

Fitness Certificate

Date of Issue : 15/06/2019

I, Dr. SHRIDHAR DESHMUKH do hereby certify that

[REDACTED]

Born on - 01/01/1993

Blood Group :

underwent an **Pre Emp Medical check up Medical Examination** on 15/06/2019

and is Fit without restriction .

Company – YASH TECH.


Position –

Employee / Gin No -

Remarks :

Medical Centre : RUBY HALL CLINIC HINJAWADI

Dr. Shridhar.  
Deshmukh

  
Physician's signature  
M.B.B.S, M.D (Med)  
2013/05/1265.  
Medical Council Registration Number

This certificate of fitness, is valid for a period of three months from date of medical examination



Grant Medical Foundation  
**Ruby Hall Clinic**  
*Hinjawadi*

**DR. SHRIDHAR DESHMUKH**

**Degree :** M.B.B.S., M.D (Med)

**Ext :**

**Website :**

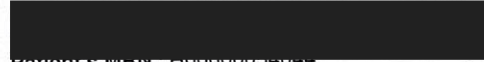
**Date/Time :** 16/06/2019,08:15:38 am

**Full Address :** Hinjewadi Rajiv Gandhi Infotech Park,,  
Hinjewadi, Pune-411057

**Contacts :** [9823644255] , frontofficerhch@gmail.com

**Timing :**

**Prescription Number :** 1



**Patient's MRN :** H00000034044

**Patient's Address :** F 504 TRILLIUM SOC, MAGARPATTA,  
PUNE,

**Patient's Phone Number :** 8130464562

**Sex :** Male **Age :** 26 Years **Weight :** 69.8 kgs

**CONSULTATION DETAILS**

**Patient has visited for**

No

**Symptoms**

ASYMPT

**General Examination**

BMI : 22.79 kg/m<sup>2</sup> | Weight : 69.8 kgs | Height : 175 cm | RR : 18 BPM | BP (Sys/Dia) : 110/ 74 mmHg | Pulse :  
58 bpm | Temp : 98 F

**Diagnosis**

HEALTH CHECK UP

**PATIENT INSTRUCTIONS**

**Recommendation**

Regular exercise & diet

**Dr. Shridhar Deshmukh**

M.B.B.S., M.D (Med)

2013/05/1265



## DEPARTMENT OF BIOCHEMISTRY

<b>Patient Name</b>		<b>Age / Gender</b>	: 26 Y(s)/Male
<b>Bill No/ UHID No</b>	: OH013759 / H00000054044	<b>Report Date</b>	: 15-Jun-2019 12:33 pm
<b>Received Date</b>	: 15-Jun-2019 09:39 am	<b>Specimen</b>	: SERUM
<b>Lab No/Result No</b>	: 190601182 / RES131057		
<b>Referred By</b>	: Dr. HOSPITAL CASE		

<u>Investigation</u>	<u>Result</u>	<u>Reference Range</u>	<u>Method</u>
GLUCOSE (FASTING)	: 77.0	Normal : < 100.0 mg/dL Prediabetic : 100 - 125 mg/dL Diabetic : >= 126 mg/dL	GOD-POD

REFERENCE : ADA 2015 GUIDELINES

GLUCOSE (POST PRANDIAL)	: 96.0	Normal : < 140 mg/dl Prediabetic : 140 - 199 mg/dl Diabetic : >= 200 mg/dl	GOD-POD
		ADA 2015 guidelines	

CREATININE	: 0.8	0.6 - 1.3 mg/dL	Enzymatic
URIC ACID	: 5.2	3.5-7.2 mg/dL	Uricase
ALANINE TRANSAMINASE	: 23	10 - 40 U/L	Kinetic
ASPARTATE TRANSAMINASE	: 21.0	10.0 - 40.0 U/L	Kinetic
GAMMA-GT (GGT)	: 13.0	7.0 - 50.0 U/L	Kinetic

### LIPID PROFILE

CHOLESTEROL	: 155.0	130.0 - 220.0 mg/dL	Enzymatic
TRIGLYCERIDES	: 132.0	35.0 - 180.0 mg/dL	Enzymatic
HDL CHOLESTEROL	: 47.0	35 - 65 mg/dL	Enzymatic
LDL CHOLESTEROL	: 82.0	10.0 - 130.0 mg/dL	Calculated
VLDL CHOLESTEROL	: 26.0	5.0 - 36.0 mg/dL	Calculated
CHOL/HDL RATIO	: 3.3	2.0 - 6.2	Calculated

ATP III NCEP GUIDELINES FOR INTERPRETATION OF LIPID PROFILE

PARAMETER	DESIRABLE	BORDERLINE	REQUIRES TREATMENT
Total Cholesterol	Below 200	200 - 240	Above 240
HDL Cholesterol	Above 60	40 - 59	Below 40
LDL Cholesterol\lab	Below 130	130-160	Above 160

**Note: This test is performed on automated BIO CHEMISTRY analyzer - Vitros250**  
\*\*\* End Of Report \*\*\*

**Verified By**

ANAND

NOTE:

- \* Clinically correlate, Kindly discuss if necessary.
- \* This report relates only to the item received.

*Aeshwari*  
**Dr. SAYALI DESHMUKH**  
Consultant Pathologist

Printed By : FIRST FLOOR

Printed On : 17-Jun-2019 10:10:25 AM System Name : CGD42AH07QNF0135-1023  
2018 [V1]  
(P.T.O. for conditions of reporting)

### DEPARTMENT OF CLINICAL PATHOLOGY

<b>Patient Name</b>		<b>Age / Gender</b> : 26 Y(s)/Male
<b>Bill No/ UHID No</b> : OH013759 / H00000054044		<b>Report Date</b> : 15-Jun-2019 1:05 pm
<b>Received Date</b> : 15-Jun-2019 09:39 am		<b>Specimen</b> : URINE
<b>Lab No/Result No</b> : 190601182 / RES131087		<b>Sec/Cup/Rep</b> : No. 0098
<b>Referred By</b> : Dr. HOSPITAL CASE		

<u>Investigation</u>	<u>Result</u>	<u>Reference Range</u>
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#### URINE ROUTINE

#### PHYSICAL EXAMINATION

COLOUR : Pale Yellow  
APPEARANCE : Clear

#### CHEMICAL TEST

pH	: 6.0	5.0-7.0
SPECIFIC GRAVITY	: 1.015	1.015-1.030
ALBUMIN	: Absent	Absent
SUGAR	: Absent	Absent
KETONE BODIES	: Absent	Absent
BILE PIGMENTS	: Absent	Absent
UROBILINOGEN	: Normal	Normal
NITRITES	: Absent	Absent
LEUCOCYTES ESTERASE	: Absent	Absent

#### MICROSCOPIC TEST

PUS CELLS.	: 1-2	0-5 /hpf
RED BLOOD CELLS.	: Absent	0 - 2 /hpf
EPITHELIAL CELLS.	: 1-2	0 - 5 /hpf
BACTERIA	: Absent	Absent
CAST	: Absent	Absent
YEAST CELLS	: Absent	Absent
CRYSTALS	: Absent	Absent
OTHERS	: Absent	Absent

**Note:** This test is performed on automated CLINICAL PATHOLOGY analyzer - URI PLUS200  
\*\*\* End Of Report \*\*\*

Verified By

DR.SAYALI

NOTE:

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- \* This report relates only to the item received.

*Aeshmukh*

Dr. SAYALI DESHMUKH  
Consultant Pathologist

Printed By : FIRST FLOOR

Printed On : 17-Jun-2019 10:10:25 AM

System Name : CGD42AH07QNF  
2018 [V1]  
(P.T.O. for conditions of reporting)





Grant Medical Foundation  
**Ruby Hall Clinic**  
Hinjawadi

Rajeev Gandhi Infotech Park, MIDC, Phase No. 1, Plot No P-33, Hinjawadi, Pune - 411057.

• Ph: 020 66999999 • Email : hinjawadi@rubyhall.com • 24 hrs Helpline - 7757005773 • Website : www.rubyhall.com, www.hinjawadi.rubyhall.com

**DEPARTMENT OF HAEMATOLOGY**

<b>Patient Name</b>	: [REDACTED]	<b>Age / Gender</b>	: 26 Y(s)/Male
<b>Bill No/ UHID No</b>	: OH013759 / H00000054044	<b>Report Date</b>	: 15-Jun-2019 10:36 am
<b>Received Date</b>	: 15-Jun-2019 09:39 am	<b>Specimen</b>	: EDTA WHOLE BLOOD
<b>Lab No/Result No</b>	: 190601182 / RES130940		
<b>Referred By</b>	: Dr. HOSPITAL CASE		

<u>Investigation</u>	<u>Result</u>	<u>Reference Range</u>	<u>Method</u>
<b>HAEMOGRAM REPORT</b>			
<b>W.B.C.COUNT</b>	: 5600	4000 - 11000 /ul	Coulter Principle
<b>Differential Count</b>			
NEUTROPHILS	: 56.2	40 - 75 %	Derived from WBC Histogram
LYMPHOCYTES	: 31.9	20 - 40 %	
MONOCYTES	: 5.9	2-10 %	
EOSINOPHILS	: 6.0	1.0 - 6.0 %	
BASOPHILS	: 0.0	0.0 - 1.0 %	
ABSOLUTE NEUTROPHIL COUNT	: 3.13	2 - 7 x10 <sup>3</sup> cells/ul	Coulter Principle
ABSOLUTE LYMPHOCYTE COUNT	: 1.78	1 - 3 x10 <sup>3</sup> cells/ul	
ABSOLUTE MONOCYTE COUNT	: 0.33	0.2-1.0 x10 <sup>3</sup> cells/ul	
ABSOLUTE EOSINOPHIL COUNT	: 0.33	0.02-0.5 x10 <sup>3</sup> cells/ul	
ABSOLUTE BASOPHIL COUNT	: <b>0.00</b>	0.02-0.1 x10 <sup>3</sup> cells/ul	
R.B.C COUNT	: 4.90	4.5 - 6.5 million/ul	Coulter Principle
<b>HAEMOGLOBIN</b>	: 16.5	13 - 17 g/dl	
HAEMATOCRIT	: 48.2	40-50 %	Cynmethhaemoglobin, Photometry
MCV	: 98	83-99 fL	
MCH	: <b>33.6</b>	27 - 32 pg	Calculated Parameter
MCHC	: 34.2	31.5 - 34.5 g/dL	Calculated parameter
RDW	: 13.0	11.6-14.0 %	Calculated Parameter
<b>PLATELET COUNT</b>	: 261	150 - 450 x10 <sup>3</sup> /ul	Calculated from RBC Histogram
MPV	: <b>7.4</b>	7.8-11 fl	Coulter principle
ESR at 1 Hour	: <b>16</b>	0 - 15 mm/hr	Coulter Principle
			Modified Westergren Method

**Notes :** Kindly correlate clinically

**INTERPRETATION :**

ESR is a screening test to detect presence of systemic disease; however a normal result does not rule out a systemic disease.

ESR is also used to monitor course of disease or response to therapy if initially elevated.

\*\*\* End Of Report \*\*\*

**Verified By**

RUHI

NOTE:

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- \* This report relates only to the item received.

**Dr. SAYALI DESHMUKH**

**Consultant Pathologist**

Printed By : FIRST FLOOR

Printed On : 17-Jun-2019 10:10:25 AM

System Name : CGD42AH07QNFM PS-35-1023  
2018 [V1]

(P.T.O. for conditions of reporting)

### DEPARTMENT OF SEROLOGY

<b>Patient Name</b> :		<b>Age / Gender</b> :	26 Y(s)/Male
<b>Bill No/ UHID No</b> :	OH013759 / H00000054044	<b>Report Date</b> :	15-Jun-2019 4:04 pm
<b>Received Date</b> :	15-Jun-2019 09:39 am	<b>Specimen</b> :	
<b>Lab No/Result No</b> :	190601182 / RES131287		
<b>Referred By</b> :	Dr. HOSPITAL CASE		

<u>Investigation</u>	<u>Result</u>	<u>Method</u>
<b>DRUG OF ABUSE - (PANEL OF 6)</b>		
URINE CREATININE.	: 43.0	Normal human urine : >20 mg/dL ?Diluted urine sample : 6-20 mg/dL ?Substituted urine sample : < 6 mg/dL
AMPHETAMINE	: NEGATIVE	NEGATIVE
BARBITURATE	: NEGATIVE	NEGATIVE
BENZODIAZEPINE	: NEGATIVE	NEGATIVE
COCAINE	: NEGATIVE	NEGATIVE
MORPHINE/OPIATES	: NEGATIVE	NEGATIVE
PHENCYCLIDINE PHOSPHATE (PCP)	: NEGATIVE	NEGATIVE
Method		Greater than 1000 ng/mL
Urine Drugs : Rapid Immunochromatography		Greater than 200 ng/mL
Specificity		Greater than 300 ng/mL
Presence of interfering substances may lead to decreased specificity.		Greater than 300 ng/mL
		Greater than 25 ng/mL

\*\*\* End Of Report \*\*\*


\*\*\* End Of Report \*\*\*

**Verified By**

SGD1

NOTE:

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- \* This report relates only to the item received.



**Dr. SAYALI DESHMUKH**  
Consultant Pathologist

Name:	[REDACTED]	Exam Date:	15-Jun-2019
Age :	026 Years	Accession:	33141094659
Gender:	M	Exam:	CHEST X RAY
PID:	H00000054044	Physician:	HOSPITAL CASE^^^^
OPD :			

Health Check

**Radiograph Chest PA View :**

Both lung fields normal.

Both costo-phrenic angles are clear.

Cardiac silhouette and aortic knuckle are normal.

Both hilar shadows and the diaphragmatic contours are normal.

Thoracic soft tissues and the rib cage normal.

**Impression :** No significant abnormality noted.



**DR NILOFER SHAH**  
**MD RADIOLOGY, SR CONSULTANT RADIOLOGIST**  
**REG NO 68923/1991**

Date: 15-Jun-2019 11:08:46





Grant Medical Foundation

**Ruby Hall Clinic***Hinjawadi***OUT-PATIENT RECORD**

Patient Name	:	[REDACTED]	Age/Sex	:	26 Years / Male
Hospital No.	:	H00000054044	Date/Time	:	15/06/2019,01:09:58 pm
Consultant Name	:	Dr. Sapna Kotwaliwale	Episode No	:	PAN190686463

HISTORY, EXAMINATION, INVESTIGATIONS, TREATMENT AND PROGRESS

**CONSULTATION DETAILS****General Examination****Physical Examination**

EYE :

Vision - 6/6 ( Both eyes )

N5

Colour Vision - Normal

**Diagnosis**

Preventive Health Check

**Dr. Sapna Kotwaliwale**  
MBBS, DOMS  
Consultant  
Ophthalmology  
88564



Name:

Sex: M  
cm kg

Birth date: / mmHg

years

Medication:

Symptoms:

History:

Vent. rate

PR int

QRS dur

QT/QTc(E) int

P/QRS/T axis

RV5/SV1 amp

RV5+SV1 amp

54 bpm

188 ms

124 ms

472/ 459 ms

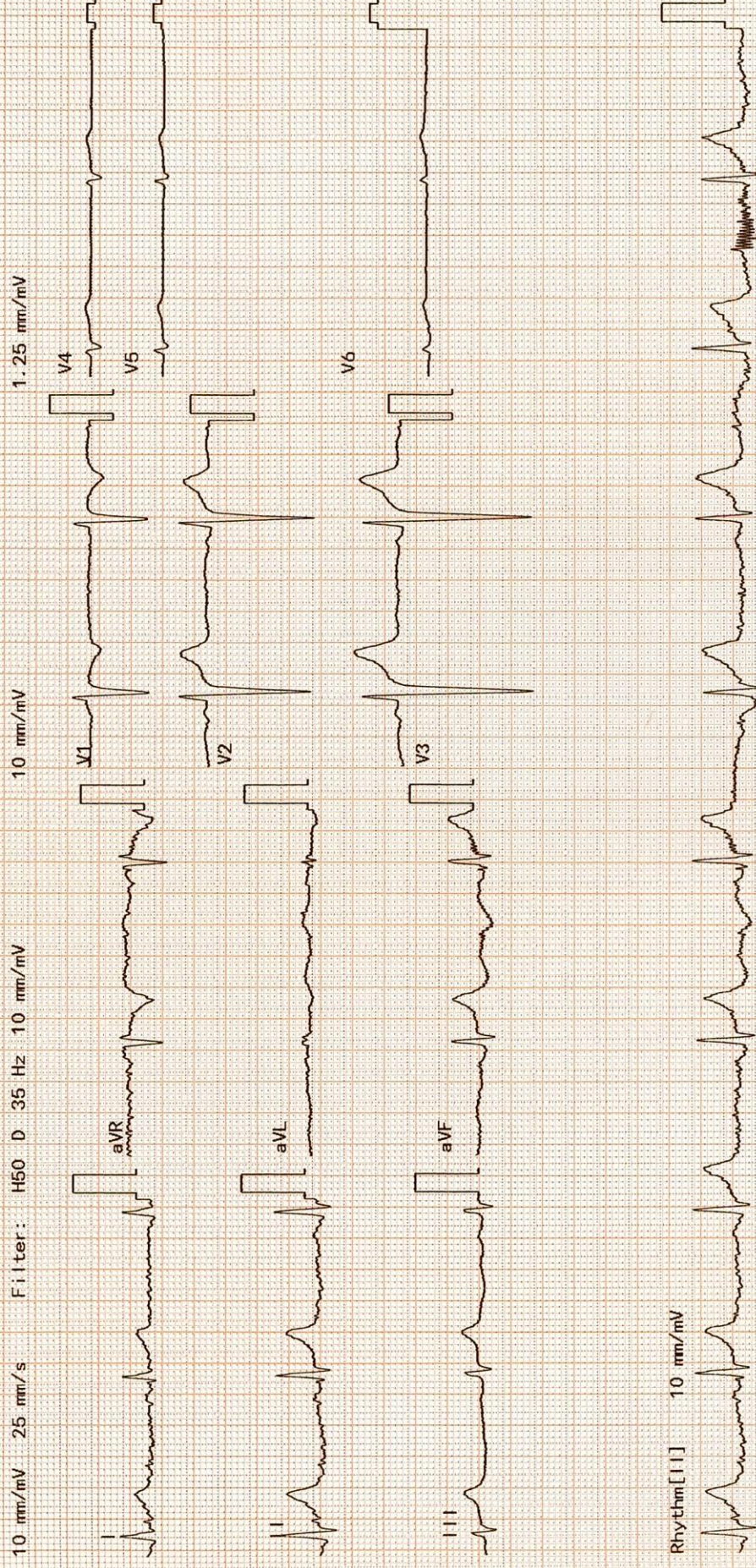
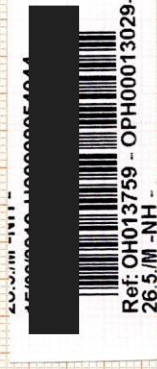
90/ 39/ 68 °

1.33/ 0.96 mV

2.29 mV

Unconfirmed Report

Reviewed by:





Ref: OH013759 - OPH00013029-  
26.5.M -NH -

Age / Sex :- Date :-

Name :-

HR Rate :-

Rhythm :-

Voltage :-

P Wave :-

PR Interval :-

QRS :-

ST :-

Others :-

Final Impression :-

WNL

Normal ECG

Signature  
Cardiologist / Physician

Note :- 1. This impression is based on ECG. 2. Clinical Co-relation is needed. 3. Please Take a Photocopy of this ECG.





Grant Medical Foundation  
*Ruby Hall Clinic*  
Hinjawadi

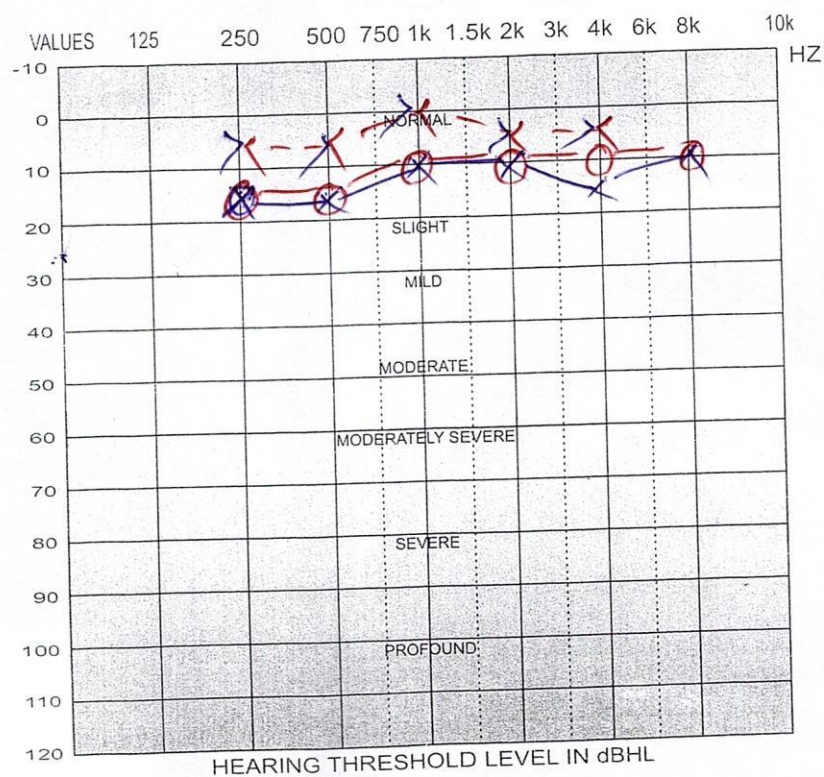
15/06/2019-H00000054044  
Mr VARSHNEY ARUNKUMAR  
Ref: OH013759 - OPH00013029-  
26.5 / M AU

### AUDIOGRAM

Patient Name: [REDACTED] Sex: M Age: 26y  
Complaint: H.C. Date: 15.06.19  
Occupation: \_\_\_\_\_ D.O.B.: \_\_\_\_\_  
Registration No.: \_\_\_\_\_ Reference: \_\_\_\_\_

Test	Right Ear (Red)	Left Ear (Blue)
AIR	O-O	X-X
AIR OPP EAR MASKED	△-△	□-□
NO RESPONSE	○	X
BONE	<	>
BONE OPP EAR MASKED	[	]

Test	Right Ear (Red)	Left Ear (Blue)
RINNE	<u>tr</u>	<u>tr</u>
WEBER	<u>*</u>	
BING		



Daagnosis: B/L Normal hearing sensitivity

Test Result: ☒ Reliable ☐ Fair ☐ Poor

SRT: \_\_\_\_\_

SDS: \_\_\_\_\_

SK Sonpalkar  
Audiologist Signature