



**Systolic Blood Pressure**

**Diastolic Blood Pressure**

**Check Category**



**Your Blood Pressure is Normal**

**Show Details**

Additional details shown here

Systolic Blood Pressure	Diastolic Blood Pressure	Blood Pressure Stage
40-90	40-60	Low
90-120	60-80	Normal
120-140	80-90	Prehypertension
140-160	90-100	High-Stage 1 Hypertension
160-180+	100-120+	High-Stage 2 Hypertension

