

Fitness Certificate

Date of Issue : 04/04/2019

I, Dr.JAVED SHAH do hereby certify that



Born on - 29/03/1983

Blood Group :

underwent an **Pre Emp Medical check up Medical Examination** on 04.04.2019

and is Fit without restriction .

Company – YASH TECH.

Position –

Employee / Gin No -

Remarks :

Medical Centre : RUBY HALL CLINIC HINJAWADI



Dr. JAVED SHAH
MBBS, MD (General Medicine)
Regd no: 2016/09/3926
Consultant Physician
Ruby Hall Clinic,
Hinjawadi, Pune - 411057


Physician's signature

Medical Council Registration Number

This certificate of fitness, is valid for a period of three months from date of medical examination



Grant Medical Foundation
Ruby Hall Clinic
Hinjewadi

DR. JAVED SHAH

Degree : MBBS, MD (Gen Medicine)
Ext :
Website :
Date/Time : 04/04/2019,06:29:35 pm

Full Address : Hinjewadi Rajiv Gandhi Infotech Park,,
Hinjewadi, Pune-411057
Contacts : [9827066482] , drjyshah@gmail.com
Timing : Mon to Friday : 4:00 - 7:00 P.M

Prescription Number : 1

Patient's MRN : H00000049504

Patient's Address : E-1103 RIVER RESIDENCY, DEHU-
ALANDI ROAD, CHIKHALI,

Patient's Phone Number : 7507044005

Sex : Male Age : 35 Years Weight : 74.1 kgs

CONSULTATION DETAILS

Patient has visited for

ASYM

General Examination

BMI : 23.39 kg/m2 | Weight : 74.1 kgs | Height : 178 cm | Pain Score : 1 /10 | RR : 18 BPM | BP (Sys/Dia) : 130/
96 mmHg | Pulse : 103 bpm | Temp : 98 F

Investigation Review Notes

Uric acid 7.40,SGOT 47,GGT 89,SGPT 90.Dyslipidimia+

Diagnosis

health checkup

PATIENT INSTRUCTIONS

Recommendation

DIET PLANNING | REGULAR EXERCISE

Follow up on

follow up in medicine opd sos



Dr. Javed Shah

MBBS, MD (Gen Medicine)

Consultant

Physician

2016/09/3926

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: [REDACTED]	Age / Gender	: 35 Y(s)/Male
Bill No/ UHID No	: OH012381 / H00000049504	Report Date	: 04-Apr-2019 9:53 am
Received Date	: 04-Apr-2019 09:05 am	Specimen	: SERUM
Lab No/Result No	: 190400209 / RES118010		
Referred By	: Dr. HOSPITAL CASE		

<u>Investigation</u>	<u>Result</u>	<u>Reference Range</u>	<u>Method</u>
GLUCOSE (FASTING)	: 96.0	Normal : < 100.0 mg/dL Prediabetic : 100 - 125 mg/dL Diabetic : >= 126 mg/dL	GOD-POD

REFERENCE : ADA 2015 GUIDELINES

GLUCOSE (POST PRANDIAL)	: 110	Normal : < 140 mg/dl Prediabetic : 140 - 199 mg/dl Diabetic : >= 200 mg/dl ADA 2015 guidelines	GOD-POD
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CREATININE	: 0.9	0.6 - 1.3 mg/dL	Enzymatic
URIC ACID	: 7.4	3.5-7.2 mg/dL	Uricase
ALANINE TRANSAMINASE	: 90.0	10 - 40 U/L	Kinetic

Notes : Kindly correlate clinically

ASPARTATE TRANSAMINASE	: 47.0	10.0 - 40.0 U/L	Kinetic
GAMMA-GT (GGT)	: 89.0	7.0 - 50.0 U/L	Kinetic

LIPID PROFILE

CHOLESTEROL	: 238.0	130.0 - 220.0 mg/dL	Enzymatic
TRIGLYCERIDES	: 220.0	35.0 - 180.0 mg/dL	Enzymatic
HDL CHOLESTEROL	: 46.0	35 - 65 mg/dL	Enzymatic
LDL CHOLESTEROL	: 148.0	10.0 - 130.0 mg/dL	Calculated
VLDL CHOLESTEROL	: 44.0	5.0 - 36.0 mg/dL	Calculated
CHOL/HDL RATIO	: 5.2	2.0 - 6.2	Calculated

ATP III NCEP GUIDELINES FOR INTERPRETATION OF LIPID PROFILE

PARAMETER	DESIRABLE	BORDERLINE	REQUIRES TREATMENT
Total Cholesterol	Below 200	200 - 240	Above 240
HDL Cholesterol	Above 60	40 - 59	Below 40
LDL Cholesterol\lab	Below 130	130-160	Above 160



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• Ph: 020 66999999 • Email : hinjawadi@rubyhall.com • 24 hrs Helpline - 7757005773 • Website : www.rubyhall.com, www.hinjawadi.rubyhall.com

DEPARTMENT OF BIOCHEMISTRY

Patient Name	:	[REDACTED]	Age /Gender	:	35 Y(s)/Male
Bill No/ UHID No	:	OH012381 / H00000049504	Report Date	:	04-Apr-2019 9:53 am
Received Date	:	04-Apr-2019 09:05 am	Specimen	:	
Lab No/Result No	:	190400209 / RES118010			
Referred By	:	Dr. HOSPITAL CASE			

Investigation

Result

Reference Range

Method

Note: This test is performed on automated BIO CHEMISTRY analyzer - Vitros250

*** End Of Report ***

Verified By

ARDEORE

NOTE:

- * Clinically correlate, Kindly discuss if necessary.
- * This report relates only to the item received.

Dr. SAYALI DESHMUKH
Consultant Pathologist

Printed By : FIRST FLOOR

Printed On : 05-Apr-2019 06:48:55 AM System Name : RUBY



DEPARTMENT OF CLINICAL PATHOLOGY

Patient Name :	[REDACTED]	Age / Gender :	35 Y(s)/Male
Bill No/ UHID No :	OH012381 / H00000049504	Report Date :	04-Apr-2019 2:00 pm
Received Date :	04-Apr-2019 09:05 am	Specimen :	URINE
Lab No/Result No :	190400209 / RES118086	Sec/Cup/Rep :	No. 0766
Referred By :	Dr. HOSPITAL CASE		

<u>Investigation</u>	<u>Result</u>	<u>Reference Range</u>
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URINE ROUTINE

PHYSICAL EXAMINATION

COLOUR : Pale Yellow
APPEARANCE : Clear

CHEMICAL TEST

pH	: 5.0	5.0-7.0
SPECIFIC GRAVITY	: 1.030	1.015-1.030
ALBUMIN	: Absent	Absent
SUGAR	: Absent	Absent
KETONE BODIES	: Absent	Absent
BILE PIGMENTS	: Absent	Absent
UROBILINOGEN	: Normal	Normal
NITRITES	: Absent	Absent
LEUCOCYTES ESTERASE	: Absent	Absent

MICROSCOPIC TEST

PUS CELLS.	: 1-2	0-5 /hpf
RED BLOOD CELLS.	: Absent	0 - 2 /hpf
EPITHELIAL CELLS.	: 1-2	0 - 5 /hpf
BACTERIA	: Absent	Absent
CAST	: Absent	Absent
YEAST CELLS	: Absent	Absent
CRYSTALS	: Absent	Absent
OTHERS	: Absent	Absent

Note: This test is performed on automated CLINICAL PATHOLOGY analyzer - URI PLUS200

*** End Of Report ***

Verified By

SGD1

NOTE:

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Dr. SAYALI DESHMUKH
Consultant Pathologist



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Ruby Hall Clinic
Hinjawadi

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DEPARTMENT OF HAEMATOLOGY

Patient Name	[REDACTED]	Age / Gender	: 35 Y(s)/Male
Bill No/ UHID No	: OH012381 / H00000049504	Report Date	: 04-Apr-2019 9:40 am
Received Date	: 04-Apr-2019 09:05 am	Specimen	: EDTA WHOLE BLOOD
Lab No/Result No	: 190400209 / RES118002		
Referred By	: Dr. HOSPITAL CASE		

<u>Investigation</u>	<u>Result</u>	<u>Reference Range</u>	<u>Method</u>
HAEMOGRAM REPORT			
W.B.C.COUNT	: 7900	4000 - 11000 /ul	Coulter Principle
Differential Count			
NEUTROPHILS	: 73.6	40 - 75 %	Derived from WBC Histogram
LYMPHOCYTES	: 19.8	20 - 40 %	
MONOCYTES	: 4.0	2-10 %	
EOSINOPHILS	: 2.6	1.0 - 6.0 %	
BASOPHILS	: 0.0	0.0 - 1.0 %	
ABSOLUTE NEUTROPHIL COUNT	: 5.83	2 - 7 x10 ³ cells/ul	
ABSOLUTE LYMPHOCYTE COUNT	: 1.57	1 - 3 x10 ³ cells/ul	
ABSOLUTE MONOCYTE COUNT	: 0.32	0.2-1.0 x10 ³ cells/ul	
ABSOLUTE EOSINOPHIL COUNT	: 0.21	0.02-0.5 x10 ³ cells/ul	
ABSOLUTE BASOPHIL COUNT	: 0.00	0.02-0.1 x10 ³ cells/ul	
R.B.C COUNT	: 4.58	4.5 - 6.5 million/ul	Coulter Principle
HAEMOGLOBIN	: 14.6	13 - 17 g/dl	Cynmethhaemoglobin, Photometry
HAEMATOCRIT	: 43.5	40-50 %	Calculated Parameter
MCV	: 95	83-99 fL	Coulter Principle
MCH	: 31.9	27 - 32 pg	Calculated parameter
MCHC	: 33.6	31.5 - 34.5 g/dL	Calculated Parameter
RDW	: 13.5	11.6-14.0 %	Calculated from RBC Histogram
PLATELET COUNT	: 256	150 - 450 x10 ³ /ul	Coulter principle
MPV	: 9.1	7.8-11 fl	Coulter Principle
ESR at 1 Hour	: 14	0 - 15 mm/hr	Modified Westergren Method

INTERPRETATION :

ESR is a screening test to detect presence of systemic disease; however a normal result does not rule out a systemic disease.

ESR is also used to monitor course of disease or response to therapy if initially elevated.

*** End Of Report ***

Verified By

SGD1

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Dr. SAYALI DESHMUKH
Consultant Pathologist

Printed By : FIRST FLOOR

Printed On : 05-Apr-2019 06:48:55 AM System Name : RUBY



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DEPARTMENT OF SEROLOGY

Patient Name :	[REDACTED]	Age / Gender :	35 Y(s)/Male
Bill No/ UHID No :	OH012381 / H00000049504	Report Date :	04-Apr-2019 4:22 pm
Received Date :	04-Apr-2019 09:05 am	Specimen :	
Lab No/Result No :	190400209 / RES118150		
Referred By :	Dr. HOSPITAL CASE		

<u>Investigation</u>	<u>Result</u>	<u>Method</u>
DRUG OF ABUSE - (PANEL OF 6)		
URINE CREATININE.	: 274.1	Normal human urine : >20 mg/dL ?Diluted urine sample : 6-20 mg/dL ?Substituted urine sample : < 6 mg/dL
AMPHETAMINE	: NEGATIVE	NEGATIVE
BARBITURATE	: NEGATIVE	NEGATIVE
BENZODIAZEPINE	: NEGATIVE	NEGATIVE
COCAINE	: NEGATIVE	NEGATIVE
MORPHINE/OPIATES	: NEGATIVE	NEGATIVE
TCA - Tricudic Antidepressants	: NEGATIVE	NEGATIVE
Method		Greater than 1000 ng/mL Greater than 200 ng/mL Greater than 300 ng/mL Greater than 300 ng/mL Greater than 300 ng/mL Greater than 1000
Urine Drugs : Rapid Immunochromatography		
Specificity		
Presence of interfering substances may lead to decreased specificity.		

*** End Of Report ***

*** End Of Report ***

Verified By

SGD1

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Dr. SAYALI DESHMUKH
Consultant Pathologist

Printed By : FIRST FLOOR

Printed On : 05-Apr-2019 06:48:55 AM System Name : RUBY

PS-35-1023
(P.T.O. for conditions of reporting)





Grant Medical Foundation

Ruby Hall Clinic

Hinjawadi

Name: [REDACTED]
Age : 035 Years
Gender: M
PID: H00000049504
OPD :

Exam Date: 04-Apr-2019
Accession: 29305092124
Exam: CHEST X RAY
Physician: HOSPITAL CASE^^^^

Health Check :

Radiograph Chest PA View :

Both lung fields normal.

Both costo-phrenic angles are clear.

Cardiac silhouette and aortic knuckle are normal.

Both hilar shadows and the diaphragmatic contours are normal.

Thoracic soft tissues and the rib cage normal.

Impression : No significant abnormality noted.

[Signature]
DR NILOFER SHAH
MD RADIOLOGY, SR CONSULTANT RADIOLOGIST
REG NO 68923/1991

Date: 04-Apr-2019 10:14:15

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PS-35-046 



Grant Medical Foundation

Ruby Hall Clinic*Hinjawadi***OUT-PATIENT RECORD**

Patient Name	: [REDACTED]	Age/Sex	: 35 Years / Male
Hospital No.	: H00000049504	Date/Time	: 04/04/2019, 11:19:05 am
Consultant Name	: Dr. Sapna Kotwaliwale	Episode No	: PAN190479143

HISTORY, EXAMINATION, INVESTIGATIONS, TREATMENT AND PROGRESS**CONSULTATION DETAILS****General Examination****Physical Examination**

EYE :

Vision - 6/5 with glass (Both eyes)

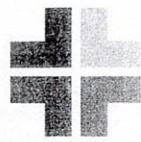
N5

Colour Vision - Normal

Diagnosis

Preventive Health Check

Dr. Sapna Kotwaliwale
MBBS, DOMS
Consultant
Ophthalmology
88564



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Ruby Hall Clinic

Hinjawadi

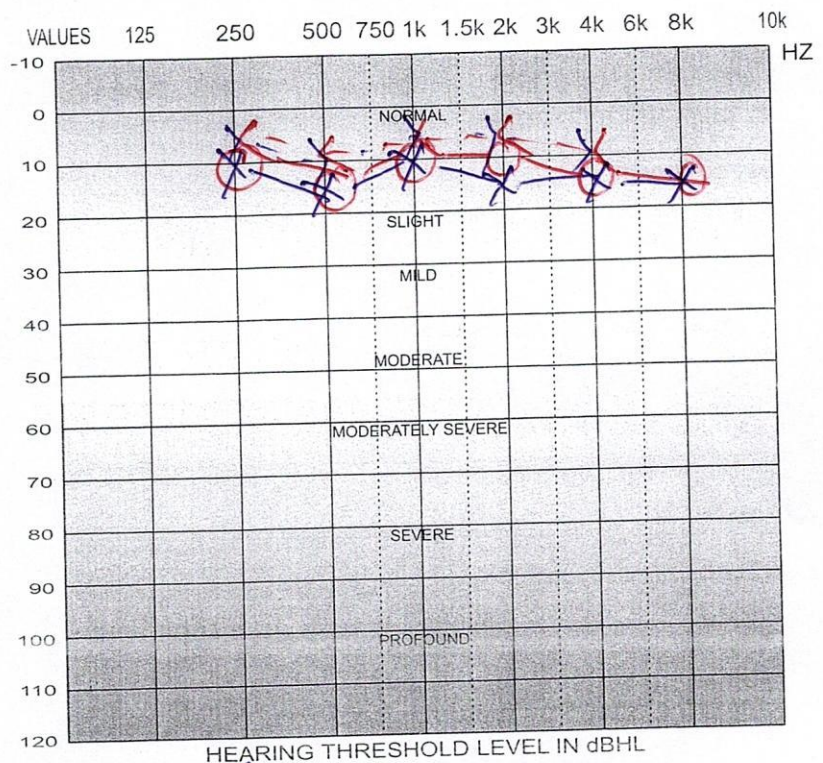
AUDIOGRAMPatient Name: [REDACTED] Sex: _____ Age: _____Complaint: _____ Date: 04.04.19.Ref: OH012381 - OPH00011740-
35.10/M -NH -

Occupation: _____ D.O.B.: _____

Registration No.: _____ Reference: _____

Test	Right Ear (Red)	Left Ear (Blue)
AIR	O-O	X-X
AIR OPP EAR MASKED	△-△	□-□
NO RESPONSE	○	X
BONE	<	>
BONE OPP EAR MASKED	[]

Test	Right Ear (Red)	Left Ear (Blue)
RINNE	two	two
WEBER	←	→
BING		

Diagnosis: B/L normal hearing sensitivity.Test Result: ☒ Reliable ☐ Fair ☐ Poor

SRT: _____

SDS: _____

Audiologist Signature

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ID: Name:

Sex: M
cm kg

Birth date: /

mmHg

years

Medication:

Symptoms:

History:

Vent. rate

94 bpm

PR int

140 ms

QRS dur

84 ms

QT/QTc(E) int

364/416 ms

P/QRS/T axis

40/3/-12 °

RV5/SV1 amp

1.36/1.08 mV

RV5+SV1 amp

2.44 mV

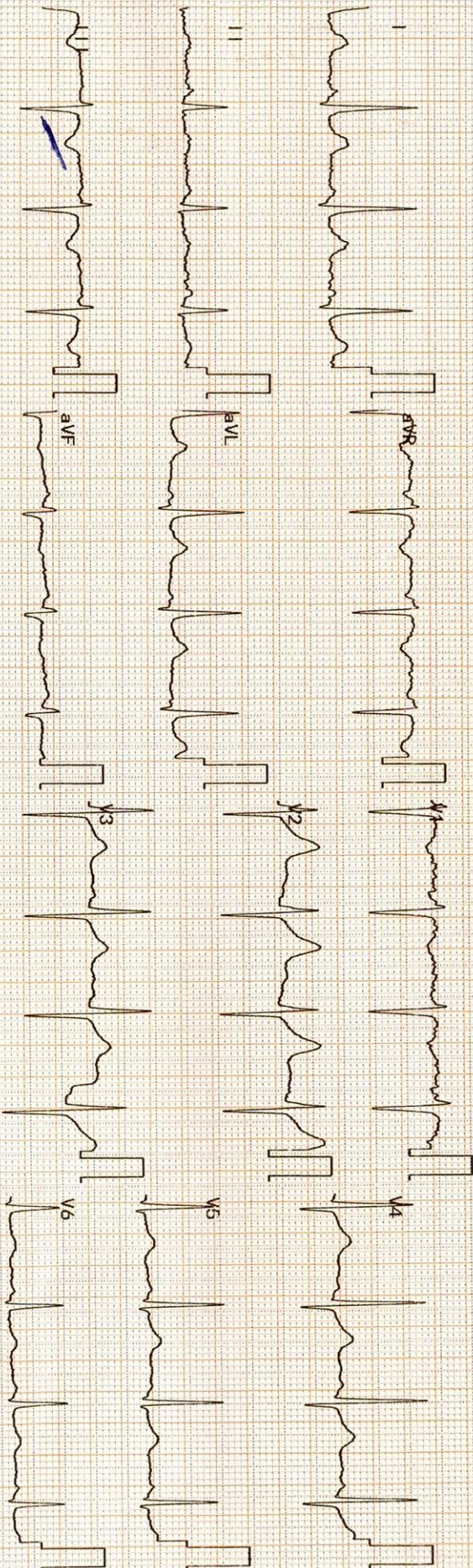
Unconfirmed Report
Reviewed by:

04/04/2019-H00000049504
Ref: OH012381 - OPH00011740-35.10M -NH -

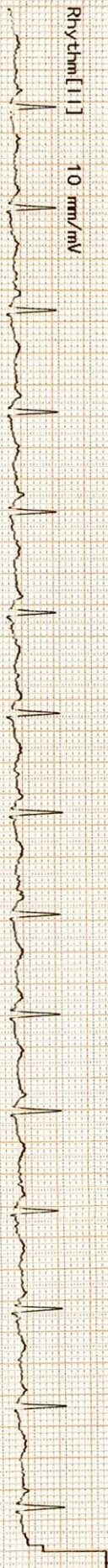
10 mm/mV 25 mm/s Filter: H50 D 35 Hz 10 mm/mV

10 mm/mV

10 mm/mV



Rhythm [1] 10 mm/mV



2350K 02-03 04-05

Dept.:

Exam:

04/04/2019, 10:00:00, 04501
Ref: OH012381 - OPH00011740-
35.10/M -NH -

Name :-

Age / Sex :-

Date :-

HR Rate :-

Rhythm :-

Voltage :-

Axis :-

P Wave :-

PR Interval :-

QRS :-

ST :-

Others :-

Final Impression :-

Normal

Signature
Cardiologist / Physician

Note :- 1. This impression is based on ECG.

2. Clinical Co-relation is needed.

3. Please Take a Photocopy of this ECG.