid test?

Doctor: Yes, you should go for it.

id=411

Patient: Good afternoon, I recently visited a client whose husband works in the same practice as a confirmed Covid case.Two days after the visit I fell ill, gradually getting a sore throat, fever and feeling tired. Should I get tested?

Doctor: In brief: Yes. Follow the following guidelines: <https://www.healthtap.com/blog/covid-19-care-guidelines/self-quarantine-guide> Call your local provider or Health department.

Patient : What's the risk of severe infection?

Doctor : At 36 you would be considered low risk for serious infection.

Patient : Okay, tests are available at this time ?

Doctor : The test in itself does not lead to a specific action and the tests are numbered. So at this time the tests are limited and being used for sicker patients.

Patient : ok, I will keep this in mind.

Doctor : Would you like to video or text chat with me?

Patient : No, thanks.

Doctor : No problem, it's my job.

id=412

Patient: Last year during flu season I had a severe cough, difficulty breathing and x ray showed there was fluid in my chest/lungs. Any advice on what to do with this covid 19.

Doctor: Covid. Follow recommendations. Flu last year and Covid this year are two separate issues.

Patient : What's my risk of severe infection?

Doctor : At 33 your risk of severe infection is low.

Patient : Ok, any guidelines to follow?

Doctor : Follow the guidelines for COVID. The guidelines are as follows:<https://www.healthtap.com/blog/covid-19-care-guidelines/self-quarantine-guide>.

id=413

Patient: I'm currently not feeling well and need to know if I need to be tested for COVID-19.

Doctor : Any symptoms?

Patient : Cough, headache, Sore throat (day 4) , Intermittent dizziness, Brain fog, Body feeling very weak, Mucus in my throat - no runny nose.

Doctor: Hard to get tested. Throat pain can be from a strep throat (antibiotics needed), a cold or influenza, or from some other cause such as allergies or irritants.

Patient : Should I see a doctor?

Doctor : Usually, a person sees the doctor (call first) if the sore throat is bothersome, recurrent, or doesn't go away quickly.

Patient : Is cough a symptom of covid?

Doctor : COVID-19 infections tend to have cough, whereas strep usually lacks cough but has more throat pain.

id=414

Patient: Can I see a Dr online for all my medication refills so I don't have to go into a Dr office? I need medicine refills.

Doctor: Maybe not all meds. COVID-19 pandemic at this time, so one's doctor may want to consult by video instead of requiring an in-person visit. Some medications are refillable by video, others are not.

Patient : Ok, so what to do?

Doctor : In this pandemic, one's primary care doctor, who knows the patient well, can usually get meds to the patient without an in-person visit... unless an exam is needed in order to adjust the meds. Just ask the doctor.

Patient : ok. Nice to have a conversation with you.

Doctor : Wish you good health.

id=415

Patient: I have a sore throat and mild cough, do I need to be tested for corona?

Doctor: Hard to get tested. Throat pain can be from a strep throat (antibiotics needed), a cold or influenza, or from some other cause such as allergies or irritants.

Patient : Should I see a doctor ?

Doctor : Usually, a person sees the doctor (call first) if the sore throat is bothersome, recurrent, or doesn't go away quickly.

Patient : Is cough a symptom of covid?

Doctor : COVID-19 infections tend to have cough, whereas strep usually lacks cough but has more throat pain.

id=416

Patient: Where can I test for free on an essential smart plan for COVID-19?

Doctor: When or where testing is available is a local issue.

Patient : ok, so any info you have?

Doctor : Your post does not reveal your location or even the country you are in. We have no access to or information about health plans or services around the world where this site can be seen. You will need to contact a local health department for such information.

Patient : Ok, nice to have a conversation with you.

Doctor : Would you like to video or text chat with me?

Patient : No, thanks.

Doctor : No problem, it's my job.

id=417

Patient: I have a dry cough and sore throat. Should I be scared of contacting of Covid 19?

Doctor:

No. Fear does not help us right now. This thing is coming. Angela Merkel said 70% of us will get

it.

Patient : Ok, so what to do?

Doctor : Stay isolated and access your doctor via a telephonic consult and keep drinking fluids and also boost your immunity.

Patient : Ok, thank you doctor.

Doctor : No problem, it's my job.

id=418

Patient: If I have fever and coughing (even blood) and I haven't been outside of the country, do I have coronavirus?

Doctor: Hard to guess. If you are living in an area affected with covid-19 pandemic, certainly it arouses suspicion if you are infected.

Patient : What are the chances of me having coronavirus?

Doctor : Your age is against criteria. It may well be what you have is bronchitis or flu.

Patient : Oh, okay so what should I do?

Doctor : Isolate yourself and get in touch with your doctor preferably via telemedicine to find out about where you can be tested and your treatment path forward.

Patient : Ok, thank you.

Doctor : No problem, it's my job.

id=419

Patient: I have a tight and painful chest with a dry cough, no fever and no headaches. Could it possibly be coronavirus?

Doctor: Yes, it's possible. Top symptoms include fever, dry cough and SOB. An obvious possibility.

Patient : ok, so what to do?

Doctor : Your best step is to self-quarantine. Remember at your age low risk of complication and typically will pass without issue. If worsening SOB be seen.

Patient : Any more suggestions?

Doctor : Call your provider or check with the local health department. These are Healthtap guidelines : <https://www.healthtap.com/blog/covid-19-care-guidelines/self-quarantine-guide>.

Patient : Ok, thank you.

Doctor : No problem, it's my job.

id=420

Patient: I have a problem with my chest, pain and a bit short of breath. I cough every now and then, no fever and no headaches. But i am concerned it might be this new coronavirus?

Doctor: Yes, it's possible. Top symptoms are cough, SOB and fever.

Patient : what should I do?

Doctor : Best to self-quarantine. Call your provider and or health department. Healthtap quarantine instructions are as

follows: <https://www.healthtap.com/blog/covid-19-care-guidelines/self-quarantine-guide>.

Patient : ok, I will try to follow these.

Doctor : Would you like to video or text chat with me?

Patient : No, thanks.

Doctor : Wish you good health.

id=421

Patient: I have had contact with a co-worker who has now been confirmed as having the coronavirus. I don't have any symptoms but my landlords would like me to be tested. Is this possible & how do I do this?

Doctor: Contact your doctor. In the meantime self quarantine yourself.

Patient : I don't have a personal doctor.

Doctor : If you do not have a doctor call your local health resources to find out where you can be tested. It may be difficult to come by a testing location in some countries.

Patient : ok, thanks.

Doctor : Wish you good health.

id=422

Patient: Hi , Can I use Oralcon birth control pills even though we have the coronavirus epidemic ?

Doctor: Yes, you can use it. I am unaware of any contraindication to using BCP and the virus.

Patient : Ok.

Doctor : Would you like to video or text chat with me?

Patient : no, thanks.

Doctor : Wish you good health.

id=423

Patient: When I get back from the grocery store do I need to wash my groceries and grocery sacks with garden hose outside to prevent Coronavirus ?

Doctor:

<https://www.consumerreports.org/food-shopping/how-to-protect-yourself-from-coronavirus-when-grocery-shopping/> This article will help!

Patient : Ok. Nice to have a conversation with you.

Doctor : Would you like to video or text chat with me?

Patient : Yes, please.

Doctor : Wish you good health.

id=424

Patient: I am very fearful of the Coronavirus, if I have a dry cough and headache should I stay indoors and away from others?

Doctor: Try to self quarantine. Isolate yourself and contact your doctor by phone or via the

internet.

Patient : Can I have a coronavirus infection?

Doctor : You may have the flu more than coronavirus. Because headache is not a common symptom of the corona virus and your age is not the age that is vulnerable to coronavirus.

Patient : ok, nice to have a conversation with you.

Doctor : Would you like to video or text chat with me?

Patient : no, thanks.

Doctor : Wish you good health.

id=425

Patient: My 60 year old mother developed a cough and sneezing .Which medicine to be given?

Doctor: Try to give OTC medications. You can use over the counter cough and cold medications.

Patient: ok, any other suggestions?

Doctor : Since covid-19 is endemic in your state you need to contact your mother's doctor and ask how to proceed. Her doctor may want her to be self quarantined and even be tested depending on circumstances.

Patient : ok, nice to have a conversation with you.

Doctor :Would you like to video or text chat with me?

Patient : no, thanks.

Doctor : Wish you good health.

id=426

Patient: On Saturday evening I arrived from a vacation in Canada and I traveled via the European Union(Amsterdam). According to the NICD, I am required to be in self quarantine for 14 days. Can one request a medical certificate for this from a doctor?

Doctor: Hi, you cannot go in and see your doctor, so I would suggest to phone him and hear what he says. Regards.

Patient : ok, nice to have a conversation with you.

Doctor : Would you like to video or text chat with me?

Patient : no, nice to have a conversation with you..

Doctor : Wish you good health.

id=427

Patient: I'm told that diarrhea is a symptom of Covid 19. I have had it for 36 hours, no appetite. Do I need to be tested and where? I'm in Alberton.

Doctor: No, treat the diarrhea with fluids and electrolytes, load with probiotics. Look out for fever(take Paracetamol) or other symptoms.

Patient : ok, thank you, nice to have a conversation with you.

Doctor : Same here.

id=428

Patient: What risk am I from coronavirus as I have VTE?

Doctor: I am unaware that VTE (Venous thromboembolism) is associated with increased risk for severe infection. Keep in mind at 42 your risk is low for severe infection. Otherwise do not smoke or start.

Patient : ok, more suggestions?

Doctor :Consider vitamin D3 and vitamin C and make sure you stay active. Also social distancing is not social isolation. Remember this too will pass!

Patient : ok, nice to have a conversation with you.

Doctor : Would you like to video or text chat with me?

Patient : Yes, please.

Doctor : Okay so we will meet here tomorrow 2 pm.

id=429

Patient: How do I know if I have a normal cold or maybe the Coronavirus.

Doctor : What symptoms do you have?

Patient : My sinuses are congested and I have a post nasal drip which causes sporadic episodes of dry cough outbreaks.

Doctor : ok, do you have a fever?

Patient :I don't have a fever, but my body is stiff since I hiked 100km in 4 days.

Doctor: Common cold With sin. The corona virus Causes a fever, sore throat ,acute lower Resp Symptoms Such as painful cough and resp distress (Wheezing) Your symptoms are very unlikely to be covid-19.

Patient : ok, thanks.

Doctor : Wish you good health.

id=430

Patient: Hi my husband has been puking since this morning, has serious vertigo + is off balance. I'm suspecting food poisoning but want to be sure.

Doctor : ok, did he take any medicine?

Patient : yes, I gave him a pill for nausea, which is working. Do I still take him to a doctor to check that it's nothing else?

Doctor: No, if food poisoning he will either recover or need a drip to replace fluids.

Patient : ok, so what to do in both the cases?

Doctor : Don't go into public spaces now, if food poisoning do what you can, if he needs a drip go to a non corona hospital.

Patient : Any more suggestions?

Doctor : try everything to stay home, rehydrate onto ice chips, maxolon over the counter.

Patient : ok, nice to have a conversation with you.

Doctor: Would you like to video or text chat with me?

Patient : no, thanks.

Doctor : Wish you good health.

id=431

Patient: I am experiencing sore throat and lightheadedness (unaffected by: prolonged standing, exercise, anxiety, dehydration (fluid loss)).

Doctor : ok, do u have vomiting or irregular breathing?

Patient :I am not experiencing vomiting, nausea, slow or irregular breathing, abdominal discomfort, rapid heart rate, confusion, convuls.

Doctor: Usually an infection, new throat symptoms can be from strep throat infection, a cold or the flu, or from another cause such as allergies, irritants, or coronavirus.

Patient : Should I see a doctor?

Doctor : Usually, a person sees the doctor if symptoms are bothersome, recurrent, or don't improve in a few days.

Patient : What are the symptoms of Covid-19?

Doctor : COVID-19 infections tend to have chest cough, whereas strep usually lacks cough but has more throat pain.

Patient : ok, nice to have a conversation with you.

Doctor : Can call Dr. on video or phone. Would you like to video or text chat with me?

Patient : Yes, it would be really helpful.

Doctor : Okay, you can call or text me at 7717508822.

id=432

Patient: Chest is sore and there's something that needs to be coughed up but nothing there and no overt cough or temperature.

Doctor : ok, any difficulty in breathing or any other symptoms?

Patient : No difficulty breathing No other symptoms.

Doctor : Ok, any travel history?

Patient : Only local travel via air 1 week ago. Do I need to be worried about COVID-19?

Doctor: In brief: Possible The most common symptoms from COVID include the following: Fever, Dry Cough and SOB.

Patient : Guidelines to be followed?

Doctor : Given no fever, I think general precautions are all that is needed. Follow the following: <https://www.healthtap.com/blog/covid-19-care-guidelines/preventing-covid-19> and if fever do the following: <https://www.healthtap.com/blog/covid-19-care-guidelines/self-quarantine-guide>.

Patient : ok, nice to have a conversation with you.

Doctor : Would you like to video or text chat with me?

Patient : no, thanks.

Doctor : Wish you good health.

id=433

Patient: I got back from Israel last Monday. I am in quarantine. My symptoms are a tight chest and shortness of breath. Do I need to have a test?

Doctor: Two weeks of self isolation, if you get worse, call your GP first.

Patient : Should I be taking any medication?

Doctor : Take antihistamines and pandas only , get an asthavent pump, use twice a day. Lots of fluids, vit C and Zinc, add echinaforce drops

Patient : ok, nice to have a conversation with you.

Doctor: Would you like to video or text chat with me?

Patient : no, thanks.

Doctor : Wish you good health.

id=434

Patient: Our office has been shut down due one of my colleagues' close relatives being confirmed to have covid-19. I am currently quarantined at home and would like to know if I can test for corona?

Doctor: Not enough tests are available actually. Aside from really sick people and hospitalized patients, there aren't enough PCR viral tests in the US.

Patient : oh, then what should i do?

Doctor : For now, we tell people that if they are healthy, just keep 6 feet from other people, and remember that high-touch objects have viruses.

Patient : ok. Should I call a doctor?

Doctor : If people have any symptoms, even just sniffles, they isolate themselves, and call their doctors if they have moderate or worsening symptoms.

Patient : ok, nice to have a conversation with you.

Doctor : Would you like to video or text chat with me?

Patient : Yes, please.

Doctor : Wish you good health.

id=435

Patient: As someone that suffered from Wolff Parkinson White Syndrome should I be extra careful with the Corona Virus affecting my heart?

Doctor : Any medical history?

Patient :I have had four rf ablations to tread the svts and afib.

Doctor : Any symptoms?

Patient : I am currently symptoms free.

Doctor: Corona. I am unaware of any data that suggests the virus causes heart problems. The primary cause of death has been respiratory infections which lead to pneumonia and ARDS.

Patient : What chances are there of me having covid?

Doctor : Older smokers are the most susceptible. Now, in that group other comorbid problems

include renal failure and cardiac events. At 34 stick with standard precautions to prevent disease.

Patient : ok. Thank you.

Doctor : Wish you good health.

id=436

Patient: I have these symptoms and am wondering if I should do a covid test : Diarrhea, nausea Weakness /fatigue, Shortness of breath, Joint n muscle pains, Pressure in The chest, Dizziness, Sweating / and chills.

Doctor : Do you have fever?

Patient : I don't have fever but breathing is concerning me most. What to do?

Doctor: Test if you can. If you have access, test, or consult telephonically. Don't go to a public space.

Patient : Ok. Thank you.

Doctor : Wish you good health.

id=437

Patient: Was in Cape Town 2020/03/12 - 2020/03/15 Close proximity to several overseas tourists 2020/03/20.

Doctor : Symptoms?

Patient : throat sore and voice gone Back (upper middle area) and shoulders hurt Shivering, dry cough, headache and lethargic Should I go for Covid19 testing?

Doctor: Yes, you should go for testing.

Patient : ok, I will do that.

Doctor : Would you like to video or text chat with me?

Patient : No, thanks.

Doctor : Wish you good health.

id=438

Patient: Hi I asked a specific question to a Dr 2 days ago and haven't heard anything back. I basically need a referral letter to get a Covid test done. It's that simple. I travelled to Cape Town but attended an event with over 400 people from all over.

Doctor: See your physician. Your personal physician can give you this letter. This forum is for answering general medical/dental questions.

id=439

Patient: Hi there! I have a body temperature of 38—39 degrees Celsius accompanied by headaches and a cough.

Doctor : Did you get a corona test?

Patient : Yes, I've been tested for covid, but it's negative. I have trouble urinating and have a pain in my penis as well as my anus.

Doctor: Fever. Hilt sounds like a viral infection with temp , headache and cough. The urine and pain down there does not sound related, but if it is, it can be a bacterial infection, for which you need antibiotics.

Patient : ok, nice to have a conversation with you.

Doctor : Are you taking enough fluids? What meds have you taken so far?.

Patient : Yes, I am taking enough fluids but no meds.

Doctor : Wish you good health.

id=440

Patient: Hi I have Hypothyroidism. I've been in chronic meds for over 5 years now. Am I at risk for Coronavirus? Also should I boost my immune system? Thanks.

Doctor: No, you are not more than the next person :) relax, self isolate.

Patient : Ok, nice to have a conversation with you.

Doctor : Would you like to video or text chat with me?

Patient : No, thanks.

Doctor : Wish you good health.

id=441

Patient: I went to the emergency room at a busamed hospital on Thursday and was treated for a tummy bug. Since then I have developed a fever and body aches and tiredness. Can I have coronavirus?

Doctor : I think it is a tummy bug. GI symptoms are rare with Coronavirus. SOB and Dry cough and fever are common.

Patient : I would like to know where I can go to be tested for covid 19?

Doctor: Testing should lead to a purposeful action and at this time there is none.

Patient : Any medicine to be taken ?

Doctor : There is no medication to get and treatment for the virus is rest.

Patient : What should I do?

Doctor : social isolation which you do not need a test to do. If you do get a cough and SOB then notify your provider and get checked.

Patient : How many days the virus can run?

Doctor : The virus typically runs for 10 to 14 days.
Patient : Okay, nice to have a conversation with you.
Doctor : Would you like to video or text chat with me?
Patient : No, thanks for your help.
Doctor : No problem, it's my duty.

id=442

Patient: Hi! I had a runny nose, took some immune booster and med lemon and now it is a cough with sporadic phlegm. Should I get a test for this COVID 19?
Doctor : Do you have fever?
Patient : I don't have a fever though I have a bit of short breath.
Doctor: Get tested if you can, at least try.
Patient : Any more suggestions?
Doctor : don't go to a public space, consult via the telephone or get a coronavirus test .
Patient : Ok, nice to have a conversation with you.
Doctor : Would you like to video or text chat with me?
Patient : No, thanks.
Doctor : No problem, it's my duty.

id=443

Patient: Hi I have a runny nose, difficulty breathing even with an asthma pump. My head is pounding. Body aches and chills ?
Doctor: If you are not having troubles in breathing, it's best to self-isolate.
Patient : Okay, any guidelines to follow?
Doctor : Follow the following guidelines:
<https://www.healthtap.com/blog/covid-19-care-guidelines/preventing-covid-19>.
Probably worthwhile to first isolate yourself: Guidelines as follow:
<https://www.healthtap.com/blog/covid-19-care-guidelines/self-quarantine-guide>.
Patient : Can I have COVID ?
Doctor : If you are not having significant SOB COVID should be mild for you.
Patient : Ok, nice to have a conversation with you.
Doctor : Would you like to video or text chat with me?
Patient : No, thanks.
Doctor : Wish you good health.

id=444

Patient: I have things in my eyes and are painful, and sometimes giving me headaches?
Doctor: Eye pain can be for various reasons. Bilateral eye pain would be less likely foreign body although dust can cause this.
Patient : Any other possibility?
Doctor : Conjunctivitis can be bilateral from either bacteria, virus or allergies. Light exposure can

cause eye irritation.

Patient : Ok, nice to have a conversation with you.

Doctor : Would you like to video or text chat with me?

Patient : No, thanks.

Doctor : okay, if you have any doubts, you can ask me.

id=445

Patient: Good morning, I have all the symptoms for the coronavirus except a high fever. Should I be worried?

Doctor : Any travelling history?

Patient : I have been in contact with someone (who now also is displaying these symptoms) who is staying with a person who visited India in the last few weeks.

Doctor: Glad you are not ignoring your symptoms. Follow the following guidelines:

<https://www.healthtap.com/blog/covid-19-care-guidelines/self-quarantine-guide>.

Patient : Can I have severe coronavirus?

Doctor : Keep in mind that the virus will very likely be of lesser course in someone your age.

Patient : What should i do?

Doctor : Best to isolate and do the things you would normally do to treat the flu- rest, fluids and antipyretics if needed. If you would get particularly SOB be seen.

Patient : Ok, nice to have a conversation with you.

Doctor : Would you like to video or text chat with me?

Patient : No, thanks.

Doctor : okay, if you have any doubts, you can ask me.

id=446

Patient: My throat is extremely scratchy and red inside, I can see it being inflamed almost to my teeth (dark pink in colour) .

Doctor : Okay, any difficulty in breathing?

Patient : I'm very short of breath, even as an asthmatic, I have to use my inhalers more than usual and have nebulized 3 times in the last 24 h?

Doctor: Please call your General Physician and report your symptoms. They may want to see you, send you to be tested, or may give you other advice. Please call now before symptoms worsen.

Patient : Okay, thank you doctor for your help.

Doctor : No problem, it's my duty.

id=447

Patient: Hi, Last night I just started getting fluey; my nose got really runny and it's continued to today. I've also started getting a slight headache as well. With this panic about the Covid-19 does how I feel warrant me getting tested for it?

Doctor:

No testing yet. It is likely a common cold that you have. If your symptoms get worse eg. fever Sore throat and painful cough you can consult your doctor for an evaluation.

Patient : What would be best to do?

Doctor : Try to stay home and rest .

Patient : Ok, thanks.

Doctor : If you have any further queries, you can ask me, I will be more than happy to help.

id=448

Patient: I have a dry cough, sore throat and headaches, can you please assist with giving me possible explanations for this, I am scared as well due to the Coronavirus?

Doctor: There are multiple causes of those symptoms, including COVID 19.

Patient : Should I go for a test?

Doctor : only go for a test if, 1. You have traveled to high risk countries in the last 2-4 weeks

2. You have had +ve Contact with a known +ve COVID 19 case.

3. If you have a high fever with your sore throat + severe headache + dry cough.

Patient : Ok, thank you doctor.

Doctor : Hope that helps. Rgds Dr Wayne Korras Would you like to video or text chat with me?

Patient : No, thank you.

Doctor : If you have any further queries, you can ask me, I will be more than happy to help.

id=449

Patient: I am experiencing nasal congestion, sneezing (unaffected by: recent exposure to allergens, exposure to secondhand smoke), sore throat, itchy eyes, ear pressure, nasal drainage, post nasal drip, eye irritation, runny nose, and watery eyes.

Doctor: I think it is Itching /congestion. With the itching could be seasonal allergies would consider Benadryl 1/2 to 1 tab at bedtime and Zyrtec during the day . Itching is pretty specific for allergies.

Patient : Should I go to a doctor?

Doctor : If it worsens or develops fever would seek medical attention for sinusitis versus viral infection including coronavirus these days but as stated itching is pretty diagnostic of allergies.

Patient : Ok.

Doctor : Would you like to video or text chat with me?

Patient : Yes, please.

Doctor : You can text me at my number 8877354627.

id=450

Patient: If I present with a scratchy throat, do I automatically self isolate, or do I wait for more symptoms for coronavirus?

Doctor: Don't isolate yet, a scratchy throat could be caused by heartburn, oral thrush, bacterial pharyngitis (@ the beginning) or any of the 200 odd viruses that cause the "common cold"

Patient : Ok, any more comments?

Doctor : If you have had a +ve Contact with a Covid 19 patient then isolate FOR 14 DAYS or if you develop a High Fever, severe headache, dry cough and sore throat, the isolate but only after getting tested for COVID 19.

Patient : ok, thanks.

Doctor : If you have any further queries, you can ask me, I will be more than happy to help.

id=451

Patient: Hello. I'd like some help please, I've started getting these symptoms and am wondering if I should see a doctor or stay at home and try to get better. - Headache - weird yellowish growth on the side of my throat - tight chest - mild cough ?

Doctor: Try to self isolate. The current DOH guidelines are to self isolate. If you develop fever, cough or shortness of breath, phone your local GP/ service provider and arrange for testing.

Patient : ok. Should I get tested?

Doctor : If you have traveled overseas or have been in possible contact with someone with confirmed COVID 19, arrange testing. (wear a mask when going out if needed).

Patient : Any more suggestions?

Doctor : For more info try whatsapp the word "Hi" to the covid hotline 0600123456.

Patient : Ok, nice to have a conversation with you.

Doctor : Would you like to video or text chat with me?

Patient : Yes, please.

Doctor : You can text me at my number 8877354627.

id=452

Patient: Hi. I am a 25 yr healthy, final year medical student. On Fri (20th) I developed symptoms: continuous dry cough, headache, a very very sore throat, sore neck and back muscles, and tiredness. I am now improving. Should I be tested for COVID19?

Doctor: Try to self isolate. Current NICD/DOH guidelines are to self isolate.

Patient : When should I get tested?

Doctor : If getting worse (fever, cough and shortness of breath), or if you have traveled or been in contact with anyone with confirmed COVID 19, arrange for testing.

Patient : Any suggestions?

Doctor : For more info try whatsapp "Hi" to 0600123456 (the DOH covid hotline)

Patient : Ok, thank you.

Doctor : You can text me at my number 3847354627 for any further help needed.

id=453

Patient: I had severe fever on Saturday evening, with chills, muscle aches (no sore throat or breathing difficulty). Woke up in deep sweat feeling better. I had a very mild fever on Sunday evening, also waking up in cold sweat. I am feeling fine today. COVID 19???

Doctor: Try to self isolate. The current guidelines are to self isolate.

Patient : Should I get tested for COVID 19?

Doctor : if you have symptoms and traveled or been in contact with anyone with confirmed COVID-19, arrange for testing (wear a mask when you go out). Otherwise self isolate for 14 days. If getting worse, also arrange for testing.

Patient : ok, any further suggestions?

Doctor : For more info try whatsapp "Hi" to DOH help line: 0600 123456.

Patient : Ok, thanks.

Doctor : You can text me at my number 0177351127 for any help needed.

id=454

Patient: Does getting covid19 make you immune to a reinfection or just less likely to be reinfected?

Doctor: Less likely but not immune. Your body will develop antibodies against the virus but depending on how strong you keep your immune system, it is possible to get it again if you're re-exposed with a weak immune system .

Patient : Ok, nice to have a conversation with you.

Doctor : You can text me at my number 8427354627 for any further queries.

id=455

Patient: Hi there. My 3 years old daughter had diarrhea for a couple of days and she has a fever without a cough now. Can it be COVID-19?

Doctor: It could. Only way to know is to test, self isolate.

Patient : Ok, nice to have a conversation with you.

Doctor : Wish you good health.

id=456

Patient: Hi, I recently stopped smoking and have inflamed sinuses and since there is a covid19 pandemic I am worried that these sinuses and runny nose could be linked to Coronavirus. The sinuses hurt mainly when I am sleeping.

Doctor: Do you have access to testing? If you have access to testing you can be tested.

Patient : Yes, I will try to get tested. Thank you.

Doctor : have you had contact with someone who is positive that you know, have you travelled?

Patient : no, nothing like that.

Doctor : Do you have a fever?

Patient : no, I have normal temperature.

Doctor : Would you like to video or text chat with me?

Patient : no, thanks.

Doctor : Wish you good health.

id=457

Patient: Hi, I recently stopped smoking and have inflamed sinuses and since there is a covid19 pandemic I am worried that these sinuses and runny nose could be linked to Coronavirus?

Doctor: Don't worry, your symptoms are unlikely related to covid 19, and rather to change of season and smoking cessation.

Patient : What medicine should I take ?

Doctor : Try to use saline nasal spray and Otrivin nasal spray at least 4-5 times a day don't use Otrivin longer than 10 days.

Patient : Ok, thank you doctor.

Doctor : Would you like to video or text chat with me?

Patient : No, thanks.

Doctor : You can text me at my number 5575354627 for any further queries.

id=458

Patient: Hi. I have a very tight chest but no cough. Feels like I am about to cough sometimes but no cough. Then when I stand upright it's worse?

Doctor : Do you have fever?

Patient : No fever.

Doctor : Any exposure to coronavirus?

Patient : Possible exposure to covid from gibs university but not sure.

Doctor : Any more symptoms?

Patient : Really burning sensation on my chest.

Doctor: Consider asthma, have you ever had asthma or wheezing? That can cause tightness & shortness of breath, as can certain heart problems.

Patient : Can I have COVID 19?

Doctor : Without fever & cough, COVID 19 is less likely.

Patient : What should I do?

Doctor : Probably best to call your Dr's office for recommendation. If the breathing worsens you should be seen ASSP by video visit or perhaps in person to listen to lungs & assess the need for possible chest X-ray, EKG, & medication

Patient : Ok, nice to have a conversation with you.

Doctor :Would you like to video or text chat with me?

Patient : No, thanks a lot.

Doctor : You can text me at my number 8877354627 for any help needed. Wish you good health.

id=459

Patient: Can vaccines for coronavirus in domestic pets be modified for humans as a way to have a vaccine for covid-19?

Doctor: No, I really don't think so but it's a very different virus as is the old corona we know - 5 varieties of the common cold are from coronaviruses

Patient : ok, thanks doctor.

Doctor : Would you like to video or text chat with me?

Patient : No, thank you.

Doctor : Wish you good health.

id=460

Patient: I know hospitals filter air with HEPA filters. Will the filters in my car or office building work just as well to prevent corona?

Doctor: No worries, COVID-19 does not survive outdoors. Medical officials actually encourage getting outdoors, but keeping your distance from others.

Patient : ok, nice to have a conversation with you.

Doctor : Would you like to video or text chat with me?

Patient : No, thanks.

Doctor : No problem, it's my duty.

id=461

Patient: Will taking ibuprofen (Advil) increase the strength of the COVID-19 virus?

Doctor: CONFLICTING INFO. I HAVE SEEN ARTICLES ON BOTH SIDES OF USING ADVIL OR MOTRIN.

Patient : So what do you recommend?

Doctor : PERSONALLY I WOULD RECOMMEND NOT USING IT BECAUSE SIDE EFFECTS, INTERACTIONS AND COMPLICATIONS FROM NSAIDS.

Patient : So any alternative?

Doctor : IN GENERAL. ACETAMINOPHEN IS SAFER.

Patient : Okay, thanks.

Doctor : No problem, it's my duty. Stay safe, stay healthy.

id=462

Patient: I have diarrhea and I read that it could be a precursor to having COVID-19. I was in China at the end of September 2020. So more than 6 weeks back. ?

Doctor: I think that is all you have by now you don't have the chinese virus.

Patient : Oh, I feel so relieved now. Thank you.

Doctor : Would you like to video or text chat with me?

Patient : No, thanks.

Doctor : You can text me at my number 7123354627 for any further queries.

id=463

Patient: Where can I get tested for Corona if I am in the rondobosch area?

Doctor: Consult with your GP. You cannot just request a COVID19 test, without fulfilling certain official SA testing criteria, even if you are a private patient and are willing to pay cash.

Patient : What is the procedure?

Doctor : If you meet the strict testing criteria, then your GP will need to complete a request form and tell you where to go.

Patient : ok, very nice information to know.

Doctor : Would you like to video or text chat with me?

Patient : No, thanks.

Doctor : You can text me at my number 8829354627 for any further help needed.

id=464

Patient: I'm a mother, so if one of my kids gets coronavirus, I get it too and spread it to my entire family since they depend on me for everything. What can I really do? It's inevitable.

Doctor: COVID prevention is possible. It's not inevitable. Follow the guidelines all over the media and make sure your kids do too: social distancing, wash hands frequently.

Patient : More guidelines?

Doctor : Stay home except for absolutely necessary trips, use antiseptic wipes when you have to touch surfaces outside the home (e.g. shopping cart handles), and avoid touching your face.

Patient : Are we prone to severe infection?

Doctor : At your and your kids' age, most infections aren't serious.

Patient : ok, nice to know.

Doctor : Would you like to video or text chat with me?

Patient : no, thanks.

Doctor : No problem, it's my duty.

id=465

Patient: Hi. My symptoms are aching and sore joints. I feel feverish but I don't have a cough or runny nose .

Doctor : Do you have throat congestion?

Patient : I do feel a little throat congestion (phlegm) but no sore throat. Not very sick.

Doctor : Any medicines taken by you?

Patient : I have been taking viral choice and vitamin c for a month.

Doctor: Your symptoms are consistent with a flu like upper respiratory tract infection.

Patient : What's the treatment for it?

Doctor : Treatment would be resting, drinking adequate fluids and taking acetaminophen.

Patient : Any other concern?

Doctor : Chest discomfort or shortness of breath would be concerning and if you've been exposed to anyone with covid19, who has been in an affected region.

Patient : Should I get tested?

Doctor : if you live in a region where covid19 is present, notify your MD and get tested.

Patient : ok, I will try that.

Doctor : Would you like to video or text chat with me?

Patient : no, thanks.

Doctor : No problem, it's my duty.

id=466

Patient: Hpv virus has affected my sex life. I bleed a lot during sex and on my period. I did a cervical cauterisation but my period is still the same and I'm scared to have sex due to bleeding as I was once hospitalised for it. Any tips on what I can do?

Doctor: I think it is Cervix trauma. One technique is to have your partner only penetrate your vagina halfway to avoid trauma to the cervix.

Patient : Does that reduce our pleasure?

Doctor : You and your partner can still have enough stimulation and pleasure this way.

Patient : ok.

Doctor : Would you like to video or text chat with me?

Patient : Yes, please.

Doctor : You can call me at my number 1234567891. Regards.

id=467

Patient: Is it safe to eat food prepared by someone with coronavirus? Even if they wear a mask and gloves?

Doctor: Better to skip. The protective gear is not protective enough to prepare food. Wish you good health.

id=468

Patient: Can the meat I eat give me coronavirus? Will cooking kill the coronavirus?

Doctor: Cooking will kill. Cooking adequately will kill the virus-30 sec of microwave. Wish you good health. Stay safe, stay healthy.

id=469

Patient: I know hand washing (20+ seconds) is best to kill coronavirus, and that if not available use sanitizer of 60%+ alcohol. I thought my sanitizer was but realized it's only 57.6%. Been using lots for weeks. I've stopped using it. Should I be worried?

Doctor: Life is not exact. In pandemic times, supplies are short. Life is not that exact.

Patient : Can that 2 percent make a difference?

Doctor : No, 57.6% is fine, and if a person catches the coronavirus, it won't be because she was missing 2% on her hand sanitizer.

Patient : Ok, how does the virus spread?

Doctor : Remember that the virus goes from person to person. If there are no people close by, and if the high-touch surfaces like table tops, keyboards, or doorknobs are clean, then one is a lot safer. (Mar. 2020)

Patient : Ok, nice information to know.

Doctor : Would you like to video or text chat with me?

Patient : No, thanks.

Doctor : No problem, it's my duty.

id=470

Patient: Fake news running around? Does Advil/Ibuprofen kickstart the COVID-19 into pneumonia?

Doctor: Yes, it could. There is not enough scientific info to confirm it. Most of the online news was based on French reports.

Patient : What led to this?

Doctor : It could be a combination of speculations because the virus enters the lung through the ACE2 receptor and also ibuprofen NASiD and virus can affect the kidney.

Patient : ok. ANy further advice?

Doctor :

<https://www.npr.org/sections/health-shots/2020/03/18/818026613/advice-from-france-to-avoid-ibuprofen-for-covid-19-leaves-experts-baffled>. Thx

Patient : Thanks doctor.

Doctor : Would you like to video or text chat with me?

Patient : Yes, please.

Doctor : You can text me at 1234567812. Regards.

id=471

Patient: I travelled to the UK (back in RSA on the 1st or March but the symptoms only appeared thursday 19 march with mild ear ache to severe in the evening. Followed by sore throat, cough and body ache on friday, fever and weakness on saturday?

Doctor : Influenza versus Coronavirus, typically more sudden onset of fever and myalgias with influenza, but sometimes hard to tell.

Patient : What should I do?

Doctor : If no significant SOB probably needs to quarantine. Call your local physician or health department.

Patient : Should I get tested?

Doctor : I know Healthtap has been helping to order or recommend tests, but typically tests are not available. For Coronavirus most cases have been mild and expect about 10 days of symptoms.

Patient : ok, nice to have a conversation with you.

Doctor :Would you like to video or text chat with me?

Patient : No, thanks.

Doctor : No problem, it's my duty. Stay safe, stay healthy.

id=472

Patient: Does a virus cause lesions, dry and oily noses?

Doctor: Usually not, more likely to cause runny nose increase moist discharge.

Patient :ok, good to know.

Doctor : Would you like to video or text chat with me?

Patient : no, thanks.

Doctor : You can call/text me at 1234234155 for any more queries.

id=473

Patient: Hello, I need to go to my Dr. to get my prescription refilled. Due to the coronavirus I really don't want to get out and sit in a busy office just for a prescription refill. Prescription refill?

Doctor: May do video consult, COVID-19 pandemic at this time, so one's doctor may want to consult by video instead of requiring an in-person visit.

Patient : Can I get my medicines refilled sitting at home?

Doctor : Some medications are refillable by video, others are not. In this pandemic, one's primary care doctor, who knows the patient well, can usually get meds to the patient without an in-person visit... unless an exam is needed in order to adjust the meds. Just ask the doctor.

Patient : ok, thanks a lot.

Doctor : Would you like to video or text chat with me?

Patient : yes, please.

Doctor : You can call/text me at 1234234155 for any more queries.

id=474

Patient: Traveled 2wks ago from FL. To PA. 68 wf. Has had fever of 100 , chills at night and some coughing for 5ds. Tested negative for flu and x rays of lungs were clear . Coronavirus?

Doctor: Hello and welcome to HealthTap, I think it is Cough and cold. It is a good idea to get tested.

Patient : What would be the procedure?

Doctor: You can visit your nearest Urgent care. Make sure to call them before coming, after getting tested self quarantine for a total 2 weeks from the onset of symptoms.

Patient : Any medicines to be taken?

Doctor : Please wear a mask and perform frequent hand washing. Avoid Ibuprofen/other NSAIDs, use acetaminophen/ Tylenol only.

Patients : Any signs to look after?

Doctor : Look for signs of worsening cough & breathing difficulties.

Patient : ok, I will try to be more careful from now on.

Doctor : Would you like to video or text chat with me?

Patient : no, thank you.

Doctor : You can call/text me at 1234234155 for any more queries. Stay safe, stay healthy.

id=475

Patient: I have tested positive for Covid 19. What medication must I take?

Doctor: Only if hospitalized. COVID-19 infection is worldwide, in all but some isolated areas.

Patient : What should be the goal right now considering COVID 19?

Doctor : The goal is to keep people separated so that the clinics and hospitals are not

overwhelmed.

Patient : Should everyone be tested?

Doctor : Patients can be presumed positive regardless of whether they got tested or not, as there's no way to test everyone.

Patient : Any treatment found so far?

Doctor : No good outpatient treatment found yet. Trials of various meds are done for hospitalized patients.

Patient : ok, thanks a lot.

Doctor : You can call/text me at 1234234155 for any more queries. Stay safe, stay healthy.

id=476

Patient: Can covid19 cause shortness of breath without a cough?

Doctor: Yes, it can. There are many causes of shortness of breath. COVID-19 may be one cause and is not necessarily associated with cough.

Patient : What are the common symptoms of Covid 19?

Doctor : Fever is one prominent symptom, but the absence of fever does not rule out the infection.

Patient : Okay, thank you doctor.

Doctor : No problem, it's my duty.

id=477

Patient: Can a person with type 1 diabetes ever just get mild symptoms of coronavirus, or will it always be fatal?

Doctor: At 38 your risk of death from the virus is low. If your diabetes is controlled you should not have particularly higher risk. Poorly controlled diabetes would make a difference.

Patient : Okay, I feel so relieved now.

Doctor : Would you like to video or text chat with me?

Patient : No, thanks.

Doctor : No problem, it's my duty. Stay safe, stay healthy.

id=478

Patient:

My Girlfriend has coronavirus. With bad symptoms. It's been 7 days since she started symptoms, and last time I saw her. I still don't feel symptoms. How much longer am I in the zone of possibly starting symptoms from close exposure?

Doctor: I would say you should quarantine . You should be in self quarantine as it might take

another week for you to develop symptoms.

Patient : Okay doctor, I will do that, any more suggestions?

Doctor : Do not travel, nor visit medical facilities.

Patient : Ok, nice to have a conversation with you.

Doctor : Would you like to video or text chat with me?

Patient : Yes, it will be really helpful for me.

Doctor : Okay, you can text or call me at my mobile 1245231267. Wish you good health.

id=479

Patient: I have a scratching sore throat and slight chest irritation. With body aches and tired with slight fever?

Doctor: Hello & welcome to HealthTap, it could be anything from common cold to COVID-19.

Please go to Prompt care. Call them before going. When tested for COVID-19, self quarantine for a total 2 weeks from the onset of symptoms.

Patient : Any more suggestions?

Doctor : Please wear a mask and perform frequent hand washing. Avoid Ibuprofen/other NSAIDs, use acetaminophen/ Tylenol only. If signs of worsening cough & breathing present then go to ED.

Patient : Okay, very useful information to have. Thanks a lot.

Doctor : Would you like to video or text chat with me?

Patient : No, thanks.

Doctor : Wish you good health. Stay safe, stay healthy.

id=480

Patient: Am I associated with phlegm and mucus?

Doctor: At this time your symptoms are characteristic of a viral upper respiratory tract infection, and if your sputum is very discolored, bronchitis may be present. Do you have fever/shortness of breath?

Patient : No, I don't have either of them.

Doctor : Absence of fever,chills, chest discomfort,shortness of breath or wheezing is reassuring but your MD may recommend starting antibiotic treatment. Leave it to him/her whether covid19 treating is advisable depending upon exposure history.

Patient : Okay doctor, I feel a bit relaxed now, thank you.

Doctor : No problem, I am more than happy to help you.

id=481

Patient: Should one also cover eyes in addition to covering mouth and nose with a mask to avoid exposure to Corona virus? Lots of people only use masks but that may not provide full protection, right?

Doctor: Yes, you are correct. Every bit helps.

Patient : Okay, thank you.

Doctor : If you have any further queries, you can text me.

id=482

Patient : Should I be tested for COVID 19, have been in contact with a family member who arrived from France on 13 March?

Doctor : Do you have any symptoms?

Patient : No, no symptoms as of now.

Doctor: Try to just self quarantine. I suggest self quarantine for 14 days. If symptomatic then contact your Primary care physician telephonically, or alternatively use this platform to get tested and further management.

Patient : Okay, I will try to do so.

Doctor : Would you like to video or text chat with me?

Patient : No, thanks.

Doctor : No problem, it's my duty. Stay safe, stay healthy.

id=483

Patient: I have a constant cough and my chest has now become tight. I also have a tickle in my throat. I would like to be tested for Coronavirus please.

Doctor: At 33 you may not need testing. You should isolate yourself.

Patient : Any guidelines to follow?

Doctor : Follow the following guideline:

<https://www.healthtap.com/blog/post/covid19-coronavirus-self-quarantine-guide>. At this time I know you could contact someone through Healthtap, but the testing can be recommended, but no tests to do it.

Patient : Ok, any more suggestions?

Doctor : Let your local provider or health provider know. If you would have worsened SOB go to the ER.

Patient : Ok, nice to have a conversation with you.

Doctor : Same here dear.

id=484

Patient: If someone has coronavirus and I'm passing by him or talking to him without touching he is just breathing. Can this virus affect you by just breathing by the affected or you have to be touched or sneezed upon by you to get this virus?

Doctor: It is less likely. Recommended to stay 6 feet apart. However, if no touching and the person was not sneezing the likelihood of transmission is low.

Patient : Okay, thank you.

Doctor : You can text or call me for any further queries. Wish you good health. Stay safe, stay healthy.

id=485

Patient:

I am concerned that I'm showing symptoms of corona. I have a tight chest, regular headaches, fever, and infrequent coughing and sneezing. My throat is also sore.

Doctor : ok, did you meet any person who is found to have been corona positive?

Patient : Yes, I've been in the vicinity of someone who has tested positively for the virus.

Doctor: Please stay at home, rest, drink fluids and monitor your temperature. Arrange for testing locally.

Patient : Should I take some treatment ?

Doctor : You may need respiratory treatments, and additional testing for influenza and Strep A. Please contact your PCP for additional or worsening symptoms.

Patient : Okay, I will keep that in mind. Thank you.

Doctor : Would you like to video or text chat with me?

Patient : No, thanks.

Doctor : No problem, it's my duty.

id=486

Patient:

What are my chances of becoming seriously ill or dying from the virus, as I have diabetes? So scared.

Doctor: At your age the risk of death is the following: 0.1–0.2. If your diabetes is controlled your risk should not be markedly worse.

Patient : What should I do to protect myself?

Doctor : Make sure you follow appropriate guidelines. Neve a guarantee, but your risk of serious problems is still pretty low. Stay safe, stay healthy.

id=487

Patient:

Nervous about coronavirus. I am 26 years old and have high blood pressure. I am curious about the chances of me dying if I contract the virus.

Doctor: Unknown but low chances. Based on current data it is low, likely less than 1-2%.

Patient : Are young people not affected by the virus that much?

Doctor : Just because you are young doesn't mean you cannot end up really sick. Take care of yourself. Social distancing, wash your hands, etc.

Patient : Ok, thanks a lot. Would help a lot.

Doctor : Would you like to video or text chat with me?

Patient : No, thanks again.

Doctor : Wish you good health. Stay safe, stay healthy.

id=488

Patient: Sick for past week. Doctor prescribed meds. Not feeling better.

Doctor : Okay, symptoms?

Patient : Symptoms are shortness of breath, difficulty breathing, barking cough, mild headache, body ache. Should I consider getting tested for Covid 19?

Doctor: Yes. Everyone with flu-like symptoms should be tested for Covid19.

Patient : Is the test available easily?

Doctor : Test is becoming more widely available in the United States as the pandemic worsens. Wish you good health.

id=489

Patient:

I work in an open office. Experiencing daily coughing and running a bit of a fever. Sneezing frequently. Should I get tested for Covid 9?

Doctor: Maybe. Would you like to do a video call?

Patient : Ya, sure, I will be a great help.

Doctor : Okay, you can call me at 1289234585 in the morning tomorrow. I will be more than happy to help.

id=490

Patient:

I think I have COVID-19. I have difficulty breathing (shortness of breath), tightness in chest, sore throat and light fever. Symptoms have been progressing and getting stronger over the last 4

days. I had diarrhea two days ago.

Doctor: If bad, needs ER. COVID-19 pandemic at this time, so a doctor on video may consult by video instead of requiring an in-person visit.

Patient : What is the cause for my flu-like symptoms?

Doctor : Flu-like symptoms can be from a strep throat infection, a cold or influenza, or from some other cause like COVID-19.

Patient : Should I see a doctor ?

Doctor : Usually, a person calls the doctor if the symptoms are bothersome, serious, recurrent, or persistent. COVID-19 testing depends on local availability.

Patient : Ok, nice to have a conversation with you.

Doctor : Would you like to video or text chat with me?

Patient : No, thank you very much.

Doctor : Wish you good health, stay safe, stay healthy.

id=491

Patient:

What is the treatment for Covid-19?

Doctor:

Depends on severity. COVID-19 pandemic at this time, so a doctor on video may consult by video instead of requiring an in-person visit.

Patient : What is the cause for my flu-like symptoms?

Doctor : Flu-like symptoms can be from a strep throat infection, a cold or influenza, or from some other cause like COVID-19.

Patient : Should I see a doctor ?

Doctor : Usually, a person calls the doctor if the symptoms are bothersome, serious, recurrent, or persistent. COVID-19 testing depends on local availability.

Patient : Ok, nice to have a conversation with you.

Doctor : Would you like to video or text chat with me?

Patient : No, thank you very much.

Doctor : Wish you good health, stay safe, stay healthy.

id=492

Patient:

I am a pregnant pharmacist working in a government hospital. I am in my third trimester. Should I take leave until my maternity leave starts due to the coronavirus pandemic? Government has not made any recommendations for pregnant healthcare workers.

Doctor: Not a bad idea. Many pharmacists also are trying to work from home whenever possible.

Patient : Oh okay, so what should I do?

Doctor : Your best reference going forward will be your Obs-gyn doc and based on your institution's flexibility and further government regulations either work from home, if possible, or go on maternity leave.

id=493

Patient:

I am the main member of discovery, I want to complete a health covid assessment for my husband. Please let me know how to do so?

Doctor: You'll need to call Discovery For that.

Patient : Oh okay, right!

Doctor : Would you like to video or text chat with me?

Patient : No, thanks for the info.

Doctor : No problem, I am always there for help.

id=494

Patient:

Hi There. I was at a festival over this past weekend and there has been a report of someone testing positive now. Is it a good idea to go for a test and/or self isolate ? Is national travel by car ok?

Doctor: I think you should Self-quarantine. Enter self-quarantine then call your health care provider to get instructions regarding testing, self-quarantine and possible hospitalization then follow through!

Patient : Okay, I will do that. Thanks.

Doctor : Would you like to video or text chat with me?

Patient : No, thanks for the info.

Doctor : No problem, I am always there for help.

id=495

Patient:

Hi. My son is 2 years old. Last week he fell ill for a day or two. He kept vomiting and had a day of diarrhea. However since last night he is coughing constantly with phlegm and runny nose, and loss of appetite. Do I need to test him for COVID-19?

Doctor: Maybe yes. Would you like to make a video call for a better idea?

Patient : Yes, please. It will be really helpful.

Doctor : You can call me at my number and I will be more than happy to help you.

id=496

Patient:

What must I do if I have been in contact with a covid19 positive person?

Doctor:

If real contact... Self-quarantine helps. Stay at home, except for going to get medical care. Do not go to work, school, church, playgrounds, or other public areas.

Patient : How should I contact a doctor if needed?

Doctor : For medical care questions about your COVID-19 symptoms or other health issues, get advice from your doctor by video or phone. See the full guide at:

<https://www.healthtap.com/blog/post/covid19-coronavirus-self-quarantine-guide>.

Patient : Ok, thank you.

Doctor : You are welcome. Wishing you good health.

id=497

Patient:

I have covid 19 symptoms but I'm not sure if I have it or it's the flu?

Doctor:

Hard to guess. COVID-19 pandemic at this time, so a doctor on video may consult by video instead of requiring an in-person visit.

Doctor : Flu-like symptoms can be from a strep throat infection, a cold or influenza, or from some other cause like COVID-19.

Patient : Should I see a doctor ?

Doctor : Usually, a person calls the doctor if the symptoms are bothersome, serious, recurrent, or persistent. COVID-19 testing depends on local availability.

Patient : Ok, nice to have a conversation with you.

Doctor : Would you like to video or text chat with me?

Patient : No, thank you very much.

Doctor : Wish you good health, stay safe, stay healthy.

id=498

Patient:

I was in contact with someone who has tested positive for Covid-19. He does not have

symptoms. Test was done on 18 March. I do not have any symptoms except for a running stomach. What should I do? Thanks.

Doctor:

Self quarantine. The current NICD and department of health guidelines are to self isolate for 14 days.

Patient : What should I do if I have fever?

Doctor : If you develop fever, cough or shortness of breath contact your primary care provider and arrange for testing. For more info Whatsapp the word "Hi" to the excellent department of health hot-line 0600 123456.

id=499

Patient:

Body ache and fever, scratchy itchy throat? Can I have Covid 19?

Doctor:

Early COVID-19. Call your health care provider to get instructions regarding testing, self-quarantine and possible hospitalization then follow through.

Patient : Okay, I will keep this in mind.

Doctor : Wishing you good health. Stay safe, stay healthy.

id=500

Patient:

I have been sick for over a week. I went to my Doctor and he prescribed me meds. I have been on antibiotics for 3/5 days and I'm not feeling better. Please advise.

Doctor : What symptoms do you have?

Patient : I have shortness of breath, tightness in chest, barking cough, dull headache, body ache.

Doctor: Given worsening symptoms and muscle aches, it's likely you have some type of flu bug. Barking cough is typically more of a sign of virus. Given recent problems with COVID your worsening symptoms should be double checked.

Patient : Okay, thanks a lot. Nice talking to you.

Doctor : No problem, Wishing you good health. Regards!

id=501

Patient: I have a sore throat, slight cough, tiredness.

Doctor: Throat pain can be from a strep throat infection (antibiotics needed), a cold or influenza (antibiotics usually not used), or from some other cause such as allergies or irritants. Usually, a

person sees the doctor (call first) if the sore throat is bothersome, recurrent, or doesn't go away quickly.

Patient: Should I get tested for Covid 19?

Doctor: Maybe. COVID-19 infections tend to have cough, whereas strep usually lacks cough but has more throat pain. Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a video chat with you. Could you please mention the date and time?

Doctor: Ok, I will fix an appointment tomorrow at 5 in the evening.

id=502

Patient: Hi, I arrived from the Netherlands on Monday morning.

Doctor: Hi, Coronavirus PUI crit. Self-quarantine and monitor yourself for 14 days from the return date. Do you have any symptoms?

Patient: No symptoms but have been around my helper. Should we get tested?

Doctor: If symptoms develop, please contact the NICD for screening to see if you have to get tested. Public Hotlines: +27 800029999; +27 800111132; +27 82 883 9920.

id=503

Patient: My daughter has had a high temperature (around 37 degrees) for 2 days

Doctor: Does she have any symptoms?

Patient: Yes, she also has had sore throat and headaches

Doctor: Is she responding to the medication?

Patient: Yes, she is responding to medication. Should I have her tested for COVID19?

Doctor: Maybe. Do a video chat with me.

id=504

Patient: Hi there, I was recently in close contact with someone who travelled overseas. The person has become ill.

Doctor: Hi, did they test themselves for Covid-19?

Patient: Actually, they have not communicated whether or not they've been tested.

Doctor: Since there is a risk for coronavirus, please stay home, rest and drink fluids.

Patient: Any advice doctor?

Doctor: Do, monitor yourselves for symptoms including fever, dry cough and/or shortness of breath.

Patient: Should I go and get tested for covid19?

Doctor: Yes, avoid contact with others and consider testing. The symptoms of COVID 19 may be very mild. Travel is one risk factor for acquiring the disease. Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a video chat with you. Could you please mention the date and time?

Doctor: Ok, I will fix an appointment tomorrow at 6 in the evening.

id=505

Patient: Hi! I've had a cold since 13 March.

Doctor: Hi! Do you also have a cough?

Patient: Yes, I have started coughing since then and just don't seem to be recovering.

Doctor: Too soon to recover. On average, viral respiratory illnesses may take 2-3 weeks for full recovery and severe cases may take 4-6 weeks.

Patient: One day I will be feeling fine and the next day back to feeling terrible.

Doctor: It happens, does your cough have any phlegm ?

Patient: Yes, Lots of tight phlegm and very sore throat.

Doctor: If your symptoms worsen, you should contact your health care provider to inquire regarding Coronavirus testing or quarantine. Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a text chat with you. Could you please mention the date and time?

Doctor: Ok, I will fix an appointment today at 5 in the evening.

id=506

Patient: Hi Dr. My whole body feels sore as well as my neck. My brain feels loose in my head and has headaches?

Doctor: Hi, sounds like it could be systemic infection, like Influenza or Coronavirus.

Patient: Should I get tested for Coronavirus?

Doctor: Yes, please contact the NICD for screening to see if you have to get tested. Public Hotline: +27 800029999; +27 800111132; +27 82 883 9920.

Patient: Is there any medicine I should take for the body pain?

Doctor: Only use Paracetamol for pain, if not allergic to it. Would you like to video or text chat with me?

Patient: No, thanks. Nice to have a conversation.

Doctor: Mention not. Wish you good health.

id=507

Patient: I am an asthmatic but rarely need my inhaler and haven't had an attack in decades however with Covid 19 I'd like to put in place some measures in case the health services get overwhelmed. What drugs can I take if inhalers don't work?

Doctor: With the COVID-19 pandemic, people with chronic conditions or even intermittent conditions should get their meds refilled in case pharmacy services close down. For asthma patients, they should refill their inhalers.

Patient: What type of inhalers should I get refilled?

Doctor: Some use only an urgent "rescue" inhaler like albuterol, while others also use "preventive" inhalers like fluticasone. It's best to keep both on hand.

Patient: What if the symptoms go bad?

Doctor: If symptoms go bad, it's ER time.

id=508

Patient: Will I be covered if I get Corona 19 with my medical aid?

Doctor: Probably, but we here on this forum answer general medical questions, not particulars of individual medical coverage. Call Medical aid to know for sure. Would you like to video or text chat with me?

Patient: No, thanks nice to have a conversation.

Doctor: Mention not. Wish you good health.

id=509

Patient: I have travelled to HK in the past week and returned to South Africa on Tuesday, I have had no symptoms however today this is what I am experiencing.

Doctor: You have Flu like symptoms. Stay home for 7 days while you monitor your temperature.

Patient: Are these symptoms the same for COVID 19 ?

Doctor: COVID 19 is typically associated with dry cough, fever and shortness of breath. Your nasal congestion and muscle aches are more typical of influenza.

Patient: I would like to get tested for Covid19.

Doctor: If you develop a fever or worsening, then I would recommend testing for both influenza and coronavirus.

Patient: Sure.

Doctor: Also drink fluids, rest and avoid contact with others.

id=510

Patient: Can wheezing and some difficulty breathing be symptoms of coronavirus?

Doctor: Yes. Not wheezing but difficulty of breathing is a symptom of the corona virus infection but it is not the common one. It can be seen sometimes.

Patient: Could mention some common symptoms of coronavirus?

Doctor: The common symptoms are fever and cough mostly dry cough.

Patient: Could the wheezing be caused due to any other condition?

Doctor: The wheezing could be due to asthma or allergies in general. However, since covid 19 can be seen even without any symptoms I suggest you to get in touch with your doctor for advice and follow up with you. Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a video chat with you. Could you please mention the date and time?

Doctor: Ok, I will fix an appointment tomorrow at 5 in the evening.

id = 511

Patient: Hi, Where in Cape Town can you get tested for covid19?

Doctor: Hi, you can be tested either at any of the private labs or at selected government clinics.

Patient: Can I directly go for the testing ?

Doctor: No, you need to meet the criteria for testing before it is done. Would you like to video or text chat with me?

Patient: No, thanks. Nice to have a conversation.

Doctor: Mention not. Wish you good health.

id = 512

Patient: Hi, I have been having body aching all of a sudden, head heavy and paining, sneezing since yesterday.

Doctor: Do you also have fever?

Patient: Yes. What could be the symptoms indicating to?

Doctor: Symptoms could be either influenza or the covid 19 virus. Call your local doctor to discuss these new changes in your health to determine what testing will, be needed, and steps you should take.

Patient: Could you prescribe some medication?

Doctor: At least for now, treat the symptoms with acetaminophen (not ibuprofen), Cough syrup. Also isolate yourself away from other people, wear a mask to avoid spreading virus, sneeze into elbow, wash hands frequently.

id = 513

Patient: I need to check if I have COVID-19?

Doctor: Most places require a doctor to order this, but check into your local healthcare services to see if there is a way for you to be tested without that, good luck.

id = 514

Patient: I try to control my blood sugars as best I can, but it's so difficult at times.

Doctor: Don't worry, it's normal.

Patient: I'm so scared that because of this, I will die or be seriously ill if I get the virus. I am simply terrified.

Doctor: Your anxiety is overall justified, given massive social tension mounted by the pandemic.

Patient: Please help regarding this issue.

Doctor: Depending on local resources and through your doc's office, you may benefit from counseling from a clinical psychologist via telemedicine in order to avoid exposure during lockdown. Use this time to connect to your loved ones remotely (Skype, phone, etc) and talk about your worries.

Patient: Thank you for the advice doctor.

Doctor: It's my duty.

id = 515

Patient: I suspect I may have contracted covid 19. I have a sharp pain in my chest as well.

Doctor: You must go to an Urgent Care Center or Emergency Room as soon as possible to have an exam at which time lab tests & a chest X-ray should be ordered to help determine your diagnosis.

Patient: Should I go there now itself?

Doctor: The sooner you are properly evaluated & treated the better! I wish you well with your

health! Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a video chat with you. Could you please mention the date and time?

Doctor: Ok, I will fix an appointment today at 6 in the evening.

id = 516

Patient: I'm so scared of the coronavirus with my diabetes, that I'm wondering if my wife should not work in her GP practice?

Doctor: Awareness and precautions are important, but your wife plays a valuable role for those who have contracted the disease.

Patient: It's putting us both at major risk isn't it?

Doctor: Good question. Yes, she will be at higher risk than the general population and we are seeing HCPs contracting Covid-19. There is no one correct answer to this question because situations vary.

Patient: What should I do so that she is at less risk ?

Doctor: Best option is for your wife to discuss this with her employer and take precautions. Good luck!

id = 517

Patient: I'm showing signs of flu and shortness of breath over the last week.

Doctor: Did you come across someone who tested positive ?

Patient: Yes, I just found out this morning that I was exposed to someone who tested positive. I need advice on how to get tested and treated (if required), beyond just self quarantining.

Doctor: You may need a doctor's order ASAP if you've been exposed and are symptomatic, to get tested, so call to get that order, and when you go to get tested, please try to place a mask on your face to protect others if you can. Would you like to video or text chat with me?

Patient: No, thanks. Nice to have a conversation.

Doctor: Mention not. Wish you good health.

id = 518

Patient: I have travelled in the last 14 days to Cairo, Sharm El Sheik and Dubai.

Doctor: When did you arrive here?

Patient: I arrived back in SA 9 days ago and have been self-isolated.

Doctor: Do you have any medical conditions that would put you at high risk?

Patient: No, I have started with mild symptoms such as sore throat, cough, fatigue but temperature is normal.

Doctor: If you had any medical conditions I would book a virtual consult with a dr. But, we are not currently testing due to lack of capacity if there is no fever, dry cough & shortness of breath with travel history.

Patient: I need a referral?

Doctor: I would treat for flu and complete 14 days (possibly longer if still sick) quarantine and

contact a Dr if the condition changes. Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a text chat with you. Could you please mention the date and time?

Doctor: Ok, you can do so today at 5 in the evening.

id = 519

Patient: Having slight itching at the throat but no cough.

Doctor: Do you have fever?

Patient: No,Is it anything related to covid?

Doctor: Probably not. Fever and cough, headache, body aches are much more common. Please follow your symptoms, treat appropriately.

Patient: Could you please refer some home remedies?

Doctor: Honey in hot tea, gargle with salt water, suck hard candy. Secrets/Cepachol lozenges should decrease symptoms. Good luck.

id=520

Patient: Why does HIV RNA appear in blood earlier than its antigens and not together?

Doctor: HIV is a virus that exists to replicate and increase its numbers, primarily, it's just how the virus functions, prioritizes replication over other functions. I'm sure there is a more complex immunologic answer from a specialist in infectious diseases.

id=521

Patient: I think I need to be tested for covid-19?

Doctor: Dear Patient. What is your concern/ symptoms?

id=522

Patient: I have some suspected molluscum on most of my stomach but it's itchy, inflamed, sensitive, and it's spreading. Aren't most people supposed to around 20 bumps?

Doctor: It depends, the less you touch the lesions the less you will spread the infection.

Patient: Why is it peeling so much?

Doctor: There is no 'limit' to the number of lesions, have not heard that information, but I would not believe that .

Patient: Most of all, what is the best way to treat molluscum at home?

Doctor: If you want to get rid of it it's hard, but would suggest a dermatologist rather than the freezing sprays or chemicals used to kill the virus in the skin.Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a video chat with you. Could you please mention the date and time?

Doctor: Ok, I will fix an appointment tomorrow at 5 in the evening.

id=523

Patient: I have a sore throat, coughing, swollen glands in my neck. I am a teacher. I was in contact with many kids until Wed last week.

Doctor: Ok now according to your description, it can be just a viral sore throat. Any fever/headache/dry cough/body pains?

Patient: No however one of the parents tested positive for Covid 19 but there is no way I was in contact. What should I do?

Doctor: Rest, and take medication like Paracetamol/Antihistamines/lozenges. You are an unlikely contact for Covid 19 at present, but observe, isolate, unless you do not improve. Regards Dr Wil.

id=524

Patient: My daughter is displaying the below symptoms: - low grade fever - sore throat - headache - stomach pain - slight running nose.

Doctor: It sounds like a viral upper airway infection(anti histamines, paracetamol, Ponstan will suffice for a day).If she gets worse, she can be checked by a doctor.

Patient: Do I need to get her tested for Coronavirus? I am not aware of any contact with the virus.

Doctor: If she was not in contact with a positive patient, no need for testing. Stay home, lots of fluids, rest, meds and observe .Monitor her temp as well.

id=525

Patient: I have multiple sclerosis should I get tested for Coronavirus? I have a sore throat for a week off and on.

Doctor: Hi there, if there's any other symptom like fever, shortness of breath you should get tested and seek medical attention however you should call your local emergency line for COVID and stay away from hospitals, and follow OMS guidelines please.

id=526

Patient: What does COVID stand for?

Doctor: COVID stands for 'CoronaVirus Disease'.

Patient: At what temperature range (external temperature) will the COVID-19 virus be destroyed?

Doctor: We know that high temperature kills most pathogens, for example protozoa, viruses and bacteria.

Patient: This in relation to (restaurants) cooking food and safety.

Doctor: Cooking is recommended for certain foods rather than eating it 'raw' as temperatures of 140 to 160 degree F kills most pathogens including viruses. Corona viruses are sensitive to heat and cooking will destroy the outer protein layer and kill the virus. Would you like to video or text chat with me?

Patient: No, thanks.Nice to have a conversation.

Doctor: Mention not. Wish you good health.

id=527

Patient: Vomiting, diarrhea, achy, dizzy and weak fever has kept rising and is now at 103.4 any advice?

Doctor: It seems you have an infectious gastroenteritis, flu or even coronavirus. Take tylenol, stay hydrated, get tests ordered by a physician.

id=528

Patient: Are children with a respiratory pathology at greater risk for Covid-19?

Doctor: There is not a lot of information on children with COVID-19 but definitely would try to protect the child especially from this.

Patient: Since there are so little cases of children getting the virus, but still their natural history could be an issue?

Doctor: Yes of course but do consult the doctor ASAP if the child develops fever and shortness of breath.

id=529

Patient: What symptoms should I look out for in the novel coronavirus pandemic?

Doctor: The symptom of COVID-19 begins with mild flu-like symptoms such as fatigue, sore throat and sneezing, followed by fever, dry cough.

Patient: Can you elaborate about some of the symptoms?

Doctor: Yes sure in severe cases, the cough can progress to productive cough, persistent and followed by shortness of breath. Some patients may also experience GI symptoms such as nausea, vomiting and diarrhea. Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a video chat with you. Could you please mention the date and time?

Doctor: Ok, I will fix an appointment tomorrow at 7 in the evening.

id=530

Patient: Is the cough of a patient with Covid-19 any different sounding than a cough of a patient with a cold?

Doctor: In COVID-19, cough is usually dry, persistent (initially not much different from a cold), then turns into wet with mucus and high fever (pneumonia).

Patient: Could you elaborate what happens in severe cases ?

Doctor: In severe cases, severe shortness of breath and oxygen desaturation can develop after the pneumonia (severe respiratory distress syndrome). Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a text chat with you. Could you please mention the date and time?

Doctor: Ok, you can do so today at 5 in the evening.

id=531

Patient: Can a cool mist vaporizer help with the Corona virus since it doesn't like humidity?

Doctor: Vaporizers help loosen thick mucus in the upper airways so you can cough it up, but it would not have any effect on the deep airways or any germs that reach them.

id=532

Patient: Hi, I have low grade fevers 99.8, constant trigger points that are tender to touch in trapezius muscles and muscles feel warm to touch.

Doctor: Hi, fever and muscle pains could indicate systemic infection, likely viral, depending on your travel history.

Patient: Actually my pointer finger, middle finger on right hand are very sore, sore to open and close hand in those fingers, what's wrong?

Doctor: Right hand joint pains, if previously injured or arthritic, could be flared up by systemic infection.

Patient: What should I do?

Doctor: Call your local Nurse or Doctor to get screened telephonically for Influenza & Corona viruses & Malaria. Colchicine and Panado may help if there are gouty joint pains. Would you like to video or text chat with me?

Patient: No, thanks. Nice to have a conversation.

Doctor: Mention not. Wish you good health.

id=533

Patient: If you feel not quite well 3 or 4 evenings in a row, no fever, minor dry cough, little stuffy, maybe scratchy throat very minor.

Doctor: Do you have these during the day?

Patient: No, just a crummy feeling in general and evenings only (feel fine during the day) could that be a mild case of Coronavirus?

Doctor: Well, your symptoms are likely viral syndrome; could be the flu, however, given the current COVID outbreak, it may very well be coronavirus.

Patient: Should I quarantine myself?

Doctor: Yes, please follow CDC guidelines for self quarantine. Wash your hands frequently with soap and water. Keep hydrated. Take tylenol for fever/pain.

Patient: Thanks.

Doctor: No problem it's my duty.

id=534

Patient: Pain in right arm, from shoulder to fingers. For a month now.

Doctor: This diagnosis would require a visit and imaging, but the most likely cause is either pressure on a nerve in your neck or referred pain from the neck and shoulder with symptoms felt at the shoulder/shoulder blade.

Doctor: Do you have any past history of chronic pain?

Patient: Yes, I have a history of chronic neck and shoulder pain.

Doctor: Have you been taking any kind of medication as of before?

Patient: Nurse practitioner gave Chlorzoxazone 500 mg. It was better but after I stopped taking med, started pain again, a little numb too.

Doctor: Try to use the chlorzoxazone or an NSAID (ibuprofen or naproxen) or a combo of both and also try ice for pain, heat for stiffness or spasms.

Patient: Can't go to the doctor now. Do I have Covid?

Doctor: It doesn't sound at all like COVID-19. Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a video chat with you. Could you please mention the date and time?

Doctor: Ok, I will fix an appointment tomorrow at 5 in the evening.

id=535

Patient: Where can I get tested for COVID19?

Doctor: It is better to consult either telephonically or virtually. Lancet and ampath are doing tests.

Patient: And also, one more thing will discovery pay for the test?

Doctor: Discovery will pay if it is positive. Gift of the givers are also doing drive through testing for R750.00 - at least in pietermaritzburg. Also Discovery has a covid fund.

id=536

Patient: I'm petrified of dying from coronavirus, because of my diabetes, but don't know what I can do?

Doctor: No need to worry The virus is spread by respiratory route, it can live on surfaces for up to 72 hours.

Patient: What are the preventive measures?

Doctor: Social isolation (keep 6 feet from others), Wear disposable gloves when coming in contact with surfaces outside your home for several weeks.

Patient: What daily practices I should follow ?

Doctor: Always try to stay healthy, eat right, get exercise, proper sleep.

Patient: How can I calm myself and get rid of all these thoughts?

Doctor: Discuss your fears with others to get a realistic view of this illness and it's risks. Don't panic..

Patient: Thanks very much.

Doctor: You're Welcome

id=537

Patient: Do you have any idea how long novel coronavirus stays on cash money?

Doctor: The exact amount of time would depend on the inoculum or how much virus was deposited and whether the cash was dry or moist.

Patient: Can you specify the average number of hours it stays on money?

Doctor: The limited studies suggest that the virus does not live very long on cardboard - about 4 hrs or so, so I suspect paper may be similar. If it were moist or wet, it may last longer.

Patient: How to inactivate the virus?

Doctor: Heat may inactivate the virus, so consider setting the money in the sun or put in a drier.

id=538

Patient: If I inhale enough Lysol, will it keep me from getting sick from novel coronavirus?

Doctor: Inhaling Lysol can be deleterious to your health, more than COVID-19 itself.

Patient: How does it harm our body?

Doctor: It will burn your pulmonary tissues which may actually make you more susceptible to getting sick from the virus. Be rational. Would you like to video or text chat with me?

Patient: No, thanks. Nice to have a conversation.

Doctor: Mention not. Wish you good health.

id=539

Patient: If coronavirus 19 can stay on metal and plastic what about the soles of shoes?

Doctor: Not sure if you need to worry about your shoes, but it won't hurt.

Patient: Would it be necessary or a good idea to take shoes off at the door at home and spray with lysol?

Doctor: In my house, we take off shoes and outside clothes at the door after we enter. The clothes go immediately into the laundry, we wash our hands with soap and water, then put on "house clothes". Different from "public" clothes.

Patient: So, we always want to prevent the introduction of the virus into our home?

Doctor: Absolutely, once inside, everything should be clean.

id=540

Patient: Are bacteria live creatures?

Doctor: Yes, bacteria are living creatures, like the rest of us.

Patient: What about Viruses?

Doctor: Viruses are missing some parts so are not living unless they are inside another living creature.

Patient: So, Viruses do not live independently?

Doctor: Yes, viruses that are by themselves are dormant like seeds or spores, always wait to be reactivated. In a general sense, it is fine to think of viruses as living things, but technically speaking, they are not independently living when alone.

id=541

Patient: Is gargling with Listerine effective against coronavirus induced sore throat?

Doctor: It may help if you do those things as well as using zinc lozenges at the first sign of any throat discomfort and stay hydrated also.

Patient: Will it kill the virus?

Doctor: You can't be sure

Patient: How about with a mixture of warm water and salt, will this also kill the virus!

Doctor: I recommend them. At least it'll do no harm.

id=542

Patient: My son is 21 month old and has a fever 38.7?

Doctor: Was he exposed to coronavirus or flu or other illness?

Patient: No.

Doctor: Does he have a cough?

Patient: Yes, he also has a dry cough.

Doctor: Ok, he may need to be examined and/or tested. Please call his/her doctor to discuss and possibly be examined for proper diagnosis and treatment.

id=543

Patient: I have all the symptoms except fever.

Doctor: Did you consult any doctor prior to coming here.

Patient: I went to Medicross and Dr said I can get tested if I want to, I'm not sure if I should.

Doctor: If you've been exposed to someone with coVid 19 or or if you or someone you were exposed to travelled to a region where it was pandemic, get tested. Did the previous doctor give you any medicines to take?

Patient: Yes, she gave me antibiotics Klacid XL 500mg, she said I can take it if I feel worse. I'm worried it will make my immune system bad?

Doctor: I don't recommend antibiotics for a simple viral upper respiratory tract infection unless examination revealed signs of acute bronchitis or sinusitis.

Patient: Are they effective on Covid 19?

Doctor: They are not effective for viral infections like Covid 19 with no bacterial lung involvement either. Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a text chat with you. Could you please mention the date and time?

Doctor: Ok, you can do so today at 5 in the evening.

id=544

Patient: I have pain/discomfort in my lungs. I don't experience simultaneous on both lungs and it is not always at the same position. I don't have a headache, nor do I have a high temperature.

Doctor: You are assuming that the discomfort is coming from both lungs, but pain of pleurisy or pneumonia wouldn't come and go in different sites.

Patient: I also sneeze and cough maybe once a day. Do I have corona?

Doctor: I doubt your symptoms are lung related, but fever, chills, sweats, worse cough, shortness of breath, wheezing, warrant testing.

Patient: Should I get tested?

Doctor: Yes, if you've been exposed to someone with covid, or if you or someone you were exposed to travelled to an affected region, get tested.

id=545

Patient: I travelled to Mauritius and do not have symptoms. Should I get tested for covid19?

Doctor: I would suggest you to get into self-quarantine for 14 days.

Patient: What if I develop the symptoms for covid?

Doctor: If symptomatic, contact your Primary Care Physician or use this platform.

id=546

Patient: I have a dry cough and a sore throat.

Doctor: Do you have fever?

Patient: No, I do not have a fever and but a slight headache (could be I need more water)

Doctor: Get plenty of fluids and rest and avoid others.

Patient: I am also 4 months pregnant and not sure If I should be tested for Corona?

Doctor: I would suggest you should socially isolate. Contact me if you have fever or difficulty breathing.

id=547

Patient: I went to the doctor for a cough and fever on march 5. They diagnosed me with bronchitis.

Doctor: Ok, did your condition improve?

Patient: I was not doing any better, so I returned to the Doctor on march 15.

Doctor: Have you got tested for covid?

Patient: Yes, they sent me to the ER to get tested for covid. There they ran a number of tests including a covid. Nice to have a conversation with you.

Doctor: Mention not. Wish you good health.

id=548

Patient: What's worse with the coronavirus, type 1 or type 2 diabetes?

Doctor: My answer would be controlled or not.

Patient: Can you please elaborate?

Doctor: Yes, sure. The type 1 or 2 if managed well and treated can still maintain good immunity. If either are out of control, then infections of any type more likely.

id=549

Patient: I just found out that my MD tested positive for Covid-19.

Doctor: Did you have direct interaction with him?

Patient: Yes, I had direct interaction with him. He has no symptoms; he was tested because he traveled in February to Switzerland.

Doctor: Do you have any symptoms?

Patient: No, regarding that should I be tested. I'm 67, or wait to see if I develop any symptoms?

Doctor: You should self-isolate for 14 days. Seek testing if sick.

Patient: Where should I contact regarding the test information?

Doctor: Call 0800 029 999 for test information. Also Seek consultation if sick and seek care right away if difficulty breathing, other severe symptoms.

id=550

Patient: Hi. My children and husband were at the doctor yesterday and he has now informed us he has tested positive for covid 19.

Doctor: Did you come in contact with any other person of your family?

Patient: Yes, he has come home to my 2 babies and mom.

Doctor: I am unclear if the doctor is positive or your husband is?

Patient: My husband is.

Doctor: Ok then he should be in his own room and own bathroom, if possible.

Patient: How long before we can go for a test?

Doctor: You should isolate yourselves at home for 14 days. Testing only recommended if there are symptoms (fever or cough or shortness of breath) and then you should be tested. Good hand washing/no touching face.

id=551

Patient: We went to bali via singapore, on my second day in bali (17 March) I started feeling a bit sick?

Doctor: See, most cases of COVID-19 are associated with symptoms, but not all. Your symptoms may be related to coronavirus infection or another infection.

Patient: Should I get tested for Coronavirus ?

Doctor: Yes, I would recommend that and after it stay inside, avoiding contact with others while awaiting your test results.

Patient: What practices should I follow as I am sick ?

Doctor: Use good hand washing, disinfect surfaces and drink fluids.

id=552

Patient: Is covering mouth and nose by mask sufficient to avoid corona exposure?

Doctor: Of course, it is.

Patient: Can It not be transmitted through eyes and ears?

Doctor: Yes, it is transmitted through eyes, nose, mouth. But not ears.

id=553

Patient: I have scratchy throat, phlegm, loss of appetite, fatigue. I am a pharmacist in a research facility.

Doctor: You may have COVID-19 or another illness. Did you come in contact with anybody in your family?

Patient: Yes, my son had 3rd contact. He has flu symptoms. He was quarantined. We are waiting for the results for his contact.

Doctor: Ok.

Patient: Do I need to test myself?

Doctor: Yes, I would also recommend staying at home, resting, drinking fluids and monitoring your temperature.

Patient: Any particular practices I should follow?

Doctor: Keep utensils, linens separate and washed. Use good hand washing and disinfect surfaces.

Patient: What if I am found to be Covid positive?

Doctor: If the test is positive, please have screening of all family members in your home. Avoid contact with others. Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a video chat with you. Could you please mention the date and time?

Doctor: Ok, I will fix an appointment tomorrow at 10 in the morning.

id=554

Patient: Can animal byproducts spread coronavirus?

Doctor: We have no evidence of any concern with such spread.

Patient: Do I have to worry about milk, eggs, or fruits?

Doctor: It may be worth wiping all packages that come into the house with lysol wipes. Would you like to video or text chat with me?

Patient: No, thanks for the information.

Doctor: You're welcome.

id=555

Patient: Why are so many people with diabetes dying from the coronavirus?

Doctor: The body that is busy dealing with diabetes, not as much resilience remaining to fight viral symptoms, and subsequent opportunistic infections.

Patient: It's really frightening me.

Doctor: Would you like to video or text chat with me for further information?

Patient: Yes, sure I would like to have a text chat with you. Could you please mention the date and time?

Doctor: Ok, you can do so today at 6 in the evening.

id=556

Patient: I'm just a bit concerned as I have a sore throat and coughing a little bit as a result of my sore throat.

Doctor: Do you also have body pain?

Patient: Yes, my upper body is also aching a bit. Is this a cause for concern?

Doctor: This is likely a viral infection. If you have a fever and/or the cough or sore throat get worse, you should be examined.

Patient: What if I happen to be exposed to coronavirus?

Doctor: If you've been exposed to a particular illness, such as strep or the flu or coronavirus, you may need to be tested.

Patient: What should I do now regarding my condition?

Doctor: For now, rest, drink fluids, take acetaminophen or ibuprofen as needed if you have no medical contraindication.

id=557

Patient: Will Lysol wipes kill coronavirus?

Doctor: Lysol should be good.

Patient: How long can coronavirus live on household surfaces?

Doctor: Several days.

id=558

Patient: Can I catch coronavirus on public transportation from someone who has it?

Doctor: Yes, you can.

Patient: How long do germs on public transportation last?

Doctor: New coronavirus may live on surfaces for a few hours or a few days depending on the type of surface, temperature or humidity.

Patient: Can you specify the number of hours this virus can survive for?

Doctor: One report indicated that new coronavirus can survive on hard surfaces for up to 72 hours and on cardboard for up to 24 hours.

id=559

Patient: Is it necessary to get tested for the coronavirus, if you arrive back in South Africa after visiting Zimbabwe and Victoria falls as part of a group?

Doctor: It depends. If the visited place has a high rate of coronavirus infections, taking some precautions is important such as if you develop fever or cough or any other coronavirus infection symptoms.

Patient: So, I should be tested then?

Doctor: To be tested is desired but will you be able to get tested? In some places testing kits are reserved to very sick and hospitalized patients.

Patient: What should I do now?

Doctor: Self quarantine in cooperation with your doctor is the way to go for now. Would you like to video or text chat with me?

Patient: No, thanks. Nice to have a conversation with you.

Doctor: Mention not. Wish you good health.

id=560

Patient: Hi. This COVID-19 outbreak is scary. I got screened this week and it was negative.

Doctor: Hi, it sure is.

Patient: But prior to screening I had a week of continuous dry coughs and also my throat was sore. I've put myself in a quarantine.

Doctor: If you develop symptoms of dry cough, fever and/or shortness of breath, consider re-testing since the test may convert to a positive test if infected.

Patient: What next? Do I still need to screen again?

Doctor: Try one dose of an antihistamine and gauge improvement. Stay at home for three days if there is no fever.

id=561

Patient: Is it true (or a myth) that coronavirus will not survive hotter climates.

Doctor: Yes, according to previous knowledge, most viruses including coronavirus likely will not survive hotter climates.

Patient: As summer approaches, is it expected to reduce in tropical summers at least?

Doctor: I would expect or hope this will die down in summertime. Nevertheless, this is a new coronavirus, let's wait and see.

Patient: Can we eliminate this virus before summer?

Doctor: I think that with strong human intervention, the virus may reduce or be eliminated before summer.

id=562

Patient: I heard ACE inhibitors might exacerbate coronavirus.

Doctor: Recent publications including the one from the lancet showed COVID-19 binds to ACE-2 receptors on target cells for entrance.

Patient: Which type of patients use ACE inhibitors the most?

Doctor: The expression of ACE-2 receptors is substantially increased in patients with diabetes who were treated with ACE inhibitors or ARB.

Patient: Does NSAIDs also might do the same?

Doctor: Yes, NSAIDS has the similar effect.

Patient: Does this mean any common meds could have an unexpected effect during coronavirus?

Doctor: All medications can have some unexpected side effects. Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a text chat with you. Could you please mention the date and time?

Doctor: Ok, you can do so today at 5 in the evening.

id=563

Patient: I have had mild chest pain for over a week. it now seems more persistent and pronounced.

Doctor: Do you have shortness of breath?

Patient: I don't have shortness of breath or any other COVID-19 symptoms, except some fatigue.

Doctor: Fever is very commonly associated with COVID-19. Stay at home, rest, drink fluids and monitor your temperature. Arrange the testing which also may include a chest image with your PCP.

Patient: I also have been traveling a lot in high-risk areas. Should I get tested?

Doctor: Yes, I would advise screening due to your exposure. Since you have been traveling, a pulmonary embolism is another possible cause of your shortness of breath. Would you like to video or text chat with me?

Patient: No, thanks. Nice to have a conversation with you.

Doctor: Mention not. Wish you good health.

id=564

Patient: We returned from Austria on March 8th that is already 13 days ago. Currently has a sore throat but also nasal drip.

Doctor: Do you have fever or shortness of breath?

Patient: No.

Doctor: Even though you have no fever or shortness of breath, your travel history fits criteria to be tested.

Patient: What am I to do?

Doctor: I suggest you get tested for COVID19 - speak with your GP to advise further, self-isolate in the meanwhile.

id=565

Patient: I have shortness of breath and am worried?

Doctor: Shortness of breath, I see. Do you have a cough or sore throat?

Patient: No, I don't have a cough or sore throat, so they will not test me, should I do a private test?

Doctor: Actually, Covid testing is hard to come by. At 37 you are in a lower risk group. And I doubt you could get a test.

Patient: What should I do?

Doctor: Keep yourself isolated for two weeks. I know we have been ordering tests through HealthTap, but that does not lead to getting the test done, due to shortages.

id=566

Patient: How do you get HPV on the cervix?

Doctor: Basically the HPV virus is transferred within fluids generated during intercourse.

Patient: Is it from skin to skin contact during intercourse from a partner's genital touching the cervix?

Doctor: A mechanical skin contact appears to be part of the process but defining the exact amount of contact required is difficult. The genital strains of HPV are specific to those locations. There are other HPV strains that cause things like skin warts but these are different.

Patient: Thank you.

Doctor: Welcome.

id=567

Patient: My 2 year old Son has had a dry cough and a runny nose since thursday.

Doctor: Cough with a runny nose is common in children. Does he have difficulty in breathing ?

Patient: He's not talking yet, so it is difficult to tell if he has any trouble breathing so I'm concerned.

Doctor: By looking at your child you'll know if he is having breathing difficulties. You should be concerned only if he is refusing to play and eat, or if he develops breathing difficulties.

Patient: Also, he does not have temperature?

Doctor: Having a fever doesn't mean he has the Coronavirus. He is more likely to be infected with any of the common infections in your area of Gauteng. Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a video chat with you. Could you please mention the date and time?

Doctor: Ok, I will fix an appointment today at 5 in the evening.

Patient: Thank you very much.

Doctor: Your welcome

id=568

Patient: Can I test? No known contact with Corona but been in contact with Congo doctor friend 7march.

Doctor: Seek testing if sick, PLUS known COVID-19 contact, or travel to high-risk country, or been in facility treating people with COVID-19, or severe pneumonia of unknown cause. If known exposure & not sick, self-isolate 14 days.

Patient: She is still healthy now.

Doctor: Ok.

Patient: I had Slight Sore throat wed 11 &12 March.

Doctor: Seek care right away if difficulty breathing, and having other severe symptoms.

Patient: I have phlegm and red eyes. Temp seemed ok.

Doctor: If sick or possibly exposed (not both), stay home.

Patient: March 19 felt better but coughing.

Doctor: Call 0800 029 999 for test.

id=569

Patient: I'm so Scared that I will die if I get the coronavirus, due to type1 diabetes?

Doctor: Stay calm. Most people with coronavirus infection only get mild respiratory symptoms, especially among younger patients. Diabetes and use of ACEI or ARB may increase your risk of infection.

Patient: What d should I do?

Doctor: Practicing common sense of prevention is critical during this outbreak crisis. Avoid risk exposure, wash hands, and wear masks as needed. Get tested if you develop symptoms. Effect drugs are coming.

id=570

Patient: A 2 year complaining that his head is sore.

Doctor: Does he have fever?

Patient: Yes, we gave him panado in the morning and at midday.

Doctor: Ok how is the effect?

Patient: He can't sleep. He keeps waking up crying, it's painful. Should I take him to a Dr or hospital?

Doctor: Start by calling a Pediatrician ASAP. If he has a high fever or projectile vomiting, take to the ER.

Patient: Sorry but I cannot get to the pediatrician.

Doctor: Take to the ER if inconsolable and cannot get a pediatrician.

Patient: What should I give him to eat?

Doctor: If mild respiratory or GI symptoms likely virus and want to make sure adequately hydrated and may just watch, isolate from contact, and give chicken soup.

Patient: Ok doctor.

Doctor: Also work on soothing and distraction. Keep in touch with pediatricians. Would you like to video or text chat with me?

Patient: No, thanks I got to go he is crying.

Doctor: You're welcome.

id=571

Patient: I have covid 19 symptoms?

Doctor: Doctors can give you the up-to-date information. Video consultations available (start over and click on Talk-to-Doctor). We also have informational posts on our Healthtap.com. As the US president has given mistaken information at various times during this pandemic, be sure to check with doctors and the CDC website.

Patient: Should I test?

Doctor: People usually should not be tested without symptoms or direct exposure. Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a video chat with you. Could you please mention the date and time?

Doctor: Ok, I will fix an appointment tomorrow at 5 in the evening.

id=572

Patient: I've been in contact with a possible covid-19 case who is waiting on results.

Doctor: Is the person from your family?

Patient: Yes, he is my brother who seems to be with Corona symptoms.

Doctor: See, family members should stay home and avoid contact with your brother.

Patient: I'd like to get advice on how to help him, as his safety will ensure my safety and prevent the spread of the virus.

Doctor: Keep linens, bath area and utensils separated. He should monitor his temperature, drink fluids, rest and your family should be screened for Coronavirus.

id=573

Patient: I have mild irritation in my chest.

Doctor: Do you have a cough?

Patient: No, I am not coughing, I just feel a tingling sensation in my thoughts.

Doctor: Do you have any body pain or fever?

Patient: I have no fever, no aches should I be worried about COVID 19?

Doctor: Yes, probably. We should all be cautious, not worried about Covid-19. It is prudent for us all to be socially isolating, washing our hands, supplementing with vits. D and C and working on making the best of it.

Patient: Thank you doctor.

Doctor: You're welcome. And always be grateful for the things that are going well in your life,

reach out with verbal and video support for all the loved ones and even people you just know are isolated with support. Don't bother to worry.

id=574

Patient: I have swollen tonsils and cough.

Doctor: Do you also have fever?

Patient: Yes, I feel slightly feverish.

Doctor: You should seek care right away if difficulty breathing, other severe symptoms.

Patient: So, should I test for COVID?

Doctor: Yes, seek testing if sick, PLUS known COVID-19 contact, or travel to a high-risk country, or been in a facility treating people with COVID-19, or severe pneumonia of unknown cause.

Also Call 0800 029 999 for test.

Patient: What if it turns out to be negative?

Doctor: Then stay at home and self-isolate 14 days

id=575

Patient: I have a sore throat and a bit of a cough.

Doctor: Did you have a dry cough?

Patient: No, actually this morning I coughed up mucus with what looked like blood. Is this a sign of covid 19?

Doctor: There are many causes of the small amount of blood in your sputum. You may have a nasal or upper airway source.

Patient: What all can be the possible causes?

Doctor: Strep infection, influenza are possible causes. COVID-19 typically is associated with fever, dry cough and/or shortness of breath.

Patient: Should I do a test?

Doctor: Yes, please contact your PCP for an evaluation, possible chest image and evaluation of the source of the bleeding. Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a video chat with you. Could you please mention the date and time?

Doctor: Ok, I will fix an appointment tomorrow at 6 in the evening.

id=576

Patient: I am having symptoms including irritation in the throat, dry cough, trouble breathing properly, headache.

Doctor: Do you also have fever?

Patient: No, not really a sign of a fever as temperature is about 35 degrees.

Doctor: See, most cases of COVID-19 with symptoms are associated with fever, however milder cases do occur. Your shortness of breath and difficulty breathing may have a number of causes and should be evaluated.

Patient: Should I get tested?

Doctor: Please call your PCP. Avoid dust, mold, smoke, animal dander, pollen. Your symptoms also are consistent with an allergic reaction. Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a video chat with you. Could you please mention the date

and time?

Doctor: Ok, I will fix an appointment tomorrow at 5 in the evening.

id=577

Patient: I am 63 living in Jhb and have had a tight chest and sore throat .

Doctor: Ok, Do you have a dry cough?

Patient: No, I have had a wet cough for more than a week?

Doctor: For now stay at home, monitor your temperature, drink fluids and rest.If your cough is associated with fever and/or does not begin to improve, please see your PCP.

Patient: As I do not have fever, what can be the cause for the cough and all?

Doctor: You may have bacterial bronchitis -avoid smoke, dust, mold, animal dander and pollen. Influenza and COVID are associated with fever. The cough with COVID is typically dry.

Patient: Should I get tested for COVID ?

Doctor: See, if you have underlying lung disease, test for CoV/flu. Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a text chat with you. Could you please mention the date and time?

Doctor: Ok, you can do so today at 5 in the evening.

id=578

Patient: I have Chronic sore throat for 4 months.

Doctor: Do you have fever or strep ?

Patient: No, I do not have either of them.

Doctor: Do you have phlegm while coughing ?

Patient: I have had a bloody green phlegm for a while.Also I have Sinus congestion and pressure sometimes. Bad breath in the back of the throat sometimes.

Doctor: What medication are you on?

Patient: Maybe post nasal drip. 2 wks. Amoxicillin didn't help.

Doctor: Use nasal saline rinses instead, a nasal steroid and discuss the use of Augmentin for 10 days with your PCP.

Patient: Is this mild COVID-19?

Doctor: It is more likely that you have a bacterial infection. An examination of your mouth or uploaded photo to a HT virtual consultation is important. Avoid smoke and if you are a smoker, please consider a biopsy of the area.

Patient: Thanks. Nice to have a conversation with you.

Doctor: Mention not. Wish you good health.

id=579

Patient: I have been sneezing / stuffy nose and slight sore throat since returning from France.

Doctor: Do you have fever?

Patient: No temperature is okay, not coughing or high fever symptoms, should I be alarmed?

Doctor: Sounds like simple cold, but under the current health challenges of the world, it's best to be preemptive. And because Covid-19 is an infectious disease mostly transmitted through respiratory fluid droplets.

Patient: What medication or methods should I take?

Doctor: One should first follow the WHO/CDC current guidelines on hygiene. Then gargle with salt-water or vinegar-water after each meal/bedtime plus take Aleve or Ibuprofen for soreness/fever.

Patient: Thank you doctor. Nice to have a conversation with you.

Doctor: Mention not. Wish you good health.

id=580

Patient: Can I go for Coronavirus testing if my nose is blocked and I have traveled from a high risk country?

Doctor: Yes, get tested if symptomatic (early symptoms could be mild respiratory symptoms and nonspecific) or self quarantine given your high risk of exposure.

id=581

Patient: My 5-year-old daughter has just come down with a 39-degree fever, sneezing, runny nose and cough.

Doctor: Has she been around anyone who has tested positive for COVID-19?

Patient: No.

Doctor: Is she having shortness of breath or labored breathing?

Patient: No. Should we get her tested?

Doctor: If such symptoms develop then yes, consider getting her tested. If not, it is more likely that she has the flu or some other virus. If it seems like more than just a regular cold, reach out to her pediatrician for more advice.

Patient: Thank you very much.

Doctor: Your welcome.

id=582

Patient: I am a quadriplegic and have a tight chest and slight difficulty breathing. Overnight I started feeling like I need to clear my throat.

Doctor: Nasal congestion and post nasal drip is not typically associated with COVID-19. Watch for dry cough, fever and if your shortness of breath does not resolve, discuss whether you need an inhaler, chest physiotherapy and/or testing.

Patient: I flew home to Joburg from CPT 8 days ago & have been self-isolating as a precaution?

Doctor: Good, stay at home, monitor your temperature, drink fluids and rest. Also, if you have a trach, watch for signs of infection such as more secretions or a change in color. Would you like

to video or text chat with me?

Patient: No, thanks. Nice to have a conversation with you.

Doctor: Mention not. Wish you good health.

id=583

Patient: Hi, I am 39 years old and returned from Germany 19 days ago. Yesterday I started getting a sore throat, runny nose.

Doctor: Did you have any new symptoms today?

Patient: Yes, today I have sinus pressure and a headache with a blocked nose, however throat seems to be improving.

Doctor: Your symptoms are more consistent with a cold or sinus infection. Nasal saline and a decongestant may be helpful.

Patient: Should I get tested? If so how?

Doctor: Stay at home for now, rest, drink fluids and monitor your temperature. If you develop COVID symptoms including dry cough, fever, and/or shortness of breath, testing is indicated. Report fever and shortness of breath to your PCP.

id=584

Patient: Hi I am 39 years old and have flu like symptoms as of yesterday. Runny nose, sore throat.

Doctor: Do you have fever?

Patient: No fever yet. I returned from Germany 19 days ago. Should I get tested for cov19?

Doctor: If you get a fever , yes. But from what we know it may be a little late to get the Chinese virus after so many days. Monitor temperature.

id=585

Patient: If you have wolff Parkinson white syndrome does this make you more of a risk with Covid 19?

Doctor: Though untreated WPW Syndrome can be regarded as a pre-existing chronic condition, there is no current evidence that one is more susceptible to Covid-19, an infectious disease mostly transmitted through Respiratory Fluid Droplets.

Patient: What should we do to prevent Covid-19?

Doctor: Best to follow WHO/CDC guidelines on hygiene. Plus avoid cold/ice drinks/foods. Drink warm water/tea, even chicken soup. Aleve or ibuprofen can be helpful for fever/soreness.

id=586

Patient: Criteria for COVID test?

Doctor: Real-life criteria is different because we don't have enough tests, supplies, or medical staff around the world at this time (March 2020).

Patient: Can you specify the textbook criteria?

Doctor: Textbook criteria are suspected COVID in hospitalized persons or in those with underlying medical conditions; or persons who got symptoms less than 14 days after (1) contact with a suspect or confirmed COVID patient or (2) travel through high-risk COVID areas.

id=587

Patient: I have been feeling sick for a couple of days now and tried self-medication but does not seem to help.

Doctor: What do you have?

Patient: I suffer from Polycystic Kidney disease, low blood pressure, Anemic, Endometriosis, Chronic sinus.

Doctor: You may have a bacterial illness such as bronchitis, pneumonia or a sinus infection. Your PCP may collect sputum, screen for Strep/influenza.

Patient: Do I have COVID-19?

COVID-19 is usually associated with a dry cough, but secondary infection may occur. Please see your PCP.

id=588

Patient: I have had a runny nose and have been coughing and have had on and off headaches.

Doctor: Did you have any medication prior to coming here?

Patient: Yes, I went to the doctor the first time, he gave me an antibiotic and I got worse then I went back and he gave me a different one but it seems I still have these symptoms?

Doctor: What you describe is likely caused by a virus, antibiotics, don't do anything against viruses. Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a video chat with you. Could you please mention the date and time?

Doctor: Ok, I will fix an appointment tomorrow at 5 in the evening.

id=589

Patient: I am experiencing headache

Doctor: What is the severity and time frame?

Patient: Severity is moderate and well occur at 1-3 hours in a gradual time frame.

Doctor: Which side is most affected?

Patient: The front side. And is worsened by: psychological stress, being tired, menstruation,

skipping meals. However unaffected by: bending forward, changes in sleep pattern, sneeze.

Doctor: Most people get a headache at some time, such as from colds, infections (usually viruses or sinusitis), lack of sleep, too much driving, long hours on the computer, stress at work, etc.

Patient: Is it worrisome?

Doctor: A bad or severe headache, increasing headache, recurrent headache, weird headache, or one with other worrisome symptoms should be checked by one's primary care doctor or the ER. Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a video chat with you. Could you please mention the date and time?

Doctor: Ok, I will fix an appointment tomorrow at 4 in the evening.

id=590

Patient: This may sound silly but I'm wondering, if I touch something in store that has Coronavirus 19 on it and it gets on clothes should we go home wash them as soon as possible then shower and new clothes on so it doesn't get on our stuff at home?

Doctor: Although so far it has not been shown to live on surfaces like clothes for as long as it lives on surfaces like plastic and metal.

Patient: Is it a good practice?

Doctor: Yes, it is definitely good hygienic practice to wash your clothes in the hottest water the garment allows. Would you like to video or text chat with me?

Patient: No, thanks. Nice to have a conversation with you.

Doctor: Mention not. Wish you good health.

id=591

Patient: I understand the incubation period of Covid 19 is up to 14 days. But how long is the contagious period?

Doctor: For most people the infection can last up to two weeks.

Patient: I have read, one is contagious 2 days before showing symptoms. Is that true? Are you still contagious until symptom free?

Doctor: In people who get particularly ill the infection lasts 4 to 6 weeks.

id=592

Patient: Hi, I am a health worker and a chronic asthmatic, is it easier for me to contract Corona?

Doctor: Yes, what do you feel?

Patient: I already feel my sinus blocked, very minor sore throat, seldom dry cough.

Doctor: Data emerging from preliminary studies in France suggest a decades old medicine, chloroquine may be useful as a preventative drug. It has been used to prevent malaria for decades & manufactures in the US have announced they are increasing production to meet an expected demand.

Patient: Will I survive it with my comorbidity? Should I ask for special leave during this time?

Doctor: Your status & what they are doing in your country should be answered by your doc.
Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a text chat with you. Could you please mention the date and time?

Doctor: Ok, you can do so today at 5 in the evening.

id=593

Patient: I have possible COVID-19 - mild symptoms like tight chest, stuffy nose - 10% difficulty breathing - Mildly feverish (hot and dry mouth, bit weak) for a few hours yesterday. Next steps?

Doctor: First of all how was it today morning?

Patient: Mostly fine this morning (5% breathing difficulty)

Doctor: May confirm with PCD.

id=594

Patient: Throat a bit sore and want to get a good immune booster, especially in light of the virus. Please advise.

Doctor: During this pandemic. Throat pain can be from a strep throat infection (antibiotics needed), a cold or influenza or other virus, or from some other cause such as allergies or irritants. Have you been in contact with covid positive person?

Patient: No, I have not been in contact with anyone with the virus.

Doctor: Usually, a person sees the doctor (call first) if the sore throat is bothersome, recurrent, or doesn't go away quickly. COVID-19 infections tend to have cough, whereas strep throat usually lacks cough but has more throat pain.

id=595

Patient: I have had a sore throat (glands enlarged in throat) for over a week and I have constant headache.

Doctor: Do you have a cough?

Patient: No.

Doctor: People are still getting other illnesses than COVID. Given no cough or shortness of breath, other than watchful waiting COVID should pass in a week or two.

Patient: Do I need COVID-19 test? If yes, how do I get someone to come to my house to test.

Doctor: Strep, influenza still possible. This testing can be done through your own provider. You can also get your own strep test at the pharmacy or many can swab you there. Would you like to video or text chat with me?

Patient: No, thanks. Nice to have a conversation with you.

Doctor: Mention not. Wish you good health.

id=596

Patient: Do I just go to a Dr to determine if it's a sinus infection or do I go get tested for COVID first? To not risk anyone in practice?

Doctor: Call your GP's office for instructions and identify local resources. Your symptoms are suggesting sinusitis (other causes still possible) that is frequently viral and self limited.

Patient: What regulations should I follow?

Doctor: Local regulations should also be followed in such circumstances. Self quarantine will work for all in trying to prevent the spread. Hydration and rest will also work regardless of what the cause for your symptoms is. Would you like to video or text chat with me?]

Patient: Yes, sure I would like to have a text chat with you. Could you please mention the date and time?

Doctor: Ok, you can do so today at 4 in the evening.

id=597

Patient: I have a dry cough and sore throat- it's been a week now and the cough seems to be getting worse.

Doctor: Do you have fever?

Patient: No, I do not have runny nose or fever, sometimes a headache, no shortness of breath.

Doctor: Ok. You would be considered low risk. Symptoms last up to two weeks.

Patient: Should I get tested for covid19?

Doctor: Good guidelines can be found at [cdc. gov/coronavirus/2019](https://www.cdc.gov/coronavirus/2019). High probability many will get the disease and testing leads to no change in action at this time. No obvious therapy (however some encouraging possibilities) and for most people the virus runs its course without incidence.

Patient: What should I do now?

Doctor: Stay put and talk to your provider. Would you like to video or text chat with me?

Patient: Yes, sure I would like to have a video chat with you. Could you please mention the date and time?

Doctor: Ok, I will fix an appointment tomorrow at 5 in the evening.

id=598

Patient: If you've been infected by SARS-CoV-2, develop Covid-19 symptoms and recover, can you develop immunity to Covid-19?

Doctor: Yes, maybe. We presume one is immune to a respiratory virus for a while after getting the infection (that's the way it is with other viruses).

Patient: Can you infect others after 14 days post-symptom onset & recovery?

Doctor: A few people have trouble with their antibodies and don't have much immunity.

Shedding of viruses sometimes is longer than 14 days.

Patient: Or can one get re-infected later by SARS-CoV-2 despite developing immunity?
Doctor: In life, there will always be some people who get reinfected, for whatever reason. Usually, one is immune after the infection.

id=599

Patient: If I get coronavirus, are there ways to avoid getting other illnesses as well, like pneumonia?
Doctor: COVID-19 has high affinity to the lung, causing viral pneumonia. Fortunately, most people get only mild respiratory symptoms.
Patient: What happens to those with high risk?
Doctor: For those who have high risks (age over 65, chronic diseases) tend to get pneumonia and complications.
Patient: How to prevent it?
Doctor: The most important way to prevent the complications is not to get infection, practice common sense of prevention. If you catch the infection, start early treatment. Would you like to video or text chat with me?
Patient: Yes, sure I would like to have a text chat with you. Could you please mention the date and time?
Doctor: Ok, you can do so tomorrow at 10 in the morning.

id=600

Patient: I was on a plane on March 8th and have been home ever since I self-quarantined myself. I have had headaches and a runny throat.
Doctor: How many days of your self-quarantine is left?
Patient: I have 2 days left of my self-quarantine should I be having worse symptoms by now?
Doctor: You can refer to the HealthTap guidelines on its official website. You can find similar threat there which agree your symptoms should be improving. Would you like to video or text chat with me?
Patient: No, thanks. Nice to have a conversation with you.
Doctor: Mention not. Wish you good health.

id=601

Patient: My son has a fever, I am concerned due to the coronavirus ?
Doctor: tell us where do you live?
Patient: Nearby KwaZulu Natal
Doctor: It is unlikely to say he has Covid-19. The usual infections in your area of KwaZulu Natal are more likely to be the cause of his fever.
Patient: How can I be sure?

Doctor: If he is exposed to someone who is sick with Covid-19, then you need to be concerned. Meanwhile, treat him as you would have treated him 2 months ago. If he has shortness of breath or any form of difficulty breathing, get him to a doctor ASAP

Patient: Oh okay doctor

Doctor: Would you like to video or text chat with me?

Patient: No thank you doctor

Doctor: Welcome, I wish a good health to your son

id=602

Patient: Can coronavirus symptoms be mild for some people versus severe?

Doctor: Yes the Symptoms vary

Patient: could it just involve being very fatigued, low grade fever for a few days and not the extreme symptoms? Or is it always a full blown cold and struggle to breathe?

Doctor: Some may have no symptoms at all. Some can be life threatening.

Patient: Thank for information

Doctor: Welcome, Would you like to video or text chat with me?

Patient: Hmm, No I think it's not necessary

Doctor: Okay, I wish you a good health

id=603

Patient: Good day, I am 29 weeks pregnant and my profession is teaching, I also have a 2 year old son. My chest and throat is sore,

Doctor: Good morning, do you also have any other symptoms?

Patient: I have a constant headache and feel dizzy at times.

Doctor: Throat pain can be from a strep throat infection (antibiotics needed), a cold or influenza (antibiotics usually not used), or from other causes such as allergies, irritants, or COVID-19.

Patient: Is it necessary to get myself tested for the coronavirus?

Doctor: Usually, a person sees the doctor (call first) if the sore throat is bothersome, recurrent, or doesn't go away quickly. COVID-19 tends to have cough, whereas strep usually lacks cough but has more throat pain.