


Fitness Certificate

Date of Issue : 27/04/2019

I, Dr. JAVED SHAH do hereby certify that


Born on - 11.12.1988

Blood Group :

underwent an **Pre Emp Medical check up Medical Examination** on 10.05.2019

and is Fit without restriction .

Company – YASH TECH.

Position –

Employee / Gin No -

Remarks :

Medical Centre : RUBY HALL CLINIC HINJAWADI

Physician's signature


Dr. JAVED SHAH
MBBS MD (General Medicine)
Medical Council Registration Number
Regd no. [illegible]
Consultant
Hinjawadi, Pune - 411057

This certificate of fitness, is valid for a period of three months from date of medical examination



Grant Medical Foundation
Ruby Hall Clinic
Hinjawadi

DR. JAVED SHAH

Degree : MBBS, MD (Gen Medicine)

Ext :

Website :

Date/Time : 10/05/2019,05:51:23 pm

Prescription Number : 1

Patient's MRN : H00000051597

Patient's Address : YERWADA, PUNE,

Full Address : Hinjewadi Rajiv Gandhi Infotech Park,,
Hinjewadi, Pune-411057

Contacts : [9827066482] , drjyshah@gmail.com

Timing : Mon to Friday : 4:00 - 7:00 P.M

Patient's Phone Number : 9016400529

Sex : Male Age : 30 Years Weight : 68.4 kgs

CONSULTATION DETAILS

Patient has visited for

ASYM

General Examination

BMI : 24.82 kg/m2 | Weight : 68.4 kgs | Height : 166 cm | Pain Score : 1 /10 | RR : 18 BPM | BP (Sys/Dia) : 123/
93 mmHg | Pulse : 78 bpm | Temp : 98 F

Investigation Review Notes

Uric acid 7.30,Dyslipidimia+

Diagnosis

health checkup

PATIENT INSTRUCTIONS

Recommendation

DIET PLANNING | REGULAR EXERCISE

Follow up on

follow up in medicine opd sos



Dr. Javed Shah

MBBS, MD (Gen Medicine)

Consultant

Physician

2016/09/3926

Rajeev Gandhi Infotech Park, MIDC, Phase No. 1, Plot No P-33, Hinjawadi, Pune - 411057.

• Ph: 020 66999999 • Email : hinjawadi@rubyhall.com • 24 hrs Helpline - 7757005773 • Website : www.rubyhall.com, www.hinjawadi.rubyhall.com

DEPARTMENT OF BIOCHEMISTRY

| | | | |
|---------------------------|-------------------------|-----------------------|----------------------|
| Patient Name : | | Age / Gender : | 30 Y(s)/Male |
| Bill No/ UHID No : | OH012913 / H00000051597 | Report Date : | 10-May-2019 10:13 am |
| Received Date : | 10-May-2019 09:21 am | Specimen : | SERUM |
| Lab No/Result No : | 190500447 / RES123763 | | |
| Referred By : | Dr. HOSPITAL CASE | | |

| <u>Investigation</u> | <u>Result</u> | <u>Reference Range</u> | <u>Method</u> |
|----------------------|---------------|--|---------------|
| GLUCOSE (FASTING) | : 82.0 | Normal : < 100.0 mg/dL Prediabetic : 100 - 125 mg/dL Diabetic : >= 126 mg/dL | GOD-POD |

REFERENCE : ADA 2015 GUIDELINES

| | | | |
|-------------------------|---------------|--|---------|
| GLUCOSE (POST PRANDIAL) | : 97.0 | Normal : < 140 mg/dl Prediabetic : 140 - 199 mg/dl Diabetic : >= 200 mg/dl | GOD-POD |
| | | ADA 2015 guidelines | |

| | | | |
|------------------------|--------------|-----------------|-----------|
| CREATININE | : 0.7 | 0.6 - 1.3 mg/dL | Enzymatic |
| URIC ACID | : 7.3 | 3.5-7.2 mg/dL | Uricase |
| ALANINE TRANSAMINASE | : 32.0 | 10 - 40 U/L | Kinetic |
| ASPARTATE TRANSAMINASE | : 21.0 | 10.0 - 40.0 U/L | Kinetic |
| GAMMA-GT (GGT) | : 15.0 | 7.0 - 50.0 U/L | Kinetic |

LIPID PROFILE

| | | | |
|------------------|----------------|---------------------|------------|
| CHOLESTEROL | : 228.0 | 130.0 - 220.0 mg/dL | Enzymatic |
| TRIGLYCERIDES | : 119.0 | 35.0 - 180.0 mg/dL | Enzymatic |
| HDL CHOLESTEROL | : 37.0 | 35 - 65 mg/dL | Enzymatic |
| LDL CHOLESTEROL | : 168.0 | 10.0 - 130.0 mg/dL | Calculated |
| VLDL CHOLESTEROL | : 24.0 | 5.0 - 36.0 mg/dL | Calculated |
| CHOL/HDL RATIO | : 6.2 | 2.0 - 6.2 | Calculated |

ATP III NCEP GUIDELINES FOR INTERPRETATION OF LIPID PROFILE

| PARAMETER | DESIRABLE | BORDERLINE | REQUIRES TREATMENT |
|-------------------|-----------|------------|--------------------|
| Total Cholesterol | Below 200 | 200 - 240 | Above 240 |
| HDL Cholesterol | Above 60 | 40 - 59 | Below 40 |
| LDL Cholesterol | Below 130 | 130-160 | Above 160 |

Note: This test is performed on automated BIO CHEMISTRY analyzer - Vitros250

*** End Of Report ***

Verified By

RUHI

NOTE:

- * Clinically correlate, Kindly discuss if necessary.
- * This report relates only to the item received.

Dr. SAYALI DESHMUKH
Consultant Pathologist

Printed By : FIRST FLOOR

Printed On : 11-May-2019 07:23:36 AM System Name : RUBY

Rajeev Gandhi Infotech Park, MIDC, Phase No. 1, Plot No P-33, Hinjawadi, Pune - 411057.

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DEPARTMENT OF CLINICAL PATHOLOGY

| | | | |
|---------------------------|-------------------------|-----------------------|---------------------|
| Patient Name : | [REDACTED] | Age / Gender : | 30 Y(s)/Male |
| Bill No/ UHID No : | OH012913 / H00000051597 | Report Date : | 10-May-2019 1:22 pm |
| Received Date : | 10-May-2019 09:21 am | Specimen : | URINE |
| Lab No/Result No : | 190500447 / RES123819 | Sec/Cup/Rep : | No. 1654 |
| Referred By : | Dr. HOSPITAL CASE | | |

| <u>Investigation</u> | <u>Result</u> | <u>Reference Range</u> |
|------------------------------------|----------------|------------------------|
| URINE ROUTINE | | |
| <u>PHYSICAL EXAMINATION</u> | | |
| COLOUR | : Pale Yellow | |
| APPEARANCE | : Clear | |
| <u>CHEMICAL TEST</u> | | |
| pH | : 5.0 | 5.0-7.0 |
| SPECIFIC GRAVITY | : 1.010 | 1.015-1.030 |
| ALBUMIN | : Absent | Absent |
| SUGAR | : Absent | Absent |
| KETONE BODIES | : Absent | Absent |
| BILE PIGMENTS | : Absent | Absent |
| UROBILINOGEN | : Normal | Normal |
| NITRITES | : Absent | Absent |
| LEUCOCYTES ESTERASE | : Absent | Absent |
| <u>MICROSCOPIC TEST</u> | | |
| PUS CELLS. | : 1-2 | 0-5 /hpf |
| RED BLOOD CELLS. | : Absent | 0 - 2 /hpf |
| EPITHELIAL CELLS. | : 2-3 | 0 - 5 /hpf |
| BACTERIA | : Absent | Absent |
| CAST | : Absent | Absent |
| YEAST CELLS | : Absent | Absent |
| CRYSTALS | : Absent | Absent |
| OTHERS | : Absent | Absent |

Note: This test is performed on automated CLINICAL PATHOLOGY analyzer - URI PLUS200

*** End Of Report ***

Verified By

ANAND

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Dr. SAYALI DESHMUKH

Consultant Pathologist

Printed By : FIRST FLOOR

Printed On : 11-May-2019 07:23:36 AM System Name : RUBY

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DEPARTMENT OF HAEMATOLOGY

| | | | |
|-------------------------|---------------------------|---------------------|-----------------------|
| Patient Name | : [REDACTED] | Age / Gender | : 30 Y(s)/Male |
| Bill No/ UHID No | : OH012913 / H00000051597 | Report Date | : 10-May-2019 9:51 am |
| Received Date | : 10-May-2019 09:21 am | Specimen | : EDTA WHOLE BLOOD |
| Lab No/Result No | : 190500447 / RES123758 | | |
| Referred By | : Dr. HOSPITAL CASE | | |

| <u>Investigation</u> | <u>Result</u> | <u>Reference Range</u> | <u>Method</u> |
|----------------------------------|--------------------------|------------------------------------|--------------------------------|
| HAEMOGRAM REPORT | | | |
| W.B.C.COUNT | : 4900 | 4000 - 11000 /ul | Coulter Principle |
| <u>Differential Count</u> | | | |
| NEUTROPHILS | : 47.3 | 40 - 75 % | Derived from WBC Histogram |
| LYMPHOCYTES | : 42.2 | 20 - 40 % | |
| MONOCYTES | : 7.1 | 2-10 % | |
| EOSINOPHILS | : 3.3 | 1.0 - 6.0 % | |
| BASOPHILS | : 0.1 | 0.0 - 1.0 % | |
| ABSOLUTE NEUTROPHIL COUNT | : 2.34 | 2 - 7 x10 ³ cells/ul | |
| ABSOLUTE LYMPHOCYTE COUNT | : 2.09 | 1 - 3 x10 ³ cells/ul | |
| ABSOLUTE MONOCYTE COUNT | : 0.35 | 0.2-1.0 x10 ³ cells/ul | |
| ABSOLUTE EOSINOPHIL COUNT | : 0.16 | 0.02-0.5 x10 ³ cells/ul | |
| ABSOLUTE BASOPHIL COUNT | : 0.00 | 0.02-0.1 x10 ³ cells/ul | |
| R.B.C COUNT | : 5.11 | 4.5 - 6.5 million/ul | Coulter Principle |
| HAEMOGLOBIN | : 16.3 | 13 - 17 g/dl | Cynmethhaemoglobin, Photometry |
| HAEMATOCRIT | : 47.1 | 40-50 % | Calculated Parameter |
| MCV | : 92 | 83-99 fL | Coulter Principle |
| MCH | : 31.9 | 27 - 32 pg | Calculated parameter |
| MCHC | : 34.6 | 31.5 - 34.5 g/dL | Calculated Parameter |
| RDW | : 14.3 | 11.6-14.0 % | Calculated from RBC Histogram |
| PLATELET COUNT | : 269 | 150 - 450 x10 ³ /ul | Coulter principle |
| MPV | : 7.9 | 7.8-11 fl | Coulter Principle |
| WBC MORPHOLOGY | : Relative lymphocytosis | | |

Note: This test is performed on automated HAEMATOLOGY analyzer - Abxpentra80XL

*** End Of Report ***

Verified By

RUHI

NOTE:

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- * This report relates only to the item received.

Dr. APARNA S.MANDVEKAR, MBBS MD
DNB(PATHOLOGY)
Consultant Pathologist

Printed By : FIRST FLOOR

Printed On : 11-May-2019 07:23:36 AM System Name : RUBY

Rajeev Gandhi Infotech Park, MIDC, Phase No. 1, Plot No P-33, Hinjawadi, Pune - 411057.

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DEPARTMENT OF HAEMATOLOGY

| | | | |
|---------------------------|-------------------------|-----------------------|----------------------|
| Patient Name : | | Age / Gender : | 30 Y(s)/Male |
| Bill No/ UHID No : | OH012913 / H00000051597 | Report Date : | 10-May-2019 11:18 am |
| Received Date : | 10-May-2019 09:21 am | Specimen : | WHOLE BLOOD |
| Lab No/Result No : | 190500447 / RES123777 | | |
| Referred By : | Dr. HOSPITAL CASE | | |

| <u>Investigation</u> | <u>Result</u> | <u>Reference Range</u> | <u>Method</u> |
|----------------------|---------------|------------------------|----------------------------|
| ESR at 1 Hour | : 07 | 0 - 15 mm/hr | Modified Westergren Method |

=====

INTERPRETATION :

ESR is a screening test to detect presence of systemic disease; however a normal result does not rule out a systemic disease.

ESR is also used to monitor course of disease or response to therapy if initially elevated.


*** End Of Report ***

Verified By

RUHI

NOTE:

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- * This report relates only to the item received.


Dr. SAYALI DESHMUKH

Consultant Pathologist

Printed By : FIRST FLOOR

Printed On : 11-May-2019 07:23:36 AM System Name : RUBY

Rajeev Gandhi Infotech Park, MIDC, Phase No. 1, Plot No P-33, Hinjawadi, Pune - 411057.

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DEPARTMENT OF SEROLOGY

| | | | |
|---------------------------|-------------------------|-----------------------|---------------------|
| Patient Name : | [REDACTED] | Age / Gender : | 30 Y(s)/Male |
| Bill No/ UHID No : | OH012913 / H00000051597 | Report Date : | 10-May-2019 3:16 pm |
| Received Date : | 10-May-2019 09:21 am | Specimen : | |
| Lab No/Result No : | 190500447 / RES123847 | | |
| Referred By : | Dr. HOSPITAL CASE | | |

| <u>Investigation</u> | <u>Result</u> | <u>Method</u> |
|--|---------------|--|
| DRUG OF ABUSE - (PANEL OF 6) | | |
| URINE CREATININE. | : 43.3 | Normal human urine : >20 mg/dL ?Diluted urine sample : 6-20 mg/dL ?Substituted urine sample : < 6 mg/dL |
| AMPHETAMINE | : NEGATIVE | NEGATIVE Greater than 1000 ng/mL |
| BARBITURATE | : NEGATIVE | NEGATIVE Greater than 200 ng/mL |
| BENZODIAZEPINE | : NEGATIVE | NEGATIVE Greater than 300 ng/mL |
| COCAINE | : NEGATIVE | NEGATIVE Greater than 300 ng/mL |
| MORPHINE/OPIATES | : NEGATIVE | NEGATIVE Greater than 300 ng/mL |
| PHENCYCLIDINE PHOSPHATE (PCP) | : NEGATIVE | NEGATIVE Greater than 25 ng/mL |
| Method Urine Drugs : Rapid Immunochromatography Specificity Presence of interfering substances may lead to decreased specificity. | | |

*** End Of Report ***

*** End Of Report ***

Verified By

DR.SAYALI

NOTE:

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- * This report relates only to the item received.

Dr. SAYALI DESHMUKH

Consultant Pathologist

Printed By : FIRST FLOOR

Printed On : 11-May-2019 07:23:36 AM System Name : RUBY



Grant Medical Foundation

Ruby Hall Clinic

Hinjawadi

Name: [REDACTED]
Age : 630 Years
Gender: M
PID: H00000051597
OPD :

Exam Date: 10-May-2019
Accession: 31018093322
Exam: CHEST X RAY
Physician: HOSPITAL CASE^^^^

Health Check

Radiograph Chest PA View :

Both lung fields normal.

Both costo-phrenic angles are clear.

Cardiac silhouette and aortic knuckle are normal.

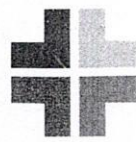
Both hilar shadows and the diaphragmatic contours are normal.

Thoracic soft tissues and the rib cage normal.

Impression : No significant abnormality noted.

DR NILOFER SHAH
MD RADIOLOGY, SR CONSULTANT RADIOLOGIST
REG NO 68923/1991

Date: 10-May-2019 10:06:11



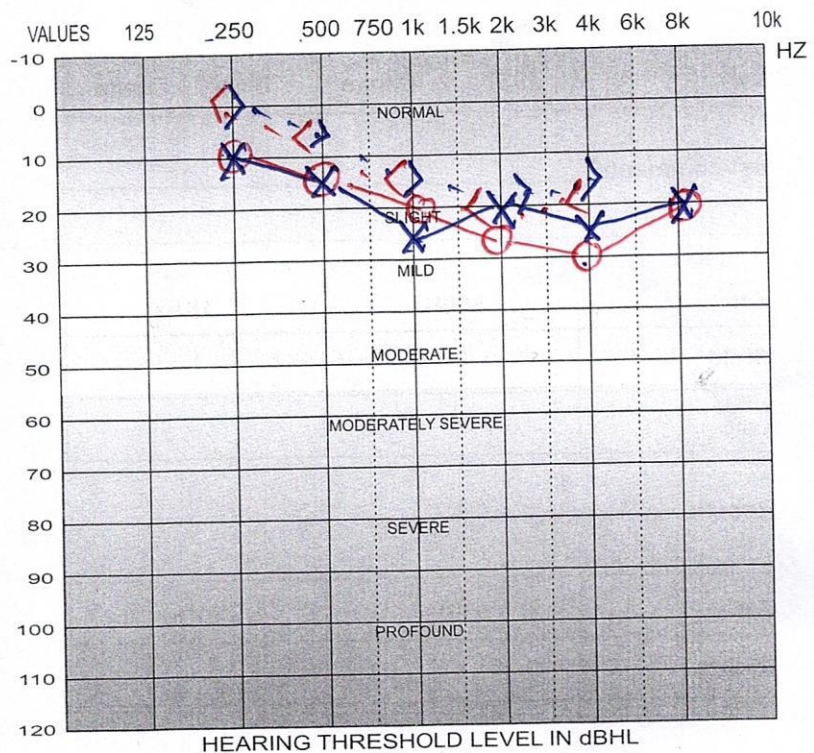
Grant Medical Foundation
Ruby Hall Clinic
Hinjawadi

AUDIOGRAM

Patient Name: 10/05/2019-H00000051597 Sex: _____ Age: _____
Complaint: Ref: OH012913 - OPH00012220-30.4/M -NH - Date: _____
Occupation: _____ D.O.B.: _____
Registration No.: _____ Reference: _____

| Test | Right Ear (Red) | Left Ear (Blue) |
|---------------------|-----------------|-----------------|
| AIR | O-O | X-X |
| AIR OPP EAR MASKED | △-△ | □-□ |
| NO RESPONSE | ○ | X |
| BONE | < | > |
| BONE OPP EAR MASKED | [|] |

| Test | Right Ear (Red) | Left Ear (Blue) |
|-------|-----------------|-----------------|
| RINNE | the | the |
| WEBER | ← | → |
| BING | | |




Daagnosis: Bk Hearing within Normal limits.

Test Result: ☒ Reliable ☐ Fair ☐ Poor

SRT: _____

SDS: _____


Audiologist Signature



Grant Medical Foundation

Ruby Hall Clinic

Hinjawadi

OUT-PATIENT RECORD

| | | | | | |
|-----------------|---|-----------------------|------------|---|-------------------------|
| Patient Name | : | [REDACTED] | Age/Sex | : | 30 Years / Male |
| Hospital No. | : | H00000051597 | Date/Time | : | 10/05/2019, 11:28:46 am |
| Consultant Name | : | Dr. Sapna Kotwaliwale | Episode No | : | PAN190582673 |

HISTORY, EXAMINATION, INVESTIGATIONS, TREATMENT AND PROGRESS

CONSULTATION DETAILS

General Examination

Physical Examination

EYE :

Vision - 6/12 (Right eye) , 6/18 (Left eye)

N5

Colour Vision - Normal

Diagnosis

Preventive Health Check

PATIENT INSTRUCTIONS

Follow Up on

REFRACTION

Dr. Sapna Kotwaliwale
MBBS, DOMS
Consultant
Ophthalmology
88564

ID:

Name:

Sex: ☐ cm ☐ kg

Birth date: / mmHg

years

Medication:

Symptoms:

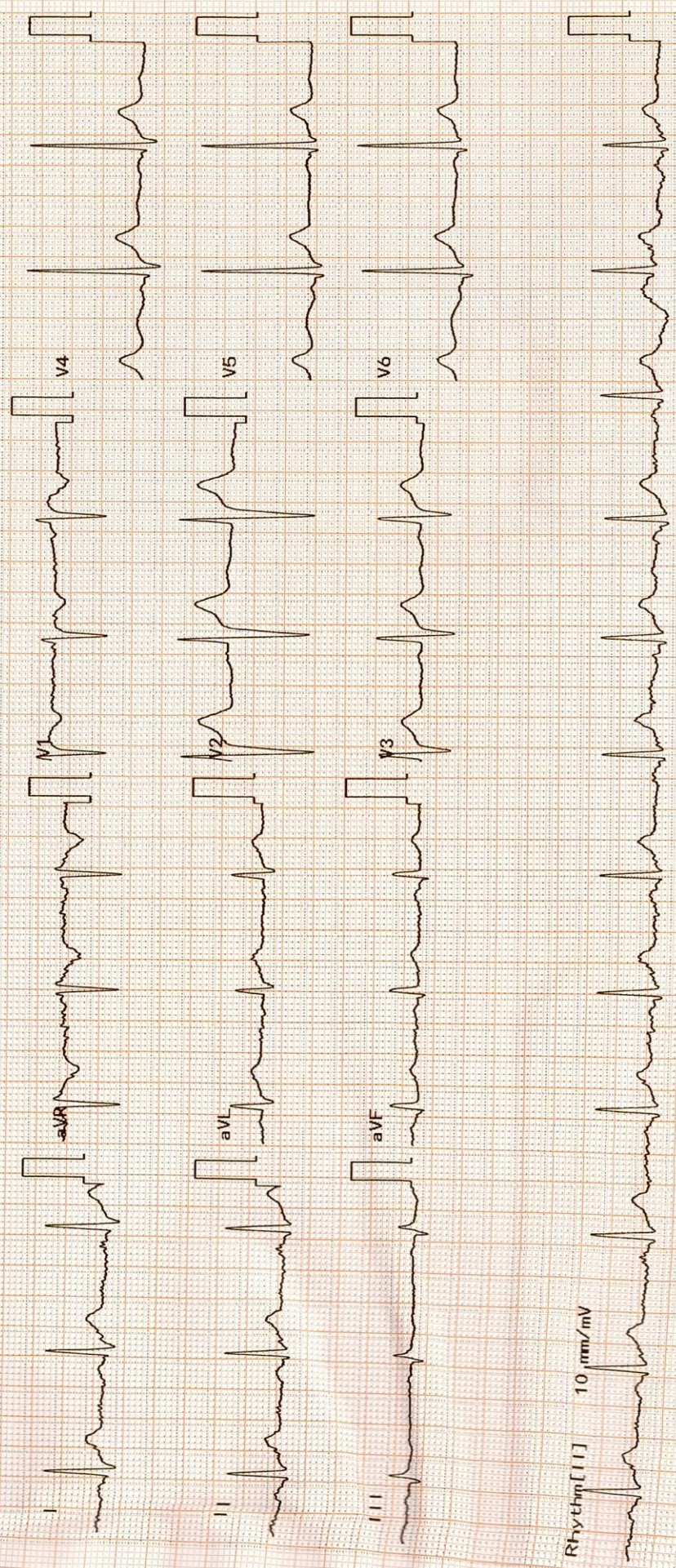
History:

Vent. rate

| | | |
|---------------|------------|-----|
| PR int | 75 | bpm |
| QRS dur | 144 | ms |
| QT/QTc(E) int | 106 | ms |
| P/QRS/T axis | 360/ 389 | ms |
| RV5/SV1 amp | 43/ 32/ 27 | ° |
| RV5+SV1 amp | 1.90/ 0.93 | mV |
| | 2.83 | mV |

Unconfirmed Report
Reviewed by:

10 mm/mV 25 mm/s Filter: H50 D 35 Hz 10 mm/mV 10 mm/mV



Exam:

10/05/2019-H00000051597
Ref: OH012913 - OPH00012220-30.4.M -NH -

10/05/2019-H000000051597



Ref: OH012913 - OPH00012220-
30.4/M -NH -

Name :-

Age / Sex :-

Date :-

HR Rate :-

Rhythm :-

Voltage :-

Axis :-

P Wave :-

PR Interval :-

QRS :-

ST :-

Others :-

Final Impression :-

Normal

Signature
Cardiologist / Physician

Note :- 1. This impression is based on ECG.

2. Clinical Co-relation is needed.

3. Please Take a Photocopy of this ECG.