quaker\_yellow\_cornmeal

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| --- | --- |
| Ingredient | Present |
| **degerminated yellow cornmeal** | True |
| **niacin** | True |
| **reduced iron** | True |
| **Mononitrate** | True |
| **Riboflavin** | True |
| **follic acid** | True |
| **one of the B vitamins** | True |