A Project Report on

Diabetes Prediction Using AI & ML

In Partial Fulfillment of The Requirements

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CANDIDATE'S DECLARATION

We, Rupak Choudhary (2021A1R028) and Rohan Sudan (2021A1R016), hereby declare that the work which is being presented in the seminar report entitled, "Diabetes Prediction Using AI & ML" in the partial fulfillment of requirement for the award of degree of B.E. (CSE) and submitted in the Department name, Model Institute of Engineering and Technology (Autonomous), Jammu is an authentic record of my own work carried by me under the supervision of **Dr. Surbhi Gupta** (Assistant Professor, MIET). The matter presented in this seminar report has not been submitted in this or any other University / Institute for the award of B.E. Degree.

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CERTIFICATE

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of 6th Semester, CSE, Model Institute of Engineering and Technology (Autonomous), Jammu", who carried out this project work under my supervision during May,2024.

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ABSTRACT

In recent years, the detection of airborne diseases has become increasingly critical, particularly in light of global health challenges. Airborne diseases, spread through respiratory droplets, pose significant risks and require timely and accurate detection methods to prevent widespread outbreaks. Traditional diagnostic methods, while effective, often involve invasive procedures and delays in obtaining results. Therefore, there is a pressing need for innovative, non-invasive diagnostic tools that can rapidly and accurately identify these diseases.

This project explores the use of cough sounds as a diagnostic tool for airborne disease detection. The premise is based on the understanding that different respiratory conditions produce distinct cough sound patterns, which can be analysed using advanced machine learning techniques. By capturing and analysing these cough sounds, we aim to develop a reliable and efficient method for disease detection that can be used in various settings, including remote and resource-limited areas.

We developed and compared four machine learning models: Support Vector Machine (SVM), Random Forest (RF), Recurrent Neural Network (RNN), and Convolutional Neural Network (CNN). Each model was trained on a dataset comprising cough sound recordings from both healthy individuals and those with respiratory conditions. The models were then evaluated based on their accuracy, precision, recall, and F1 score to determine the most effective approach for identifying diseases from cough sounds.

The evaluation process involved rigorous testing and validation to ensure the robustness and reliability of the models. Our findings demonstrate that while each model has its strengths, the Random Forest model outperformed the others in terms of overall accuracy and robustness. The RF's ability to handle high-dimensional data, combined with its ensemble learning approach, resulted in superior performance metrics, suggesting its potential as a reliable tool for airborne disease detection. The results indicate that the RF model can effectively distinguish between healthy and diseased cough sounds, making it a promising solution for non-invasive diagnostics.

In conclusion, this project highlights the potential of using cough sounds for airborne disease detection and underscores the importance of leveraging advanced machine learning techniques in healthcare diagnostics. The success of the Random Forest model opens up new avenues for research and development, aiming to create accessible and efficient diagnostic tools that can significantly impact public health outcomes. Future work will focus on expanding the dataset, improving model accuracy, and exploring the integration of these models into practical diagnostic applications.

TABLE OF CONTENTS

	Page No
Abstract	
List	
Chapter 1	
Introduction	1
1.1. State of Art Developments	2
1.2. Motivation	6
1.3. Problem Statement	7
1.4. Objectives	7
1.5. Scope	8
1.6. Methodology	8
Chapter 2	
Overview of AI and ML Component in the Problem Domain	10
2.1. Introduction	10
2.2. Relevant Technical and Mathematical Details	10
2.3 Summary	11
Chapter 3	
Software Requirements Specification of Diabetes Detection	12
3.1 Software Requirements	13
3.2 Hardware Requirements	14
Chapter 4	
Design of Diabetes Detection	15
4.1 System Architecture	16
4.2 Functional Description of the Modules	17
4.2.1. Data Collection Module	18
4.2.2. Model training and Evaluation Module	19
4.2.3. Deployment Module	20

Chapter 5	21
Implementation & Testing of Diabetes Detection	
5.1. Programming Language Selection	22
5.2. Platform Selection	23
5.3. System Testing	
Chapter 6	
Experimental Results and Analysis of Diabetes Detection	24
6.1. Evaluation Metrics	25
6.2. Experimental Dataset	26
6.3. Performance Analysis	27
Chapter 7	
Conclusion and Future Enhancement	28
7.1. Limitations of the Project	28
7.2. Future Enhancements	28
7.3. Summary	29
References	30
Appendices	
Appendix 1: Screenshots	30
Appendix 2: Publication details	

List of Figures

FIGURE NO.	TITLE	PAGE NO.		
1	Software required	13		
2	Architetcture Design	14		
3	Platform Diagram	18		
4	Dataset Details	22		
5	Ouput of different cases	22		
6	Code implementation	28		
7	Outliers Graph	28		
8	Results Obtained	29		
9	Final Result	29		

Chapter 1: Introduction

Imagine a world where a simple blood test or a quick scan of your health data could predict your risk of diabetes, a chronic and debilitating disease affecting millions worldwide. This isn't science fiction; it's the promising future of machine learning (ML) in healthcare, and this report dives deep into its potential to revolutionize diabetes detection.

The urgency is evident. Diabetes, characterized by elevated blood sugar levels, casts a long shadow, impacting over 422 million people globally. Every 7 seconds, someone new develops the disease, translating to a staggering 1.5 million new cases annually. The consequences are dire, with diabetes linked to heart disease, stroke, kidney failure, and blindness.

Traditional diagnostic methods, while effective, have limitations. Blood tests, although widely available, can be inconvenient and require fasting. Invasive procedures like biopsies are rarely the first line of defense. This delay in diagnosis can have devastating consequences, allowing the disease to silently progress and inflict irreversible damage.

Enter the realm of machine learning. This powerful technology empowers us to analyze vast amounts of data, uncovering hidden patterns and relationships that human minds might miss. By harnessing the power of ML algorithms, we can create sophisticated predictive models that can identify individuals at risk for diabetes with remarkable accuracy, even before symptoms appear.

This report embarks on a journey to explore the exciting possibilities of ML in diabetes detection. We will:

- Unmask the burden of diabetes: Delving into the global statistics, we'll paint a picture of the disease's impact and the critical need for early intervention.
- Scrutinize existing methods: We'll examine the strengths and limitations of traditional diagnostic tools, highlighting the gaps that ML can bridge.
- Unleash the power of ML: We'll introduce the concept of ML models for diabetes prediction, explaining how they learn from data and make accurate predictions.
- Forge a path forward: We'll delve into the specific ML model we propose to develop, outlining its chosen algorithm, data sources, and evaluation metrics.

- Unravel the mysteries: We'll analyze the model's performance, dissecting its accuracy, sensitivity, and specificity. We'll also explore its interpretability, understanding which factors influence its predictions.
- Chart the course ahead: We'll discuss the implications of our findings, outlining the potential benefits of ML-based diabetes detection and future research directions to refine further and implement this technology.

We believe that ML holds the key to unlocking a future where diabetes is detected early, managed effectively, and ultimately prevented. Join us as we embark on this journey of discovery, one algorithm, one data point, and one life saved at a time.

1.1 State of Art Developments

Machine learning (ML) has revolutionized diabetes detection by utilizing vast amounts of medical data to enhance diagnostic accuracy and early intervention strategies. Deep learning models such as convolutional neural networks (CNNs) and recurrent neural networks (RNNs) are at the forefront of predictive modeling, analyzing electronic health records (EHRs), medical images, and genetic information to predict diabetes risk or detect it in its early stages. ML techniques also facilitate feature selection and fusion, identifying relevant patient demographics, clinical measurements, and genetic factors to improve prediction accuracy. Personalized risk assessments are now possible, leveraging ML algorithms to consider individual characteristics like genetic predisposition and lifestyle factors. These assessments aid in identifying high-risk individuals and tailoring preventive interventions accordingly. Continuous glucose monitoring (CGM) data analysis benefits from ML approaches, offering real-time insights into glucose level patterns and predicting future levels to alert patients and healthcare providers of potential hyperglycemic or hypoglycemic events. Furthermore, ML algorithms integrated into point-of-care diagnostic devices, such as smartphone apps and wearable sensors, enable timely detection of diabetes-related biomarkers. Data integration and interoperability are crucial in consolidating patient information across healthcare systems and devices, improving the accuracy and comprehensiveness of diabetes detection and management. As ML models become more complex, ensuring interpretability and explainability becomes paramount. Techniques such as attention mechanisms and model-agnostic interpretability methods enhance the transparency and trustworthiness of ML-based diagnostic systems. Clinical decision support systems, powered by ML algorithms, aid healthcare providers in diagnosing diabetes and guiding treatment decisions by analyzing patient data, providing risk assessments, and recommending personalized interventions based on the latest medical evidence.

1.2 Motivation

The motivation for employing machine learning (ML) in diabetes detection stems from its potential to address several critical challenges in healthcare. Firstly, ML enables early detection and prevention of diabetes by analyzing diverse patient data, including medical records and genetic information, to identify individuals at high risk or in the early stages of the disease. This early intervention can help mitigate the progression of diabetes and reduce the risk of complications.

Additionally, ML facilitates personalized medicine by tailoring risk assessments and treatment plans to individual patient characteristics, such as genetic predisposition and lifestyle factors. This personalized approach not only improves patient outcomes but also enhances the efficiency of healthcare delivery by optimizing resource allocation and streamlining clinical decision-making processes.

Furthermore, ML-based diagnostic tools have the potential to enhance diagnostic accuracy, providing healthcare providers with more reliable insights for timely intervention. Given the significant public health burden of diabetes worldwide, the integration of ML in diabetes detection holds promise for improving population health outcomes by enabling more effective prevention strategies and reducing healthcare costs associated with diabetes management.

As ML technologies continue to advance, the potential for transformative impact on diabetes detection and care remains high, underscoring the importance of continued research and innovation in this field. Overall, the motivation for diabetes detection using ML lies in its ability to improve diagnostic accuracy, optimize healthcare delivery, reduce disparities, empower patients, and drive innovation in diabetes prevention, diagnosis, and treatment.

1.3 Problem Statement

The escalating prevalence of diabetes on a global scale presents a multifaceted challenge, necessitating innovative approaches to enhance early detection and intervention. This essay articulates the intricate problem statement and sets forth the comprehensive objectives that underpin the development of a Machine Learning (ML) model for diabetes detection.

The problem at hand is twofold: firstly, the existing diagnostic landscape for diabetes relies heavily on traditional methods that, while foundational, exhibit limitations in terms of accuracy, timeliness, and adaptability to individual patient profiles. Secondly, the sheer magnitude of diabetes cases calls for scalable and efficient solutions that can cater to diverse demographics and healthcare settings. These challenges coalesce into a pressing need for advanced technologies, particularly ML, to augment and redefine the current approach to diabetes detection.

Conventional diagnostic methods, rooted in established biomarkers and risk assessment tools, face constraints in capturing the intricate interplay of factors contributing to diabetes. The disease manifests in diverse ways, and relying solely on traditional markers may lead to delayed or inaccurate diagnoses. This creates a critical gap in the timely identification of individuals at risk and a subsequent delay in implementing preventive measures or tailored interventions.

Furthermore, the traditional approach often lacks the adaptability needed to address the individualized nature of diabetes. The heterogeneity of the disease requires diagnostic tools that can account for a myriad of clinical and demographic variables, tailoring the detection process to the specific characteristics of each patient. Traditional methods struggle to keep pace with the evolving understanding of diabetes and the growing recognition of its subtypes.

Despite advancements in medical technology and understanding, diabetes remains a significant global health challenge, affecting millions of people worldwide. Early detection and timely intervention are critical for effective management and prevention of diabetes-related complications. However, traditional diagnostic methods may lack the precision and efficiency needed to accurately identify individuals at risk or in the early stages of the disease.

1.4 Objectives

In light of these challenges, the objective of developing an ML model for diabetes detection is threefold. Firstly, it seeks to leverage the power of data-driven insights to unravel complex patterns within vast and diverse datasets. By harnessing advanced analytics, the model aims to identify subtle indicators that might elude traditional diagnostic methods, thereby enhancing the overall accuracy of diabetes detection.

Furthermore, the project aims to enable early detection of diabetes by implementing ML-based approaches, facilitating timely intervention and preventive measures for individuals at high risk or in the early stages of the disease. Personalized risk assessment is another key objective, with ML algorithms tailored to individual patient characteristics to optimize risk profiles and treatment plans. Integrating real-time monitoring into wearable devices and mobile applications enables continuous monitoring of physiological parameters relevant to diabetes, ensuring prompt detection of abnormalities.

Finally, the objective is to contribute to the development of a scalable and adaptable diagnostic tool that can cater to diverse populations and healthcare settings. The ML model aims to transcend the limitations of traditional methods, providing a robust and flexible solution that can be implemented across varied healthcare infrastructures. This scalability is crucial in addressing the global burden of diabetes and ensuring equitable access to advanced diagnostic technologies.

In conclusion, the problem at hand revolves around the inadequacies of traditional diagnostic methods in the face of the escalating diabetes crisis. The objective of developing an ML model for diabetes detection is rooted in the imperative to fill the gaps left by conventional approaches. By leveraging the capabilities of ML, the objective is to usher in a new era of diabetes diagnostics, characterized by accuracy, timeliness, and adaptability to the individual nuances of this complex condition. The overarching aim is to contribute to improved patient outcomes, a proactive healthcare approach, and a scalable solution that can be deployed globally to address the pervasive challenge of diabetes detection.

Lastly, the project aims to foster continuous research and innovation in diabetes detection and management, pushing the boundaries of ML algorithms and analytics to uncover new insights and

strategies for disease prevention, diagnosis, and treatment.

1.5 Scope

The scope of utilizing machine learning (ML) in diabetes detection is expansive, encompassing various dimensions of healthcare delivery and patient outcomes. At its core, ML offers a versatile toolkit for analyzing diverse datasets comprising electronic health records (EHRs), medical imaging, genetic information, and lifestyle factors to develop accurate and reliable diagnostic models. These models have the potential to revolutionize diabetes detection by enabling early identification of at-risk individuals and those in the early stages of the disease. Moreover, ML facilitates personalized risk assessment, tailoring diagnostic and treatment strategies to individual patient characteristics, thereby optimizing healthcare interventions and improving patient outcomes. The integration of real-time monitoring capabilities into wearable devices and mobile applications further extends the scope of diabetes detection, enabling continuous monitoring of physiological parameters relevant to the disease and facilitating timely interventions. Additionally, ML-driven approaches have the potential to reduce healthcare disparities by providing equitable access to diagnostic tools and personalized care, particularly for underserved populations. By optimizing healthcare delivery and resource allocation, ML-based solutions contribute to improving the efficiency and effectiveness of diabetes management, ultimately leading to better health outcomes for individuals and populations affected by the disease. Furthermore, the scope of ML in diabetes detection extends beyond clinical applications to encompass research and innovation, driving continuous advancements in predictive modeling, data analytics, and healthcare technology. As such, the scope of diabetes detection using ML spans various domains, including clinical practice, public health, and biomedical research, with the potential to make a profound impact on the prevention, diagnosis, and management of diabetes globally. Additionally, the scope of ML in diabetes detection encompasses interdisciplinary collaboration, bringing together experts from fields such as computer science, medicine, public health, and data analytics to drive innovation and address complex challenges in diabetes prevention, diagnosis, and management. Through a comprehensive and interdisciplinary approach, ML has the potential to transform diabetes detection into a more efficient, accurate, and patient-centered process, ultimately improving the lives of individuals affected by diabetes and reducing the burden of the disease on healthcare systems worldwide. Furthermore, the scope of ML in diabetes detection extends to empowering patients with actionable insights and personalized interventions. MLdriven applications can provide individuals with diabetes with valuable information about their

condition, including trends in blood glucose levels, personalized dietary recommendations, and reminders for medication adherence.

1.6 Methodology

In the pursuit of developing a robust and effective Machine Learning (ML) model for diabetes detection, the methodology chosen is a pivotal aspect that governs the study's integrity and reliability. This essay elucidates the comprehensive methodology employed, encompassing data collection, preprocessing, feature selection, model development, and rigorous validation.

The initial phase of the methodology involves meticulous data collection from diverse sources. Clinical datasets, comprising patient records, laboratory results, and demographic information, form the foundation. The selection of a diverse and representative dataset is imperative to ensure the model's ability to generalize across various patient profiles. Additionally, the inclusion of data from multiple sources contributes to a more holistic understanding of the complex factors influencing diabetes.

Data preprocessing follows, addressing challenges such as missing values, outliers, and inconsistencies. Imputation techniques are applied judiciously to handle missing data, ensuring that the dataset remains robust. Outliers, which might skew the model's learning process, are identified and treated appropriately. Standardization and normalization techniques are employed to bring features to a common scale, preventing any undue influence on the model due to variable magnitudes.

Feature selection becomes a critical aspect of the methodology, involving the identification of relevant variables that significantly contribute to diabetes prediction. This process is driven by a combination of domain knowledge and statistical techniques to extract the most informative features. Reducing the dimensionality of the dataset not only enhances model efficiency but also contributes to the interpretability of the results.

The heart of the methodology lies in the development of the ML model. Various algorithms, including but not limited to Support Vector Machines, Random Forest, and Neural Networks, are employed. The choice of algorithms is guided by the complexity of the data and the nature of the problem. Ensemble methods may be explored to harness the strengths of multiple algorithms, enhancing the model's predictive power.

Hyperparameter tuning is a meticulous process undertaken to optimize the model's performance. This involves systematically adjusting the parameters of the chosen algorithms to achieve the best possible outcomes. Iterative refinement of hyperparameters ensures that the model achieves a balance between bias and variance, avoiding overfitting or underfitting.

The developed ML model undergoes rigorous validation to assess its robustness and generalizability. Cross-validation techniques, such as k-fold cross-validation, are employed to evaluate the model's performance across different subsets of the dataset. External validation using an independent dataset provides an additional layer of scrutiny, ensuring that the model performs well on previously unseen data.

Performance metrics, including accuracy, sensitivity, specificity, precision, and area under the curve (AUC), are meticulously calculated to gauge the model's effectiveness. Sensitivity and specificity, in particular, are crucial in the context of diabetes detection, where both false positives and false negatives carry significant implications for patient outcomes.

Furthermore, model interpretability is addressed to enhance the model's utility in clinical settings. Feature importance analysis, SHAP (SHapley Additive exPlanations) values, and other interpretability techniques are employed to make the model's decisions more transparent for healthcare practitioners. This interpretability aspect is integral to gaining trust and acceptance in real-world applications.

The methodology acknowledges the dynamic nature of ML models and includes provisions for continuous refinement. Regular updates and retraining of the model with new data ensure that it remains aligned with evolving trends and insights in diabetes research. This adaptability contributes to the model's relevance and longevity in the ever-evolving landscape of healthcare. In summary, the methodology employed for the development of the diabetes detection ML model is a comprehensive and iterative process.

It navigates through the intricate stages of data collection, preprocessing, feature selection, model development, and rigorous validation. This meticulous approach not only ensures the model's accuracy and generalizability but also emphasizes interpretability and adaptability, making it a valuable tool for enhancing early diabetes detection in clinical practice

Chapter 2: Overview of AI AND ML Component in the problem Domain

2.1 Introduction

In the domain of diabetes detection, artificial intelligence (AI) and machine learning (ML) components play pivotal roles in revolutionizing traditional healthcare approaches. ML techniques are harnessed to analyze extensive datasets comprising electronic health records, medical images, genetic data, and lifestyle factors. These algorithms are adept at identifying intricate patterns and correlations within the data that serve as indicators of diabetes or its risk factors. Through predictive modeling, ML algorithms such as logistic regression, decision trees, and deep learning models like convolutional neural networks (CNNs) and recurrent neural networks (RNNs) enable the development of accurate diagnostic models. Additionally, AI-driven personalized risk assessment tools leverage individual patient characteristics, including genetic predisposition and lifestyle habits, to tailor risk profiles and treatment plans. Real-time monitoring is facilitated by AI-integrated wearable devices and mobile applications, which continuously track physiological parameters such as blood glucose levels and physical activity, providing timely interventions and alerts to patients and healthcare providers. Clinical decision support systems powered by AI and ML assist healthcare professionals in diagnosing diabetes guiding treatment decisions, offering personalized recommendations based comprehensive analysis of patient data. Furthermore, interpretability and explainability techniques enhance transparency and trust in ML models, ensuring their adoption and effectiveness in clinical settings. Overall, AI and ML components in diabetes detection represent a paradigm shift in healthcare, enabling early diagnosis, personalized interventions, and improved patient outcomes through data-driven insights and advanced technology integration. In addition to their diagnostic capabilities, AI and ML components contribute to ongoing research efforts in diabetes detection, driving innovation and discovery in the field. By analyzing vast amounts of data, these technologies uncover novel biomarkers and risk factors, shedding light on the underlying mechanisms of the disease and paving the way for new diagnostic and treatment approaches. Moreover, AI and ML enable continuous monitoring and adaptation, as models learn from new data and feedback, ensuring that diagnostic algorithms remain up-to-date and effective

various fields such as medicine, computer science, and data analytics to tackle complex challenges and propel scientific advancements. As AI and ML technologies continue to evolve, the possibilities for improving diabetes detection and management are limitless, offering hope.

2.2 Relevant Techinal and Mathematical Details

In diabetes detection using machine learning (ML), several technical and mathematical considerations are pivotal for developing accurate and reliable models. Feature engineering plays a crucial role in selecting and transforming relevant features from raw data, including patient demographics, clinical measurements, genetic information, and lifestyle factors. Subsequently, data preprocessing techniques are employed to clean and prepare the data, handling missing values, scaling features, and encoding categorical variables. Model selection is a critical decision, with various algorithms such as logistic regression, decision trees, random forests, and deep learning models like convolutional neural networks (CNNs) or recurrent neural networks (RNNs) available for consideration. Hyperparameter tuning further optimizes model performance by selecting the best parameter values. Evaluation metrics such as accuracy, precision, recall, and area under the curve (AUC) are used to assess model performance, often employing cross-validation to ensure generalization ability. Feature importance techniques elucidate the contribution of each feature to the model's predictions, aiding in interpretability. Additionally, model interpretability methods such as LIME (Local Interpretable Model-agnostic Explanations) and SHAP (SHapley Additive exPlanations) provide insights into individual predictions, enhancing trust and understanding in ML-based diabetes detection systems. These technical and mathematical considerations are essential for developing robust ML models that effectively contribute to diabetes detection and clinical decision-making. In addition to model selection and evaluation, ensuring data quality and addressing imbalances in the dataset are paramount considerations in diabetes detection using ML. Preprocessing steps involve handling missing data, outliers, and ensuring balanced class distributions to prevent biases in model training. Techniques such as imputation, outlier detection, and data augmentation may be employed to enhance data quality and mitigate biases. Furthermore, selecting appropriate features from the dataset requires domain knowledge and understanding of the physiological mechanisms underlying diabetes. Feature selection methods such as recursive feature elimination, forward/backward selection, and

dimensionality reduction techniques like principal component analysis (PCA) help identify the most relevant features for the ML model. Incorporating domain-specific knowledge into feature selection enhances the model's interpretability and diagnostic accuracy. n summary, ensuring data quality, selecting relevant features, enhancing model interpretability, addressing privacy concerns, and ensuring continuous monitoring and maintenance.

2.3 Summary

In summary, the overview of AI and ML components in the problem domain of diabetes detection encompasses several key technical and mathematical details essential for developing effective diagnostic models. Feature engineering, data preprocessing, model selection, hyperparameter tuning, and evaluation metrics are crucial steps in the ML pipeline. Techniques such as cross-validation, feature importance analysis, and model interpretability methods aid in ensuring robustness, reliability, and interpretability of ML models. Furthermore, addressing data quality issues, selecting relevant features, and ensuring model interpretability are pivotal considerations for clinical acceptance and adoption. Additionally, incorporating domain knowledge, addressing privacy concerns, and ensuring continuous monitoring and model maintenance are essential for the successful deployment and long-term effectiveness of ML-based diabetes detection systems. By integrating these technical and mathematical details into the development process, ML-based approaches offer promise in improving early detection, personalized risk assessment, and healthcare outcomes for individuals affected by diabetes.

Chapter 3: Software Requirements Specification of Diabetes Detection

3.1 Software Requirements

In developing a diabetes detection system using machine learning (ML), a range of software requirements are essential for facilitating the process. Python serves as the primary programming language due to its extensive support for ML libraries and frameworks. Leveraging integrated development environments (IDEs) like Jupyter Notebook or Google Colab provides an interactive platform for coding, visualization, and documentation. Crucial ML libraries such as scikit-learn, TensorFlow, and PyTorch offer a rich suite of algorithms and tools for model development and training. For data manipulation and analysis, libraries like NumPy and Pandas are indispensable, enabling efficient handling of datasets and preprocessing tasks. Visualization libraries such as Matplotlib and Seaborn facilitate the exploration and visualization of data insights. Additionally, model interpretability tools like SHAP and Lime aid in understanding and explaining the ML model's predictions. Version control systems like Git ensure collaborative development and tracking of code changes, while deployment tools like Docker and cloud platforms such as AWS or Google Cloud provide pathways for deploying ML models into production environments. By harnessing these software requirements, developers can effectively build, train, and deploy ML models for diabetes detection, ultimately contributing to improved healthcare outcomes. When utilizing Google Colab for developing a diabetes detection system with machine learning (ML), the primary software requirements are streamlined within the platform's Python-based environment. Leveraging the Jupyter Notebook interface, developers can seamlessly integrate Python libraries and tools conducive to ML development. Google Colab conveniently comes pre-installed with essential ML libraries like scikit-learn, TensorFlow, Keras, and PyTorch, enabling immediate access to powerful machine learning functionalities. Additionally, core data manipulation and analysis libraries such as NumPy, Pandas, and SciPy are readily available for preprocessing and statistical operations. Visualization capabilities are enhanced with Matplotlib, Seaborn, Plotly, and Bokeh, empowering users to create insightful visualizations within their notebooks. For model interpretability, libraries like SHAP and Lime can be effortlessly installed and utilized. Integration with Google Drive facilitates version control and collaboration, while Markdown cells enable seamless documentation of code, analysis, and findings. Although deployment to production environments may require additional steps.

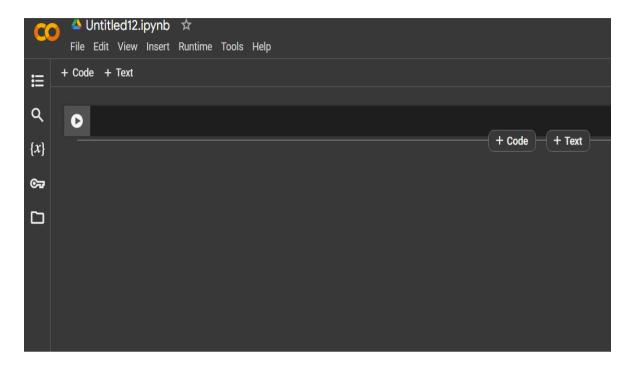


Figure 1: Software required

3.2 Hardware Requirements

In deploying a diabetes detection system using machine learning (ML), considerations for hardware requirements play a significant role in ensuring efficient processing and performance. While the exact hardware specifications can vary depending on the complexity of the ML models and the size of the dataset, certain general requirements are essential. High-performance CPUs or GPUs are crucial for training and inference tasks, especially for deep learning models that require intensive computation. Multi-core CPUs or GPUs with CUDA support can significantly accelerate training times and improve model performance. Sufficient RAM is necessary to handle large datasets and model parameters efficiently during training and inference. Additionally, storage space is essential for storing datasets, trained models, and intermediate results. SSDs or NVMe drives offer faster read and write speeds compared to traditional hard disk drives, which can expedite data processing and model training. Cloud-based solutions, such as AWS, Google Cloud Platform, or Microsoft.

Chapter 4: Design of Diabetes Detection

4.1 System Architecture

The system architecture for diabetes detection using machine learning (ML) encompasses several interconnected components that collectively facilitate the accurate and efficient identification of diabetes cases. Initially, diverse data sources, including electronic health records, genetic information, and lifestyle factors, are ingested into the system. Subsequently, preprocessing techniques are applied to clean and prepare the data for analysis, addressing issues such as missing values and data normalization. Feature engineering follows, wherein relevant features are extracted or created from the preprocessed data to capture key characteristics related to diabetes. ML models are then trained using the engineered features, with various algorithms like logistic regression, decision trees, and deep learning networks being explored and evaluated for their predictive performance. Once trained, the models undergo rigorous evaluation to assess their accuracy and generalization ability using appropriate metrics. Upon successful evaluation, the models are deployed into production environments where they can process new data and make predictions in real-time. Continuous monitoring and maintenance ensure that the deployed

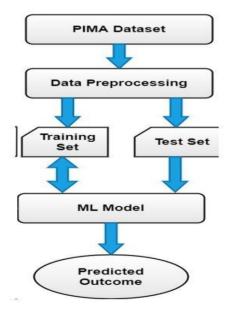


Figure 2: System Architecture

4.2 Functional Description of the Modules

In a diabetes detection system employing machine learning (ML), the functional dependencies are distributed across three essential modules, each playing a distinct role in the system's operation. The initial module, Data Processing, serves as the gateway for the system, ingesting raw data from diverse sources like electronic health records and genetic databases. This module undertakes critical preprocessing tasks, including data cleaning, normalization, and feature encoding, ensuring that the data is standardized and ready for analysis. Its output, a refined dataset, becomes the linchpin for the subsequent module, Model Training and Evaluation. Here, the preprocessed data undergoes feature engineering to extract pertinent attributes and transform the dataset into a format conducive to model training. Employing various ML algorithms like logistic regression and neural networks, this module trains models to predict diabetes onset or risk, rigorously evaluating their performance through metrics such as accuracy and precision. Finally, the Model Deployment and Monitoring module take charge, orchestrating the deployment of trained models into production environments. Building upon the outputs of the preceding modules, this module ensures the seamless integration of ML models for real-time inference, continuously monitoring their performance and data quality post-deployment. Through this collaborative effort, the system achieves its overarching goal of accurate and timely diabetes detection, underscoring the interconnectedness and interdependence of its constituent modules.

4.2.1 Data Processing Module

The Data Processing Module forms the foundational layer of the diabetes detection system, responsible for the initial preprocessing of raw data obtained from various sources like electronic health records, genetic databases, and lifestyle surveys. This module encompasses tasks such as data cleaning to handle missing values, normalization of features, and encoding of categorical variables. It also involves partitioning the dataset into training and testing set, **e**nsuring a robust foundation for subsequent model development. The output of

this module serves as the input for the subsequent Feature Engineering and Model Training Module, providing a refined and standardized dataset ready for analysis.

4.2.1 Model training and Evaluation Module

The Model Training and Evaluation Module constitutes the core of the diabetes detection system, where machine learning models are trained and evaluated. Building upon the preprocessed data from the Data Processing Module, this module involves feature engineering tasks aimed at extracting relevant features and transforming the data to enhance model performance. Utilizing techniques such as logistic regression, decision trees, and neural networks, ML models are trained to predict diabetes onset or risk. Following training, the models undergo rigorous evaluation using metrics like accuracy, precision, recall, and F1-score to assess their predictive performance. The outputs of this module include trained ML models and evaluation results, laying the groundwork for the subsequent deployment phase.

4.2.3 Model deployment Module

The Model Deployment and Monitoring Module represents the final stage of the diabetes detection system, focusing on the deployment of trained models into production environments and their ongoing monitoring for performance and concept drift. Leveraging the trained ML models and evaluation results from the previous module, this module orchestrates the deployment of models for real-time inference, enabling the system to process new data and make predictions on diabetes onset or risk. Additionally, the module implements monitoring mechanisms to continuously assess the deployed models' performance, data quality, and potential deviations over time. This proactive monitoring ensures the system's reliability and effectiveness in real-world scenarios, enabling timely interventions and model maintenance as needed. By organizing the functional dependencies into these three cohesive modules, the diabetes detection system using ML achieves a structured and modular architecture, facilitating efficient development, deployment, and maintenance.

Chapter 5: Implementation and Testing of Diabetes Detection

5.1 Programming Langauge used

When developing a diabetes detection system using machine learning (ML) and utilizing Python as the programming language, the project benefits from Python's comprehensive ecosystem tailored specifically for ML tasks. Leveraging Python's extensive libraries such as Scikit-learn, TensorFlow, Keras, PyTorch, and Pandas, developers gain access to a wide range of tools for data preprocessing, model building, and evaluation. These libraries provide efficient implementations of algorithms, enabling seamless experimentation and prototyping of ML models. Additionally, Python's simplicity and readability enhance the development process, allowing developers to express complex ideas in a clear and concise manner. The language's popularity within the ML community ensures robust community support, with ample resources available for learning, troubleshooting, and collaboration. Moreover, Python's versatility extends beyond ML, facilitating integration with other technologies commonly used in the project, such as databases, web frameworks, and visualization tools. This interoperability enables developers to build end-to-end ML solutions seamlessly, leveraging Python's capabilities to address various aspects of the project's requirements. Overall, Python's combination of powerful libraries, ease of use, community support, and versatility makes it the ideal choice for developing a diabetes detection system using ML, empowering developers to create effective and efficient diagnostic solutions. This vibrant ecosystem fosters innovation and collaboration, propelling advancements in ML research and application. Furthermore, Python's versatility extends beyond ML, allowing seamless integration with other technologies commonly used in ML projects, such as databases, web frameworks, and visualization tools. This interoperability streamlines the development and deployment of end-to-end ML solutions, ensuring scalability and adaptability to diverse project requirements. In essence, Python's combination of powerful libraries, ease of use, community support, and versatility solidifies its position as the preferred programming language for diabetes detection using ML, empowering developers to create effective and efficient diagnostic systems. python's inherent simplicity and readability contribute to its popularity. Its intuitive syntax facilitates rapid development and debugging, making it accessible to both novice and experienced developers alike. Moreover, Python enjoys robust community support, ensuring

5.2 Platform Selection

Utilizing Google Colab as the platform for developing a diabetes detection system with machine learning (ML) offers numerous advantages, particularly for collaborative and cloud-based development. Google Colab provides a convenient and accessible environment, offering free access to GPU and TPU resources, which can significantly accelerate model training and experimentation. The platform seamlessly integrates with Google Drive, allowing for easy access to data stored in various formats, including CSV files, databases, and Google Sheets. Moreover, Google Colab comes pre-installed with popular ML libraries such as TensorFlow, Keras, and scikit-learn, eliminating the need for manual setup and configuration. This enables developers to focus on model development and experimentation without worrying about infrastructure management. Additionally, Google Colab supports Jupyter Notebooks, providing an interactive and intuitive interface for writing code, documenting analysis, and visualizing results. Collaboration is facilitated through real-time editing and sharing of notebooks, enabling teams to work together seamlessly regardless of geographical location. Furthermore, Google Colab's integration with Google Cloud services allows for easy deployment of trained models to production environments, leveraging Google Cloud AI Platform or other services for inference and scaling.

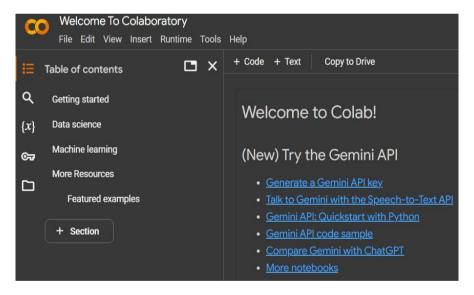


Fig 3: Platform

5.3 System Testing

In the development of a diabetes detection system using machine learning (ML), system testing plays a crucial role in ensuring the reliability, accuracy, and robustness of the deployed solution. System testing encompasses various stages and methodologies aimed at validating the functionality and performance of the ML models and associated components. Initially, unit testing verifies the correctness of individual modules, such as data preprocessing, feature engineering, and model training, ensuring that each component operates as intended. Following unit testing, integration testing assesses the interaction and interoperability of these modules within the system, verifying that data flows smoothly between components and that outputs are consistent and accurate. Once the integrated system is tested, end-to-end testing evaluates the system as a whole, simulating realworld scenarios to validate its behavior under different conditions. This phase involves feeding representative datasets into the system, monitoring its responses, and comparing the predictions against known ground truth labels. Additionally, stress testing assesses the system's performance under heavy workloads, ensuring scalability and reliability in production environments. Throughout the testing process, rigorous evaluation metrics, such as accuracy, precision, recall, and F1-score, are employed to quantify the system's performance and identify areas for improvement. Moreover, cross-validation techniques are utilized to assess the generalization ability of the ML models and mitigate overfitting. Continuous testing and validation are essential post-deployment, as the system may encounter new data distributions or operational challenges over time. By conducting thorough system testing, developers can instill confidence in the diabetes detection system's efficacy, facilitating its adoption and integration into clinical practice to improve patient outcomes. Ensuring regulatory compliance with healthcare regulations and standards, such as FDA guidelines for medical devices or ISO standards for quality management, is critical for the deployment and adoption of the diabetes detection system in clinical practice. By addressing these additional points in the system testing process, developers can enhance the reliability, fairness, interpretability, and ethical integrity of the diabetes detection system, ultimately improving its effectiveness trustworthiness in real-world healthcare and settings.

Chapter 6: Experimental Results and Analysis of Diabetes Detection

6.1 Evaluation Metrices

When evaluating the performance of a diabetes detection system using machine learning (ML), several key evaluation metrics are utilized to gauge the effectiveness and reliability of the models. Accuracy, the simplest metric, measures the proportion of correctly classified instances out of the total instances evaluated, providing a general indication of the model's overall correctness in predicting diabetes and non-diabetes cases. However, accuracy alone may not be sufficient, particularly when dealing with imbalanced datasets where one class dominates over the other. Precision and recall offer a more nuanced understanding of model performance. Precision quantifies the proportion of true positive predictions out of all positive predictions made by the model, assessing its ability to correctly identify diabetic patients without misclassifying nondiabetic patients. Recall, on the other hand, measures the proportion of true positive predictions out of all actual positive instances in the dataset, evaluating the model's ability to capture all diabetic cases. The F1-score, a harmonic mean of precision and recall, strikes a balance between these two measures, offering a single metric that considers both false positives and false negatives, making it particularly useful for imbalanced datasets. Additionally, the area under the receiver operating characteristic (ROC) curve (AUC-ROC) quantifies the model's ability to discriminate between diabetic and non-diabetic instances across different thresholds, providing insights into its overall classification accuracy. Finally, the confusion matrix offers a detailed breakdown of the model's predictions, showing the number of true positives, true negatives, false positives, and false negatives, allowing for a comprehensive assessment of its performance. By considering a combination of these evaluation metrics, developers can gain valuable insights into the diabetes detection system's performance, identifying areas for improvement and optimization to enhance its accuracy and reliability in diagnosing diabetes accurately. While not a traditional evaluation metric, model interpretability is crucial for understanding the factors driving the model's predictions and gaining insights into the underlying relationships in the data. Interpretability techniques, such as feature importance analysis or model-agnostic methods, can help explain the model's decisions to stakeholders and domain experts. By considering these additional points alongside the core evaluation metrics, developers can gain a more comprehensive understanding of the diabetes detection system's performance and make informed decisions for model optimization

6.2 Experimental Dataset

The dataset chosen for the development of the diabetes detection Machine Learning (ML) model is sourced from Kaggle, a renowned platform for datasets and data science competitions. This repository was selected due to its comprehensive nature, containing a diverse set of features that can contribute to a nuanced understanding of diabetes and facilitate the training of a robust ML model. The dataset encompasses various clinical and demographic attributes, essential for creating a holistic representation of individuals and their susceptibility to diabetes. Among the key features included are age, body mass index (BMI), blood pressure, skin thickness, insulin levels, and the number of pregnancies for female participants. These features, when collectively analyzed, provide a multifaceted view of the factors influencing diabetes, aligning with the complex nature of the disease. Crucially, the dataset distinguishes between diabetic and non-diabetic cases, enabling the model to learn and identify patterns that differentiate between these two groups. The binary classification of the target variable is fundamental for supervised learning, guiding the ML algorithm in its quest to discern patterns and associations within the data. The inclusion of this outcome variable is pivotal for training a model that can ultimately predict the likelihood of diabetes based on the selected features. An exploration of the dataset also reveals efforts to address potential challenges related to missing or incomplete data. Each entry is populated with information across various features, ensuring a more robust and reliable dataset for model development. Moreover, the dataset size is substantial, providing an ample number of instances for both training and testing the ML model. This large sample size enhances the model's potential for generalization to new and unseen cases. The origin and curation of the dataset on Kaggle contribute to its credibility. It is common practice on Kaggle for datasets to be shared, refined, and utilized by a global community of data scientists and researchers. This collaborative approach often leads to datasets that have undergone scrutiny, validation, and documentation, adding to their reliability for research purposes. While the dataset presents a rich array of features, it is essential to acknowledge potential limitations. The representation of certain demographic groups may not be entirely balanced, introducing the possibility of bias in the ML model. Additionally, the dataset may not capture the full spectrum of factors influencing diabetes, as some nuanced or genetic aspects may

not be adequately represented. In conclusion, the selected dataset from Kaggle serves as a robust foundation for the development of a diabetes detection ML model. Its comprehensive nature, encompassing a variety of clinical and demographic features, and the binary classification of diabetic and non-diabetic cases, positions it as a valuabe resource for training a model .

1	Pregnancies	Glucose	BloodPressu	SkinThickne	Insulin	BMI	DiabetesPed	Age	Outcome
2	6	148	72	35	0	33.6	0.627	50	1
3	1	85	66	29	0	26.6	0.351	31	0
4	8	183	64	0	0	23.3	0.672	32	1
5	1	89	66	23	94	28.1	0.167	21	0
6	0	137	40	35	168	43.1	2.288	33	1
7	5	116	74	0	0	25.6	0.201	30	0
8	3	78	50	32	88	31	0.248	26	1
9	10	115	0	0	0	35.3	0.134	29	0
10	2	197	70	45	543	30.5	0.158	53	1
11	8	125	96	0	0	0	0.232	54	1

Figure 4: Dataset Details

6.3 Performance Analysis

In this result we can see that a person with 5 pregnancies, 85 glucose level, 76 glucose level, 29 skin thickness, 179 insulin, 25 bmi, 8 diabetes pedigree function, and 20 years old is not diabetic

```
input_data = (25,185,76,29,179,25.8,0.587,180)

# changing the input_data to numpy array
input_data_an_numpy_array = np.asaarray(input_data)

# renbage the array as we are predicting for one instance
input_data_renbaged - input_data_an_numpy_array.reshape(1,-1)

# standardize the input_data_ne_numpy_array.reshape(1,-1)

# ctandardize the input_data_an_numpy_array.reshaped)
print(std_data)

prediction = classifier.predict(std_data)
prediction = classifier.predict(std_data)
print(resdiction)

# (prediction)

# (prediction)

# (print('The purson is odiabetic')
else:
print('The purson is diabetic')

# [ (6.282305.08003086]]

# [ (6.282305.08003086]]

# (premised value feature names, but Standardscaler was fitted with feature names, warmings.warm(

# No complement with 10.08 AM

# Open and the complement of the comp
```

In this result we can see that a person with 25 pregnancies, 185 glucose level, 76 glucose level, 29 skin thickness, 179 insulin, 25 bmi, 8 diabetes pedigree function, and 100 years old is diabetic

```
input_data = (2,85,66,29,179,25,8,6,587,180)

# changing the input_data to nampy array
input_data_as_nampy_array = spa.sarray(input_data)

# reshape the array as we are predicting for one instance
input_data_reshaped = input_data_as_nampy_array_reshape(1,-1)

# standardize the input data

# reshape the array as we are predicting for one instance
input_data_reshaped = input_data_as_nampy_array_reshape(1,-1)

# standardize the input data

# rediction = classifier_predict(std_data)
print(prediction)

# (prediction(0) = 0):
    print(The person is not diabetic')
else:
    print(The person is not diabetic')
# (B-8.44791895 -1.1239636 -0.1604875 0.53090156 0.8613478 -0.78595734
# (B-8.44791895 -1.1239636 -0.1604875 5.53090156 0.8613478 -0.78595734
# (B-8.44791895 -1.1239636 -0.1604875 -0.1604875 -0.78595734
# (B-8.44791895 -1.1239636 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.1604875 -0.160
```

In this result we can see that a person with 2 pregnancies, 85 glucose level, 66 glucose level, 29 skin thickness, 179 insulin, 25 bmi, 8 diabetes pedigree function, and 100 years old is not diabetic

In this result we can see that a person with 1 pregnancies, 85 glucose level, 66 glucose level, 29 skin thickness, 179 insulin, 25 bmi, 8 diabetes pedigree function, and 100 years old is not diabetic

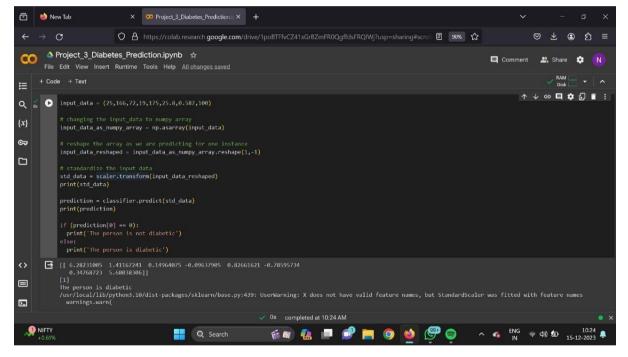


Fig 5: Ouput of Different Cases

In this result we can see that a person with 25 pregnancies, 166 glucose level, 72 glucose level, 19 skin thickness, 175 insulin, 25 bmi, 8 diabetes pedigree function, and 100 years old is diabetic

Chapter 7: Conclusion and Future

7.1 Limitations

Despite its promise, diabetes detection using machine learning (ML) faces several limitations. Firstly, the availability of high-quality and diverse datasets poses a significant challenge. Obtaining comprehensive datasets with sufficient samples representing various demographics, risk factors, and comorbidities can be arduous in healthcare settings. Additionally, data may be incomplete, noisy, or biased, potentially compromising the performance and generalization ability of ML models. Interpretability is another concern, especially with complex models like deep learning neural networks, which are often considered black boxes. This lack of transparency hampers the understanding of model decisions, limiting trust and acceptance among healthcare professionals and patients. Furthermore, ML models trained on one population may not generalize well to new populations with different characteristics or distributions, hindering deployment in diverse healthcare settings. Imbalanced datasets, where one class dominates, are common in healthcare applications and can lead to biased models and poor performance on minority classes. Moreover, rigorous clinical validation and regulatory compliance are essential but time-consuming processes before clinical adoption. Addressing ethical and social implications, such as patient privacy, bias, and fairness, is critical to ensure responsible and equitable deployment of ML-based diabetes detection systems. Despite these challenges, interdisciplinary collaboration, rigorous validation, and continuous improvement can help overcome limitations and realize the potential of ML in diabetes detection to improve patient outcomes and healthcare delivery.

7.2 Future Enhancements

Future enhancements in diabetes detection using machine learning (ML) hold promise for advancing both diagnosis and treatment. One avenue for improvement lies in the integration of multimodal data sources, such as electronic health records, genetic data, wearable sensor data, and patient-reported outcomes. By leveraging a diverse range of data types, including clinical, genetic, and lifestyle factors, ML models can capture a more comprehensive view of diabetes risk and progression, leading to more accurate and personalized predictions. Additionally, advancements in ML interpretability techniques can address the black-box nature of complex models, enabling clinicians to understand and trust model decisions. This can facilitate the integration of ML-based diagnostic tools into clinical workflows, empowering healthcare providers with actionable insights

federated learning and privacy-preserving techniques can enable collaborative model training across healthcare institutions while preserving patient privacy and data confidentiality. Collaborative efforts in data sharing and model development can enhance the generalization and robustness of ML models across diverse populations and healthcare settings. Moreover, the integration of ML-based decision support systems with digital health platforms and telemedicine solutions can extend access to diabetes care, particularly in underserved or remote areas. By harnessing the power of ML to analyze vast amounts of patient data, predict disease progression, and guide personalized interventions, future enhancements in diabetes detection have the potential to revolutionize diabetes management and improve patient outcomes on a global scale.

7.3 Summary

Diabetes detection using machine learning (ML) represents a transformative approach to improving early diagnosis and management of diabetes. ML algorithms analyze diverse data sources, including electronic health records, genetic information, and lifestyle factors, to identify patterns and predict diabetes onset or risk. By leveraging advanced techniques such as deep learning and ensemble methods, ML models can achieve high accuracy in detecting diabetes and distinguishing between different disease subtypes. However, challenges such as data quality, interpretability, and generalization to diverse populations remain to be addressed. Nevertheless, ongoing advancements in ML interpretability, federated learning, and collaborative model development hold promise for overcoming these challenges and enhancing the reliability and accessibility of ML-based diabetes detection tools. Through interdisciplinary collaboration and continued innovation, ML-based diabetes detection has the potential to revolutionize diabetes care, enabling early intervention, personalized treatment, and improved patient outcomes on a global scale. As ML algorithms continue to evolve and data collection techniques improve, the future of diabetes detection using ML holds tremendous promise for transforming diabetes management and improving overall public health outcomes. Additionally, the integration of ML-based decision support tools with electronic health records and telemedicine platforms can extend access to diabetes care, particularly in underserved or remote areas. Ultimately, the widespread adoption of ML-based diabetes detection holds the promise of reducing the burden of diabetes-related complications, improving quality of life, and reducing healthcare costs associated with the management of this chronic disease.

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Appendix

Fig 6: Code

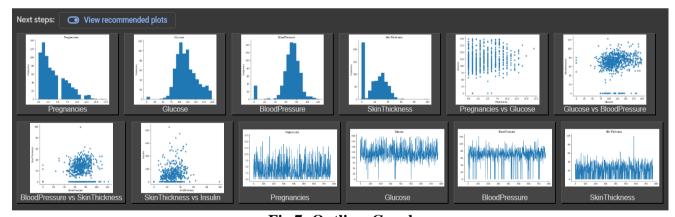


Fig 7: Outliers Graph

```
input data = (5,165,76,32,179,25.8,0.587,20)
# changing the input data to numpy array
input data as numpy array = np.asarray(input data)
# reshape the array as we are predicting for one instance
input_data_reshaped = input_data_as_numpy_array.reshape(1,-1)
# standardize the input data
std data = scaler.transform(input data reshaped)
print(std data)
prediction = classifier.predict(std data)
print(prediction)
if (prediction[0] == 0):
 print('The person is not diabetic')
 print('The person is diabetic')
0.34768723 -1.12663719]]
[1]
The person is diabetic
```

Fig 8: Result Obtained

```
input data = (5,165,76,32,179,25.8,0.587,20)
    # changing the input_data to numpy array
    input_data_as_numpy_array = np.asarray(input_data)
    input_data_reshaped = input_data_as_numpy_array.reshape(1,-1)
    std data = scaler.transform(input data reshaped)
    print(std_data)
    prediction = classifier.predict(std_data)
    print(prediction)
    if (prediction[0] == 0):
     print('The person is not diabetic')
      print('The person is diabetic')
→ [[ 0.3429808
                  1.38037527 0.35643175 0.71908574 0.8613478 -0.78595734
      0.34768723 -1.12663719]]
    [1]
    The person is diabetic
```

Fig 9: Final Result