

Fitness Certificate

Date of Issue: 27/04/2019

I, Dr. JAVED SHAH do hereby certify that

Born on - 30.11.1989

Blood Group:

underwent an Pre Emp Medical check up Medical Examination on 04.05.2019

and is Fit without restriction.

Company - YASH TECH.

Position -

Employee / Gin No -

Remarks:

Medical Centre : RUBY HALL CLINIC HINJAWADI

Dr. JAVED SHAH Medigal Spulle (Registration Number Regd no: 2016/09/3926

This certificate of fitness, is valid for a period of three months from date of medical examination

Hinjawadi, Pune - 411057



DR. JAVED SHAH

Degree: MBBS, MD (Gen Medicine)

Ext: Website:

Date/Time: 06/05/2019,06:37:14 pm

Prescription Number: 1

Full Address: Hinjewadi Rajiv Gandhi Infotech Park,,

Hinjewadi, Pune-411057

Contacts: [9827066482], drjyshah@gmail.com Timing: Mon to Friday: 4:00 - 7:00 P.M

Patient's Phone Number: 8007910601 Sex: Male Age: 29 Years Weight: 76.7 kgs

Patient's MIRIN: HUUUUUUU51322

Patient's Address: FLAT 1101 MARVEL IDEAL, SPACIO

PISOLI HILLS, UNDRI PUNE,

CONSULTATION DETAILS

Patient has visited for

ASYM

General Examination

BMI: 26.54 kg/m2 | Weight: 76.7 kgs | Height: 170 cm | Pain Score: 1/10 | RR: 18 BPM | BP (Sys/Dia): 128/

88 mmHg | Pulse : 66 bpm | Temp : 98 F

Investigation Review Notes

SGOT 50,SGPT 55,E 9%.

Diagnosis

health checkup

INVESTIGATION ADVISED

Imaging

ULTRASOUND ABD and PEL(DL and I-287)

PATIENT INSTRUCTIONS

Recommendation

DIET PLANNING | REGULAR EXERCISE

Follow up on

follow up in medicine opd sos



Dr. Javed ShahMBBS, MD (Gen Medicine)
Consultant



Name: Age:

029 Years

Gender:

M

H00000051322 PID:

OPD:

Exam Date:

04-May-2019

Accession: 30811122827

Exam:

CHEST X RAY

HOSPITAL CASE^^^^ Physician:

Health Check

Radiograph Chest PA View:

Both lung fields normal.

Both costo-phrenic angles are clear.

Cardiac silhouette and aortic knuckle are normal.

Both hilar shadows and the diaphragmatic contours are normal.

Thoracic soft tissues and the rib cage normal.

Impression:

No significant abnormality noted.

DR VISHAL BAHIR ASSOCIATE CONSULTANT MD RADIODIAGNOSIS

Date: 04-May-2019 13:02:43



• Ph: 020 66999999 • Email : hinjawadi@rubyhall.com • 24 hrs Helpline - 7757005773 • Website : www.rubyhall.com, www.hinjawadi.rubyhall.com

DEPARTMENT OF BIOCHEMISTRY

Patient Name

Bill No/ UHID No :OH012871 / H00000051322

Received Date

:04-May-2019 11:44 am

Lab No/Result No:190500219 / RES122949

Referred By

:Dr. HOSPITAL CASE

Age / Gender : 29 Y(s)/Male

Report Date

:04-May-201912:38 pm

Specimen

:SERUM

<u>Investigation</u>							
GLUCOSE	(FASTING)						

Result : 88.0

Reference Range

<u>Method</u> Normal: < 100.0 mg/dL GOD-POD

Prediabetic: 100 - 125

mg/dL

Diabetic: >= 126 mg/dL

REFERENCE: ADA 2015 GUIDELINES

GLUCOSE (POST PRANDIAL)

: 99

Normal

; < 140 mg/dl GOD-POD

Prediabetic: 140 - 199

mg/dl

Diabetic : > = 200 mg/dl

ADA 2015 guidelines

CREATININE URIC ACID

: 1.0

0.6 - 1.3 mg/dL 3.5-7.2 mg/dL

Enzymatic Uricase

ALANINE TRANSAMINASE

: 6.7 : 55.0

10 - 40 U/L

ASPARTATE TRANSAMINASE

: 50.0

10.0 - 40.0 U/L

Kinetic Kinetic

Notes: KINDLY CORRELATE CLINICALLY

: 22.0 GAMMA-GT (GGT)

7.0 - 50.0 U/L

Kinetic

LIPID PROFILE

CHOLESTEROL **TRIGLYCERIDES**

: 133.0 : 44.0 : 37.0

130.0 - 220.0 mg/dL 35.0 - 180.0 mg/dL

Enzymatic

HDL CHOLESTEROL

35 - 65 mg/dL

Enzymatic

LDL CHOLESTEROL VLDL CHOLESTEROL

: 87.0 : 9.0

10.0 - 130.0 mg/dL 5.0 - 36.0 mg/dL

REQUIRES TREATMENT

Enzymatic

CHOL/HDL RATIO

Calculated Calculated

Calculated

ATP III NCEP GUIDELINES FOR INTERPRETATION OF LIPID PROFILE

PARAMETER Total Cholesterol

Below 200 HDL Cholesterol Above 60 LDL Cholesterol\tab Below 130

DESIRABLE BORDERLINE 200 - 24040 - 59

130-160

Above 240 Below 40 Above 160



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DEPARTMENT OF BIOCHEMISTRY

Patient Name

Bill No/ UHID No :OH012871 / H000000051322

Received Date

:04-May-2019 11:44 am

Lab No/Result No:190500219 / RES122949

:Dr. HOSPITAL CASE

Age / Gender : 29 Y(s)/Male

Report Date

:04-May-201912:38 pm

Specimen

Investigation

Referred By

Result

Reference Range Note: This test is performed on automated BIO CHEMISTRY analyzer - Vitros250 Method

*** End Of Report ***

Verified By

SGD1

NOTE:

* Clinically correlate, Kindly discuss if necessary.

* This report relates only to the item received.

Acelmenth

Dr. SAYALI DESHMUKH Consultant Pathologist

Printed By: GROUND FLOOR

Printed On: 05-May-2019 12:40:48 AM System Name: RUBY



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DEPARTMENT OF CLINICAL PATHOLOGY

Patient Name

Bill No/ UHID No :OH012871 / H00000051322

Received Date

:04-May-2019 11:44 am

Lab No/Result No: 190500219 / RES123012

Referred By

:Dr. HOSPITAL CASE

Age / Gender : 29 Y(s)/Male

Report Date

:04-May-2019 1:57 pm

Specimen

:URINE

Sec/Cup/Rep: No. 1507

Investigation

Result

Reference Range

URINE ROUTINE

PHYSICAL EXAMINATION

COLOUR

: Pale Yellow

APPEARANCE

: Clear

: Absent

: Absent

: Absent

: Absent

: Normal

: Absent

: Absent

: 5.5

CHEMICAL TEST

pH

SPECIFIC GRAVITY **ALBUMIN**

SUGAR KETONE BODIES

BILE PIGMENTS UROBILINOGEN

NITRITES

LEUCOCYTES ESTERASE MICROSCOPIC TEST

PUS CELLS. RED BLOOD CELLS.

BACTERIA

YEAST CELLS **CRYSTALS**

EPITHELIAL CELLS.

CAST

OTHERS

: Absent : 1-2

: 1-2

: Absent : Absent

: Absent : Absent

: Absent

5.0-7.0 : 1.025

1.015-1.030 Absent

> Absent Absent

Absent Normal

Absent Absent

0-5 /hpf

0 - 2 /hpf 0 - 5 /hpf

Absent Absent

Absent Absent

*** End Of Report ***

Absent

Note: This test is performed on automated CLINICAL PATHOLOGY analyzer - URI PLUS200

Verified By

ANAND

NOTE:

Clinically correlate, Kindly discuss if necessary.

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Acchmitte

Dr. SAYALI DESHMUKH Consultant Pathologist

Printed By: GROUND FLOOR

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DEPARTMENT OF HAEMATOLOGY

Patient Name

Bill No/ UHID No :OH012871 / H00000051322

Received Date

:04-May-2019 01:49 pm

Lab No/Result No: 190500259 / RES123028

Referred By

:Dr. HOSPITAL CASE

Age / Gender : 29 Y(s)/Male

Report Date

:04-May-2019 2:04 pm

Specimen

: EDTA WHOLE BLOOD

Investigation	Result	Reference Range	Method
HAEMOGRAM REPORT			
W.B.C.COUNT	: 6000	4000 - 11000 /ul	Coulter Principle
Differential Count			
NEUTROPHILS	: 58.3	40 - 75 %	Derived from WBC Histogram
LYMPHOCYTES	: 26.8	20 - 40 %	
MONOCYTES	: 5.9	2-10 %	
EOSINOPHILS	: 9.0	1.0 - 6.0 %	
BASOPHILS	: 0.0	0.0 - 1.0 %	
ABSOLUTE NEUTROPHIL COUNT	: 3.51	2 - 7 x10 ³ cells/ul	
ABSOLUTE LYMPHOCYTE COUNT	: 1.61	1 - 3 x10³cells/ul	
ABSOLUTE MONOCYTE COUNT	: 0.36	0.2-1.0 x103cells/ul	
ABSOLUTE EOSINOPHIL COUNT	: 0.54	0.02-0.5 x103cells/ul	
ABSOLUTE BASOPHIL COUNT	: 0.00	0.02-0.1 x103cells/ul	
R.B.C COUNT	: 5.28	4.5 - 6.5 million/ul	Coulter Principle
HAEMOGLOBIN	: 15.7	13 - 17 g/dl	Cynmethhaemoglobin, Photometry
HAEMATOCRIT	: 45.5	40-50 %	Calculated Parameter
MCV	: 86	83-99 fL	Coulter Principle
MCH	: 29.6	27 - 32 pg	Calculated parameter
MCHC	: 34.4	31.5 - 34.5 g/dL	Calculated Parameter
RDW	: 12.5	11.6-14.0 %	Calculated from RBC Histogram
PLATELET COUNT	: 361	150 - 450 x10 ³ /ul	Coulter principle
MPV	: 7.4	7.8-11 fl	Coulter Principle
ESR at 1 Hour	: 06	0 - 15 mm/hr	Modified Westergren Method

INTERPRETATION:

ESR is a screening test to detect presence of systemic disease; however a normal result does not rule out a systemic

ESR is also used to monitor course of disease or response to therapy if initially elevated.

*** End Of Report ***

Verified By

RUHI

NOTE:

* Clinically correlate, Kindly discuss if necessary.

* This report relates only to the item received.

- Apelment fr

Dr. SAYALI DESHMUKH Consultant Pathologist

Printed By: GROUND FLOOR

Printed On: 05-May-2019 12:40:48 AM System Name: RUBY



5/4/2019



OUT-PATIENT RECORD

Patient Name

Age/Sex

: 29 Years / Male

Hospital No.

: H00000051322

Date/Time

: 04/05/2019,01:16:30 pm

Consultant Name : Dr. Sapna Kotwaliwale

Episode No : PAN190582180

HISTORY, EXAMINATION, INVESTIGATIONS, TREATMENT AND PROGRESS

CONSULTATION DETAILS

Chief Complaint(s)

H/o LASIK 1 and half year ago

General Examination

Physical Examination

EYE:

Vision - 6/9 (Both eyes)

N5

Colour Vision - Normal

Diagnosis

Preventive Health Check

PATIENT INSTRUCTIONS

Recommendation

patient may need glasses evaluation

Lapra Whilm

Dr. Sapna Kotwaliwale

MBBS, DOMS

Consultant

Ophthalmology

88564

Demmonary			AU	DIOGRA	<u>M</u>	V	1800000	
Patient Name:		H012871 - OPH00012185-		Sex:		Age: te:		
		29.5./M -NI				D.O.B.:		
Occupation	n:							
Registration No.:				Reference:				
						OL OL AL CL	8k 10k	
Test	Right Ear (Red)	Left Ear (Blue)	VALUES	125 250	500 750 1k 1.5k	2K 3K 4K 6K	HZ	
AIR	0-0	X-X	0	4.	NORMAL	. 47		
AIR OPP EAR MASKED	\triangle - \triangle	0-0	20	X	SLIAHT		*	
NO RESPONSE	Q	Ϋ́	30		MILD			
BONE	<	>	50		MODERATE		4	
BONE OPP EAR MASKED	[]	70		MODERATELY SEVER	E		
Test	Right Ea (Red)	ar Left Ear (Blue)	80		SEVERE			
RINNE	the	- the	100		PROFDUND			
WEBER	-	*	110				700	
BING			120	HEA	RING THRESHOLD LE	VEL IN dBHL		
Daignosis:	SI	N	losmal h	eari	J Sensid	ivity		
Test Result:	₩ Re	eliable	Fair Poor			D		
SRT:						Audiologist S	ignature	
SDS:				K-	7	Addiologist 3	ignature	

Age / Sex :-

Date:-

Name :-

HR Rate:-

Rhythm :-

Voltage :-

Axis:-

P Wave :-

PR Interval :-

QRS :-

ST:-

Others :-

Final Impression :-

mark

2. Clinical Co-relation is needed.

3. Please Take a Photocopy of this ECG.

Signature Cardiologist / Physician

Note: - 1. This impression is based on ECG.